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New MOA exhibit brings math to life

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ROBINS REV-UP

'Team Robins - Performing to Our Potential'

'Making Tomorrow Better than Today'

May 26, 2016 Vol. 61 No. 21



Tyler Mackey, metallizer, seated, and Ray Henley, work leader, both with the 402nd Commodities Maintenance Group, prepare aluminum components for the cleaning and conversion coating processes in Bldg. 20128.

U.S. Air Force photo by ED ASPERA

One of a kind

Advanced Metal Finishing Facility up and running

BY JENNY GORDON
jenny.gordon.ctr@us.af.mil

It's the only workload of its kind at Robins and it happens to be one of the newest facilities to be constructed at the Warner Robins Air Logistics Complex.

The Advanced Metal Finishing Facility has slowly begun ramping up production over the last few months, with the 402nd Commodities Maintenance Group producing its first chromate conversion coat on F-15 tubing in February.

It's been a long time coming, but it takes time to test, operate and successfully move from one production facility to the next. There was much testing and inspection work to be done, as well as ensuring the process would be acceptable to its customers. The older AMFF nearby in Bldg. 142 is still in operation.

"We have been proving out these processes to demonstrate and make sure that the coatings are in compliance with the governing specifications," said James Cunningham, AMFF process engineer.

What makes the complex's new plating facility distinctive is its attention to reducing worker exposure to hazardous chemicals. When workers need to walk through various assembly lines, 'wet' areas in particular,

▶ see METAL, A6

AFRC video wins top DOD honor

BY JENNY GORDON
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Air Force Reserve Command's video, "Winning Your Wings II," has received top honors in the 2015 Department of Defense Visual Information Production Awards, and was named DOD Production of the Year.

The two minute, 37 second video also won the first place DOD-level award in the Public Information/Internal category, after having previously won the same awards at the Air Force level.

The video was produced to serve as an Air Force Reserve mission and heritage video, and its story captures the essence of what it means to serve as an Air Force Reservist.

With inspirational visuals of both historical and present day Air Force missions, it was originally conceptualized to tell a story of 'what if.' Specifically, what if someone back in the 1940s were to have accurately predicted what the modern day Air Force Reserve would become, as if looking from the past and telling the future.

"We wanted to share the modern day narrative of who we are as a service, while at the same time honoring our history and legacy," said Maj. Patrick Simmons, who scripted and produced the



video. He is a Reservist with AFRC's Public Affairs Office.

"While times in some ways have changed, the relevancy of the Air Force Reserve still remains. It's as critical today as it's ever been, and that's really been the essence of this story," he added.

Opening with black and white footage of historic aircraft, the video is narrated by Oscar-winning actor James "Jimmy" Stewart, known for his performances in iconic movies such as "It's a Wonderful Life," and "Mr. Smith Goes to Washington."

Stewart, who had a life-long love of aviation, enlisted in the Army Air Corps during World War II, qualifying as a pilot and experiencing combat missions in Europe. After the war he remained in

▶ see VIDEO, A6

Vital in-house engineering support

BY JENNY GORDON
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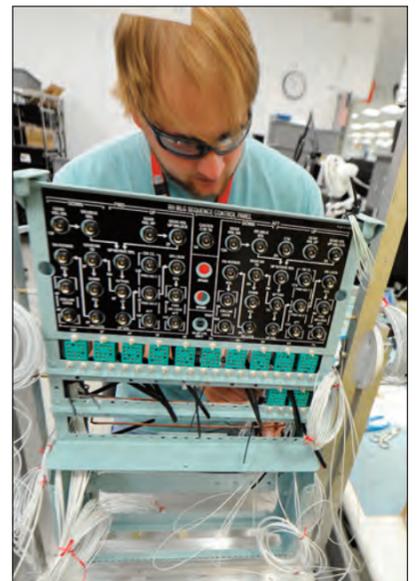
There's a theme that resonates throughout the Manufacturing Engineering Support section of the 402nd Electronics Maintenance Group.

While there's collaboration, cooperation and creativity, a close team of mechanical and electrical engineers, a physical scientist and chemist, and engineering technicians, many who've worked in their respective careers at Robins for over 25 years, tackle projects in a hands-on environment many agree can't be found in many places.

Joseph Tamer, a mechanical engineer, has been at Robins for seven years. In a small cubicle area, he spins his chair around and begins discussing his latest project, one of several in the works. On this particular day he's working on a model for a grinding box for the declassification shop.

"I like this because I get to put my own personality into how I'm factoring it out," he said. "I have to figure out who's going to build it and how, and I get to see the end result. Very rarely these days am I bored. Or rather, I'm bored if I have less than five things going on."

The section's engineers like Tamer provide engineering for production and processes for in-house manufacturing shops that include the printed wiring board, cable, machine, assembly and de-



U.S. Air Force photo by TOMMIE HORTON

Brandon Deal, 402nd Electronics Maintenance Group senior avionics technician, performs work on a C-5 main landing gear sequence control panel.

classification shops.

A circuit board designer, Patty Causey is working on an interface test adapter for a circuit board on an F-15 Eagle.

"What's unique about our outfit is that the majority of people have been working together here for years. No two days are ever the same. There's always something to figure out," said the

▶ see SUPPORT, A6

FRIDAY FLYBY: Camellia Gardens Ceremony today at 10 a.m. see page A7

IDS Tip of the Week

Challenge yourself: Learning improves mental fitness and you also attain a sense of accomplishment.

For more information on whipping your brain into shape, call the Robins Mental Health Clinic at 478-327-8398.



Energy reminder

Help minimize energy consumption across Robins by powering down before departing for the Memorial Day holiday. This includes shutting down standard office equipment such as monitors, printers, fans and office appliances as well as non-essential production and warehouse energy consuming equipment.

Computers/CPUs should always remain on so that patches will continue to process daily. For more information, call the Base Energy Management Office at DSN 497-8666 or 478-327-8666.

Celebrating Diversity

Debra Wong Yang was the United States Attorney for the Central District of California. She was appointed in May 2002 by President George W. Bush, which made her the first Asian American woman to serve as a U.S. Attorney. In 2009, Los Angeles Mayor Antonio Villaraigosa nominated Yang to a vacancy on the Los Angeles Police Commission.



YANG

Weekend Weather

Thursday 90/63



Friday 90/64



Saturday 88/65



The safest risk is the one you didn't take.

SECOND FRONT

Robins celebrates National Police Week

The 78th Security Forces Squadron Defender's Council hosted the installation's 2016 National Police Week celebration.

The observance, which recognizes state and local police officers for their bravery and sacrifices, has been in existence since President John Kennedy signed Public Law 87-726 in 1962.

The law designates May 15 each year as

Peace Officers' Memorial Day, in honor of the officers who have given their lives in the line of duty, and the calendar week in which May 15 falls as National Police Week.

The week included an event with a static display and working dog demonstration, special Reveille ceremony, 2.3-mile Fallen Defenders memorial ruck march, defender decathlon, a shooting competition and a police ball.



Left, Senior Airman Nicholas Brown, 78th Security Forces Squadron alarm monitor, raises the flag during Reveille May 16 as part of Police Week events on Robins.

U.S. Air Force photos by KENYA ASKEW

Above, members of the 78th Security Forces Squadron prepare for Reveille.

Clockwise from right, Maj. Ian Walker, 78th Security Forces Squadron commander, pulls on his ruck sack as he prepares for the 2.3-mile Fallen Defenders memorial ruck march May 16.

Staff Sgt. William Rodgers, Military Working Dog handler, and MWD Soyer, give a demonstration during a Police Week event at the Base Exchange May 17.

Tech. Sgt. Chad Meadows demonstrates a self defense technique on fellow 78th SFS member Staff Sgt. Ozjuan Bowie for Kathryn Fearing.

Senior Airman Seth Wilson is supported by Senior Airman Jonathan Reinersmann, left, and Senior Airman Shane Livingston during a taser demo.



U.S. Air Force photo by KENYA ASKEW



U.S. Air Force photos by TOMMIE HORTON

AROUND THE AIR FORCE

AFMC, AFSC commanders share Memorial Day messages

BY GEN. ELLEN PAWLKOWSKI
Air Force Materiel Command commander

For many of us, Memorial Day kicks off the summer season. Families will gather for cookouts, go boating or swim at the pool. While you enjoy these activities, please be mindful of your safety. But as we spend time with friends and family, let us be reminded of the most important meaning of this day.

Established in 1868, Memorial Day was a day set aside to honor those lost in the Civil War. But many wars have gripped our nation since and many lives have been lost. I ask that you pause to honor the fallen Americans who served and died for their country. These brave men and women made the selfless choice to put service before self to protect our freedoms.

History is full of stories of service members who displayed exceptional valor. From World War I to today's engagement against terrorism, men and women have served with courage and honor. But many did not return to their homes and families. More than a million American Soldiers, Sailors, Coast Guardsmen, Marines and Airmen made the ultimate sacrifice defending our country.

We can never repay these courageous patriots who gave so much to protect our way of life, but we can use Memorial Day to honor them. And let us not forget to remember the families of the fallen – spouses, sons, daughters, mothers and fathers. They too have sacrificed.

Our fallen warriors deserve our deepest gratitude and remembrance. Their sacrifices must never be forgotten.

BY LT. GEN. LEE K. LEVY
Air Force Sustainment Center commander

On Armed Forces Day we thank those who are serving. On Veterans Day we say thank you to those who served.

On Memorial Day we honor and remember those who served in the Armed Forces and gave all of their tomorrows for our todays.

We only have to look around us to see what we have, but Memorial Day is when we remember why. Amazing men and women from the beginning of our history as a nation to present day have laid down their own futures for us to have a better one. They have purchased and maintained so much of our freedom and preserved so many of our choices that we even have the freedom to not remember their sacrifice. Let's choose to remember. Remember that we are at war, and enemies want to take our freedoms away.

The history of Memorial Day began three years after the Civil War ended; on May 5, 1868, the head of an organization of Union veterans – the Grand Army of the Republic – established Decoration Day as a time for the nation to decorate the graves of the war dead with flowers. By the

end of the 19th century, Memorial Day ceremonies were being held on 30 May throughout the nation. Memorial Day was first observed as a national holiday in 1971 by an act of Congress that made the official federal observance the last Monday of May.

This year some will place flowers, a wreath, or an American flag at a gravestone, and some will visit memorials and monuments. However you choose to personally observe the day, take a moment, pause, and reflect on the high cost of our freedoms, and remember those who served and gave their lives for us.

While it may be a heavy day for many of us mourning the absence of friends, parents, children, and comrades, it is also a day of gratitude; it is a day to be thankful for the freedoms we have, and the reasons why we have them.

Thank you for serving in your critical role in the Air Force Sustainment Center. Your effort in delivering combat power for America protects our country, saves lives, serves our warfighter, and guarantees our freedoms.

To the mothers, fathers, sisters, brothers, friends, and comrades of those who made the ultimate sacrifice, thank you. We remember...and always will.

ROBINS REV-UP

SUBMISSION GUIDELINES

Submissions must be received by 4 p.m. Wednesday, the week prior to the requested Friday publication.

They should be e-mailed to lanorris.askew.ctr@us.af.mil and vance.janes@us.af.mil

Submissions should be of broad interest to the base populace. For information, call Lanorris Askew at 472-0806.

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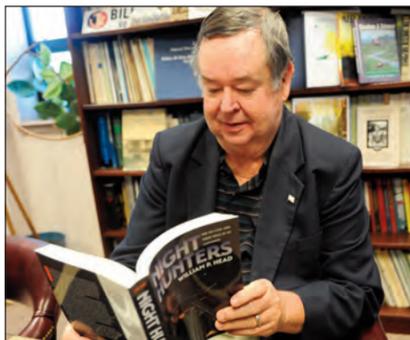
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“PUT YOUR
HANDS TOGETHER
FOR ...”



AFRC HISTORY OFFICE STAFF



HEAD

History offices awarded for telling Air Force story

BY HOLLY LOGAN-ARRINGTON
holly.logan-arrington@us.af.mil

Robins Air Force Base is an integral part of not only Warner Robins history, but that of the U. S. Air Force as well – and its historians have that fact on the books.

Probably few know Robins’ history better than William Head, 78th Air Base Wing History Office chief.

Head, the base’s historian for more than 30 years, and his now retired colleague, Diane Truluck, were recently named recipients of the 2016 Dennis F. Casey Award for Excellence in Periodic History, John R. Burton Category, and the John R. Burton Award for Best Multi-Person Wing or Independent Group History Program Air Force-level awards.

Hard work and attention to detail propelled the duo to the history office’s latest accolades, Head said.

“The history office once again, as it has for 32 years, produced a superior annual history ahead of schedule,” he said. “We thoroughly researched the key events and programs which occurred in fiscal year 2015 describing and analyzing them in detail to provide senior leadership with a vital management tool for the upcoming year and well into the future.”

The Excellence in Periodic History Award recognizes the best periodic history reports submitted during the past calendar year and recognizes historians who provid-

ed superior historical services to their unit and submitted a periodic history that exceeded standards during the past calendar year.

“In spite of the constant reduction in the size of, and funding for, our office, my retired colleague, Diane Truluck, and I have dedicated ourselves to producing the most professional and useful annual history in order to provide, not only a corporate record of the wing and complex, but to act as significant management tool for senior officials,” Head said.

Additionally, The Air Force History Office awarded the Air Force Reserve Command History Office the John T. Bohn Excellence in Major Command History Programs Award for the second consecutive year for having the best major command history program in the Air Force.

Jim Malachowski, AFRC History Program director, said earning the award was a team effort.

“The award is the result of giving my team of talented historians who love what they do the freedom and the resources to do their job,” he said. “It doesn’t hurt that the command’s 69,000 Citizen Airmen are involved in almost every operational mission the Air Force has, plus a few that are unique, to give us interesting topics to write about.”

The awards’ presentation will take place in the near future.

The “Put your hands together for ...” feature is a monthly installment to the Robins Rev-Up.

Due to the overwhelming number of awards people at Robins receive, we just aren’t able to cover them all. This feature is our way of ensuring we give credit where we can.

The installment will run in the last issue published each month.

To have an award included in the feature, submit a brief write up of the award and the people who have earned it. Photos may be submitted, but space is limited. Submissions should be sent as a word document; photos should be .jpegs.

For more information, contact Geoff Janes at vance.janes@us.af.mil or Lanorris Askew at lanorris.askew_ctr@us.af.mil. Either can be reached by phone at 468-6386.

Airman Leadership School Graduates

A Flight

- ▶ Senior Airman Heather Burdette, 12th ACCS
- ▶ Senior Airman Franklin Cordon, 78th MDOS
- ▶ Senior Airman Christian Dixon, 461st OSS
- ▶ Senior Airman Justin Drish, 461st MXG
- ▶ Senior Airman Jesse Leo, 12th ACCS
- ▶ Senior Airman Shalesa Melvin, 81st APS
- ▶ Senior Airman Stephen Mondragon, 78th ABW
- ▶ Senior Airman Jordan Faulhaber, 461st MXS
- ▶ Senior Airman Skyler Odom, 52nd CBCS
- ▶ Senior Airman Dennis Foxworth, 78th SFS
- ▶ Senior Airman Brante Hood, 116th CES
- ▶ Senior Airman Jonathan King, 461st ACNS
- ▶ Senior Airman Christopher Ortiz, 52nd CBCS
- ▶ Senior Airman Ladon Tucker, 16th ACCS

B Flight

- ▶ Senior Airman Chad Cahill, 461st ACW
- ▶ Senior Airman Fabian Colorado, 52nd CBCS
- ▶ Senior Airman Bretton Deal II, 78th MDSS
- ▶ Senior Airman Jerome Gowans II, 78th SFS
- ▶ Senior Airman Morgan Johnson, 440th AMXS
- ▶ Senior Airman William Metzgar, 117th ACS
- ▶ Senior Airman Robert Myers, 81st APS
- ▶ Senior Airman Angela Riley, 78th DS
- ▶ Senior Airman Anthony Russitano, 165th OSS
- ▶ Senior Airman Natalie Singleton, 78th ABW/SC
- ▶ Senior Airman Anthony Stephens, 52nd CBCS
- ▶ Senior Airman Zachary Strackbein, 51st CBCS
- ▶ Senior Airman Jonathon Taylor, 461st ACNS
- ▶ Senior Airman Thomas Wilson, 78th LRS

Special Awards

- ▶ **John L. Levitow Award** – Senior Airman Ladon Tucker, 16th ACCS
- ▶ **Academic Award** – Senior Airman Jonathan King, 461st ACNS
- ▶ **CMSgt Richard L. Etchberger Award** – Senior Airman Anthony Russitano, 165th OSS
- ▶ **Distinguished Graduates** – Senior Airman Jonathan King, 461st ACNS; Senior Airman Jordan Faulhaber, 461st MXS

VPP Gold presentations

As organizations continue to participate in Robins’ Voluntary Protection Program Safe Site Challenge, several were recently awarded with Gold recognition for their efforts.

Congratulations to the following organizations which were recently presented Gold banners:

- ▶ 78th ABW Youth Center
- ▶ 78th ABW Chapel
- ▶ Michael Ferguson, 78th CEG, Zone 1 (coin)

WR-ALC 1st quarter awards

Brig. Gen. Walter Lindsley, Warner Robins Air Logistics Complex commander presented these awards May 2 :

- Airman:** Senior Airman Samuel Hernandez, EMXG
- CGO:** Capt. Sean Allen, AMXG
- VPP:** Adam King, AMXG
- Civ. Category I:** Julie Tidwell, CMXG
- Civ. Category II:** James Mossbarger, CMXG
- Civ. Category III:** Michael Wells, EMXG
- Civ. Category V:** Angela Windham, EMXG
- Civ. Category VI:** Keith Mullis, EMXG

78th ABW 1st quarter awards

The 78th Air Base Wing quarterly award winners:

- Airman:** Senior Airman Kyle Gruver, SFS
- NCO:** Staff Sgt. Keyla Folsom, SFS
- SNCO:** Master Sgt. Beth Wakefield, MDG
- CGO:** Capt. Zachary Rumery, MDG
- Civ. Category I:** Stephanie Norris, MDG
- Civ. Category II:** Anthony Pope, FSS
- Civ. Category III:** Adrian Bolden, SC
- Civ. Category IV:** James Johnson II, LRS
- Civ. Category V:** Gregory Wilson, CEG
- Civ. Category VI:** Brian Lambert, OSS

Community College of the Air Force Grads

SrA Ahmed Abouseada
SrA Janiece Acevedo
SrA Frederick Allen
SrA Renan Almeida
SrA Kristianalan Amoranto
SrA Desmon Anderson
TSgt Joshua Arnett
MSgt Alexander Asencio
SSgt Michael Ashmead
MSgt Kenneth Bachman
SSgt Jason Balsler
MSgt Tracey Barry
SSgt Pedro Basillali
SSgt Christopher Bechtold
SrA Kristopher Bennett
TSgt Alex Benningfield
TSgt Joseph Biafore
MSgt William Biddle
MSgt Nicholas Billow
SrA Christopher Bishop
MSgt Dennis Blackmon
TSgt Harold Blalock
SSgt Laurenz Blancoarboleada
SrA Timothy Blum
SSgt Travis Bourgeois
TSgt Aaron Brentwood
MSgt Christopher Brown
SrA Shania Brown
SrA Jarred Burke
TSgt Leona Burns
A1C Roderick Byars
A1C Xandria Byars
SSgt Corey Byerly
TSgt Misty Capps
SrA Christopher Carlson
SrA Jonathan Carreiro
MSgt Juan Castro
MSgt Cole Chamberlain
MSgt Christopher Clement
SrA Derek Clinger
SMSgt Craig Cloward
MSgt Lelia Collins
MSgt Ricketa Conley
SrA Ciera Craig
TSgt Scott Crim
MSgt Matthew Crosswell
TSgt Tamika Culpepper
TSgt Gideon Curry
SSgt Johnathan Dassler
MSgt Michael Davis
SrA Michael Davis
TSgt Anthony Dela Cruz
TSgt Wesley Dellinger
CMSgt David Dillon
TSgt Allison Dow
A1C Johnny Draper
SrA Michael Eddy
SSgt Mark Ellis
SrA Breanne Epperson
MSgt Yolanda Esparza
SrA Brynn Fales
SSgt Sofai Faumuina
SSgt Bryan Figueroaterrero
SrA Jessica Fischer



More than 200 graduates received degrees May 18 during the Robins Community College of the Air Force ceremony in the Museum of Aviation’s Century of Flight Hangar.

SrA Angel Flores Carrasquillo
MSgt Christopher Flynn
SSgt Noel Foley
SSgt Anwar Ford
TSgt Destinee Forte
TSgt Jehu Forte
SSgt Benjamin Franklin
TSgt Michael Fronk
MSgt Jonathan Galvin
SrA Rachel Garrett
SSgt Juan Garzon
SMSgt Joanna Gasca
SSgt Jason Gebo
MSgt Nathan Gilroy
MSgt Vincent Girolami
MSgt Sachel Gonzalez
MSgt William Goolsby
TSgt Crystal Grace
TSgt Tyrone Graham
MSgt Joshua Gray
TSgt Lionel Green
MSgt Bradley Grimmett
MSgt Tiffany Grullon
SrA Henry Guigou
SSgt Brittany Guynn
SrA Andrew Haeck
SrA Stephen Harris
SSgt Freddie Hawkins
SrA Brandon Hazlett
MSgt Shawn Helgerson
SrA Gary Henderson
SrA Carlos Hernandez
MSgt John Herrick
TSgt Jonathan Hewitt
TSgt Cody Hightower
SSgt Dezarae Holden
MSgt Robert Holland
SSgt Jeremy Honaker
SSgt Feldorcía Humphrey
TSgt Jason Izor
SrA Winston Jackson
A1C Issac James
MSgt Alan Jenkins
TSgt Tiffany Jennings
TSgt Horace Johnson
TSgt Marcus Johnson
SSgt Christy Jones
SSgt Daniel Jones
SSgt Justin Jones
TSgt Samuel Jones
SSgt Jesse King

TSgt Kontar King
SMSgt Michael Kuettel
SrA Regis Laister
SSgt Hee Lee
SSgt Pisces Lee
SrA Jesse Leo
SrA Siri Lerum
SSgt Daniel Letchworth
SSgt Rachel Lewis
TSgt Robert Lewis
TSgt Michael Longero
SrA Evan Lynn
SrA Artemus Macayan
TSgt Eric Mackay
TSgt Jeffrey Madden
TSgt James Madnick
MSgt Vincent Majors
SSgt Michael Mathis
MSgt Jeela Matthews
SrA Latrisha Matthews
SSgt Alexander Mccoy
MSgt Michelle McNeill Wilkerson
SrA Jacob Mcvay
TSgt Lenny Mejia
SrA Joshua Melendez
SSgt Joseph Mikkelsen
A1C Mark Milisci
SSgt Mario Mills
SrA Damon Mitchell
MSgt Brian Mobley
MSgt Kirk Morrow
A1C Charles Motley
SrA Karta Mulac
MSgt Kristopher Mullin
SrA Khemraj Nandkumar
SSgt Dustin Neal
MSgt Jessie Nelson
SrA Michael Nelson
TSgt Jose Vincent Neri
SSgt Tam Nguyen
MSgt Edward Norris
SMSgt Brian Pack
SSgt Latoya Parks
TSgt Carrie Peasinger
TSgt Dustin Pennington
TSgt Liana Perez
SrA Ariel Phillips
SrA Jonathan Pickle
MSgt Joseph Poltor
SrA Jerret Porter
TSgt Jamie Poston

TSgt Anthony Poulin
MSgt William Pullion
SrA Luriel Quesada
SSgt Curtis Ramer
SSgt Brett Randolph
SSgt Dale Raulerson
SrA Tanner Reames
MSgt Demetris Redfield
SSgt Renee Remson
TSgt Travis Rhoades
SSgt Garrett Richardson
SrA Efrem Roberts
TSgt Eugene Roberts
TSgt Robin Robinson
TSgt Vanessa Rodriguez
TSgt Mildred Rosado Canales
MSgt Cindy Rositas
A1C David Royster
SrA John Russo
TSgt Robert Salinas
TSgt Cyntynniel Santiago
SSgt Joshua Scholl
TSgt Kelvin Seldon
SrA Cayce Shannon
SMSgt Joann Shaw
MSgt Jeremy Shores
MSgt Gabriel Silva
MSgt Avis Smith
SSgt Christopher Smith
SrA Nathaniel Solomon
MSgt Linda Spangler
SSgt Chelsey Speicher
SrA Jessica Stcyr
TSgt Adam Storer
SrA David Stout
SSgt Lauren Swanson
TSgt David Talley
SrA Philip Terry
SSgt Benjamin Thomas
SrA Dane Thomas
MSgt Stephen Thomas
TSgt Angela Thompson
TSgt Bernard Thompson
SSgt Steven Tremblay
SSgt Cassandra Vandermay
MSgt Brandy Venson
SrA Roberto Villegas
MSgt Jeffrey Walker
TSgt Lincoln Ward
SrA Timothy Washington
TSgt Daniel Weaver
MSgt Kathy Westmoreland
SSgt Evan Wiemers
SrA Dakota Williams
SrA Kenny Williams
TSgt Terrance Williams
MSgt David Wolf
SrA Chi Wong
MSgt Bruce Wright
MSgt Serita Wright
SSgt Nathan York
SrA Andrew Young
SSgt Robert Young

SUPPORT

Continued from A1

Auburn University graduate. “This is a unique place at Robins. Most engineers don’t get the hands-on experience that we get. You get to come up with ideas and see them get done. We’re unique in that we can design things, see it built, assist the technicians – that’s rewarding.”

Physical scientist and chemist Connie Tussey, at Robins since the early 1980s, mixes chemicals in a nearby lab where her work supports printed wiring board plating tanks.

“When I first came here we were producing simple single-sided boards and double-sided boards. Now we’re manufacturing mostly multi-layers and flexible circuits,” she said. “We start with a mound of raw materials that end up as circuit boards that go into a weapon system. We get to manufacture something in the U.S. today where manufacturing has largely gone by the wayside. It’s an honor and a privilege to work in a shop like

this.”

One engineering solution that will continue to assist electronics technicians for years to come was the development of a tech data package for C-5 main landing gear sequence control panels.

“The tech data was originally very old and indecipherable,” said Tamer. “We had to teach ourselves how to read it, redeveloping the data for how to wire, etc. What we did was just break it down in a way where it’s easy for people to read, and in the order they’re going to use it.”

It’s just another day at work in the 402nd EMXG, whether it’s manufacturing items such as these, or performing depot-level testing, maintenance or repair work to support the warfighter. Their efforts and inspiration can come from any place.

A modest frame was built to hold the landing gear panel as technicians install new wiring, allowing them to stand in front of a panel and rotate it as needed.

“Engineering can come in the simplest form,” said Tamer.

VIDEO

Continued from A1

the Air Force Reserve, retiring in 1968 as a brigadier general. He was subsequently promoted to major general on the retired list by President Ronald Reagan.

In addition to his combat service in World War II, Stewart also used his star power to help the war effort, starring in a film produced by what would become the First Motion Picture Unit, consisting of many of Hollywood’s elite, including Jack Warner, Clark Gable and Ronald Reagan.

Several modern day combat camera squadrons, including AFRC’s 4th Combat Camera, trace their lineage from the First Motion Picture Unit.

The concept for this AFRC legacy video solidified after com-

ing across the original 1942 film “Winning Your Wings,” which starred Stewart, and was produced for the U.S. Army Air Forces, aimed at recruitment of candidates for the service.

This newest production took on the form of a sequel to the original film, with Stewart’s words juxtaposed with modern day imagery and bringing the story current, as if Stewart knew all along what was going to happen.

Produced by Simmons, the video was directed by Master Sgt. Sam Ameen and edited by Tech. Sgt. Chris Hibben, both then assigned to the 4th Combat Camera Squadron, March Air Reserve Base, California.

Editor’s note: To view the AFRC video, visit www.afrc.af.mil/News/Video/tabid/5064/videoid/401306/Default.aspx.

METAL

Continued from A1

they’re protected by barriers, or clear panels, to their left and right sides. Ventilation systems are also present.

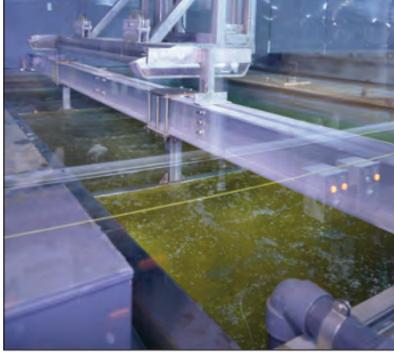
Increased automation of the plating process also eliminated the need for workers to physically immerse parts into various tanks, both large and small, throughout the building. Everything is remotely controlled from a staging area.

“With operators behind a wall and roll-up doors, exposure to the tank environment is minimized,” said Cunningham.

The building has been described as ‘one big machine,’ because if the computer at the front isn’t programmed properly at the beginning of the process, things can’t continue to happen throughout the rest of the building. It’s all interconnected.

Inside the cavernous space, things begin to transpire at a single computer station. Set apart from plating tanks located about 20 feet away on the other side of a wall, there are eight process lines that each have their own roll-up doors that separate workers from those same tanks.

Basically what happens is once a workload is programmed into a computer and various aircraft parts are placed into a



U.S. Air Force photo by ED ASPERA

Among the Advanced Metal Finishing Facility’s improved efficiencies and processes is its reduced worker exposure to hazardous chemicals. The facility performs a variety of chemical surface treatments for aircraft parts.

basket, it’s lifted, a door is rolled up, and parts make their way into various chemical baths down an assembly line of sorts.

Depending on the work, it can take from 45 minutes to several hours to fully perform a chemical surface treatment for various aircraft parts. That chemical treatment can include performing conversion treatments where a surface is converted to a chemically-resistant coating, to coating removal, and cleaning and etching.

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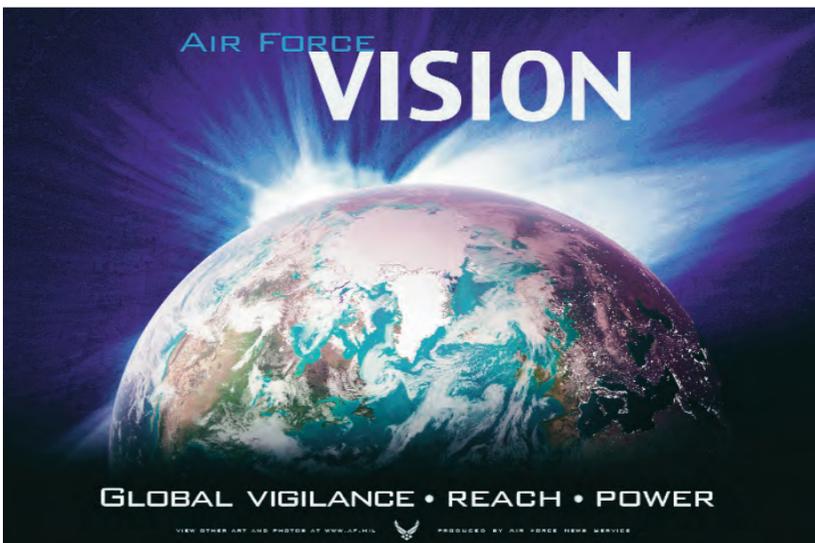
U.S. Air Force file photo

Robins to Honor Deceased at Camellia Gardens Ceremony

BY ROBINS PUBLIC AFFAIRS

Base officials will pay tribute to 76 deceased Team Robins members at its annual Camellia Gardens Memorial service today at 10 a.m. On the 40th anniversary, the event will move from on base to the Museum of Aviation Century of Flight Hangar.

Centerville mayor, John Harley, will deliver the memorial address, the Robins Honor Guard will deliver a 21-gun salute and taps will be played. The memorial service is a 40-year tradition that began with a partnership between Robins, the Middle Georgia Camellia Society and the Robins Regional Chamber of Commerce. The three teamed up in 1976 to establish and dedicate the garden.





Thought for the Day

"Our nation owes a debt to its fallen heroes that we can never fully repay, but we can honor their sacrifice."

– President Barack Obama



What's inside

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THE ROBINS REV-UP ■ MAY 26, 2016

THE PLACE TO LIVE, LEARN, WORK AND PLAY



U.S. Air Force photos by MISUZU ALLEN

Moniqua Mangham (right) and Zeniah Holder, Daughtry Elementary School 5th graders, play Tessellations to match the repeating patterns without overlapping at MathAlive! Thursday. Fifth graders from Daughtry Elementary School, Jackson, Georgia, were the first ones to visit the Museum of Aviation's newest exhibit.

New interactive math exhibit brings subject to life



Above top, "Mix It Up" is one of the interactive displays at MathAlive! Players can create various types of music with the use of special controllers.

Above bottom, the fifth graders in Daughtry Elementary School in Jackson, Georgia, enjoy the Flicker Fusion interactive booth at the Museum of Aviation's Century of Flight Hangar. The students learned that when light flashes more than 24 flashes per second, it is too fast for the human eye to see.

BY ANGELA WOOLEN
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When it comes to math, not many school-aged children think of snowboarding, music or video games. That is exactly how the MathAlive! exhibit brings the concept of how math shapes nearly everything people touch every day.

"Our goal is to get kids excited about science, technology, engineering and math, through these interactive exhibits," said Barbara Borgonovi, vice president of operations for Raytheon Space and Airborne Systems.

The exhibit has traveled from coast to coast, starting at the Smithsonian Museum in March 2012.

It will be at the Museum of Aviation's Century of Flight Hangar until July 4.

"More than a million people have seen MathAlive!," said Kim Parks, communication and public affairs senior manager for Raytheon.

In 2016, the exhibit is making the rounds near military bases nationwide. The exhibit came by truckload to Warner Robins from the Space Foundation Discovery Center in Colorado. It will travel from Middle Georgia to the National Museum of the U.S. Air Force near Wright-Patterson Air Force Base in Ohio.

Fifth grade students from Daughtry County in Jackson were able to preview the interactive displays May 19 as part of the opening day and ribbon cutting.

One of those students was Brionna Abercrombie who is learning how to play guitar. She was drawn to the musical exhibit featuring drums, gui-



Barbara Borgonovi, Raytheon Space and Airborne Systems vice president of operations, makes remarks before opening the MathAlive! exhibit in the Century of Flight Hangar.

tars and math facts on fractions and musical beats.

"I like it because it has hands-on activities," the 11-year-old said.

In the 5,000 square feet of space underneath the record-holding SR-71 aircraft, there are 19 different interactive exhibits.

"Each one applies a different kind of math," Parks said.

One of the exhibits allows children, or adults, to use angles and geometry in order to stay on snowboards to finish a race. Another explains how numbers are applied in nature.

The exhibit is free and open to the public during regular museum hours. The museum's summer camps will have time during the week to experience MathAlive! as well.

For more information, visit www.museumofaviation.org or call the museum at 478-926-6870.

A BETTER YOU



Courtesy photo

Tai Chi is one form of flexibility training that is effective as a warm up or cool down routine or may be conducted separately.

BY JOSEPH RONIE PIOQUINTO

78th Medical Group Physical Therapy Department

In 2014, the United States Census reported a total population of 318.9 million people, and less than 10 percent of these have served or are serving in the military. The breakdown for this is as follows: The Department of Veterans Affairs estimated that there are about 22 million military veterans in the U.S. Add this figure to active duty service members of about 1.4 million, and that is about 7.3 percent of the U.S. population who have served in the military.

This small percentage of the population went through rigorous medical and physical tests to validate eligibility to serve in the noble profession of arms. The demands of military duties or multiple deployments are then felt afterward in varying levels. After serving their country, these retirees embark on active lifestyles. It is common to see these retirees running ultramarathons, participating in triathlons, playing golf, and engaging in other sports, which they may have started while serving in the military.

Overuse injuries and age-related physiological changes limit the majority of the older population from participating in sports or exercise training. The American College Sports Medicine stated however, that exercise training might offset age-related changes. How could these active retirees prevent injuries? Older adults can prevent sports-related or training injuries by consulting their primary care provider first for medical clearance prior to vigorous activities, gradual rate of progression of physical conditioning, proper nutrition, and adherence to the principles of FITT – frequency,

intensity, time – or duration, and type of activities per ACSM.

It is important to establish meaningful, measurable and achievable physical conditioning goals before beginning training sessions. Proper motivation, knowledge, and dedication to achieve results will be the driving forces towards health improvements. Moreover, continued honest reevaluations of progress or failures towards training goals are equally important.

It is good to follow the workout recommendations from ACSM. Accordingly, it is vital to incorporate five to ten minutes of warm-ups; twenty to sixty minutes of cardiorespiratory, flexibility, resistance trainings; alternative recreation activities such as playing golf; and five to ten minutes of cool downs.

Cardiorespiratory, flexibility, and resistance training are components of comprehensive physical conditioning and health improvement workouts. A complete workout will include strength or resistance training such as weightlifting, cardiorespiratory or endurance training such as jogging, flexibility training such as stretching routines, and intersperse with relaxing sports to break the monotony of training.

Tai Chi is one form of effective flexibility training as a warm up or cool down routine. It can also be conducted separately. Numerous tai chi apps are available free or for a small price. Many forms of martial arts such as Aikido incorporate flexibility, endurance, and strength training. However, without proper conditioning, older population and even younger adults will be prone to injuries such as traumatic brain injury, joint dislocations, tendinitis, muscles strains, ligament sprains, bruises, etc.

Tips for making food healthy, safe this holiday weekend

BY HOLLY LOGAN-ARRINGTON

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Cookouts and picnics are part of many Memorial Day celebrations and according to Marita Radloff, Health and Wellness Center registered dietitian and nutritionist, favorite dishes can be made healthier by tweaking the ingredients list.

“Make pasta salad using whole-wheat pasta for extra fiber, vitamins and minerals,” she said. “If you don’t like the taste of whole-wheat pasta, try brown rice pasta or quinoa pasta. Both have very similar flavor profiles to white pasta and aren’t as chewy as whole-wheat pasta. Add extra veggies to your pasta salad to increase vegetable intake.”

Radloff says also try the following:

- ▶ Make potato salad using half mayo and half Greek yogurt for rich flavor and fewer calories.
- ▶ Try vinegar based German potato salad for another healthy option.
- ▶ Instead of fries, try grilled potatoes. Boil sliced potatoes in salted water for 10 minutes, then throw on the grill for 5 minutes. Top with fresh herbs, olive oil, and salt and pepper.

If you can’t pass up the burgers, Radloff says try this:

- ▶ Load burger with veggies, like tomatoes, lettuce, avocado and onions and pass on the bun.
- ▶ Instead of condiments with added sugar and salt, try a fresh tasting pesto marinade on chicken or shrimp.
- ▶ For a quick and easy dessert, throw pineapples, peaches, nectarines or plums on the grill for three to four minutes and top with a mixture of honey, lime and cinnamon for a delectable and healthy treat.

No matter how healthy your options are, it’s important to keep food at the appropriate temperature to avoid foodborne illness, Radloff said.

“Bacteria grow faster in warm temperatures, so take extra care to prevent food poisoning when preparing meals away from home,” she said. “Some people are at a higher risk for

food poisoning even when only small amounts of bacteria are present, such as pregnant women, young children, older adults and those with weakened immune systems.”

Radloff said using a food thermometer is important to avoid the food danger zone- where bacteria grow most rapidly.

Bacteria can double in number in as little as 20 minutes in temperatures between 40 °F and 140 °F.

The right temperature is key:

▶ Keep raw meat, poultry and seafood; deli and luncheon meats or sandwiches, salads, fruit and vegetables, and perishable dairy products cold for safety.

▶ If not serving hot food right away, it’s important to keep it at 140 °F or above. One of the most common causes of foodborne illness is improper cooling of cooked foods because bacteria can be introduced to food even after it is safely cooked.

▶ Put leftovers in a shallow container and refrigerate at 40°F or below within two hours.

▶ Reheat foods to an internal temperature of 165°F or until hot and steaming.

Stop bacteria growth and prevent food poisoning by using an insulated cooler filled with ice or frozen gel packs when traveling, Radloff said. Frozen food can double as a cold source also.

Storage matters:

▶ A full cooler maintains cold temperatures longer than a partially filled one.

▶ Keep coolers out of direct sunlight; place under a picnic table or beneath a tree in the shade.

▶ Avoid repeatedly opening cooler to keep food out of the danger zone.

▶ Use separate cutting boards, tongs and utensils for raw meat and other items, like vegetables or breads.

▶ Perishable food shouldn’t sit out for more than two hours, and in temperatures above 90° F, food should never sit out for more than one hour.

World No Tobacco Day

Every year, on May 31, The World Health Organization and partners across the globe, observe World No Tobacco Day.

Employees and dependents at Robins with either TRICARE or any of the existing Federal Employee Health Benefits Plans are 100 percent covered for Tobacco Cessation programs to include use of medications at no cost. Federal employees simply let their insurance company know that they are engaging in a tobacco cessation program and they will be able to obtain the prescription from their doctor and present it to their retail pharmacy.

There is no copay, no deductible and no dollar limit.

For more information, visit www.opm.gov/quitsmoking or call the Robins Health and Wellness Center at 478-222-6907.

Tricare beneficiaries can call the HAWC at 478-222-6907 and speak to the base Tobacco Cessation counselor, who will schedule a class and facilitate having medications ordered through the 78th Medical Group or they can speak with their provider during the next medical appointment. If you are seeing a civilian provider in town and obtain a prescription, you can have it delivered free of charge through the TRICARE Pharmacy

Home Delivery Service or you can call the base Health and Wellness Center at 478-222-6907 and we will assist you with obtaining the medications through the 78th MDG Tobacco Cessation Program. For more information on TRICARE benefits, visit www.tricare.mil or call the HAWC.

One thing to keep in mind is that evidence shows those using medications in their QUIT attempts are 44 percent more likely to be successful when they combine it with tobacco cessation counseling which is free of charge to everyone with access to the base and available every Wednesday from 11a.m. to noon at the HAWC.

Visit the Robins Homepage for more on this topic.



Safety tips for celebrating Memorial Day

BY HOLLY LOGAN-ARRINGTON
holly.logan-arrington@us.af.mil

When most people think of Memorial Day weekend safety, they think of travel. With more vehicles on the roads, the chances of a collision increases.

John Ainsworth, 78th Air Base Wing Safety Office safety manager, said taking a few precautions can make trips safer.

“People can allow more time to get from one point to another,” he said. “They can inspect their vehicles to ensure they are ready for traveling long distances.”

Ainsworth said avoiding “marathon driving” by taking breaks often is a good way to reduce drivers’ fatigue.

Safety stretches far beyond the highway though, spilling into area water ways and making a splash at family and friends’ swimming pools.

“A life vest is pretty obvious if you are going to be boating,” Ainsworth said. “Constant supervision for anyone swimming in pools, ponds, lakes, etc. is always a must. Never swim alone.”

Keep safety in mind when grilling out too, Ainsworth said.

“When it comes to grilling out-

remember hot things burn,” he said. “Keep unnecessary traffic away from the heat and try to give yourself enough space and ventilation to operate safely.”

If fireworks are in the weekend plans, adults should supervise children at all times.

“Wood starts to burn at 575 degrees,” he said. “Glass melts at around 900 degrees, and the sparkler that we give to our children burns at about 1200 degrees. I always like to have a source of water handy also, like a water hose, just in case one of those fireworks causes a little more than a light show. Think roman candles.”

With all the celebration around Memorial Day, there will be people traveling, shooting fireworks, swimming, boating, grilling and more, there’s a good chance some of these fun activities will occur around alcohol.

Ainsworth said people should be good wingmen, and call a cab if needed. If you find that your primary plans fall through and you need a ride home, a Robins AADD volunteer will bring you home. Call 478-222-0013 for a ride.

Anyone can call AADD, from active duty members and civilians, to contractors and dependents.

Wildland vegetation fire safety

Many who work on Robins live in what is called the urban/wildland interface – areas where developed property butts up against the natural state wildland. We also enjoy many outdoor recreational activities that could expose us to the dangers of a wildfire situation.

Wildland fire season generally runs from May through October, when high temperatures and lower humidity combine to dry vegetation. Generous spring rains contribute to fire loads by encouraging vegetation growth that can dry out as summer progresses.

INSTALLATION POLICIES

Open fires and fireworks must be authorized by the Installation Commander.

► Do not use any grill or deep fat fryers that use propane/butane heat sources within 10 ft. of any building, balcony or overhang. After cooking, hot coals must be quenched with water or covered with a noncombustible cover to prevent the wind from scattering sparks or coals.

► Do not store barbecue grills with their propane tanks connected unless it is located and secured outside at least 3 ft. from the facility. If grills are to be stored inside, they need to be cold safe and the tank must be disconnected and stored in a covered, outdoor secured area.

► For military family housing occupants; ensure manufactured outdoor fire pits are at least 15 feet from any structure.

► Cold-safe all ashes and coals when finished.

HOMEOWNER RESPONSIBILITY

Homeowner responsibility is key to urban/wildland interface fire safety. Wildland fires move swiftly. It is critical that property owners give the fire department a head start by creating what is called “defensible space” around their homes.

► Stack woodpiles at least 30 feet from all structures and remove vegetation within 10 feet of woodpiles.

► Locate butane and propane tanks at least 30 feet from any structure and maintain 10 feet of clearance.

► Remove all stacks of construction materials, pine needles, leaves and other



REPORTING FIRE

From a government phone dial 911
From a cellular phone or off-base line dial 478-222-2900
Follow local reporting procedures if away from home.

debris from yard.

► Remove dead leaves and needles from roof and gutters.
► Remove dead branches overhanging your roof and keep branches 10 feet from chimney.

When clearing vegetation, use care when operating equipment such as lawnmowers. Mow grass in the morning when temperatures are low, the air is still, and the fuel is still damp with dew.

► Discard smoking materials properly. Do not throw smoking butts on ground.

► Obtain a burn permit before burning any wood piles at (<http://www.gfc.state.ga.us/online-permits/index.cfm>).

► Cover chimney outlet and stovepipe with a nonflammable screen of 1/2 inch or smaller mesh.

RECREATIONAL SAFETY:

► Ensure off-road vehicles, dirt bikes, etc., have proper mufflers/spark arrestors.

► Maintain awareness of fire danger conditions from local forestry services and obey requirements.

► “Cold-safe” campfires. Soak with water and attend for one hour before leaving to ensure fire is out.

► Know two ways to evacuate from wherever you are staying, where you visit, camping areas, etc.

Always maintain fire hazard severity awareness and heed fire danger conditions at <http://www.gfc.state.ga.us/online-permits/index.cfm>. Ensure your family disaster plan includes what to do in case of a wildland fire.

GETTING TO KNOW YOU



U.S. Air Force photo illustration by CLAUDE LAZZARA

UNIT: 562nd Aircraft Maintenance Squadron

JOB TITLE: Industrial Engineer Tech Planner

TIME IN SERVICE: 27 years

HOMETOWN: Molena, Georgia

What does your work involve at Robins? "My work involves doing work control documents, forecasting and other duties to try and help support mechanics; meeting production maintenance by means of tracking parts, supplies and current status of the weapon system by use of data system, and coordination with logistics support personnel."

How does your work contribute to the Robins mission? "I support production and repair of the weapon system. This helps us to gain more workload and secure the ongoing workload that is awarded to Robins."

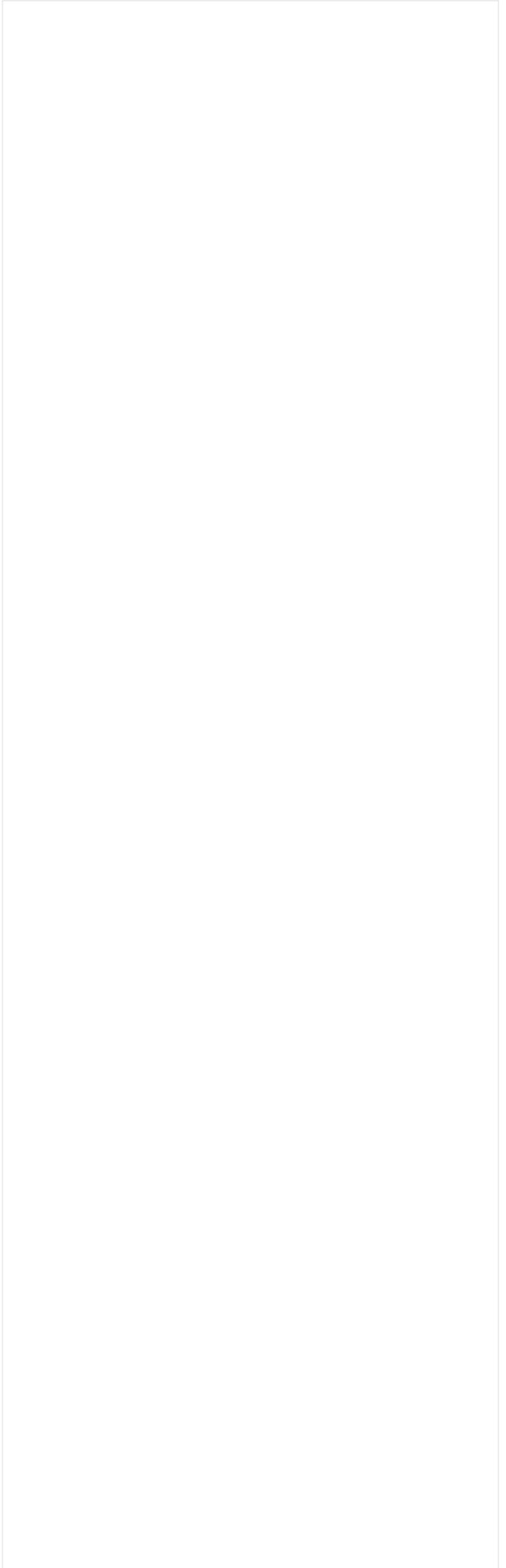
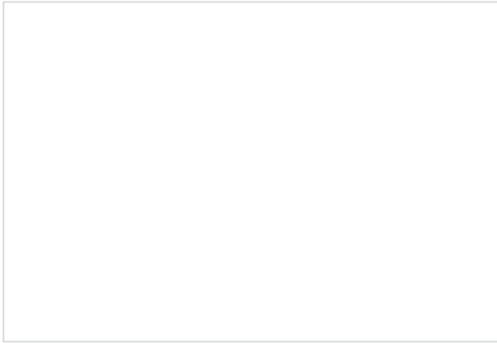
What do you enjoy most about your work? "I enjoy the people that I work with, and seeing the weapons systems come in broken and fly out like new again able to withstand any challenging mission it's called to perform. This is because of the superb work that the Robins depot provides to customers."

What prompted your interest in your current career field? "It started out because of my sons and repairing their toys, and I also enjoy maintenance work. I started as an electronic technician and worked my way to an industrial engineer tech planner."



**WINGMEN
WANTED**

EAP -
327-7683;
926-9516



HAPPENINGS/SERVICES

THUR FRI SAT SUN MON TUE WED
26 27 28 29 30 31 1

Family Day at the Bowling Center For details, call DSN 468-0188.

Friday
 11 a.m. to 8 p.m.
 Bowling Center
 Bowl three games with shoes
 \$5 per person
 Minimum four family members per lane
 For details, call DSN 468-2112.

Thunder Alley

Friday
 9 to 11 p.m.
 Bowling Center
 12 and younger \$5;
 13 and older \$10
 For details, call DSN 468-2112.

Saturdays are Family Days

Saturday
 Pizza Depot
 8 to 10 a.m., \$3.95 breakfast buffet
 5 to 7 p.m., \$5.95 spaghetti and pizza buffet

Memorial Day Golf

Monday
 Pine Oaks
 All active duty and retirees can play and get a free lunch until 2 p.m.
 For details, call DSN 468-4103.

Afterburner May Special

5:30 a.m. to 1 p.m.
 Base Restaurant, Bldg.166
 Ice Coffee Ole'
 For details, call DSN 472-7827.

May Twilight Special

Every day
 After 6:30 p.m.
 Pine Oaks Golf Course
 Play as much as you can with cart for \$15.
 For details, call DSN 468-4103.

MEMORIAL DAY HOURS

78th SFS

►The Watson Boulevard and Russell Parkway
 Gates will be open normal hours Friday and Monday.

78th MDG

The medical group will be closed in all areas during the four-day weekend.

78th FSS

- Aero Club, open normal hours Friday.
- Arts and Crafts Center, open Friday from 8 a.m. to noon.
- ITT, open Friday from 8 a.m. to noon.
- Base Restaurant – Fast food, open Friday from 6 a.m. to 12:30 p.m.; mobile routes 3, 4, 6 and 91, normal hours; snack bars will provide limited service; Afterburner, closes at 12:30 p.m.
- Education and training, open normal hours Friday.
- NAF Accounting Office, open normal hours Friday.
- Golf Course, open normal hours on Friday and Monday.
- Fairways Grille, open Friday and Monday from 7 a.m. to 1:30 p.m.
- Bowling Center, open Friday from 11 a.m. to 11 p.m. and Monday from 1 to 6 p.m.
- Fitness Center, open Friday and Monday

- from 8 a.m. to 4 p.m.
- Wynn Dining Facility, open normal hours Friday and Monday.
- Flight Line Kitchen, open normal hours Friday and Monday.
- Library, open normal hours Friday
- Outdoor Rec, open Friday from 8 a.m. to noon.
- FamCamp, open Friday from 10 a.m. to 2 p.m.
- Skeet Range, open Monday from noon to 6 p.m.
- Heritage Club, open normal hours Friday.

AAFES

- Main store open Friday from 9 a.m. to 8 p.m. and Monday from 10 a.m. to 5 p.m.
- Service Station, open Friday from 6:30 a.m. to 9 p.m. and Monday from 10 a.m. to 5 p.m.
- Shoppette/Class Six, open open Friday from 6:30 a.m. to 9 p.m. and Monday from 10 a.m. to 5 p.m.

78th LRS

- Fuels section will be on call on Friday and Monday.

* Unless listed, all FSS activities will be closed Friday and Monday. For a complete list of FSS hours, visit <http://www.robinsfss.com>.

*For other Robins Exchange facility hours, visit www.shopmyexchange.com.



Hawaiian getaway up for grabs in latest Exchange contest

Military shoppers can say “aloha” to a tropical vacation for two to Hawaii with the Army & Air Force Exchange Service’s latest sweepstakes.

Starting today through July 7, authorized shoppers worldwide can enter to win the \$5,000 five-day, four-night vacation, which includes airfare, hotel accommodations, transportation to and from the airport and spending money. (Travel must originate in the continental United States.)

“A Hawaiian vacation can do wonders for reviving the spirit,” said Stephanie Wilson, Robins Exchange general manager. “This trip is a fantastic chance for one lucky winner and a companion to create memories that will last a lifetime, and I encourage Robins Exchange shoppers to enter.”

Authorized shoppers can enter at shopmyexchange.com/sweepstakes. The sweepstakes winner will be drawn on or about July 14.

Airman & Family Readiness Center Classes, workshops & seminars

► **Pre-Separation Briefing** (separates)* – Tuesday and June 21 from 8 a.m. to noon. (retirees)* – June 14 and 28 from 8 a.m. to noon.

► **Interview with Confidence** – June 1, from 1 to 3 p.m.

► **Tips on Writing a Federal Resume** – June 2 from 8 to 10 a.m.

► **Transition GPS Workshop*** – June 6 through 10 from 8 a.m. to 4:30 p.m.

► **Key Spouse Training** – June 13, from 8:30 a.m. to 12:30 p.m.

► **First Term Airman Course: Finances*** – June 14 from 7:30 a.m. to noon.

► **DAV Medical Records Review** – Appointments only. Call DSN 472-4146.

► **Military and Family Life Counseling** – Mondays through Fridays from 8 a.m. to 8 p.m.

► **PreDeployment Briefings*** – Tuesdays and Thursdays from 1 to 2 p.m.

► **Survivor's Benefit Plan** – Mondays through Fridays, appointments only from 7:30 a.m. to 4 p.m.

*Editor's Note: All classes require pre-registration. For more info, call DSN 468-1256, commercial 478-926-1256, or visit Bldg. 794 Mondays through Fridays from 7:30 a.m. to 4:30 p.m. *Denotes military spouses welcome.*