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ROBINS REV-UP

'Team Robins - Performing to Our Potential'

'Making Tomorrow Better than Today'

October 16, 2015 Vol. 60 No. 41

RAFB Partnership Summit next week

BY JENNY GORDON

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A Robins Air Force Base Partnership Summit will take place Thursday at the Museum of Aviation's Hangar One.

The forum, which will include several base senior leaders as guest speakers, will give industry stakeholders across the community a venue to learn and discuss potential partnership prospects at Robins.

"It will be an opportunity to show off what we can do at Robins Air Force Base, what we have to offer and to show ways industries can do business with us," said Dave Denning, Warner Robins Air Logistics Complex Partnership and Business

Development Branch chief.

Among the topics to be discussed next week include: P4, public-public and public-private partnerships between Robins and local communities and private entities; electronic warfare/avionics updates; a C-130 program overview; and contracting and industry perspectives.

On P4, while there are existing partnerships on the 78th Air Base Wing side with the community in areas such as law enforcement, fire services and education, there are opportunities from the Warner Robins Air Logistics Complex to work with prospective industry partners for repair and supply services in direct support of military aircraft and/or applications.

On the complex side, the Robins Partnering Office maintains 45 such existing partnerships. According to Denning, one successful example includes the C-17 partnership, one of the largest in the Air Force, which produces in excess of \$100 million per year in revenue for Robins, and 800,000 hours of labor.

This month's event is conducted in partnership with the Robins Regional Chamber of Commerce's Aerospace Industry Committee, which works to advance and enhance the aerospace and defense industry sector across the region. A successful event several months ago led to another opportunity to continue sharing the impact of Robins and how to do business with the base.

Retirees tour Robins

BY ANGELA WOOLEN

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As part of a Robins Air Force Base tour, 64 people from the Senior Retired Air Force Transportation Officer Reunion took two buses to see what the mission here is all about.

The group visited the 402nd Aircraft Maintenance Group's 562nd Aircraft Maintenance Squadron, C-17 Production Depot Maintenance and the Marine Aircraft Group 49, Det. A, to see the AH-1 Super Cobra and UH-1N Huey helicopters. They also received a windshield tour of the Warner Robins Air Logistics Complex flight line.

Retired Col. Earl Boyanton and retired Maj. Gen. John Griffith were among those who were able to see the capabilities of Robins first hand.

"I was never stationed here but I knew about Robins. Today helped me learn a lot more," Boyanton said.

He had an affinity for the C-17 hangar as he had once flown in a simulator during one of his visits to Charleston Air Force Base.

Boyanton has been retired since 2008



U.S. Air Force photo by ED ASPERA

Marine Capt. Jason Delisle, UH-1Y Super Huey pilot, briefs Senior Retired Air Force Transportation Officer Reunion participants during a tour of Marine Aircraft Group 49, Det. A.

from his civilian job at the Pentagon and said it was eye-opening to tour a base again.

"When you spend your adult life in the military, you come to appreciate all the wonderful, wonderful people in our military. Our airmen today are just what you would want to see from our military," he said.

Boyanton, who lives in Virginia, spent a little less than 28 years in the Air Force and then worked for nine years as a civilian. He was the deputy assistant to the Secretary of Defense.

He started work at the Pentagon just after 9/11.

► see TOUR, A3

Aircraft training pad assists in educational mission

BY JENNY GORDON

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The aircraft training pad located at the southwest end of Robins may appear uninhabited at times, but its existence is definitely appreciated by students and instructors who utilize it throughout the year.

Constructed three years ago, the dedicated space for aircraft training operations offers not only mechanics a place to conduct hands-on training to perform their jobs better, but it's also a place where non-maintenance professionals throughout Robins who work with aircraft such as the F-15 can see them up close.

Brian Kalmer, an instructor with the 373rd



U.S. Air Force photo by JENNY GORDON

Brandon Smith, with the 409th Supply Chain Management Squadron, gets an up-close view in the cockpit of an F-15 Eagle during a hands-on training class Oct. 7.

Training Squadron, Detachment 6, at Robins, was out on the training pad one day last week with a class. Currently, there are two F-15s parked there,

but that will soon change in a few months when a C-130H will arrive for training purposes. That aircraft landed here Sept. 29.

Kalmer not only teaches fuels, flight controls and crew chief classes, but also an F-15 familiarization course for those in the work force who may not have very much direct, hands-on experience with the jet.

He sees planners as well as equipment specialists for example who order parts on a daily basis, but may not know exactly where the part is on the aircraft. By taking the week-long course, which includes classroom work, he explains and shows where components are located and how they work,

► see TRAINING, A3

FRIDAY FLYBY: Triple Ribbon Month continues with Resiliency Fair today, A2

Upcoming exercise may cause delays

Beginning Monday, Robins personnel will be engaged in Exercise TR16-01.

Team Robins should expect and prepare for delays and possible temporary closures of the gates during the exercise, which is scheduled to run through Oct. 23.



Celebrating Hispanic Heritage

Sonia Sotomayor was born June 25, 1954, in the Bronx borough of New York City. Her desire to be a judge was first inspired by the TV show Perry Mason. She graduated from Yale Law School and passed the bar in 1980. She became a U.S. District Court judge in 1992 and was elevated to the U.S. Second Circuit Court of Appeals in 1998. In 2009, she became the first Latina Supreme Court Justice in U.S. history.



Weekend Weather

Friday 84/52



Saturday 72/47



Sunday 68/44



"When you gamble with safety, you bet your life."

SECOND FRONT

Robins celebrates awareness during Triple Ribbon Month

BY ANGELA WOOLEN

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During the month of October, there is a triple threat of awareness that leaders want to bring to the forefront.

This month is triple the ribbons with Breast Cancer Awareness Month, Drug Awareness Month and Domestic Abuse Awareness Month.

To get the word out, a variety of events will be held throughout the month including the hosting of a free 5K Color Walk and Run and Resiliency Fair at the Robins Health and Wellness Center today from 7 a.m. to 2 p.m. Free T-shirts will be given to the first 350 people to arrive.

Team Robins can also visit the HAWC between 8 a.m. and 2 p.m. to speak with a host of community vendors who will provide free information on ways people can improve their resiliency.

To officially kick off the Triple Ribbon Awareness Month, base officials along with city and county leaders, held a proclamation signing ceremony at Central Georgia Technical College's Warner Robins campus on Oct. 1.

"These are three very important social issues," Col. Jeffrey King, 78th Air Base Wing commander, said at the event.

He went on to say that bringing these issues to the forefront helps drive out the problems "that tear at the fabric of our community."

The proclamation was signed by King, Warner Robins Mayor Randy Toms, Centerville Mayor John Harley, Perry Mayor Jimmy Faircloth and



U.S. Air Force photo by RAY CRAYTON

Col. Jeffrey King, Installation commander, signs the Triple Ribbon Awareness Month proclamation at Central Georgia Technical College Oct. 1.

Houston County Commissioner Tommy Stalnaker.

Weekly road shows and spirit days will give Robins a fun way to learn about the month's important topics.

The annual Houston Educare Pink Picnic Oct. 29 at the Museum of Aviation will round out the month's events. The guest speaker will be Comedian and Author, Anita Renfroe.

Events will be held throughout the month both at Robins and in the surrounding community.

For more information, contact the HAWC at 478-327-8480 or Family Advocacy at 478-327-8398.

CPTS closure

The 78th Comptroller Squadron will be closed today for a Wingman Day.

For finance emergencies, call 478-442-4427.

Blood drive today

The Armed Services Blood Program will conduct a blood drive today from 10 a.m. to 4 p.m. at the Fitness Center Annex in Bldg. 301.

The blood collected is for service members and their families in need, both those deployed and those here at home.

To make an appointment, check it out online at <https://www.militarydonor.com>.

Put Your Hands Together

The next "Put your hands together for ..." will run in the Oct. 30 edition of the Rev-Up. Deadline for submissions is Oct. 23 at 4:30 p.m.

To have an award included in the feature, submit a brief write up of the award and the people who have earned it. Photos may be submitted, but space is limited. Submissions should be sent as a word document; photos should be .jpegs.

For more information, contact Lanorris Askew at lanorris.askew.ctr@us.af.mil or Geoff Janes at vance.janes@us.af.mil. Either can be reached by phone at 468-6386.

EAP targets bullying in October

BY ANGELA WOOLEN

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Bullying can happen anywhere. If it happens to a civilian at work, the Air Force Materiel Command Employee Assistance Program is there to help.

October's campaign is "Choose Respect" and licensed therapists, Jamie Tillit and Lynn Irvine, hope to spread awareness and get those who are bullied the help they need. The pair are EAP consultants at Bldg. 207.

"Bullying has become such a huge issue in school, on social media and at the workplace, it was just a needed thing," said Irvine of this month's campaign.

Although the EAP doesn't keep track of how many people come in who are bullied, Irvine said the numbers haven't increased in her opinion.

"It now has a buzz word instead of saying that 'someone is picking on me,'" she said.

Bullying can be done by managers or employees. Most of the time, a bully doesn't recognize they are a bully.

Civilians can get help by calling either Tillit or Irvine to make an appointment.

"We use stress management skills that we would teach anyone," Tillit said.

Irvine added that using the golden rule of treating others as you want to be treated is also something the counselors use to help a bullying victim.

Using boundaries is a good way to deal with a bully. Another option is ignoring the person.

"Most of the time, a bully is looking for a reaction from you. If they don't get a reaction, they will move on to someone else. That's the sad part. Most bullies don't change," said Tillit.

Bullies, for the most part, do so because of insecurities. Sometimes, in a work environment, a bully is afraid he or she doesn't know the job well enough and bullies others so no one will ask questions.

A Department of Defense program, EAP has been helping since 2002.

According to its brochure, EAP offers consultation for anyone with a personal concern, whether on the job or off.

It "helps improve productivity, morale and employee motivation by providing timely support to both managers and employees," the Federal Occupational Health form said.

EAP is available 24/7 and is accessible by calling 800-222-0364 or visiting www.FOH4YOU.com.



U.S. Air Force photo by ED ASPERA

Senior Retired Air Force Transportation Officer reunion participants exit the tour bus during a visit to Robins Oct. 13.

TOUR
Continued from A1

“It was quite an emotional time. All of us viewed our job to be supporting the forces overseas,” he said.

His mentor, Griffith, also worked at the Pentagon as the director of transportation at Air Force Headquarters from 1982-85. Griffith, who lives in Belleville, Ill., had a 48-year career in the Air Force.

During the Vietnam War, he was responsible for moving air munitions from the ships to the bases which included operating and maintaining 29 LCM-6 landing craft, the type which landed at Normandy Beach in World War II.

“They weren’t that old, but they were old,” Griffith said.

The mission “wasn’t performed

by the Air Force anywhere else. The Army took it over after I left,” he explained.

As a non-commissioned officer, he was part of the Korean War. One of his first assignments after that conflict was as an advisor to the Royal Danish Air Force to help get its air force up and running.

His wife Bonnie Griffith said her favorite memory of being a military wife was when they came home from Denmark.

“The Danes paid to send us home. We had two small children and they put us on a really special aircraft with an elevator,” she said.

John Griffith clarified it was a Pan American cruiser.

The couple was also served chateaubriand, a cut of beef from the center of beef tenderloin.

“It was high living for a tech sergeant,” he said.

TRAINING

Continued from A1

enabling students to have a better understanding of their roles.

“We can familiarize them with different parts of the jet, from engines and landing gears, to flight controls and hydraulics systems,” said Kalmer. “That way they have a better idea of what is going on and it’s not so foreign when they hear all the abbreviations and acronyms.”

He added, “We show them how

to hook up electrical and hydraulic power, and then we’ll open up some of the panels, show them flight control components and basically break down each of the doors up front.”

Students like Ashley Murray, an F-15 Foreign Military Sales logistics management specialist at Robins, can do a walk-around of the aircraft, learn about the plane’s weapons delivery system and see how the jet works.

“It’s an eye-opening experience,” she said. “It’s nice to be able to be out here and get up close and personal.”





Robins Air Force Base on Facebook

Check out Robins on Facebook.
Get regular news updates and other base information.
Visit www.robins.af.mil
and click on the Facebook link.

AROUND THE AIR FORCE

AFMC wingmen continue to take action

BY KIM BOWDEN

Air Force Materiel Command Public Affairs

WRIGHT-PATTERSON AIR FORCE BASE, Ohio – Air Force Materiel Command’s culture of respect and resiliency is going strong, and airmen across the command continue to prove their dedication to that culture by being good wingmen.

“In AFMC, and across the Air Force, we accomplish our mission as a dedicated team committed to our core values and to each other,” said Jennifer Treat, AFMC Community Support coordinator. “Every officer, enlisted member and civilian is an Airman. The term wingman stems from a time-honored tradition within our Air Force flying community that essentially says a wingman will always stay with and protect the lead pilot, watching his or her back. It’s a promise, a pledge, a commitment between airmen. We’re proud to have so many true wingmen in our command who look out for the welfare of their colleagues and community.”

In one example of successful wingman intervention, an employee displayed increasing distress over a period of three days and mentioned to a coworker that she was considering suicide. The coworker called the Employee Assistance Program and escorted the employee to meet a counselor. The concerned behavior of the wingman prevented a potentially tragic outcome.

In another situation, a deputy flight commander



received a call from one of his airmen who was on leave and also enrolled in the ADAPT program. The airman was clearly under the influence, so the wingman drove to the airman’s house and found him in a vehicle with nine empty beer cans. The wingman took the airman to the emergency room, mental health and ADAPT, where the airman received in-patient care for addiction. By creating a rapport with his Airmen that made them comfortable in reaching out for help, the deputy flight commander was able to stay engaged, prevent the airman from driving under the influence and limit the severity of the airman’s relapse.

In a third example, a male active duty dependent texted his friend, another dependent, with threats of suicide. The friend immediately notified her active duty sponsor, who notified security forces. When they

were unable to reach the male dependent, security forces traced the signals from his cell phone and contacted police in his location – 60 miles away. Local emergency services got in touch with the male dependent and his parent and took the dependent to get help. Thanks to the vigilance and resourcefulness of the friend and security forces, the male dependent received the care he needed.

In yet another circumstance, while TDY two wingmen provided physical and emotional support to a classmate who had a serious allergic reaction to food. The wingmen first tried to assist with over the counter medication but as the reaction worsened they called 911 for directions to the emergency room, taking the classmate immediately. The doctor explained that without the medication the wingmen initially provided, the victim would have died within minutes. The attentive and determined attitudes of the wingmen ensured medical treatment to avert the life-threatening event.

AFMC has been consciously building the concept of wingman intervention since 2013. The goals are to raise awareness of helping behaviors, increase the motivation to help, develop the skills and confidence to intervene safely and assist when necessary, and ensure the safety and well-being of self and others.

If you become aware of situations in which personnel have recognized at-risk behaviors and proactively intervened, please contact your local community support coordinator.

In Other News

C-5M scoops up in-flight data for NASA

TRAVIS AIR FORCE BASE, CALIF. (AFNS) – Officials from Lockheed Martin and Travis Air Force Base successfully recorded in-flight noise and vibration data onboard a C-5M Super Galaxy in late September, ensuring that the recently upgraded airframe was still compliant with the National Aeronautics and Space Administration requirements.

The Warner Robins Air Logistics Complex at Robins AFB, Ga., provides program support and depot maintenance for the C-5 Galaxy.

According to Brian Austin, a Lockheed Martin representative assigned to the 60th Maintenance Group, the objective of the test was to collect interior noise and vibration data to verify that the C-5M Space Cargo Modified cargo compartment still met the vibroacoustic requirements set forth by NASA.

Bomber structure testimony

WASHINGTON (AFNS) – Military experts in Air Force long-range strike capabilities testified recently

This week in Air Force History



On October 14, 1947, at Muroc Field, Calif., Capt. Chuck E. Yeager flies faster-than-sound for the first time (Mach 1.01) in a rocket-powered Bell XS-1.

before a House Armed Services subcommittee on the Air Force bomber force structure.

All responded to questions from the Seapower and Projection Forces subcommittee on the Air Force’s efforts to award a long-range strike bomber.

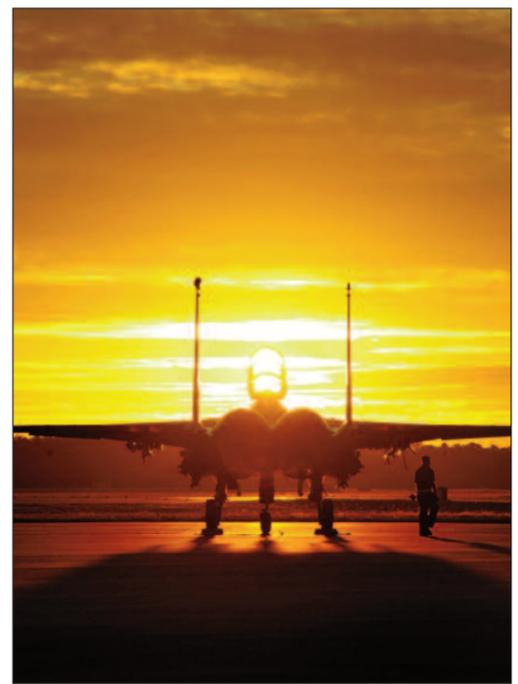
“This is a case, sir, where we need to go slow to go fast,” Lt. Gen.

Amie Bunch, the military deputy for the office of the assistant secretary of the Air Force for acquisition told lawmakers. “We’ve got a fair, deliberate, disciplined and impartial process anytime we do a competition. And we’ve been transparent and working with industry to get this done and documented so we can make that decision. It’s coming soon.”

SEJPME program completes transition to Joint Staff J-7

SUFFOLK, VA. (AFNS) – The Joint Staff J-7 Joint Knowledge Online Division in Suffolk, Virginia, has assumed responsibility for the Senior Enlisted Joint Professional Military Education program, capping a year-long transition from the National Defense University.

The Joint Staff J-7, director for Joint Force Development, outlined directives for the SEJPME program in response to the Enlisted Military Education Review Council recommendation to revise the SEJPME program to encompass two stages; one for the E6/E7 community and another for the E8/E9 community.



U.S. Air Force photo by SENIOR MASTER SGT. BETH HOLLIKER

Bright beginnings

An F-15 Eagle from Seymour Johnson Air Force Base, N.C., sits on the flight line before an early morning training sortie, at Tyndall Air Force Base, Fla. Robins provides Programmed Depot Maintenance and unscheduled repair activities on F-15s.

PERSPECTIVE

Innovation: Never stop improving

BY CHEYENNE MOUNTAIN
AIR FORCE STATION COMMANDER

35th Fighter Wing Public Affairs

“Another article on innovation?” you ask.

I don’t have to tell you there are more challenges across the Air Force than any time that I can recall: manning reductions; reduced budgets; infrastructure we can no longer afford; new requirements; response to advanced cyber threats; and the cherry on top, sequestration.

As a result, our leaders navigate the Air Force through and around the turbulent air these challenges create.

However, maintaining the best Air Force through those challenges, isn’t solely the job of our leaders, nor is it a one-time thing.

We must continually innovate.

The Air Force is known for innovation. There are historical markers at Wright-Patterson Air Force Base, Ohio, where the Wrights innovated flight controls. At the end of the last century, the Air Force developed technology that made aircraft virtually invisible to radar. Your Air Force developed and maintains global precision navigation and timing that not only assures the

accuracy of weapons and maintains the ability of networked computers to communicate, but has permeated our daily lives.

People in the Air Force have been innovating since the Army Air Corps was born 68 years ago, and we keep innovating today – at all levels.

This year, the Air Force is innovating by consolidating mission support under the Air Force Installation and Mission Support Center.

Major commands are innovating by consolidating staff functions; wings are finding innovative ways to prioritize missions and resources. At the unit level, each of us can be innovative in the areas within our span of control.

A civil engineer squadron might develop processes for leveraging infrared imaging technology to reduce the number or frequency of hands-on inspections, disassembly and reassembly they would have done in the past.

Maintenance squadrons are leveraging technology for electronic technical orders. Logistics readiness squadrons have streamlined supply and deployment processing. However, none of us should settle on these things or ever think there are no more improvements to be made.

Effective innovation starts in the areas you know and can control.

For example, all of us may have a good idea on how to shorten the wait at the pharmacy, but only those in the medical field understand all that goes into filling a prescription in compliance with the law and Air Force instructions.

You’ll be able to find more ways to improve within your own work center than the pharmacy.

Second, challenge the way it’s always been done. There may be a valid reason that put into place the instructions, procedures, tech order, manual or Air Force instruction to do things a certain way, but there is probably a better way.

Third, run innovative ideas past your coworkers, supervisors or leaders, and benefit from their experience. They can help refine and improve upon your proposal.

Fourth, there are various ways to put innovation in place. An Air Force Technical Order Form 22 can improve a tech order or exceptions to manuals and instructions are possible.

Editor’s Note: To read the full story, visit <http://www.af.mil/News/Commentaries/Display/tabid/271/Article/621206/innovation-never-stop-improving.aspx>.

ROBINS REV-UP SUBMISSION GUIDELINES

Submissions must be received by 4 p.m. Wednesday, the week prior to the requested Friday publication.

They should be e-mailed to lanorris.askew.ctr@us.af.mil and vance.janes@us.af.mil

Submissions should be of broad interest to the base populace. For information, call Lanorris Askew at 472-0806.

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Stop.Think.Connect during National Cybersecurity Awareness Month

BY LT. GEN. WILLIAM BENDER

Chief, Information Dominance
and Chief Information Officer

Twenty-first century warfare has quickly extended beyond the traditional domains of air, space, land and sea.

Cyberspace has emerged as the latest domain. From fuel pumps on the flight line, GPS links on weapons platforms, to the computer on your desk, every system that operates in and through cyberspace represents a vulnerability to the domain.

So how do we protect the data, systems, and people who rely on cyberspace?

Every time you log onto a system, retrieve data from a device, click on a link, or save a file, you must practice cyber hygiene: strong passwords, consistent cybersecurity practices, and unwavering vigilance against phishing attempts.

No one is immune to cyberattack attempts. Since December 2013, there have been no fewer than seven major breaches affecting nearly 430 million records – including social security numbers, health records, names, birthdates and addresses, to name a few.

In a recent report from the Defense Cyber Crime Center, 76 percent of cyberattacks in 2014 were attributed to phishing attempts.

Other studies have shown 85 percent of previous network intrusions could have been prevented with basic defense or hygiene.

Doing your part not only helps secure the domain and the missions reliant on cyberspace, but also reduces “the noise” thus improving the ability for cyberspace operators to find the sophisticated and stealthy threats.

The Air Force must continue to adopt and promote a culture of cybersecurity. As we focus on cybersecurity this month, help establish and enforce this mindset for yourself and your workplace.

Use this as an opportunity to improve cyber hygiene and defense well beyond this month so we can continue to support and defend our great nation across every domain.

Please join me in doing your part to secure the cyberspace domain, to provide mission assurance across the Air Force in support of the Joint fight.



WHAT TO KNOW

While October is an opportunity to reflect on the importance of cybersecurity, it's best to practice safe online habits every day. Start by following these simple steps from the Stop.Think.Connect.Campaign:

- ▶ Set strong passwords, and don't share them;
- ▶ Keep your operating system, browser and other critical software optimized by installing updates;
- ▶ Maintain an open dialogue with your family, friends and community about Internet safety;
- ▶ Consider the amount of personal information you post online, and use privacy settings to avoid widely sharing information; and
- ▶ Be cautious about what you receive or read online; if it sounds too good to be true, then it probably is.

Every time we connect to the Internet we make decisions that affect our cybersecurity. From what information we choose to share to what links we choose to click, our activities can either enable or prevent cyber attacks and intrusions.

To learn more about the events taking place this month, visit www.dhs.gov/national-cyber-security-awareness-month.

Editor's note: *The preceding tips are courtesy of the U.S. Department of Homeland Security.*

Practice OPSEC
every day, everywhere.



CyberAware



Thought for the Day

"When the power of love overcomes the love of power the world will know peace."

— Jimi Hendrix



What's inside

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Lighter Fare

THE ROBINS REV-UP ■ OCTOBER 16, 2015

THE PLACE TO LIVE, LEARN, WORK AND PLAY



U.S. Air Force photos by ED ASPERA

Tom Stone, with the Special Operations Force Personnel Recovery Division, shoots at a clay target used in skeet shooting at the Robins Air Force Base Skeet and Trap Range Oct. 2

Robins Skeet and Trap Range offers full-service recreation

BY ANGELA WOOLEN
angela.woolen.ctr@us.af.mil

For centuries, men and women have used target practice as a way to hone their skill at shooting. At the Skeet and Trap Range on Robins, the target is a moving clay disk, traveling at about 40 mph.

This summer, the members of the range installed a new trap machine which has the ability to shoot two disks at once, painted fences and built two new trap houses.

"It is designed to simulate a bird flying away," said Rich Korbas, vice president of the Robins AFB Skeet and Trap Club and HH-60 Pavhawk rescue helicopter equipment specialist with the Special Operations Forces/Personnel Recovery Division.

The orange disks are made to be biodegradable and the machine can be set up to include either a straight flight or an oscillate or wobble, where the "bird" doesn't fly in a straight fashion.

On a drizzly afternoon, the SOF/PR team of a dozen equipment specialist went to the range for a Wingman Day, some shooting for the first time. Korbas and Ed Wolfe, who worked for SOF for 15 years and is now retired, spent their time instructing those who were out for the first time.

"You are just moving your torso and tracking the bird with your eyes. Make your eyes do the work, head in the gun, eyes on the target," Korbas told his group.

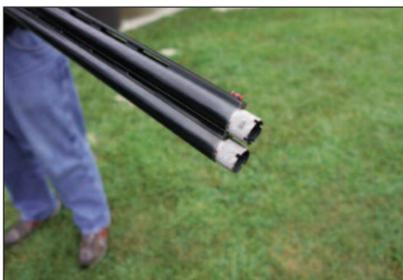
Dennis Carls, president of the club, said many improvements have been made at the range. There are currently 62 club members and during a tourna-

ment in September, there were 30 registered shooters who came from as far away as Ohio.

The range is ideal for those who don't own their own equipment. Gun rentals are \$4 and a round of 25 targets is \$5. The range is open from noon to 6 p.m. Saturdays and Sundays and 5 to 9 p.m. Thursdays.

Adjacent to the skeet range is a new archery range. Targets at 20, 30 and 40 yards are up now with 3-D targets and tournaments planned for the future, according to Carls. Upcoming events include an archery class on Saturday from 9 a.m. to 1 p.m. with the class taught by a Georgia Department of Natural Resources instructor.

Editor's note: For information, call Bill Gurr at 478-926-4001 or DSN 468-4001.



Above left, employees from the Special Operations Forces Personnel Recovery Division participated in a Fun Skeet Shoot, used as a team building/Wingman Day Oct. 2 at the Robins Skeet and Trap Range.

Center from top, tools of the trade include the shot, a skeet rifle and the proper field.

Above right, Rich Korbas, Skeet and Trap Club vice president and SOF/PR Division HH-60 Pavhawk rescue helicopter equipment specialist, points out the flight pattern of a clay target.

A BETTER YOU



DOD Safe Helpline gives sexual assault victims additional resource

BY HOLLY LOGAN-ARRINGTON

holly.logan-arrington@us.af.mil

The Defense Department has given sexual assault victims a resource that helps them take control of their recovery process.

Established in February 2011, the DOD Safe Helpline is a crisis support service for members of the DOD community affected by sexual assault.

Safe Helpline provides live, one-on-one support and information to the worldwide DOD community. The service is confidential, anonymous, secure, and available worldwide, 24/7 by click, call or text — providing victims with the help they need anytime, anywhere.

Lisa Matney, 78th Air Base Wing Sexual Assault Response coordinator, said the helpline will continue the support victims at Robins Air Force Base receive by providing an avenue for victims to get additional support and encouragement to come forward and make a restricted or unrestricted report of sexual assault.

The helpline provides live, confidential help through a secure instant-messaging format at SafeHelpline.org. The website also contains vital information about recovering from and reporting a sexual assault.

Pamela Davis, Sexual Assault Prevention and Response Victim Advocate here, said the helpline gives sexual assault victims the additional support they may need.

“Some victims need additional avenues of sup-

port to obtain the courage to come forward and this resource can provide that additional support,” she said.

Safe Helpline provides live, confidential help over the phone. The telephone helpline staff can even transfer callers to base Sexual Assault Response coordinators, Veterans Benefits Administration coordinators, Military OneSource, the National Suicide Prevention Lifeline, and civilian sexual assault service providers. The phone number is the same in the U.S. and worldwide via the Defense Switched Network.

Safe Helpline can also provide referrals via text.

By texting one’s zip code or base name to 55-247 inside the U.S., or 202-470-5546 outside the U.S., Safe Helpline will text back contact information for the installation SARC and other resources available on and off base. Message and data rates may apply.

The helpline’s website provides information for sexual assault victims, as well as information for their loved ones to better understand their situation so they can help them in their recovery process.

“Individuals can use the web link to search for resources for their installation, so no matter where the person lives they can get help,” Matney said.

Editor’s note: To connect to the DOD Safe Helpline online, visit <http://www.safehelpline.org/>. People can also call the Safe Helpline at 877-995-5247 or text 55-247.

78th Medical Group upcoming closure

The 78th Medical Group will conduct its annual Wingman Day event today from 11 a.m. to 4:30 p.m. During that time, all medical group services, including the pharmacy and the central appointment line, will be closed.

Clinic doors will close at 11 a.m. and reopen Monday at 7 a.m. All clinic services will resume normal duty hours starting at 7:30 a.m.



Flu vaccine now available

The civilian flu vaccinations will be offered today during the Resiliency Fair at the Health and Wellness Center. Civilians need to bring their insurance card. All Federal Employees Health Benefits health plans cover flu shots at no cost to members. The Houston County Health Department accepts major plans, but not TRICARE.

Vaccinations will also be offered Wednesdays in October from 11 a.m. to 1 p.m. at the Base Restaurant and from 2 to 3:30 p.m. at the Fitness Annex.

Unit leaders interested in sponsoring a civilian flu line for their civilian employees can contact Col. Michael Rappa, or Nina Courchesne, by email or by phone at 497-7590.

Active duty members may report to the 78th Medical Group Immunizations Clinic between 7 a.m. and 4 p.m. to receive the vaccination.

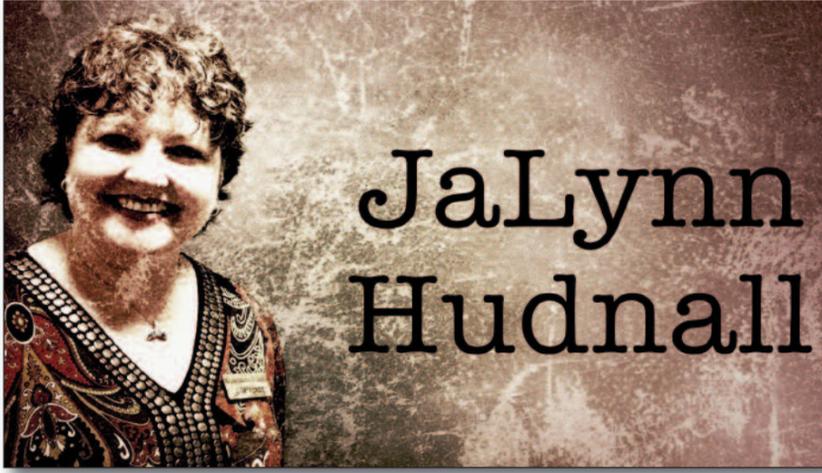
Even healthy people can get the flu, and it can be serious. This season, protect yourself and those around you by getting a flu vaccine.

<http://www.cdc.gov/flu/pdf/freeresources/updated/cannot-miss-work-flu-flyer.pdf>.

Did You know?

The 78th Medical Group Facebook page is open to the public, and you don’t have to be a TRICARE beneficiary or be eligible to benefit from the wide array of content including information and tips on nutrition, tobacco cessation, physical fitness and monthly health awareness topics. Like us on Facebook: www.facebook.com/78MDG.

GETTING TO KNOW YOU



JaLynn Hudnall

U.S. Air Force photo illustration by **CLAUDE LAZZARA**

UNIT: 78th Force Support Squadron

JOB TITLE: Commercial sponsorship and advertising coordinator

TIME IN SERVICE: 2 years

HOMETOWN: Charleston, S.C.

What does your work involve at Robins? "I'm the single point of contact for advertising and commercial sponsorship for the installation. It's my responsibility to obtain sponsorship from companies for the Morale, Welfare and Recreation programs at Robins. The advertising you see across the installation provides funding directly to the bottom line of the facility it's in. It helps keep them profitable, and it provides the money to purchase things for their activity they might not otherwise be able to buy."

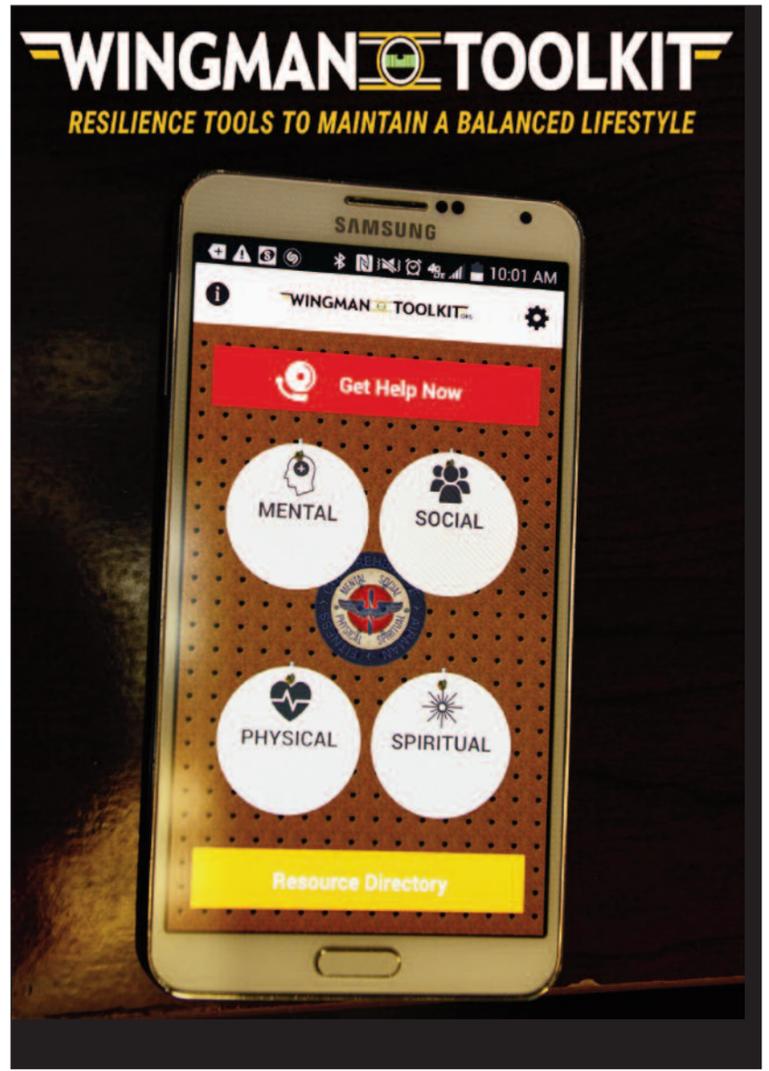
What do you enjoy most about your work? "I love representing the Air Force. I love knowing that the result of my efforts makes programs possible and in turn makes family members happy."

How does your work contribute to the Robins mission? "Morale is at the core of everything. If you can ensure that an Airman's family is taken care of, re-enlistments rates go up, job satisfaction goes up, and you create an atmosphere of respect."

What prompted your interest in your current career field? "I've been in marketing for 25 years. I'm an Army veteran married to a retired airman. The Air Force has always been good to my family, and I like to think I'm paying it back and perhaps paying it forward."

Who has been the biggest influence in your life? "My dad. I have so many dad-isms I could write a book, but he has always taught me to be kind, be fair, try hard and don't give up. My husband has taught me to be brave and that being afraid is OK."

What is an accomplishment of which you're most proud? "Personally, it would have to be my family and my marriage. I've been married for 27 years. Professionally, it would have to be signing the first \$50,000 sponsor Robins ever had."



HAPPENINGS/SERVICES

FRI SAT SUN MON TUE WED THUR
16 17 18 19 20 21 22

ON TAP
Triple Ribbon Color Run 5K

Today
 7 a.m. check in
 HAWC parking lot
 Open to all
 Robins personnel
 For details,
 call DSN 468-2128.

Boss and Buddy

Today
 4 p.m.
 Heritage Club Lounge
 For details,
 call DSN 472-7899.

Comedy Show III

Today
 5 p.m.
 Heritage Club Ballroom
 Doors open at 7 p.m.;
 show starts at 8 p.m.
 For details,
 call DSN 472-7899.

Adult and Youth Archery

Saturday
 9 a.m. to 1 p.m.
 Free class and sign-up at Outdoor Rec.
 For details,
 call DSN 468-4001.

Membership Dinner

Tuesday
 5:30 p.m.
 Heritage Club Ballroom
 For details,
 call DSN 472-7899.

UPCOMING
Zombie Run 5K

Oct. 30
 Check in at 4:15 p.m.
 Luna Lodge
 Open to all
 Robins personnel
 For details,
 call DSN 472-7899.

Halloween Big Bingo!

Oct. 30
 6:15 p.m.
 Heritage Club Bingo Room
 For details,
 call DSN 468-4515.

Heritage Club Halloween Party

Oct. 31
 9 p.m.
 Heritage Club Ballroom
 Club members \$7
 Guests \$10
 For details,
 call DSN 472-7899.

Thunder Alley Halloween Costume Party

Oct. 31
 9 p.m.
 Bowling Center
 Come in your best Halloween costume
 and pay only \$5.
 For details,
 call DSN 468-2112.

Fit 2 Fight

Now through Oct. 30
 Mondays, Wednesdays and Fridays
 11 a.m. to noon
 Fitness Center.
 For details,
 call 468-2128.

ONGOING
Afterburner
October Special

Mondays through Fridays
 5:30 a.m. to 1 p.m.
 Base Restaurant, Bldg.166
 Pumpkin Spice Latte
 For details,
 call DSN 472-7827.

Base Restaurant Dinner for 20

Base Restaurant, Bldg. 166
 Smoked pork, mac and cheese, southern
 style Green Beans, corn bread and tea
 \$120
 For details,
 call DSN 472-7255.

Airman & Family Readiness Center Classes, workshops & seminars

► **Pre-Separation Counseling (retirees)** – Tuesday from 8:30 a.m. to noon. (**separates**) – Oct. 27 from 8:30 a.m. to 12:30 p.m.

► **Bundles for Babies** – Tuesday from 8:30 a.m. to noon. Call 478-327-8398 to register.

► **Right Start** – Wednesday from 8 a.m. to 12:30 p.m.

► **Educational Track** – Thursday and Oct. 23 from 8 a.m. to 4 p.m. Call 497-3410 to register.

► **VA Benefits Briefing** – Oct. 28 from 8 a.m. to 3 p.m.

► **Tips on writing a federal resume** – Oct. 29 from 8 to 11 a.m.

► **DAV Medical Records Review** – Appointments only. Call 472-4146.

► **Department of Labor** – Mondays, Tuesdays Wednesdays from 8 a.m. to 4:30 p.m.

► **Military and Family Life Counseling** – Mondays through Fridays from 8 a.m. to 8 p.m.

► **PreDeployment Briefings** – Tuesdays and Thursdays from 1 to 2 p.m.

► **Survivor's Benefit Plan** – Mondays through Fridays, appointments only from 7:30 a.m. to 4 p.m.

Editor's Note: All classes require pre-registration. For more information, call DSN 468-1256, commercial 478-926-1256, or visit Bldg. 794 Mondays through Fridays from 7:30 a.m. to 4:30 p.m.



HALLELUJAH NIGHT
 Wednesday, Oct 28 5:30 to 7:30PM
 Chapel Lawn
 Free to all Military, Base Employees & Their Families
 All Ages & Costumes welcome
 (no scary costumes please)
 Food, Cake Walk, Inflatables, Pony Rides, Face painting,
 Trunk or Treat
 FUN! FUN! FUN!

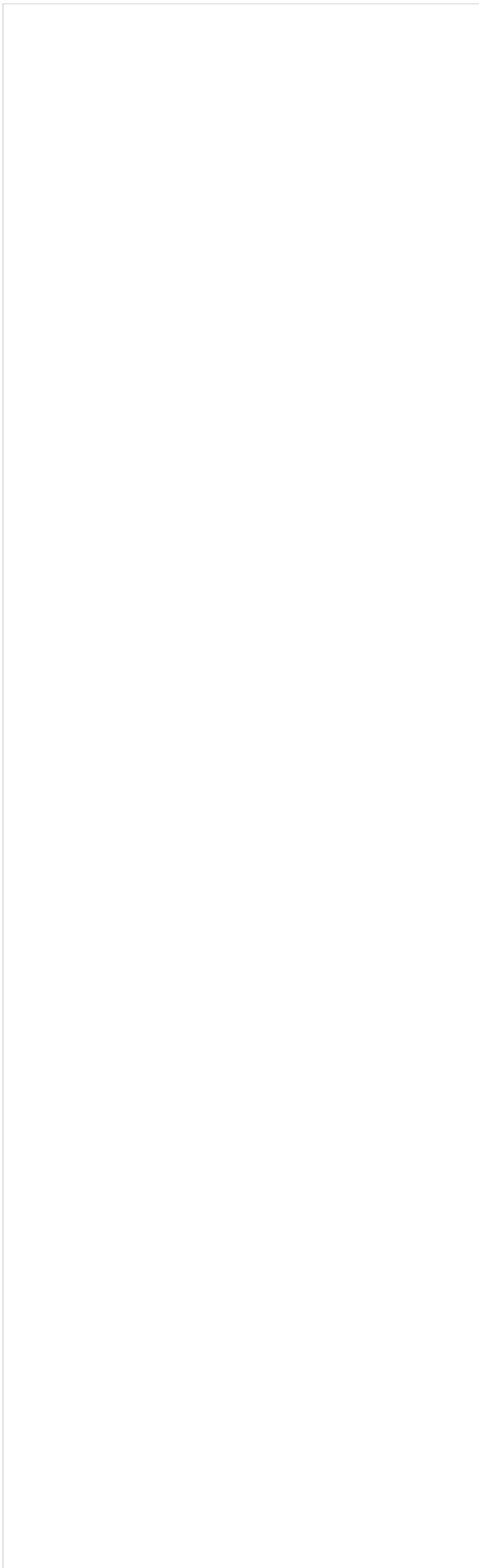
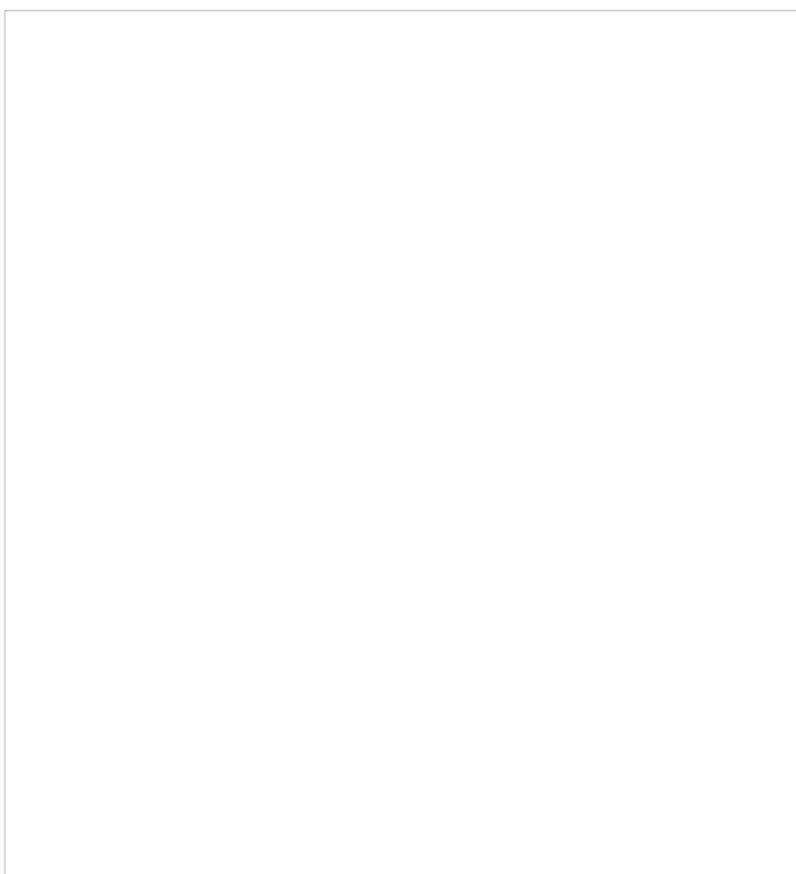
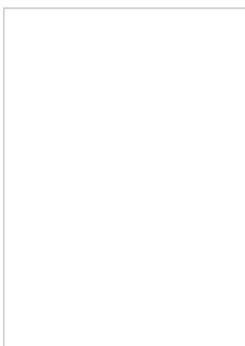
Sponsored by: RAFB Chapel, Protestant Parish, 655 Ninth St. (478) 526-2821

Personal Protective Equipment

PPE



ONLY WORKS IF YOU WEAR IT!



Sexual Assault Response Coordinator



The Robins AFB SARC is available 24 hours a day, 7 days a week.
Phone (478) 327-7272 or DSN 497-7272