



# ROBINS REV-UP

March 28, 2014 Vol. 59 No.12

## The PATH Forward

*'Not just today, but for the long haul'*

BY JENNY GORDON  
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A little science could make a big difference, and Robins is using it to conduct business more productively and sustainably.

Put simply, the business leadership model – dubbed “The AFSC Way” – is a scientific method which is showing success across the Air Force Sustainment Center.

It provides a way of examining and solving daily challenges using standardized processes and established methodologies focusing on people, processes and resources while still supporting the tenets of speed, safety, quality and cost effectiveness.

The model provides leaders with a roadmap for developing their people to ensure they have the right skills, standardized processes and the proper resources to achieve mission success – not just today, but for the long haul.

“Under the AFSC way, we believe there’s a premium in process discipline, a scientific way of doing any work you do,” said Brig. Gen. Cedric George, Warner Robins Air Logistics Complex commander.

“Nothing we see seems brand new, but this is designed to put a simplified model in place that focuses on how we’re going to do the work,” he

added. “The difference is that now each of the three depots will operate the exact same way.

The major difference is that this is a process, not a program that will come and go in another few years, George said.

“Walk into any other AFSC depot, and the way we do business is standardized.”

Doug Keene, a 27-year civilian who started his career on the shop floor, said the new approach is exciting.

“When every Team Robins member believes the process can and will work, the sky is the limit,” he said. “This process will produce results if we follow the rules and do it the right way.”

It’s also a corporate approach to how we conduct business.

“I believe we have a culture – all the way up and all the way down – that’s saying we’re going to do it the right way,” Keene added. “If you do it the wrong way, and get results – that’s just not acceptable.”

Keene said he believes civilian employees have to own the process to be successful and “not wait on leadership to make us get better. This is your production machine, not leadership’s.”



### Speed

Speed isn’t about cutting corners. Instead, it’s enhanced by our ability to quickly identify, elevate and eliminate constraints.

### Quality

While speed is important, quality is paramount. Defects in our products have the potential for disastrous effects on our warfighter. Mistakes will happen, but we have tools to identify and prevent repeats. We build trust and confidence by doing our jobs right the first time.

### Safety

Workforce safety is the priority. We need to ensure everyone who comes to work in the morning goes home at night ready to give their best the next day. Safety is about taking care of our people, and ensuring their work environment and processes keep them safe at all times. A strong Voluntary Protection Program is essential. Keeping the most valued members of our team safe is critical to the success of our organization.

### Cost Effectiveness

The defense environment is changing and a heightened awareness of cost is forcing Air Force leadership to take an ever-mindful look into our spending. To understand where we can reduce cost, we must first have a firm grasp on what it costs to produce our products and services. Then we must identify areas to reduce costs, eliminate wastes. The taxpayer and our warfighter customers are counting on us to provide available, affordable and capable weapons systems on time, on cost. Our ability to reduce cost and sustain weapons systems will affect our ability to defend our nation.

Col. Chris Hill, Installation commander, agreed.

“The AFSC Way will be enabled by a leadership culture,” said Hill. “Every member of this installation is responsible for leading in their own team. In order to move ahead using this model, it’s crucial all employees are engaged. We’re in a natural posi-

tion to collaborate and we need everyone on board.”

As a world-class depot in the business of maintenance, repair and overhaul of advanced weapon systems such as the C-5, C-17, C-130 and

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## Sexual Assault Awareness month brings serious topic to forefront

BY HOLLY LOGAN-ARRINGTON  
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Sexual assault is a crime that can leave psychological and emotional scars for life.

According to the Rape Abuse & Incest National Network, more than 200,000 Americans are victims each year.

April is National Sexual Assault Awareness Month, and Robins is doing what it can to educate folks about the widespread problem.

Lisa Matney, a base sexual assault response coordinator, said this year’s Sexual Assault Awareness Month theme is “Live Our Values: Step Up to Stop Sexual Assault.”

Survivor T-shirt painting will take place in Bldg. 707, April 7 through 11 from 2 to 4 p.m. Call 327-7272 to sign up.

Other activities include:  
►April 10: “Walk a Mile in Their Shoes,” will begin at 11 a.m. at the base gym’s outdoor track.

►April 16: “iT” Leadership Training, 1 to 2:30 p.m., Bldg. 761 on Ninth Street

For more information, call the SARC Office at DSN 327-7272.

## National FEMA reps make stop at Robins as part of weeklong search, rescue exercise

BY JENNY GORDON  
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Urban search-and-rescue teams from the U.S. Agency for International Development’s Office of U.S. Foreign Disaster Assistance made a stop at Robins for the first time March 24.

The two teams, Virginia Task Force One and California Task Force Two, were in town for weeklong exercises at the Guardian Centers in Perry. But first they checked in at the 78th

Logistics Readiness Squadron’s Passenger Terminal in Bldg. 127 to simulate a deployment in-country processing line prior to providing humanitarian assistance in the field.

“For the first time, Robins Air Force Base had the opportunity to train side-by-side with a Federal Emergency Management Agency team and USAID. This exercise showcased our Airmen’s ability to partner



U.S. Air Force photo by MISUZU ALLEN  
Urban search-and-rescue teams from the U.S. Agency for International Development’s Office of U.S. Foreign Disaster Assistance visited Robins for the first time March 24 to perform in-processing procedures at the 78th Logistics Readiness Squadron’s Passenger Terminal in Bldg. 127.

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## In their boot steps: Fourth-generation Airman carries long legacy

BY BRIAN SHREVE  
Staff Writer



Tech. Sgt. Jessica Fordham is a 402nd Expeditionary Depot Maintenance Flight sheet metal technician.

With an Airman Battle Uniform on her back and a lot of history on her shoulders, serving in the military isn’t just a family tradition for Tech. Sgt. Jessica Fordham – it’s “everything.”

Fordham, 32, has served the USAF for nearly 12 years, representing her own link of a chain that goes back four generations.

“It’s our heritage. It’s in our blood,” she said. “With everything about us, it’s about the military.”

Though her family’s legacy with the military stretches back to the Civil War, the consistent

line of those who have served began with her great grandfather who fought alongside her grandfather, retired Chief Master Sgt. Charlie Sibert, in World War II.

A member of the Army Air Corps, Sibert was held by the Germans as a prisoner of war and later went on to serve in the Korean War.

Fordham’s father, John Sibert, and her uncle both served the Navy in Vietnam.

An only child, Fordham added her own unique place in the family record books by becoming the first woman to serve.

Her grandmother, however, was a real-life Rosie the Riveter during World War II, working

at a military factory.

“She did the same job I do, working with sheet metal,” said Fordham. “That’s a really big thing for me, and I didn’t find that out until three or four years ago.”

Fordham is a member of the 402nd Expeditionary Depot Maintenance Flight and has been stationed at Robins for the past nine years, something she considers the highlight of her career.

“I’m in an amazing unit,” she said. “It’s very small, and we’re very tight knit. It’s been an honor to be here with them, and they’re like family now.”

Born in Missouri, Fordham

► see GENERATIONS, 5

# Second Front



U.S. Air Force photo by RAYMOND CRAYTON

## Fostering Leadership in People awards

Col. Chris Hill, Installation commander, and David Tucker (far left), Trustee Local 987, present a Fostering Leadership in People award to the 461st Maintenance Squadron Propulsion Flight March 21. Master Sgt. David Roden (far right), Propulsion Flight chief, and Senior Master Sgt. Tony Boland, Propulsion Section chief, accepted the award on behalf of the flight.

*Fostering Leadership in People awards are given to those who make contributions to improving labor and management relations here at Robins. The latest recipients are:*

- ▶ Troy Andrews, 638th SCMG
- ▶ Brenda Collier, 638th SCMG
- ▶ Geraldine Phillips, 638th SCMG

- ▶ Michael Hatcher, 638th SCMG
- ▶ Harold Eady, 638th SCMG
- ▶ Joyce Scott, 638th SCMG
- ▶ Adam Saunders, 580th SMXS
- ▶ 461st MXS Propulsion Flight
- ▶ Ryan Beard, 461st MXS
- ▶ Ryan Bijak, 461st MXS

### Energy reduction contest

During April the Base Energy Office is sponsoring an Earth Day Energy Conservation contest.

“We need all Robins organizations and their employees to make energy conservation a routine part of their daily practice,” Terry Landreth, Energy Office supervisor, said.

The contest will include base organizations and mission partners with the goal of achieving the lowest use of electrical energy during the month.

Each facility with a discrete electric meter will be ranked in terms of the largest reduction percentage of electricity consumption.

Determination will be made in connection with the 78th Civil Engineer Group’s normal monthly billing procedures. The 78th Air Base Wing commander will recognize the facility and associated organizational occupants who achieve the largest percentage of decrease in electricity dur-

ing the month with a trophy.

### CGOC scholarship

The deadline is Monday for a \$500 scholarship to local high school seniors who have a parent currently working at Robins.

The scholarship, from the Robins Company Grade Officers’ Council, is designed to reward outstanding academic achievement and leadership by assisting a senior who plans to attend a four-year college or university.

To enter, students must complete the application packet and all of the required attachments. That includes a one-page essay, a one-page resume with school transcript attached and a letter of recommendation.

Scholarship packets can be obtained from school counselors. The application and all attachments must be converted to .pdfs and submitted to [robins.cgoc.scholar@us.af.mil](mailto:robins.cgoc.scholar@us.af.mil).

## PROGRAM OF THE YEAR 78th FSS claims Air Force honor

### 78TH FORCE SUPPORT SQUADRON

The 78th Force Support Squadron has been named the 2013 Air Force Personnel Operations Program of the Year.

The award recognizes teams, programs and flights which make outstanding contributions to the Air Force and Personnel community.

“To be recognized as the best of the best is a humbling honor,” said Michael Szymanski, FSS director. “The 78th FSS Operations Branch is usually behind the scenes supporting our deploying Airmen as well as the families of our deceased military members. We’re very proud of their exemplary accomplishments.”

The 78th FSS Operations Program provides support to all mission partners on base and consists of Installation

Personnel Readiness; Personnel Deployment Function; Honor Guard; Mortuary Affairs; and Unit Deployment and Unit Training Managers.

The program is also responsible for deployment processing for more than 5,000 military members at Robins. Last year as the primary collection point for accountability on the installation, IPR accounted for more than 19,000 military, civilians, and contractors in real world and exercise events. The Honor Guard participated in more than 1,000 events in an area of responsibility more than 70,000 miles in Georgia and Tennessee.

Mortuary Affairs served eligible Air Force military and civilians throughout the state. The unit deployment and unit training managers provided readiness and training support to more than 850 FSS military and civilian members.

## Women Warriors

*In recognition of Women’s History Month, the Robins Rev-Up is spotlighting some of the installation’s “Women Warriors” each week during the month.*

### STAFF SGT. ROCKSAN JACKSON

**Job title:** Supply and Logistic chief

**Hometown:** Bronx, New York

**Years in federal service:** 14 years



**What does your work involve?** “I serve as the active duty Supply and Logistics chief contributing support to the Marines in order to accomplish any mission that’s been tasked. I’m also the squadron’s Uniform Victim Advocate.”

**What are some of the challenges you have faced being a woman in your career field?** “The largest challenge that I am faced with is being a woman in a male-dominated force. As a woman you always have to prove yourself and prove that you are able to accomplish any mission to the standard of your male counterparts.”

**When is a time that you had to show ‘Courage, Character, Commitment’ for the mission?** “In my occupation and career, there have been many times I’ve had to lead male Marines by example, although they’re generally not accustomed to women leaders. So I must muster up the courage and commitment in order to accomplish any mission even if that means knocking down a giant to do so.”

**What woman has inspired you and why?** “Master Sgt. Ramona Dervin is the woman who has inspired me. I’d been a single mother for four years when I met her. I thought in order to be a great mother, my career had to fail. She taught me that it is possible to be a great mother and a great Marine at the same time. Without her, I would have never known what I’m fully capable of achieving.”

**If you could give any advice to future women warriors, what would it be?** “I would let them know that although times can become very difficult, their dreams and desires are obtainable no matter the obstacles that are set before them. Set a goal and obtain your goal. You’re the only person who can wake you up from your dreams or take away your goals.”



U.S. Air Force photos by TOMMIE HORTON

Clockwise from top, Sergeant 1st Class George Simms (left) and Staff Sgt. Eric Harder (right), Airborne Target Surveillance supervisors, use a poncho raft to move through the pool at the base fitness center on March 14.

Capt. Donald Beal, Military Intelligence Company commander, paddles atop the poncho raft he constructed.

Maj. Will Vogan, Deputy Mission Crew commander, swims with a rubber M-4 firearm and a rucksack during water survival training.



## MAKING A SPLASH

### Army tests ability to maneuver in water

BY JENNY GORDON

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Twenty members of the Army's 138th Military Intelligence Company here recently spent time training their ability to maneuver in water conditions at the base fitness center.

Soldiers spent the morning of March 14 constructing poncho rafts outdoors, then taking them to the pool inside to test their ability to float.

The rafts included two 30-plus pound rucksacks, packed with uniforms, boots, sleeping bags, wet weather gear and other items.

The more tightly and smoothly those items were packed in the ponchos, the better the rafts floated.

That allowed two-man teams, and sometimes a single member, to swim either beside or on top of the rafts.

Some techniques seemed to work better than others, with a person floating on top of the raft, or two swimming alongside one with one person in front and the other in back.

"The whole point of training like this is confidence building, and communicating with the person you may be swimming with. It's also about the fact you can trust your gear — that it will keep you afloat," said Staff Sgt. Scott Sanger, who has taught a class on the training event.

Water survival is one type of training the Army conducts as part of its quarterly training.

Should members need to cross a body of water down-range, this would be one way to use equipment they already have on hand.

Along with constructing poncho rafts, Soldiers also used rucksacks and rubber replicas with the same makeup as the

M-4 rifle to test their ability to float.

"The majority of the time if we have to do this in a combat situation, we're talking at least another 60 pounds of ammunition," said Maj. Bryan Green, 138th Military Intelligence Company executive officer. "They're actually going to weigh a lot more than the 60 or so pounds that are floating during this training. Again, this is helping them have the confidence these rafts will in fact float."

The 138th MI is a detachment of the U.S. Army Intelligence and Security Command.

The company supports the mission of the Air Force's Joint Surveillance Target Attack Radar System at Robins, training and deploying alongside the Air Force in all areas of mission planning and flight coordination.

## FEMA

Continued from 1

with a national disaster response FEMA team and support a reception and departure center in a time of critical need for Middle Georgia," said Maj. Jeremy Pankoski, 78th LRS commander. "We were also able to provide critical training and realism for FEMA and USAID by simulating an overseas disaster area airfield arrival," he said.

Each USAR team member passed through several checkpoints staffed by Robins personnel, taking several minutes to ensure all proper paperwork — such as passports — were in order, medications documented and other proper protocols were followed.

"This was the first time OFDA and FEMA put together an international team with domestic teams while responding together," said Michael Reilly with USAID. "We perform drills all the time, but this is the first time we've done something of this magnitude and certainly with a private corporation like the Guardian Centers. That site has really replicated some of the big challenges we've had in our 25 years of doing this business."

The Perry facilities enabled the several hundred members to perform drills on



U.S. Air Force photo by MISUZU ALLEN

Urban search-and-rescue teams from the U.S. Agency for International Development's Office of U.S. Foreign Disaster Assistance stopped at Robins before moving to the Guardian Centers in Perry, Ga., to perform a weeklong humanitarian assistance exercise.

building collapses for example, as well as metro, tunnels and water search and rescue capabilities, said Reilly.

"Robins is our point of entry into the 'country,'" said Reilly. "They are playing a crucial role as far as scanning to ensure we have the proper credentials to even operate inside a foreign country."

The USAR teams are tasked to respond to worldwide humanitarian crises, including earthquakes, tsunamis, drought and

conflict when needed. In addition to teams who deploy overseas, there are 28 FEMA teams in place for national response within the U.S.

As part of this week's exercises, urban team evaluators and site control teams from Maryland and Arizona were present, along with FEMA evaluators and representatives from the United Kingdom, Australia and United Arab Emirates on hand to observe scenarios.

Typically, these exercises can last anywhere from seven to 14 days. Each rescue worker is completely self-sufficient for 72 hours before re-supplying, and armed with heavy backpacks containing sleeping bags, clothing, food, first-aid kits, lights, knee and elbow pads, respirators, helmets, etc.

Experts who took part in this week's exercises included firefighters from Virginia's Fairfax County Fire and Rescue Department and California's Los Angeles County Fire Department. Teams travelling overseas in response to rescue efforts also includes medical specialists, rescue specialists, structural engineers, and technical personnel who have specialized equipment and canines who perform searches for live victims.

Once teams completed in-processing at Robins, they boarded several buses to Perry to undergo various training scenarios at the Guardian Centers.

The 800-plus acre complex, located minutes from I-75 in Houston County, provides a single site to test plans, people and equipment, while simulating disasters on any scale.

Since 2008, USAID's OFDA teams have responded to such disasters as the 2013 typhoon in the Philippines, the 2011 earthquake and tsunami in Japan, the 2010 Haiti earthquake, and many other emergencies that span the globe.

# Around the Air Force

## Airmen must revalidate dependents

**WASHINGTON (AFNS)** – By Dec. 31, every Airman will be required to provide their servicing finance office with documentation for all dependents as part of Air Force audit readiness efforts.

This one-time, Air Force-wide recertification process will allow the Air Force to validate Airmen's basic allowance for housing entitlements, ensuring every dollar of the \$5.4 billion the Air Force spends annually on BAH is fully auditable.

"When we say the Air Force is not audit compliant, that doesn't mean that money is missing or being mis-spent," said Doug Bennett, the deputy assistant secretary of the Air Force for financial operations. "Generally, it means we lack the required documentation for our spending to be considered auditable. In the case of BAH, we need Airmen's marriage certificates, birth certificates for children and divorce decrees that require child support properly documented by our finance offices to ensure we can audit \$5.4 billion in Air Force spending."

To read more, visit [www.af.mil](http://www.af.mil).

## CMSAF addresses promotion changes, special duty selection

**WASHINGTON (AFNS)** – Chief Master Sgt. of the Air Force James Cody spoke of upcoming promotion changes, the developmental special duty selection process and misuse of social media during his third worldwide CHIEFchat at the Defense Media Activity.

CHIEFchat is a recurring initiative, designed to give Airmen around the world a direct connection to the chief master sergeant of the Air Force. The chief received questions via video message, social media outlets and from members of the studio audience.

During the open forum, an Airman connecting via video asked about potential changes to how master sergeants are selected in the future.

"We're looking at ... how we're going to make this transition from the current way that we promote (technical) sergeants to master sergeants to what we are evolving to, and that is through a board process," Cody said.

Cody said the board process would include a "hurdle system." The first hurdle for technical sergeants will be the current WAPS system with minor modifications. Airmen who clear this hurdle will be considered under a board process similar to the way senior master sergeants and chief master sergeants are selected.

To read more, visit [www.af.mil](http://www.af.mil).

## Developmental education application windows now open

**WASHINGTON (AFNS)** – Eligible active duty officers and Department of the Air Force appropriated fund



U.S. Air Force photo by MASTER SGT. JOHN NIMMO SR.

## Geronimo

Senior Airmen Brian Colt Gassa, 22nd Special Tactics Squadron combat controller, at McChord Air Force Base, Wash., monitors the air space and weather conditions around the Geronimo landing zone March 14, at the Joint Readiness Training Center, Fort Polk, La. Service members participating in joint training are educated in combat patient care and aeromedical evacuation.

civilian employees can begin applying for intermediate and senior developmental education opportunities, Air Force Personnel Center officials said March 24.

According to Maj. Yulanda Bogany, AFPC officer developmental education chief, officer nominations with commander endorsements are already being accepted.

The civilian application window opened March 14 and applications are due to AFPC by May 1.

Civilian applicants must be nominated by their local leadership for CDE.

To read more, visit [www.af.mil](http://www.af.mil).

## Reserve components show net decrease in activations this week

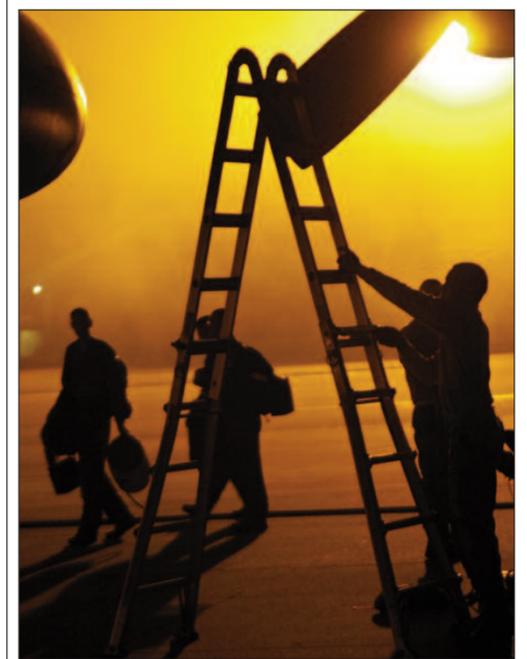
**WASHINGTON (AFNS)** – The Army National Guard, Army Reserve, Marine Corps Reserve, Air National Guard and Air Force Reserve announced this week a decrease in activated National Guard members and reservists, while the Navy Reserve and Coast Guard Reserve announced an increase of activated reservists.

The net collective result is 509 fewer activated National Guard members and reservists in comparison to last week.

At any given time, services may activate some units and individuals while deactivating others, making it possible for these figures to either increase or decrease.

The Air Force Reserve Command is located at Robins Air Force Base.

To read more, visit [www.afrc.af.mil](http://www.afrc.af.mil).



U.S. Air Force photo by SENIOR AIRMAN MICHELLE VICKERS

## Flight line

A flight crew crosses the flight line as maintenance Airmen work on a MC-130H Combat Talon II at Hurlburt Field, Fla.

## Air Force news

# Fiscal 2014 civilian workforce shaping parallel with military programs

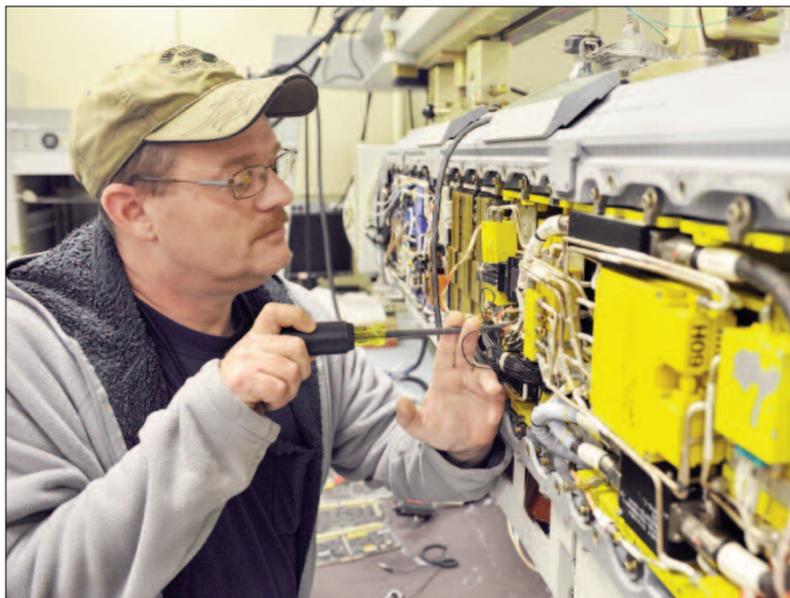
**WASHINGTON (AFNS)** – Air Force officials announced additional civilian workforce shaping initiatives Wednesday in compliance with mandatory funding targets and continuing civilian workforce rebalance to meet skill demands for fiscal 2014 and beyond.

The programs will run in parallel with military programs, said Lt. Gen. Sam Cox, the Air Force deputy chief of staff for manpower, personnel and services.

The initiatives are part of ongoing military programs designed to maintain a smaller, more streamlined, ready and capable force in the future, Cox said.

"We recognize the invaluable contributions of our civilian workforce but must manage within (Defense) Department fiscal constraints to meet the mission needs of the years to come," he said.

The Air Force will continue maximizing its Voluntary Early Retirement Authority and Voluntary Separation Incentive Pay in the second round of programs to entice employees who are eligible to leave federal service to do so voluntarily. These programs offer early retirement for employees who are considering life outside of federal service and up to \$25,000 for employees whose voluntary separation would save another employee from being involuntarily separated.



U.S. Air Force photo by TOMMIE HORTON

Raymond Utter, 579th Software Maintenance Squadron electronics technician, trouble shoots and maintains software for an electronic attack pod.

"The Defense Department is going through an intense period of budgetary challenges and we are using every force shaping tool available on both the military and civilian side to lessen the impacts on our force," said Col. Brian Kelly, the director of force management policy for the Air Force. "And, while aggressive, the plan to reduce the size of the force provides long-term stability beyond (fiscal 2015)."

Following the same basic criteria for the earlier round of VERA/VSIP programs announced in December, surveys will again be distributed to a number of employees targeting specific occupations and locations.

Additionally, these surveys will expand to reach a broader number of employees potentially impacted by the Secretary of Defense-directed 20 percent headquarters staff reductions.

The Air Force is committed to fully

exhausting all voluntary workforce rebalancing and shaping programs, including the special authorities associated with a reduction in force, to help avoid involuntary separations, Kelly said.

Reduction-in-force authorities allow reassignment flexibility for civilians to be placed at their installations while retaining their grade or pay or both. The authorities also permit managers and hiring authorities to waive qualifications and expand the number of potential placement opportunities for employees currently assigned to abolished positions.

Implementing RIF procedures also permits eligible employees who cannot immediately be placed in local vacancies to be registered in the Priority Placement Program to assist in placement in other job positions where they qualify.

Kelly noted that the Air Force's strategy to meet civilian pay budget targets does not include a furlough and that involuntary separations from federal service will only be sought as a last resort, if required.

"We simply cannot accomplish the mission without our civilian Airmen, and that won't change even after reductions," Kelly said.

For information about civilian employment, reduction in force and other personnel issues, visit the myPers website at <https://mypers.af.mil>.

## ROBINS REV-UP

COMMANDER  
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## SUBMISSION GUIDELINES

Submissions must be received by 4 p.m. Wednesday, the week prior to the requested Friday publication.

They should be e-mailed to [lanorris.askew.ctr@us.af.mil](mailto:lanorris.askew.ctr@us.af.mil) and [vance.janes@us.af.mil](mailto:vance.janes@us.af.mil)

Submissions should be of broad interest to the base populace. For information, call Lanorris Askew at 472-0806.

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To report delivery issues, call 472-0802.

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## GENERATIONS

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grew up in California where she was raised by her aunt, who she thanks for convincing her to join the Air Force in the first place.

“I was looking more towards the Marines or the Army,” she said. “She reminded me that my grandfather would be so proud of me.”

Fordham and her husband, Bryan, have four children ages 2 to 12. Like so many who serve, she knows firsthand the challenges of being both Airman and mother.

“You just have to find that balance and be open with

your children,” said Fordham. “Speak with them and let them know what’s going on and why you can’t do certain things but are able to do other things. The older they get, the more they understand.”

Though she has yet to be deployed, Fordham’s job of repairing damaged aircraft calls for her to travel to different parts of the world, spending time away from her family for weeks or even months at a time.

Even for someone who loves her work, she added that this necessary part of the job can be toilsome.

“The hardest part is leaving my family, leaving my husband to take care of it all,” she said.

Fordham has often wondered which of her young children – three of them girls – are most likely to follow in so

many boot steps before them.

“I keep saying my oldest is going to be because she’s kind of wild like I was,” she said. “She says she doesn’t want to ever do it, but at her age I would’ve said the same thing. It’s hard to say.”

According to Fordham, her career in the AF has been one of mutual service, one that provided her with a second family during a tumultuous time in her life.

“There was a point in my life when things weren’t going well for me. I did a lot of things I probably shouldn’t have done,” she said. “When I joined, I had a drill sergeant who told me I didn’t have to go down that road, that I had potential. And that really struck something in me.”

## TENETS

Continued from 1

F-15 aircraft, the model outlines a scientific approach so those same individuals can work as effectively and efficiently as possible.

“Robins must remain competitive, not against other depots, but against other services and commercial depots, said Hill. “We want to see a steady increase in performance, not cyclical up-and-down production performance that characterizes the recent past at Robins.

“We need to be consistent and perform to our potential,” he added. “We should measure our performance against a world-class standard. That’s the value of the AFSC Way.”

### The Methodical Approach

“It’s paramount we understand this model is not just about numbers on a board determining aircraft delivery,” George said. “It’s not about aircraft leaving Robins as quickly as possible ... it’s crucial that the production process flows the same way, every time. It’s about safety and a covenant with our workforce that puts in place measures to mitigate any risks.

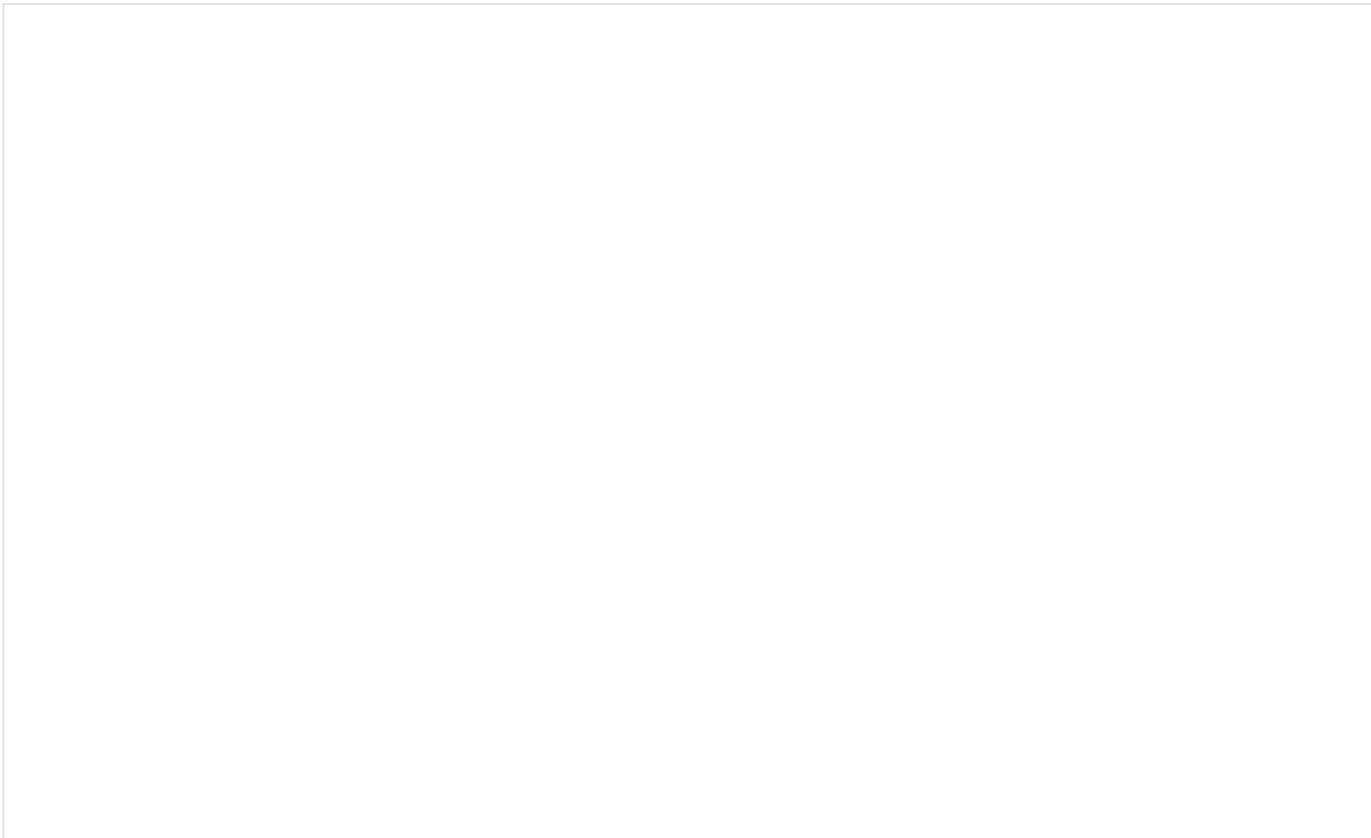
“And, it’s about delivering a quality product to our customers in the most cost-effective way possible,” he said. “It makes sure all four aircraft production lines – and eventually all of our production lines – operate in this scientific way.”

Keene agreed.

“The process works,” he said. “It’s up to the workforce to make it their own. It’s the only way we’re going to survive. If we decide we want to do well, and we want to be in an area where we grow and don’t lose workload, then each one of us has to decide this is where we want to go.”



**THINK OPSEC!  
PRACTICE IT  
AT WORK,  
HOME, EVERYWHERE.**



# From the Command Down

## Wingmen in action across AFMC

**BY KIM BOWDEN**

Air Force Materiel Command  
Public Affairs

**WRIGHT-PATTERSON AIR FORCE BASE, Ohio** – For many, “wingman” is just a buzzword or something discussed at stand-down days. However, Airmen across Air Force Materiel Command are putting the wingman concept into action.

“As AFMC continues to emphasize a culture of respect and resiliency, it’s important to remember that we all have a responsibility to be accountable for ourselves and to be accountable as a wingman,” said Jennifer Treat, AFMC Community Support Coordinator. “A good wingman stays alert for signs of danger from whatever source – whether suicide, safety mishaps, alcohol abuse, sexual assault, bullying, or something else; gets involved by knowing their fellow Airmen; and takes action when necessary to protect their wingman, on and off duty.”

In one example of successful wingman intervention, some coworkers and friends of an Airman received a frantic phone call from that Airman’s family saying the Airman was distressed and

had attempted suicide.

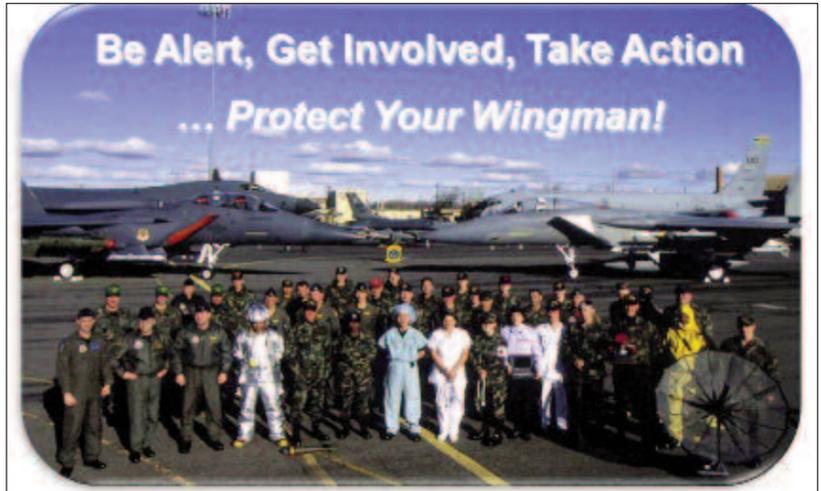
They immediately went to the Airman’s house and discovered the Airman had tried to overdose on prescription medication. One wingman induced vomiting while another called emergency services. Thanks to the prompt attention of the wingmen and emergency responders, the Airman received treatment and recovered. And, the Airman’s family was spared the loss of a loved one. Following the distressed Airman’s hospitalization, the wingmen continued to provide support.

In another situation, a vigilant wingman observed the medical distress of a fellow Airman. The Airman’s symptoms seemed life-threatening, and the wingman’s self-aid and buddy care training immediately kicked in.

The wingman instructed others to call for emergency assistance while he kept the Airman calm and safe.

Because of the life-saving actions of a concerned wingman, the Airman was transported to the local hospital and stabilized.

In yet another example, two wingmen were talking to a friend before the weekend, when the individual expressed thoughts of suicide.



Courtesy graphic

### Wingmen Wanted

AIRMAN AGAINST DRUNK DRIVING – 335-5218; 335-5236; 335-5238

EAP – 327-7683; 926-9516

The wingmen stayed in contact with the distressed Airman throughout the weekend and secured items which the Airman might have used for self-harm.

The following Monday morning, the wingmen escorted their friend to the Mental Health Clinic and secured

counseling services. Thanks to the wingmen acting on their concern, the distressed Airman was connected with the right helping agencies.

To read the full story visit <http://www.afmc.af.mil/news/story.asp?id=123402889>.

PLEASE  
RECYCLE THIS  
NEWSPAPER

# Robins military justice actions

*Nonjudicial punishment, pursuant to Article 15, Uniform Code of Military Justice, provides commanders an essential and prompt means of maintaining good order and discipline and also promotes positive behavior changes in service members without the stigma of a court-martial conviction. The punishments are determined based on the individual facts and circumstances of each case.*

## The following Airmen received NJPs in January:

►A 78th Medical Operations Squadron staff sergeant operated a motorcycle while drunk in violation of Article 111.

For this offense, the staff sergeant received a suspended reduction to the grade of senior airman, a forfeiture of \$304 pay for one month, and a reprimand.

►An Air Force Life Cycle Management Center captain didn't report to work at the required time in violation of Article 86 and was incapacitated for duty because of drunkenness in violation of Article 134. For those offenses, the captain received forfeitures of \$2,558 pay per month for two months, with \$1,279 pay



per month for two months suspended and received a reprimand.

►A 53rd Combat Communications Squadron senior airman did not report to work at the time required on three occasions in violation of Article 86. For those offenses, the senior airman received a suspended reduction to the grade of airman first class, 30 days extra duty suspended and a reprimand.

►A 461st Air Control Network Squadron technical sergeant misused his government travel card in violation of Article 92. For this offense, the sergeant received a suspended reduction to the grade of staff sergeant, 14

days extra duty and a reprimand.

## The following Airmen received NJPs in February:

►A staff sergeant from the 78th Logistics Readiness Squadron did not report to work at the time required in violation of Article 86 and made a false official statement in violation of Article 107. For those offenses, the staff sergeant received a suspended reduction to the grade of senior airman and a reprimand.

►A senior airman from the 78th Security Forces Squadron did not report to work at the time required in violation of Article 86. For this offense, the senior airman received a reduction to the grade of airman first class and a reprimand.

►A senior airman from the 12th Airborne Command and Control Squadron wrongfully used Temazepam, a Schedule IV controlled substance. For this offense, the senior airman received forfeitures of \$500 pay per month for two months and a reprimand.

— Courtesy 78th Air Base Wing Legal Office

## Counselor Connection Lessons learned from EEO

BY ROBINS OFFICE  
OF EQUAL OPPORTUNITY

When an employee with a disability insists that teleworking is the only effective accommodation but the essential functions of the job can't be done from home, he or she is not a qualified individual with a disability. The Equal Employment Opportunity Commission recently reiterated that point.

The complainant was a public utilities specialist with asthma. Her job was to manage the contract with the company that operates the Hanover nuclear power station. Her duties consisted of budget management, cost control, resource oversight, performance management, risk assessment and resource integration coordination, among other things.

When her physician suggested the desert climate in which she worked might aggravate her condition, she relocated and requested reasonable accommodation in the form of teleworking.

The agency offered accommodation in the form of telework two days per week from a closer location and was willing to explore other offsite accommodations. The agency also told her she could seek reassignment. The com-

plainant was unwilling to accept those alternatives and insisted her longstanding relationship with the contractor would allow her to perform her duties offsite.

The agency contended that a relationship of trust between the complainant and contractor was an essential part of the job. Even though the agency conceded the longstanding relationship with the contractor, it maintained she could not do the job in a location that would permit only infrequent visits to the worksite.

The commission found the complainant was not a qualified individual with a disability because the only accommodation she said was effective would not have allowed her to perform the essential functions of the job.

By insisting there is only one effective accommodation and rejecting other possibilities, employees may take themselves outside the definition of a qualified individual with a disability and become ineligible for accommodation.

**78th ABW/EO  
706 Ninth Street  
Bldg. 936  
Robins AFB GA. 31098  
926-2131  
DSN: 468-2131**

# A Better You

## HAWC teaches nutrition basics for healthier living

BY HOLLY  
LOGAN-ARRINGTON  
holly.logan-arrington@us.af.mil

When it comes to nutrition, the Health and Wellness Center is always whipping up a heaping serving of information to satisfy Team Robins' appetite for healthier living tips.

The HAWC is conducting the Military Nutritional Environmental Assessment.

"This assessment is a Department of Defense tool that looks at how the installation supports a healthy eating environment by grading whether or not our base food vendors provide healthy choices for those that desire them," Stuart Bapties, HAWC flight commander, said. "The assessment will be completed in March and briefed to local commanders before being forwarded to Headquarters, Air Force."

Bapties said the latest Air Force data shows unhealthy habits are costing Airmen and Defense Department civilians' in terms of health and wealth.

"The latest statistics from the Air Force Corporate Health Information Processing Service show that we have a high prevalence of overweight and obesity," he said. "Only 41 percent of Airmen are classified as being in a healthy weight range Air Force wide and that rate falls to 36 percent for Robins Air Force Base; additionally, data gathered through our Air Force Materiel Command Wellness site shows that 50 percent of our civilian workforce fall into the overweight category.

"The latest DOD Health Behavior Survey among Military Personnel reveals the economic impact on DOD is \$1.1 billion annually for medical care of active duty military members with obesity/overweight health problems," Bapties added. "Finally, concern for 'Physical Health' was identified as an issue for both Airmen and

civilians in the Robins results from the 2013 Air Force Community Assessment."

The HAWC helps Airmen and DOD civilians start with nutritional basics to build a firm foundation for a healthy lifestyle.

"A key part of all Health and Wellness Center nutrition initiatives is to educate our population on the basics of nutrition before advancing any further," Bapties said. "We ensure that our participants have a firm grasp of how to read nutrition labels and understand how to decipher them as they are often very confusing and can be overwhelming.

"We also teach appropriate portion control and how to track caloric intake and expenditure to assist with whatever nutrition goals our clients have."

**Editor's note:** For more information, contact the HAWC at 497-8480 or visit the center in Bldg. 827.

### TRICARE goes virtual

Did you know you can make medical appointments online at [www.tricareonline.com](http://www.tricareonline.com)? Here's how:

►Go to [www.tricareonline.com](http://www.tricareonline.com) and click "Log In."

►Log in with your Premium DS Logon, DOD CAC or DFAS myPay account. If you do not have an account click "Register."

►Select the feature you wish to explore:

**Appointment Center** - Schedule, view, set reminders and cancel primary care and select self-referral specialty appointments at a military hospital or clinic for you and your family.

**Blue Button** - Access personal health data. View, download or print your laboratory results, radiology results, vitals histo-

**Walk-in services at the 78th Medical Group TRICARE Service Center will end Tuesday.** The closure will happen at all Department of Defense military treatment facilities.

Find out more at [www.tricare.mil/TSC](http://www.tricare.mil/TSC). Medical Group patients still have secure, customer service options available through [www.tricare.mil](http://www.tricare.mil).

Beneficiaries who want to get personal assistance can call Humana for enrollment and benefits help. All health care,



ry, outpatient medication profile, allergy profile, problem list and encounters.

**Prescription Refill** - Request refills for military hospital or clinic pick up, check the status of prescriptions or link to the TRICARE Mail Order Pharmacy to schedule home delivery.

**Secure Messaging** - Link to access a robust bi-directional messaging capability to securely communicate with your health care team.

**Health Risk Assessments** - Submit your HRA online.

pharmacy, dental and claims contact information is located at [www.tricare.mil/contactus](http://www.tricare.mil/contactus).

Beneficiaries can get 24/7 TRICARE benefit information at [www.tricare.mil](http://www.tricare.mil) and make enrollment and primary care manager changes, and more online at [www.tricare.mil/enrollment](http://www.tricare.mil/enrollment).

Eliminating the TSCs will save about \$250 million over five years. Additional information is also available at [www.humana-military.com](http://www.humana-military.com).

### Airman & Family Readiness Center Classes, workshops & seminar schedule

►**Higher Education Track** - Thursday and Friday from 8 a.m. to 4 p.m.

►**DoL/TAP/VA Workshop** - April 7 through 11 from 8 a.m. to 4:30 p.m.

►**Financial Beginnings (First Term Officers)** - April 14 from 9 to 11 a.m.

►**Bundles for Babies** - April 14 from 8:30 a.m. to noon. (Call 478-327-8398 to register.)

►**Home Buying** - April 16 from 9 to 11 a.m.

►**Entrepreneur Training Track** - April 17 and 18 from 8 a.m. to 4 p.m.

►**Money and Credit Management** - April 17 from 1 to 3 p.m.

►**Interview with Confidence** - April 22 from 1 to 3 p.m.

►**Career Technical Training Track** - April 23 and 24 from 8 a.m. to 5 p.m.

►**Navigating USAJOBS & Resume Writing** - April 30 from 8 to 11 a.m.

►**VA Benefits Briefing** - April 30 from 8 to 11 a.m.

►**DAV Medical Records Review** - Appointments Only

►**Department of Labor** - Tuesdays and Wednesdays from 8 a.m. to 4:30 p.m.

►**MFLC** - Monday through Friday from 8 a.m. to 8 p.m.

►**PreDeployment Briefings** - Tuesdays and Thursdays from 1 to 2 p.m.

►**Survivor's Benefit Plan** - Monday through Friday from 7:30 a.m. to 4 p.m.

►**Group Pre-Separation Briefings (retirees)** - April 15 and 29 from 8:30 a.m. to noon.

►**Group Pre-Separation Briefings (separatees)** - Tuesday and April 22 from 8:30 a.m. to noon.

►**Right Start** - Wednesday and April 23 from 8 a.m. to 12:30 p.m.

**Editor's Note:** All classes require pre-registration.

For more information, call DSN 468-1256, commercial 478-926-1256 or visit Bldg. 794 Mondays through Fridays from 7:30 a.m. to 4:30 p.m.

# Out and About

**FRI 28 SAT 29 SUN 30 MON 31 TUE 1 WED 2 THUR 3**

**ON TAP**  
**Hook UP 2 Bowling Spring Break Session**  
 Monday through Thursday 9 to 11 a.m.  
 Bowling Center  
 Cost is \$99 for youth \$129 for adults  
 For details, call 468-2112.

**UPCOMING**  
**Murder Mystery Dinner Theater**  
 April 5  
 6 p.m. cocktail hour; 7 p.m. dinner  
 Museum of Aviation Century of Flight Hanger  
 \$29.95 per person  
 \$55.95 per couple

Performed by the Veteran's High School students  
 For details, call 468-3031.

**Father and Daughter and Mother and Son Dance and Dinner**  
 April 11  
 6 to 9 p.m.  
 Heritage Club Ballroom  
 Cost is \$15.95 per person  
 RSVP by April 7.  
 For details, call 472-7899.

**Wild Animal Safari**  
 Sign-up deadline is April 9  
 Activity is April 12  
 Adults - \$35  
 Children (3 to 12) - \$25

Price includes transportation, entry  
 For details, call 468-4001.

**Summer Camp**  
 Requests for care will be accepted through April 25.  
 Youth Center  
 For details, call 468-2110

**Fit & Healthy Family Fair**  
 April 19  
 10 a.m. to 2 p.m.  
 Youth Center  
 Egg Hunt starts at 1 p.m.  
 Free hot dogs, chips and water  
 For details, call 497-3418.

**Single Parent Retreat**

The Robins Chapel will host a Single Parent Conference for 20 single adults and their families April 11-13 at Moody Air Force Base.

The weekend is designed to meet specific family needs as single parents experience a memorable CAF Spiritual Pillar resilient

event, and meet other families. Children ages 6 -16 are invited to attend and participate in each of the sessions.

Two nights lodging, four meals and tickets to Wild Adventure Theme Park are included. Transportation is not included.

For more information, or to sign up, call Tech. Sgt. Erin Everhardt at 468-2821.



**KUDOS Kids Understanding Deployment Operations**  
**April 26 from 9 a.m. to 2 p.m.**  
 Children of military members 5 to 15 years old (must be accompanied by an adult)  
**Registration ends April 15**  
 For more information call DSN 468-1256 or commercial 478-926-1256.

