

CAC validation reminder

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461st ACW snags double honors

National Preparedness Month

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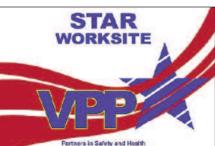
Robins unit earns 'Star Site' designation

The installation now has two OSHA VPP Star Sites.

The 402nd Maintenance Support Group was notified late last week by the Occupational Safety and Health Administration that it earned the Star Site designation – the highest level of recognition in OSHA's Voluntary Protection Program. It's the first industrial site in Air Force Materiel Command to achieve the classification.

The unit provides a wide range of industrial and engineering services for maintenance production groups in the Warner Robins Air Logistics Complex.

Those services include planning,



designing, installing, modifying, and maintaining and repairing ground support equipment; facilities maintenance; building and issuing tool boxes and kits; performing material, chemical and environmental laboratory testing and analysis; and managing the complex's energy program.

VPP builds on safety and occupa-

tional health programs already in place in businesses to help reduce workplace mishaps and improve the overall wellbeing of employees.

The 402nd Software Maintenance Group here became a Star Site in 2009.

Joe Harrison, director, and Johnny Jones, deputy director, told the MXSG employees, "Your hard work and dedication in this march toward the VPP Star is the reason we can claim this accomplishment."

"This achievement is a result of teamwork and partnership throughout the entire workforce; we're not only excited about this accomplishment but the future challenges that come with sustaining and improving the Star status," added Russ Mills, the support group's operations flight chief and VPP program manager.

To become a Star Site, OSHA spent several days in the unit touring facilities, meticulously reviewing safety and health records, and interviewing employees.

Dr. David Michaels, assistant secretary for OHSA, told the MXSG in a letter that it has joined an elite group of organizations that provide exemplary OHSA protection and serve as a model for others.

"Becoming a star site is a testament to the efforts to develop and implement VPP- quality safety and health management programs," he said.

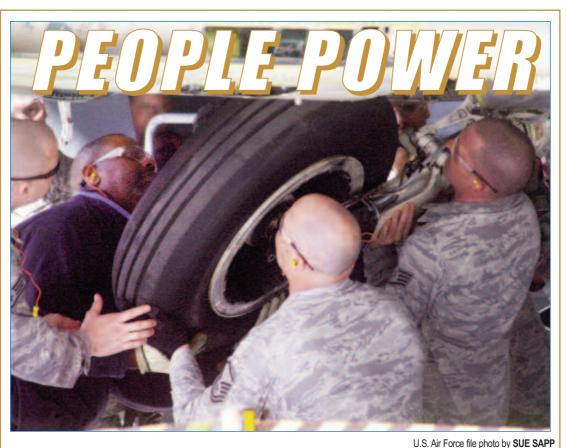
A Moment in Time

On Sept. 3, 1982, a \$4.85 million F-15 aircraft Final Assembly and Checkouts Facility was dedicated in a ribbon-cutting ceremony, officiated by then WR-ALC commander Maj. Gen. Cornelius Nugteren.





Base Ops construction The 78th Civil Engineer Squadron will close the Southside of Bldg. 110, Base Ops, beginning at 7 a.m. Saturday. The CE Horizontal Shop will be doing an emergency repair to replace the concrete to the access road. Work is expected to end on Thursday. Through traffic is not allowed. Parking near detour route will not be allowed due to entrance and exit of oversized vehicles following the detour pathway.



Robins Airmen (military and civilian) retract the landing gear into the fuselage of an F-15 before it's loaded onto a flatbed trailer for transport.

Robins reduces injuries during this year's 101 Critical Days

BY JENNY GORDON jenny.gordon@robins.af.mil

The 2013 Critical Days of Summer campaign ended Labor Day weekend.

The annual 15-week safety campaign traditionally begins during Memorial Day weekend in May, and seeks to raise awareness to practice safety during the long, summer months.

At Robins during the entire 15-week summer campaign, Airmen accounted for 24 off-duty injuries.

There were 39 during the same period in 2012.

Of 24, there were six mishaps which occurred at home; three of which resulted in mishaps resulting in days away from work, restricted or transferred duty – referred to as DART.

AAFES Service Station

The Robins Service Station is currently undergoing construction which involves heavy machinery. Some traffic congestion is expected during the construction which is expected to last through Oct. 7. Everyone is asked to keep safety in mind and be cautious when entering the Service Station and Firestone area. Minimal disruptions to the fuel pumps and Firestone are expected, and no closure is anticipated.

Leaders cite Airmen as bedrock in new core mission document

The effectiveness of Air Force airpower comes directly from the power of Airmen. While it's natural to define the Air Force in terms of aircraft, missiles, or satellites, in reality, the service's unmatched capabilities exist only and precisely because of the imagination, innovation and dedication of its people.

Since World War I, Airmen have stood for and pioneered new and innovative ways to shape the fight and reinvent the battle itself. Whereas pre-Kitty Hawk warriors relied on breaking through fortified lines on the ground, Airmen have always sought to go over, not through, those fortifications to defeat our enemies and achieve the nation's objectives.

This spirit of innovation, of seeing problems from an alternative perspective, is in our culture, in our heritage, and in every Airman – active, Guard, reserve and civilian – regardless of his or her specialty or role. Airmen characteristically view security challenges differently – globally, without boundaries. We focus on deterring war and, when called upon, leading the force to victory by providing integrated airpower operations that achieve desired results with less risk to people and equipment.

The Air Force's competitive advantage begins with its ability to recruit, develop and retain innovative warriors with strong character, a belief in respect for others, and a commitment to high standards, and our core values of Integrity First, Service Before Self, and Excellence In All We Do. Even though the Air Force has become significantly smaller since 1947, our Nation has maintained an asymmetric airpower advantage because Airmen continue to lead the way in integrating military capabilities across air, space and cyberspace. In the face of an unknown and unpredictable future, the American military's ability to conduct successful joint operations is enhanced by the power of Airmen.

Editor's note: This is the second entry of a nine-part series from Chief of Staff of the Air Force Gen. Mark Welsh's office.

Four were auto accidents, two of which were DART, and 14 were from sports and recreation (eight DART).

According to the 78th Air Base Wing Safety Office, in 2013 the Air Force experienced 19 fatalities through week 14.

Many of the mishaps involved members who were off-duty, operating a private motor vehicle or motorcycle.

Seven of the mishaps involved motorcycles; the other 12 involved sports and recreation incidents (two drownings), and miscellaneous mishaps.



U.S. Air Force photo by PAUL WENZEL

Richard Morgan, 78th Civil Engineer Group electrician, works on the fire alarm control panel in Bldg. 282. The 78th CEG currently has three fire alarm repair projects under construction in Bldgs. 300, 282 and 963.

Fire suppression systems being replaced

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

The 78th Civil Engineer Group along with the U.S. Army Corps of Engineers has been working diligently on projects across Robins to update building fire suppression or sprinkler systems.

Ongoing work to be aware of includes construction around Peacekeeper and Warner Robins Street, to include Defense Logistics Agency warehouses in Bldgs. 393, 395 and 396.

The work involves the replacement of the existing fire suppression systems, with new dry pipe sprinkler systems and construction of new sprinkler riser rooms – the area where fire sprinkler systems are located, according to Stefanie Dawson, Design Flight chief with the 78th CEG. There will be demolition of old pump houses, and construction of new pump houses, she added.

The work also includes replacement of the underground water supply piping for the fire suppression system.

Other facilities where the Corps is replacing existing fire systems include Bldgs. 340, 351, 368, 376, 380, 385, 641 and 660.

In addition, there will be selective demolition of the some of the building's existing sprinkler systems for both wet and dry pipes, added Dawson.

On another note, funding totaling more than \$2 million has been received to update, repair and replace fire alarm systems inside 20 buildings during the next calendar year.

Page Two RECOGNIZING EXCELLENCE



U.S. Air Force file photo by MASTER SGT. ROGER PARSONS Senior Airman Stephen Carson, 461st Air Control Wing, waits for the signal to pull the chocks from the nose gear on an E-8 Joint STARS prior to launch.

461st ACW snags second Meritorious Unit Award

16th ACCS named Airborne Battle Management Crew of the year BY JENNY GORDON jenny.gordon@robins.af.mil

The 461st Air Control Wing at Robins Air Force Base has won its second Meritorious Unit Award.

The award recognizes active duty, Reserve and Guard organizations for outstanding achievement or service in direct support of combat operations. The 461st ACW stood up in October 2011.

The Air Force Association also honored the wing's 16th Airborne Command and Control Squadron's Combat Crew Three with the Airborne Battle Management Crew of the Year Award.

The crew awards honor outstanding AWACS or Joint Stars aircrew's battle management contributions to the U.S. Air Force and air power.



Conducting around-the-world operations in support of six combatant commands, Cyr said Team JSTARS is ready whenever it's needed.

"During the course of the year, there were up to 100,000 American and coalition forces in harm's way in Afghanistan – JSTARS was there every day," he said. "Every combatant commander had some type of problem out there in the world, and JSTARS was on watch, ready to help."

No stranger to awards and honors, Team JSTARS took home the 2012 Air Force Maintenance Effectiveness Award, Category I, Small Aircraft Maintenance, in support of six combat commanders across the globe. They were also recognized as one of the big "25 (2012) biggest breakthroughs" by C4ISR Journal. JSTARS' Mission Maintenance Trainer, a simulation program which has experienced a 100 percent mission-capable rate while training and testing thousands of air crew members, was also named Air Combat Command's Simulation Training Program of the Year for 2012. The team also earned Excellent ratings during ACC's phase II Operational Readiness Inspection.



Name: Senior Airman Brittany Satterfield Work title: Entry Controller Unit: 78th Security Forces Squadron Hometown: Senoia, Ga. Number of years in federal service: 2

What does your work involve at Robins? "Ensuring that civilian personnel get to work safely."

What do you enjoy most about your work? "How it makes my coworkers and family feel."

How does your work contribute to the Robins mission? "I show up and do what I am told. I help other Airmen who need help; if you take care of each other, the mission will be completed."

What prompted your interest in your current career? "I was a veterinarian technician for two years prior to joining the military. I joined to be involved with the



U.S. Air Force photo by MISUZU ALLEN

K-9 program."

What's something people would be surprised to know about you? "That I am 22 ... and that I've broken my hip."

Who has been the biggest influence in your life? "My mother. She's been my rock. With any situation, she's been there to help me."

What is an accomplishment you are most proud of? "Making it through tech school after breaking my hip. Then getting to Robins and being selected for promotion below-the-zone."

The Integrated Delivery System team at Robins is conducting a "Hunt the Good Stuff" campaign throughout September.

Based on one of the many skill sets being taught in the new Comprehensive Airman Fitness program, the campaign's



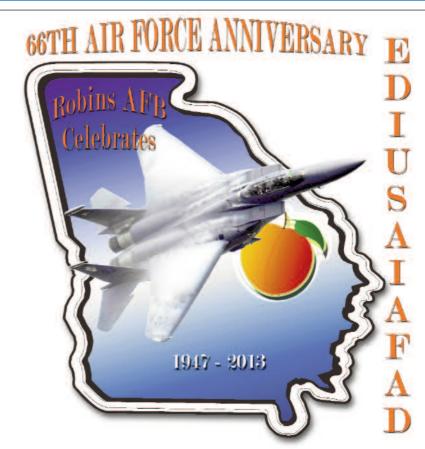
goal is to cultivate gratitude, and to build optimism and positive thinking.

By hunting the good stuff, it's finding things we are thankful for each day, and encouraging everyone to focus on the positive side of life.

What are you thankful for?

"I love my job. I feel I have the best job in the Air Force. I get to interact with Airmen, civilians and family members because we offer so many programs. We can see progression in people and also that our programs are working. It gives you a good feeling at the end of the day."

- Tech. Sgt. Lisa Hembree, Health and Wellness Center NCOIC



Col. Henry Cyr, 461st ACW commander, said the organization's excellence begins with individual successes at each level, which were built upon to help earn the overall unit award.

"Not only do you have individual Airmen doing superb work, you find that when they come together as a team ... as a crew ... they're the best in the Air Force," he said.

"It was a great year, and I'm immensely proud of their success. It's impressive to be part of an organization that consistently excels," he added. "To stop for a moment and reflect on all of the pieces that come together to earn an award at this level is a wonderful opportunity."

The 461st ACW, working in partnership with the 116th Air Control Wing, form Team JSTARS.

The 461st ACW includes more than 1,300 active duty members and civilians who operate the E-8C Joint Surveillance Target Attack Radar System.

The airframe is an airborne battle management, command and control, intelligence, surveillance and reconnaissance platform whose primary mission is to provide surveillance and targeting in support of attack operations. Quoting the 9th Air Force commander, Cyr said, "If you need to find the bad guys, just call JSTARS."

Looking ahead amid fiscally-challenging times, Cyr said the team will continue to do all it can with its resources to support combatant commands as needed.

"It's been hard work the last few years with demands on our members," he said. "This year was busy, but next year will be busy as well. "They always are."

Sept. 21 at 6 p.m. Museum of Aviation Century of Flight Hangar

Guest speaker Carl Swearingen Tickets on sale through Sept. 16 \$35 for E-7 and GS-09 and above. \$20 for E-6, WG and GS-07 and below. For tickets call Capt. Bradley McNamara at 472-2813.

Buckle up ... It's the Law



Raising hazard awareness during National Preparedness Month and beyond

BY ROBINS EMERGENCY MANAGEMENT DIVISION

Since 2004, the nation has observed September as National Preparedness Month.

Every year, Americans focus on how best to prepare themselves, their homes, businesses, schools and communities for local disasters.

If you've seen the news recently, you know that emergencies can happen unexpectedly to communities just like ours.

Whether naturally occurring, man-made, or technological emergencies threaten the safety of our personnel and jeopardize mission accomplishment.

The role of the Installation Office of Emergency Management is to aid Air Force families by equipping them with the knowledge, skill, and ability to take the appropriate actions when faced with these events.

The division engages with newly assigned Team Robins military and civilian members by providing a Base Emergency Preparedness Orientation briefing which highlights natural disasters, major accidents and human-caused events which could affect the base and the local area.

The Air Force "Be Ready" Awareness Campaign – developed by the Air Force Civil



UPCOMING EVENTS

In support for September National Preparedness Month, the Emergency Management Division, has several events planned throughout the month; "Be Ready" information tables will be set-up at the following locations:

- ►Sept. 13 from 10:30 a.m to 1:30 p.m. at the Commissary
- Sept. 20 from 10:30 a.m to 1:30 p.m. at the Base Exchange
- Sept. 27 from 10:30 a.m to 1:30 p.m. at Wynn Dining Facility

Engineer Center – ensures our community has the knowledge needed to prepare for, respond to, and recover from any emergencies.

Through the continuous efforts of our local "Be Ready" campaign, the base will raise awareness concerning hazards which might affect everyone, thereby strengthening the resilience of our community.

Emergency managers will be on hand at events throughout the month to provide and communicate hazard and basic awareness information and help develop an emergency supply kit, make an emergency plan, and join in local efforts to become a partner in preparedness.

The Emergency Management Division is also available to conduct five- to 10-minute emergency preparedness briefings during unit commanders calls.

The end goal is to foster a culture of preparedness for the installation.

For more information on the campaign, contact Mark Martinez, Emergency Management Division chief, at 497-8728 or visit the Air Force "Be Ready" page at www.beready.af.mil.



MAFFS C-130s deploy to California to aid firefighting effort

BY MAFFS AIR EXPEDITIONARY GROUP PUBLIC AFFAIRS

BOISE, IDAHO – The U.S. Forest Service, through the National Interagency Fire Center, has ordered the three MAFFS aircraft operating at Boise Air Tanker Base to move to McClellan Air Tanker base near Sacramento, Calif., to assist the wildland firefighting effort in the western United States.

In a request made Aug. 26, the Forest Service also extended the military Modular Airborne Fire Fighting System mission through Sept. 30.

Five MAFFS aircraft are currently activated.

Two are from the California Air National Guard's 146th Airlift Wing, and are operating from their home base at the Channel Islands Air National Guard Station in Port Hueneme, Calif.

Three others – two from Air Force Reserve Command's 302nd Airlift Wing at Peterson Air Force Base, Colo., and one from the North Carolina Air National Guard's 145th Airlift Wing, based in Charlotte, N.C., have been part of the MAFFS squadron operating from Boise.

Aircraft operations at Boise ended yesterday, but the command element for MAFFS will remain at Gowen Field here to coordinate with the National Interagency Fire Center.

Since their initial activation June 11 to fight forest fires in southern Colorado, MAFFS aircraft have made 494 drops using 1,253,631 gallons of fire retardant.

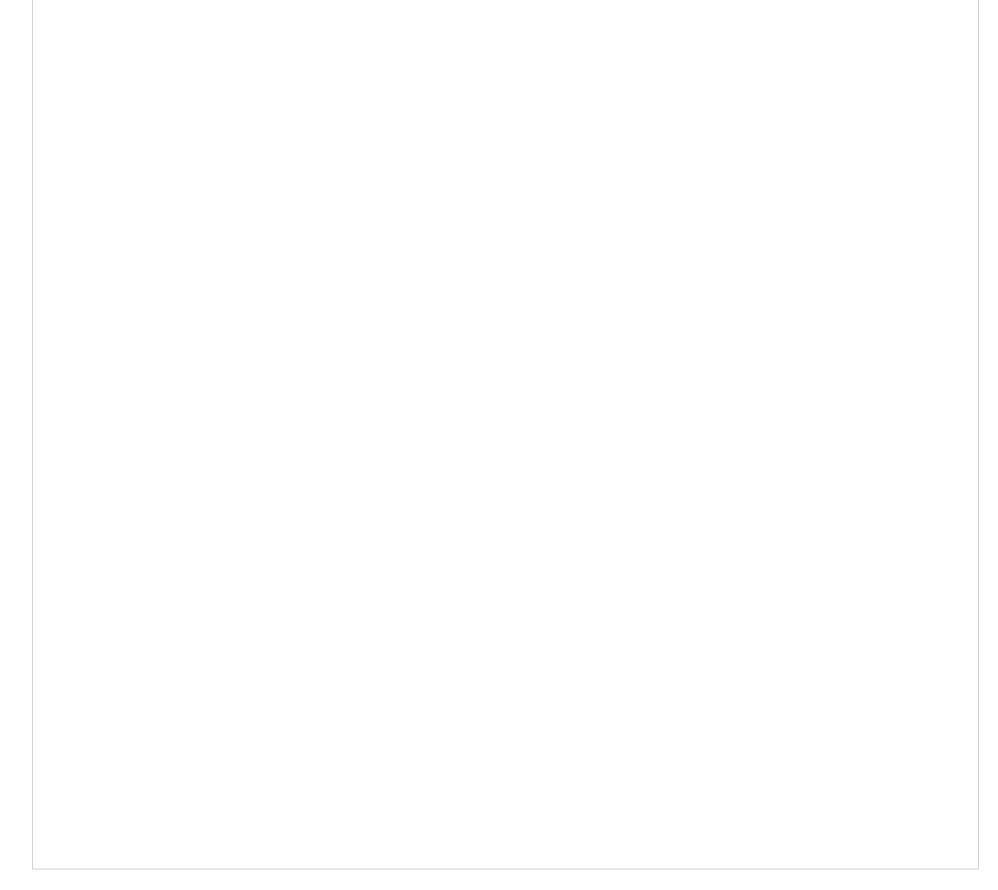
This summer, they've fought fires in Idaho, Oregon, Wyoming, Colorado, Utah, Arizona, California and Nevada.

MAFFS is a self-contained aerial firefighting system owned by the Forest Service.

C-130 aircraft with MAFFS modules loaded into their cargo bays follow Forest Service lead planes, and military aircrews can discharge 3,000 gallons of water or fire retardant along the leading edge of a forest fire in less than five seconds, covering an area a quarter of a mile long by 100 feet wide.

Once the load is discharged, ground crews at a MAFFS tanker base can refill the modules in less than 12 minutes.

Editor's note: An interagency Defense Department and Forest Service program, MAFFS provides aerial firefighting resources when commercial and private air tankers are no longer able to meet the Forest Service's needs. A military air expeditionary group exercises control over MAFFS resources at the Forest Service's direction.



FORCE

National commission reviews AF 'life-cycle' manpower costs

WASHINGTON (AFNS) - With a shrinking defense budget, increasingly consumed by manpower-associated costs, the Air Force of the future may be determined by how much we can afford, according to the Air Force Reserve's top officer. He stressed that finding how much an Airman's career costs through their "life-cycle" of active and reserve service is important.

The National Commission on the Structure of the Air Force interviewed senior defense leaders past and present on Aug. 27, to review the fully-burdened life-cycle manpower costs of active duty, Air National Guard and Air Force Reserve Airmen.

"The Air Force Reserve supports the Reserve Forces Policy Board findings that the cost of a Reserve Component member is about one-third that of their Active Component counterpart," said Lt. Gen. James Jackson, chief of Air Force Reserve and commander of Air Force Reserve Command.

Appointed by the fiscal 2013 National Defense Authorization Act, the commission is reviewing the Air Force's structure to determine if and how it should be changed to meet future missions and funding challenges. The commission's report and recommendations are due to the president by Feb. 1.

Numerous studies have analyzed manpower costs, but the Department of Defense and various think tanks have yet to agree. If the commission can help establish the right cost model, they will be able to recommend to Congress the most cost-effective and operationally efficient ratio of Active and Reserve Component forces.

To read more, visit www.af.mil.

AF tuition assistance application window delayed for fiscal 2014

WASHINGTON (AFNS) - Airmen applying for tuition assistance in fiscal 2014 will see several changes in both eligibility for and administration of the program.

Due to these changes, the application window for classes beginning on or after Oct. 1 will not open until Sept. 9 to allow for system updates.

The program is applicable to Guard and Reserve only when they are activated.

The cornerstone of the Air Force's fiscal 2014 program will be supervisor involvement. Airmen who apply for TA will be required to obtain supervisor approval for all requests. Supervisors may deny requests for Airmen in any level of upgrade training, if the Airman will be TDY or will be PCSing during the academic term, if the Airman is enrolled in PME or for any other factors the supervisor determines would impede the Airman's ability to complete the course.

Requests for TA for foreign language courses will only be approved if they are part of a degree or are on the approved language shortage list. TA will not be approved for Airmen seeking a degree at the same



Happy landing

Senior Airman Justin Gordon, 52nd Operations Support Squadron assistant noncommissioned officer in charge of survival, evasion, resistance and escape training, completes a static line jump at Spangdahlem Air Base, Germany. Gordon participated in the training to maintain his qualifications and also reenlisted prior to the jump.

U.S. Air Force photo by AIRMAN 1ST CLASS GUSTAVO CASTILLO

level they currently hold, with a few exceptions in support of certain graduate foreign language and affairs programs, cyber law master's degrees and multiple Community College of the Air Force degrees for Airmen who hold multiple enlisted Air Force specialty codes.

"Air Force leaders worked very hard to develop a TA program that provides the best opportunities for Airmen and meets Air Force needs. Higher education continues to be a cornerstone of Airmen's development at all levels," said Kimberly Yates, the Air Force Voluntary Education chief. The Air Force instruction for voluntary education will be rewritten to reflect these changes.

Failing to meet Air Force standards will impact an Airman's eligibility. TA requests from Airmen who have unfavorable information files, failed or overdue physical fitness testing, received referral performance reports or are on a control roster will automatically be denied.

To read more, visit www.af.mil.

Passport, VISA mandatory before overseas PCS

JOINT BASE SAN ANTONIO-RANDOLPH, Texas - The number of Airmen and families moving overseas without the proper passport or VISA is increasing, according to Air Force Personnel Center officials.

This costs Airmen time and money during a permanent change of station, and it's a waste of Air Force funds as well.

"Airmen and family members who PCS without the required passport or VISA are being stopped at immigration and are not allowed to enter a country or being deported shortly after arriving in country," said Master Sgt. Andrea Hall, operations support division superintendent.



U.S. Air Force photo by AIRMAN 1ST CLASS ALYSTRIA MAURER

Taking aim

Airman 1st Class Samantha Rule, a command administrator assigned to the 28th Bomb Wing Staff, takes aim at a target during the opening of the new archery range at Ellsworth Air Force Base, S.D. The 28th Force Support Squadron separated the archery range from the trap and skeet area to allow both facilities to be used simultaneously, while giving Airmen a bigger range and more options.

To help amend this issue, military personnel sections must ensure Airmen and family members have the proper clearance documents in hand prior to final out-processing. Otherewise departure is not authorized.

To read more, visit www.afpc.af.mil.

BY BRANDICE J. O'BRIEN

Tinker Public Affairs

In a time where budget constraints and sequestration pose bumps, uneven pavement and reconstruction in the Department of Defense, Air Force Sustainment Center senior leadership has mapped a detour.

With support from personnel, the center is traveling the "Road to \$1 Billion." To date, the center is on its way to getting there, having already saved more than \$600 million.

Presented at the tactical level, the "Road to \$1 Billion" is an internal goal to focus on savings and cost avoidance. Sequestration drives a \$500 billion reduction across the DOD over a 10-year period, which breaks down to \$50 billion a year. The Air Force's piece of that is estimated at \$12 billion a year. To achieve a lofty goal, officials said the Air Force needs to be more effective.

"It's pretty amazing. Every organization has contributed," said Ross Marshall, AFSC executive

director. "Air Force Sustainment Center Commander Lt. Gen. Bruce Litchfield and I are so proud of everyone for taking on the initiative to save money."

In late December, Litchfield and Marshall discussed tactical maneuvers to achieving cost avoidance and savings within the sustainment center, a \$16 billion business. They proposed a \$1 billion goal and asked personnel to submit projects and plans that showed a cost avoidance or savings.

The initiative kicked off in January, but they allowed savings that had been recognized since the start of fiscal 2013 to be incorporated into the plan.

Though there are guidelines and qualifiers, the various wings and complexes are encouraged to offer cost-savings proposals and projects. The financial management directorate lines up the criteria and computes the cost analysis. If there are savings, the total is added to the "Road to \$1 Billion" tally.

"We have to change our mindset from operating in a war-time environment scenario to peacetime and

training environment," Marshall said. "We have to redefine what readiness means and what costeffective readiness means."

Continuous process improvements and rapid improvement events have helped tremendously. But, so have changing buyingapproach processes. In the past, supply chain managers often went to original equipment manufacturers to buy engine or aircraft parts. Now, they're shopping around to different suppliers for a better price. The modification has saved nearly \$300 million.

"I expected the maintenance complexes and supply chain management wings to jump in and claim most of the success. They're the biggest drivers, but I was pleasantly surprised by the involvement of everybody," Marshall said. "The air base wings, staff offices and support offices took hold of it and said, 'We're going to be a part of it too, and we're going to do everything we can to help.' Seeing every organization contribute is a great tribute to the people of the sustainment center."

Robins' contributes \$74.4M to the journey

BY JENNY GORDON jenny.gordon@robins.af.mil

Every penny counts in today's budget- conscious environment.

That's why Robins is doing its share - to the tune of \$74.4 million - to make sure it's operating responsibly when it comes to spending money.

A 'Road to \$1 Billion' plan, implemented earlier this year by Lt. Gen. Bruce Litchfield, Air Force Sustainment Center commander, seeks the goal of finding ways to be more efficient and cost effective when it comes to doing business across Air Force Materiel Command bases.

Data available since the beginning of fiscal 2013, shows what Robins has contributed toward that plan. The \$74.4 million has been saved installation wide, according to Greg Huttner, Financial Management director of the Air Force Sustainment Center's operating location at Robins.

ROBINS REV-UP

COMMANDER Col. Christopher Hill

HOW TO CONTACT US

Robins Public Affairs 620 Ninth Street, Bldg. 905 Robins AFB, GA 31098 468-2137 Fax 468-9597

SUBMISSION GUIDELINES

Submissions must be received by 4 p.m. Wednesday, the week prior to the requested Friday publication. They should be e-mailed to

lanorris.askew@ robins.af.mil and

vance.janes@robins.af.mil

Submissions should be of broad interest to the base populace. For information, call Lanorris Askew at 472-0806.

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To report delivery issues, call 472-0802.

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INTERNAL INFORMATION CHIEF **Geoff Janes**

EDITOR Lanorris Askew

PHOTOGRAPHERS Sue Sapp Tommie Horton Ed Aspera Misuzu Allen **Raymond Crayton**

STAFF WRITERS Jenny Gordon Holly Logan-Arrington

On the Fly

The Air Force employs security forces to provide base security, protect personnel/equipment/property and promote safety. To support this effort, the 78th Security Forces Squadron will hold a **"Safe, Secure, Protect Campaign" Monday through Sept. 13.**

The intent of the campaign is to showcase security forces presence and to deter unsafe and criminal activity. You can expect to see an increased security forces presence around the installation – checking seatbelt, cell phone use, etc. Security forces will ensure emphasis on road safety in particular does not impact your mission.

Robins will host a free five-day Protocol Course Monday through Sept. 13 from 8 a.m. to 5 p.m. in the 116th Air Control Wing's Mission Support Bldg. 2094N security forces classroom 183.

Sixty seats are available for the course which will be taught by Maggie Bonner, Air Force Protocol and Special Events coordinator.

The course is recommended for anyone in a position that may deal with O6s or above as well as those who can be trained as squadron and group subject matter experts for functions that require protocol knowledge to include changes of command, retirements, etc.

There will be an Executive Dining Skills lunch in the Heritage Club Ball Room, that will be less than \$9 per person.

This expense is not a reimbursable expense. There may also be a landing fee

that will cover refreshments, which will be determined soon.

This is a first-come, first-serve course. To participate, email Ryan Prosperie, Installation Protocol chief, ryan.prosperie@us.af.mil.

The Robins POW/MIA Memorial

Organization will host a recognition ceremony Sept. 19 at 3 p.m. in the Museum of Aviation's Hangar 1.

Retired Lt. Col. Crawford Hicks – a World War II B-17 pilot who was a German prisoner of war prisoner held captive in a German Stalag for 11 months during World War II – will be the guest speaker.

A 24-hour Vigil Run will kick off the recognition beginning at 3 p.m. Sept. 18 at the Museum of Aviation. Organizations can sign up now for time slots. This is the time to honor the memory of thousands of our nation's heroes who did not return home. This will also be a great team-building event.

Run times will be in 15 minute increments. Since this is a great opportunity at team building, you are more than welcome to bring your office, flight, section, division, family, pets, etc. You may walk or run at your pace. The goal is to keep the baton/flag moving the entire 24-hours.

For more information on the ceremony, contact Senior Master Sgt. Shawn Page at shawn.page@ang.af.mil. To sign up for the Vigil Run, contact Master Sgt. Wilbert Terrell, wilbert.terrell@robins.af.mil.



U.S. Air Force photos by ROLAND LEACH

Palace Acquire Graduation

Above, Rene Esquivel, right, speaks with local media following the Palace Acquire/Student Career Enhancement Program graduation here Aug. 22. Palace Acquire is an internship program which provides recent college graduates a unique door into a career with the Air Force. Esquival was one of 11 Palace Acquire trainees – all of whom were raised in middle Georgia, recruited from local colleges and universities, and will work at Robins now that they have completed the program.



CAC Validation Schedule

U.S. Cyber Command has issued an order directing all Robins-2K network users, including those who have migrated to the Air Force Network, to perform a face-to-face Common Access Card validation. Any network account not validated by Sept. 13 will be disabled. A user with a disabled account will not be able to access the network. It will take about seven to 10 business days to have disabled accounts re-enabled. All personnel must present their CAC for validation on one of the dates and at one of the locations listed below. For assistance, call 468-4357.

Today ▶7 a.m. to 1 p.m. at the Base Restaurant ▶7 a.m. to 4 p.m. in the Bldg. 228, Main Lobby

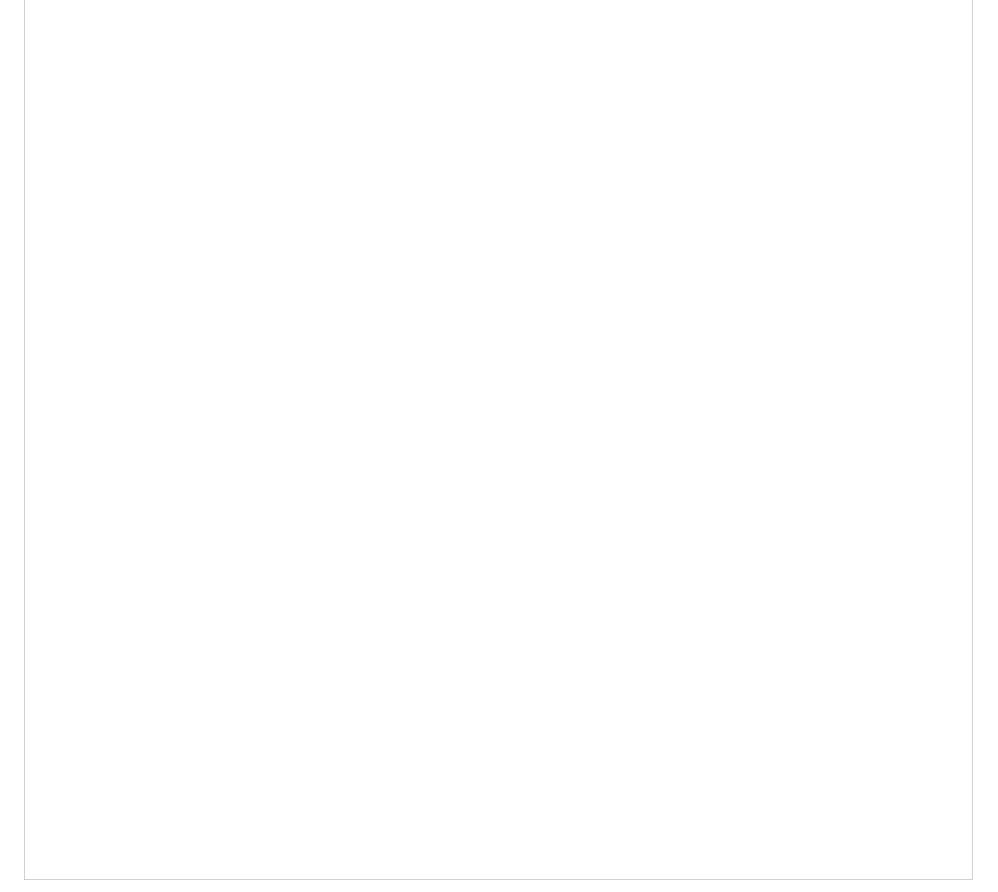
<u>Saturday</u>

▶8 to 10 a.m., Bldg. 228, Main Lobby

Make-up sessions Monday through Thursday ▶7 a.m. to 4 p.m. at the Base Theater and in Bldg. 228, Main Lobby



U.S. Air Force photo by ED ASPERA **Robins Air Force** Base workers conduct "face-to face" Common Access Card validation at the Base Restaurant Aug. 28. U.S. **Cyber Command** has issued an order directing all **Robins-2k network** users to validate their CAC cards by Sept. 13.



Georgia's summer of the mosquito

BY 1ST. LT. SARAH HILL Public Health Officer

If you've spent any time outdoors at dusk you undoubtedly spent the majority of your time swatting at mosquitoes.

Georgia is experiencing a particularly bad mosquito season due the mild, wet winter, and the large amount of rainfall this summer.

Robins' Public Health and Civil Engineering Pest Management teams have been working closely together to ensure mosquito populations on base are kept at reasonable levels to prevent discomfort, and most importantly disease.

Cases of West Nile Virus are increasing each year in Georgia, and we urge everyone to take precautions to minimize their exposure to mosquitoes.

One of the most effective ways to reduce mosquito populations is to eliminate pools of standing water which serve as breeding grounds. Think about unclogging gutters, disposing of old tires in the yard, and emptying outdoor flower pots regularly.





U.S. Air Force photo by JENNY GORDON Pest control works alongside public health after it's determined where to spray in areas where mosquito counts have exceeded a threshold.

Also, mosquitoes are mainly out during dawn and dusk, so be mindful of dress and when you're outdoors. Long sleeved shirts, socks, long pants, light colors, and wide-brimmed hats are best to protect you from being bitten.

The use of DEET applied to the skin is one of the most effective measures against mosquitoes. The Centers for Disease Control recommend a repellent with 10 to 25 percent DEET.

Throughout the spring, summer and into fall, Public Health sets mosquito traps at designated locations across the base. Mosquitoes are then counted, identified, and tested for specific diseases. The number of insects present determines if the use of pesticides is needed.

However, fogging is only done when there are a large number of mosquitoes in the traps, as any use of chemicals should be the last resort.

Although these blood suckers are annoying, they're vital to the environment as they aid in waste elimination, plant growth, and are a food source for fish and other aquatic animals.

Air Force reminds Airmen to avoid hemp seed products

Recent news reports on the Air Force's prohibition of a popular yogurt brand spotlighted a regulation, in effect since the late 1990s, aimed at ensuring military readiness.

Recently, military members were told to avoid a Chobani yogurt called "Blueberry Power Chobani Flip" because it contains hemp seeds and walnuts that can be mixed into the yogurt.

Chobani since stated they will remove the ingredient from this product, according to the Air Force Surgeon General's office.

"The Air Force has a long-standing policy in place that prohibits military members from ingesting any product, regardless of manufacturer, that contains or is derived from hemp seed or hemp seed oil," said Capt. Adam Koudelka, legal advisor for the Air Force Drug Testing Laboratory, Air Force Medical Operations Agency, Lackland Air Force Base, Texas. "Military members are not prohibited from ingesting other products not containing or derived from hemp seed or hemp seed oil."

The prohibition is



explained in Air Force Instruction 44-120, paragraph 1.1.5, as well as AFI 44-121, paragraph 3.2.2, which states, "Studies have shown that products made with hemp seed and hemp seed oil may contain varying levels of tetrahydrocannabinol (THC), an active ingredient of marijuana which is detectable under the Air Force Drug Testing Program.

"In order to ensure military readiness, the ingestion of products containing or products derived from hemp seed or hemp seed oil is prohibited."

Koudelka emphasized each military member is individually responsible for ensuring he or she is compliant with the policy, and failure to do so is a violation of Article 92 of the Uniform Code of Military Justice.

If an Airman is found to have consumed hemp seeds or oil, they can be punished for disobeying the regulation, according to Gregory Girard, deputy director of administrative law, Office of the Judge Advocate General.

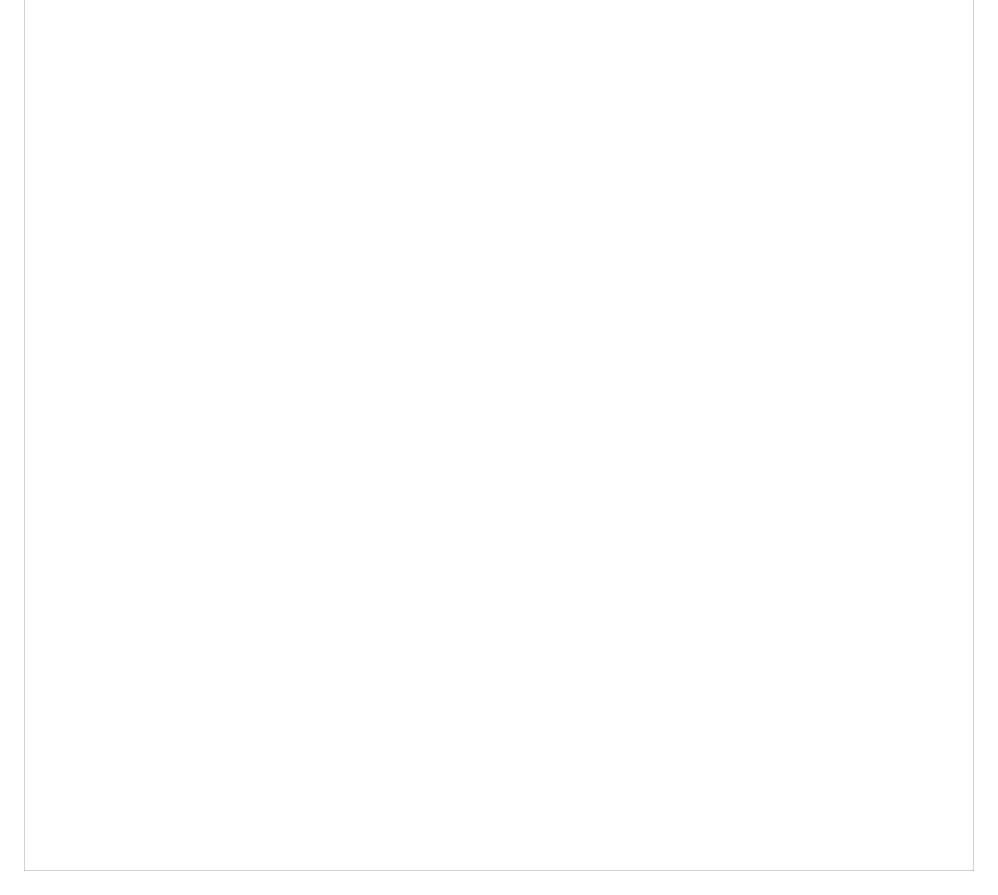
Reading labels is the best practice, because the ingredient can be contained in myriad products available in health food stores and throughout consumer markets.

"Air Force military members should be mindful that products containing hemp seeds can be found at health food stores, including health food stores and commissaries located on military bases, and therefore the best policy for Airmen to follow is to be vigilant about what they put into their body," Koudelka said. A good practice is to read product labels prior to consumption to see whether the product contains hemp seed or hemp seed oil.

- Courtesy Air Force Surgeon General's Office



STRAIGHT TALK HOT LINE Up-to-date information during base emergencies 222-0815



Family Matters: Programs, classes keep Airmen, their families healthy inside, out

WHAT TO KNOW

The Family Advocacy

Outreach manager provides brief

informational presentations for

groups interested in anger man-

agement, stress management,

and healthy teen relationships.

Family Advocacy is located in

Bldg. 700. Office hours are 7:30 a.m. to 4:30 p.m. Some programs

are offered at other locations and

most classes and programs, base

access is required. Call 327-8398

at various times during the day,

evenings, and weekends. For

for information or to sign up.

couple communication, parenting,

BY HOLLY LOGAN-ARRINGTON holly.logan-arrington@us.af.mil

When Joe Harbin decided he needed help managing his anger, he wanted to go to someone he could trust.

After seeing a group from Robins Air

Force Base's Family Advocacy office give a presentation on their programs and reading a brochure on its Anger Management class, Harbin, an Ordinance Equipment mechanic in the 78th Logistics Readiness Squadron's Munitions Flight, knew Family Advocacy was his best option.

"Classes began at a reasonable time to allow participation at the end of my shift," he said. "My wife, Debbie, agreed to attend with me, which eased any anxiety I may have had

going into the class. Our instructor told us first thing about keeping participation confidential. With no cost involved, I felt like there was nothing to lose and everything to gain."

The Anger Management class is just one example of the classes and programs Family Advocacy offers to keep Airmen, Defense Department civilians, and others eligible for their services healthy.

Mary Hodgkins, a Family Advocacy

officer in the 78th Medical Operations Squadron's Mental Health Flight, said the Family Advocacy program is in place to build healthy Air Force communities.

"Health and wellbeing are based on strong relationships at work, at home and in our community," she said. "Family Advocacy offers resources to enhance communication, enrich relationships, and strengthen the skills needed to meet the

challenging and changing roles of today's Airmen."

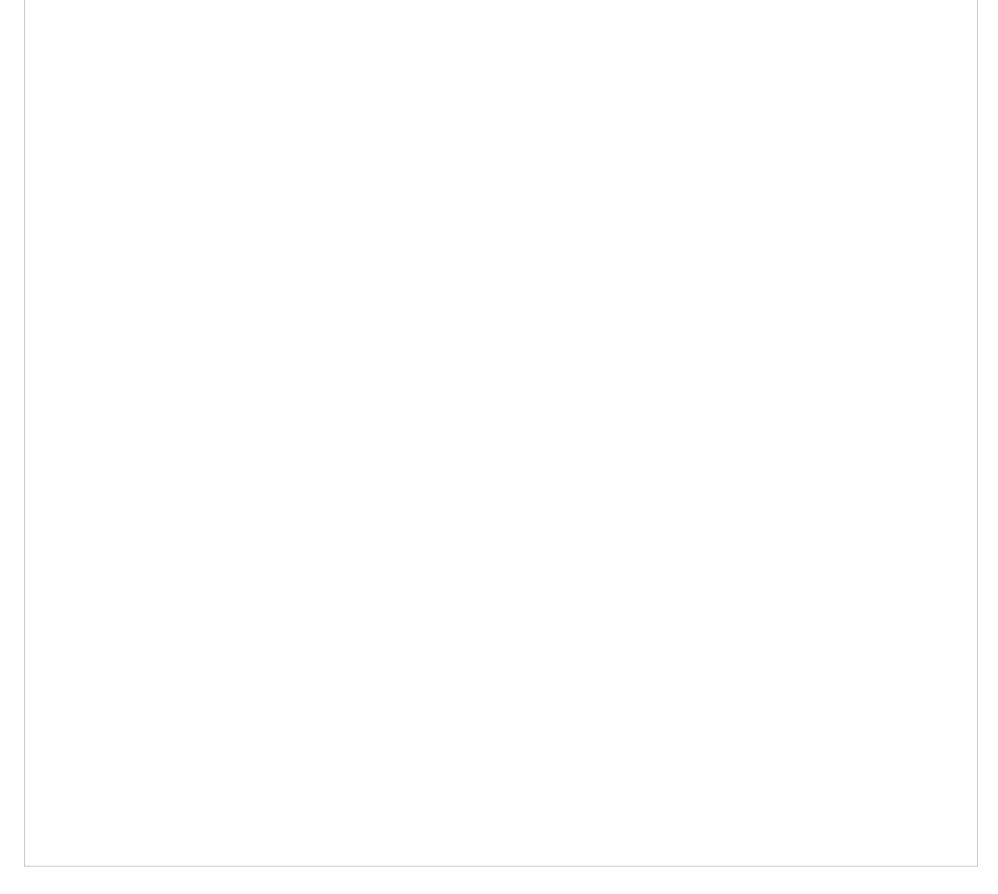
While most classes are offered on base and require base access, some are conducted off base and are open to all.

Gift of life

U.S. Air Force photo by ED ASPERA

Maj. Scott Bradley, Air Force Reserve Command, donates blood during the Armed Services Blood Program drive here Aug. 20. The ASBP plays a key role in providing quality blood products for service members and their families in both peace and war. The next ASPB blood drive will be XXXXX.







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LIKE US ON FACEBOOK 78TH FORCE SUPPORT SQUADRON

Mini Hotdogs Broccoli Salad

Cost:

Menu:

\$11

Option #1: Chef Salad

Option #2: Hamburger Silders

Pasta Salad

Dessert: Bulld-Your-Own Sundae

RSVP now at www.robinsosc.com/rsvp

* Who is eligible for membership in the Robins OSC? Spouses of active duty and retired officers and warrant officers of all branches of service, including Guard and Reserve; parents in residence with sponsor; surviving or divorced spouses of officers or warrant officers with an active dependent ID card; spous-

es of civilian employees, level GS9 or above; and spouses of honorary commanders, as designated by the installation commander.