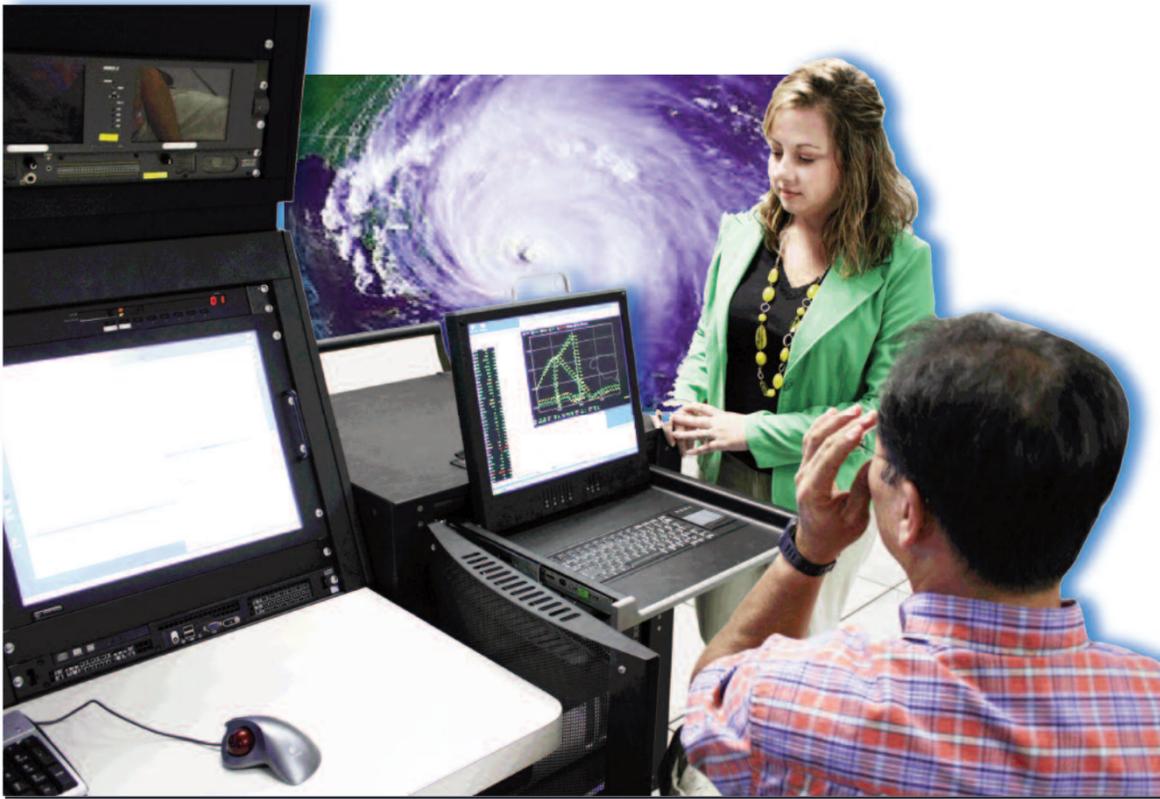




# ROBINS REV-UP

July 27, 2012 Vol. 57 No.30

## Helping Hurricane Hunters Weatherbird software maintained at Robins



U.S. Air Force photo illustration

Stephen Lee, test lead engineer, and Aimee Hunt, configuration manager and document specialist, look at an aircraft position plot on the 580th Software Maintenance Squadron's Aerial Reconnaissance Weather Officer test station.

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

The next time you're watching the weather and get reports on the latest hurricane in the Atlantic Ocean or Gulf of Mexico, know the information is supported by local experts.

The Aerial Reconnaissance Weather Officer, ARWO, also known as Weatherbird software, is maintained by a team here. The team also supports Ground Based Station software at the National Hurricane Center, in Miami, Fla., and Keesler

Air Force Base in Biloxi, Miss.

ARWO mission software is used on WC-130J "Hurricane Hunters," operated by the 53rd Weather Reconnaissance Squadron at Keesler. ARWO is one of many software and communication lines used aboard the aircraft, which collects data used to provide information such as storm intensity.

The WC-130J team, so named after the aircraft, includes six members who also spend half their time maintaining the

▶ see HURRICANE, 2

## Local AFMC org changes explained

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

Responsibilities and reporting changes are occurring throughout Air Force Materiel Command as part of its transition to a five-center construct in response to a challenge from the Department of Defense to find efficiencies and save tax dollars.

At Robins, those changes include several AFMC organizations which now report primarily to one of two areas – the Air Force Sustainment Center at Tinker Air Force Base, Okla., which was activated July 10, and the Air Force Life Cycle Management Center at Wright-Patterson Air Force Base, Ohio, which was activated July 20.

For example, the following program offices in the former Aerospace Sustainment Directorate here have remained in place but now report to respective program executive offices at the AFLCMC:

- The C-5 Division, C-17 Division and Tactical Air Division report to the Mobility Directorate.

- The F-15 Division reports to the Fighters/Bombers Directorate.

- The Special Operations Forces/Personnel Recovery Division, Predator/Reaper Branch

▶ see CHANGES, 2

### NEWS

#### YOU CAN USE



#### Flags at half staff

The flags at Robins flew at half-staff earlier this week as a mark of respect for the victims of the Colorado theater shooting.

The President ordered flags to be flown at half-staff from July 20 through Wednesday at sunset on all federal buildings and naval vessels throughout the United States and abroad.

#### AFRC Change of Command

Air Force Reserve Command leadership will change hands Monday at 9 a.m. when Lt. Gen. James Jackson takes command from Lt. Gen. Charles Stenner Jr. during a ceremony at the Museum of Aviation's Century of Flight Hangar.

Jackson, who is currently deputy to the chief of Air Force Reserve, Headquarters U.S. Air Force, Washington, D.C., will become chief of Air Force Reserve and commander of Air Force Reserve Command.

Stenner, who has served as chief of Air Force Reserve and AFRC commander since June 2008, is set to retire.

For more information, call DSN 472-5999 or commercial 478-222-5999.



## Stormwater study identifies areas of improvement

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

Robins recently conducted a basewide stormwater drainage study to identify and develop solutions to its existing drainage system.

The study, which began in 2008, identified 10 priority areas across the base which, upon completion, will eliminate or reduce flooding by storm waters, particularly on

the flight line and roadways on the southwest side of the base where traffic is heavy.

Proposed improvements include the upgrading or replacement of existing pipes, abandonment of existing pipes, installation of additional pipes or box culverts, the steepening or reversal of existing pipe gradients, widening of existing drainage ditches, installation of lightweight bridges, and

other projects.

One priority area is located on the flightline between Taxiways B and H. Any standing water can affect aircraft and airfield operations, said Kenneth Scruggs, 778th Civil Engineer Squadron project manager. The study's solution includes the installation of a box culvert to provide added capacity for drain pipes in the area, as well as replacing old drainage.

Other projects, some possibly projected to start as early as this year or as late as 2020, would repair or replace existing storm drains, refurbish retention ponds, install new culverts, and repair or replace channels along heavy-traffic roads.

All proposed project areas include drainage of water that will eventually empty into the Ocmulgee River watershed.

## IMAs step up for critical workload

BY JENNY GORDON

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There are many roles to fill in the Air Force Reserve – from the traditional reservist to the Air Reserve technician.

One role in particular is that of the Individual Mobilization Augmentee. Their efforts provide an invaluable resource that supports virtually every mission in the Air Force. The IMA workforce is as diverse as the jobs they perform.

At Robins, there are currently 171 IMAs assigned to carry out various duties in critical areas such as aircraft maintenance, acquisition, engineering, contracting, personnel and installation management.

IMAs are seasoned veterans who maintain their training and competencies to be prepared to support critical operations when the call comes. As its name implies, these men and women provide important experience and knowledge to

the units they are assigned, and can be ready to work whenever and wherever their assistance is needed.

Master Sgt. Anthony McCranie is a former IMA with the Defense Logistics Agency, and is currently an air transportation craftsman with the 78th Logistics Readiness Squadron.

A former member of the Army National Guard, the Rhine, Ga., native explained it's the flexibility of being an IMA he enjoys most.

"That's probably the number one draw for everyone," he said. "Instead of having one set weekend per month traditionally, we work with an active duty supervisor to schedule our training and annual tour."

"It's not a well-known program," he continued. "It's a very small part of the Reserve community. You see IMAs every day, but you don't know who they are. Many people



U.S. Air Force photo by SUE SAPP

Master Sgt. Anthony McCranie sits in the driving cab of a 25K loader. He is an IMA air transportation craftsman with the 78th Logistics Readiness Squadron.

▶ see IMA, 2

# Page Two

## HURRICANE

Continued from 1

EC-130J Commando Solo software. The GBS software used on the aircraft allows the user to view what the ARWO sees while in the air collecting data. The system can handle data from and track up to five aircraft.

The software was transferred to Robins in April 2011; it was formerly maintained by Lockheed Martin.

The team from the 580th Software Maintenance Squadron includes Khristine Vullo, project software manager; Jim Belcher, Alex Chen and Michael Vining, software developers; Aimee Hunt, configuration manager; and Stephen Lee, test lead engineer.

“It feels great to be part of a project that is vital to saving lives and property,” said Vullo.

Lee admitted he gets a kick out of watching Hurricane Hunter specials on television, realizing how amazing and important the technology is. He explained that being able to see graphs and trends through the software allows experts to predict and interpret data in multiple ways.

His primary responsibility is to ensure that the software works as expected; in particular, it does not adversely affect other functions.

The team performs software modifications as needed, maintains and implements automated test scripts, and performs live testing off-site in coordination with the NHC and Keesler, all while keeping up with the latest software development tools in the field.

One example of what the team does includes implementing and maintaining changes to the software’s message structure as defined by the National Oceanic and Atmospheric Administration. Data collected by WC-130J equipment is processed by the software into weather messages, which includes vortex (hurricane eye), reconnaissance, high density observation and dropsonde buoy observations.

As a plane is flying within a tropical storm or hurri-



U.S. Air Force photo by TECH. SGT. JAMES PRITCHETT

**WC-130J Hurricane Hunter aircraft are flown by members of Air Force Reserve Command’s 53rd Weather Reconnaissance Squadron at Keesler Air Force Base, Miss.**

cane, the software is monitoring and capturing weather-related data, which is displayed on a screen numerically and graphically. The aircraft then transmits this data to ground-based stations, and NOAA makes the data available online for everyone, including forecasters and meteorologists at the NHC.

Another example of the software is performing checks on a course-correction indicator. Maintaining and testing this feature allows the ARWO to correctly

convey to the pilot where he should fly to find the center of a storm.

Being a part of such an important mission is not lost on the team, which is currently working to build a local software integration lab for development and testing purposes.

“We are honored and privileged to be sustaining software that has tremendous success in predicting tropical storms and hurricanes,” said Vullo.

## IMA

Continued from 1

may have heard of them, but don’t really know what they do or where they fall within the Air Force.”

McCranie has held a full-time civilian job here for many years and is a program manager with War Reserve Materiel, working in an area that supports deployment activities. As an IMA, he’s a Reservist assigned to an active

duty squadron.

A supply management craftsman with the 560th Aircraft Maintenance Squadron, Master Sgt. Geraldine Lovell will retire in September after 26 years of service. She was active duty Air Force for 12 years, and has served at Robins for the past eight after transferring from another unit as a traditional Reservist.

IMAs work with civilian and military supervisors, and enjoy a flexible schedule under the approving nod of those they work for.

“My primary focus at Robins is to

provide support equipment to the maintenance wing mechanics and technicians, and ensure they accomplish their mission to return aircraft to the warfighter on time and under budget,” said Lovell.

James Depew is a civilian logistics manager in F-15s in the 409th Supply Chain Management Squadron. He recently deployed to Kabul, Afghanistan, where he was responsible for reviewing, validating, verifying and coordinating financial and equipment-related transactions between U.S. forces, all coalition

forces in country, and Afghan Defense forces.

“As an IMA, I came to Robins in 2003, and am currently with the GRU SOF office as the superintendent (chief master sergeant),” said Depew. “I’ve accomplished tasks from performing verifications and inspections for major modification programs to engaging in personnel management actions.”

IMAs will continue to serve across the force. They will also continue to play important roles in the Team Robins of the future.

## CHANGES

Continued from 1

and U-2 Division report to the ISR/SOF Directorate.

■ The Support Equipment and Vehicles Division, Automatic Test Equipment Division and Electronic Warfare and Avionics Division each report to the Agile Combat Support

Directorate.

■ The Specialized Management Division reports to the Armament Directorate; and the Command & Control, Intelligence, Surveillance and Reconnaissance and JSTARS program offices report to the Battle Management Directorate.

Meanwhile, the newly-designated Warner Robins Air Logistics Complex, the 78th Air Base Wing, 448th Supply

Chain Operations Wing (which includes the 638th Supply Chain Management Group at Robins), as well as Financial Management, Contracting, Personnel and Engineering Operating Locations, and the Small Business Office report to the AFSC.

“There has been significant planning and preparation for this reorganization in order for it to be as seamless as pos-

sible for the personnel affected,” said Wendy Johnston, the complex director of staff. “At the forefront of our planning we’ve tried to ensure we mitigate any negative impact to our customers.”

The five-center construct will reduce and consolidate overhead, and improve the way AFMC does its mission and support to the warfighter. The effort will reportedly save about \$109 million annually.

# NEWS FROM AROUND THE AIR FORCE

## Air Force running goes digital

Beginning Sept. 1, Air Force medical officials will take new strides to get Airmen running safely.

The Air Force Telehealth Office will conduct a six-month study to investigate the outcome and efficiency of online running instruction.

The study will examine the effectiveness of a newly-developed set of computer-based training modules that is currently in the final stages of testing and expected to be available to Airmen soon, officials said.

One year ago, Army leadership banned the use of "toe shoes" during in-uniform physical training sessions, after encountering a change in Soldier's clothing habits.

Air Force policies have taken a slightly different turn. While no running technique is officially endorsed or any particular style of running or running shoe mandated, officials said they recognize that wear of minimalist shoes, with flat, flexible soles that lack traditional cushioning, has increased among Airmen. To prevent injuries among those who make the transition on their own accord, an education program will offer basic instructions so that service members can transition safely and effectively.

To read more, see [www.af.mil](http://www.af.mil).

## Top AF scientist: 'Airmen key to cyberspace success'

The chief scientist of the Air Force outlined the service's future in cyberspace Tuesday during the Air Force Association's monthly breakfast in Arlington, Va.

Dr. Mark Maybury said Cyber Vision 2025 is the Air Force's vision for assuring cyberspace advantage, and like all Air Force missions, Airmen are the key.

"These Airmen are the high performers ... we want to be able to predict who is going to be in the top 10 of that environment so we can attract, develop and retain them," Maybury said.

According to Maybury, selecting highly qualified Airmen to provide recommendations about the vision and future will assure the cyber advantage across all of our missions.

"Without the right talent, we are not going to be able to do anything," he said.

To read more, visit [www.af.mil](http://www.af.mil).

## Air Force's national museum to receive NASA's 1st Crew Compartment Trainer

After many months of intensive planning, the first steps have been put in motion to move NASA's first Shuttle Crew Compartment Trainer from Johnson Space Center to the National Museum of the U.S. Air Force.

CCT-1, which was one of three trainers built to train astronauts for space missions, is scheduled to arrive

## Global Reach



U.S. Air Force photo by AIRMAN 1ST CLASS MAURICE HODGES

**A 509th Bomb Wing B-2 Spirit receives fuel from a 22nd Air Refueling Wing KC-135 Stratotanker. The 509th can launch B-2 sorties directly from Missouri to any spot on the globe.**

at the museum, at Wright-Patterson Air Force Base, Ohio, later this summer.

For more than 30 years, CCT-1 was housed in Johnson Space Center's Space Vehicle Mockup Facility in Houston. It was used to train crews from STS-1 through STS-135 as a high-fidelity representation of the Space Shuttle Orbiter crew station. Using the trainer, astronauts learned how to operate many of the orbiter sub-systems in more than 20 different classes.

In order to prepare the more than 24,000-pound trainer for its flight to the museum, engineers first needed to design a specialized adapter to allow it to be transported on NASA's Super Guppy aircraft. According to Jill MacGregor, Space Vehicle Mockup Facility mockup manager, planning to move an object that wasn't designed to be moved again after it had arrived at Johnson Space Center has proven quite challenging.

"The most difficult part of moving the CCT-1 is coordinating all of the different parties involved," said MacGregor. "You've got folks from Johnson Space Center transportation who are going to box-up all of the small items; you've got JSC Riggers who do all of the lifting and the truck moves; you have aircraft loadmasters and engineers who have to be involved with how to orient the trainer into the aircraft, how to chain it down and how to analyze all of the loads to make sure it flies safely."

To read more, visit [www.af.mil](http://www.af.mil).

## Panetta lauds first international F-35 delivery to U.K.

After a meeting earlier this month with the United Kingdom's top defense official, Defense Secretary Leon Panetta lauded an important milestone in the U.S.-U.K. defense relationship.

British Defense Secretary Philip Hammond will take the first international delivery of an F-35 Joint Strike Fighter, Panetta told reporters at a Pentagon news conference.

"The United Kingdom was the first partner nation to join the F-35 program and has been a tremendous partner throughout the development, testing, and the initial production," the secretary added.

For details, see [www.defense.gov](http://www.defense.gov).

## Load 'em up

Senior Airman Jonathan Gonzalez inspects an AIM-9 Sidewinder air-to-air missile during a quarterly weapons load crew competition at Nellis Air Force Base, Nev. The load crew competition gives the crews an opportunity to display their skills for the wing. Gonzales is assigned to the 757th Aircraft Maintenance Squadron.



U.S. Air Force photo by AIRMAN 1st CLASS MATTHEW LANCASTER

## Perspectives

### Airman's quick response

#### LETTER TO THE EDITOR

I would like to take a moment to tell you about an incident that happened July 17. As we were all coming to work, an automobile and motorcycle accident occurred on Ga. Highway 247, just north of the Air National Guard Gate.

I pulled up as the "smoke was clearing" and observed a female military member coming to the aid of the motorcycle rider, who was laying in the middle of the road.

I went over to the two of them and asked several questions to ensure we had the right information for the emergency responders. That's when I met Tech. Sgt. Tracie Gross.

Gross was doing everything she could to comfort the motorcyclist during his time of distress. I recognized the motorcyclist as a Robins employee as well, and in talking with him remembered he is a civilian in the 78th Civil Engineer Squadron. His name is Randall Markham.



Courtesy photo

**Tech. Sgt. Tracie Gross, 128th Airborne Command and Control Squadron, comforts Randall Markham, 78th Civil Engineer Squadron, following a motorcycle accident July 17.**

While waiting for paramedics to arrive, Gross sat down on the ground behind Randall, and allowed him to lean back on her.

I heard her talking to and comforting him the whole time.

After the paramedics had loaded Randall in the ambulance, Gross came over and gave me her phone number, and asked me to please call her and let her

know how Randall was doing.

This great wingman warmed my heart with her actions. It also made me even prouder to be a part of the Robins family, to know we have people of the caliber of Gross protecting our freedom each day. I salute her.

— Roger Hayes

*Warner Robins Air Logistics Complex Director of Safety.*

### 'ART OF POSSIBLE'

#### Team Sustainment:

On July 18, we completed the last of 12 ceremonies necessary to stand up the new Air Force Sustainment Center – an historic undertaking that requires us to meet the demands of our operational customers, while at the same time making strides to satisfy our national priority for efficiency gains.

Consisting of eight mission-focused wings located at Hill, Tinker, Scott and Robins Air Force bases, AFSC is 32,000 Airmen strong (military and civilian), all dedicated to sustaining mission capable and ready weapon systems. While we have a new name, and new teammates, our mission remains constant: We are the Air Force lead for global sustainment support. We have an enormous mission, with even greater expectations. To meet these expectations, we are going to embrace a philosophy centered on delivering "art of the possible" results. Through process improvements efforts, disciplined resource management and leadership supporting our innovative workforce,

we will improve the speed and quality in the products and services we deliver to the warfighter, as well as enhance workforce safety ... while seeking the most cost effective manner.

Mission success depends on everyone making it better tomorrow than today, and that begins with teamwork. Championship teams are created when individuals pull together as one, and though our team is big, this creates more opportunities to learn and grow together. My role as the AFSC commander is to enable success at every level within the organization. In short, my job is to help everyone be successful as we generate airpower.

Each of you has an important role within AFSC. Together, we play a critical part in the defense of our great Nation. I'm excited about our future ... and what we can do for our nation when we deliver on the "art of the possible."

— By Lt. Gen. Bruce Litchfield, AFSC commander

## ROBINS REV-UP

COMMANDER  
Col. Mitchel Butikofer

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### SUBMISSION GUIDELINES

Submissions must be received by 4 p.m. Wednesday, the week prior to the requested Friday publication.

They should be e-mailed to [lanorris.askew@robins.af.mil](mailto:lanorris.askew@robins.af.mil) and [vance.janes@robins.af.mil](mailto:vance.janes@robins.af.mil)

Submissions should be of broad interest to the base populace. For information, call Lanorris Askew at 472-0806.

### DELIVERY

To report delivery issues, call 472-0802.

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# On the Fly

## MOA seeks volunteers

The Museum of Aviation is seeking volunteers who can help visitors during their visits, including explaining what's in the Museum and how to get there.

Volunteers receive training and usually work with another volunteer until they feel comfortable with the duties.

"Volunteer shifts are from 9 a.m. to 1 p.m. or 1 p.m. to 5 p.m.," said Dan Hart, Museum of Aviation volunteer coordinator. "We especially need people for Saturday mornings, and Saturday and Sunday afternoons."

The museum needs volunteers to man four exhibit buildings every day except Easter, Thanksgiving, Christmas and New Year's Day, and after 1 p.m. on Christmas and New Year's eves.

Last year, more than 600,000 visitors came to the museum from across the United States and many foreign countries.

Those interested in finding out more about volunteering should contact Hart at (478) 926-4242 or email dan.hart@museumofaviation.org.

## Upcoming

The Middle Georgia Chapter of the Armed Forces Communications and Electronics Association will host a **free Information Technology Expo** Wednesday from 9:30 a.m. to 1:30 p.m. at the Heritage Club.

Attendance is free to all DoD, government and contractor personnel with a security clearance.

Refreshments will be served.

Come view the latest state-of-the-art technologies from more than 25 companies including: 4K Solutions, AFCEA Middle Georgia Chapter, Anixter, ATEC Inc., Cxtec, Eaton Wright Line, Fiber Instrument Sales, Graybar, HP, Jupiter Systems, Kardex Remstar, Maxcell, MLC CAD Systems SolidWorks, Newark, Panasonic, Panduit, Plantronics, Quantum Data, Techni-Tool, Technical Innovation, Tektronix, Test Equity, Wolfvision, World Wide Technology, Xerox Corp. and more.

No federal endorsement is intended or implied.

For more information call 1-877-332-3976 or 1st Lt. Michael Love at 201-5154.

CivilianJobs.com will host a **Career Expo Thursday** from 10 a.m. to 2 p.m. at the Heritage Club.

Early registration begins at 9 a.m.; floor exhibits open at 10 a.m. All military and prior military may preregister online at [www.CivilianJobs.com](http://www.CivilianJobs.com) to be matched with companies based on career and geographical preferences.

National and regional opportunities include: management, medical, driving, engineering, sales, administrative, aviation, customer service, law enforcement, logistics and maintenance.

Veterans and prior military who are non-ID Card holders will be granted access to attend the job fair if their name is on the Entry Authorization List.

If you're a veteran and

are not a current ID card holder, you must pre-register at

[www.CivilianJobs.com](http://www.CivilianJobs.com) and email the following information no later than Wednesday to [cbranning@civilianjobs.com](mailto:cbranning@civilianjobs.com): First and last name, birth date, state of driver's license issuance and driver's license number.

For more information, call (678) 819-4153.

**Come honor the 2012 staff sergeant selectees** at a Hawaiian style Luau in the Heritage Club Ballroom Aug. 3 at 3:30 p.m.

Grab a lei and your grass skirt and let's hula. Open bar, great food and amazing fun. The event will be one for the ages. Cost is \$20 for selectees and free for all others.

**The 4th Annual "Feds Feed Families" Food Drive runs through Aug. 29.** FFF is a voluntary effort undertaken by federal employees to bring non-perishable food items to their offices for distribution to local food banks. The 2012 goal for the Air Force is 348,000 pounds.

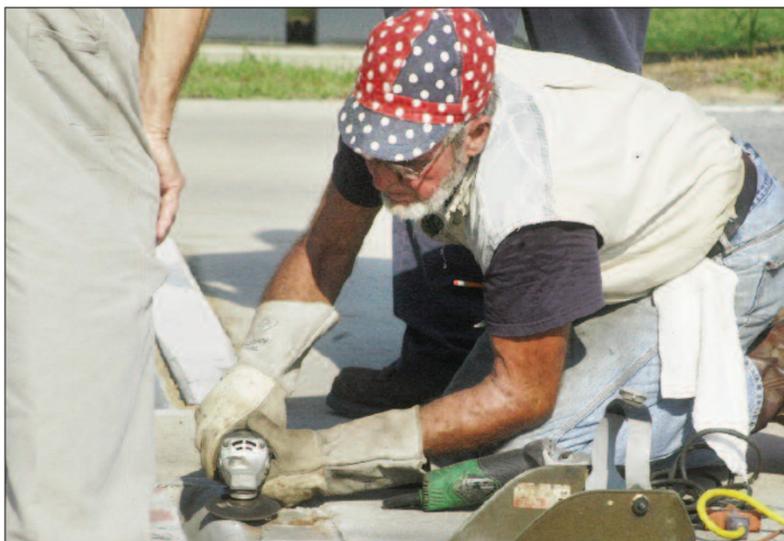
For more information, call 1st Lt. Alicia Harvey at 472-5553 or visit [www.fedsfeedfamilies.gov](http://www.fedsfeedfamilies.gov).

## Et cetera

To have a leave recipient listed here, email Lanorris Askew at [lanorris.askew@robins.af.mil](mailto:lanorris.askew@robins.af.mil).

**Shane's Rollin' Rib Shack is now open on base.**

The black and red trailer with its unmistakable "smoke shack" logo is located in the parking lot



U.S. Air Force photo by SUE SAPP

## Back to the grind

In an effort to look after the safety and welfare of Robins motorists, and in particular motorcycle riders, an inbound lane at the Russell Gate was blocked Tuesday for repairs to a pop-up barrier. The problem has been a recurring issue, where a piece of metal pops up. The barriers are still under warranty and according to Scott Hastings, the base is working with the manufacturer to resolve the problem.

## Air Force workers can find help here

Finances & Work-Life Balance	Airman & Family Readiness Center	926-1256
Health and Wellness Education	Health and Wellness Center	327-8480
Health Screenings	Civilian Health Promotion Services	327-8030
Work, Personal or Family Issues	Employee Assistance Program	(800) 222-0364
Work Stress, Psychological Issues	Organizational Consulting Office	327-9803
Mental Health & Substance Abuse	Houston Healthcare	922-4281
Unplanned Pregnancy	Houston Healthcare	922-4281
Suicide Prevention	National Suicide Prevention Lifeline	(800) 273-8255
Sexual Assault & Victim Advocacy	Sexual Assault Response Coordinator	926-2946
Crime Victim Advocacy	Victim Witness Assistance Program	327-4584

**AFMC Wellness Support Center — [www.afmcwellness.com](http://www.afmcwellness.com)**

next to Bldg. 2066 on Blunk Drive.

Hours are Mondays through Fridays from 10:30 a.m. to 2 p.m.

For more information, call Margie Daniel at 929-3110 or 747-6744.

Robins continues to partner with **The Clean Air Campaign** to help reduce local traffic and air pollution.

To participate, visit [www.logyourcommute.com/TeamRobins](http://www.logyourcommute.com/TeamRobins).

To assist in **reducing alcohol-related incidents**, the 78th Force Support Squadron is offering a designated driver program at the Heritage Club, and Pizza

Depot.

For groups of two or more, designated drivers will receive free fountain soft drinks, fruit juices or non-alcoholic frozen drinks. To learn more, call 468-2670.

Also, Airmen Against Drunk Driving provides rides free of charge to any Robins DoD ID card holder. Coverage is from Perry to Macon.

For a free, anonymous ride, call 472-0013.

**The U.S. Postal Service Contract Unit** in Bldg. 910 is open Mondays through Fridays from 10 a.m. to 2 p.m.

For more information, call Roy Williams at 229-332-0098.

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**Aug. 2 & 6**

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**Where**

**Base Theater**

**Time**

**7 - 10 a.m.**

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- ▶ Traditional Reservist Program
- ▶ Palace Chase
- ▶ Palace Front

For more information, contact Master Sgt. Kimono Akins at 497-7367, 327-7327 or [Kimono.Akins@robins.af.mil](mailto:Kimono.Akins@robins.af.mil)



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U.S. Air Force photo by SUE SAPP  
 L-R, Fred Babcock, Robins Bowling Center janitorial technician, holds a ladder for Rick Catlett, maintenance manager, to check on some cable during renovations of the On Spot Cafe.

# Renovations mean better service at On Spot Cafe

BY HOLLY LOGAN-ARRINGTON  
 holly.logan-arrington@robins.af.mil

The On Spot Cafe is cooking up changes to the restaurant, aimed at keeping customers happy.

The café, which opened as part of the Robins Bowling Center in 1964, is receiving new floors and new walls to enhance, upgrade and modernize the eatery.

A reorganized cooking line with new equipment was designed to improve customer flow and service.

Additionally, the cafe will receive an upgraded and modernized front service counter and new menu boards to better serve its customers. Reconfigured seating with new furniture will complete the new look.

Tessie Price, On Spot Cafe manager for more than 20 years, said the updates are long overdue.

“I feel that modernization of a facility is a key to the success of any business,” she said. “We hope this renovation will improve our quality of service, and that our customers will

## RENOVATION OPERATING HOURS

An outdoor kitchen is temporarily operating while the inside kitchen is undergoing renovations. Hours are Mondays, Wednesdays and Fridays from 10:30 a.m. to 4 p.m.; Tuesdays and Thursdays from 10:30 a.m. to 7 p.m.; Saturdays from 1 to 5 p.m., and closed on Sundays. A limited snack menu will be available inside the bowling center when the outdoor kitchen is closed. For more information, call the bowling center at 468-2112.

enjoy the new atmosphere during their meal times.”

Dan Bueno, Robins Bowling Center manager, said the nearly \$200,000 project, supported by Air Force Materiel Command non-appropriated funds, began in late June and is expected to be complete within a few months.

“We hope that the renovations to the On the Spot Café will make mealtimes for our customers more efficient by improving traffic flow not only

for our customers, but for our employees as well,” he said. “Providing efficient customer service is important as we strive to improve our customers’ experience and satisfaction.”

Local contractors and the bowling center staff are working various parts of the project, Bueno said.

Current changes aren’t the first the cafe has undergone since its start.

The snack bar underwent an extensive expansion in the 1970s and a minor facelift in the early 1990s.

Although the cafe is temporarily closed for renovations, its staff is satisfying customers’ appetites by moving its operations outdoors in front of the center.

“We are still grilling our famous super burgers and offering a limited menu for you to choose from,” said Bueno.

“Check back with us, as we will also be offering barbecue specials in the weeks to come. You can check for these specials on our Facebook page – Robins A. F. B. Bowling Center – or by calling 468-2112.”

## Tips to avoid heat-related illness

It’s a hot, humid Saturday. You’ve been soaking up the sun at the beach all day and playing soccer with your friends.

You suddenly start to feel nauseous and weak. Your vision begins to tunnel. The next thing you know you wake up on a gurney in the emergency room. The doctor says you’ve been diagnosed with heat exhaustion. How did this happen?

Heat illness can affect anyone at any time, but we’re most vulnerable in

the United States during the summer months. Other than temperature, humidity is one of the biggest factors in heat illness.

That’s because high humidity can prevent sweat from evaporating, thus causing the body’s cooling system to fail.

The two most common types of heat illness are heat exhaustion and heat stroke. Heat exhaustion occurs when you’re exposed to high temperatures and the body can’t cool itself sufficiently. You

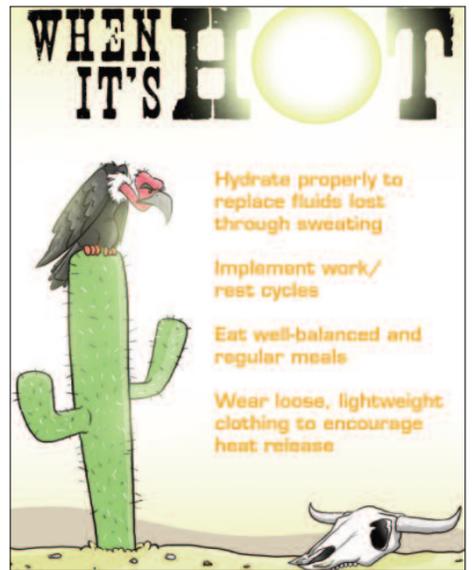
begin to dehydrate due to excessive sweating. Some symptoms include: nausea, vomiting and muscle cramps. Heat stroke typically occurs after you’ve reached the point of heat exhaustion. The problem is that you don’t cool down. Basically, your core body temperature continues to rise, which could cause damage to your brain, kidneys and muscles.

Delaying emergency treatment can also lead to other severe complications and possibly death. If you

think someone is suffering from heat exhaustion or stroke, call 911. Move the person to a cooler area and remove their outer clothing. Fan and mist the person with water, and provide cool drinking water.

Taking preventive measures is the key to avoiding heat illness. Supervisors are responsible for providing training. Other preventive measures include: making sure workers have access to water, paying attention to the heat index (temperature + humidity) and providing rest periods in shaded or air-conditioned areas.

– Air Force Safety Center



U.S. Air Force graphic by STAFF SGT. AUSTIN MAY

## LISTEN UP

### Headphones may pose safety hazards if worn while near traffic

BY JENNY GORDON  
jenny.gordon.ctr@robins.af.mil

The sun is shining, it's warm outside; it's the perfect backdrop for getting in a quick run. Your shoes are pounding the pavement. But as you're running on a road, close to the sidewalk, you're unaware that behind you is a car barreling out of control and headed right toward you.

Texting while driving can have fatal consequences. But are you aware that running on a roadway, wearing a simple iPod or other listening device, can be just as dangerous? It's also prohibited on base.

That's because the music you are listening to, using some type of portable headphone or other listening and entertainment device, is covering up the very body part that can warn you of pending danger – like that out-of-control car.

“The wear of portable headphones is prohibited while walking, jogging, running, bicycling, skating, or skateboarding on roadways due to the person not being able to hear things in their surroundings, such as vehicles or emergency signals or sirens,” said Dave Decker, 78th Air Base Wing Ground Safety chief.

If you enjoy wearing headphones while exercising, consider other alternatives, such as using the outdoor fitness track or staying indoors



U.S. Air Force photo by KIMBERLY GROUE

**Senior Airman Lizeth Abreu, Keesler Air Force Base, Miss., demonstrates proper wear of headphones while stretching in PT gear. Headphones are authorized during personal PT, but not while in formation or during organized unit PT sessions.**

on a treadmill.

Bottom line, the goal is to always be aware of your surroundings, and to take away any distrac-

tions which may harm

you. Let others know to play it safe too, so everyone can go home at the end of the day.



**ON  
ROBINS  
IT'S THE  
LAW**



**THINK  
GREEN ...**

**PLEASE  
RECYCLE  
THIS  
NEWSPAPER**



U.S. Air Force photos by MISUZU ALLEN

Team 78th Operations Support Squadron competes in the Military Challenge, here July 17. The team did the low crawl, crossed hurdles and rescued wounded as part of the Litter Carry Rescue event.

# MILITARY CHALLENGE

## Four-person team event tests endurance, teamwork



2nd Lt Raphael Martinez, 138th Military Intelligence Company executive officer, hoists a container in the ammo can lift event.



Team JSTARS pushes a High-Mobility Multipurpose Wheeled Vehicle.



Above left, Team 78th Operations Support Squadron members assemble weapons during the Military Challenge.



Above center, Maj. Mark Jarrett, Team JSTARS, carries 45-pound kettle bells around an obstacle course. Team JSTARS was the overall winner of the challenge.



Above right, members of Team JSTARS and Team 78th Operations Support Squadron start the rucksack race. Participants had to run 400 meters with a backpack loaded with weights.

FRI 27    SAT 28    SUN 29    MON 30    TUE 31    WED 1    THUR 2

# EVENTS AND ACTIVITIES

GET OUT AND ABOUT

**ON TAP**  
**Automatic Bumper Bowling**  
 Every day in July  
 1 to 5 p.m.  
 Six years and younger can bowl for 50 cents when accompanied by a bowling adult  
 For details, call 468-2112.

**1st Annual 4-Ball Championship**  
 Saturday and Sunday  
 Tee time is 9 a.m. both days  
 Golf Course  
 Open to all juniors 8 to 13 years and 14 to 18 years old with one military connection  
 \$75 per player or \$150 per team  
 For details, call 468-4103.

**Afternoon Thunder Alley Bowling**  
 Every Monday in July  
 2 to 4 p.m.  
 \$6 per person  
 For details, call 468-2112.

**Bowling Movie Days**  
 Every Wednesday in July

2 p.m.  
 \$6 per person  
 For details, call 468-2112.

**UPCOMING**  
**Summer Strike Force**  
 Now through Aug. 5  
 Bowling Center  
 For details, call 468-2112.

**Private Pilot Ground School**  
 Aug. 6 through Sept. 26  
 \$605 per person  
 Tuition assistance available for those who qualify  
 For details, call 468-4867.

**Canoeing at Veterans State Park**  
 Aug. 11  
 \$35 per person  
 Register by Aug. 8  
 For details, call 468-4001.

**Casino Cruise**  
 Aug. 25  
 Brunswick, Ga.  
 \$35 per person  
 Register by Aug. 8

For details, call 468-4001.

**Volkssport in Rome, GA**  
 Sept. 8  
 \$35 per person  
 Register by Aug. 25  
 For details, call 468-4001.

**Ropes Course**  
 Sept. 22  
 \$50 per person  
 Panola Mountain State Park  
 Register by Sept. 8  
 For details, call 468-4001.

**ONGOING**  
**Tennis coaches needed**  
 For details, call 497-6831.

**Seeking Volunteers**  
 Wood Hobby Shop  
 For details, call 468-5282.

**Golf ShootOut**  
 Open to anyone with a USGA handicap  
 Enter as many times as you want for \$2 per attempt  
 Qualifying tournament held each month

**Don't miss this opportunity!!!**    **Robins Air Force Base Military Education & Training Office**

## Education Fair 2012

**Wednesday, Aug. 1**  
**11 a.m. - 2 p.m.**  
**Heritage Club Ballroom**

*Anyone interested in learning more about educational opportunities is invited to attend.*

**More than 30 colleges and universities from across the U.S.**

American College of Technology	Georgia College and State University	Middle Georgia Technical College
American Military University	Georgia Military College	National University
American Sentinel University	Georgia Southern University	Northcentral University
Ashford University	Georgia Southwestern University	Penn State University
Ashworth College	Georgia Tech University	Southwestern College
Central Georgia Technical College	Grantham University	South Georgia Technical College
Columbia Southern University	Hershey University	Tidwell University International

For details, call 468-4103.

**ITT**  
 ▶South Carolina Aquarium  
 ▶Atlanta Falcons Tickets Bldg. 956  
 For details, call 468-2945.

**Pools Open**  
 Noon to 7 p.m.

Heritage Club and Horizons Pools Free  
 For details, call 468-4001.

**FSS Wireless Hot Spots**  
 Participating facilities include the Golf Course, Base Restaurant and Afterburner.

**U.S. AIR FORCE**

**Air Force Parent Pin Program**

**Your Trash... Could be an Adversary's Treasure!**

**Remember OPSEC**

**U.S. AIR FORCE DEPLOYMENT SUPPORT Program**

**GET OUT AND PLAY! with PLAYpass**

**Great Rewards and Discounts to Support**

The PLAYpass program has been extended through December 2012. To get your PLAYpass, stop by the 78th Force Support Squadron Marketing Office in Bldg. 983, at the corner of Tenth and Warner Robins streets, Monday through Friday from 9 a.m. to 3 p.m. For more details, call Venus Mansourzadeh at 468-5492.

**U.S. AIR FORCE EagleEyes**

WATCH.REPORT.PROTECT.

**SUSPICIOUS ACTIVITY? CALL 468-EYES**

## Binge drinking can cause real problems

Too often today's headlines bring news of yet another alcohol-related tragedy involving a young person – a case of fatal alcohol poisoning on a college campus or a late-night crash involving drinking.

People ages 18 to 25 are at higher risk than anyone else for problems involving alcohol.

It's not only that young people are drinking but it's the way they drink that puts them at such a high risk for alcohol-related problems. Research consistently shows people tend to drink the heaviest in their late teens and early to mid-twenties.

Young adults are especially likely to binge. Binge drinking is defined as consuming five or more drinks in a row at least once in the past month.

The recommended daily limits for moderate alcohol consumption are no more than two drinks for men or one drink for women.

According to the National Institute on Alcohol Abuse and Alcoholism, men may be at risk for alcohol-related problems if their alcohol consumption exceeds 14 standard drinks per week or three drinks per day, and women may be at risk if they drink more than seven standard drinks per week or two drinks per day.

A standard drink is defined as one 12-oz. bottle of beer, one 5-oz. glass of wine, or 1.5 oz. of distilled spirits.

## Med message

The first drink of alcohol starts messing with your brain activity. As you drink more, the effects of the alcohol multiply.

### **When do you know you've had enough?**

- When you get a little clumsy?
- When you ruin dinner plans?
- When you are arrested for domestic violence?
- When you lose privileges to drive a vehicle?
- When you put your Air Force Career in jeopardy?
- When those you love can't take it anymore?

### **Tolerance to Alcohol**

Alcohol tolerance can lead someone with a dangerously-high consumption rate to be falsely reassured that as long as they

don't feel drunk, they will be fine. The reverse is true. Needing a lot of alcohol to get drunk proves that you are already drinking too much, too often.

Alcohol tolerance can be compared to a lack of the ability to feel pain. If you didn't feel pain, you wouldn't immediately remove your hand from a hot stove and notice it was burned until it was too late.

If you have developed a tolerance for alcohol, you can no longer trust your body's signals to tell you when you've had too much. Being able to "hold your liquor" is a sign of tolerance – and risk – not a bragging right.

You may consider not drinking at all – everyone isn't doing it.

