



Self-Contained Navigation System software – supported by the 402nd Software Maintenance Group – is fielded on more than 500 C-130 aircraft.

## American Heart Month



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## Black History Month



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# ROBINS REV-UP

January 27, 2012 Vol. 57 No.4

## NEWS

### YOU CAN USE

#### Team Robins exercise now under way

Robins is conducting an exercise through Feb. 3.

The major objectives are to exercise the following:

- ▶Emergency management,
- ▶Installation deployment plan,
- ▶Natural disaster response,
- ▶Major aircraft accident response, and
- ▶Phase II training and evaluations at Warrior Air Base.

For more information, call Master Sgt. Paul Jordan at 497-4871.

#### 89th Airlift Wing recruiting visit

The 89th Airlift Wing invites Team Robins to see the C-37B (Gulfstream G550) and meet with the aircrew on Wednesday from 12:15 to 2:45 p.m.

Please meet at 12:15 in Coats Hall, Bldg. 2051 for a 15-minute briefing and onboard tour of the aircraft.

Crewmembers will be available to describe the mission of the 89th AW as well as answer questions regarding pilot, flight engineer, communications systems operator, and flight attendant positions.

The 89th AW provides global-special air mission airlift, logistics, aerial port and communications support for the President, Vice President, combatant commanders, senior leaders and the global mobility system as tasked by the White House, CSAF and Air Mobility Command.

#### Upcoming Leadership Classes

The following classes are scheduled for February:

▶Ellen Griffith will present "Communication and Interpersonal Skills"

Wednesday from 7 to 9 a.m. in the Aircraft Maintenance Group large conference room in Bldg. 125.

▶Barry Bunn will present "Mentoring, Recognition, and Problem Solving" Feb. 8 from 2 to 4 p.m. in the Aerospace Sustainment Directorate executive conference room in Bldg. 301.

▶Col. Evan Miller will present "Promote Collaboration & Teamwork, Problem Solving" Feb. 9 from 2 to 4 p.m. in Bldg. 905, Room 141.

▶Steven Zamparelli will present "Leadership: Credibility, Values and Vision" Feb. 15 from 7 to 9 a.m. in the Aircraft Maintenance Group large conference room in Bldg. 125.

▶Doug Keene will present "High Velocity Tenets" Feb. 23 from 2 to 4 p.m. in Bldg. 905, Room 141.

#### Gate closure

Gate 15, the National Guard gate, will be closed all day Feb. 3. All other gates will maintain their normal hours of operation:

Gate 1 (Green Street): 5 a.m. to 6 p.m.

Gate 3 (Watson): open 24 hours.

Gate 5 (MLK): 5 a.m. to 6 p.m. (inbound only).

Gate 14 (Russell Parkway): 4:30 a.m. to midnight.

## Building credibility and process improvement, one shop at a time

BY JENNY GORDON  
jenny.gordon.ctr@robins.af.mil

The C-5 maintenance shops at Robins Air Force Base are a model for process improvement.

Stroll into any of the work cell stations inside cavernous Bldg. 169 and changes are evident by the steady hum of workers across flap and pylon shops, sanding booths and the heavily-used grit blasting room.

Home to the 574th Composite Repair Flight, a year ago inspectors from the Occupational Safety and Health Administration issued the area 13 citations for housekeeping practices.

These were part of 39 citations given across the Warner Robins Air Logistics Center, all of which were abated by November.

Standard work processes and improved housekeeping proce-



U.S. Air Force file photo by  
RAYMOND CRAYTON

George Pierce, right, 574th Composite Repair Flight director, and Ray Fisher, sheet metal worker, discuss advantages of containment bags.

nance is conducted in a timely manner, depaint procedures are conducted offsite; renovations have been completed in what were problem areas, and

▶ see CREDIBILITY, 3



U.S. Air Force photo by SUE SAPP

A worker installs a steel brace between trusses to strengthen one of the C-130 temporary shelters Jan. 17. The shelters are scheduled for completion this summer.

## C-130 shelter construction on schedule

BY JENNY GORDON  
jenny.gordon.ctr@robins.af.mil

The construction of new steel and fabric structures to house C-130 aircraft is on schedule to be completed by this summer.

Eight shelters are being built by Fabritex Inc. of Hartwell, Ga., which will include 30 overhead lights, and compressed air, electric and communications capabilities. Four shelters have been completed. Construction began in November.

Steel bracing is currently being completed on the fifth shelter, scheduled to be fully erected this week, according to Henry Scheuermann, 402nd Maintenance Group Facilities Engineering Section industrial engineer.

The shelters will provide several advantages, notably protection from sun and rain for aircraft and workers maintaining them.

There are already three existing shelters here previously built to house C-130s undergoing maintenance.

## Alternate commute options still available

BY JENNY GORDON  
jenny.gordon.ctr@robins.af.mil

There are more ways to get to work at Robins than riding in a car alone.

Base leaders reminded everyone of this last week, as well as the mass transit options available to help alleviate parking and traffic issues on the north end near industrial facilities.

Currently, there are three initiatives in place: carpooling, vanpooling, and Buses into Robins Daily, or BiRD, which partners with the Macon-Bibb County Transit Authority to take Bibb residents to and from work.

"We wanted to take another opportunity to start off the new year and reinvigorate the program, and to thank people for what they've done in the past," said Col. Roger Johnson, 78th Mission Support Group commander. "We are encouraging our workforce to take advantage of these commuting initiatives. It's not just good for them – it's also good for the community and environment."

BiRD has seen tremendous growth since the program began in November 2010. Cost to ride is \$3 one way, \$6 roundtrip.

According to MTA's Rick Jones, there were just six riders the first day buses rode into Robins over a year ago. Now, BiRD brings in about 850 riders per month, with three buses transporting riders to 12 stops on base.

"It is a good, healthy increase," Jones said of ridership numbers.

On sustaining the program, he added, "We don't have any intentions of making any changes to BiRD. We intend to continue it."

▶ see TRANSIT, 6

## Pre-separation training offered online

The recent Voluntary Early Retirement Authority and Voluntary Separation Incentive Pay initiatives have caused a tremendous increase in the number of employees requesting pre-retirement training. In the past, funding was available to offer classroom-based Pre-Retirement Seminars; however, with current budgetary constraints, classroom training is no longer feasible.

The good news is the Air Force has made online training (e-Seminars) available for civilian employees within the web-based Employee Benefits Information System tool. These

e-Seminars meet the statutory requirement for agencies to implement a retirement and financial education strategy for federal employees. Responsibility for planning for retirement remains with the employee.

The two benefit seminars are: Retirement, which provides a detailed understanding of CSRS or FERS benefits; and Financial Planning, which is designed to assist with the management of finances to enable employees to meet their life goals.

These e-Seminars may be accessed using your Common

Access Card via the AFPC Secure website: <https://w20.afpc.randolph.af.mil/AFPCSecurenet20>, the same website employees currently use to access their career briefs, enroll in the Civilian Announcement Notification System, self nominate for positions, etc.

Choose EBIS from the screen menu, and then follow the prompts to access the e-Seminars.

Detailed instructions on accessing EBIS are found at: [https://gum-crm.csd.disa.mil/app/answers/detail/a\\_id/4872](https://gum-crm.csd.disa.mil/app/answers/detail/a_id/4872).

Users will be required to enter their SSN and BEST PIN.

While most employees already have an established BEST PIN, instructions for new users on how to establish a PIN are available at the preceding link.

For employees needing computer access or a quiet place to take the seminars, room 122, in Bldg. 905, will be available for use today, Wednesday, Thursday and Feb. 3.

The seminars will take approximately two hours to complete.

For more information, contact Sheree Guido at 497-3401.

## THINK SAFETY

Days without a DUI: 36

Last DUI: 330th CTS

— courtesy 78th Security Forces

## AADD

To request a ride, call 222-0013.



Safety slogan: "Safety isn't the only thing—it's everything"

The Occupational Medicine Physician assists employers in identifying hazards, detecting exposures, protecting the workforce, and educating people regarding workplace hazards.

## TWO-MINUTEREV



Robins Air Force Base on Facebook, Twitter

Check out Robins on Facebook or follow the base on Twitter. Get regular news updates and other base information. Visit [www.robins.af.mil](http://www.robins.af.mil) and click on the Facebook and Twitter links.

# Page Two

## UNIT PROFILE: Robins Qualified Recycling Program

### What it does

The Robins Qualified Recycling Program works to maximize recycling and revenue for Robins to meet solid waste diversion goals and offset recycling costs. The unit works with the 78th Civil Engineer Group Operational Support Squadron and the base recycling contractor, Happy Hour, as well as Defense Logistics Agency Disposition Services, to optimize recycling services and capture proceeds for QRP eligible scrap materials.

### Why it matters

Recycling is a primary means of diverting solid waste from disposal in landfills and a key component of sustainability, with both environmental and economic benefits. Federal statutes specifically mandate cardboard and white paper segregation and recycling at Robins. Capturing all recyclables and maximizing revenues from their sale is key to reducing both waste and cost to enable Team Robins' success.



U.S. Air Force photo by SUE SAPP  
**Art Ramsay, materials handler, uses a skid steer at the scrap metal recycling yard to sort and load scrap metal into containers.**

### By the numbers

**3,977** Tons recycled in fiscal 2011.

**\$515K** Total QRP revenue for fiscal 2011.

**871** Tons of QRP scrap metals and batteries recycled in fiscal 2011.

**\$301K** QRP scrap sales revenue in fiscal 2011.

### What they say



**John Carter**  
QRP  
Scrap Metal  
Recycling  
manager

"The best parts about this job are helping keep Robins clean and the fact proceeds from recycling stay at Robins. It's an adventure every day. You never know what you're going to get."



**Darryl Mercer**  
QRP Operations  
manager

"I enjoy the challenges and being able to educate the base populace on recycling. Our team effort is measured by the amount of revenue and tonnage collected on a monthly basis."

## In the Spotlight



**Sgt. Katherine Barnes**

**TITLE:** Huey crew chief, Huey & Cobra mechanic, Marine Light Attack Helicopter Squadron 773, Marine Aircraft Group 49, Detachment A

**BACKGROUND:** At Robins with MAG-49 almost two years

**HOMETOWN:** Richmond Hill, Ga.

"I love my job with the 'Red Dogs.' It gives me a chance to learn and apply mechanical skills that I would never have acquired otherwise."

"Every day is different, busy and usually very rewarding. I am glad to have a career that I feel is meaningful."

"My personal interests include the biological sciences."

"I read quite a bit on my off time. I also enjoy many outdoor activities, and spend most weekends hiking or improving my shooting skills."



U.S. Air Force photo by AIRMAN 1ST CLASS ERICKA ENGBLOM  
**F-15E Strike Eagle #89-0487 lands at Bagram Airfield, Afghanistan Jan. 13. The aircraft is highly credited, being the only F-15 to record an air-to-air kill, an achievement the aircraft reached in 1991 while serving in Operation Desert Storm. It's now also the first F-15 to log 10,000 hours of flying time.**

## F-15E Strike Eagle reaches milestone

An aircraft which is among the fleet of F-15s managed by and which undergo programmed depot maintenance at Robins recently became the first F-15 of any type to reach 10,000 flying hours.

F-15E Strike Eagle #89-0487 has participated in operations Desert Storm, Deliberate Guard, Northern Watch, Southern Watch, Iraqi Freedom, and is the only aircraft of its kind to record an air-to-air kill. It reached the 10,000 flying hours milestone earlier this month while conducting a mission in support of Operation Enduring Freedom in Afghanistan.

"It has taken more than 21 years of qualified maintenance technicians performing more than one

million hours of inspections and repairs in all types of environments – at home station, depot facilities ... (and other) locations to ensure aircraft #89-0487 was available to deploy," said Chief Master Sgt. John Parrott, the superintendent of 335th Expeditionary Aircraft Maintenance Unit, which shared in the accomplishment at Bagram Airfield. "It also took careful, timely loading and maintenance by hundreds of weapons technicians in conjunction with countless hours of repairs and inspections performed by avionics, electrical and environmental, engine, fuels, egress, and structural Airmen."

– Adapted from an Air Force News Service release.

## Base kicks off Black Heritage Observance events

Robins is set to celebrate Black History Month with a number of events planned during February. The theme of this year's observance, which is being hosted by the 78th Air Base Wing, is "Black Women in American History and Culture."

According to BHO Committee chairperson Jeanette McElhaney, the observance is a way to educate the base populace and the community about some of the great black women of the past and the present. "We want to tell them about the unsung heroines who aren't in the text books but are in the neighborhoods and working hard each and every day to make this a better place," she said.

A proclamation signing by Col. Mitchel Butikofer, 78th ABW commander, will be conducted Tuesday. The signing will begin at 11:30 a.m. at the Base Exchange. After the



signing, Kali Dance Studio will perform the art of African Dance.

### Other scheduled events

►A golf tournament is set for Feb. 3 at Pine Oaks Golf Course. The cost is \$50 per person and includes lunch. Tee time is noon. Deadline for names and handicaps is Wednesday. POC is Marchelle Glover at 468-9812.

►A luncheon is scheduled Feb.

10 at 11:30 a.m. at Horizons. Barbara Talley, speaker, poet, author, and publisher of many value-based living products, will be the guest speaker. The cost is \$15. POC is Javita Walker at 497-6752.

►Volunteers will visit local schools as part of a youth program. POC is Staff Sgt. Jayvon Stitt at 468-2187.

►The BHO Community Mass Choir will perform a concert Feb. 19 at 3 p.m. at the Base Chapel. The event is free. POC is Hildred Jones at 497-9793.

►A Health Fair will be Feb. 23-24. POC is Staff Sgt. Krystal McPherson at 468-3573.

►A Grand Finale Fashion Show "Fashion To Passion Extravaganza," will be Feb. 26 in the Horizons Ballroom. Doors open at 5 p.m. show time is 6 p.m. Cost is \$25. POC is Diana Allen at 472-2899.

– from staff reports

## Robins mission supports record airdrop

Robins has yet another feather to place in its cap. Two of the Air Force transporters it manages and maintains, the C-130 Hercules and C-17 Globemaster III, were instrumental in helping the service airdrop a record amount of cargo to deployed forces in 2011.

The Air Force airdropped more than 80 million pounds of cargo during the year, besting its previous record for airdrops made in a 12-month period by nearly 16 million pounds, according to an Air Mobility Command report. 80 million pounds of airdropped cargo is the equivalent of standing on a mountaintop and watching 584 M1 Abrams tanks – or 12,524 Chevrolet Silverado trucks – floating down from the sky.

The airdrops were made exclusively by C-130s and C-17s, the report said, adding airdrops are helping to save lives – particularly in Afghanistan – by keeping

convoys off the road.

It quotes Army Staff Sgt. Denton Poe, a platoon sergeant at a combat outpost in Afghanistan, as saying, "Utilizing airdrops ... allows us that avenue to use in case we can't get resupplied by helicopters or vehicles by the road, which is a typical case come winter here."



U.S. Air Force photo by SENIOR AIRMAN MELISSA SHEFFIELD

**The C-130 Hercules primarily performs the tactical portion of the airlift mission.**

**REPORT SUSPICIOUS ACTIVITY TO 468-EYES**

## CREDIBILITY

Continued from 1

ergonomic lift tables and chairs are in place.

It can be agreed that none of this matters if not for the direct investment in the morale and safety of the workforce. That included giving employees a voice in their operations, and communication and ongoing training initiatives.

“OSHA caused us to listen more to our employees, to be open for suggestions and ideas,” said George Pierce, 574th flight director. “All you have to do is listen, and people will tell you real quickly how to improve their process. In every maintenance organization, you have those subject-matter experts out there so tap into them.

“You start communicating, you start building trust and credibility. Train and educate, and your employees will take care of the rest,” he added.

### Problem areas

Training room 117 was formerly a place where inefficient grinding and sanding operations were performed.

Today, following extensive reconstruction, the room boasts a state-of-the-art training facility, complete with computers, and space for hands-on instruction.

Locker rooms were inefficiently used in the past. One large room of lockers held employees’ personal items and all personal protective equipment.

Now, there are two separate locker facilities. One holds personal items, while the other stores respirator hoods, suits, gloves and other equipment.

Respirator cleaning stations are also equipped with sinks, cleansers, hot water heaters and collection containers.

### Process improvements

#### Flap shop

In the flap shop, where disassembly, backshop support, repair and final build-up are performed, a process flow was established and maintained, which became a model for others.

A new workspace cell configuration was designed, with work stations numbered and standard locations for toolboxes and equipment.

In the past, work areas were obstructed, which resulted in mechanics moving multiple flaps, equipment and tool boxes to move a particular flap to the sanding booth.

Now there is a wide center aisle allowing the shop’s 54 mechanics to do the same amount of work with less overtime.

From January 2010 to January 2011, workers were averaging about 1,400 overtime hours per month. As a result of various improvements, the average is now 511 hours, equal to a savings of \$1.3 million.

The flap shop’s improved efficiencies also saw a 37-percent average reduction in flow days across all flap configurations, a 56-percent reduction in work-in-progress and a back-order reduction of 60 percent.

Through improved workplace layout, thousands of square feet were reduced to free up space for other work loads; ongoing improvements allowed 34 mechanics the opportunity to work at other stations when needed.

It’s also worthy to note the idea of visual management. On a dedicated wall, along with Voluntary Protection Program shop news and OSHA information, a production board was created to show the exact location of every piece of equipment, how



U.S. Air Force photo by SUE SAPP

**Renee Wooten, metal bond mechanic, performs repairs to a pylon which is supported by a scissor lift.**

much work was left, completions, etc.

#### Pylon shop

In the pylon shop, mechanics perform metal bond, structural and electrical repairs on an assembly that mounts the engine to the wing of a C-5 aircraft.

Modified build-up and shakedown fixtures have contributed to improved efficiencies which led to an average savings of three to five flow days. Dust containment bags used while sanding and ergonomic scissor lifts are now in place, which enable workers to optimize the height of each pylon while performing critical repairs. Also, due to the consolidation of all build-up operations, the shop saved an average of two flow days on its final savings.

Work-in-process averages from fiscal 2010 to 2011 saw a reduction from 41 to 17; while overall flow day savings from 2010 to 2011 went from an average of 270 days to 78 days per pylon. The work-in-process reduction was the single largest contributor to the overall flow day savings. The fiscal 2012 goal is 52 days.

#### Grit blast

In the past, the building’s grit blast room – where aircraft parts are sanded and grinded – experienced a housekeeping issue with its operation.

That issue has been resolved; procedures are in place to maintain and clean the booth, and breathable air samples are taken every 90 days. It’s a busy scene inside, and once you’re in, it takes time to properly suit up and decontaminate following an operation.

To save time, employee suggestions led to the idea of having tools stay inside the grit blast room. If someone forgot a sander, for example, they now have it self-contained onsite.

Another example included the flight’s dedicated

sanding booths.

A standard training process was developed for the booths prior to use inspection and overall operation. Training also included employee entry and exit procedures to assist the employees as they put on and take off personal protective equipment. Mirrors were put at entry and exit points to check PPE wear, and decontamination stations were located steps away. Overall, through proper training, employees became more efficient at donning PPE wear and decontaminating assets, leading to a 50-percent reduction in the time it once took.

#### Why it matters

The results achieved in the last year also played a role in better Robins programmed depot maintenance production.

In the first two months of fiscal 2012, all aircraft were delivered on time.

The Commodities Maintenance Group was a primary supporter of the 100-percent-on-time delivery, having produced 375 routed assets for aircraft PDM last October. Of note, the last time the Center produced all aircraft on time in a month was November 2007.

Excellent ratings across the board were also given by Logistics Compliance Assessment Program, and Environmental, Safety and Occupational Health Compliance Assessment and Management Program inspection teams who visited the base in December.

These included the Center’s overall Excellent rating, as well as the 402nd Maintenance Wing, 78th Air Base Wing and 638th Supply Chain Management Group.

Working together, changing the culture of safety in the workplace continues to be a win-win for everyone.

“Measure, and continue to measure yourself,” Pierce concluded. “Be your biggest critic.”

# ViewPoints

“Human beings, by changing the inner attitudes of their minds, can change the outer aspects of their lives.”

– **William James**

## Putting your Airmen first

**BY CHIEF MASTER SGT. GREGORY WARREN**  
62nd Airlift Wing Command Chief

**JOINT BASE LEWIS-MCCHORD, Wash.** – The phrase “servant leader” was brought into the mainstream back in 1970 in an essay published by Robert Greenleaf. In this writing, he defines a servant-leader as someone who “is a servant first.”

Servant leadership isn’t about positions and titles – instead, it’s an attitude that says people and relationships are important, valuable and essential to mission success.

What does it mean to me? It’s very simple. Putting the needs of your fellow Airmen first.

Is this convenient? No. Is it rewarding? Absolutely!

There’s nothing more satisfying than seeing someone you’ve worked with succeed. That is what personally drives me in the capacity I serve.

We often talk about getting to know each another and being good wingmen. For those of us in supervisory positions, we emphasize getting eyeball-to-eyeball with our Airmen – daily if possible – to identify when something might not be quite right with them.



Warren

For the servant-leader that isn’t a chore, it’s an imperative embedded in their DNA; they genuinely care about others and know mission success depends on individual successes of those around them.

In my opinion, some great examples of servant-leaders throughout history may be Jesus, Ghandi, Mother Theresa and Martin Luther King Jr. Those leaders absolutely put the needs of others before their own – and because of it – are considered some of the greatest, most beloved leaders who ever lived.

An unknown author once said, “A good leader inspires people to have confidence in the leader; a great leader inspires people to have confi-

dence in themselves.”

John C. Maxwell, famous leadership mentor and pastor, said this, “True leadership must be for the benefit of the followers, not to enrich the leader.”

Those two quotes are at the heart of servant-leadership and define your leaders.

In closing, I’ll say that leadership to me isn’t about the number of stripes on your sleeve or the shape or color of the rank on your shoulders.

It’s about serving others. No matter what capacity you serve in. I believe that success isn’t defined by how much you personally achieve but on how much those you influence achieve.

Does that define you as a leader?

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**Note:** Unless otherwise noted, numbers listed in the Rev-Up are DSN numbers. If calling from a commercial or off-base phone, dial prefix 222 if listed as 472; 327 if listed as 497; or 926 if listed as 468.

## Commander’s Action Line

The action line is an open-door program for Team Robins personnel to give kudos, ask questions or suggest ways to make Robins a better place to work and live.

The most efficient and effective way to resolve a problem or complaint is to directly contact the responsible organization. This gives the organization a chance to help you, as well as a chance to improve its processes.

Please include your name and a way of reaching

you, so we can provide a direct response. Anonymous action lines will not be processed. Discourteous or disrespectful submissions will also not be processed.

Commander’s Action Line items of general interest to the Robins community will be printed in the Robins Rev-Up.

For more information, visit <https://wwwmil.robins.af.mil/actionline.htm>. To contact the Commander’s Action Line, call **468-2886** or e-mail [action.line@robins.af.mil](mailto:action.line@robins.af.mil).

▶ Security Forces	468-2187
▶ FSS (Services)	468-5491
▶ Equal Opportunity	468-2131
▶ Employee Relations	497-8253
▶ Military Pay	468-4022
▶ Civil Engineers	468-5657
▶ Public Affairs	468-2137
▶ Safety Office	468-6271
▶ Fraud, Waste & Abuse	468-2393
▶ Housing Office	468-3776
▶ Chaplain	468-2821
▶ IDEA	497-7281

### COMMERCIAL AND MLK GATES

Why is the exit at Gate 5 – where we have a traffic light and where vehicles can exit the base in a safe manner – closed while we have a steady stream of traffic leaving the base through the truck gate where there’s no light and vehicles turning left have to cross two lanes of oncoming northbound traffic and merge into the southbound traffic?

That looks like an accident waiting to happen.

### COL. BUTIKOFER RESPONDS:

Thank you for writing. Your concern is undoubtedly shared by many of Team Robins’ people.

The short answer is that while convenience is one consideration

in determining traffic flow on the installation, force protection is a more heavily-weighted consideration.

Upon taking command in July, I took a closer look at how to make Robins Air Force Base a safer and more secure place to live, learn, work and play.

The previous configuration of Gate 5 (the Martin Luther King gate) presented some vulnerabilities for which I, as the commander responsible for installation security, was not comfortable.

As such, I convened our Threat Working Group and asked them to develop some alternative courses of action to mitigate those vulnerabilities while still taking gate usage into account.

Based on those discussions, I directed our Security Forces to close the outbound lane to all traffic. Having said that, I’ve asked them to continue looking at possible alternatives encompassing Gates 4 and 5 that continue to mitigate the vulnerabilities while better optimizing traffic flow on and off of the installation.

Since we’re concerned about energy as well as the volume of traffic at the other gates, I’ll take this opportunity to re-emphasize our mass transit initiatives.

Robins personnel can enroll in the Transportation Incentive Program and, once approved, are eligible for reimbursements and incentives for riding in established and authorized vanpools

or the Buses into Robins Daily.

To learn more about these mass transportation initiatives, please call our Vehicle Operations Section at 468-4453.

In addition, carpool participants can take advantage of Clean Air Campaign incentives to include cash or gift cards.

Anyone interested can either register for the Clean Air Campaign incentives at [www.cleanaircampaign.org](http://www.cleanaircampaign.org), or contact the 78th Civil Engineering Group at 497-8287 for additional details.

Once again, I appreciate your feedback and I’m pleased to know that you, along with many others, share my concerns with regard to energy conservation, safety and the security of Robins.



## STRAIGHT TALK HOT LINE

Up-to-date information during base emergencies  
**222-0815**

# On the Fly

## Comm system migration set

The 78th Communications Squadron will soon be upgrading the communications requirement system from the existing Project, Work-flow, Requirements and Resource system to the Information Technology Service Management system.

ITSM will provide a one-stop shop for all communication requirements, provide real-time access to status, and improve process efficiencies. Migration will begin today and run through Feb. 6.

During the transition period, telephone control officers will have limited ability to submit urgent requirements through the Project, Workflow, Requirements, and Resource manager based on the following criteria:

- ▶ Safety issues;
- ▶ Total mission failure (no other means to communicate);
- ▶ Flight line production failure. (Airframes can't be repaired, can't land or take off).

Beginning Feb. 6, TCOs will use ITSM to submit all new communication requirements. Training will be provided prior to transition.

## Promotion

Congratulations to Lt. Col. Brett Cusker, 16th Airborne Command and Control Squadron, who has been selected for promotion to the rank of colonel.

## Upcoming

**The Robins Air Force**

**Base Tax Center** will open Monday for the 2011 filing season. The center's final date of operation is April 19.

Business hours will be Mondays through Thursdays from 8 to 11 a.m. and 1 to 4 p.m.

The tax center has moved and is now located in Bldg. 995 (formerly Robins Elementary School).

For more information, call Staff Sgt. Jenny Adams at 472-0555.

**The Armed Services Blood Program will conduct a blood drive** Feb. 3 from 8:30 a.m. to 4 p.m. at the Fitness Center Annex basketball courts in Bldg. 301.

The American Red Cross will also conduct a blood drive Feb. 3 from 8:30 a.m. to 2:30 p.m. in Bldg. 210 and from 7:30 a.m. to 1:30 p.m. in Bldg. 640.

The ASBP plays a key role in providing quality blood products for service members and their families in both peace and war.

The American Red Cross collects blood in support of civilian agencies and for national disasters.

For more information, call 2nd Lt. Kristen MacBride at 497-5262.

Register to donate at [www.militarydonor.com](http://www.militarydonor.com).

Register now for the **Special Operations Warrior Foundation 5K Fitness Challenge**. The run takes place Feb. 4 at the Robins 5K trail.

Proceeds benefit the foundation, which gives scholarships to children of deceased or injured spe-

cial ops members.

For more information, contact Capt. Cynthia Newberry at 497-8380 or [cgccharity5k@gmail.com](mailto:cgccharity5k@gmail.com).

**Central Georgia Marine Corps League Detachment #1373** will meet Feb. 6 at 7 p.m. at Flint Energies off Highway 96, between Sun Trust Bank and Houston County High School.

Bring your DD-214 or retired I.D. card and \$35. A short application will be provided.

For more information, call John Harmon at 472-0853.

**The Air Force Institute of Technology** will conduct the Critical Chain Project Management Foundational Concepts Course, a three-day course, at Robins Feb. 7 - 9 from 8 a.m. to 4 p.m.

The objective of the relatively new course, which targets program managers, managers, supervisors, planners, schedulers, subject-matter-experts, suppliers and customers, is to enhance student capabilities in managing projects and production by using CCPM and other transformation tools.

The course is open to all military and DoD civilians. Contractors will be considered on a case by case basis.

To register for the course, visit <https://www.atrrs.army.mil/channels/afitnow>.

For more information, call John Shoenfelt, WR-ALC Training and Professional Development Division at 497-3405.



U.S. Air Force photo by SUE SAPP

## Career Fair

Rodney Chatman, retired Air Force master sergeant, speaks with Dana Butler, L.H. Thomson Company, Inc., about employment opportunities during the CivilianJobs.com Career Expo here. The expo included 16 employers and was attended by 220 people.

## Air Force workers can find help here

Finances & Work-Life Balance	Airman & Family Readiness Center	468-1256
Health and Wellness Education	Health and Wellness Center	497-8480
Health Screenings	Civilian Health Promotion Services	497-8030
Work, Personal or Family Issues	Employee Assistance Program	(800) 222-0364
Work Stress, Psychological Issues	Organizational Consulting Office	497-9803
Mental Health & Substance Abuse	Houston Healthcare	(478) 922-4281
Unplanned Pregnancy	Houston Healthcare	(478) 922-4281
Suicide Prevention	National Suicide Prevention Lifeline	(800) 273-8255
Sexual Assault & Victim Advocacy	Sexual Assault Response Coordinator	468-2946
Crime Victim Advocacy	Victim Witness Assistance Program	497-4584

## AFMC Wellness Support Center — [www.afmcwellness.com](http://www.afmcwellness.com)

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## TRANSIT

Continued from 1

Changing the culture of workers when it comes to carpooling is another matter. John Pugh, 78th MSG deputy director, encourages people to think about this option, which can save money on vehicle maintenance and free up parking spaces.

“You don’t have to ride mass transit every day,” said Pugh, a carpool rider.” Riding two to three days a week to also benefit the base and the local community in maintaining good quality air standards.”

Every mile driven equals to one pound of pollution. He added, “Every mile that we save is quite a benefit.”

Through carpooling, over 1800 tons of pollution has been reduced locally.

Since over 60 percent of Robins’ military and civilian employees live in Houston County, a feasibility study is underway to determine additional mass transit options into the base.

For those who use commute options, there are incentives. To date, there are 849 participants who are enrolled in the Transportation Incentive Program. Riders receive fare reimbursement in the form of a voucher from the Department of Transportation.

Currently under TIP, employees have been reimbursed over \$1.2 million.

Robins’ vanpool program currently has 712 riders enrolled, utilizing 63 vans from 19 companies.

“This is a huge impact to reducing congestion at the gates and alleviating parking, primarily on the north end,” noted Pugh.

Kenyon Thweatt, Clean Air Campaign senior employer program manager, works with Robins in creating commute options to work. CAC has established relationships with more than 1600 state employers and several military bases to help reduce demand for parking and wear and tear on infrastructure.

“Clean air is a health issue and a quality of life issue. While there are many factors that affect air quality in Georgia, it is important to note that nearly 50 percent, or half of the smog-forming emissions in Middle Georgia, come from the tailpipes of cars and trucks,” said Thweatt.

He added that, according to studies, 80 percent of Houston and Bibb commuters still drive to and from work alone.

Commute challenges must continue to be addressed, as impact can be immediate and measurable in terms of financial, health and environmental benefits, he stressed.

To learn more about BiRD, visit <http://www.robins.af.mil/library/transportation/index.asp>.

# AFMC to observe American Heart Month in February

**WRIGHT-PATTERSON AIR FORCE BASE, Ohio** — February is American Heart Month and a good time to educate ourselves on how to prevent heart disease.

Cardiovascular disease – including heart attack and stroke – is the No. 1 cause of death for men and women in the United States.

According to the Centers for Disease Control, every 25 seconds an American will have a coronary event, and every week more than 10,000 will die from a coronary episode.

You can make healthy changes to lower your risk of developing heart disease by:

- ▶ Maintaining healthy weight.
- ▶ Controlling blood pressure.
- ▶ Knowing your numbers.
- ▶ Limiting the amount of dietary fat, cholesterol, and alcohol consumed.



terol, and alcohol consumed.

- ▶ Exercising regularly.
- ▶ Managing stress.
- ▶ Quitting smoking and avoiding secondhand smoke.

To help prevent heart disease and increase awareness of heart healthy lifestyle habits, Civilian Health Promotion Services and the Health and Wellness Center will be conducting heart healthy activities during American Heart Month. Activities

will include:

- ▶ Cholesterol, hypertension, and other heart healthy education classes.

▶ Cardiac Risk Profile Screenings (for Department of Defense civilians only).

▶ Blood Pressure Screenings (for everyone).

▶ The Heart and Sole Walking Initiative.

Also, during February, Air Force Materiel Command will be promoting its Heart and

Sole Walking Initiative. This initiative involves the use of the AFMC Wellness Support Center website ([www.AFMCWellness.com](http://www.AFMCWellness.com)) and the 10,000 Steps a Day program.

The goal of the initiative is to log steps into the 10,000 Steps a Day program five days a week, with a goal of reaching 200,000 total steps for the month.

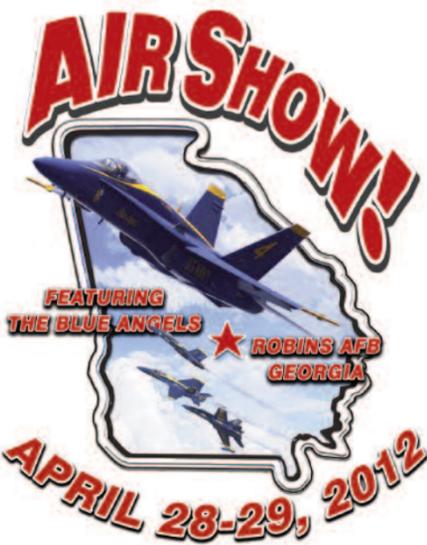
Those who complete the task will receive a travel fitness kit.

The Heart and Sole Walking initiative is open to all active duty military and appropriated-funded AFMC civilian employees.

To sign up for the Heart and Sole Walking Initiative, visit [www.AFMCWellness.com](http://www.AFMCWellness.com) or contact the local CHPS team at 497-8030.

— Air Force Materiel Command Wellness Support Center

Think twice, energy has a price.



**FREE**

**FUN FOR THE ENTIRE FAMILY**

**(478) 222-SHOW**

**[www.robins.af.mil/airshow](http://www.robins.af.mil/airshow)**



## HAPPENINGS

### ON TAP

#### Debt Reduction

Wednesday  
1 to 3 p.m.  
Bldg. 794  
For details, call 468-1256.

#### National Girl's & Women's in Sports Day

Wednesday  
4 to 5:30 p.m.  
Free clinic with purchase of a range token for all female golfers  
Pine Oaks Golf Course  
For details, call 468-4103.

### UPCOMING

#### First Friday

Feb. 3  
5 to 6 p.m.  
Dinner at 6 p.m.  
Heritage and Horizons clubs  
Open to all ranks and grades  
For details, call 468-2670.

#### Texas Hold 'Em

Feb. 4  
Sign-up at 1:30 p.m.  
Games start at 2 p.m.  
Members \$15,  
Guests \$20  
Heritage Club Lounge  
For details, call 472-7864.

#### Super Bowl Party

Feb. 5  
Doors Open at noon  
Festivities start 6 p.m.  
Chance to win prizes for club members  
Members \$5

Guests \$10  
Heritage Club Lounge  
For details, call 472-7864.

#### Home Buying Seminar

Feb. 6  
9 to 11 a.m.  
Bldg. 794  
For details, call 468-1256.

#### Valentine's Kids Krafts

Feb. 6  
4- and 5-year olds  
Feb. 7  
First- through 5th-grades  
4:30 to 5:30 p.m.  
\$5 per person  
For details, call 468-5282.

#### Private Pilot

**Ground School**  
Feb. 6 through March 28  
Aero Club  
Sign up early; seats limited  
For details, call 468-4867.

#### Writing a Winning Resume

Feb. 7  
9 to 11 a.m.  
Bldg. 794  
For details, call 468-1256.

#### Racquetball Intent

**Letters Due**  
Feb. 8 by 4 p.m.  
Fitness Center  
For details, call 468-2128.

#### USAJobs Resume Writing

Feb. 9  
9 to 11 a.m.

Bldg. 794  
For details, call 468-1256.

#### National Umbrella Day

Feb. 10  
15 percent off all Pine Oaks logo umbrellas  
Golf Course  
For details, call 468-4103

#### PeeWee Bumper League Registration

Feb. 11  
10 a.m. to 2 p.m.  
League starts Feb. 18  
Children 3- to 5-year olds  
\$25 per child  
Bowling Center  
For details, call 468-2112.

#### Racquetball

**Coaches Meeting**  
Feb. 14 at 1 p.m.  
Health and Wellness Center, Bldg. 827  
For details, call 468-2128.

#### Tops In Blue "Rhythm Nation"

Feb. 14  
7 p.m.  
Doors open at 6:30 p.m.  
WR Civic Center  
For details, call 468-5492.

### ONGOING

#### Outdoor Trek Challenge

Feb. 1 through 29  
Walk or jog pre-determined routes  
Fitness Center  
For details, call 468-2128.

#### February Golf Special

\$20 after 2 p.m. with cart  
For details, call 468-4103.

#### Breakfast at Fairways Grille

Daily  
7 to 10 a.m.  
For details, call 923-1717.



Courtesy photo

## Cool runnings

Runners take off Jan. 14 at the Museum of Aviation Foundation's marathon, half marathon, and 5K run or walk. A total of 1,525 people from 29 states registered for the event – a new record for the annual event.



Great Rewards and Discounts to Support Our Deployed Families and Single Airmen

The PLAYpass program has been extended through December 2012. To get your PLAYpass, stop by the 78th Force Support Squadron Marketing Office in Bldg. 983, at the corner of Tenth and Warner Robins streets, Monday through Friday from 9 a.m. to 3 p.m. For more details, call Venus Mansourzadeh at 468-5492.

### 78th FSS DIRECTORY

- ▶ FSS Admin . . . . .468-3193
- ▶ Community Center . 468-2105
- ▶ Outdoor Rec . . . . .468-4001
- ▶ Base Chapel . . . . .468-2821
- ▶ Arts & Crafts . . . . .468-5282
- ▶ Horizons . . . . .468-2670
- ▶ Heritage Club . . . . .468-2670
- ▶ Library . . . . .497-8761
- ▶ HAWC . . . . .497-8480
- ▶ Fitness Center . . .468-2128
- ▶ Fitness Annex . . . .472-5350
- ▶ Youth Center . . . .468-2110
- ▶ Tickets, Travel . . .468-2945
- ▶ Bowling Center . . .468-2112
- ▶ Pine Oaks G.C. . .468-4103
- ▶ Pizza Depot . . . . .468-0188

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## 9th AF commander visits Robins



U.S. Air Force photos by MASTER SGT. ROGER PARSONS

Above, Maj. Gen. Lawrence Wells, 9th Air Force commander, speaks to senior noncommissioned officers from the 461st and 116th Air Control Wings during a breakfast Jan. 18 at Wynn Dining Facility. Wells spent two days at Robins visiting the JSTARS units. It was his first visit to Robins since the 461st was activated.

Below, Tech. Sgt. Ronald Gray, 116th Maintenance Squadron engine mechanic, left, shows Wells, center, and his wife, Kathy, a fan blade from a E-8 Joint STARS engine that incurred foreign object damage. Gray explained how FOD occurs and the process to repair engines that have been damaged.



### **WINGMEN WANTED**

**ASIST – 468-2821;  
497-8480**

**EAP – 497-7683;  
468-9516**

**AIRMEN AGAINST DRUNK  
DRIVING – 335-5218;  
335-5236; 335-5238**



**U.S. AIR FORCE  
EagleEyes**

**WATCH.REPORT.PROTECT.**

**REPORT  
SUSPICIOUS ACTIVITY  
TO 468-EYES**

# Being Resilient

Gen. Norton A. Schwartz, chief of staff of the Air Force, and Chief Master Sgt. James A. Roy, chief master sergeant of the Air Force, recently announced mandatory resiliency training following an upward trend of Air Force suicides during the first two weeks of 2012.

The Air Force is committed to the wingman concept and to building and maintaining ready, resilient Airmen and families. While our combined efforts have helped develop those skills across the Air Force, opportunities to build resiliency continue.

Schwartz and Roy agree the impact suicide has on the Air Force community is unacceptable.

So what is resiliency? Resiliency isn't avoiding emotional pain and suffering when faced with a crisis; instead, it's the ability to recover and perhaps grow from the experience.

As Vince Lombardi said, "It's not whether you get knocked down, it's whether you get up again."

## Medic's message

AFMS - Robins - 78th Medical Group  
Like us on Facebook!

Effective suicide prevention starts with being good wingmen. Suicide prevention doesn't give the impression suicide is a common way people deal with problems.

Leaders should encourage Airmen to seek help early, stressing the effectiveness of support and treatment.

Rebounding and perseverance does not occur in a vacuum and it's important to know and use avenues of support. Those avenues can be informal and formal. Below are examples and resources people can use.

**Informal support consist of:**

Family, Friends, neighbors, church members or spiritual accountability partners, and teachers.

**Formal Support include:**

Airman and Family Readiness Center includes: Financial Management, Relocation services, Deployment Support, Spouse

Support, Employment Support 228-5690 or 478-468-1256

Chapel 468-2821 or 478-926-2821

Civilian Employee Assistance Program 497-7577 or 800 222-0364

In transition services for military members PCSing, deploying, or on extended temporary duty with related mental health concerns: 1-800-424-7877

Mental Health resources include ADAPT, Family Advocacy, and the New Parent Support Program 497-8398 or 478-327-8398

Sexual Assault Response Program (SARC) 468-2946 478-327-7272

National Suicide hotline 800-273-TALK (8255)

Military & Family Life Consultant 478-230-2987

— Courtesy  
78th Medical Group



THINK OPSEC:  
YOUR TRASH COULD BE  
AN ADVERSARY'S  
TREASURE

# KEEP'EM FLYING AFSO21