



The 402nd Software Maintenance Group produces real world mission maps and graphic underlays for E-8C Joint STARS aircraft. It also develops the software for Tactical Data radios and networks of all U.S. services and more than 25 nations.

Political dos and don'ts



PAGE 4

78th FSS Holiday Hours

Open Monday
Bowling Center, from 1 to 8 p.m.
Fitness Center, from 8 a.m. to 4 p.m.
Flight Line Kitchen, 24 hrs
Golf Course, normal hours of operation
Lodging, normal hours of operation
Rasile Indoor Pool, from 8 a.m. to 4 p.m.
Wynn Dining Facility, normal hours of operation
All other FSS facilities will be closed Monday.

ROBINS REV-UP

January 13, 2012 Vol. 57 No.2

NEWS

YOU CAN USE

Leadership Class schedule

Deryl Israel, Warner Robins Air Logistics Center executive director, has developed a unique leadership and Lean thinking framework that will serve as the basis for the center's new Leadership Academy.

The academy will develop leaders to make Robins a "world class" center of excellence. The framework consists of competencies, skills and tools a leader should possess to drive uniform and consistent leadership across the center. Instructed by center senior leaders, the classes are open to all Air Force Materiel Command military leaders and civilian supervisors. Attendance is voluntary.

The following classes are scheduled for January:

►Ed Montano will present "Mentoring: One-on-One" Wednesday from 7 to 9 a.m. in the 402nd Aircraft Maintenance Group conference room in Bldg. 125.

►Col. Tim Nelson will present "Affinity Diagram" Thursday from 2 to 3 p.m. in Bldg. 905, Room 141.

►Jorge Gonzalez will present "Measure & Review/Standard of Work: Right Metrics, True North, Annual Targets, Oversight & Review, Collaborate & Discuss, Adjust & Act" Jan. 25 from 9 to 11 a.m. in the Aerospace Sustainment Directorate conference room in Bldg. 301.

►Max Wyche will present "External Awareness & Partnering" Jan. 26 from 2 to 4 p.m. in Bldg. 905, Room 141.



MLK Jr. Day celebration

Team Robins is invited to attend a Martin Luther King Jr. Day celebration Tuesday at 2 p.m. in the Base Chapel's Sanctuary. The theme for this year's event is "Celebrating Diversity in the Legacy of Dr. King," and will feature a viewing of the "I Have a Dream" speech.

The service will be followed with light refreshments for all attendees in the Chapel's Annex. For more information, contact the Base Chapel at 468-2821.

Career Expo

A Career Expo will be offered Jan. 19 from 10 a.m. to 2 p.m. at the Heritage Club, Bldg. 956. Civilianjobs.com will offer national and regional opportunities in areas including administrative, aviation, logistics, maintenance, management, medicine, sales, engineering, and more. Learn more by visiting www.civilianjobs.com.

You may pre-register online and be matched with companies based on career and geographic preferences.

Civilian Workforce Restructuring

Round Two

Air Force officials release final fiscal 2012 employee restructuring measures

WASHINGTON (AFNS) – Air Force officials on Wednesday announced 4,500 additional positions for elimination as a continuation of its fiscal 2012 Civilian Workforce Restructure.

The reduction builds on the realignments announced in November, including the elimination of 9,000 positions and the addition of 5,900 positions against the Air Force's top priorities.

In addition, these reductions respond to the Secretary of Defense's direction to target civilian funding at fiscal 2010 levels.

"We value our talented and experienced workforce and are trying to do everything possible to manage these reductions with as little impact to our people as possible," said Michael B. Donley, Secretary of the Air Force.

In an effort to encourage voluntary separations and retirements, the Air Force is currently offering its second round of voluntary separation incentive pay and voluntary early retirement authority pro-

grams.

Civilian employees received VERA/VSIP eligibility surveys from their personnel managers earlier this month.

Approved applications will result in separations or retirements that take effect by April 30.

Air Force officials are still evaluating the need for a Reduction in Force.

"At this time, we are surveying the workforce for a second round of VERA/VSIP and are in the midst of management reassignments resulting from the first round of the restructure," said Brig. Gen. Gina Grosso, Manpower, Organization, and Resources director. "Once we exhaust all voluntary force management measures, a determination will be made whether or not a RIF is necessary. We hope to have more information in the spring."

This announcement marks the end of civilian reductions associated with the Air Force's fiscal 2012 civilian workforce restructure.

Center officials announce local initiative to assist in right-sizing

Base officials announced Wednesday the reduction of 452 civilian authorizations as part of the Air Force's overall civilian workforce restructuring initiative.

The Air Force announced in November that it needed to trim 16,500 positions in fiscal 2012 to match its fiscal year 2010 authorized levels.

To achieve this, Robins will continue to move forward with its VERA/VSIP incentives, which seek to offer early retirement or voluntary separations to up to 600 civilian personnel.

Two hundred and thirty eight employees accepted the incentives in the fall and separated on Dec. 31.

Interested base civilian employees can now apply for the incentive through Jan. 29.

In addition to the Air Force reductions, the Warner Robins Air Logistics Center commander announced a local initiative to offer early retirement or voluntary separa-



McMahon

tion incentives to wage grade and general schedule employees in the 402nd Maintenance Wing based on potential workforce shaping.

The analysis is ongoing, with specific targets anticipated to be finalized by the end of the month.

"With our much improved on-time rates, our efforts can now be focused on right-sizing the depot maintenance workforce for future opportunities," said Maj. Gen. Robert McMahon, Warner Robins Air Logistics Center commander.

However, the general added, those numbers may change after the president's budget is unveiled in the near future along with force structure announcements.

Air Force offering another chance for VERA, VSIP

The Warner Robins Air Logistics Center Directorate of Personnel is now accepting applications for the second round of VERA/VSIP (Voluntary Early Retirement Authority/ Voluntary Separation Incentive Program).

The move is part of the Air Force's continuing effort to meet the Department of Defense requirement to maintain civilian funding at fiscal 2010 levels.

"The Air Force recognizes the invaluable contributions of our civilian workforce, but also recognizes the fiscal constraints under which the Department of Defense and the government as



a whole are operating," said Maj. Gen. Sharon Dunbar, the Air Force's director of force management policy. "We are working to balance mission needs while taking care to minimize the effect

on our current permanent civilian workforce and their families."

The first round of VERA and VSIP was used as a voluntary means to reduce civilian workforce levels, enabling strategic

rebalancing efforts. As the Air Force continues its fiscal 2012 civilian workforce restructure, round two will be used to further realign and rebalance the civilian force.

Civilian employees VERA/VSIP applications are due Jan. 29. Applicants approved for this round of VERA/VSIP will need to separate on or before April 30.

"We are pursuing all available force management measures, to include civilian hiring controls, where required, with the goal of avoiding involuntary measures for our current perma-

► see CHANCE, 3

Redesign to bring new choices to Robins Base Exchange

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

Robins BX shoppers will see exciting changes in a few weeks as major renovations begin in mid-February to early March.

The original start date was

slated for Jan. 2, but that was pushed back due to a change in floor plans, according to Anthony Ventura, Robins AAFES general manager.

Including a redesign, the BX will undergo a name change as part of a rebranding campaign

across the Army and Air Force Exchange Service.

There will be 12 phases in the redesign, which will divide the store into 'lifestyle centers,' including fitness, home and active lifestyle and fashion centers.

The store's old PVC tiling will come out and be replaced with low-maintenance, polished, concrete flooring.

Firearms sales will also be offered beginning this summer, and will be geared toward hunters.

► see EXCHANGE, 3

THINK SAFETY

Days without a DUI: 29

Last DUI: 330th CTS

— courtesy 78th Security Forces

AADD

To request a ride, call

222-0013.



TWO-MINUTEREV

Safety slogan: "Safety 24/7 in 2012"

Did you know that of the 76 Certified Industrial Hygienists in the entire Air Force, two of them work in your Bioenvironmental Engineering Office?



Robins Air Force Base on Facebook, Twitter

Check out Robins on Facebook or follow the base on Twitter. Get regular news updates and other base information. Visit www.robins.af.mil and click on the Facebook and Twitter links.

Page Two

UNIT PROFILE: DLA Distribution

What it does

DLA Distribution Warner Robins distributes supplies to all branches of the military worldwide. The organization's multi-billion dollar inventory includes parts and equipment for F-15, C-130, C-5 and C-17 aircraft, target acquisition systems, and most airborne electronic warfare systems. More than half the work completed at the center is in support of the Warner Robins Air Logistics Center.

Why it matters

DLA Distribution Warner Robins is essential in the resupply of forward-operating locations. Currently, the organization is the sole source provider for Energy Dissipating Pads, and responsible for more than 90 percent of Low Cost, Low Velocity parachutes, all Low Cost, High Velocity parachutes, and all Low Cost, Low Altitude parachutes which allow air resupply to troops in combat areas. The end result of those efforts is undamaged materiel provided to troops in theater.



U.S. Air Force photo by SUE SAPP
Christina Whitaker, Distribution Process Worker, processes material for shipping.

By the numbers

- 33K+** Energy Dissipating Pads shipped in 2011.
- 90K+** Parachutes shipped in 2011.
- 350+** Number of employees.
- 1M+** Receipts and issues processed in 2011.

What they say



George Cavanaugh
Materials Examiner and Expeditor

"My job is challenging every day. The faster and more thoroughly I can do my job, the faster I can get the customers their materials."



Valerie Rios
Supply Systems Analyst

"I feel very rewarded in the job that I do because at the end of the day, I know I'm supporting the warfighter."

In the Spotlight



Andi Phillips

TITLE: Lifeguard, Fitness Center

BACKGROUND: Phillips has worked at the Robins Fitness Center for six years.

HOMETOWN: Warner Robins, Ga.

"I love helping people and being in the center's atmosphere. I grew up swimming, so I've always loved it."

"My first year of lifeguarding was at Eagle Springs when I was 16. Since I was 17, I've been here."

"I currently attend Georgia Military College in Warner Robins, and will graduate this spring with a major in general studies. I just finished shadowing as a physical therapy assistant at Houston Medical Center."

"This is my second season cheering for the Atlanta Hawks. It is so much fun. Not many people get to experience that opportunity."

"I love Italian food."

"Not many people know that I have a twin sister, Michelle."

"Someday I would love to travel and visit Jamaica, Paris, lots of places!"

INSIDE OF THE BOX Mechanics take part in VPP effort

BY JENNY GORDON
jenny.gordon.ctr@robins.af.mil

Mechanics in Bldg. 110 who work on the C-130 center wing box program have built a special enclosure for grinding and sanding operations.

They hope this prototype, once approved, can be mass produced to benefit workers across the installation.

The vacuum-sealed, 3-by-5-foot Plexiglass chamber, built in two weeks, was largely constructed using salvaged materials from the surrounding shop.

This Voluntary Protection Program grassroots effort was spearheaded by Scott Carr, 560th Aircraft Maintenance Squadron sheet metal mechanic, and Jeremy Kahler, aircraft electrician, who were assisted by apprentices Chris Hampton, Shawn Hampton, Billy Bailey, Shawn Norfleet and Ken Kromer.

After a vacuum was turned on, Carr demon-



U.S. Air Force photo by SUE SAPP

Scott Carr, aircraft sheet metal mechanic, demonstrates the new sanding box.

strated its use by putting his hands through an attachment ring connected to a pair of gloves.

The idea is that as parts are fabricated inside the enclosure, and dust contaminants are safely vacuumed away. This will not only save workers time in performing operations, but will create a safer work environment, explained Kahler.

"There are less opportunities of being contaminated because you're not physically taking a suit on

and off," said Kahler.

Mechanics estimated that by using the chamber, as much as 90 minutes can be saved on each piece of equipment serviced.

Future ideas are to incorporate three additional sets of gloves and two air hoses so four workers can perform duties at the same time.

"We're a safe hangar and everyone looks out for each other," Kahler added. "We felt this was definitely something we could use."



U.S. Air Force file photo by SUE SAPP

A recent Heart Link and Spouse Orientation Tour group tasted samples at Lane Packing in Fort Valley.

Heart Link, Spouse Orientation tour set for Jan. 20

A Heart Link and Spouse Orientation Tour is scheduled Jan. 20.

Organized by the Airman & Family Readiness Center, this quarterly, day-long event introduces new military spouses to the Air Force and the Robins way of life. It also introduces spouses to the many helping agencies on base.

Heart Link is held from 8:30 a.m. to 11 a.m. The program is held at the A&FRC, Bldg. 794.

After an introduction to various support agencies from around the installation, spouses will experience some flight kitchen cuisine from 11 to 11:30 a.m.

At 11:30 a.m. a tour commences and showcases Team Robins' contributions to airpower, which includes a visit to the C-5 and F-15 areas on the flight line.

Royce Williams, A&FRC Community Readiness Consultant, said military spouses

should register by calling the center at 926-1256 or DSN 468-1256.

Mindful that the event may create day-care challenges, officials encourage supervisors to give military members time off so their spouses may participate.

Spouses may also call the Family Child Care Office or the CDC for space-available childcare at 926-6741.

— Courtesy Airman & Family Readiness

CLICK IT OR TICKET

ON ROBINS IT IS THE LAW

EXCHANGE

Continued from 1

ing and sports. Robins will join 61 other AAFES sites which offer firearms.

The redesign will extend to the front entrance, which will include a Hall of Honor with murals and pillars depicting wars and conflicts.

Another big change will be offerings in the food court.

Dunkin' Donuts will be a new addition, and will move into what is now GNC.

GNC will move across the mall area next to the dry cleaners, whose space will be reduced. The new GNC will double its retail space to 1,200 square feet.



Subway will occupy where Cinnabon is now.

Popeyes, which offers items like chicken, biscuits and hearty Cajun side items, will occupy what is now Robins Hood Sandwich Shoppe and Baskin-Robbins.

Taco John's, Charley's Grilled Subs and Anthony's Pizza will remain in their current spots. All storefronts will receive new facelifts as part of the new branding campaign.

Also something to look forward to, the BX will have a new name displayed on the front building. It will be called the 'Exchange,' with a large 'X' displayed above the new name.

Tinker Air Force Base's Exchange was the first to undergo the new design of its store, which opened in September 2010.

CHANCE

Continued from 1

nent workforce," Dunbar said.

In August, the Air Force instituted a 90-day hiring freeze that was lifted as an Air Force-wide control Dec. 16. Hiring controls remain in effect in some areas and vary by major command. Of the positions already identified for elimination, many were vacant, and the freeze created additional vacancies. By lifting the Air Force-wide freeze, MAJCOM managers and hiring officials will be able to hire personnel into vacant positions that remain to support the future Air Force mission.

To download a copy of the VERA/VSIP application, visit the AFDW Civilian Restructuring website. For any information about civilian employment, voluntary separation programs and other personnel issues, visit the secure Air Force Personnel Service website.

Fitness Center Annex not set to close

BY KENDAHL JOHNSON
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Despite rumors to the contrary, there are currently no plans to close the Fitness Center Annex.

Although the intent is to keep it open indefinitely, the Fitness Center is currently in the process of developing strategies on how to best address manpower reduction challenges in Fitness Center staffing.

"We know people use the Fitness Center Annex. We know the benefits of keeping it open," said Lesley Sparks, Fitness Center Director.

The base is exploring



U.S. Air Force photo by SUE SAPP
Jessica Giddens, 409th Supply Chain Management Squadron, center, enjoys working out at the Fitness Center Annex.

all opportunities to maintain current levels of service given the fiscal

and manpower constraints, she explained.

The staff has been reduced to just nine staff members.

"With all the manpower reductions, changes may have to be made," Sparks said. "We're looking at a lot of options

Left, Brett Mitchell, a mechanical systems engineer, works on his biceps at the Fitness Center Annex.

right now."

The Fitness Center Annex is located in Bldg. 301 and is open weekdays from 6 a.m. to 6 p.m.

It was opened in 2006 to help with an overflow of patrons from the main Fitness Center.

The main Fitness Center's new weekend hours are Saturdays and Sundays from 8 a.m. to 4 p.m.



New light shed on Robins Fitness Center

BY JENNY GORDON
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Those using the Fitness Center will now find it easier to see their way to their goals.

The Fitness Center recently underwent extensive light renovations and many light fixtures in Bldg. 826

and Bldg. 827 have been replaced with more energy-efficient lighting.

Work was completed during two phases in Bldg. 827, which houses the basketball and racquetball courts.

Where the windows were once located in the old gym, solar light-

ing now exists and cuts off when enough light flows in.

All lighting in the racquetball courts has also been replaced, which is a popular venue for workouts.

Now, when one light happens to go out, players won't see shadows.

"It helps a lot, espe-

cially with safety," said Lesley Sparks, Fitness Center director.

Meanwhile, in Bldg. 826, basketball court lights have been replaced and new indoor track lights added.

Solar lights have also been installed by the gymnasium windows.

ViewPoints

“To be conscious that you are ignorant is a great step to knowledge.”
— Benjamin Disraeli

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Note: Unless otherwise noted, numbers listed in the Rev-Up are DSN numbers. If calling from a commercial or off-base phone, dial prefix 222 if listed as 472; 327 if listed as 497; or 926 if listed as 468.

SUBMISSION GUIDELINES

Submissions must be received by 4 p.m. Wednesday, the week prior to the requested Friday publication.

They should be e-mailed to

lanorris.askew@robins.af.mil and
vance.janes@robins.af.mil

Submissions should be of broad interest to the base populace. If there are further questions, call Lanorris Askew at 472-0806.

DELIVERY

To report delivery issues, call Geoff Janes at 472-0802.

ONLINE

To read articles online, visit www.robins.af.mil.

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The dos and don'ts of the political season

With the excitement of the presidential primaries lurking around the corner, there are a few things Airmen must remember during this upcoming political season.

When you joined the military or became a federal employee, you did so with the knowledge that this decision came with some sacrifice.

Everyone is encouraged to register to vote, research candidates and vote for the candidates. However, in order for this representative democracy to function properly, civil servants and military professionals cannot be seen as partisans.

Both military members and federal employees work for the government and, in doing, so they must support elected officials regardless of whether or not they voted for, or against, particular candidates. For that reason, among others, getting a paycheck directly from the federal government necessarily limits a person's ability to participate in some aspects of the political process.

Department of Defense Directive 1344.10, “Political Activities by Members of the Armed Forces on Active Duty,” and Air Force Instruction 51-902, “Political Activities by Members of the U.S. Air Force,” outline permitted and restricted political actions for active military members.

Military members who violate these rules may face punishment under the Uniform Code of Military Justice.

There are some reoccurring issues surrounding prohibited political activities. A fre-



quent issue concerns whether or not an individual can display a large political sign on his or her car or truck. Displaying a large political sign on your automobile is prohibited; however, members are allowed to display a political bumper sticker on his or her car or truck.

Military members are prohibited from using official authority to influence an election or solicit votes for a specific candidate or issue.

Military members are limited in their involvement in the political process off duty as well. That includes being a candidate for, or holding political office, except in those circumstances authorized by the AFI.

Speaking at any partisan political gathering, including a radio or television program, and advocating for a partisan political candidate or party is also prohibited.

Military members should reference AFI 51-902 when they have any questions regarding the legality of their political activities.

Rules governing political activities by gov-

ernment civilians are found in a federal law known as the Hatch Act. DoD civilians who violate the Hatch Act face adverse personnel actions, including suspension and termination.

Most restrictions surrounding the Hatch Act are centered on the prevention of supervisors influencing subordinates to participate in or contribute to partisan groups or candidates. Federal employees may not display partisan political campaign materials in the workplace.

While federal employees may express opinions about candidates and issues when off duty, when on duty, in uniform, in a federal building, or in a federally-owned or leased vehicle, federal employees may not express opinions directed at the success or failure of a political party, candidate for partisan political office or partisan political group.

There are three important things to remember during the upcoming political season. First, regardless of status, using command influence to sway subordinates to vote for a particular party, candidate or issue is prohibited by law or directive.

Second, when you receive a paycheck from the federal government, some aspects of your political freedom are limited.

Third, if you are unsure whether or not a political activity is approved, reference AFI 51-902 or contact the base legal office at 472-0576.

— This commentary was written by
2nd Lt. Abraham Raymond,
71st Flying Training Wing Legal Office.

Put tires at top of car winterizing list

BY COL. MICHAEL PANARISI

Air Armament Center Safety Office

With winter fully upon us, it's already a little late to get our vehicles ready for the rough weather and conditions ahead. Getting this accomplished before you need it is the way to go.

Some people call this winterizing and tend to get crazy about anti-freeze, wiper fluid, water-grabbing gas additives and wiper blades.

While some climates aren't as severe during the winter, these are all good things to take care of no matter where you call home, and at the top of the list is tires. Some people may ask, “What do I know about tires?” Well, I ran my own garage before I entered the Air Force, and I raced cars for years. In my prep for a degree in mechanical engineering, I took a couple of extra courses in automotive applications. One of them spent an entire block on tires. It was fascinating, and I've been a student of tire technology ever since.

Tires

Most of us use all-season tires, so all we need to do is check the condition, age and pressure. The condition is the hard part ... tread depth, road damage and sidewall cracks are some of the easy things to miss. Damage can be hard to find, so spend some time looking closely.

Don't tolerate sidewall cracks. Sometimes called “dry rot,” and these deterioration patterns suggest the rubber is nearing the end of its lifespan. Trying to stretch this can leave you stranded or much worse, so you should have a professional inspect them. They know from experience there's just no way to predict failure when these cracks start appearing.

If your tires are more than five years old, it's time to think about replacing them. Every tire has a “birthday” stamped on the side, and the Department of Transportation requires tire

manufacturers to follow a standard marking scheme. Of course, the tire's birthday is in code. The “magic decoder ring,” which displays a tire's birthday, is available on the DoT website.

The “US DoT Tire Identification Number” is stamped on the sidewall near the rim. On some tires, it's hidden on the axle side, more commonly on raised white lettered tires. Once you find the code, it contains the tire's birthday. The last four-digits of the DoT number reveal the week and year the tire came out of the factory, so 2809 would be the 28th week of 2009.

Pressure

The only tire pressure you need to know is the one printed on the vehicle data plate. Most of these are on the driver's side door jam. It displays the manufacturer's recommended tire pressure, as their judgment of the best compromise between traction, handling, noise, wear, etc. They tune the suspension components around this number and have carefully determined how the tread contacts the road, called the contact patch, at that pressure. Any deviation makes you the test pilot.

The factory recommended pressure is a “cold” pressure. The engineers know the pressure will rise with heat, and if you are using the same size and brand the car was born with, no worries. But if you change the tires, you need to make sure the maximum allowable pressure for that tire (also printed on the tire sidewall) gives you some headroom as the tire heats up.

The only way to know how much margin you have is to stop and take a reading on a hot day after some time at highway speeds.

Temperature

That temperature sensitivity (about one psi for every 10 degrees Fahrenheit) means you have to adjust the tire pressure as the seasons change, typically in fall and spring. Now that summer is behind us, many people are proba-

bly seeing some tire-pressure warning lights if their vehicle has a tire pressure monitoring system.

If you filled your tires when it was 95 degrees outside, when the temps dip into the 30s, you could be almost 10 psi low. It's best to check first thing in the morning, and in the shade. That will give you a true “cold” reading.

Extra pressure

With gas prices still on the rise, there's a temptation to “add a little extra” with thoughts of decreasing rolling resistance and increasing gas mileage. The extra air consumes your margin, and causes the contact patch to change shape. It mucks with the handling, wet traction and braking effectiveness, plus it makes the center of the tires wear out faster than the edges.

Nitrogen

There are tons of misinformation on the claimed benefits of using nitrogen in vehicle tires. It would take pages to dispute all the rhetoric out there on this subject, so look at the big ones. First, remember air is around 80 percent nitrogen to begin with, so we aren't talking huge differences to start out with.

There are claims that nitrogen is a good deal because it leaks out more slowly (backed up by pointing out nitrogen's slightly larger molecular size). A consumer magazine took on this myth and found out it's actually true, but on the order of one or two psi a year. Since you have to adjust your tire pressure at least twice a year anyway, that difference isn't going to save you a trip to the air pump.

The bottom line is keeping up with the tire pressure is probably the single most important user-safety and gas-savings task you can accomplish, and it does take some intervention as the seasons change. However, this is not the place to get creative. Follow the factory numbers, check it often and stay safe.

Commander's Action Line

The action line is an open-door program for Team Robins personnel to give kudos, ask questions or suggest ways to make Robins a better place to work and live.

The most efficient and effective way to resolve a problem or complaint is to directly contact the responsible organization. This gives the organization a chance to help you, as well as a chance to improve its processes.

Please include your name and a way of reaching

you, so we can provide a direct response. Anonymous action lines will not be processed. Discourteous or disrespectful submissions will also not be processed.

Commander's Action Line items of general interest to the Robins community will be printed in the Robins Rev-Up.

For more information, visit
<https://wwwmil.robins.af.mil/actionline.htm>.
To contact the Commander's Action Line, call
468-2886 or e-mail action.line@robins.af.mil.

▶ Security Forces	468-2187
▶ FSS (Services)	468-5491
▶ Equal Opportunity	468-2131
▶ Employee Relations	497-8253
▶ Military Pay	468-4022
▶ Civil Engineers	468-5657
▶ Public Affairs	468-2137
▶ Safety Office	468-6271
▶ Fraud, Waste & Abuse	468-2393
▶ Housing Office	468-3776
▶ Chaplain	468-2821
▶ IDEA	497-7281



STRAIGHT TALK HOT LINE

Up-to-date information
during base emergencies
222-0815

On the Fly

Comm Help Desk support hours to change

The 78th Air Base Wing Communications Directorate's 24-7 Consolidated Help Desk and Telephone Operator Support hours for on-site support will change starts Tuesday.

Air Force manpower adjustments, budget constraints and mission growth have made it necessary to reduce onsite hours to 6 a.m. to 5 p.m. Mondays through Fridays, excluding holidays.

The CHD's 468-HELP number will rollover to two on-call military technicians after core hours.

Critical and work stoppage support requests will be addressed immediately with additional support personnel called in as needed.

Routine trouble tickets should be submitted via the Blue Star icon on employee desktops and will be addressed during normal business hours.

The Integrated Voice Response automated system will provide all after-hours and weekend telephone operator support.

Those changes will allow the 78th Communications Directorate to reallocate manpower to better address core mission tasks and direct customer support. Analysis of after-hour's ticket volume, and operator calls during off-hours indicates this will be a better use of

resources.

The Transportation Incentive Program offers financial benefits to those who commute via mass transportation in vehicles carrying six or more passengers.

The federal program aims to offset commuting costs, reduce pollution and traffic congestion, preserve the environment and expand transportation alternatives.

The maximum benefit for the Transportation Incentive Program has been reduced to \$125 per month due to federal cutbacks.

However, starting April 1, program participants will be issued debit cards rather than vouchers.

The 78th Logistics Readiness Squadron manages the program.

The phone number for the TIP Manager is (478) 926-4453 and DSN: 468-4453.

Upcoming

Register now for the **Special Operations Warrior Foundation 5K Fitness Challenge**. The run takes place Feb. 4 at the Robins 5k trail. Proceeds benefit the foundation, which gives scholarships to children of deceased or injured special ops members. For information, contact Capt. Cynthia Newberry at 497-8380 or email cgocharity5k@gmail.com.

The Robins Air Force Base Tax Center will open Jan. 30 for the 2011 filing season.

The center's final date of operation will be April 19.

The center's normal business hours will be Mondays through Thursdays from 8 to 11 a.m. and 1 to 4 p.m.

The Tax Center has moved and is now located in Bldg. 995 (formerly Robins Elementary School).

For more information, call Staff Sgt. Jenny Adams at 472-0555.

Central Georgia Marine Corps League Detachment #1373 will meet Feb. 6 at 7 p.m. at Flint Energies off Highway 96, between Sun Trust Bank and Houston County High School.

Bring your DD-214 or retired I.D. card and \$35. A short application will be provided.

For more information, call John Harmon at 472-0853.

Et cetera

The following leave recipients have been approved through the Voluntary Leave Transfer Program:

Denise Bell of the 402nd EMXSS. POC is Mark Brotherton, who can be reached at 497-8654.

Angie Gandy of the 78th AMDS. POC is Maj. Karen Kramer, who can be reached at 497-7652.

Laura Beard of the 78th MDOS. POC is Tech. Sgt. Suzanne Martin, who can be reached at 497-4710.

Alfred Belanger of the 578th SMXS. POC is



U.S. Air Force photo by SUE SAPP

Which way do we go?

Left to right, Dave Schoch, Brittney Kish and Patrick Eidson participate in a land navigation team-building activity during the Jan. 6 and 7 Leadership Robins Region Overnight Retreat here. The leadership class consists of community business leaders learning more about leadership skills and abilities.

Air Force workers can find help here

Finances & Work-Life Balance	Airman & Family Readiness Center	468-1256
Health and Wellness Education	Health and Wellness Center	497-8480
Health Screenings	Civilian Health Promotion Services	497-8030
Work, Personal or Family Issues	Employee Assistance Program	(800) 222-0364
Work Stress, Psychological Issues	Organizational Consulting Office	497-9803
Mental Health & Substance Abuse	Houston Healthcare	(478) 922-4281
Unplanned Pregnancy	Houston Healthcare	(478) 922-4281
Suicide Prevention	National Suicide Prevention Lifeline	(800) 273-8255
Sexual Assault & Victim Advocacy	Sexual Assault Response Coordinator	468-2946
Crime Victim Advocacy	Victim Witness Assistance Program	497-4584

AFMC Wellness Support Center — www.afmcwellness.com

Note: Unless otherwise noted, numbers listed in the Rev-Up are DSN numbers. If calling from a commercial or off-base phone, dial prefix 222 if listed as 472; 327 if listed as 497; or 926 if listed as 468.

David Ensley, who can be reached at 468-9758.

To list a **leave recipient**, email Lanorris Askew at lanorris.askew@robins.af.mil.

The U.S. Postal

Service Contract Unit in Bldg. 910 is open Mondays through Fridays from 10 a.m. to 2 p.m.

For more information, call Roy Williams at 229-332-0098.

Robins continues to conduct its partnership with **The Clean Air Campaign** in order to help reduce local traffic and air pollution.

To participate, visit www.logyourcommute.com.

Welcome to Robins

Air Force chief of warfighting integration and chief information officer tours AFRC, 689th CCW

Lt. Col. Ernest Mumford II, 55th Combat Communications Squadron commander, left, escorts Lt. Gen. William Lord, Air Force chief of warfighting integration and chief information officer, during his visit here Jan. 7.



U.S. Air Force photo by SUE SAPP

Lt. Gen. William Lord, Air Force chief of warfighting integration and chief information officer, gives a Career Field Transformation brief to Robins personnel in the Base Theater.



U.S. Air Force photos by ROBERT TALENTI

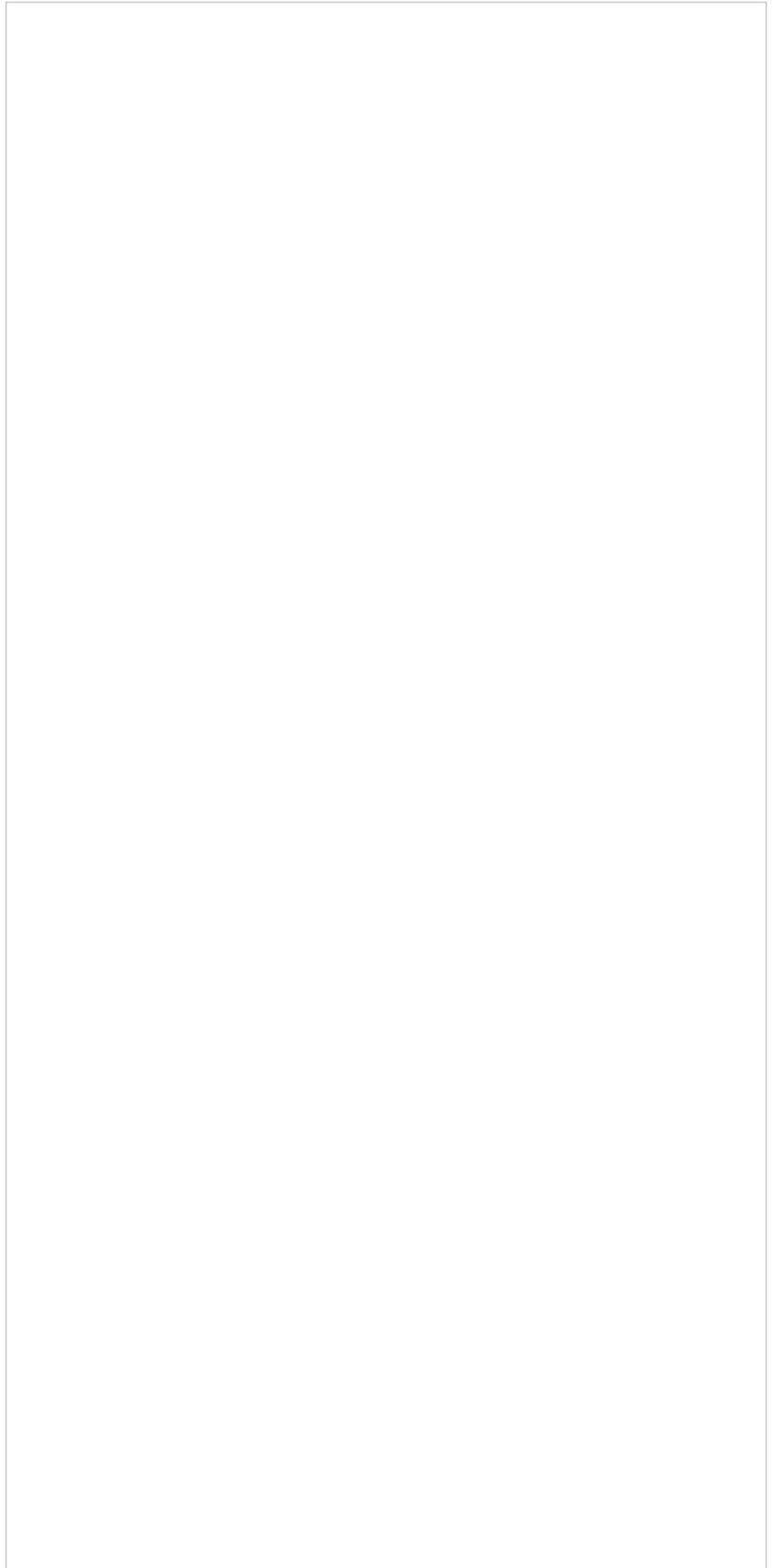
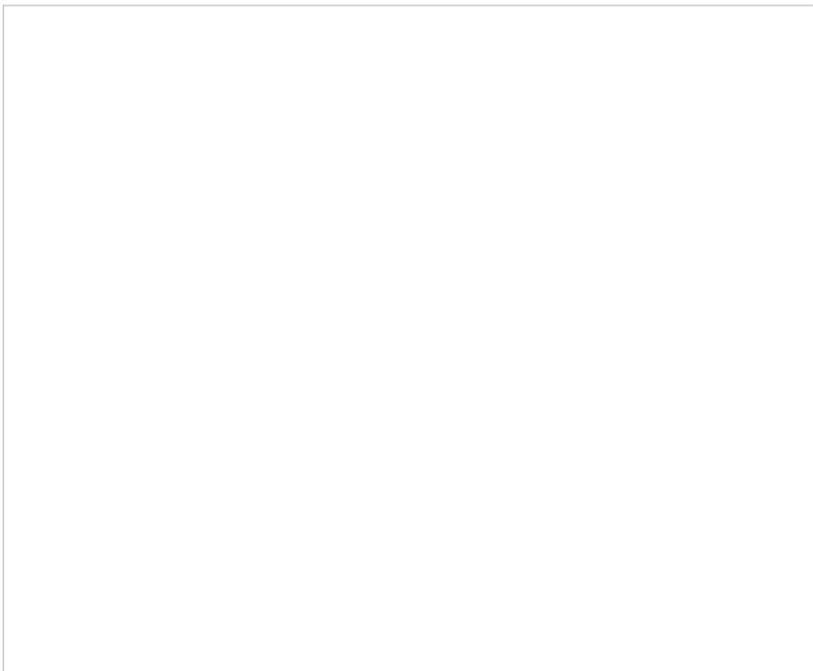
Lord talks with Col. Joseph Scherrer, 689th Combat Communications Wing commander. The visit included a variety of briefings and tours.



Staff Sgt. Dominique Nelson, 5th Combat Communications Support Squadron, blocks a knife strike by Tech. Sgt. Patricio Escanilla, 5th Combat Communications Combat Readiness School instructor, during a hand-to-hand combat demonstration.



THINK TWICE ...
ENERGY HAS A PRICE





In the still of the night

116th, 461st ACW members head to Southwest Asia



U.S. Air Force photos by MASTER SGT. ROGER PARSONS
 Airman Alan McManus, loadmaster with the 9th Airlift Squadron, Dover, Del., configures the floor rails on a C-5 Galaxy. McManus and the rest of the C-5 crew were on hand to transport Airmen and equipment from the 116th and 461st Air Control wings to Southwest Asia.

Senior Master Sgt. Michael Rackley, 116th Logistics Readiness Squadron, directs Senior Airman Lauren Cucullu, 116th LRS, as she loads an Internal Storage Unit on a flatbed truck.



Airmen from the 116th and 461st Logistics Readiness squadrons load equipment on a flatbed truck late here. Later that evening, the equipment was loaded on a C-5 Galaxy later that evening bound for Southwest Asia in support of missions being conducted by the 116th and 461st Air Control Wings.

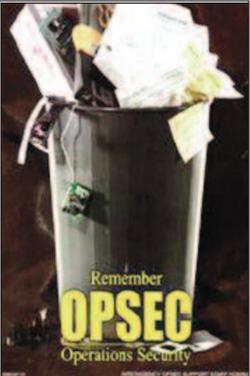


Robins AFB on Facebook, Twitter

Check out Robins on Facebook and follow the base on Twitter.

Get regular news updates and other base information.

Visit www.robins.af.mil and click on the Facebook and Twitter links.



THINK OPSEC:
 YOUR TRASH
 COULD BE AN
 ADVERSARY'S
 TREASURE



WINGMEN WANTED
 ASIST – 468-2821;
 497-8480
 EAP – 497-7683;
 468-9516
 AIRMAN AGAINST DRUNK
 DRIVING – 335-5218;
 335-5236; 335-5238

MAKING IT STICK

Robins has tools to give your resolutions staying power

BY HOLLY J. LOGAN-ARRINGTON
holly.logan-arrington@robins.af.mil



Rhonda McKnight leads a step aerobics class at the fitness center annex.

U.S. Air Force photo by SUE SAPP

WHAT TO KNOW

For more information, contact the HAWC at 497 – 8480 or the A&FRC at 468 -1256.

Traditionally, the beginning of a new year inspires people to right what's wrong in their lives.

For strong-willed, determined types, setting and achieving goals is probably a piece of cake (sorry-poor analogy for those who are weight watching readers). But, for most, it's a challenge.

Fortunately, Robins Air Force Base has tools to help.

Nikki Hernandez, a nurse educator at the Health and Wellness Center here, said the HAWC offers a variety of ways to help people conquer their New Year's resolutions.

"There's our Healthy Weight class and our Fitness Fundamentals class, which are classroom based," she said. "These classes are there to help people work on whatever they need help with. We also have our more physical classes, such as our Run Improvement classes and our Walk-to-Run classes."

Additionally, the HAWC offers classes on diabetes and how to have a healthier heart.

There is also a smoking cessation course for people who want kick the tobacco habit in 2012, Hernandez said.

"Typically, there are a few avenues for those who want to quit smoking or spit tobacco," she said. "They can come to our classes every Wednesday."

Hernandez said people can find information about the HAWC's resources in the center's newsletter, "The Telegraph" and on the HAWC's

Facebook page.

If one's goal is to save more and spend less money, Anthony Pope, a community readiness technician in the Airman and Family Readiness Center, said creating a spend plan is the best place to start.

"Call us up and make an appointment," he said. "We will sit down and do a spend plan – which is the new term for budget. You have to know how much money is coming in and exactly where that money is going in order for you to set goals to save."

Pope said people need to know exactly how much they can put into a

savings account or into an investment account, such as a Thrift Savings Plan or an Individual Retirement Account.

Pope said the best approach to managing money is to categorize it.

"Manage your money by category as opposed to looking at your bank account and saying, "Oh, I have this much money," he said. "You name that money. You say, this is for my house. This is for transportation. This is for food. You know what your mandatory bills are."

Once money is labeled it's easier to know how much can be saved, Pope said.

The A & FRC conducts monthly financial management courses which are available to all who have base access, except contractors, Pope added.

"This year, we're alternating a debt reduction class and a credit management class every other month," he said. "This month, we're going to have the credit management class. In February, we will have the debt reduction class, and so on."

Hernandez explained that having a plan is the best way to ensure success no matter what the goal.

"Make a plan, of course," she said. "A lot of people make resolutions without a plan. They may say "I want to lose weight," which is pretty vague. It definitely has to be more specific."

Putting your goals in writing is also a good way to commit to succeed, said Hernandez.

"One of the things we recommend in tobacco cessation is to actually sit down and think about why you want to start this resolution," she said. "Why do you want to quit smoking? Why do you want to lose weight?"

Hernandez also recommended people put their resolutions on Post-it notes and stick them in areas where they'll be seen throughout the day.

TRICARE Young Adult Prime option available

The TRICARE Young Adult Prime option is now available.

TYA Prime offers young adult beneficiaries TRICARE Prime coverage for monthly premiums of \$201.

To purchase TYA Prime, dependents must be younger than age 26, unmarried and ineligible for his or her own employer-sponsored health care coverage.

TYA Prime is a managed health care option with low out-of-pocket costs. Care is delivered through military clinics and hospitals, and the TRICARE network of civilian providers.

Uniformed services dependents may qualify to purchase TYA Prime if they live in a designated Prime Service Area and their sponsor's status makes them eligible for Prime coverage.

In addition to TYA Prime, young adult dependents may also be eligible for TYA Standard, which has been

available since May 2011.

With monthly premiums of \$186, Standard offers eligible dependents the flexibility to see TRICARE-authorized network and non-network providers of their choice, wherever they live or travel. The Standard monthly premium dropped to \$176, January 1.

Complete information and application forms are available at tricare.mil/tya.

Sponsors and their adult dependents are encouraged to explore both commercial and military health care plan options and costs when choosing a plan to best meet their needs.

Young adults considering TYA should determine if they are eligible before completing and sending in an application.

Eligible dependents may drop off the application and payment of three months of premiums at a TRICARE



Medic's message

AFMS - Robins - 78th Medical Group
Like us on Facebook!

Service Center, send them by mail or fax them to their regional health care contractor.

Once the initial payment is made, monthly premiums must be paid in advance through automated electronic payment.

TYA Prime enrollment will follow the TRICARE Prime "20th of the month rule." As long as the TYA enrollment application is received by the 20th of the month, coverage can begin on the first day of the next month.

Dependent eligibility for TRICARE previously ended at age 21, or age 23 for full-time students. Similar to provisions in the 2010 Patient Protection and Affordable Care Act, TYA offers eligible young adults up to

age 26 the option to continue TRICARE Standard or Prime coverage, as long as their sponsor is eligible for TRICARE.

Unlike employer-sponsored health plans, TYA is available only to unmarried young adult dependents.

Sign up for TRICARE e-mail updates at tricare.mil/subscriptions.

Connect with TRICARE on Facebook and Twitter at facebook.com/tricare and twitter.com/tricare.

Editor's Note: The TRICARE Management Activity administers the worldwide health care plan for 9.6 million eligible beneficiaries of the uniformed services, retirees and their families.

— Courtesy
TRICARE.mil

Robins AFB Chapel presents...

FREE

Wealth Empowerment Seminar

A Common Sense Biblical Approach to Money Management

Jan 27 – 28 ~ Base Chapel

Friday - 6:30 PM - 9:00 PM
Dinner provided

Saturday - 8:30 AM - 5:00 PM
Breakfast & Lunch Provided

♦ **Space is Limited to 30 Attendees**
♦ **Child Care is Provided**

TO REGISTER, PLEASE CALL
QUEEN SMITH AT (478) 918-3777
Sponsored by Robins AFB Chapel
655 Ninth Street 926-2821

AIR FORCE

VISION



GLOBAL VIGILANCE • REACH • POWER

HAPPENINGS

ON TAP

Texas Hold 'Em

Saturday
Sign-up at 1:30 p.m.
Games start at 2 p.m.
Members \$15, Guests \$20
Heritage Club Lounge
For details, call 472-7864.

Football Frenzy

Sundays
Doors open at noon
Heritage Club Lounge
For details, call 472-7864.

Ditch Your New Year's Resolution Day

Tuesday
Buy a meal at Fairways Grille
Receive a complimentary dessert
For details, call 468-4103.

Bundles for Babies Passport to Parenthood

Tuesday
8 a.m. to noon
Bldg. 794
Call 327-8380 to sign up
For details, call 468-1256.

Starting a Small Business

Tuesday
1 to 3 p.m.
Bldg. 794
For details, call 468-1256.

Eskimo Lope 5K

Wednesday

Register at 7 a.m.
Race begins at 7:30 a.m.
Fitness Center
For details, call 468-2128.

Volunteer Services

Wednesday
10 to 11 a.m.
Bldg. 794
For details, call 468-1256.

UPCOMING

Heart Link

Jan. 20
8 a.m. to 3 p.m.
Bldg. 794
Sign up by Jan. 18
For details, call 468-1256.

Boss N' Buddy

Jan. 20
4 to 5 p.m.
Heritage Club Lounge
For details, call 472-7864.

Interview Preparation

Jan. 23
1 to 3 p.m.
Bldg. 794
For details, call 468-1256.

Writing a Business Plan

Jan. 24
1 to 3 p.m.
Bldg. 794
For details, call 468-1256.

Right Start

Jan. 25

8 a.m. to 12:30 p.m.
Bldg. 794
For details, call 468-1256.

Credit Management

Jan. 25
2 to 3 p.m.
Bldg. 794
For details, call 468-1256.

Navigating USAJobs

Jan. 26
9 to 11 a.m.
Bldg. 794
For details, call 468-1256.

Private Pilot Ground School

Feb. 6 to March 28
Aero Club
Sign up early, seats limited
For details, call 468-4867.

ONGOING

Golf Twilight January Special

\$20 after 2 p.m.
18 holes, cart included
For details, call 468-4103.

NASCAR Daytona 500

Tickets now on sale at ITT
\$27 to \$199
For details, call 468-2945.

Breakfast at Fairways Grille

Seven days a week
7 to 10 a.m.
For details, call 923-1717.

FSS Gift Cards

\$5 - \$1,500
No expiration dates
Pick up cards at the Arts & Crafts Center, Bowling Center, Horizons, ITT and Outdoor Recreation

FSS Wireless Hot Spots

Participating facilities include the golf course, Base Restaurant, Afterburner, Heritage Club, Horizons, Library and Bowling Center.



U.S. Air Force file photo by SUE SAPP

Tops In Blue

Tops In Blue "Rhythm Nation," an all active-duty Air Force group made up of talented amateur performers selected for their entertainment abilities, will showcase its talent Feb. 14 at the Warner Robins Civic Center. Doors open at 6:30 p.m. Showtime is 7 p.m. For more information, call 468-5492.



GET OUT AND PLAY!

with **PLAYpass**

Great Rewards and Discounts to Support Our Deployed Families and Single Airmen

The PLAYpass program has been extended through December 2012. To get your PLAYpass, stop by the 78th Force Support Squadron Marketing Office in Bldg. 983, at the corner of Tenth and Warner Robins streets, Monday through Friday from 9 a.m. to 3 p.m. For more details, call Venus Mansourzadeh at 468-5492.

78th FSS DIRECTORY

- ▶ FSS Admin468-3193
- ▶ Community Center . 468-2105
- ▶ Outdoor Rec468-4001
- ▶ Base Chapel468-2821
- ▶ Arts & Crafts468-5282
- ▶ Horizons468-2670
- ▶ Heritage Club468-2670
- ▶ Library497-8761
- ▶ HAWC497-8480
- ▶ Fitness Center468-2128
- ▶ Fitness Annex472-5350
- ▶ Youth Center468-2110
- ▶ Tickets, Travel . . .468-2945
- ▶ Bowling Center . . .468-2112
- ▶ Pine Oaks G.C. . . .468-4103
- ▶ Pizza Depot468-0188

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