



The C-130 was originally designed in the 1950s as an assault transport but has since been adapted to perform a variety of missions.

## Musical Notes



PAGE 5



medic's  
message

Flu vaccinations  
still available

PAGE 6

# ROBINS REV-UP

December 2, 2011 Vol. 56 No.47

## NEWS

### YOU CAN USE

#### Tis the season

Members of Team Robins will be participating in the following parades across Middle Georgia:

- Cochran Lighted Christmas Parade, today, 7 p.m.
- Warner Robins Christmas Parade, Saturday, 10 a.m.
- Perry Christmas Parade, Saturday, 2 p.m.
- Dublin Christmas Parade, Saturday, 4 p.m.
- Hawkinsville Christmas Parade, Saturday, 5:30 p.m.
- Macon's Middle Georgia Christmas Parade, Sunday, 3 p.m.
- Centerville Lighted Christmas Parade, Dec. 10, 7 p.m.

#### Leadership class schedule

The following classes are scheduled for December:

- Tim Nelson will present "Principles of Change Management, Leverage Technology" Monday from 2 to 4 p.m. in Bldg. 905, Room 141.
- Mickie Cranford will present "Human Capital Management" Wednesday from 9 to 11 a.m. in the Aerospace Sustainment Directorate's executive conference room in Bldg. 301.

#### Retiree First Weekend

This weekend the Robins Reconnecting with Retirees campaign will offer free coffee, discounts and other specials at locations across the base, including the Base Exchange, Commissary, Pine Oaks Golf Course, and at Pass and ID. Also:

- Available today in the Medical Group Atrium:
  - Information pamphlets from Radiology, Lab, and Third Party Collections
  - Pharmacy: "Ask a Pharmacist" consultations and formula-ry/pharmacy information handouts
  - TRICARE: Benefits brochures and walk-in office hours (Bldg. 700)
  - Immunizations: Walk-up flu vaccines (Bldg. 700a)
  - Dental: Pamphlets and give-aways
  - Optometry: Visual acuity tests, 10 a.m. to 2 p.m.

Today at the Health and Wellness Center:

- Fitness Fundamentals classes, 10 to 11 a.m. and 11 a.m. to noon
- Diabetic Self Management Class, 9 to 11 a.m.
- Blood pressure machine available for self-screening
- Educational materials
- Other services:
  - First Friday Heritage Club, 5 to 6 p.m.
  - Saturday – The Military Personnel Flight will be open for Military Retiree ID Cards from 9:30 to 11 a.m.

## Robins off DoD Top 40 Lost Time List

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

Robins Air Force Base did not appear on this year's Department of Defense Top 40 Worst Installations list for fiscal 2012 for civilian lost production days.

Robins had been on the list since fiscal 2003, when it was at the top of the list; in fiscal 2011, it was ranked number 21.

There have been a number of efforts put in place which have directly attributed to Robins being off this year's list, including partnership efforts involving the 402nd Maintenance Wing, AFGC Local 987, Directorate of

Personnel's Injury Compensation Office, and the 78th Medical Group.

Especially in the last year, a culture of workplace safety has pervaded industrial shops across the installation. Through proactive measures in education, planning meetings and briefings, training, and safety initiatives and awareness campaigns, it can be agreed that important changes have been made in how we perform and do business.

"There has been a big emphasis on safety in the 402nd MXW," said Jay Fiebig, 402nd MXW technical director.

Some of that emphasis

includes a now active Ergo program, more briefings to units on various bioenvironmental hazards, more investment and attention in personal protective equipment, and open, responsive communication between employees, union representatives and management.

More innovative equipment was brought in to assist workers, such as improved fall protection, special lifting devices, lift tables to keep workers from bending over, and the addition of ergonomic tools for maintenance employees.

"If you can bring the work to the worker, rather than vice versa,

then you are much better off," said Roger Hayes, 402nd MXW safety chief. "It's all about trying to keep the worker in a neutral position to minimize strains. I believe we have all come together for a common goal – and that's to protect our workers. Safety is everyone's responsibility."

Other initiatives included the 78th MDG adding a rehabilitation specialist in the 402nd MXW who specifically works with employees to help lessen their time away from the work site.

The Voluntary Protection

► see LIST, 8



## WEATHER WATCHERS

Staff Sgt. Mike Yost, 78th Operations Support Squadron Weather Flight Airfield Service NCOIC, monitors current weather conditions.

U.S. Air Force photo by SUE SAPP

## Forecasters keep Robins aware, prepared

BY CHRISSEY MINER

Christine.miner@robins.af.mil

Late afternoon, Nov. 16, employees here found themselves crowded into hallways and other designated shelter-in-place locations, as the siren on giant voice roared.

The award-winning weather flight here had just issued a tornado warning on the installation, which triggered a frequently-rehearsed movement of the masses into designated safe locations. Almost programmatically, phone calls launched to

check on loved-ones and Facebook updates were posted to the Web.

Quickly, the wellness checks turned into confusion and distress. "What do you mean my kids are on the school bus?" exclaimed one mother. "How can that happen; wasn't a tornado warning just issued?"

1st Lt. Devan Lynch, weather flight commander, offers some insight into the mother's concern that day.

"Unlike the National Weather Service, our watches and warnings are for a much

smaller area of interest," said Lynch. "A Robins weather watch or warning is valid for a five-mile area of interest centered on Robins, whereas a NWS warning may cover hundreds of square miles in one issuance."

While the base was under a NWS 'watch' during the issuance of the base tornado warning, NWS never issued a warning which would have impacted the region off-base.

The day began as typical,

► see WEATHER, 3

## ESOH CAMP, LCAP inspections begin Monday

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

An inspection team from Air Force Materiel Command's Environmental, Safety and Occupational Health Compliance Assessment and Management Program will visit the Warner Robins Air Logistics Center next week.

These inspectors assess management effectiveness and monitor compliance with federal, state and local laws. They will be looking at management of environmental compliance, occupational safety and health, and safety programs in areas in civil engineering, medical and environmental squadrons within the 78th Air Base Wing, 402nd Maintenance Wing and other mission partners.

For example, environmental management within the 78th will be most impacted, but any shop from across the installation could be visited.

As part of Air Force headquarters efficiencies, the AFMC Inspector General is tasked with aligning all inspection types. That will align its inspections with other major headquarters' inspections bringing one inspection team here every two years, according to Air Force

► see INSPECTION, 3

## Team Robins hidden hero finally recognized

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

When a dear friend from high school was killed in Vietnam in the late 1960s, Gary Graeber knew he had a duty to fight for his country.

"So, I volunteered for Vietnam," said Graeber, an industrial engineering technician with the 560th Aircraft Maintenance Squadron.

The year was 1969. Just two years earlier, the southern California native had joined the Air Force fresh out of high

school. But at first, he and a group of friends were undecided, almost joining the Marine Corps.

"However, I listened to that Marine recruiter – and I went across to join the Air Force," Graeber recalled with a chuckle.

After receiving extensive training in electronics, cryptology and morse code, his skills were put to use gathering intelligence and information for the U.S. government while stationed in Vietnam.

As an enlisted crew member, he flew hundreds of hours worth of missions with

the 6994th Security Squadron across Vietnam, Thailand, Laos and Cambodia from 1969 to 1971.

His time aboard various C-47s took him from Pleiku Air Base, where attacks occurred almost daily, to missions over the Ho Chi Minh Trail, and back to Tan Son Nhut Air Base near Saigon.

Along with a crew consisting of pilot, copilot, navigator, and a few other men, his squadron included morse radio intercept operators, linguists, communications



courtesy photo

Gary Graeber holds a display case commissioned by a coworker which encases all of his medals.

► see HERO, 2

## THINK SAFETY

Days without a DUI: 21  
Last DUI: 461st CSS

AADD

To request a ride, call 222-0013.

— courtesy 78th Security Forces

## TWO-MINUTEREV



Safety slogan for the week of Dec. 4 through 10:  
"Safety – everyone's full time job."

Workers are also subject to falls or to the dangers of falling objects if sides and edges, floor holes, and wall openings are not protected.



Robins Air Force Base on Facebook, Twitter

Check out Robins on Facebook or follow the base on Twitter. Get regular news updates and other base information. Visit [www.robins.af.mil](http://www.robins.af.mil) and click on the Facebook and Twitter links.

# Page Two

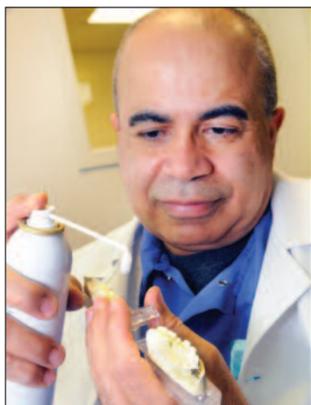
## UNIT PROFILE: 78th Dental Squadron

### What it does

The 78th Dental Squadron provides multidisciplinary clinical dental support and care for 6,000 active duty personnel from four major commands. It protects the oral healthcare of the warfighter by delivering full spectrum dentistry to Airmen, Soldiers, Sailors and Marines. The services provided include dental exams, radiographs and cleanings; fillings, crown and bridge procedures; root canals, sedation oral surgery, gum disease treatment, and more.

### Why it matters

Dental readiness is crucial to the successful mobilization of deployed forces, as dental emergencies can significantly affect the mission of a deployed unit. As many as 22 percent of all emergency visits at deployed Expeditionary Medical Support facilities have been attributed to dental problems. Every effort is made to give deploying military personnel a dental examination to identify correctable conditions before their arrival in theater.



U.S. Air Force photo by SUE SAPP

**Alex Griffith, dental ceramist, prepares a cast for the computer to mill a ceramic crown.**

### By the numbers

**700**

Lab cases in 2011.

**474**

Dental deployment exams in 2011.

**4K**

Dental examinations and cleanings in 2011.

**16K+**

Dental patient visits in 2011.

**\$3.7M**

Dental clinic productivity in 2011.

### What they say



**Mary Dufford**  
Dental assistant

"I enjoy working with patients and doing a good service for them. The different people from different backgrounds are altogether here for one great cause."



**Maj. Tamara Murray**  
General dentist

"I feel working with my hands is my gift. When people come to me with a problem, and I can help them, it makes me happy."

## In the Spotlight



**Wayne Carley**

**TITLE:** Lead Flight Instructor, Museum of Aviation Flight Simulation Department.

**BACKGROUND:** Carley served in the Navy for six years. He has worked at the museum for five years.

**HOMETOWN:** Denver, Colo.

"I'm responsible for teaching curriculum for ages 12 through adult, using six different curriculum plans for those age groups. They cover science, technology, engineering and mathematics."

"I'm also responsible for the flight simulation department, which is the platform for all of our curriculum."

"I enjoy the diversity of the age groups I work with and the diversity of technology. Prior to working at the museum, I worked with a marketing company."

Carley is currently working toward a master's degree in communications.

**Favorite movie:** "Raiders of the Lost Ark."

"Hobbies I enjoy include snow skiing. I'm a pilot, so I like to fly. I write and have published two magazines."

**Favorite meal:** Ribs.

## TAKING THE INITIATIVE

### Workers emphasize beryllium awareness

**BY JENNY GORDON**

jenny.gordon.ctr@robins.af.mil

The results of a visit from the Occupational Safety and Health Administration several months ago are just another example of workers taking control of their own safety.

Due to an employee complaint filed regarding possible beryllium dust exposure, OSHA conducted a site visit to Bldg. 20031.

Employees perform lapping of copper beryllium bushings to make parts fit to a certain tolerance. The grinding process has the potential for beryllium dust to escape into the air.

Air monitoring was conducted alongside OSHA inspectors, but bioenvironmental engineering found nothing exceeded regulatory standards, according to Toni Hurley, an industrial hygienist with the Warner Robins Air Logistics Center's newly-formed Safety Management System Implementation Team.

Hurley added the BIO office had conducted air monitoring for beryllium during the process many times before, but never found exposures above regulatory limits.



One thing that became apparent from the OSHA visit was how much awareness employees had in how to handle beryllium.

Through Voluntary Protection Programs and American Federation of Government Employees Local 987 efforts, training was conducted on identifying hazards, using the correct engineering controls and making sure workers know how to protect themselves by wearing proper personal protective equipment to reduce airborne exposures.

There was compliance with all bioenvironmental requirements.

"It just showed that workers were taking good initiatives," said Hurley.

## HERO

Continued from 1

analysts and equipment repairmen ready to get the job done.

Sometimes his mission would allow for only a few hours in one location, then it was back in the air again, gathering invaluable information on enemy locations and activities.

Despite the heat and humidity, he remembers Vietnam being a beautiful country. He has not been back since.

When he returned to the states in 1971, the country was a different place then. Even 40 years later, he still remembers every harsh look given and word that was said to him while on his way back to his family.

"Even in the airport in San Francisco, people were yelling nasty things at you while you were in uniform. It was really something," he said. "It made me feel almost ashamed when you were pretty proud of what you did."

"I felt that I really helped save people by eliminating the enemy," he added.

After attending college and working several years at McDonnell Douglas, he and his former wife decided to move to Middle Georgia to be near family.

He was hired at Robins in 1988, first working as a mechanic on the C-141 and

C-130s. Now he works as a planner with the C-130 Avionics Modernization Program.

David "Opie" Hurst met Graeber one day, and after talking with him, knew he had an unsung hero in his midst and wanted to do something special for him.

Hurst decided it would be fitting to have a display case made by the base Arts & Crafts Center staff, encasing all of Graeber's honors.

"His stories were captivating," said Hurst, C-130 PDM Quality Assurance chief. "I was very interested in seeing his medals and patches. I was fascinated, and also very proud to meet someone who served in such a difficult time in our nation's history."

"I knew that he and so many thousands more like him never got recognized as being heroes by the country they proudly served," he said. "He never received any of his medals during ceremonies. Seeing his face today, and knowing that he will receive this recognition and be able to pass on his legacy to his son, made my year, not just my day. I know there are many hidden heroes at Robins."

Graeber served in the Air Force from 1967 until 1973. For his years of service, particularly in Vietnam, among the many honors he received was the Distinguished Flying Cross

for a mission performed near Phu Cat. He received the honor in the mail, with a letter from the governor of Washington thanking him for his service.

He also received five Air Medals, and was proud of the fact his squadron had twice received the Presidential Unit Citation.

He flew more than 1,300 air combat hours.

Graeber is particularly overjoyed when he sees that veterans returning home from Afghanistan and Iraq are welcomed and supported.

He's also humbled by his supervisors and co-workers who honored him with the display case.

"To me, this presentation of my medals is finally a welcome home," he said.

He's quick to point out that he loves his job on base as an aircraft production planner, and being out on the flight line.

"There are a lot of veterans who work out here who are really dedicated, hard-working people.

They've done more than I as far as Vietnam, and they're all hard-working people," Graeber said. "That's one thing I like about this place. You come out here, and it doesn't matter where you came from or what you look like. Everybody works together as Americans getting these aircraft out. It's a really good feeling."

## STRAIGHT TALK HOT LINE

Up-to-date information  
during base emergencies  
**222-0815**

## INSPECTION

Continued from 1

Instruction 90-803.

The last ESOHCAMP Tier III audit occurred in January 2009, when a two-member team from AFMC visited Robins.

To give an idea of what to expect, inspections will focus on document reviews of environmental policies and procedures, safety program management evaluations (for example, in motorcycle safety), and occupational health assessments provided by bioenvironmental engineering to its customers.

Inspectors from

AFMC's Logistics Compliance Assessment Program will also be visiting during the same period. Visits will include areas within the 402nd Maintenance Wing, 78th Air Base Wing and 638th Supply Chain Management Group.

"The wing has been very busy balancing the extra work of inspection preparedness with safely producing the highest quality aircraft, commodities, electronics and software for the warfighter – on time," said Col. Evan Miller, commander of the 402nd MXW. "I am anxious for the inspection team to arrive and have them validate the mainte-

nance we perform every day is disciplined, safe and effective."

An outbrief of inspection findings will be conducted Dec. 12 at 9 a.m. in the Heritage Club ballroom.

During a Commander's Call on Nov. 18, 78th ABW commander Col. Mitchel Butikofer encouraged everyone to take pride in the base, give a good first impression, and to show inspection teams what a great place this is to live, learn, work and play.

"This will be critical," said Butikofer. "We are going to be asking all of you to make sure the base looks the best it can."

## WEATHER

Continued from 1

with a comprehensive situational awareness and forecast discussion briefing given by Senior Airman Nicole Gilmore. As the day progressed, the weather flight kept a stern eye on the increasingly changing state of the atmosphere. By early afternoon, the team decided conditions were favorable for tornadoes in the region, including Robins. The weather watch was upgraded for the potential of severe weather at 1:15 p.m.

As the storms advanced, the weather team, in conjunction with the regional forecasting center at Barksdale AFB, used Doppler weather radar to

interrogate the storm cells. Rotation within the cells was indicated by velocity data, which led to the issuance of the tornado warning. "Using the latest in weather radar, satellite, and lightning detection technology, we initiated the tornado warning at 3:20 p.m.," said Roddy Nixon, senior meteorological technician. "We observed a wall cloud, commonly associated with tornado producing storms, as it moved across the northern perimeter of base."

Fortunately, a tornado never touched ground on Robins that day. However, the storm did produce over a dozen reports of wind damage, hail, and tornadoes just east of the base.

The close call that day

stresses the need for preparedness when dealing with severe weather, says Nixon.

"Both forecast offices, here at Robins and at NWS Atlanta, place a high premium on preparedness for the occurrence of severe weather," he said. "We are constantly reminding members of Team Robins to remain vigilant."

"Watches mean 'think' and warnings mean 'act', no matter who issues them," added Lynch. "There is no room for a lax attitude when it comes to severe weather!"

Severe weather preparedness actions can be found on the Robins public website, under additional links, Weather, and Severe Weather Awareness.

Please recycle this newspaper.

KEEP'EM FLYING AFSO21

# ViewPoints

“Even if you're on the right track, you'll get run over if you just sit there.”

– Will Rogers

## WR-ALC VISION

A “World-Class” Center of Acquisition and Sustainment Excellence

## WR-ALC FOCUS

- ▶ Exceed Warfighter and Customer Expectations
- ▶ Lead DoD in Cost Management
- ▶ Re-energize and Sustain Continuous Process Improvement

## HOW TO CONTACT US

Robins Office of Public Affairs  
620 Ninth Street, Bldg. 905  
Robins AFB, GA 31098  
468-2137  
Fax 468-9597

## EDITORIAL STAFF

COMMANDER  
**Col. Mitchel Butikofer**

PUBLIC AFFAIRS DIRECTOR  
**Rick Brewer**

INTERNAL INFORMATION CHIEF  
**Geoff Janes**

EDITOR  
**Lanorris Askew**

lanorris.askew@robins.af.mil  
472-0806

STAFF WRITER  
**Jenny Gordon**

jenny.gordon.ctr@robins.af.mil  
472-0807

PHOTOGRAPHER  
**Sue Sapp**

sue.sapp@robins.af.mil  
472-0805

## Air Force leaders issue holiday safety message

**WASHINGTON (AFNS)** – *Secretary of the Air Force Michael Donley, Air Force Chief of Staff Gen. Norton Schwartz and Chief Master Sgt. of the Air Force James A. Roy send the following holiday safety campaign message to all Air Force personnel:*

“Safety never takes a holiday” is the theme of this year’s holiday safety campaign. We urge all Airmen, uniformed and civilian, to take a few extra minutes to thor-

oughly think through your holiday plans and use sound risk management when traveling and participating in winter activities.

“We also thank our Airmen, commanders, family members, and safety professionals who are working very hard to reduce mishaps. Your efforts are paying off. We lost no Airmen to personal motor vehicle mishaps between Christmas and New Year’s Day during the past two years.



Donley



Schwartz



Roy

This year, we are on track to achieve the Secretary of Defense’s goal to reduce preventable, off-duty automobile mishaps.

“We still have work to do in other mishap areas and will roll out a ‘Quest

for Zero’ initiative in the coming year to reduce preventable on-duty fatal mishaps.

This year’s holiday safety campaign focuses on stress management, winter driving, winter sports,

responsible drinking, and preventing complacency. All Airmen have a responsibility to ensure a safe holiday for themselves, their fellow Airmen, and their families by being alert to safety risks, both on- and off-duty. By employing personal and wingman risk management concepts, we might once again enjoy a successful winter holiday season with no preventable mishaps.

“Whether you are deployed or serving at home, your dedication and sacrifice are profoundly appreciated. Happy holidays to you and your families. Travel and celebrate with care, and remember safety never takes a holiday.”

## Commander’s Action Line

The action line is an open-door program for Team Robins personnel to give kudos, ask questions or suggest ways to make Robins a better place to work and live.

The most efficient and effective way to resolve a problem or complaint is to directly contact the responsible organization. This gives the organization a chance to help you, as well as a chance to improve its processes.

Please include your name and a way of reaching

### SOCCER FIELDS

I wanted to point out the terrible condition the Robins youth soccer fields are in – or will be in very soon if the irrigation systems are not repaired ASAP.

The problem is the irrigation system has been inoperable for several years due to the heads leaking.

The ground has become very firm raising the risk of injuries when the kids fall.

Letting the U14 and U12 fields reach this condition could drive parents to take their kids to other soccer organizations.

I have heard them speaking

about the bad field conditions.

During the spring season, I also heard complaints from visiting teams about the bad field conditions.

This problem has been brought to the 78th Civil Engineer Squadron’s attention, but they have made several excuses why the irrigation has not or cannot be repaired at this time.

These field conditions put the players at unnecessary risk of impact injuries and do not give a very good impression to visiting teams which come here to play.

you, so we can provide a direct response. Anonymous action lines will not be processed. Discourteous or disrespectful submissions will also not be processed.

Commander’s Action Line items of general interest to the Robins community will be printed in the Robins Rev-Up.

For more information, visit <https://www.mil.robins.af.mil/actionline.htm>.

To contact the Commander’s Action Line, call **468-2886** or e-mail [action.line@robins.af.mil](mailto:action.line@robins.af.mil).

### COL. BUTIKOFER RESPONDS:

First of all, let me thank you for bringing this to our attention as the safety and well-being of our children are paramount in our thoughts.

I too noticed the poor condition of our youth fields and directed our Youth Center and Civil Engineer Staff to look into and correct the problem.

Over the past several weeks you may have seen the conditions improve as the sprinkler systems have been under repair and functioning.

We also have three projects

▶ Security Forces	468-2187
▶ FSS (Services)	468-5491
▶ Equal Opportunity	468-2131
▶ Employee Relations	497-8253
▶ Military Pay	468-4022
▶ Civil Engineers	468-5657
▶ Public Affairs	468-2137
▶ Safety Office	468-6271
▶ Fraud, Waste & Abuse	468-2393
▶ Housing Office	468-3776
▶ Chaplain	468-2821
▶ IDEA	497-7281

in the works that will repair the irrigation system to the ball field across the street from Sun Trust Bank; replace multiple, damaged sprinkler heads throughout the grounds; and will add an irrigation system to the small U4/U6 soccer field nearest the Youth Center.

The grass is already becoming greener and the ground has softened but we will continue to improve the system and the fields.

Thanks you again for caring enough to bring this to our attention.

# On the Fly

## Reserve Band hosts annual holiday concert

The Air Force Reserve Command will present its free annual holiday concert by the Band of the U.S. Air Force Reserve Thursday at 7 p.m. at the Museum of Aviation.

"2011 has been a wonderful year for us. We have travelled across the globe in support of Reserve missions and have brought a touch of home to our deployed service members abroad," said Maj. Donald Schofield, Band of the U.S. Air Force Reserve commander. "We have had the good fortune of performing this year with guest artists Wynonna Judd, Robin Meade, Little Big Town, Lee Ann Womack, Clay Walker and Nan Kelly.

"Bringing that level of professional entertainment to our troops, families and employees truly underscores how committed the Air Force Reserve is in developing relationships," he added. "Now, once again, we're thrilled to end this year sharing the gift of music with our Middle Georgia friends and family this holiday season."

The band will perform festive holiday music. The concert is open to the public.

The performance will be inside the Museum's Century of Flight Hangar. Doors open at 6 p.m. The concert will start at 7 p.m. Seating is limited.

— Courtesy AFRC

## SECDEF employer support award

Employer Support of the Guard and Reserve, a Department of Defense agency, is now accepting nominations for the 2012 Secretary of Defense Employer Support Freedom Award.

The Freedom Award is the DoD's highest award for civilian employers supporting Guard and Reserve members.

The DoD encourages all Guard and Reserve members to nominate employers who have provided exceptional support of their military service. Nominations may be submitted by service members, or a family member acting on their behalf, at [www.FreedomAward.mil](http://www.FreedomAward.mil) through January 16, 2012.

The Freedom Award was instituted in 1996 to recognize exceptional support from the employer community. In the years since, 160 employers have been honored with the award.

ESGR was established in 1972 to develop and maintain employer support for Guard and Reserve service. ESGR advocates relevant initiatives, recognizes outstanding support, increases awareness of applicable laws, and resolves conflict between service members and employers.

The 2012 recipients will be announced by early summer and honored in Washington, DC during

a special ceremony early next fall.

For more details, visit [www.FreedomAward.mil](http://www.FreedomAward.mil) or contact Beth Sherman, ESGR Public Affairs, at 703-696-1171, ext. 539.

## Upcoming

**Central Georgia Marine Corps League Detachment #1373** will meet Monday at 7 p.m. at Flint Energies off Highway 96, between Sun Trust Bank and Houston County High School.

Bring your DD-214 or retired I.D. card and \$35. A short application will be provided.

For more information, call John Harmon at 472-0853.

The annual **Team Robins Angel Tree Christmas Drive** solicits aid from the base community to ensure all children with ties to Robins have plenty of presents to open Christmas Day.

The Angel Trees and collection boxes are located at the Commissary and Base Exchange. Donations will be accepted through Dec. 16.

Gift cards and monetary donations are also being accepted.

Checks should be made out to the Team Robins First Sergeant's Council.

For late donations, contact Sherry Williams at 468-2141 or Master Sgt. Alex Rodriguez at 497-5117.

**The Base Furniture Store** will no longer be open Mondays, beginning



Courtesy photo

## Missile move

The Museum of Aviation and City of Warner Robins recently removed this MACE missile from a pedestal on I-75 to the museum. The missile was placed alongside I-75 sometime around 1964 after it was retired from service as a nuclear tipped weapons system in Germany and Okinawa.

## Air Force workers can find help here

Finances & Work-Life Balance	Airman & Family Readiness Center	468-1256
Health and Wellness Education	Health and Wellness Center	497-8480
Health Screenings	Civilian Health Promotion Services	497-8030
Work, Personal or Family Issues	Employee Assistance Program	(800) 222-0364
Work Stress, Psychological Issues	Organizational Consulting Office	497-9803
Mental Health & Substance Abuse	Houston Healthcare	(478) 922-4281
Unplanned Pregnancy	Houston Healthcare	(478) 922-4281
Suicide Prevention	National Suicide Prevention Lifeline	(800) 273-8255
Sexual Assault & Victim Advocacy	Sexual Assault Response Coordinator	468-2946
Crime Victim Advocacy	Victim Witness Assistance Program	497-4584

### AFMC Wellness Support Center — [www.afmcwellness.com](http://www.afmcwellness.com)

**Note:** Unless otherwise noted, numbers listed in the Rev-Up are DSN numbers. If calling from a commercial or off-base phone, dial prefix 222 if listed as 472; 327 if listed as 497; or 926 if listed as 468.

Monday. Its new hours of operation will be:

Tuesdays through Fridays from 10 a.m. to 6 p.m.

Saturdays from 11 a.m. to 5 p.m.

Closed Sundays and

Mondays.

## Et cetera

**The following leave recipient has been approved** through the Voluntary Leave Transfer Program: *Elizabeth Midkiff*

of WR-ALC/GR. POC is Larry Schofill at 472-1902.

To list a **leave recipient** in the Rev-Up, email Lanorris Askew at [lanorris.askew@robins.af.mil](mailto:lanorris.askew@robins.af.mil).

# IT'S NOT TOO LATE TO VACCINATE – *Get your flu shot today*



**Medic's**  
message

AFMS - Robins - 78th Medical Group  
Like us on Facebook!

## REPORT SUSPICIOUS ACTIVITY TO 926-EYES

Flu Shots are here and so is the flu. Twenty-five states have influenza activity as of Nov. 18, according to the CDC. It takes two weeks for the vaccine to “work,” so get it now before the flu gets you.

Seasonal influenza epidemics occur annually in the United States. Estimates of influenza-related events include 95 million infections, 25 million physician visits, 200,000 hospitalizations and, on average, 36,000 deaths annually in the United States.

Immunization is the key to seasonal influenza prevention.

Influenza vaccine can reduce the risk of cardiac events in persons with cardiac risk factors, as well as the incidence of premature or low birth weight infants.

The 78th Medical Group Immunization Clinic provides vaccinations via shots or nasal mist to all military, family members, retirees and civilian employees. Occupational Medicine will provide flu

### WHAT TO KNOW

There will be a Mass Flu Vaccination in the Atrium of Robins Clinic, Dec. 15 and 16 from 8 a.m. to 4 p.m. The event is open to all military, family members, retirees and civilian employees.

Active Duty members who don't get the flu vaccine by Jan. 1 will become delinquent (PIMR RED), and be non-worldwide qualified.

shots to civilian employees who don't have Tri-Care at no cost, for a limited time on a first-come, first-served basis.

If you think you have the flu, follow these suggestions:

►Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.

►Wash your hands often with soap and water, especially after you cough or sneeze. You can also use an alcohol-based hand cleaner.

►Avoid touching your eyes, nose or mouth. Germs spread that way.

►Hydrate with non-caffeinated beverages, and get plenty of rest.

►Stay home if you are sick until at least 24 hours after you no longer have a fever (100 degrees or higher) or signs of a fever (without the use of a fever-reducing medicine). Over-the-counter cold and flu medicines for cough and congestion may be used.

►While sick, limit contact with others as much as possible.

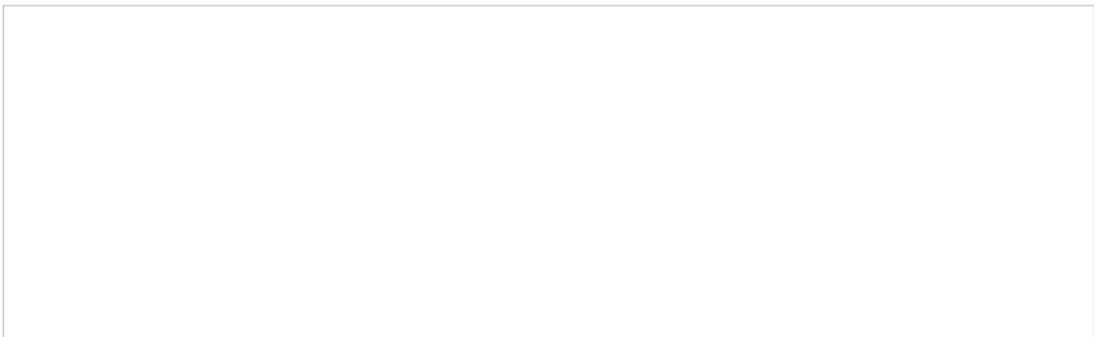
►Supervisors of active duty Airmen can provide quarters for 24 hours. See your provider for more information.

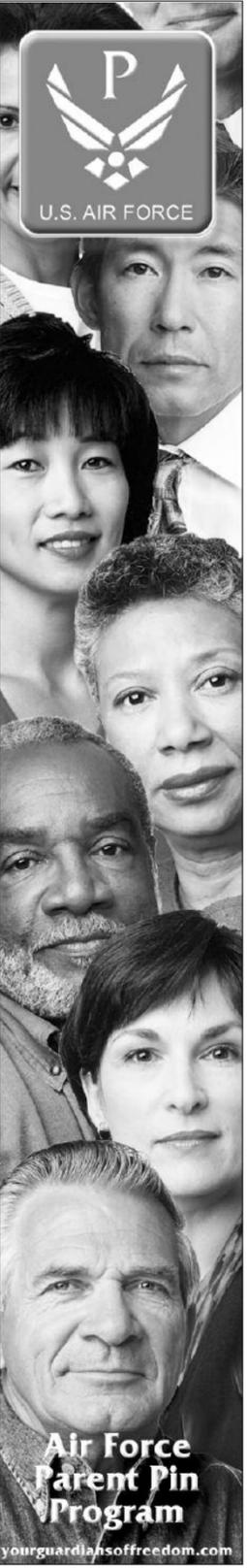
*Source: USAF 2011-2012 influenza Immunization Program Guidance & <http://www.flu.gov>*

*Editor's note:  
Medic's Message is a recurring series in the Robins Rev-Up.*



## THINK OPSEC: YOUR TRASH COULD BE AN ADVERSARY'S TREASURE





## HAPPENINGS

**ON TAP**  
**Give Parents a Break and Kids Night Out**  
Today  
6 to 10 p.m.  
Youth Center  
\$15 per person  
For details, call 468-2110.

**Toys for Tots Basketball Tournament**  
Tuesday through Dec. 9  
6 p.m.  
Fitness Center  
Register by today  
For details, call 468-2128.

**Breakfast with Santa**  
Dec. 10  
8:30 to 10:30 a.m.  
Youth Center  
Sign up by today  
For details, call 468-2110.

**Texas Hold 'Em**  
Heritage Club Lounge  
Saturday and Dec. 10  
Sign-up 1:30 p.m.  
Games starts 2 p.m.  
Members \$10, Guests \$15  
For details, call 472-7864.

**Give Parents a Break and Hourly Care**  
Saturday  
Noon to 5 p.m.  
CDC East and Youth Center  
\$4 per hour  
For details, call 468-5805 or

468-2110.

**Football Frenzy**  
Sundays  
Doors open at Noon  
Heritage Club Lounge  
For details, call 472-7864.

**Dept. of Labor Workshop**  
Monday through Thursday  
8:30 a.m. to 4:30 p.m.  
Bldg. 794  
For details, call 468-1256.

**Fine Arts Exhibit**  
Monday through Dec. 9  
Youth Center  
For details, call 468-2110.

**Fairways Grille at Pine Oaks Golf Course**  
Monday through Dec. 9  
Mongolian Barbecue  
Dec. 12 through 16  
Chef's Special  
Dec. 19 through 30  
Holiday Menu \$6.75  
For details, call 923-1717

**Holiday Kids Krafts**  
Tuesday and Dec. 13  
5:30 to 7 p.m.  
Arts & Crafts Center  
\$5 per session  
For details, call 468-5282.

**Youth Center Parent Advisory Board Meeting**  
Thursday

11 a.m.  
Heritage Club  
For details, call 468-2110.

**UPCOMING**  
**Coats for Kids**  
Torch and Keystone Clubs  
accepting donations  
until Dec. 23  
Youth Center  
For details, call 468-2110.

**The following openings are available in the Child Development Centers:**  
►CDC West, DSN 468-3030  
- Two infants, six pre-toddlers, nine toddlers, 16 preschoolers.  
►CDC East, DSN 468-5805  
- Three pre-toddlers, two toddlers, three preschoolers.  
CDC features:  
► Full-time and hourly care for children 6 weeks and older.  
► Enrichment programs for 3- to 5-year olds.  
► Evening child care once a month.

**Loan Locker**  
Located in Outdoor Recreation, Bldg. 914  
(Previously at A&FRC)  
For details, call 468-4001.

**ONGOING**  
**NASCAR Daytona 500**  
Tickets now on sale at ITT  
\$27 to \$199  
For details, call 468-2945.

**Basketball Coaches Needed**  
Youth Center  
Bldg. 1021  
For details, call 468-2110.

**Breakfast at Fairways Grille**  
Seven days a week  
7 to 10 a.m.  
For details, call 923-1717.

## LIST

Continued from 1

Program, re-energized earlier this year, has also played an important role in empowering employees to take ownership of their personal safety and the safety of others.  
Visual safety awareness boards depicting days since the last lost time injury and the addition of Total Case Incident Rate boards at the shop level have also improved awareness and education.

“This journey is a combination of efforts to improve the safety culture, focus on an attitude of compliance, and actively engage the entire workforce to reduce injuries and incidents,” said Col. Evan Miller, 402nd MXW commander. “Those things, coupled with a better understanding and focus on limited duty employees, are what have us on the right path

to be a benchmark for industrial safety excellence.”

While measures have been put in place to protect workers before they're injured, once an accident occurs, work behind the scenes with personnel also plays a role.

Eighteen months ago, additional emphasis was placed on the limited duty program and key on-site visits to physician and orthopedic offices located in the community were established.

“Every two weeks we would schedule a time to go meet with these offices, where we sat down and explained the Injury Compensation Program to them and how it worked,” said Phyllis Johnson, DP's Workforce Effectiveness Division chief. “We found out that a lot of our local providers were not familiar with the program.

“They were totally unfamiliar that we could

offer a lot of employees ‘limited duty,’” she added.

Limited duty is important, as some workers can return to work within their limitations.

“Once we began visiting the doctor's offices, they started returning people back to work a lot more quickly than before. That cut down on our lost work days also,” she said.

The number one injury that is sustained is back strains. Other injuries that are consistent from year to year are other multiple strains, hearing loss, contusions, bruises and abrasions.

All these initiatives combined to put Robins on a path toward being a benchmark for industrial safety excellence. The annual DoD list is compiled by the Pentagon through payroll systems from throughout each installation in the Armed Forces.

### 78th FSS DIRECTORY

- FSS Admin . . . . .468-3193
- HAWC . . . . .497-8480
- Community Center . . . . .468-2105
- Fitness Center . . . . .468-2128
- Outdoor Rec . . . . .468-4001
- Fitness Annex . . . . .472-5350
- Base Chapel . . . . .468-2821
- Youth Center . . . . .468-2110
- Arts & Crafts . . . . .468-5282
- Tickets, Travel . . . . .468-2945
- Horizons . . . . .468-2670
- Bowling Center . . . . .468-2112
- Heritage Club . . . . .468-2670
- Pine Oaks G.C. . . . .468-4103
- Library . . . . .497-8761
- Pizza Depot . . . . .468-0188

**Note:** Unless otherwise noted, numbers listed in the Rev-Up are DSN numbers. If calling from a commercial or off-base phone, dial prefix 222 if listed as 472; 327 if listed as 497; or 926 if listed as 468.



The **PLAYpass** program has been extended through December 2012 to also include assignments to Kunsan Air Base, Japan and other remote locations. To get your **PLAYpass**, stop by the 78th Force Support Squadron Marketing Office in Bldg. 983, at the corner of Tenth and Warner Robins streets from 9 a.m. to 3 p.m. Monday through Friday. For more details, call Venus Mansourzadeh at 468-5492.