



The 339th Flight Test Squadron began in 1942 as the Flight Test Branch at Wellston Air Depot. The unit conducts operational and flight tests of the F-15, C-5, and C-130 following depot-level repair, as well as developmental tests and evaluations of new aircraft systems.

EVALUATING ENVIRONMENTS

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OVERCOMING ADVERSITY

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ROBINS REV-UP

April 8, 2011 Vol. 56 No.14

AFTER THE STORM



Above, 78th Civil Engineer Group workers clean up fallen branches near Bldg. 207 Tuesday.

BY KENDAHL JOHNSON
kendahl.johnson@robins.af.mil

The hurricane-force winds which ripped across the state Tuesday caused severe property damage and even death in some areas. Base employees and residents escaped injury, but buildings and landscape on the installation weren't as lucky.

At press time, a Damage Assessment Team was continuing to evaluate the storm's impact on Robins. Members of the team had examined 17 facilities and 10 areas around the installation by Wednesday, but high winds were keeping it from gathering data on the full extent of the damage.

According to Chris Parish, production controller, the emergency desk in the 78th Civil Engineer Group received more than 40 calls from individuals reporting storm damage. Some of the damage has already been repaired, but Parrish said the base won't have a total repair cost estimate, or a completion date for repairs, until all damage has been assessed.

Bldg. 169, which houses workers in the 574th Commodities Maintenance Squadron, received severe damage, losing large portions of the roof and several window panes. Night shift employees followed severe weather procedures and relocated to the designated shelter-in-place to ensure their safety.

"The supervisor on duty, Paul Harrell, acted quickly to ensure the safety of employees

► see WEATHER, 3



U.S. Air Force photos by SUE SAPP

A large tree lays uprooted in front of Bldg. 309.

BASE-WIDE CLEANUP

The installation commander has directed a base-wide cleanup April 15 from 8 a.m. to noon.

All are encouraged to join in bagging trash and other debris to help beautify Robins.

Robins surpasses AFAF goal

BY WAYNE CRENSHAW
wayne.crenshaw.ctr@robins.af.mil

Robins has exceeded its fundraising goal for the 2011 Air Force Assistance Fund Campaign.

The base has raised \$89,588, or 103 percent of its goal.

"We are very pleased," said Maj. Demetrius Brown, installation project officer. "To reach any fundraising goal these days and times is definitely rewarding."

Only military members can be solicited during the campaign. However, civilians can contribute if they choose to do so.

► see AFAF, 3

National Prayer Luncheon set for April 19

Team Robins' observance of the National Prayer Luncheon will be April 19 from 11:30 a.m. to 1 p.m. in the Museum of Aviation's Century of Flight Hangar.

Guest speaker will be former Atlanta Falcons and Denver Broncos head coach Dan Reeves.



Dan Reeves

Tickets may be purchased at the Base Chapel during normal duty hours. Cost is \$10, or \$5 for E-5 and below.

Individuals may purchase up to five tickets.

AFPC to pick up personnel functions lost at ALCs

BY WAYNE CRENSHAW
wayne.crenshaw.ctr@robins.af.mil

In the coming months, four functions within the Directorate of Personnel – retirements and benefits; injury compensation; the processing of notable achievement, special act or service, and time-off awards; and the performance management program, which deals with annual appraisals – will move to the Air Force Personnel Center at Randolph Air Force Base in San Antonio, Texas.

For Team Robins members, this means employees will call 1-800 numbers for those services rather than dealing with local civilian personnel.

Approximately 15 DP specialists are involved with those functions, but they will remain at Robins, filling vacant positions in other areas. The move, which is also occurring at other ALCs, is mandated by the 2005 Base Realignment and Closure Commission.

The first function to move will be retire-



ments and benefits. As of May 1, anyone needing assistance in that area will call a 1-800 number at Randolph. The number has not yet been established but will be announced before the transition.

Phyllis Johnson, chief of the directorate's Workforce Effectiveness Division, emphasized that beginning May 1, the personnel office will no longer deal with any retirement and benefit issues – including disability retirements – and there will no longer be

► see AFPC, 3

Fuel tank to get upgrade

BY TECH. SGT. VANN MILLER
Robins Public Affairs

Plans to test ground vehicles here with a 50-50 blend of synthetic and traditional fuels requires an upgrade be made to one of the installation's fuel storage tanks.

Tank 13, capable of holding more than 24,000 gallons of fuel, is located on Richard Ray and Robins Parkway, and was designated for the refit.

"Tank 13 is the most suitable facility for our synthetic fuel needs because it can easily be isolated from the regular fueling system," said Millard Harrington, Robins' fuels program manager.

While the upgrade will involve little more than installing new piping, the revamped storage container will contribute in a big way to the base's efforts to make Robins



and the Air Force more energy efficient, he said.

"Anything which can be done to help reduce the United States' dependence on fossil fuels from foreign countries is important," Harrington said. "The 50-50 blend is also a better and cleaner-burning fuel for the environment."

The contract for the upgrade is expected to be awarded within 90 days.

THINK SAFETY



Days without a DUI: 30
Last DUI: 12 ACCS
— courtesy 78th Security Forces

AADD

To request a ride, call 222-0013.

TWO-MINUTEREV

Robins Earth Day events

Earth Day is April 22. For a complete list of events planned at Robins throughout the month of April, visit <https://org.eis.afmc.af.mil/sites/78abw/78ceg/cean/earthday>



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UNIT PROFILE: 560th AMXS

What it does

The 560th Aircraft Maintenance Squadron's primary role is to maintain the C-130. While the unit does High Velocity and Programmed Depot Maintenance on the aircraft, this profile highlights the area's work in removing and replacing the C-130's center wing box and other structural and electrical parts.

Why it matters

With missions ranging from cargo airlift to combat search and rescue to close air support, the C-130 is crucial to the warfighter. But in 2005, the Air Force grounded more than 100 of its C-130 fleet due to severe fatigue in wing support. Center Wing Replacement, or CWR, helps meet the challenge of sustaining an aging C-130 fleet and improving availability to the warfighter. The Air Force's aim is to keep the C-130 fleet flying through 2046.



Dustin Dykes, sheet metal mechanic, drills the main beam support for a new center wing box. Any C-130 aircraft the Air Force does not plan on retiring before 2046 will undergo CWR.

By the numbers

383 Workers in the unit assigned to Center Wing Replacement

\$9 Cost, in millions, of replacing the center wing box structure

220 Days it takes - start to finish - for center wing replacement

54 Number of CWR C-130s returned to the warfighter from Robins

351 Number of C-130s currently projected for CWR here

What they say



Chris Grimsley
C-130 mechanic

"The work can be rigorous. You work in some tight, confined places, and it takes a limber person. No two planes are alike. You never know what you're going to run into."



Mike Pickens
C-130 mechanic

"The job is challenging. You are learning to fix something new every day. But it's rewarding and there's a real sense of accomplishment when a C-130 is returned to the warfighter."

People Spotlight



Keith Gilstrap

TITLE: Global Reach Improvement Program flight chief, 562nd Aircraft Maintenance Squadron

BACKGROUND: Gilstrap has worked at Robins for 29 years. He has worked on the F-15 and C-130, and is currently in the 402nd Maintenance Wing's C-17 section. He previously served four years in the Air Force.

HOMETOWN: Forsyth

"I probably would have stayed in the Air Force but at the time I was getting out, I had some family issues — my father was sick — so I got a job here. This allows me to stay in one place yet I still get to work on military aircraft and serve our country. I enjoy that aspect of it."

"I enjoy the people I work with. I really do. I like to keep communication open. You always want to listen to what people have to say. Every day is an opportunity to improve the processes for people who are out there trying to do the job."

"As a manager, I play a supporting role. If they are having problems, whether it's getting a tool or a personal problem, I'm there to lead and help them. It's a full spectrum which includes being a good wingman."

"I like to hunt and fish and ride horseback. I have a small farm I tend. When I retire, I hope to turn it from a little farm into a big farm."

Bioenvironmental surveys promote workplace safety, health

BY FAYE BANKS-ANDERSON
Robins Public Affairs

Members of the 78th Bioenvironmental Engineering Flight want one thing for their customers — to go home healthy every day.

The team blends engineering and preventive medicine to identify and evaluate environments, and design measures to help prevent illnesses and injuries.

While its expertise has been more visible since the Warner Robins Air Logistics Center was cited by OSHA for a number of safety violations, Toni Hurley, industrial hygienist, says the flight has always concentrated on hazard risk management.

One area which is now more visible to employees is dust containment, she said.

"We evaluate and document airborne and contact hazards closely," Hurley said. "But I want to assure the workforce that just because there's dust in an area does not necessarily mean it's hazardous."

One tool which can help employees understand risks better is the bio survey, which the flight conducts about 150 of each year.

In the surveys, which encompass thousands of processes in Center shops, a summary table lists the established processes for a shop and various controls to minimize risks, such as engineering, administrative and Personal Protective Equipment controls.

Recently, as part of a bio survey, an air sampling in Bldg. 169 identified cadmium levels greater than the Permissible Exposure Level. While employees were not overexposed — they were following correct procedures and appropriately wearing PPE — the survey highlighted an issue which needed to be solved in the C-5 pylon sanding booth area.

When they took a closer look, supervisors, employees and members of the bio-environmental team discovered while a cadmium coating was being

applied during sanding/grinding to the upper mount of C-5A pylons, Sermetal — which does not contain any hazardous ingredients — was being applied to lower pylon mounts. It's now using the latter coating on all the mounts.

The team is continually working to improve the bio survey process. Previously, the surveys were briefed to supervisors. The team is now inviting engineers and personnel from safety, quality control and the union to participate in the process.

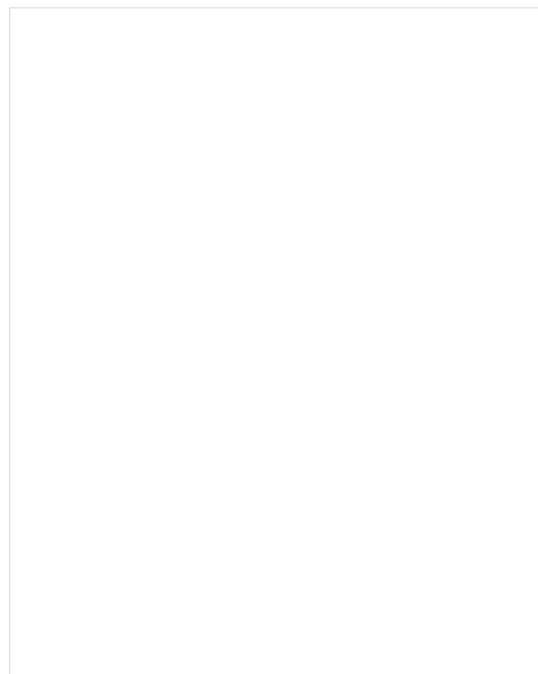
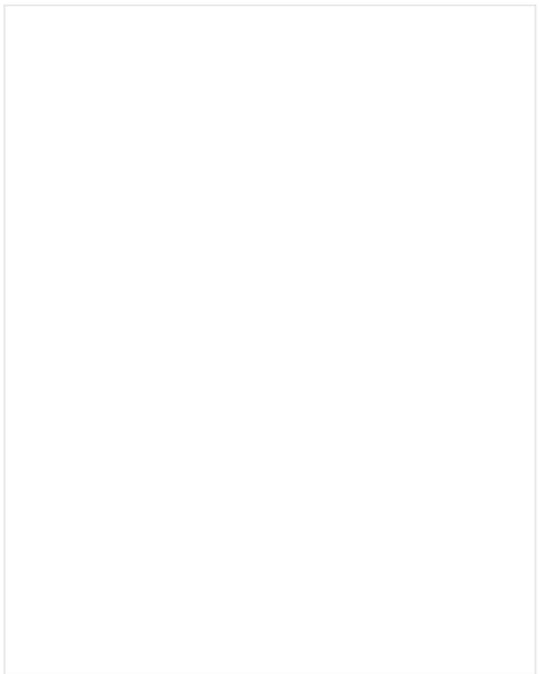
"Each group brings its own expertise for evaluating hazards. Their input gives us a broader perspective," said Hurley.

While the bio surveys are an important tool, Hurley emphasized the team is available to look at noise and ergonomics, and make other evaluations, particularly when process changes occur.

"Our primary concern is to make sure our workforce is safe and healthy," said Hurley. "It is an ongoing process."



U.S. Air Force photo by **RAYMOND CRAYTON**
First Lt. Eric Bacon, a 78th Aerospace Medicine Squadron bioenvironmental engineer, conducts swipe sampling on the flightline.



THERE'S NO EXCUSE FOR ENERGY MISUSE





U.S. Air Force photo by RAYMOND CRAYTON

Debris from fallen trees and limbs is cleared away from the front of Bldg. 215 Tuesday morning.

WEATHER

Continued from 1

in the building during the storm,” said George Pierce, 574th Composite Repair Flight director.

Also suffering severe damage was Bldg. 82, an aircraft hangar. The

building lost a roofing panel, lightning protection, and gutters, and some equipment was damaged by water. A structural engineer recommended the building be closed temporarily until repairs could be made.

In addition to damage to several other

buildings, the base experienced damage to fences, awnings, transformers, and light and flag poles. Dozens of trees were also upended or uprooted.

Due, in part, to the storm, Robins leaders have scheduled a base-wide cleanup April 15 from 8 a.m. to noon.

AFPC

Continued from 1

group sessions to assist employees in completing retirement paperwork.

Additionally, the office here typically asked for packages to be submitted 30 days before the individual’s retirement date. The Air Force Personnel Center will require retirement packages to be submitted 90-120 days in advance.

All questions related to benefits, including health insurance, life insurance, thrift savings plans, Post-56 military deposits and survivorship (death claim processing), will also be handled by AFPC.

The next function to move will also be the most significant. As of June 20, all injury compensation issues will be handled at Randolph. The Directorate of Personnel is working to establish points of contact with each unit on base to act as liaisons with AFPC and assist employees with injury compensation claims.

A result of the change is that AFPC will be taking a more active approach to investigating fraudulent

ANNUAL APPRAISAL CHANGE

Non-bargaining employees at Robins will see a change when they receive their annual ratings of record, or appraisals, for the period of April 1, 2010 through March 31, which will be effective June 1.

The Civilian Promotion Appraisal/nine appraisal factor rating will not be completed. The Single Staffing Tool is effective April 25, so the nine appraisal factors will have no value as a sort factor for internal placement actions and will not be entered in the personnel data system.

claims, Johnson said. The Air Force is concerned about the cost of fraudulent claims and will have a “very active fraud unit,” she said.

The next function to move will be activity which processes notable achievement, special act or service, and time-off awards. As of Aug. 1, all of these awards will be processed through AFPC.

With the change, the most important thing supervisors need to know is they will need to get end-of-year awards submitted earlier, Johnson said.

Previously, the personnel office would put in extra hours to get awards processed before the end of the fiscal year to ensure funds were allocated within the current year’s budget. With AFPC handling awards for all bases, they

may not be able to do that if the awards are not submitted with more lead time.

To ensure awards are processed on time, organizations should forward packages to AFPC no later than August 15. It will be each organization’s responsibility to ensure awards meet regulatory compliance prior to forwarding to AFPC.

The final move, performance management, will not take effect for another year because the base is already in an appraisal cycle. However, starting with next rating cycle – which begins on April 1, 2012 – appraisals will be processed by AFPC.

Johnson said details of the moves are still being worked and more information will be released as the dates get closer.

CCAF Professional Manager Certification

Community College of the Air Force has launched the new Professional Manager Certification. PMC is a professional credential awarded by CCAF to formally recognize an individual’s advanced level of education and experience in leadership and management, as well as professional accomplishments.

The program is primarily designed for senior NCOs. However, any enlisted Airmen who meet all program requirements may be nominated and awarded the PMC. Individuals are formally recommended for certification by their unit commander.

Program requirements:

- ▶Be awarded the seven skill level (craftsman) or higher.
- ▶Complete ALS or equivalent EPME. (In-residence or correspondence).
- ▶Complete NCOA or equivalent EPME. (In-resi-

dence or correspondence).

- ▶Complete SNCOA or equivalent EPME. (In-residence or correspondence).
- ▶Complete 30 semester hours of leadership/management coursework.

▶At least six semester hours of the leadership/management coursework must be completed from an accredited civilian college or university or by testing credit (CLEP/DSST/Excelsior).

▶Civilian courses must emphasize the fundamentals of leadership and/or management of human resources.

▶A copy of the civilian college or university transcript reflecting completed leadership/management courses is required.

▶Credit earned by completion of EPME (distant learning courses and other-service or international PME courses that satisfy requirements for personnel actions) is applied towards the 30

semester hour requirement.

- ▶Awarded CCAF degree.
- ▶Recommended for certification by unit commander.

A sample letter of recommendation is available for download at: www.au.af.il/au/ccaf/certifications.asp.

Eligible members do not process the request for award of the PMC through the Education Services Office. The PMC letter of recommendation and supporting documentation are sent directly from the commander to the CCAF Credentialing Programs Flight at ccaf.deal@maxwell.af.mil or hardcopy to:

CCAF
Credentialing Programs
100 South Turner Blvd
Maxwell-Gunter AFB, AL
36114-3011

— courtesy 78th FSS

AFAF

Continued from 1

The annual drive four organizations: the Air Force Aid Society, the Air Force Enlisted Village Indigent Widows' Fund, the Air Force

Village Indigent Widows Fund, and the General and Mrs. Curtis E. LeMay Foundation.

The Air Force Aid Society is the official charity of the Air Force. It assists active-duty personnel and their families in financial emergencies, as

well as Reserve and Guard personnel in certain circumstances. Air Force retirees and widows may also be considered for help on a case-by-case basis.

For more information about the campaign here, contact Brown at 472-1036.

**THINK OPSEC:
YOUR TRASH
COULD BE AN
ADVERSARY'S
TREASURE**

**REPORT ANY SUSPICIOUS
ACTIVITY TO 926-EYES**

What reserve forces bring to fight

BY COL. STEVEN CHAPMAN
315th Airlift Wing

As commander of the 315th Airlift Wing, Charleston Air Force Base, S.C., I sometimes wonder how many people actually know what we, in the Air Force Reserve, bring to the fight. We wear the same uniform, we use the same equipment, we have the same training requirements, and we proudly serve side-by-side on deployments, in times of war and during humanitarian emergencies. We are virtually indistinguishable in just about every way, so why does the Air Force have an active-duty and Reserve force?

In a nutshell, the Air Force Reserve is a force multiplier. Throughout the Air Force you'll find reservists in every career field and every theater of operations. You'll find reservists working as security-forces members, as firefighters on the flightline, as aircraft maintainers in the hangars and on the flightline, as aircrew members, as logisticians, as aerial-port specialists, as administra-



tive specialists, as explosive ordnance disposal technicians, as intelligence experts, as medical specialists and more.

While fulfilling about 20 percent of the Air Force's capability, the Air Force Reserve consumes only about 4 percent of the total Air Force budget. The cost/benefit ratio speaks for itself.

There are nearly 72,000 authorized reservists in the Air Force, but who are they? As reservists, they are not part-time Airmen; they are citizen Airmen who often put their civilian lives and careers on hold to serve in uniform, and they do it in superb fashion.

A typical Reserve aircrew member spends approximately 120 days a year participating, while a maintainer or ground support technician participates approximately 80 days a year. This is a tremendous amount of time when you consider these same people work roughly 240 days a year with their civilian employers. Add in family obligations and this becomes a balancing act of immense portions.

Reservists must constantly address three key components of their personal and professional lives, often called the reserve triad. A reservist must balance the needs of family and the needs of a civilian employer, and also meet stringent reserve requirements.

While this is a delicate balancing act, the added pressures are taken on freely by reservists. Imagine being called to the base to work on an essential mission, only to discover your civilian employer is not happy because you have been spending "too much time away" from your job. It happens, and happens a lot.

This balancing act requires clear communication, effective utilization of the reservist's time (remember, reservists have the same training requirements as all Airmen) and an overwhelming desire to serve. Despite these demands, our reservists answer our nation's call with the same quality and dedication as our active-duty brothers and sisters. Regardless of their career field, I am always impressed by their commitment to serve their country -- in many cases putting their lives on the line while doing so.

After serving in the Air Force Reserve for about 30 years now, I am pleased to see the lines distinguishing active-duty and the Reserve blur, while not losing our "Reserve" identity.

We train the same and we fight the same. We serve for the same reasons: for love of country and freedom.

I am proud of our reservists' ability to answer our nation's call with the same quality and dedication as our active-duty brothers and sisters.

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Note: Unless otherwise noted, numbers listed in the Rev-Up are DSN numbers. If calling from a commercial or off-base phone, dial prefix 222 if listed as 472; 327 if listed as 497; or 926 if listed as 468.

Commander's Action Line

The action line is an open-door program for Team Robins personnel to give kudos, ask questions or suggest ways to make Robins a better place to work and live.

The most efficient and effective way to resolve a problem or complaint is to directly contact the responsible organization. This gives the organization a chance to help you, as well as a chance to improve its processes.

Please include your name and a way of reaching

you, so we can provide a direct response. Anonymous action lines will not be processed. Discourteous or disrespectful submissions will also not be processed.

Commander's Action Line items of general interest to the Robins community will be printed in the Robins Rev-Up.

For more information, visit

<https://wwwmil.robins.af.mil/actionline.htm>.

To contact the Commander's Action Line, call **468-2886** or e-mail action.line@robins.af.mil.

▶ Security Forces	468-2187
▶ FSS (Services)	468-5491
▶ Equal Opportunity	468-2131
▶ Employee Relations	497-8253
▶ Military Pay	468-4022
▶ Civil Engineering	468-5657
▶ Public Affairs	468-2137
▶ Safety Office	468-6271
▶ Fraud, Waste & Abuse	468-2393
▶ Housing Office	468-3776
▶ Chaplain	468-2821
▶ IDEA	497-7281

Think twice, energy has a price

BE KIND TO THE EARTH. RECYCLE THIS NEWSPAPER

On the Fly

Mandatory safety brief

There will be a mandatory safety briefing for all riders of motorcycles, scooters and mopeds April 29 from 9 to 9:30 a.m. The briefing will be conducted at the motorcycle course training area in the Pave Paws (Bldg. 1400) parking lot.

The briefing will be followed by the annual See Me, Save Me ride, a two-hour ride through the base and surrounding communities.

“This is a chance to ride with a police escort to raise awareness of motorcycle safety,” said Timothy Cahill, base motorcycle safety coordinator. “The more riders who attend, the bigger impact we will have on people to be alert for motorcyclists.”

He also asked that supervisors approve leave requests for personnel who wish to participate.

Upcoming

The Airman and Family Readiness Center is offering **free resume writing classes** at the Base Theater Monday, Tuesday and Thursday, as well as April 15 and April 19. Classes will run from 9 to 11:30 a.m., and again from 1 to 3:30 p.m.

Robins will be implementing the Single Staffing Tool April 25. Current civilian employees will apply for all internal openings at www.usajobs.gov. The class will cover the new process.

Participants do not need to register for the resume

classes in advance. For more information, call 468-1256.

An military benefits and services expo for families of deployed will take place Saturday from 8 a.m. to 3 p.m. at the American Legion at 1345 Radio Loop in Warner Robins.

A limited free breakfast will be served from 8 to 9 a.m., and lunch from noon to 1 p.m. Child care and a “kids activity corner” will also be offered. For more information, call Eileen Byrd at DSN 241-1286.

The Suicide Prevention Coalition of Central Georgia is hosting a **mental health awareness event** Saturday from 10 a.m. to 1 p.m. at the Galleria Conference Center.

The free event will focus on the risk factors of suicide the value of mental health services available in the community.

Enrollment has started for the **Team Pedometer Challenge**, which runs Monday to May 15. Register online at www.afmcwellness.com.

For more information, contact Kelley Denney at 497-8030.

The **Armed Services Blood Program will conduct a blood drive** April 15 from 8:30 a.m. to 4 p.m. at the Fitness Center Annex.

The American Red Cross will also conduct a blood drive April 15 from 8:30 a.m. to 4:30 p.m. in Bldg. 210 and from 7 a.m. to 1 p.m. in Bldg. 640.

The ASBP plays a key role in providing quality blood products for servicemembers and their families in both peace and war. The American Red Cross collects blood in support of civilian agencies and national disasters.

For more information, call 2nd Lt. Kristen MacBride at 497-5262.

Pine Oaks Golf Course is home for the **Earth Day on the Greens golf tournament** Thursday. Format is a four-person scramble and cost is \$50 per person. Registration begins at 9:30 a.m. For more information, call 497-9275 or 497-3976.

The 78th Force Support Squadron and Hunt Communities are co-sponsoring **Family Fest, a free event April 16** from 10 a.m. to 2 p.m. at the Youth Center.

In addition to an Easter egg hunt put on by the Base Chapel, there will be mini-Olympics, a relay race, a dance contest, face painting, and many more activities for all ages.

For more information, call 468-2110.

The **Camellia Gardens Memorial Service**, which pays tribute to deceased members of Team Robins, will take place May 26 at 10 a.m. in the tranquil garden across from Horizons.

Robins network users can visit <https://org.eis.afmc.af.mil/sites/78abw/HC/default.aspx> to submit names for this year’s ceremony.



U.S. Air Force photo by RAYMOND CRAYTON

Pinwheels for Prevention

Volunteers place pinwheels on the lawn of the Houston Medical Center last week following a ceremony kicking off Child Abuse Awareness and Prevention Month. Each of the 285 pinwheels represent a child in Houston County who was abused last year.

Air Force workers can find help here

Finances & Work-Life Balance	Airman & Family Readiness Center	468-1256
Health and Wellness Education	Health and Wellness Center	497-8480
Health Screenings	Civilian Health Promotion Services	497-8030
Work, Personal or Family Issues	Employee Assistance Program	(800) 222-0364
Work Stress, Psychological Issues	Organizational Consulting Office	497-9803
Mental Health & Substance Abuse	Houston Healthcare	(478) 922-4281
Unplanned Pregnancy	Houston Healthcare	(478) 922-4281
Suicide Prevention	National Suicide Prevention Lifeline	(800) 273-8255
Sexual Assault & Victim Advocacy	Sexual Assault Response Coordinator	468-2946
Crime Victim Advocacy	Victim Witness Assistance Program	497-4584

AFMC Wellness Support Center — www.afmcwellness.com

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For more information, call 1st Lt. David Cox at 497-4743.

when approaching stopped BiRD buses loading or unloading passengers.

Program:

Debbie Abbott of WR-ALC Directorate of Personnel. POC is Reginald Kiper at 472-0740.

To have the name of an approved leave recipient printed, call 472-0806.

Etcetera

A reminder to base drivers: **Passing is not allowed**

The following leave recipient has been approved through the **Voluntary Leave Transfer**

Wounded warrior uses competitive sports for therapy, exercise

BY WAYNE CRENSHAW
wayne.crenshaw.ctr@robins.af.mil

A motorcycle accident cost Timothy Anderson his right leg and his career in the Air Force, but it gave him a new purpose in life.

In 2005, Anderson was serving at Robins as a computer technician and had just made staff sergeant when the accident occurred.

He was heading home from work when someone pulled in front of him, and he hit the vehicle. Police estimated he flew 75-100 feet, even though he was only going 35 mph.

His leg was severely damaged. For three years doctors tried to save it, but in 2008 they decided amputation would be the best option.

Before the accident, Anderson was 225 pounds and worked out often. Ten months after the accident, he weighed 400 pounds and no longer exercised.

After losing his leg, however, a friend invited him to a sports camp for disabled veterans. For the first time since the morning of the accident, he

engaged in physical exercise. That day, he turned to sports to recover mentally and physically from his loss.

“When I was in the Air Force I had a lot of confidence because I had an important job. After the accident, I lost confidence in myself,” Anderson explained.

He’s since traveled around the country to compete in events for disabled veterans, and won gold in discus, shotput and javelin at the State Games of America.

He recently was selected to represent the Air Force in the Warrior Games in Colorado Springs, Col., an Olympic-style event in May open to wounded and injured military members and veterans.

Anderson will compete in discus, shotput and sitting volleyball, in which competitors sit on the court and can only move if their buttocks stay on the floor.

Anderson said attending sports camps helped restore his confidence and taught him how to compete safely with his disability. He is now working on helping do



U.S. Air Force photo by TOMMIE HORTON

Timothy Anderson practices throwing the shotput.

the same for others.

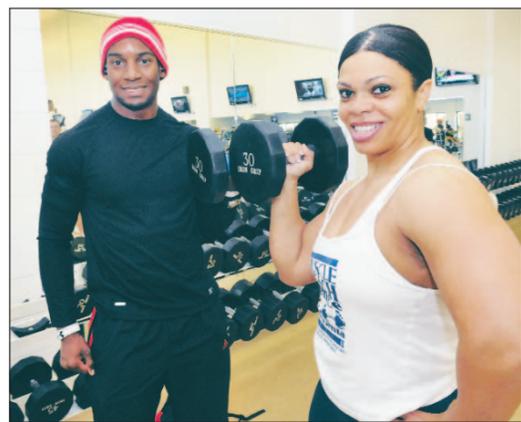
He started the Sports Champions of America organization with the intent of bringing a permanent sports camp for the disabled to Middle Georgia. The organization has a board and is working on becoming a certified non-profit, he said.

People who want to find out more can visit

www.disabledchampions.org.

Today, Anderson also spends more time feeling grateful he survived the accident than feeling bitter over what he lost.

“Now I feel if I put my mind to it I can accomplish anything,” he said. “I try not to think about the past so much. I was spared that day for a reason.”



U.S. Air Force photo by SUE SAPP

1st Lt. Franklin “Allen” Elliott, Master Sgt. Tina Robinson and Nate Kelly (not pictured), trained for competition at the Robins Fitness Center.

Robins trio rank high during recent lifting, fitness competitions

BY WAYNE CRENSHAW
wayne.crenshaw.ctr@robins.af.mil

Three Robins athletes took home hardware during March from two separate competitions.

Master Sgt. Tina Robinson, an Air Force Reserve Command recruiter, was a member of the Air Force Powerlifting Team which won the 2011 USA Powerlifting Military Nationals in San Antonio, Texas.

Robinson also won three individual events – bench press, squat and dead lift. She benched 245 pounds, squatted 330, and dead lifted 340.

On the same day, 1st Lt. Franklin “Allen” Elliott, an engineer in the 402nd Electronics Maintenance Squadron, won third place in the Men’s Open Light-Heavyweight Division at the International Body Building & Fitness Iron Eagle Body Building Show in Savannah.

He was accompanied by Nate Kelly, a non-destructive inspector in the 402nd Commodities Maintenance Group, who placed third in the Men’s Novice Middleweight Division.

KEEP’EM FLYING AFSO21

78th FSS BRIEFS

ON TAP

Teen Leadership and Space Camp
Today, deadline to apply
For details, call 468-2110.

National Library Week
Begins Wednesday
For details, call 497-8761.

Karaoke
Thursday
8 to 11 p.m.
Heritage Club
For details, call 472-7864.

UPCOMING
National Volunteer Week
Recognition Ceremony
April 15
1 p.m.
Horizons
For details, call 468-1256.

Boss N' Buddy
April 15
4 to 5 p.m.
Heritage Club
For details, call 472-7864.

Free Birdwatching
April 16 (register by April 8)
May 7 (register by April 29)
8 a.m. to noon
For details, call 497-3974.

9 Pin No-Tap Tournament
April 16
6 p.m.
Bowling Center
Cost \$15
For details, call 468-2112.

Money & Credit Management
April 18
1 to 3 p.m.
A&FRC, Bldg. 794
For details, call 468-1256.

Bundles for Babies & Passport to Parenthood
April 19
8:30 a.m. to noon
A&FRC, Bldg. 794
For details, call 497-8389.

Teen College Dreams Seminar

April 19
5 to 6 p.m.
A&FRC, Bldg. 794
For details, call 468-1256.

Swim Lessons
Registration begins April 19
For details, call 468-4001.

Easter Brunch
April 24
10 a.m. to 2 p.m.
Horizons
For details, call 468-2670.

Family Night BINGO
April 25
Doors open 5 p.m.
Heritage Club
For details, call 468-4515.

Resume/Cover Letter Prep
April 26
9 to 11 a.m.
A&FRC, Bldg. 794
For details, call 468-1256.

Financial Beginnings
April 27

9 to 11 a.m.
A&FRC, Bldg. 794
For details, call 468-1256.

Heart Link/ Spouse Immersion Tour
May 6
8:30 a.m. to 4:30 p.m.
A&FRC, Bldg. 794
For details, call 468-1256.

Easter Week Schedule

Palm Sunday - Easter Cantata
April 17 at 11 a.m.

Good Friday Service
April 22 at noon.

Easter Sunrise Service
April 24 at 6:30 a.m.
(No Sunday School, breakfast will follow in Chapel Annex)

Easter Celebration Service
April 24 at 11 a.m.

All services will be in the Chapel Sanctuary

BASE THEATER

Tickets - \$4.50 adult; \$2.25 children (up to 11 years). For details, call 468-2919.



TODAY
7 P.M.
UNKNOWN
PG-13



SATURDAY
3 P.M.
BIG MOMMAS: LIKE FATHER LIKE SON
PG-13



SATURDAY — 6:30 P.M.
TAKE ME HOME TONIGHT — R

Note: The Rev-Up apologizes for printing a wrong movie time in the April 1 issue. We regret the error.