

# ROBINS REV-UP

JANUARY 19, 2018

SUCCESS HERE = SUCCESS



***Revolutionizing technology***

Advanced Technology and training center coming to Middle Georgia

# ROBINS REV-UP

**SUCCESS HERE = SUCCESS THERE!**



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Community leaders from Middle Georgia tour the site of the future Air Force Advanced Technology and Training Center in Warner Robins. The ATTC will be a place to train on and test new technologies without interrupting actual aircraft maintenance production. See pages 4 for more. (U.S. Air Force photo/JONATHAN BELL)

## COMMANDER'S ACTION LINE

ROBINS.ACTIONLINE@US.AF.MIL DSN 468-2886

The Commanders Action Line is an open-door program for Team Robins personnel to give kudos, ask questions or suggest ways to make Robins a better place to live, learn, work and play. The most efficient and effective way to resolve a problem or complaint is to directly contact the responsible organization.

That gives the organization a chance to help you, as well as a chance to improve its processes. If you do contact the Commanders Action Line, please fully explain whom it is you want to recognize and why, what you have a question about, or your suggestion. Discourteous or disrespectful submissions will not be processed. Commander's Action Line items of general interest to the Robins community will be printed in the Robins Rev-Up.

78th Comm Group First Response Center – 478-926-4357 or DSN 468-4357

78th Civil Engineer Service Call Desk – 478-327-7447 or DSN 497-7447

78th Force Support Squadron CC– 478-926-5023 or DSN 468-5023

78th Medical Group Patient Advocate – 478-327-8475 or DSN 497-8475

78th ABW Safety Office — 478-926-6271 or DSN 468-6271

78th Security Forces Squadron CC – 478-926-3212 or DSN 468-3212

Civilian Personnel Customer Service – 478-222-0601 or DSN 472-0601

Comptroller Front Office – 478-926-4462 or DNS 468-4462

Family Housing – 478-926-3776 or DSN 468-3776

Equal Opportunity – 478-926-2131 or DSN 468-2131

Household Goods – 478-222-0114 or DSN 472-0114

Inspector General Complaints – 478-222-0818 or DSN 472-0818

Inspector General Inspections – 478-327-5523 or DSN 497-5523

Sexual Assault Response Coordinator (SARC) – 478-327-7272 or DSN 497-7272

Vehicle Dispatch (Transportation) – 478-926-3493 or DSN 468-3493

## SUBMISSION GUIDELINES

Submissions must be received by 4 p.m. Wednesday, the week prior to the requested Friday publication. They should be emailed to [78abw.pa.office@us.af.mil](mailto:78abw.pa.office@us.af.mil)

Submissions should be of broad interest to the base populace. For information, call 478-926-2137.

Contents of the Robins Rev-Up are not necessarily the official views of, nor endorsed by, the U.S. government, Department of Defense or Department of the Air Force.

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# Fiscal 2018 ESDP information briefings

Robins is gearing up to embark on the fiscal 2018 cycle of the Emerging Supervisor Development Program with a series of informational briefings beginning Jan. 30.

ESDP is a competitive Air Force Sustainment Center initiative used to develop future first-level supervisors who possess technical expertise and have demonstrated leadership competencies.

ESDP affords employees with an opportunity for formal and experiential leadership training prior to supervisory placement.

During the fiscal 2017 cycle, Robins had more than 250 employees from AFSC and participating associate units self-nominate for the program. After a dynamic rating, endorsement, and interview process 33 applicants were selected.

Selectees have 12 months to complete all training requirements and are scheduled to graduate in mid-August 2018.

For fiscal 2018, AFSC and 461st Air Control Wing personnel have opted to participate in the program. To ensure ESDP requirements, processes, and lessons learned are adequately socialized, there will be a series of supervisor- and employee-specific informational briefings.

Attendance is encouraged for supervisors because they may be required to participate in the endorsement process and any employee who may be interested in self-nominating.

Complete program information may be obtained from AFSCI 36-101, AFSC Civilian Leader and Supervisor Development Continuum. Org POCs have been appointed in each organization. Please contact them or FSS/FSD Program Managers at DSN 497-4887 or DSN 472-3403 with any questions.

*For schedule of briefings, visit the official Robins Air Force Base  
website at [www.robins.af.mil](http://www.robins.af.mil)*





Brig. Gen. John Kubinec, Warner Robins Air Logistics Complex commander, and Thomas Fischer, director of engineering and Technical Management for the Air Force Sustainment Center, talk with community leaders about the benefits the Air Force Advanced Technology and Training Center will have for Middle Georgia and the Air Force. The ATTC will be a place to train on and test new technologies without interrupting actual aircraft maintenance production. (U.S. Air Force photos/JONATHAN BELL)

# Revolutionizing technology

**ROBINS AIR FORCE BASE, Ga.** – Scientists, engineers, technicians and educators in Middle Georgia will have a state-of-the-art facility to help revolutionize future manufacturing technologies.

"Middle Georgia has a long and strong relationship with the United States Air Force, and I couldn't be more supportive or proud of the Air Force's decision to bring a new Advanced Technology and Training Center to Warner Robins," said U.S. Rep. Austin Scott.

"Innovation is about people working together," said Warner Robins Air Logistics Complex Commander Brig. Gen. John C. Kubinec. "The Air Force Advanced Technology and Training Center is a place where people can collaborate and marry great ideas with technology." The Center will seek to capitalize on the government and academic talent of people in the Middle Georgia region and encourages new opportunities for local high schools, community colleges and universities.

"This center is going to help us reach beyond the fence to interact with the men and women of the local community in ways we couldn't before. This center will enable Robins AFB and Middle Georgia to strengthen ties to work together in order to solve the Department of Defense's most difficult challenges and educate the current and future industry experts to ensure our air superiority," said Thomas Fischer, Director of Engineering and Technical Management for the Air Force Sustainment Center.

The facility will provide: quick reaction and qualification capabilities for new technologies and processes in a non-production environment; training capabilities for advanced technology equipment and process; and, cross-discipline col-

**Innovation is about people working together. The Air Force Advanced Technology and Training Center is a place where people can collaborate and marry great ideas with technology."**

**Brig. Gen. John Kubinec.**  
*Warner Robins Air Logistics Complex Commander*

laboration space to share ideas and interact real-time in a fast-paced and dynamic environment. By leveraging these capabilities, the center will allow the staff to work collaboratively to foster innovative thinking, increase education and training, and push the state-of-the-art in manufacturing.

"The Air Force Advanced Technology and Training Center is a big win for Robins Air Force Base and Middle Georgia," said Warner Robins Air Logistics Complex Commander Brig. Gen. John C. Kubinec. "It's the first of its kind and having it located in Warner Robins makes it a great avenue for community collaboration."





# Come One, Come All!

*Base commander's new book club  
offers opportunities for everyone*

## ROBINS PUBLIC AFFAIRS

**C**ol. Lyle Drew, 78th Air Base Wing commander, is offering base employees and their dependents an opportunity to read between the lines.

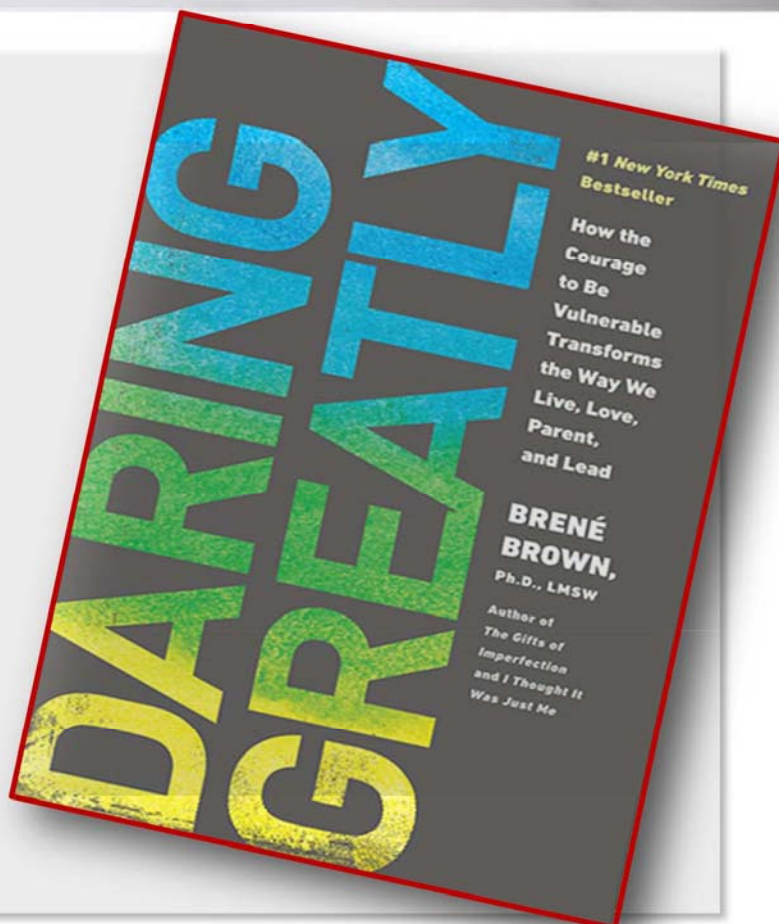
Drew, who has made his ideas about the importance of professional development very public since taking the reins last summer, is starting a book club.

The first book is "Daring Greatly" by Brené Brown.

Col. Drew will host the book club twice on Jan. 30 upstairs in the base library, Bldg. 905.

The first session is a brown-bag lunch from 11 a.m. to 12:30 p.m. The second session is from 6 to 7:30 p.m.

The club is open to all base employees and their family members.



# *Commander's Log:* AFMC Highlights mentoring in 2018



By GEN. ELLEN PAWLIKOSKI

Air Force Materiel Command commander

# W

hat is one thing that Steve Jobs, Benjamin E. Mays, Maya Angelou and Luther Powell all have in common? All of them were mentors to individuals who accomplished great things in the world. Mr. Jobs mentored Mark Zuckerberg, Mr. Mays mentored Dr. Martin Luther King Jr., Ms. Angelou mentored Oprah Winfrey and Mr. Powell mentored his son, retired Gen. Colin Powell.

January is National Mentoring Month, and AFMC is highlighting the importance of mentorship by releasing a series of articles and videos from individuals around the command – individuals whose lives have been impacted by mentoring.

Mentoring offers the chance to create a culture of continuous learning, promote personal and professional growth, and the opportunity to help shape the future of the Air Force.

AFMC will showcase the importance of mentoring via this webpage that includes written viewpoints, videos, and references about mentoring. All these resources and more are located online at the AFMC Mentoring page. Check back often, as insightful content about mentoring will appear here over time.

Everyone has a story to share, and mentoring is the perfect venue to share your story. It's a story that may help change AFMC, the Air Force and the world!



# Parenting Classes offered

## *1-2-3 Magic*

Let's face it, parenting can be challenging.

The good news is Robins' active-duty military members don't have to overcome the obstacles alone. Robins' Family Advocacy will host 1-2-3 Magic Effective Discipline for Children Active Duty Military and Dependents class, offering three sessions for parenting education, 1:30 to 3:30 p.m. Fridays: Jan 26 and also Feb. 2 and 9, in the Mental Health/Family Advocacy conference room in Bldg. 700.

Childcare will not be provided. Family Advocacy requests that parents not bring their children. Registration is required. Call 478-327-8398 or [ROBINS.FAP@US.AF.MIL](mailto:ROBINS.FAP@US.AF.MIL) to secure your spot.

## *Dads the Basics*

Family Advocacy will offer a two-session class, "Dads the Basics," Feb. 6 and 13 from 1 to 4 p.m. in the Family Advocacy conference room in Bldg. 700. Topics include: fathering styles; Diaper Bag 101; common concerns in fatherhood; supporting mom through pregnancy; what to expect at the hospital; dad's role during delivery; and at home with the new baby.

There will be handouts, and each participant will receive a copy of "Be Prepared: A Practical Handbook for New Dads," an indispensable survival manual for those entering the trenches of fatherhood.

For more information, or to register, call 478-327-8398 or email [Robins.fap@us.af.mil](mailto:Robins.fap@us.af.mil).



# WORKLIFE4YOU



## Care for Yourself

*Caring for an ill, injured, or disabled loved one can be both rewarding and exhausting. For family caregivers who are already juggling many priorities, it can take a lot out of you. Sometimes you may be left feeling rundown or sick. WorkLife4You can help you take care of yourself as you care for others. Here are five tips for avoiding burnout:*

**Learn about the condition or illness affecting the person you care for.** Learn as much as possible about the condition and how it could change over time. This can help you be better prepared.

*Having an idea of what to expect can lower your stress level.*

*It will help you plan for future medical needs. It might also give you time to learn skills you will need later.*

*Some health problems may cause your loved one to act out, say harmful things, or not even remember who they are. Staying educated about the illness can help you understand when this is a symptom and not act negatively toward it. Remember, sometimes your loved one is not sure how to deal with it either.*

**Do not be afraid to ask for help.** Think positively about the hard work you do, but remember that it is OK to ask for help.

*Make a list of tasks you would like help with and people you can call.*

*Ask a trusted neighbor to pick up some items for you from the store.*

*Ask family members to assist with household chores, paperwork, or research. You might be surprised at how willing they are to help.*

*Contact your local area agencies or volunteer groups for assistance. Many groups offer meal delivery, transportation, and respite care. WorkLife4You specialists can connect you to these services and other resources.*

**Take breaks.** Find some time each day when you can safely step away — for example, when you have respite care or a trusted friend or family member visiting. During your break you can:

*Go outside for a walk.*

*Go for a bike ride.*

*Read a book.*

*Listen to music.*

*Chat with a friend.*

*Schedule weekly or monthly respite care to give yourself breaks.*

*Even if you only have a few free minutes, give yourself a much-needed breather.*

**Take care of your health, too!** To give the best care possible, you need to stay in good health. Your overall wellness is essential to your ability to keep providing for those you care for.

*Eat healthy meals and snacks.*

*Engage in daily physical activity. It can help lower stress, increase your energy, and help keep your heart healthy.*

*Get regular health and dental checkups, and any health screenings you may need annually.*

*Make sure you get your annual flu shot and other appropriate immunizations.*

*Try to maintain regular sleeping patterns as much as possible.*

*Connect with other caregivers who may be going through the same thing. Your mental health is important too.*

**Stay positive!** Be realistic about what you can and cannot do. This can help you keep a positive attitude, which can lighten the duties of caregiving.

*Even if the person you care for is not able to show happiness or appreciation, you can feel good about the care you are giving and the love he or she is receiving. You may not be able to make the person you care for better, but you can protect his or her dignity and do your best to help them feel safe and loved. There are many things you cannot control, but you can control your actions. Learn to recognize the things you cannot control, and do not lose time worrying about how you cannot change them.*

**Being a family caregiver can be challenging; there is no doubt about it. You are there to support your loved one, and we are here to support you.** Call WorkLife4You today for expert guidance and resources that can help you take care of yourself.

**WorkLife4You is a voluntary and confidential employee benefit available to you and your family at no cost. Contact a work/life expert today.**

**Connect with us**

**24 HOURS A DAY**

**(800) 222-0364**

**TTY: (888) 262-7848**

**WorkLife4You.com**

**Registration Code: usaf**





**DON'T**

**DRINK &  
DRIVE**

**If you get in a bind,  
don't get behind the wheel**

By **GEOFF JANES**  
Robins Public Affairs

**I**f you're going to drink, have a plan. Call a cab, stay the night or have a designated driver. It's just that easy. But ... plans sometimes fall through, and when that happens, Airmen Against Drunk Driving will be there to help. AADD is a non-retribution program designed to decrease the number of drunk driving incidents. There is a whole group of motivated airmen who volunteer to pick up intoxicated individuals when plans fall through.

AADD is available Thursdays through Saturdays from 10 p.m. to 3 a.m. They will pick people up anywhere from Macon to Perry, and the service is free.

So, who can take advantage of the service? Military, civilian employees and contractors with a DOD identification card are eligible.

The cost of a DUI will run you roughly \$6,000 to \$10,000, jail, probation, a suspended driver's license and an elevated insurance bill. It could cost a lot more. It could cost you your life and the lives of others.

Did we mention AADD is free? Did we mention it's a no-retribution program? If you get in a bind, don't get behind the wheel. Call AADD at 478-222-0013. It's a phone call you won't regret.

10

No matter how hard the winds blow ...  
No matter how tough the challenge ...

Like steel, I rise.

If you need help, it's only a phone call away

Finances & Work-Life Balance — 478-926-1256

Work, personal or Family Issues — 800-222-0364

Work Stress, Psychological Issues — 478-327-9803

Mental Health & Substance Abuse — 478-922-4281

78th MDG Mental Health Clinic — 478-327-8398

Suicide Prevention Lifeline — 800-273-8255

Sexual Assault & Victim Advocacy — 478-926-2946

Crime Victim Advocacy — 478-327-4584

Chapel — 478-926-2821



# What's Happening

## 78th FSS

### Ladies Day at the Pine Oaks

Every Wednesday

9 a.m. & 4 p.m.

Members pay their regular rate

Non-Members Ladies golf for \$12 – 9 Holes or \$24 – 18 Holes

Pine Oaks Golf Course - 478-926-4103 or DSN 468-4103

### Friday Special at the Base Restaurant

Fried Catfish, Hush Puppies, Vegetable and Cole Slaw or Potato Salad \$6.50

Base Restaurant Bldg. 166 - 478-222-7827 or DSN 472-7827

### Daily Lunch Special at the Base Restaurant

Spicy Breaded Chicken Sandwich with Fries \$3.50; Half Sandwich or Sub with Tomato Soup \$4; Mushroom & Swiss Burger with Fries \$3

Base Restaurant Bldg. 166 - 478-222-7827 or DSN 472-7827

### Thunder Alley

Friday Nights

Family Night 9 to 11 p.m.

Adults \$10 / Child 12 & Under \$5

Saturday Nights

Glow in the Dark 9 to 11 p.m.

\$10 per person

Bowling Center - 478-926-2112

or DSN 468-211

### Pizza of the Month at the Pizza Depot

The Big Kahuna

18-inch Pizza \$11

Pizza Depot - 478-926-0188

or DSN 468-0188

### Sub of the Month at the Pizza Depot

Manwich Sub \$7.25

Roast Beef, Ham, Turkey, Salami, Pepperoni, Lettuce, Tomato, Onion, Cucumber and Green Peppers

Includes Fries and 16 oz. Fountain Beverage

Pizza Depot - 478-926-0188

or DSN 468-0188

### Monday Specials at the Pizza Depot

11 a.m. to 1 p.m.

Steak & Fries Lunch with tea or fountain drink \$7.50

Pizza Depot - 478-926-0188

or DSN 468-0188

### Wednesday Specials at the Pizza Depot

11 a.m. to 1 p.m.

Pancit & Egg Rolls \$7.95

Pizza Depot - 478-926-0188

or DSN 468-0188

### Thursday Specials at the Pizza Depot

11 a.m. to 1 p.m.

8-inch, one-topping pizza with tea or fountain drink \$4

Pizza Depot - 478-926-0188 or DSN 468-0188

### Friday Special at the Pizza Depot

11 a.m. – 1 p.m.

Two Fried Catfish Filets, Hush Puppies, Vegetable & Mac 'N Cheese \$6.95

Pizza Depot - 478-926-0188

or DSN 468-0188

### Curbside Dinner to Go

Call in your order by noon each day and pick up between 3:30 to 6 p.m. at the drive-through in front of club.

12-Piece Mixed Chicken with Large Mash Potato & Gravy and green Beans \$21.95

Eight Chicken Fried Steaks with Large Mash Potato & Gravy and green Beans \$19.25

16-inch Meat Lover Pizza with Pasta & Marinara Sauce and 6 Pieces Garlic Bread \$19.95

Pizza Depot - 478-926-0188 or DSN 468-0188, or 478-926-2670 or DSN 468-2670

### Karaoke & Club Mug Night (Club Mug Only)

Every Thursday

5 to 8 p.m.

\$1 Domestic Draft Beer

Heritage Club Lounge - 478-926-2670

or DSN 468-2670

### On-Spot Café Special

Turkey Burger, Fries & Med. Drink \$5.50

Bowling Center

478-926-2112 or DSN 468-2112

### Twilight Special Rates

Every day

4 - 7 p.m.

Play 18 holes with cart for \$20 per person

Play 18 holes walking for \$12 per person

Pine Oaks Golf Course

478-926-4103 or DSN 468-4103

### Fairways Grille

Get your Rise 'n Shine Breakfast

Serving every day

Mondays through Sundays

7 to 10:30 a.m.

478-926-4103 or DSN 468-4103







## Parting Shot

Tiena Fletcher, chair of the Board of Human Service for the Department of Human Services, was the guest speaker during the Robins Air Force Base 2018 Dr. Martin Luther King Jr. commemorative service. The observance brought Team Robins community members together to remember the life of Dr. King. (U.S. Air Force photo/RAYMOND CRAYTON JR.)