

# ROBINS MILITARY AND FAMILY READINESS CENTER PRE-DEPARTURE RESOURCES



**Congratulations on your new assignment!**

This will be one of the most memorable times in your career. With memories come challenges masked as opportunities. The Relocation Assistance Program is here to support you by providing “at your fingertips” resources that are accessible no matter where you are geographically during your PCS. As you start to wrap up this chapter to start anew, we encourage you to review and become familiar with the agencies outlined.

Again, Congratulations and farewell from the Robins Military & Family Readiness Center!

## KNOW BEFORE YOU GO

- **Sponsorship** - If you have not yet received a sponsor, please find your gaining base on the MilitaryINSTALLATIONS website (<https://installations.militaryonesource.mil/>) and use the “Sponsorship” box in the middle of the page to send a message to the Relocation Assistance Program manager so they can help you.
- **MilitaryINSTALLATIONS** - Get a head start on your next PCS with assistance from your installation. Discover resources, classes, programs for your children and guidance to help you relocate. To find your local office visit <https://installations.militaryonesource.mil/>
- **Plan My Move** - Create a custom checklist for your move, filled with information about the tasks you need to complete and how to complete them. Your checklist is tailored to the unique needs that you or your family have. Visit <http://planmymove.militaryonesource.mil> to create your customizable checklist.
- **Air Force Inns** - To book your reservation at one of the 89 locations worldwide go to <http://af.dodlodging.net/>. This site will also offer lodging information for the Army, Navy and Marine Corps.
- **TRICARE** - Access to healthcare is necessary during a PCS. To understand how you can obtain care during a move and when you arrive at your new duty station visit [www.tricare.mil](http://www.tricare.mil) [www.tricare-overseas.com](http://www.tricare-overseas.com) or <https://www.tricare.mil/lifeevents/moving>

- **Militarylife**- This site is dedicated to enriching the quality of life of military families. Go to [Militarylife.com](http://Militarylife.com) for useful information about your commissary, relocation, leisure travel and more.
- **Voting** - To obtain tools to assist you to register to vote, determine voting requirements for your State and access fillable forms visit [www.FVAP.gov](http://www.FVAP.gov)
- **Housing Options** - One of the first concerns for transitioning family members are their housing options. <https://www.homes.mil/heat/DispatchServlet/HeatEntry> and <https://www.housing.af.mil/> are two DoD approved sites for military housing information. Both provide easy on-line information to connect you with housing at your future destination and offer an on-line venue to obtain housing assistance prior to a PCS transfer.
- **The Military Family Stability Act of 2017** - provides guidance to Armed Forces undergoing a PCS and the member's spouse to elect jointly that the spouse may relocate to the new location at the time during the covered relocation period as the member and spouse jointly select. <https://www.congress.gov/bill/115th-congress/house-bill/279>
- **Military Spouse Employment** - Provides employment, education, and relocation resources just for military spouses. Visit <https://www.careeronestop.org/militaryspouse> to find open employment opportunities at your new location. Additional resources include: <https://mycaa.militaryonesource.mil/mycaa/https://msepjobs.militaryonesource.mil/msep/about-ushttps://www.militaryfamily.org/heres-what-the-ndaa-does-for-military-spouse-employment>
- **Immigration and Citizenship** - The route to citizenship starts by having the right information. Visit the U.S. Citizenship and Immigration Services site to get up-to-date information <https://www.uscis.gov/citizenship>
- **Childcare** - Military Childcare.com and Military OneSource offer information to assist you with locating DoD approved childcare. <https://www.militaryonesource.mil/leaders-service-providers/children-youth-and-teens/child-care-resources>
- **Youth Services** - Not only is PCS'ing stressful on adults, but our children also feel a loss. What better way to get them acclimated to their new base than to request a Youth Sponsor through the School Liaison Office and gain insight into additional youth programs at <https://www.dafchildandyouth.com/> and <https://militarykidsconnect.health.mil/>

- **Sesame Street for Military Families** - Sesame Street for Military Families is a free, bilingual website where families can find information and multimedia resources on the topics of military such as Relocation and much more.
  - Watch free kid friendly videos, download printables and visit the free moving app at <https://sesamestreetformilitaryfamilies.org/topic/relocation/?ytid=VWLNaTiC0aw> and <https://sesamestreetformilitaryfamilies.org/mobile-apps/>
- **Military OneSource** - <https://www.militaryonesource.mil/> has other resources and consultants that can answer any question 24/7 by calling 800-342-9647.
- **Pet Travel** - Pets can add another layer of complexity to your move, especially if you're moving overseas. Spending some upfront time planning and preparing, and you can ease some of the stress of relocating for both you and your pet. <https://www.militaryonesource.mil/moving-housing/moving/planning-your-move/moving-with-pets>

## KNOW BEFORE YOU GO: LOCAL RESOURCES

- **TMO** – Contact them at (478) 222-0119 / DSN-312-472-0119, or email their org box at [78lrs.lgrdf.tmo@us.af.mil](mailto:78lrs.lgrdf.tmo@us.af.mil)
  - For CONUS/OCONUS housing allowances and per diem rates go to <https://www.defensetravel.dod.mil/>
  - Household goods are that one delivery at the new location that helps us to feel a sense of normalcy. **Move.mil** is the site you will utilize to start the process to have your household goods moved. Contact information to file a claim is located on this site as well as on <https://claims.jag.af.mil/>
  - For POV shipment and storage <https://www.pcsmypov.com/> is the site to start this process.
  - For Do-It-Yourself Moves also visit: [www.military.com/money/pcs-dity-move](http://www.military.com/money/pcs-dity-move)
- **Outbound Assignments** – Please contact (478) 222-6861 or email their org box at [78FSS.FSPD.Assignments@us.af.mil](mailto:78FSS.FSPD.Assignments@us.af.mil) SATO PHONE: 1-800-705-7286.
- **School Liaison** - If you are moving with school-aged children, please feel free to reach out to our School Liaison (SLO) Renee Daughtry at Comm: 478-327-5524, DSN: 497-5524, or email [renee.daughtry.1@us.af.mil](mailto:renee.daughtry.1@us.af.mil). Also check out her webpage and Facebook page for current school support information. <https://www.robins.af.mil/Units/78th-Air-Base-Wing/School-Liaison-Office/www.facebook.com/RobinsSLO/>
- **Childcare for PCS** - The Air Force Aid Society provides vouchers for up to **20 hours** of free childcare per child for Air Force families with PCS orders, at both their losing and gaining bases. Contact your Military & Family Readiness Center for more information.

- **EFMP** - If you have a family member who is already enrolled in the Exceptional Family Member Program, contact our EFMP Family Support team to sign up for a short one-on-one needs assessment appointment. Call Comm:478-926-1259 DSN: 468-1259 or email Virginia McFeeters [virginia.mcfeeters.1@us.af.mil](mailto:virginia.mcfeeters.1@us.af.mil)

## HAVE YOU SERVED LESS THAN 4 YEARS?

- **First PCS and leaving the dorms?** - Contact the M&FRC to schedule a "Ditching the Dorms" class to received education and training on budgeting for your move and the new expenses that will come with the transition from Dorm Life to living on the economy.
- **Financial Success** - If you'd like to get your finances in shape for your move, contact our Personal Financial Counselor, Shurnell James, by phone at 478-703-7071 or by email at [james5@magellanfederal.com](mailto:james5@magellanfederal.com)
- **Air Force Aid Society (Emergency Financial Situations)** - We are hoping that your PCS will be without incident, but if you have an emergency, please feel free to apply online at <http://www.afas.org>
- **Loan Locker** - Items are located within Outdoor Recreation (478) 926-4001. Small household items that are loaned to members while in transit status waiting for household goods to be delivered and after pick-up. <https://robinsfss.com/outdoor-recreation/>
- **Military and Family Life Counselors** - MFLC's offer free short-term problem-solving counseling. Contact them at (478) 501-0730 or (478) 955-1666.

## MOVING OCONUS?

Here are several sites to get you off to a good start along with your sponsor!

- <https://www.militaryonesource.mil/moving-housing/oconus-moves/life-overseas/oconus-living-on-military-pay/>
- <https://www.militaryonesource.mil/moving-housing/oconus-moves/logistics-and-family/how-to-get-your-household-goods-overseas>
- <https://www.defensetravel.dod.mil/site/ohaCalc.cfm>
- **Stars and Stripes** - Find publication with introductory information to Overseas locations and overseas driving information at <https://www.stripes.com/special-publications>
- **USAREUR Driver's Testing** - The JKO certificate is only valid for 60 days after test completion.
- **Non-CAC Login:** <https://secure.jten.mil/jkohd/sponsored.jsp>

- **CAC Login:** <https://jkodirect.jten.mil/Atlas2/page/login/Login.jsf>
- Pre-Test U. S. Forces Driver's Training Program for Europe-Course Number USA-007
- Final Test U. S. Forces Driver's Training Program for Europe-Course Number USA-007-B