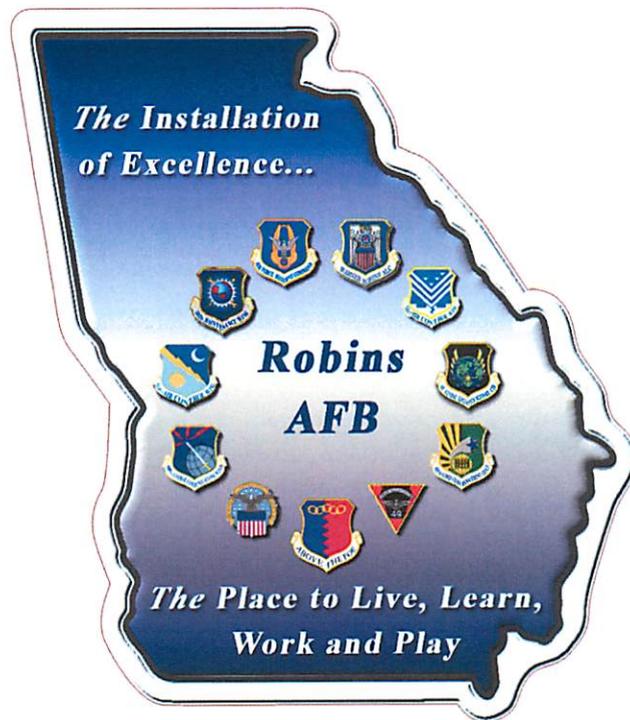


**COMMUNITY ACTION PLAN**

**Robins Air Force Base, Georgia**

**2012-2014**



**Community Action Information Board  
Integrated Delivery System**

## **COMMUNITY CAPACITY ACTION PLAN**

### **Purpose**

The RAFB Community Action Plan (CAP) is a tool for community and interagency planning and coordination with particular focus and emphasis on AFMC's Wellness and Safety campaign (WaSC), as well as, addressing issues that arose from the 2012 installation Caring for Air Force People forum . The CAP serves as an action guide for the Robins AFB Community Action Information Board (CAIB) to establish specific outcomes or areas needing attention, identifying programs to help address those needs and achieve those outcomes while identifying specific measures for the CAIB to use in assessing progress toward meeting those outcomes. This CAP was prepared by the Robins Integrated Delivery System and approved by the installation commander, 78 ABW/CC.

### **Base Mission**

Robins Air Force Base (AFB) is the home of the 78<sup>th</sup> Air Base Wing, and more than 60 other units that make up a vital part of the Air Force war fighting team. It is the largest industrial complex in Georgia, employing a workforce of over 23,724 civilians, contractors, and military members. We are proud of our greater community that we call Team Robins Plus and include the remarkable support and friendship we receive from the people of Middle Georgia. Our aim is one of Excellence...making Team Robins a great place to live, learn, work, and play.

### **Base Community Profile and Concerns**

Robins AFB is located in Warner Robins, Georgia and is a key part of Houston County and Middle Georgia. Most military members and civilian employees live in the counties in the immediate vicinity of the base and there is a large population of military retirees in the area who are authorized and use many of the services provided by the base. The Middle Georgia community provides exceptional support to the base through the local chambers of commerce military affairs committees and demonstrates its commitment by adhering to the motto "Every Day in Middle Georgia is Armed Forces Appreciation Day.

The Warner Robins area has a current unemployment rate of 9.2% (cited from the 2012 Georgia Department of Labor), which is one of the largest unemployment rates in the nation. The Employment Assistance Program offers support to help clients achieve their short and long-term employment, education/training, and career goals and employment skills counseling is provided to help customers with the challenges of job search, resume review, and interview preparation. The Airman & Family Readiness Center (A&FRC) also offers a variety of skills development workshops/classes, self-assessment tools, and resources to help meet customer needs

Robins AFB experienced 4 confirmed suicides in 2011 despite the FY 2009 inception of the "You Matter" campaign and the aggressive strides in ensuring that 100% of personnel receive suicide awareness training and that 100% of supervisors receive Frontline Supervisor Training and Bystander Intervention Training. As a result, while we will continue to push forward aggressively with these educational and awareness efforts, there has been a recent effort by the

Mental Health Flight to encourage Team Robins members to receive Peer Support Training that has resulted in 260 Team Robins members and their spouses being trained in 2011.

In 2011 Robins Air Force base had the distinction of having one of the highest fitness failure rates in the Air Force coupled with the highest overweight and obesity rates for active duty, reserve, and ANG Airmen. Aggressive hands on intervention programs implemented by the Health and Wellness Center Staff that includes "10 Week Walk to Run" "10 Week Run Improvement" and "12 Week Weight Loss" programs along with the development in October, 2011 of the joint 78MDG/78MSG Total Force Fitness Program, has resulted in the failure rate decreasing from 17% in March, 2011 to the current rate of 6.7%.

Robins AFB team members and their families reported communication and lack of awareness in regards to resources and programming as a top concern during the 2011 and 2012 local Caring for People Forum and 15% of spouses who responded to the 2011 AFCAR reported dissatisfaction with communication. Spouses and family members often feel left out when it comes to having knowledge of the activities and programming offered in the Robins AFB Community.

RAFB Demographic Information (from 2012 RAFB Economic Impact Analysis Statement)

Category	Living On Base	Living Off Base	Total
	<u>Military</u>		
Active Duty	1,716	4,213	5,929
AF Reserves	0	820	820
Individual Augmentees	0	190	190
AD Dependents	1,441	5,204	6,645
Total	3,157	10,427	13,584
	<u>Civilian</u>		
GS			9,082
Federal Wage Board			5,870
Other			1,020
NAF Fund/BX			673
Privates Business			140
<b>Total</b>	<b>2,965</b>	<b>10,178</b>	<b>30,369</b>

### **Desired Community Outcomes for 2012-2014**

The ongoing reduction of resources, to include personnel and funding, reinforces the need for base agencies to continue to become truly “integrated” and to ensure that community members are aware of existing resources. Although support networks and programs already exist at Robins AFB, marketing those services continues to be a challenge due to the diversity of a community that encompasses Active Duty, Guard, and Reserve Airmen and Army and Marine Corps Units along with DoD civilians and contract personnel. The Integrated Delivery System (IDS) itself needs to be reinvigorated with a renewed sense of purpose that is reflected in the agencies working in a collaborative manner to provide existing services while ensuring that Robins’ families are aware of the diverse support available to assist them in making positive choices even in the face of adversity. That said, the Community Action Plan (CAP) subcommittee of the IDS believes that focusing on the following community result is the best method for addressing the needs of the Robins AFB community.

### **Community Result - 1**

Robins Air Force Base community will be a great place to “live, learn, work and play”. Team Robin’s community members will be aware of the resources and programs available to them to ensure that making positive choices in the face of adversity is the easy choice. Emphasis will be placed on marketing and communication efforts with EFMP Families, Spouses, and Mission Partners and these efforts will include outreach and marketing of community resources available off the installation. Team Robins members and their families will gain an increased knowledge of resources available to them in the areas of community events, health and wellness, education, child care, peer support, etc.

### **Program Result – 1: Increase communication effectiveness**

Increase understanding about the location of and access to available resources for military members and underserved community members such as spouses, single airmen, DoD civilians, and EFMP families with both community members and base leadership. The measurement for this result would be an increase in the number of positive responses regarding formal agency support on the next AFCAR, an increase in the utilization rates of available resources, and qualitative methods such as feedback from the population during quarterly open houses and the 2013 and 2014 local Caring for Air Force People Forum. OPR: 78ABW/ PA, 78FSS/FSK, 78ABW/CS, and the IDS committee. OCR: Unit Commanders and First Sergeants.

**Program Activity – 1: Increase marketing venues used to publicize community programs, events, and resources.** Disseminate unit information for military families on the public access website, including unit activities and unit points of contact (Key Spouse, First Sergeant). The intent is for family members to have access to important unit and base information and for units and agencies to have a venue to disseminate information that ensures we are leveraging technology to communicate more effectively with spouses. Enhance spouse communication through direct contact via e-mail, phone, and direct mailing.

- a. Implementation of a “Team Robins Calendar” marketing campaign that will direct Team Robins community members to a centralized website that will provide links to all Robin’s resources and provide an “at a glance” calendar of available programs and upcoming events.



- b. Develop a local OI to ensure seamless care of EFMP families and ensure that they are aware of resources available to them. The Exceptional Family Member Program (EFMP) will hold monthly meetings for EFMP families to share information and network with each other. Issues arising during monthly meeting will be reported at the IDS meetings and addressed with the IDS keeping the CAIB aware of items that need to be elevated.
- c. Increased Availability of Spouse Contact Information - Key Spouses in each unit will be asked to develop a "spouse contact log". These logs will be used to provide direct e-mailing of programs, resources, and events. We will continue to use of spouse contact information provided in the deployment line to target families with deployed loved ones and ensure they are aware of deployment related resources.
- d. Single Airman Support Committee - An ongoing committee will serve as a focus group to develop and implement programs targeted to single airman (the committee will include FSS, Chapel, and single airmen). An ACE representative will be appointed to the IDS and attend monthly IDS meetings to ensure that issues affecting airmen are addressed with the IDS keeping the CAIB aware of items that need to be elevated.

**Program Result –2: Increase community cohesiveness**

Increase community workers' commitment to doing the right thing at the right time to both foster community wellbeing and strengthen co-workers resiliency. The measurement for this result will be a decrease in the amount of community members making poor choices such as the DUI rate, incidences of Suicide, worksite mishaps, and reported illicit drug use. OPR: IDS, Unit commanders and First Sergeants. OCR: Installation IDS Committee.

**Program Activity – 1: Ensure that Team Robins is aware of and utilizes existing resources as related to unit resiliency to include:**

- a. Advocate for Unit/CC to conduct the Unit Level Support Resiliency Inventory to get a "pulse" of the resiliency of their unit members and taking positive actions based on those results.
- b. Extend Bystander Intervention Training from the current requirement of supervisors to one that is available to all Team Robins community members.
- c. Frontline Supervisor Training - Continue push for 100 % of frontline supervisors trained with refresher training added every 5 years instead of a once in a career training to provide supervisors with up to date tools.
- d. Add requirement for each Squadron Level CC and Superintendent, as well as each Group Level CC, Chief, and First Sergeant to receive a Unit Specific Brief on issues that affect their units within 60 days of assuming the position and annually thereafter (this requirement could be met by simply having helping agencies do unit specific briefs at commanders calls).

- e. Mental health flight will continue to advocate for units to adopt Peer resiliency training. Peer resiliency training is a Team Robins extension of the “You Matter” suicide awareness campaign that provides participants the training necessary to provide psychological first aide. It uses the “PRESS” model of prepare, engage, send and sustain when dealing with someone who is suicidal.

**Program Result – 3: Strengthen community resilience by moving from Healthcare to Health**

Increase the resiliency of Airmen and their families by ensuring that the health and fitness needs of the community are addressed through timely and appropriate scientific based health education, hands on intervention programs and aggressive community engagement to empower our community members to take positive actions in support of their personal well-being. Positive measurement for this result will be an improvement in the HEDIS measures tracked by the 78 Medical Group Population Health Committee, reductions in the AFMS reported fitness assessment poor category, reductions in the AFCHPS reported overweight and obesity rates, and reductions in the installation tobacco usage rate. OPR: 78 MDG/ SGH, 78 MDG/SGPZ (HAWC) and 78 FSS/ CC. OCR: Commander and First Shirts.

**Program Activity – 1: Expand the MDG/MSG collaborative Total Force Fitness Program principles throughout Team Robins.**

- a. The HAWC will teach injury prevention techniques to PTL’s in order to provide effective fitness programs to service members at the unit level.
- b. Continue efforts targeting 2 time fitness failures for hands on intervention by HAWC and Fitness Center Staff.
- c. The Fitness Center will explore options to offer classes that are based on the same principles as the Total Force Fitness Program throughout the day.
- d. The Health and Wellness Center Health Promotions Staff will work with FSS/ AAFES/ DECA/ and Contracting to promote healthy food alternatives in all food stores, dining and vending avenues throughout the installation utilizing the Military Nutrition Evaluation Assessment Tool (M-NEAT) to measure progress twice a year in all facilities. These scores will be reported to the Community Action Information Board (CAIB) along with the committee’s recommended action plan.

**Program Activity – 2: Broaden opportunities for youth and teen fitness programs and activities at the fitness center.**

- a. The fitness center will explore options and AFI limitations to develop and offer programs and activities that are geared toward increasing the physical activity of youth and teens in the fitness center.

- b. Solidify the evidence based approach to childhood health offered through the Health and Wellness Center (HAWC) CATCH Kids Program by creating a formal partnership between FSS and the HAWC to permanently offer the program during school vacation periods.

**Program Result – 4: Increase support to families**

Increase support to Team Robin’s families by increasing the availability of after-school programs available for youth. The lack of after-school care for middle school aged youth and a need for homework assistance/tutoring programs for all ages was identified during the local 2012 Caring for People forum. Improvement will be measured in this area by qualitative analysis from feedback received during quarterly town hall meetings and the 2013 and 2014 caring for People Forums. OPR: Airman and Family Readiness Center. OCR: Commanders and First Shirts.

**Program Activity -1: Increase the awareness of free tutoring programs available through military one source and Tutor.com.**

- a. The School Liaison Officer will work with school administrators and guidance counselors to provide marketing materials to be distributed to families, as well as, work with Military One Source and marketing to increase awareness of the available resources to Team Robins personnel.
- b. Implement free volunteer based tutoring/homework assistance at Youth Programs.

**Program Activity - 2: Increase installation volunteer opportunities for youth**

The Airman and Family Readiness Center will work with the installation to identify units and or helping agencies that would be willing to accept and mentor volunteer youth during the summer vacation months and will develop a program to place volunteer youth with those partner units and agencies.

**Program Activity- 3: Increase after school care options for middle aged school children.**

The school liaison office will coordinate work with the youth center and the local Board of Education transportation office to implement transportation services provided by Houston County Board of Education from the local middle schools to available base youth programs. These transportation services will allow more middle school aged youth to participate in staff directed after-school programs provided by the Youth Center.



# COMMUNITY ACTION PLAN

## Glossary

**Community Capacity Action Plan** - a tool for community and interagency planning and coordination; the plan should not exceed 12 pages.

**Community Result** - long-term measurable benefits or outcomes achieved by individuals, families, communities, or organizations that can be directly or indirectly tied to meeting customer needs.

**Program Results** - short-term measurable benefits or outcomes achieved by individuals, families, or groups who have been directly served by agencies or indirectly influenced by an agency's efforts. An agency may take direct credit and be held accountable for program results.

**Program Activities** - measurable events, classes, or interventions implemented by an agency to achieve specific program results.



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