

**WELCOME TO THE
78TH FLIGHT MEDICINE CLINIC
ROBINS AFB, GA**



FLIGHT SURGEONS

If you would like to reach one of the doctors contact the front desk at **327-7758**. Leave your contact information and it will be provided to the doctor. A doctor or nurse will make every attempt to return your call within 24 hours.

Lt Col Charles Lutin, 78 AMDS/SGPF
Capt Mary McKenzie, 78 AMDS/SGPF
Capt Quianna Armstrong, 16 ACCS
Capt Nicole Bernatowicz, 12 ACCS
Capt Joseph Hudson, 12 ACCS
Dr. Brent Klein, MD, Contractor

NURSES

327-8109

INDEPENDENT DUTY MEDICAL TECHNICIANS

SSgt Quincy Hall 78 AMDS/SGPF
MSgt Kirsten Guy, 12 ACCS
SSgt Erik Duran, 12 ACCS

CLINIC HOURS

- Monday, Tuesday, Wednesday 0730-1600
- Thursday-Friday 0730-1100
- Outside referral doctor 24 hour follow-up appointments 1300-1400 M-W and Friday unless there are available scheduled appointments. **Avoid using sick call for this**

For appointments call 478-327-7575. **Please arrive 15 minutes prior to your scheduled appointment.**

SICK CALL

Monday-Friday except for holidays and family days

Active Duty-must be signed in prior to 0730
(Must be in uniform to be seen)

- Return to flying status
- Acute illness
- Overdue PDHRA

Please note that more acutely ill will be seen before those with less urgent symptoms. Your patience with the process would be appreciated.

If you come to sick-call for reasons not listed above you may be given an appointment for a later time to be seen by the doctor when more attention can be given to your concerns.

Dependents-sign in by 0830 for acute illnesses only

MEDICAL INPROCESSING

Front desk at **327-7758**

ANNUAL PHA/FLIGHT PHYSICALS

Appointments are to be made through your Unit Health Manager/squadron schedulers within 60 days of your overdue date. It is the members responsibility to ensure that this is accomplished in a timely fashion. Non-fly personnel will need to schedule their own PHA appointments. **These are mandatory appointments. Squadron commanders will be notified of all no-shows.**

You are to complete your health assessment prior to the PHA/Flight Physical online @ the Air Force Portal <https://www.my.af.mil/> click on Life and Career on

tool bar, then Health. If you have not completed the assessment you will not be given a new 1042.

- **Bring military issued aircrew glasses.** You will be required to reschedule if you don't have them with you .
- **Only wear contacts to your appointment if you are currently enrolled in the "soft contact lens" program.** Bring what you need to remove and reinsert your contacts.
- Labs will be ordered in advance and need to be drawn before the day of your physical. This will ensure that they are available the day of your physical.

FLIGHT SURGEON ON-CALL (FSOC)

A flight surgeon is on-call 24/7 for in-flight emergencies. Flyers may contact the on-call flight surgeon for urgent medical care via the appointment line 478-327-7575. You will be directed to an answering service to have the FSOC paged. If you have an emergency call 911 or go to the closest emergency department.

All active duty members on flying/jump/controlling status/PRP MUST follow-up in the Flight Medicine Clinic within 24 hours after receiving care by any civilian facility.

REFERRALS/ACTIVE DUTY

When referred to a civilian provider all flyers must be followed up within **24 hours** of being seen. If you don't comply with this requirement you will be DNIF'd till an appointment in Flight Medicine has been accomplished. Flight Medicine has an established process to assist with this process. When you are provided a referral you will:

STEP 1: Report to Referral Management to get referral approved and provider name and phone number.

STEP 2: Use the phone in the lobby at Referral Management to make appointment with the provider.

STEP 3: Take your appointment date and time to Flight Medicine Clinic and give to the individual at the front counter.

STEP 4: Obtain an appointment to be seen in Flight Medicine the day after your referral appointment.

STEP 5: Take the “MEMORANDUM FOR SPECIALTY CONSULTANT” to your outside provider’s appointment and have the provider fill it out.

STEP 6: Bring this envelope with the letter “MEMORANDUM FOR SPECIALTY CONSULTANT” back to your appointment in Flight Medicine.

You will be required to have an appointment scheduled after **every appointment with an outside doctor.**

For the short notice situations like an emergency room visit we will have dedicated appointments @ 1300-1400 M-W and F. Please call to be booked in one of these appointments instead of utilizing sick call.

IF YOUR MEDICAL RECORD IS NOT PHYSICALLY IN FLIGHT MEDICINE PLEASE HAND CARRY TO YOUR APPOINTMENT. THIS WILL ASSIST WITH CONTINUITY OF CARE

MENTAL HEALTH

A referral is not required to seek mental health services at the clinic or with Military One Source. Follow-up is still required in Flight Medicine after each visit.

WAIVERS

POC Mike Redman-478-327-8496 or Michael.redman@robins.af.mil

If you require a waiver you may schedule your PHA/Flight Physical up to 6 months prior to expiration. This will allow enough time to complete the necessary work up to complete the waiver. You will need to fill out a “Waiver Work Sheet”, contact one of the nurses

or Mike Redman to obtain form. You are to complete your health assessment prior to the PHA/FlightPhysical online. If you have not completed the assessment you will not be given a new 1042.

PRK/LASIK (Eye Surgery)

You must be seen by a Flight Surgeon prior to being seen in Optometry.

SOFT CONTACT LENS PROGRAM

All new candidates or those transferring from another base, must stop in Flight Medicine for a briefing/see flight surgeon and then be referred to Optometry.

MEDICATION REFILL RENEW

Contact 478-327-7575 and put a telephone consult (T-con) in for the nurse. Depending on many different factors you may be required to come to the clinic to be seen by the provider. Ensure that you allow adequate time before running out of medication to accomplish this.

BLOOD PRESSURE (BP) CHECKS

BP checks can be accomplished any time of the day except for the listed times below. You will sign into the clinic like you are coming for an appointment. You will be required to have a seat for at least 15 minutes prior to having BP check. This is to give your BP time to stabilize if you have been rushed getting to the clinic. You will be seeing a provider/Dr every time you get your BP checked.

BP CHECKS WILL NOT BE DONE DURING THE BELOW HOURS

- Between the hours of 1100-1300
- Thursdays after 1100
- Fridays after 1100

CONVALESCENT LEAVE

Make an appointment approximately 1 week prior to having a surgical procedure done. Bring your AF 988 LEAVE REQUEST/AUTHORIZATION to the appointment to establish your convalescent leave and the provider will sign it. This is your responsibility to initiate your leave not the clinic.

DEPENDENT SERVICES

1. Females may obtain a gynecological exam with an outside provider without a referral once every 365 days.
2. Diagnostic test/procedures that don’t require a referral but must have a doctors order:

- Mammograms
- Ultrasounds
- General labs
- Bone scans
- CT scans
- Bone density studies

3. You may be required to see a provider in Flight Medicine before you are given a referral. This is to ensure that a referral is indicated and that it will be made with the appropriate specialty.

SERVICES NOT COVERED BY TRICARE

- Chiropractic care-at this facility
- Food substitutes/supplements
- Artificial insemination
- Laser/LASIK surgery
- Blood pressure monitors
- Cosmetic surgery
- Learning disability treatment
- Vasectomy reversals
- Eyeglasses/contacts
- Tubal reversals

4. Referrals will not be provided for services that are available within the clinic.
5. Dependents must be over 11 years of age to be seen in Flight Medicine Clinic.