



A prescription for safety

See Page 1B

# ROBINS RevUp

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Friday, January 16, 2004

Robins Air Force Base, Ga.

NEWS

YOU CAN USE

ORI countdown:  
118 days

The purpose of an Air Force Materiel Command Operational Readiness Inspection is to assess a unit's ability to mobilize, deploy and employ personnel and resources in support of contingency operations.

It also measures a unit's ability to defend against and recover from hostile actions and emergencies situations.

Finally, the ORI evaluates compliance with federal laws and Defense Department, Air Force, and AFMC directives, instructions and policies.

The inspection is divided into two phases, with four major graded areas:

**Phase I:** May involve anyone assigned to the installation, including civilian, military or competitively sourced contractor personnel.

■ Initial Response tests unit command and control and its ability to deploy military forces to a combat theater.

The inspector general will exercise some or all of an installation's assigned unit type code taskings.

Base personnel will take all actions necessary to actually deploy people and equipment.

The inspector general will stop just short of loading for final transportation off base.

Initial Response lasts for up to three days.

■ Wartime Materiel Support, often referred to as "surge," involves accelerating an organization's core-mission operations in response to a wartime contingency.

The inspector general will present wartime scenarios requiring acquisition acceleration, test acceleration, science and technology acceleration, or depot operations acceleration.

In addition, the inspector general will evaluate center and wing-level command and control over WMS scenarios.

The inspector general will also evaluate the unit's compliance with applicable policies and guidance.

WMS scenarios typically last four or five days.

■ Force Protection tests the organization's ability to defend against and recover from hostile actions directed against the home station and to continue necessary operations under increased force protection conditions.

**Phase II:** Evaluates the unit's deployed operations and involves only deployed military forces. Phase II typically runs 48-72 hours continuously.

■ Deployed Operations focuses on the deployed units' abilities to perform their wartime missions under simulated combat conditions and scenarios.

—Lt. Col. Kevin A. Foley

## Damage docs make a house call

13 airmen from 653rd CLSS head to Baghdad to repair wounded C-5

By Ms. Lanorris Askew  
lanorris.askew@robins.af.mil

The battle damage doctors of the 653rd Combat Logistics Support Squadron are making yet another house call, this time to aid an injured C-5 Galaxy at Baghdad International Airport, Iraq.

A 13-member team of aircraft battle damage repair specialists here were tasked to deploy to the war-torn nation and respond to the damaged aircraft which declared an in-flight emergency Jan. 8.

The Robins team, of 11 senior enlisted maintainers and one maintenance officer from the 653rd CLSS and a Center C-5 engineer, left Robins early Saturday.

The damaged aircraft, which is assigned to 22nd Airlift Squadron, Travis Air Force Base, Calif., landed safely with no injuries after an explosion in the number four engine while outbound from Baghdad International Airport. Initial reports indicated the incident was the result of hostile ground fire, but the type of weapon and other details are unknown.

Lt. Col. Paul Wood, 653rd CLSS commander, said from preliminary damage reports, the team expects the job to include engine, wire and line repairs and extensive patch work — although anything is possible.

"Our team is trained for the out of the ordinary, not run-of-the-mill aircraft maintenance," he said. "No two jobs are ever the same for us; it's always something different."

It's that training that keeps this team of professionals on their toes and always ready to answer the call of duty.

"We call ourselves the emergency medical technicians of aircraft maintenance," said Colonel Wood. "That's really true because if you dial us, like



653rd Combat Logistics Support Squadron battle damage doctors at Baghdad International Airport work at night on the C-5 Galaxy damaged Jan. 8. The Robins team, including 11 senior enlisted maintainers and one maintenance officer from the 653rd CLSS and a Center C-5 engineer, left Robins early Saturday.

911, we'll be there."

Admitting that Baghdad isn't the safest working environment, the Rome, N.Y., native said he feels that the team is well trained and in good hands.

"It's a very interesting theater of operations as you can see on the news every day," the colonel said.

"My parting words to the team were

Please see **DOCS, 2A**



Sergeant  
Flake



Colonel  
Wood

What to know

The gigantic C-5 Galaxy, with its tremendous payload capability, provides the Air Mobility Command intertheater airlift in support of United States national defense. The Center has worldwide support responsibility for the aircraft.

## Center gives advice on organizing returns

By Ms. Holly J. Logan  
holly.logan@robins.af.mil

Timely planning and open communication could mean less hassle for taxpayers this season, said Tech. Sgt. Angela Johnson.

Many will be scrounging for receipts and other necessary documentation between now and April 15. But with a little organization, Sergeant Johnson, noncommissioned

officer in charge at Robins' Tax Center, said people can avoid many common mistakes.

"A lot of times people fail to bring in their Social Security cards and they end up writing down the wrong social security number when they start filling out their forms," she said. "Sometimes, it's a matter of

Please see **RETURNS, 2A**

What to know

All communications regarding the Priority Placement Program or Voluntary Separation Incentive Program must be done within personnel offices in accordance with DoD PPP Operations Manual Chapter 3, section M and commander issued policy. It's inappropriate for Robins employees and DISA employees to communicate any issues regarding the PPP and VSIP II. For more information, call Ms. Cindy Dossett at 926-3805 extension 322.

## DISA downsizing affects 55 here

By 78th Mission Support Group Career Counseling Office

Forty four of the 56 Defense Information Systems Agency employees currently at Robins are facing a reduction in force.

The action comes as part of the hosted agency's efforts to downsize, originally announced in March of 2003.

According to Mr. Robert

Williams, Resources Management Branch chief here, there were originally 67 DISA positions at Robins, 11 have taken advantage of available offers.

"Of the 11 who have already left, two retired and received separation pay, while nine others accepted jobs through the Defense Department's Priority

Please see **DISA, 2A**

## Chief Doolittle plans to do more

By Ms. Lanorris Askew  
lanorris.askew@robins.af.mil

Chief Master Sgt. Billy Doolittle has been very busy for the past few weeks. He arrived at Robins Dec. 15, celebrated his 18th wedding anniversary Dec. 28, welcomed his second son into the world Dec. 29 and officially began his tenure as the Center's top enlisted person Jan. 1.



Chief  
Doolittle

native comes to Robins from the Headquarters Air Combat Command, Langley Air Force Base, Va., staff where he served as the superintendent of maintenance policy for the director of logistics and maintenance.

Beginning the New Year as the Center's Command Chief Master Sergeant, the chief has many resolutions, but said his plans include first focusing on and preparing for the upcoming Operational Readiness Inspection.

"Every unit has a lot going on right now and we as the host unit, need to make sure we're doing everything we

Please see **CHIEF, 2A**

Robins  
3-day  
forecast

Today  
Mostly sunny  
to partly cloudy



54/34

Saturday  
Partly to mostly  
cloudy



57/35

Sunday  
Mostly cloudy  
with showers



60/36

What's  
inside

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## SERVICES HOLIDAY HOURS

Services holiday hours for Martin Luther King Jr. day are as follows:

- Aero Club**, administration and sales closed Monday
- Auto Skills Center**, closed Monday
- Base Library**, closed Monday
- Base Restaurant**, closed Monday
- Bowling Center**, open Monday from 2 - 8 p.m.
- CDC East and West**, closed Monday
- Civilian Recreation**, closed Monday
- Enlisted Club**, open Monday at 5 p.m.
- Family Child Care**, closed Monday
- Fitness Center**, open Monday from 6 a.m. - 2 p.m.
- Flight Line Dining Facility**, closed Monday; **Flight Line Kitchen** will remain open
- Food Service office**, closed Monday
- Golf Course**, normal hours
- Honor Guard/Mortuary Affairs/Readiness**, normal hours
- Human Resource office**, closed Monday
- Information, Tickets and Travel**, closed Monday
- Lodging**, normal hours
- Marketing**, closed Monday
- Nature Center**, closed Monday
- Officers' Club**, closed Monday
- Pizza Depot**, closed Jan. 18 and 19
- Rental Center**, closed Monday
- Resource Management office**, closed Monday
- Robins Japanese Grill**, closed Monday
- Skeet Range**, closed Monday
- Skills Development Center**, closed Monday
- Smith Community Center**, closed Monday
- Teen Center**, closed Monday
- U.S. Army Veterinarian Services**, closed Monday
- Wood Hobby shop**, closed Monday
- Wynn Dining Facility**, normal hours
- Youth Center**, closed Monday

## HONOR ROLL

### Macon State College fall semester President's List:

Ms. Melissa Lee Dee, Ms. Clarissa Ann Grayson and Mr. Brian James Scullin

### Macon State College fall semester Dean's List:

Ms. Jessica Parker Adams, Mr. Stanley Odel Beaver, Ms. Stephanie M. Parish and Ms. Laura Ann Sinclair-Holliman

## DOCS

Continued from 1A

to 'stay low and take care of each other.' I feel that the guys are relatively safe, but it is more threatening than sending a depot field team to Langley Air Force Base to work an F-15."

Many in the unit know first hand how it feels to deploy to an area where "stay low" is the best advice you can get. Tech. Sgt. Phillip Flake is one of them.

In February 2003 he led a

team of aircraft battle damage repair technicians on a journey to repair four aircraft damaged by hostile fire at a classified location.

"Going over, the whole team was anxious to get there and do our job, but we were all a little nervous not knowing what to expect," said the Little Rock, Ark., native. "I equate the feeling to that of being a firefighter. You train year round to go to a fire, and when you are called to do your job, you know how to respond."

Sergeant Flake said the damage repair they're trained

on yearly is different from their day-to-day job, which is depot field team or repairing peacetime aircraft.

"When we deploy, we're actually getting to do what we were brought in to do," he said.

The chief inspector of quality assurance lends this advice to others who may deploy in the future.

"Pay attention to your training, ask for advice from someone who has done it before and be extremely flexible," he said. "You can practice and train, but each repair

is different."

Colonel Wood said Sergeant Flake's deployment was one of many during Operation Iraqi Freedom.

"We had teams everywhere during OIF," he said. "We had almost 200 people deployed, not just maintenance but supply and transportation as well. We did a lot of work both in theater and in staging areas in Europe, Turkey, Romania and others."

Col. Wood said deployed technicians try to blend in and support maintenance efforts in their deployed location.

"When we're needed it's just like ringing the bell at the fire department. We all know where to rally and go to do our mission--whether it's a depot job, battle damage repair, you name it," he said.

"Our mission is to get them there so they can get the job done and get home."

Sergeant Flake said though the work of the ABDR specialist is not easy and the hours are long, the job of keeping much needed aircraft flying is always fulfilling. And the damage doctors are always on call.

## Saying goodbye



U.S. Air Force photo by Ms. Sue Sapp

Above, retired Command Chief Master Sgt. Kathy Mast is congratulated following the retreat ceremony. Security Forces Squadron members made up the color guard at the retreat ceremony performed in honor of Command Chief Mast Jan. 8 at the NCO Academy.

## CHIEF

Continued from 1A

can to fulfill their needs," he said.

Taking care of the families of deployed troops is one of the needs he places at the top of his list of concerns.

"I'm going to try to make sure that all agencies have the resources required to help both our folks abroad and their families waiting here for them to come back," said the 26-year Air Force veteran.

In addition, he said he wants to make sure the enlisted personnel are aware of all of the programs for continued education.

"I've met with the Noncommissioned Officer's Academy, the First Term Airmen Center and the Airman Leadership School staff, and those will be some of my core functions. I want to make sure we have quality education for enlisted folks so they can continue to

climb the ladder. My initial impressions are very good. We have some superstars leading those efforts and with that we will have professional development."

The father of three said his expectations of the enlisted force are for continued success.

"The Air Force continues to change, and our members have to be aware of those changes," he said. "The enlisted force is the backbone of the Air Force and they have to concentrate on their primary duties to ensure our Air Force is as successful as it can be."

Although only here for a short time, he summed up his initial thoughts of Robins in one word - wonderful.

"Everyone is open armed," he said. "Everyone is doing a very professional job. They're working very hard and concentrating on their missions and that's what we have to have to be successful. I have complete confidence that we're going to have a successful team here at Robins."

## RETURNS

Continued from 1A

people getting in a hurry and filling out the wrong documentation for things."

Sergeant Johnson said families should discuss tax filing details ahead of time to avoid delays.

"Communication is important," she said. "Teenagers who work will sometimes claim themselves on their taxes, while their parents are claiming them too. Parents and their teens need to communicate better so they don't get their tax forms sent back."

Devising a filing system is one of the best ways to make tax season more bearable, Sergeant Johnson said.

"Don't wait until the last minute," she said. "File all documentation and organize it in one place. When it comes time, all you'll have to do is file."

Some may still hurry to meet Uncle Sam's deadline,

### What to know

For more information on tax filing, visit [www.irs.gov](http://www.irs.gov) or starting Jan. 26 stop by the Tax Center on the second floor of Building 905.

but Ms. LaTonya Hughes, program support assistant for the Career Counseling Center, said she's ready.

"We've already printed our W-2 forms and have our bank and mortgage company statements and other documentation ready," she said. "We've

been looking at last year's forms to see how we'll file this year."

Ms. Hughes said creating a filing system has helped her cut down on tax filing time.

"Make a folder and put everything in one place," she said. "It makes it a lot easier when tax time comes."

With some tax rules and regulations changing, Ms. Hughes said she recommends people research the new legislation to avoid problems.

"Research what you can," she said. "You'd be surprised what you can deduct, if you take the time to find out."

## DISA

Continued from 1A

Placement Program or other DISA initiatives.

Those remaining employees who are facing the reduction can register in PPP. Consistent with DoD policies, the Robins Civilian Personnel Office is working with DISA to minimize the number of employees who will be displaced.

Those entitled to PPP can register for referral to other DoD activities for up to five occupational series for which they are well qualified. The process is automated and operates through the Defense Department's PPP Automated Stopper and Referral System.

In addition to that referral, Robins' DISA employees can participate in the expanded Voluntary Separation Incentive Program.

VSIP II offers employees at bases that are not closing or downsizing pay incentives to voluntarily retire, which includes employees eligible for early retirement, or resign, if the created vacancy can be used to place employees scheduled to be separated through RIF at other DoD activities.

To increase placement opportunities for the DISA employees, Robins will participate in VSIP II.

"Later this month, the Robins Civilian Personnel Office will survey personnel occupying the 2210

series for interest in participation in VSIP II." Mr. Williams said. "The survey is not binding. If an employee receives a survey, he or she is asked to respond to the survey. If later identified as a potential match, the employee will be given an opportunity to obtain an annuity estimate and counseling prior to submission of any binding paperwork."

To be eligible to accept a VSIP II binding offer, employees:

- Must be serving under an appointment without time limitation and must have been employed with the Federal Service for a continuous period of at least 12 months.

- May not be a reemployed annuitant.

- May not have a pending or approved application for disability retirement.

- May not be in receipt of an official RIF notice.

- May not meet series and grade eligibility by being on a temporary detail or promotion to participating series and grades.

- If electing to separate under optional or early retirement, must meet age and years of service requirements for retirement eligibility no later than the date of retirement.

Mr. Williams said these actions are DISA specific.

"The only buyouts we plan to offer at Robins are those to DISA," he said. "This is a result of downsizing their presence at Robins.

We have no plan for VSIP II at Robins beyond what we're doing for DISA."

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market  
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craig  
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karate  
59151601

union  
59151002

sunburst  
59175801

# E-mail scams hit close to home

By Ms. Lanorris Askew  
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Mr. Bob Coleman said if you receive an unsolicited e-mail from a stranger with a deal that sounds too good to be true, it probably is.

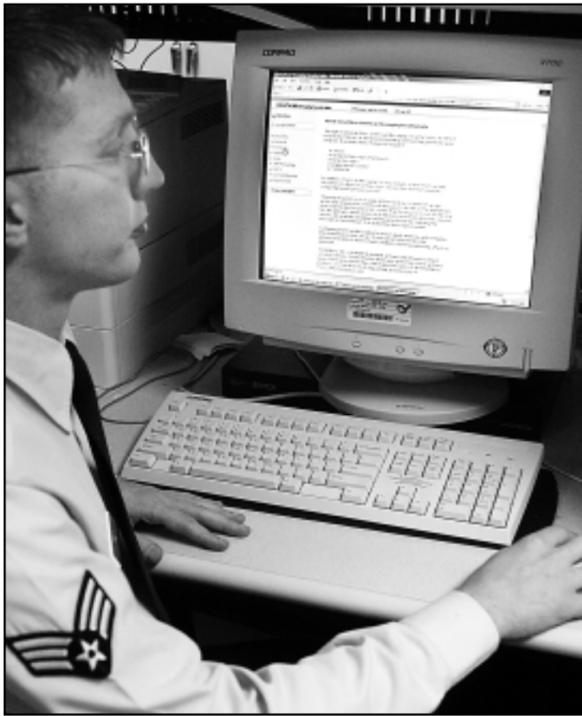
Although the 78th Communications Squadron Network Security shop sets up parameters on their software filters or firewalls to block such e-mail, it still gets through occasionally.

"At one time or another, almost everyone has received an e-mail from a West African lawyer, banker or dignitary asking for assistance in moving millions of dollars out of their country," Mr. Coleman, computer security specialist, said. "If you're willing to assist, you'll receive a cut of the money. Once the person has you hooked, you're asked to help finance the transaction."

The computer security specialist here said according to authorities, this e-mail con is the fourth or fifth largest industry in Nigeria, and such scams are beginning to spread to other countries.

"It's almost impossible to keep our firewall blocks current as more and more scams are created," he said. "We block approximately 60,000 spam attempts per month."

Mr. Coleman said it's important to know not all scams originate in foreign countries, and e-mail scammers have been found to be operating as close as Atlanta. "Remember, when something seems too good to be true, it generally is when it relates to



U.S. Air Force photo by Ms. Sue Sapp  
Senior Airman Bryan Rae, a network security technician, runs a program to block certain e-mail messages based on subject line or content.

## What to know

The 78th Communications Squadron Network Security shop blocks approximately 60,000 spam attempts each month.

money," he said. "You may consider yourself too savvy to fall for such scams but literally thousands of people become victims each year. According to the FBI, 74 people were taken for \$1.6 million last year."

**"You may consider yourself too savvy to fall for such scams but literally thousands of people become victims each year. "**

Mr. Bob Coleman computer security specialist

According to statistics, the typical amount people lose is \$3,800 and many are too embarrassed to report it.

"The scammers are often well-educated and quick thinkers," said the computer specialist. "They quickly gain the confidence of their target and are experts at 'closing the deal'."

He urges anyone who receives spam to simply delete it.

"No group of people is specifically targeted because e-mail has no faces, just names," he said.

# NCOs urged to voluntarily retrain

By Tech. Sgt. David A. Jablonski

Air Force Print News

WASHINGTON – The Air Force needs 1,100 non-commissioned officers in surplus career fields to voluntarily retrain into shortage career fields to balance the enlisted force in 2004.

The voluntary phase of the fiscal 2004 NCO Retraining Program began Jan. 5 and ends Feb. 23. The program helps balance the enlisted force by moving staff, technical and master sergeants from specialties with surpluses to specialties with shortages.

Imbalances in the mid-level NCO grades among specialties occur as a result of personnel force structure changes, differing retention trends among specialties, and the equality of promotions across all skills.

If needed, personnel officials will resort to an involuntary retraining phase March 8 through April 26.

"While every effort is made to attract volunteers, some NCOs may be selected for involuntary retraining if the number of volunteers falls short," said Lt. Col. Kim Haney, chief of the Air Force skills requirements branch at the Pentagon. "The enlisted force is not perfectly balanced so we have to take some action to get as close as possible."

The Air Force's fiscal 2003 retraining program was the first action taken in five years, Colonel Haney said. Some NCOs did not

## What to know

Noncommissioned officers in surplus career fields are needed to voluntarily retrain into shortage career fields. Officers can see where they are and where they stand on a list of their peers by Air Force Specialty Code and grade by going to [www.afpc.randolph.af.mil/enlskills/retraining/retraining/htm](http://www.afpc.randolph.af.mil/enlskills/retraining/retraining/htm). The voluntary phase of the NCO Retraining Program ends Feb. 23.

act upon the opportunities presented to them and as a result were involuntarily retrained.

"It's really in the best interest for those identified for retraining to take action and investigate the possibilities," Colonel Haney said.

Tech. Sgt. Derek Hughes, NCO in charge of Air Force enlisted retraining at the Air Force Personnel Center at Randolph Air Force Base, Texas, said he believes more people identified for retraining in 2004 will consider their options and seek out opportunities.

"I believe that we'll be more successful in the voluntary portion this year because people learned last year that the Air Force was serious about the program. People who were vulnerable, who didn't make their own choice, had it made for them," Sergeant Hughes said.

"Last year we identified people for retraining by name, and we're doing that again. They'll get a 'rip' saying they're vulnerable," Sergeant Hughes said.

A Web page shows them how vulnerable they are and where they stand on a list of their peers by Air Force Specialty Code and grade.

The list is available at [www.afpc.randolph.af.mil/enlskills/retraining/retraining/htm](http://www.afpc.randolph.af.mil/enlskills/retraining/retraining/htm). Users must log onto their virtual MPF account to view the data.

The voluntary phase is not limited to individuals identified on the list. Anyone matching the specialty code and grade, who is otherwise eligible, can apply for retraining during the voluntary phase.

"Last year, there weren't enough volunteers in Phase 1, so we did a non-vol phase," Sergeant Hughes said. "And even after that, 200 people still didn't submit applications, so we had to pick jobs for them. They chose not to decide and were not necessarily happy with results. We'd rather tell them how to be proactive, how to find something that would interest them."

A complete list of retraining-in opportunities is available on the retraining advisory at local military personnel flights. Vulnerability listings for retraining-out by grade and specialty code will be updated on a weekly basis. The MPF also provides real-time updates for applications and actual program status numbers.

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# GCSU to end its undergraduate program at Robins

By Ms. Holly J. Logan  
holly.logan@robins.af.mil

Georgia College and State University's decision to close the door on its undergraduate program at Robins has left some students stunned.

The four-year school that has partnered with the base for more than 30 years will end its undergraduate program at the Robins satellite campus in summer of 2005. But GCSU Robins Center Director, Mr. Glenn Easterly, said the change won't leave its students with an incomplete.

"It's almost a two-year process to wind down (the program) in an effective manner that benefits our students," he said. "We've mapped out our long-term schedule and we're working very closely with Macon State College, since that's where

some of our students will end up going to take transient and transfer courses."

Notification letters were sent to GCSU students Dec. 6, informing them of the pending change.

Mr. Easterly said his staff will meet with each of its more than 100 students to map out a semester-by-semester game plan for each student to help ensure a smooth transition.

The decision, made jointly by Robins' management, GCSU Academic Affairs vice president, GCSU School of Business dean, Mr. Easterly and others at the University System of Georgia level, resulted in a



Mr. Easterly

required 2.5 percent current-year budget cut for GCSU.

"This wasn't an easy decision to make," said Mr. Easterly. "This program has been so successful, and we love the support Robins has given us. But with a downward vector in undergraduate enrollments, (the cut) makes sense from an overall state resource perspective."

GCSU's Robins campus will no longer accept new undergraduate students as of this summer.

With the liberalizing of transient class policies from GCSU to MSC, Mr. Easterly said students are encouraged to continue their undergraduate studies at academic institutions like Macon State College, which recently opened its new Warner Robins campus on Watson Boulevard.

While the option to transfer

schools may be feasible for some, others view the change as an inconvenience.

"I'm disappointed that I have swap schools yet again," said Ms. Lorie Snipes, GCSU junior majoring in business management. "Most part-time students like me can take only a couple of classes at a time. If I have to change schools, it will make it even longer."

Mr. Edward Armijo, a provisioning specialist with the Logistics Directorate, who is working towards a bachelor's degree in business administration, said the program's closure may mean rethinking his goals.

"I had set my goal to graduate at Georgia College and State University," he said. "I'd hoped to graduate by December 2005. This is going to force me to have to accelerate my class load

## What to know

Georgia College and State University's undergraduate program at Robins Air Force Base will end upon summer semester 2005. GCSU students taking undergraduate classes at Robins will be encouraged to continue their education at Macon State College or any other University System of Georgia college or university. For more information, contact Mr. Glenn Easterly, GCSU Robins Center director, at 327-7376 or stop by the Education Office in Building 905.

in order to meet my goal."

The decision will mean more faculty attention on the school's remaining graduate degree programs, said Mr. Easterly.

## Chunk the junk

Robins Elementary School, others have ingredients for healthier children

By Ms. Holly J. Logan  
holly.logan@robins.af.mil

Schools nationwide may be looking at ways to keep junk food out of kids' reach, but Robins Elementary School has had the right recipe for healthy eating.

According to the American Obesity Association, 30.3 percent of children ages 6 to 11 are classified as overweight - and numbers of obese children are rising.

Ms. Lindy Kurtz, Health and Wellness Center dietician, said while some may consider the terms overweight and obese interchangeable, there's a sizable difference.

"Anyone with a Body Mass Index (BMI) greater than 30 is considered obese," she said.

Ms. Kurtz said resources such as the National Institute for Health and the HAWC offers information about BMI, a value based on a person's height and weight.

The increase in overweight children has some schools contemplating cuts in "junk food" availability, but Robins Elementary School Nutrition Manager Ms. Becky Stokes said it's not a problem at her school.

"We serve well-balanced meals every day," she said. "We've cut back on serving sweet desserts and replaced them with fresh fruits instead. We've also cut back on the amount of salty and fried foods we serve, baking instead."

Children at the school may choose from a hot lunch or a salad bar with fresh fruits, vegetables and hot food items.

But if you're looking for something to quench your thirst, you won't find the "real thing" here.

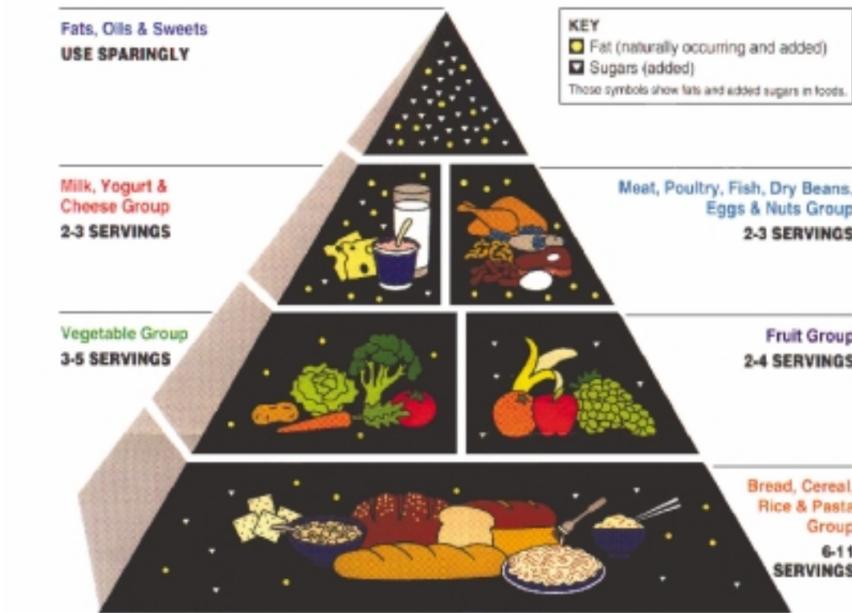
"Children may bring cartons of juice from home, but no sodas are allowed," Ms. Stokes said. "We follow the USDA (U.S. Department of Agriculture) food regulations - and they don't allow sodas (with the meals)."

Ms. Stokes said encouraging healthy eating habits early will help children grow into healthier adults.

"It's good to start good eating habits with children early to help them make better choices later," she said. "With so many families, it's about whatever is fast or convenient. But it's more important to take the time to make the right food choices and make sure they're getting the balanced meals they need."

Ms. Kurtz mirrored Ms. Stokes' comments.

"The best way to teach your child how to eat healthy (and make healthy choices) is for them to model after you and for you to provide that stuff for them," she said. "There are a lot of Web sites



Graphic courtesy of the U.S. Department of Agriculture and the U.S. Department of Health and Human Services



U.S. Air Force photo by Ms. Sue Sapp

Above, second-grader Kristen Helm enjoys a well-balanced lunch at Robins Elementary School. Below, third-graders Logan Circle, left, and Kedric Lemon eat hot lunches Jan. 9.

## What to know

For more information on children's nutrition, contact Ms. Lindy Kurtz, base dietician, at the Health and Wellness Center at 327-8480 or come by Building 827. For more information on the food guide pyramid for children, visit [www.usda.gov](http://www.usda.gov).

## Helpful Web sites

[www.kraftfoods.com](http://www.kraftfoods.com) - recipes, quick meal ideas  
[www.kidscooking.freewebsitehosting.com](http://www.kidscooking.freewebsitehosting.com) - kid-friendly recipes, tips  
[www.foodfit.com](http://www.foodfit.com) - healthy recipes, newsletters, weight calculator  
[www.healthierusa.gov](http://www.healthierusa.gov) - resources that encourage healthy living  
[www.verb.com](http://www.verb.com) - kids ideas on how to get active  
[www.bam.gov](http://www.bam.gov) - kids to improve body and mind through healthy lifestyle choices



out there that can help families make healthy choices and find healthy recipes available."

Eating healthier may seem like an inconvenience at

times, but Ms. Kurtz said it's worth the cost.

"Being healthy is sometimes an inconvenience, especially if it's not what you do at this point in time" she

said. "Any time you change a behavior, it's going to be inconvenient. I feel that the inconvenience of having to sometimes prepare meals at home instead of picking up fast food is well worth the fact you and your child will be healthy."

Ms. Justyna Patl, Robins Elementary School food service worker and a mother of two, said she works hard to keep soft drinks and non-nutritious foods out of her children's daily diet.

"I cook a lot for my kids," she said. "We eat lots of fresh fruits, vegetables and meats at my house. Chips and sodas are only an occasional treat."

## Security managers keep information, facilities under wraps at Robins

By Ms. Holly J. Logan  
holly.logan@robins.af.mil

An estimated 120 Robins' employees serve as security managers and security manager alternates, overseeing programs designed to protect classified information and other highly-secured items in its 60 base-wide organizations and units.

Ms. Lynn Dalrymple, information security specialist for the 78th Security Forces Squadron's Administrative and Reports Flight, said security managers are integral in maintaining the base's force protection and other security measures.

"Security managers play an important role in any organization," she said. "You have to have a 'go-to' person for information, personnel and industrial securities issues in every organization who has the answers or who knows someone who does. That's what a security manager does."

Security managers are responsible for ensuring employees are properly trained on methods of handling and securing classified information, notifying employees of force protection measures and changes, as well as a host of other security related matters.

Many security managers serve in this capacity as an additional job duty - one that Lt. Col. Mark Papen, 78th SFS commander, said deems them as warriors making a difference daily.

"Our security managers on Robins Air Force Base have a tremendous impact on the effectiveness of our mission accomplishment," he said. "I'd like to personally recognize and thank (these individuals) for the sometimes thankless job they do."

Security managers act as personal representatives to their commanders and directors for programs such as information and personnel securities, as well as, anti-terrorism and force protection measures, explained Colonel Papen.

Whether an additional duty or not, security managers have a full-time job.

"I answer everyday questions on how to protect clas-



U.S. Air Force photo by Ms. Sue Sapp  
Master Sgt. Scott Fowler, left, and Lt. John Eubank review security policies Tuesday.

## What to know

For information on security managers in your organization, contact Ms. Lynn Dalrymple, 78th Security Forces Squadron information security specialist, at 926-3079.

sified material and make sure people have the security training they need," said Master Sgt. Scott Fowler, 116th Air Control Wing security liaison. "I oversee security managers for the different security programs in our blended (Air National Guard/active duty) unit and make sure they're following the Air Force Instructions and Robins' regulations."

In addition, Sergeant Fowler, along with Lt. John Eubanks, Georgia Defense Department police officer for the 116th Security Forces Squadron, ensures servicemembers have their proper security clearances and timely submission of investigations takes place.

Sergeant Fowler, who has worked in the security manager field at Eglin Air Force Base, Fla., and Robins since 1999, serves full-time as an anti-terrorism officer.

"Some days I put in six hours doing this job, and some days I put in two," he said. "The best part of the job is taking something that's not working and helping security managers get where they need to be. It gives me a sense of accomplishment, helping them to better help the Air Force."

## CIVILIAN RETIREES

Retirees for December and January:

Virgil D. Tidwell Jr.  
Martha A. Tucker  
Lavada A. Tyson  
Rebecca M. Walker  
Herman R. Walters  
Tommy J. Warren Jr.  
Glenn E. Watson

Larry C. White  
Edward M. Wildes  
Betty S. Willis  
Linda P. Willis  
Cecil W. Wilson  
James A. Wilson  
Johnny P. Wilson  
Theron O. Winters  
Peter J. Wood

## SAFETY NEWS

# Hypothermia risk high for motorcyclists

By **Tech. Sgt. Vic Salisbury**

19th Aircraft Maintenance Squadron

Even though the majority of motorcycle riders decide not to ride this time of year due to the significant drop in the temperature, some are still riding on a regular basis.

By choosing to ride in colder temperatures, riders need to pay particular attention to wearing gear designed for warmth and comfort.

During the warmer months, riders' biggest struggle is against dehydration; during the colder months it's hypothermia.

Hypothermia by definition is when the body core temperature drops abnormally low.

Basically, it starts when the body loses heat faster than it can generate it. As body temperature drops, blood flow to the skin and extremities is reduced in order to keep the head and vital organs warm.

Toes and fingers start to numb, riders lose dexterity and motion control. As things progress, coordination and grip strength deteriorate not

very healthy when riding a motorcycle.

Judgment is one of the first things affected by hypothermia, making the condition difficult to recognize.

Coordination and balance are next to go along with strength essential skills required to ride your motorcycle.

Watch fellow riders if riding together for slurred speech, uncontrollable shivering or unintentional swerving.

At the first signs of hypothermia, riders should stop, get out of the cold and have something warm to drink.

Severe hypothermia is life threatening. If there is any doubt, seek immediate medical attention.

Body heat needs to be generated when riders start feeling these effects or start shivering uncontrollably the body's automatic response to generate heat.

Stop and move around, muscle action will generate heat.

Use leg muscles to generate heat by doing deep knee bends, jumping jacks, step-

ping up and down on a curb or walking up and down a flight of stairs.

Conserving heat is the best defense against cold, and proper clothing helps accomplish that.

A jacket is a rider's main protection, especially on a motorcycle without a windshield.

Windproof is the main thing to consider in a jacket along with insulation or a removable liner. Long underwear, a sweater or sweatshirt can help.

Layering is the key, especially on long trips. Riders should avoid sweating under their gear at their destination or during stops along the way and then getting back on the bike to head home.

Since most of the body's heat is lost through the head, neck and hands, a good pair of gloves and a helmet with a face shield are essential. Combining a bandanna, balaclava or a scarf with the helmet also helps.

A fairing or a large windshield helps keep most of the wind and rain off the rider.

Electric riding gear can also be a great cold breaker. Electric vests keep your

upper torso warm, promoting a higher level of blood flowing to the extremities.

Heated gloves, electric chaps, and heated handgrips (permanently installed or "wraparound" style) are also available.

Riders should check charging system output prior to use to keep from overloading the system.

Food is also necessary for calories to produce body heat. Snacking on high-energy food bars is better than eating a big meal which diverts blood away from extremities.

Dehydration can occur very quickly in cold weather, and as in when you get chilled, blood is diverted from your extremities to your core.

Drink fluids at every stop but avoid caffeinated sodas and alcohol.

Riders shouldn't forget to pay attention to their winter environment specifically be vigilant for black ice.

Bridges and overpasses are exposed to the cold air from both the top and the bottom; they tend to have ice form sooner than the rest of the roadway.



U.S. Air Force file photo by Ms. Sue Sapp

When riding in colder temperatures, motorcyclists should wear gear designed for warmth and comfort.

Be alert around lowlying areas, especially in portions of the road that are shaded.

If you identify patches of ice or snow early enough, try to reduce your speed.

If you must cross these slick areas you may want to

keep the clutch in, keep your head and eyes up and coast through.

Avoid any sudden moves or braking until you are clear. As with any riding situation always plan ahead, be prepared and know your limits.

armed  
59178601

christopher  
59212101

mkt dpt  
58929601

# Guardians watch over Baghdad

By Maj. Mike Pierson

The sounds of the guns comfort me.

Overhead, on a cloudless night, the engines of an AC-130 rumble across the Baghdad sky. The sound of its big guns reverberate off the marble walls of my office at the Presidential Palace like thunder, punctuated by the ripping scream of the lumbering aircraft's



Major Pierson

Vulcan cannon.

Today it has been two full weeks since the last mortars whistled into the world-famous "Green Zone" where I live and work. It has been a welcome respite.

The sound of small arms fire still echoes around unnoticed; no more than background noise behind the sounds of generators and armored vehicles clanking through the streets. Unless the windows rattle and the walls shake, hardly a conversation stops when smaller explosions pop and rumble.

Tonight there will be no attacks here.

I can only hear them as they cross

the sky above me, dark aircraft against the dark night sky. The noise has no competition in the empty air corridors over Iraq. Fighters, helicopters and the deadly "Spectre" gunship patrol looking for enemies on the ground.

They search for – and often find and kill – small groups of insurgents hiding in warehouses and courtyards, scrambling to set up their mortar tubes.

I sleep soundly when I hear our aircraft overhead and the sound of their guns.

Out in the city, I know that there are people on the other end of that hailstorm. Nearby, American,

British and other coalition troops are out among the Iraqi people, trying to sort the good from the bad, protected from the air.

But, not always. Every day I see Blackhawk helicopters with red crosses on the side swooping in to land their precious cargo of wounded men and women. Reports come in from official sources and scroll along the bottom of the television screen:

...Two killed, 9 wounded in Mosul mortar attack....

...Car bomb at restaurant kills 8....

...Convoy attacked near Baghdad, 7 injured...

I quickly pray it is no one that I

know, then I go about my work. I hope to do what I can, in any small way, to end all this killing and let these people get on with rebuilding their lives after three decades of despicable dictatorship.

They deserve some peace.

I wonder when I return to Georgia if I will listen to the sounds in the sky at night. Will I take comfort that somewhere, someone is still watching over me?

Major Pierson is the Warner Robins ALC Public Affairs director, currently deployed to the Coalition Provisional Authority in Baghdad, Iraq.

# Core values not cliché, but a way of life

By Col. Brian E. Kistner

376th Expeditionary Mission Support Group commander

MANAS AIR BASE, Kyrgyz Republic (AFP) – Most of us encounter situations in life we do not always agree with. Positive results can stem from how we respond to these situations. All of us in the Armed Forces have a sacred duty to adhere to the highest standards of military conduct.

Whatever the case, rules and standards must be adhered to at all costs. They form the

backbone for our acceptable way of life. Just about everywhere you look, there are rules and standards to be followed to effectively meet an end.

In the military, without standards we become just another segment of society versus the most trusted segment of society.

Without our high standards, we would not be able to prosecute the nation's wars.

To help avoid confusion, the Air Force adopted three core values that spell out what we are all about: integrity first, excellence in all we do and

service before self. These values are not cliché; they are the basic common values that enable people in the Air Force to perform the mission.

Of these values, integrity must be first, for without integrity we have nothing. We must always strive to do the right things for the right reasons. We must all know we can trust the person to the right and to the left of us to be forthright and to watch our back in a fight.

As an armed force, Americans require much from us and we must be prepared to

deliver. We have to give our personal best and be cognizant of how we conduct ourselves.

Adherence to standards does not require a super human effort that does not allow for mistakes. Rather, adherence requires an honest straightforward approach and the best effort we can put forward.

Doing the right things for the right reasons means simply, when presented with a tough decision, confronting the situation head on and doing what is right even when it is uncomfortable.

When faced with misbehavior by a subordinate, for example, it might be easier to turn a blind eye and do nothing vs. administering the tough justice our profession requires.

This situation quickly becomes an integrity issue and one that has far reaching implications. When the chips are down, people will fail to do what is right if we do not hold them to this same standard in performing their daily duties. When we fail to do the right thing, the repercussions are far reaching because in the profession of arms we all

potentially may be faced with life and death decisions.

If we allow complacency and inaction to erode the fabric of our military through the lack of adherence to standards and our core values, then we threaten the very existence of the institution we hold so dear and the rest of the Nation relies upon so heavily to fight and win wars.

Standards and core values aren't cliché. They are what set us apart from the rest of society and what make us the best most trusted air and space force in the world.

Action Line is an open door program for Robins Air Force Base personnel to ask questions, make suggestions or give kudos to make Robins a better place to work and live.

Please remember that the most efficient and effective way to resolve a problem or complaint is to directly contact the organization responsible. This gives the organization a chance to help you, as well as a chance to improve their processes.

To contact the Action Line, call 926-2886 day or night, or for quickest response e-mail to one of the



## Commander's Action Line

Maj. Gen. Don Wetekam  
Commander,  
Warner Robins Air Logistics Center

Col. Tom Smoot  
Commander,  
78th Air Base Wing

following addresses: If sending from a military e-mail system select, Robins Commanders Action



Line from the Global Address List. If sending from a commercial e-mail account (AOL, AT+T, CompuServe, Earthlink, etc.), use [action.line@robins.af.mil](mailto:action.line@robins.af.mil). Readers can also access Action Line by visiting the Robins AFB homepage at <https://www.mil.robins.af.mil/actionline.htm>. Please include your name and a way of reaching you so we can provide a direct response. Action Line items of general interest to the Robins community will be printed in the Rev-Up. Anonymous Action Lines will not be processed.

Security Forces.....	327-3445
Services Division.....	926-5491
EEO Office.....	926-2131
Employee Relations.....	926-5802
Military Pay.....	926-3777
IDEA.....	926-2536
Base hospital.....	327-7850
Civil engineering.....	926-5657
Public Affairs.....	926-2137
Safety Office.....	926-6271
Fraud, Waste and Abuse hotline.....	926-2393
Housing Office.....	926-3776

## Issues with PharmAssist

First and foremost I want to thank the Pharmacy personnel for their valiant efforts during the initial implementation of PharmAssist. It was forced on them too. Second, I think a more appropriate name for this program is "Pharmacy counter insurgency action". As stated by our leaders, it is not intended to reduce waiting times....Amen!

But, what about the shy, young mother with a child who has just come from the physician's office with a prescription for a child who was taken to the clinic in the first place for treatment because of vomiting, diarrhea, and a temperature of 103?

Does PharmAssist consider that she will not wait in line for two hours with a child who is crying and vomiting and could perhaps go into convulsion? This scenario is very real to the parent. She will probably do as many other parents, and go pay the co-pay at a pharmacy off base.

Now she has avoided the long lines, but in the process has overspent her budget and did not receive the treatment that she has earned. PharmAssist has not assisted her at all. Next time she sits in the base theatre and hears our senior leaders proclaim that the Air Force "takes care of its own," what will flash through her mind?

Further, consider the retiree, who has to take a couple of hours of vacation or sick leave time to wait in longer lines for his prescriptions. He will, as I do, give up the medications that he has earned and also go to the pharmacy in town and pay the co-pay.

Where was PharmAssist?

Needless to say, I fail to see how the catchy phrase PharmAssist and all that goes with it, will assist some deserving individuals. Or prevent costly errors. Some may benefit. And I do realize that this program was conceived and intended as a noble cause.

It is true that some individuals may benefit from PharmAssist, but, at what cost to others?

Suggested improvements to the PharmAssist:

■ Allow people to drop off their prescription and pick them up after a prescribed time.

■ Make provisions for parents when their children desperately need medication right away. Tell them of their rights to effective and efficient service.

Need some theatre briefings, commander's calls for family members. Signs in the hallways are not enough.

■ If more room is needed to store medicines for later pick-up, then get more storage space.

■ Remove or change the "no wait refill" signs on the wall in front of the pharmacy for online refills and provide a separate pick-up line.

I agree that I may not know the "big picture," but I wanted to let you know how some of us feel about the new system. Please let the hard working folks at the pharmacy know we really do appreciate them as they do us.

**Col. Smoot replies:** I understand your frustration and appreciate you sharing your suggestions. Here is a quick explanation of what has been done and what is planned to improve the process. PharmAssist is a new automated dispensing system required for use in all Air Force Pharmacies. The learning curve has been steep and equipment problems have been frequent. There are three different computer systems that have to interface. The old three-step process now requires nine steps for each prescription. These additional steps were designed to eliminate dispensing errors. Changes to the workflow have been made daily to try to maximize the capabilities of the new system. Waiting times at Robins have been less than half the waiting times experienced at other bases that have implemented the system. Numerous active duty and retired individuals have saved the day by volunteering to help. Equipment requests and work orders have been completed to provide a phone-in and on-line refill capability and an additional window for refill pick up. An online capability for refills is currently available on a secure Web site for employees who work on base. The shift of refills from walk-in to phone-in and online should reduce the waiting times for new prescriptions. This consistent push for changes will restore service with reasonable waiting times. The understanding and support given by the community during this change is greatly appreciated.

## Kudos for Security Forces

I would like to pass on kudos for the Army National Guard

troops manning the Russell Parkway Gate. They all are doing an excellent job, and I realize most of them have been away from their families for the last 10 months. Specifically, I want to thank Spc. David Person. Every day, regardless of rain, sun, freezing cold or the blasting Georgia heat, he has been a smiling, upbeat and great welcoming face to Robins Air Force Base. When we enter the gate, he greets us, calls us by name and checks the ID cards, the stickers, etc. and still says - every single time - have a wonderful day or a beautiful day or enjoy your day. Because of him, every morning, I come through the gate with a warm heart and a smile on my face! Thanks!

**Col. Smoot replies:** I can't agree with you more. The sacrifices that our Security Forces, to include the soldiers of the Georgia Army National Guard, are making both at Robins and around the world are above and beyond. Coming in contact with literally thousands of people each day requires professionalism and patience. Thank you very much for recognizing Specialist Person and the job he does every day.

## Kudos to security gate guards

I would like to send kudos to members of our security forces squadron. They risk so much every day in order to ensure that we are secure. They are out in the rain and cold but always with a smile and a professional attitude. Every morning it is always nice to be greeted by a kind word and a smile upon arriving at work. Some of them that I am referring to, and have come to know, are officers Gregory, Bellamy, Hilderbrand, Frisbe and Brown. May God bless each and every one of them and their families. They make us all feel safer and their professionalism is inspirational!

**Col. Smoot replies:** I can't agree with you more. The sacrifices that our Security Forces, to include the soldiers of the Georgia Army National Guard, are making both here at Robins and around the world are above and beyond. Coming in contact with literally thousands of people each day requires professionalism and patience. Thank you very much for recognizing Specialists Gregory, Bellamy and Hilderbrand, Private Frisbe, and Sergeant Brown and the job they do every day.



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# a prescription for safety

PharmASSIST gets mixed reviews: cuts errors but increases delays



By Mrs. Chris Zdrakas  
chris.zdrakas@robins.af.mil

**P**harmASSIST is a prescription for drug safety the Air Force mandated with accuracy - not speed - in mind.

The new system for filling pharmacy prescriptions became effective at Robins last month, giving immediate rise to complaints and frustration from customers who went from an average waiting time of 10 minutes to two hours.

Virtually unnoticed amid the angry words and behind-the-scenes hustle by pharmacy staff to fill orders was the reason behind the system change: It's virtually error-free and adds six steps to what was a three-step process.



Mr. Walker

"The system is safer, and because of that, it's worth it," said Robins' Chief of Pharmacy Services Mr. Jerry Walker. "The Air Force believes that getting it right is more important than doing it at warp speed. I would have to agree. We have taken a lot of heat over it, but we are taking measures to work out the problems of delays. We are definitely getting there."

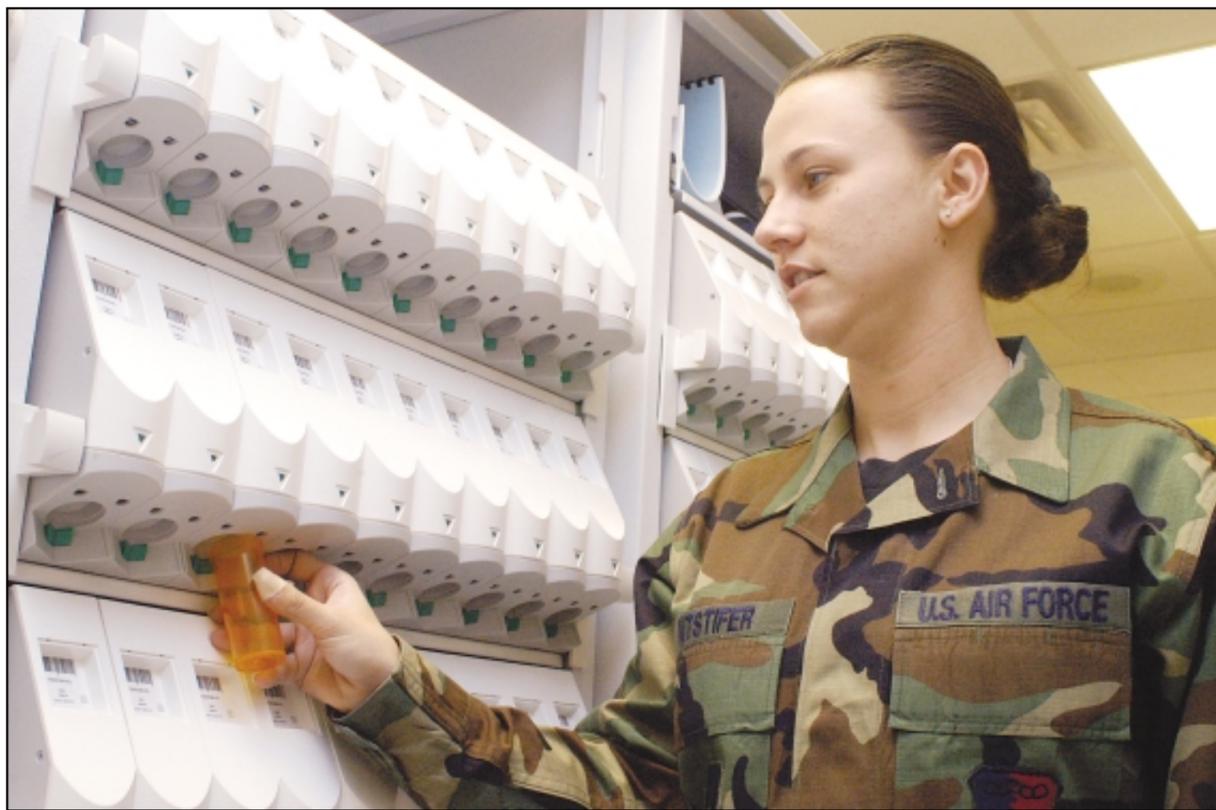
### Holiday crunch

The new system combined with the holiday schedule at Robins and prescriptions related to the cold and flu season made waiting times longer. The pharmacy fills 8,000 prescriptions a week whether the week is five days long or three or four days long, as it was during Christmas and New Year's. In addition, the pharmacy had a record day Jan. 5, the day after a four-day holiday, processing 2,365 prescriptions. The following day, another 2,250 came in. Robins fills an average 1,500 to 1,600 prescriptions on a normal day. Walker said to put the daily number in perspective, downtown pharmacies fill an average 500.

"We are beginning to see improvements," Mr. Walker said. "We have found ways to regulate the data flow to keep the system running smoothly and have been successful in getting more people to use our online refill service."

### An easier way

Tuesday the pharmacy filled 100 prescriptions with the online program. (Customers can access the secure Web site from government computers and fill out a prescription form. Those prescriptions are available the next business day after 3 p.m. with no waiting.) In addition to the Web-based system, the pharmacy will install a phone-



U.S. Air Force photos by Ms. Sue Sapp

Above, Staff Sgt. Dannielle Mitstifer, pharmacy technician, collects pills from the pharmacy's automated counting machine.

### What to know

To avoid long waits, customers can access the secure Web site from government computers and fill out a prescription form. Those prescriptions are available the next business day after 3 p.m. with no waiting. A phone-in system that will make prescriptions available the next day will be implemented soon.



A pharmacy technician counts out pills by hand.

in system that will make prescriptions available the next day, Mr. Walker said.

For now, those who don't have access to on-base computers can best be served by avoiding peak pharmacy times, between 11 a.m. and 1 p.m. daily. Those who show up at the pharmacy between 7:30 and 9:30 a.m. daily will have a relatively short wait, perhaps 10 minutes or less, he said.

### Learning curves

Mr. Walker attributed the pharmacy's ability to make inroads with the system's problems to advance preparation - measures such as installing a first-stop kiosk in the lobby last year and installing additional equipment, more shelving and more counter space to accommodate the additional equipment.

The pharmacy also sent team members to Florida's Eglin Air Force Base, whose system was installed a year ago, to train and study the new way of doing business.

"Most other facilities we talked to had initial waiting times of four or more hours in the first eight or nine weeks," Mr. Walker said. "Some reported waiting times of over

five hours. Our waiting times ran up to two hours the first two to three weeks, and we are starting to get better. But until we can really wrap our arms around this thing, there will be increases in waiting time."

### Keeping up

By last Friday, the pharmacy had the average waiting time down to 20 to 25 minutes except during lunchtime, when it peaked at 40 minutes. Mr. Walker said he has estimated that if 200 to 300 people a day order by either computer or phone when that system is installed, waiting times will go down to a consistent 20 minutes during non-peak hours and 30 minutes during peak hours.

One of the system constraints is equipment that won't function fast enough when overloaded during peak periods. Chief among the problems is the mechanism that drops pills into drawers in a series of cabinets that hold 200 of the most commonly prescribed drugs.

Mr. Walker demonstrated the difference between the old system and the new. With the old system, pills sound like small hard candies being dropped simultaneously from

hand to cup. With the new system, the sound is more like hard candies being dropped individually into a cup. When the mechanical constraint is coupled with the overload requirement that peak hours bring, the problem multiplies.

### Patience is a virtue

Not all pharmacy customers are complaining, especially those who are there first thing in the morning.

Mr. Charles McGow, a retired Navy member who served in Vietnam, was an early morning pharmacy customer Tuesday. It was his first visit since the new system was installed.

"I'm just getting into it since they changed it around," he said. "I don't understand it yet. Before, I just used to go to number four (window) and turn my prescription in," he said.

Another customer, Mrs. Sandra Provens, wife of a retired Air Force chief master sergeant, is also a volunteer in the 78th Medical Group's obstetrics/gynecology clinic.

"I'm very patient because they do their jobs the best they can," she said of the pharmacy staff. "I'm like everyone else. I've had to

wait, but I come prepared with a book."

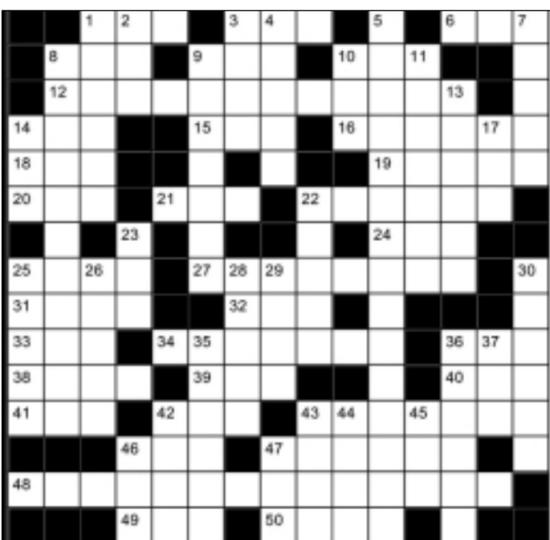
Three of the pharmacy's 19 authorized jobs remain unfilled, Mr. Walker said, but volunteers have come forward to help absorb some of the workload. A group of 40 to 50 volunteers have worked at the pharmacy every day since the conversion, handing filled prescriptions out to patients.

Mr. Walker said the pharmacy staff has pulled out all the stops, working longer days to keep on schedule. In the system's early stages, he said, they would remain after work and talk about how the system could be improved.

"I knew the folks in this pharmacy were good, but when we got into the middle of all of this, I realized how good they really are. They worked their hearts out, even though the working conditions were not the best. They took the criticisms from customers the same time they were trying to work the problems out of the system," Mr. Walker said.

The team that installed the system told Mr. Walker they "hadn't seen a work ethic like that anywhere they have been." Robins was the 10th base to install the equipment.

## CROSSWORD PUZZLE



### Operations Name Game

By 1st Lt. Tony Wickman  
Alaskan Command Public Affairs

#### ACROSS

1. Accountant (abbrev.)
3. Air Force cops (abbrev.)
6. Canal
8. Negative
9. \_\_\_-do; witchcraft
10. Explosive
12. Recent operation to remove Hussein regime
14. Mon.
15. Ticket
16. Tribute
18. 34th president informally
19. Lies
20. Military pay statement (abbrev.)
21. Bullfight cry
22. 1991 Operation Desert \_\_\_; Protect Saudi Arabia
24. Compass direction
25. Eras
27. Outsider
31. Greek god of love
32. Dribble
33. Fuel
34. Operation Rolling \_\_\_, US bombing campaign in Vietnam
36. Acronym for finding lost boats, planes
38. Egyptian nature goddess
39. Abbreviation on a business sign
40. Army bed
41. Military identification number (abbrev.)
42. Dine
43. Stage paintings
46. Mistake
47. Animal without feet
48. D-Day operational deception plan for Patton
49. Acronym for a controlling naval ship

#### DOWN

1. Aztec conqueror
2. School org.
3. Treaty governing US forces overseas
4. Operation Joint \_\_\_; Bosnia peacekeeping
5. Current operation for global war on terrorism
7. Mess hall items
8. 1973 Operation to support Israel during war with Arabs
9. 1948 Operation to sustain Berlin during blockade
10. Golf support
11. Hydrocarbon used to make dyes
13. Exotic car manufacturer
14. Car necessity
17. Diploma equiv.
22. Endure
23. Beginning of American naval ships
25. Type of Navy cruiser
26. Red dye
28. Rely on
29. Undersized
30. Someone who dies for a cause
35. Card game
36. Smells
37. Military commander's geographic control (abbrev.)
42. Actress Julia's brother
43. Raced
44. 'La \_\_\_ Nostra'; mafia
45. Arizona school (abbrev.)
46. Continuing on (abbrev.)
47. Juice drink

For puzzle solution, see Jan. 23 edition of the Rev-Up

#### Puzzle solution for Jan. 9



## LEAVE/TRANSFER

The following people have been approved as participants in the leave transfer program.

**Mr. Don Kirby**, WR-ALC/MABQF. The point of contact is Ms. Paula T. Patrick at 926-5551.

**Ms. Mary Sue Trussell**, 78th MSG/DPCEB. The point of contact is Ms. Vickie Lacey at 926-0677.

**Ms. Melanie McDonald**, WR-ALC/CCX-A. The point of contact is Ms. Linda Shaw at 926-3826.

**Ms. Alanna Rucker**, WR-ALC/MANMS. Point of contact is Mr. Nolan Herring at 926-4002.

**Mr. Jon K. Bailey**, MADWT. Point of contact is Mr. James Gillis at 926-8805.

Employee-relations specialists at 926-5307 or 926-5802 have information and instructions concerning requests to receive or donate annual leave. To have an approved leave recipient printed in the Rev-Up, directorates should send information to Angela Trunzo by e-mail at [angela.trunzo@robins.af.mil](mailto:angela.trunzo@robins.af.mil). Submissions run for two weeks.

## FAMILY SUPPORT CENTER

Family Support Center sponsored classes, workshops, and seminars are open to all Team Robins personnel and their eligible family members. The FSC is located on Ninth Street in Building 794. For additional information, or to make a reservation, call 926-1256.

### Pre-TAP briefing

A Pre-TAP briefing will be Tuesday, 1 - 3 p.m., Building 905, Room 141.

The Transition Assistance program is offering a briefing for personnel and their spouses who are within one to three years of separation or retirement. This session is designed to help individuals get a head start on long-range retirement and separation planning, benefits and other information.

### Sponsorship training

The center's Relocation Assistance Program will offer training for both beginner and experienced sponsors Tuesday, 2 - 3:30 p.m., Building 945, FSC Annex.

The training provides information on what types of information to send to the PCSing servicemember and where to obtain it; different ways to communicate with the inbound member; and finally sponsors are given vital information regarding responsibilities to newly assigned servicemembers and their families, if applicable.

### Deployed spouses money matters

The FSC's Family Readiness Program is offering a class, "Money Matters for Deployed Spouses," Wednesday, 9 - 10 a.m., Building 794,

FSC. Topics to be discussed include, cash-flow control; money management; budgeting; pay entitlements; and how to stay in control of family finances.

### Community tour

The FSC is sponsoring a community tour for all Team Robins members and their eligible family members, Wednesday, 8:30 a.m. - 1 p.m. Meet at the FSC.

### Salary negotiation class

There will be a Salary Negotiation class Thursday, 8:30 - 11 a.m., Building 905, Room 123.

This session is designed to assist you in an overview of how to determine your worth and know if the salary is negotiable, including how to and when not to factor in benefits packages. Tips are provided to assist in overcoming your discomfort and empower applicants in gaining a better salary.

### Jr. Smooth move

The center's Relocation Assistance Program has a workshop for kids of military and DoD civilians on the move. Children ages 6-12 will learn about their new assignment location through the use of games, maps and activities appropriate for their age. The workshop will be held Thursday, 4 - 5:30 p.m., in Building 945, FSC Annex.

Space is limited so early registration is required.

### Home buyer's workshop

Ms. Mary Ussery, director of Education for Consumer Credit

Counseling Service of Middle Georgia, a non-profit organization funded by the United Way, will conduct a free "Home Buyer's" workshop Jan 23, 1 - 4 p.m., Building 905, Room 127.

This workshop is designed to take some of the confusion and uncertainty out of the home-buying process. The workshop will cover topics such as: building wealth through ownership, after-tax benefits of home ownership, the role of the real estate salesperson, determining a comfortable price range for the borrower, the ins and outs of mortgage financing, and understanding the purchase contract.

### Personal financial fitness

The Personal Financial Management Training Series materials have been developed to educate military personnel, their spouses and youth on financial issues relevant to their day-to-day lives. This self-paced series explains the basic financial tools to function in today's complex society.

The following lessons are covered in this six-CD package:

- Principles of personal finance
- Using credit wisely
- Large purchases
- Fixing financial problems
- Saving and investing
- Consumer scams, bad habits and getting help
- Getting insurance
- Pay, allowances and benefits
- Banking and checking accounts
- Planning and budgeting
- Relocation

Call the FSC for computer time to check out this excellent program and begin working on your financial plan.

## STREAMING VIDEO



## ROBINS REPORT

News from around the base - Watson and Cox Channel 15

Friday - 8 p.m.

Sunday - 1:30 p.m.

Monday - noon

## MOVIE SCHEDULE

### Friday

7:30 p.m. - Love Don't Cost a Thing - Nick Cannon and Christina Milian

Alvin is a brilliant but awkward teenager who seizes a golden opportunity when a popular cheerleader wrecks her parents' car and is strapped for cash. He pays her to pretend to be his girlfriend with hopes of elevating his social standing. Rated PG-13 (for sexual content and humor) 105 minutes

### Saturday

2 p.m. - The Haunted Mansion - Eddie Murphy and Jennifer Tilly

A real estate agent and his family visit an old mansion, thinking they're just stopping by to check out the property. But soon the family is stranded there - along with 999 creepy ghosts. PG (frightening images, thematic elements and language) 100 minutes

7:30 p.m. - Honey - Jessica Alba and Mekhi Phifer

Honey Daniels is an up-and-coming choreographer who finds her career in jeopardy after she refuses to reciprocate the sexual advances of a music-industry bigwig. Determined to pick herself back up, she goes back to the inner-city of her youth with plans of starting a dance school. PG-13 (for drug content and some sexual references) 94 minutes



## CHAPEL SERVICES

Catholic Masses are celebrated at the chapel each Saturday at 5:30 p.m., Sunday at 9:30 a.m., and on Holy Days of Obligation at noon and 5 p.m. and Monday through Friday at noon. The Sacrament of Reconciliation is on Saturday from 4:30-5:15 p.m.

Protestant General Services take place every Sunday at 11 a.m. This

service includes some traditional and contemporary worship styles in music and in format.

Protestant Inspirational Services take place every Sunday at 8 a.m.

Protestant Contemporary Services take place 11 a.m. each Sunday at the Base Theater. This service is very informal, with a praise team assisting in singing and includes

both traditional and contemporary styles of music and worship.

Jewish service time is each Friday at 6:15 p.m. at the Macon synagogue.

Islamic Friday Prayer (Jumua) Fridays at 2 p.m. in the chapel annex Rooms 1 and 2.

The chapel helps with spiritual needs that arise. For further information, call the chapel at 926-2821.

## SERVICES BRIEFS

### Base Restaurant 926-3031

The base restaurant renovation is underway. During this period the base restaurant will be offering cafeteria-type meals, fried chicken, deli-bar, salad bar, burger bar and breakfast to order.

### Civilian Recreation

#### 922-4415

All kids will receive a prize when they purchase a playing card at Family Night Bingo Jan. 26 at the Smith Community Center. Doors open at 5 p.m., and games start at 6 p.m. Participants can play for prizes. Cost is \$3 per game pack, limit three packs per person.

Watch the movie "Grease" at the

Smith Community Center ballroom Jan. 30 at 7 p.m. Moviegoers are invited to bring lawn chairs and blankets to this free event. Concessions will be on sale. For more information, call Ms. Lynne Brackett at 922-4415.

### Information, Tickets and Travel 926-2945/0093

Explore and expand your horizons during ITT's Travel Show March 10, 10:30 a.m. - 1:30 p.m., in the Smith Community Center ballroom, Building 767. Representatives from Walt Disney World, Universal Studios, Alpine Helen, Jekyll Island, Sea World, Busch Gardens, Lookout Mountain Hang Gliding, Andersonville Trail Association and more will be on hand to share information. For more infor-

mation, call ITT.

### Skills Development Center 926-5282

The skills development center will hold monthly classes in acrylic painting Tuesday and Jan. 27, 10 a.m. - noon, cost is \$12.50; decorative stamping Jan. 27, 6 - 8 p.m., cost is \$12.50; scrap booking Fridays, 12:30 - 2 p.m., cost is \$12.50; drawing Jan. 26, 10 - 11:30 a.m., cost is \$10; watercolor Jan. 26, noon - 2 p.m., cost is \$10; oil painting Thursday and Jan. 29, 10 a.m. - noon, cost is \$12.50; pen and ink Tuesday and Jan. 27, 1 - 2 p.m., cost is \$7. Registration and payment is required for all classes. Class space is limited. All classes are subject to change. For more information, call 926-5282.

## And they're off



U.S. Air Force photo by Mr. Ian Stone

Runners participate in the Museum of Aviation Foundation 8th annual Marathon/Half-Marathon 5K Run/Walk Saturday. Opening ceremonies began with the National Guard's 202nd Color Guard Unit presenting the colors and the Barbershop Quartet singing the national anthem.

### Race results

Marathon - all finishers - Jeffery Hoffman, 2:51:34; 2. Jeff Keady, 2:56:07; 3. Christopher Jones, 2:59:17. Half-Marathon - all finishers - Alan Black, 1:12:35; 2. Buddy Clark, 1:20:25; 3. John Kirksey, 1:20:53. 5K - all finishers - Clint Watkins, 17:36; 2. Steve Burgess, 17:52; 3. Clark Walker, 17:59. Marathon team - male - Donald Wetekam, Tom Smoot, Maj. Jeff Gates, Tim Motley, 3:46:43 52.

Marathon mixed teams - Lori Brewer, James Brewer, Gary Rogers, Shane Saffold, 3:28:30 35; 2. James Baldwin, Kimberly James, Perry Slaughter, Scott Tankard, 3:40:29 58; 3. Tomianne Brown, Kristen Miller, Brett Moore, Michael Stanley, 4:16:00. Marathon - overall male - Jeffery Hoffman, 2:51:34; 2. Jeff Keady, 2:56:07; 3. Christopher Jones, 2:59:17. Marathon - overall female - Jennifer Brigati, 3:29:53; 2. Shirley Pratt, 3:30:58; 3. Teresa

Lafleur, 3:35:09. Half-marathon - overall male - Alan Black, 1:12:35; 2. Buddy Clark, 1:20:25; 3. John Kirksey, 1:20:53. Half-marathon - overall female - Sue Bozgoz, 1:29:01; 2. Lesley Chaplin, 1:36:24; 3. Kim Smith, 1:39:56. 5K - overall male - Clint Watkins, 17:36; 2. Steve Burgess, 17:52; 3. Clark Walker, 17:59. 5K - overall female - Kristen Spencer, 19:25; 2. Angela Cobb, 20:41; 3. Doreen Branch, 21:05.

## Baseball, softball league registration starts Jan. 31

The Warner Robins National League "USSSA" will hold baseball and softball registration Jan. 31, Feb. 7, 14 and 21 at Simpson Park on Johnson Road in Warner Robins from 10 a.m. - 2 p.m.

Try outs will be Feb. 28.

Registration fees are include pictures, game drinks, jerseys, hats and approximately 20

games with no fund-raisers.

Fees for T-ball are \$75; 7-10 year-olds - \$90, 11-18 year-olds - \$100.

For more information, call Mr. Randy Willis at 953-1041 or visit [www.warnerrobinsnational.com](http://www.warnerrobinsnational.com).

— From staff reports

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## SPORTS BRIEFS

### Fitness Center 926-2128

The 2004 Winter Sports Day will be Jan. 30. Events include swimming, table tennis, racquetball, walleyball, obstacle course, three-on-three basketball and a push, pull and dip competition.

### Golf Course 926-4103

The 5th annual Three Club tournament will be held Saturday with a shotgun start at 9 a.m. Cost is \$25 annual green fee for members and \$40 guests. The format will include gross and net division winners. Call 926-4103 or sign up in the pro shop.

### ITT 926-2945

The Macon Trax hockey team will play against Jacksonville today and Saturday at 7:35 p.m. Cost is \$6 for upper seats, \$9 for lower seats and \$12 for glass seats.

### Paintball tournament

There will be a paintball elimination tournament Feb. 21 at the Robins paintball field behind Pave Paws. Cost is \$100 per six member team and includes all equipment and 2,400 paintballs per person. The tournament is open to all base personnel, active duty, DoD civilians, family members and retirees. For

more information call Equipment Rental at 926-4001 or e-mail [derek.glisson@robins.af.mil](mailto:derek.glisson@robins.af.mil).

### Youth Center 926-2110

Robins Youth Center Soccer registration is Jan. 24 - 31. Cost for returning players is \$30 and \$55 for new players. Registration is Monday through Friday, 3 - 6 p.m., and Saturday, 10 a.m. - 6 p.m.

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## It's a 'brr-r-rrtiful' new year



U.S. Air Force photo by Staff Sgt. Jocelyn Rich

MINOT AIR FORCE BASE, N.D. — Senior Airman Zachary Miller disconnects the air source from a B-52H Stratofortress. Temperatures here recently averaged minus 20 degrees with wind chill. Miller is assigned to the base's 5th Aircraft Maintenance Squadron.

## Don't let Jack Frost put the freeze on winter travel plans

By Bill Morrow  
Center Safety Office

Even though Georgia winters are generally not severe, snow can fall, ice can cover the road and extreme cold can make driving treacherous.

These safety tips from Center for Disease Control, the National Highway Traffic Safety Administration and the National Safety Council can help make winter car travel safer.

- Have your car tuned up, check the level of antifreeze, make sure the battery is good, and check your tire tread condition.

- Keep emergency gear in your car for everyday trips, such as:
  - cell phone
  - flashlight
  - jumper cables
  - sand or cat litter for traction
  - ice scraper, snow brush and small shovel

blankets  
warning devices like flares and reflectors

- For long car trips, keep food, water, extra blankets and required medication on hand.

- Avoid driving in snow or ice storms, but if you must leave early and give yourself plenty of time.

- Let someone know what route you're taking and when you plan to arrive so they can alert authorities if you don't get there.

- Make sure your car's exhaust pipe and the area around it are free of snow before you start the engine. Snow packed in or around the exhaust pipe can cause high levels of carbon monoxide in the car.

- Don't sit in a parked car with the engine running unless a window is open. Don't let your car run while parked in a garage.

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## ROBINS BULLETIN BOARD

### Dr. Martin Luther King commemoration service

There will be a Dr. Martin Luther King commemoration service today at the base chapel, Building 769, at 11 a.m. The guest speaker will be Rev. Dr. Jesse Truvillion, who delivered the memorial sermon for Dr. King at New York City's Riverside Church, Easter Sunday, April 7, 1968. He currently pastors the Pilgrim Presbyterian Church in San Antonio, Texas, where he lives with his wife, retired Lt. Col. Jean Truvillion. Dr. Truvillion's topic will be "Dr. King Lives".

For more information, contact Chaplain Dennis Hutson at 926-2821.

### ASMC luncheon

The American Society of Military Comptrollers Middle Georgia Chapter luncheon will be 11:30 a.m. Wednesday at the Officers' Club. There will be a pay as you go buffet and sandwich line. The program will feature Ms. Carolyn Walker-Kimbrow, director of the Center Comptroller Directorate. Attendees must R.S.V.P. with a ticket representative due to limited seating. Tickets can be purchased from Ms. Kathy Piper at 327-1410, Ms. Amy Minick at 472-0381 and Ms. Betty

Enge at 926-5485.

### AFA recruiting kickoff meeting

The Air Force Association will be hosting its Recruiting kickoff meeting at 11 a.m. Jan. 23 at the Robins Conference Center. For more information, contact 2nd Lt. Christine Ladrido at 926-3015.

### Officer's Hail and Farewell

There will be a standup Officer's Hail and Farewell, conducted by Maj. Gen. Donald J. Wetekam, Warner Robins Air Logistics Center commander, Jan. 23 at 4 p.m. at the Officers' Club ballroom.

Spouses are invited to attend the event and fellowship. For additional information, contact Ms. Amy Daniel, WRALC/ENR, at 926-6451 or amy.daniel@robins.af.mil.

### Museum art exhibit

The Museum of Aviation will feature Georgia artist Mr. Marc Stewart in the final art exhibit celebrating the anniversary of the Centennial of Flight in the Eagle Building art gallery.

The exhibit, entitled A Celebration of Heroes, features over 30 general aviation themed pieces.

The exhibit will be on display through March 12.

### AFAS education grants

Spouses and dependent children of active duty and retired military members at Robins who are working toward undergraduate degrees have an opportunity to earn \$1,500 grants from the Air Force Aid Society. Eligible recipients may apply for the grants for the 2004-2005 school year until March 12. The grants are for full-time undergraduates in colleges, universities or vocational or trade schools whose accreditation is approved by the U.S. Department of Education for participation in federal aid programs. Forms are available at the Family Support Center and at [www.afas.org](http://www.afas.org). Follow the education link to the form.

### Boy Scout Troop 220

Boy Scout Troop 220 meets every Tuesday night from 7 to 8:30 at 1082 Hawkinsville St. For more information, call Ms. Mary Pangborn at 929-5742 or Mr. Dennis Collier at 953-8124.

### Girl Scouts leaders needed

Girl Scouts of Robins is in need of leaders and co-leaders. Interested persons should contact Ms. Alyson Dreer at

329-8099.

### Robins Thrift Shop

The Robins Thrift Shop is taking donations on consignment. The shop is located on Page Road, Building 288, just inside Gate 5. Store hours are 10 a.m. to 1 p.m. Wednesdays and Fridays and the shop will be open Saturday. The shop is also looking for volunteers to fill various positions. For more information, call 923-1686.

### Museum volunteers

The Museum of Aviation is recruiting adult volunteers who enjoy meeting people. For more information, call Ms. Lillian Kurth, volunteer coordinator, at 926-4242.

*To submit items for the Robins Bulletin Board, e-mail Angela Trunzo, Rev-Up associate editor; at [angela.trunzo@robins.af.mil](mailto:angela.trunzo@robins.af.mil) by 4 p.m. the Monday before the Friday of intended publication.*

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## Mission accomplished



U.S. Air Force photos by Ms. Sue Sapp

Artist Mr. Marc Stewart, left, and retired Maj. Gen. Joel Paris III show off one of Mr. Stewart's paintings Wednesday evening at the Museum of Aviation's exhibit opening. The painting depicts a mission General Paris participated in over Mendori Island, Phillipines during World War II. The museum will feature the Georgia artist's general aviation-themed pieces through March 12 in the art gallery of the Eagle Building.

Right, also on display were the winning posters in the museum's SkyScapes poster contest featuring elementary school students from Middle Georgia. The following winning students' posters were displayed: 1st place - Ashley Hartman, Bonaire Elementary School; 2nd place - Sarah Hollifield, Bonaire Elementary School; 3rd place - Jessica Tilley, Bonaire Elementary School; 4th place - Satashi Utata, Lake Joy Elementary School; 5th place - Jessica Green, Robins Elementary School; and directors' choice - Kaylah Hagler, Linwood Elementary School.



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