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# ROBINS REV-UP

*'Team Robins - Performing to Our Potential'*

*'Making Tomorrow Better than Today'*

July 8, 2016 Vol. 61 No. 27

## Team JSTARS keeps 'em flying

### Robins Propulsion Flight sole maintainers for E-8C engines

BY JENNY GORDON  
jenny.gordon.ctr@us.af.mil

Part of a unique, robust platform, the engines behind the Joint Surveillance Target Attack Radar System ensure one of the Defense Department's most valued assets can fly when they're needed.

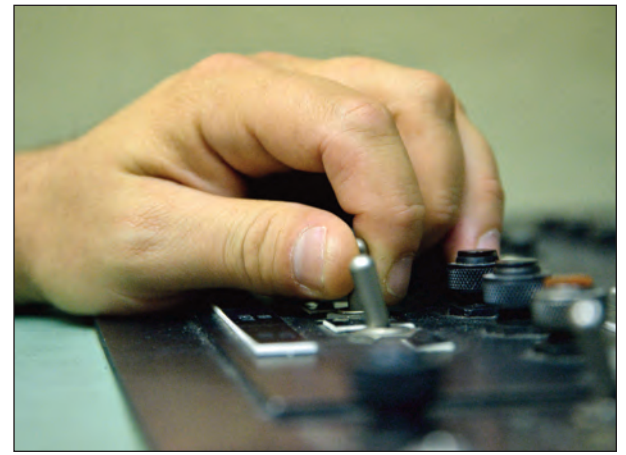
To put that in perspective, the JSTARS mission involves the support of six combatant commands including U.S. Pacific, Northern, Southern, Africa, European and Central commands.

The folks responsible for maintaining those TF33-PW-102C engines are assigned to the 116th/461st Maintenance Squadron Propulsion Flight here. And, they're one of a kind.

"We're the only ones who maintain the engines for this aircraft, the only place that performs across all four realms of maintenance for this platform," said Master Sgt. Andy Sotak, 461st MXS Propulsion Flight chief, referring to the E-8C, a modified Boeing 707 passenger jet.

Those four realms of aerospace propulsion maintenance include flight line operations, jet engine intermediate maintenance, isochronal inspections and a test cell. It's an advantage for those on active duty stationed here or civilian technicians who work throughout the week - nowhere else could you have opportunities to see all aspects of engine propulsion operations, then jointly deploy yearly.

► see JSTARS, A4



Above left, Senior Airman Daniel Spear, 461st Maintenance Squadron Aerospace Propulsion journeyman, performs an inlet inspection on a TF33-PW-102C engine (upper right). The 116th/461st Maintenance Squadron Propulsion Flight is the only unit that conducts maintenance on the E-8C engines.

U.S. Air Force photos by KENYA ASKEW and ED ASPERA

## New commanders scheduled to take reins of base units

*There will be several leadership changes happening across Robins Air Force Base in the next few weeks.*

### 5th Combat Communications Group

In an assumption of command ceremony today, Col. Jeremiah Boenisch will take charge of the 5th Combat Communications Group.

The ceremony will take place at 9 a.m. at the Museum of Aviation Century of Flight Hangar.

Boenisch, has held command and staff positions at the detachment, squadron, group, air staff and Department of Defense levels. Career highlights include service as a communications flight commander supporting F-117s, Battle Management Test director within the National Missile Defense program, analyst within the Office of the Secretary of Defense for Networks Information and Integration, several critical positions in a specialized



BOENISCH

joint tactical communications unit, Air Postal Squadron commander and Air Staff leadership positions.

### Air Force Reserve Command

Lt. Gen. James F. Jackson will relinquish command of Air Force Reserve Command to Lt. Gen. Maryanne Miller at 10 a.m. July 15 the Museum of Aviation Century of Flight Hangar.

Miller is the first female citizen airman to achieve the rank of lieutenant general and the first female commander of AFRC. She is the former deputy to the chief of the Air Force Reserve, Headquarters, U.S. Air Force, Washington, D.C. With a career that spans 35 years, she is a command pilot with more than 4,800 hours in various aircraft, including the C-5, C-17 and C-141.

Jackson, a career instructor pilot and evaluator, and a command pilot with more than 3,600 hours, will retire effective Aug. 1.



MILLER

### Warner Robins Air Logistics Complex

Brig. Gen. Walter Lindsley will relinquish command of the Warner Robins Air Logistics Complex to Col. John Kubinec at 10 a.m. Aug. 9 at the Museum of Aviation Century of Flight Hangar.

Kubinec, who will pin on his first star Aug. 8, was a former Warner Robins Air Logistics Center vice commander who left Robins in 2011 to assume command of the 377th Air Base Wing at Kirtland Air Force Base in New Mexico.

He is currently Senior Special Assistant to the Commander, United States European Command and Supreme Allied Commander, Headquarters United States European Command, Brussels, Belgium.

Lindsley will be assigned to the Pentagon as director of logistics, Deputy Chief of Staff, Logistics, Engineering and Force Protection, Headquarters U.S. Air Force.



KUBINEC

## FRIDAY FLYBY: C-130J model dedicated at Robins, partnership soars, Page A2

### IDS Tip of the Week

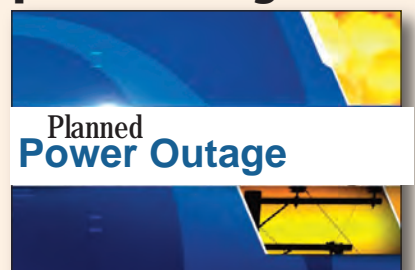
**Terrible floods will come, but the wise person builds a dam and turns all that energy into power.**

For help with spiritual resiliency, call Robins Air Force Base Chapel at 478-926-2821.



### Crestview Housing power outage

The 78th Civil Engineer Group exterior electric shop is planning a scheduled power outage in the Crestview Housing area Tuesday. The outage will last from about 9:30 to 11:30 a.m. and will allow the replacement of a faulty transformer. In case of bad weather, the outage will be rescheduled for the same time period on Wednesday.



**Weekend Weather**

**Friday**  
99/76



**Saturday**  
99/74



**Sunday**  
96/72



**Safety, don't delay. Start today.**

## SECOND FRONT

# C-130J model dedicated at Robins, partnership soars

BY JENNY GORDON  
jenny.gordon.ctr@us.af.mil

A new landmark was dedicated here June 29 as a symbol of the ongoing partnership between the Air Force and its industry partners.

Erected in the last several weeks, a model of a C-130J stands proudly on a pedestal outside Bldg. 301. The Robins C-130 System Program Office is just inside.

There are also offices located at Wright-Patterson Air Force Base, Ohio.

Partners from throughout the Air Force Sustainment Center and Lockheed Martin play a vital role in building and maintaining one of the Department of Defense's most versatile weapon systems.

In December, Lockheed Martin delivered its 2,500th Hercules from its production line in Marietta, Georgia. That HC-130J Combat King II made its new home at Moody Air Force Base in Valdosta, Georgia.

"More than half are still flying which is a testament to the ruggedness and the ingenuity of the designers when they first produced it," said Mike Sorial, C-130 Hercules Division chief at Robins.

The C-130J model's 1/15 scale includes a wingspan of about 8.8 feet and is about 7.5 feet long, and weighs more than 100 pounds.

"This model has been permanently gifted to Robins by Lockheed Martin as a symbol of our ongoing partnership,"



added Sorial. "It's, in essence, dedicated to the men and women who helped design, produce, sustain, fly and operate the C-130. I hope every time you walk or drive by this place, you will gaze at this C-130J and be proud of the job you do each and every day."

Along with having its program office just a short drive away from the flight line, the Warner Robins Air

U.S. Air Force photo by RAY CRAYTON

George Shultz, Air Mobility and Maritime Missions vice president and Lockheed Martin general manager, and Mike Sorial, C-130 Hercules Division chief at Robins, officially dedicate and display C-130J model and plaque. The C-130 Hercules, operated in more than 60 nations, has accumulated over 1.2 million flying hours and operates in eight major commands. Four system program offices in the Air Force's Life Cycle Management Center manage the weapon system that spans across the services, to include the Coast Guard and Navy, and most recently, the U.S. Forest Service.

Logistics Complex's 560th Aircraft Maintenance Squadron is responsible for the depot-level maintenance production of the C-130, as well as numerous squadrons in the 402nd Commodities, Electronics and Software maintenance groups that repair, install and maintain its components.

Nearly every aspect of a C-130's life cycle is touched at Robins, from foreign

military sales and maintenance and overhaul to functional test and sustainment.

It's landed on an aircraft carrier and in landing zones in arctic freezing temperatures, fought fires, performed countless humanitarian missions and much more.

The latest model, the C-130J Super Hercules, is the newest addition to the Air Force inventory, and joins a fleet that dates back over 60 years.

George Shultz, Air Mobility and Maritime Missions vice president and general manager with Lockheed Martin, presented a plaque during the ceremony that included a flag flown on a C-130J, significant due to the Air Force's partnership with Lockheed Martin following a 2015 fire at General Electric's Dowty production facility in the United Kingdom. That facility makes propellers for the C-130J.

Robins helped continue Lockheed Martin's production program by offering spare parts from the inventory here until the U.K. facility could get up and running. That led to the successful first set of production propellers which flew on a C-130J.

Shultz told the audience to remember they're part of a worldwide franchise, and that anywhere in the world you can find someone who is affiliated with the aircraft, whether they've flown in it, jumped out of it or had relatives be a part of its history.

"I don't think there's any other airplane in the world that you can say that about," he said.

## Thunder Over Georgia Air Show to include warbirds

BY TANNYR WATKINS  
tannyr.watkins@us.af.mil

Don't miss the chance to relive history as several vintage military aircraft take the sky at the Thunder Over Georgia Air Show featuring the U.S. Air Force Thunderbirds Oct. 1 and 2.

Warbirds acts give younger generations the opportunity to see history live in action.

"Our mission, by way of bringing these warbirds to our air show, is to help the generations born after World War II understand exactly what Americans and their allies can and have achieved when they are called to action with a just cause," said Maj. Rex E. Deloach, assistant air show director.

Commemorative Air Force, whose mission is to restore and preserve flying combat aircraft, will be flying World War II veteran airplanes, the P-51 Mustang, the Nakajima B5N and the F4U Corsair.

Each of these aircraft played a significant role in American history.



Nakajima B5N

The P-51 Mustang was one of the aircraft the Tuskegee Airmen flew to protect larger bombers from German fighter planes during World War II.

The Nakajima B5N was used as the primary bomber in the attack on Pearl Harbor.

The F4U Corsairs fighter bombers also known as "Whistling Death" were excellent fighting machines responsible for a substantial amount of air victories claimed by the Navy and Marine Corps in World War II.

"The warbirds are participating in the 2016 Thunder Over Georgia Air Show as a reminder of days gone by," said Deloach.

"Many of the local community grew up reading exploits of military heroes and watched all the great aviation movies, but when you hear the thunder of a Merlin, Allison or a Wright engine coughing to life and then see and hear them throttle up, you are transported to an entirely different level of understanding history."

Along with the warbirds, the headlining Thunderbirds will dazzle the crowd with their formation flying and solo routines.

The U.S. Army Special Operations Command Parachute Demonstration Team will also drop in and make an appearance descending from the skies at 12,500 feet traveling nearly 120 miles per hour.

Be sure to come see these excellent aerial demonstrations along with others at the Thunder Over Georgia Air Show.

Admission is free and gates open at 9 a.m. each day.

For updates on additional performers, visit the Thunder Over Georgia website and Facebook at <http://www.robins.af.mil/airshow> and <https://www.facebook.com/Robins-Air-Show-2016-304047656310401/>.

PLEASE RECYCLE THIS PAPER

## NOTICE TO ALL EMPLOYEES: PROHIBITED PERSONNEL PRACTICES

### **By law, Federal employees may not:**

- ▶ Discriminate
- ▶ Solicit or consider employment recommendations based on factors other than personal knowledge or records of job related abilities or characteristics
  - ▶ Coerce the political activity of any person
  - ▶ Deceive or willfully obstruct any person from competing for employment
  - ▶ Influence any person to withdraw from job competition
  - ▶ Give an unauthorized preference or advantage to improve or injure the prospects of any particular person for employment
- ▶ Engage in nepotism
- ▶ Take or threaten to take a personnel action because of whistle blowing activities
  - ▶ Take or threaten to take a personnel action because of the exercise of a lawful appeal, complaint, or grievance right
  - ▶ Discriminate based on personal conduct which does not affect the performance of the employee or other employees
  - ▶ Knowingly take or fail to take a personnel action in the violation of veteran's preference laws
  - ▶ Violate any law, rule or regulation implementing or directly concerning merit systems principles
  - ▶ Implement or enforce a nondisclosure provision that restricts access to complaint mechanisms or lawful whistleblower activities.

Information may be obtained at U.S. Office of Special Counsel [www.OSC.GOV](http://www.OSC.GOV) or questions may be addressed to the Civilian Personnel Section.

*AFSC/DP 12 FEBRUARY 2015*

*No releasability restrictions*

*AFSCVA36-102*

*AFI36-102 and 5 USC 2302*

### **Gate closure**

The Watson Gate will be closed on July 20, from 6 to 8 p.m. for maintenance. The Martin Luther King Gate will open during that period to accommodate traffic.

### **Track and Field construction**

A renovation project on the Outdoor Athletic Field Track and Football Field is set to begin on Aug. 1. The project is expected to last about 180 days but could take longer due to inclement weather or unforeseen conditions.

Your cooperation will be appreciated. If you have any questions, the points of contact are Brett Madison, at 478-327-2984 and Lorrie Simmons at 478-327-3977.

**Editor's note:** See page B2 for Fitness Test relocation.

### **PACE offers AFMC-wide free professionalism presentations**

As part of Profession of Arms Center of Excellence Character and Leadership initiative, a five-hour presentation of "Professionalism – Enhancing Human Capital" will be held at Robins Aug. 30 through 31 and Sept. 1. The presentations will examine how professionalism drives individual behavior and connects Air Force core values to the Air Force mission.

Though targeted at effective working relationships within the Air Force, attendees are able to extend the lessons to personal relationships as well.

For more information, call Bryan Teel at 478-327-6990 or Rob Powell at 478-327-8589.

### **Voluntary Leave Transfer Program**

The following leave recipients have been approved through the Voluntary Leave Transfer Program:

Vaughn Martin of the 404th SCMS. Contact Weldon Marsh at 497-9922.

Nancy Moody of 78th FSS. Contact Ellen Nash at 472-5568.

To have a Voluntary Leave Transfer Program recipient listed here, email Lanorris Askew at [lanorris.askew.ctr@us.af.mil](mailto:lanorris.askew.ctr@us.af.mil).

### **CAC reset and appointments**

You don't have to go to the MPS to get your Smart Card/ CAC reset. Visit the link below to get a Smart Card PIN Reset.

[https://wwwmil.robins.af.mil/Docs/CAC\\_Reset\\_Locations.pdf](https://wwwmil.robins.af.mil/Docs/CAC_Reset_Locations.pdf).

No more waiting in line for appointments. Make your identification card appointment on the RAPIDS scheduler Link at <https://rapids-appointments.dmdc.osd.mil/?AspxAutoDetectCookieSupport=1>.

## PROPULSION

Continued from 1A

“We’ve impressed upon our folks that you have to be on your game. Because you have anywhere from four to 21 crew members’ lives at stake on an aircraft,” said Senior Master Sgt. Tony Boland, 116th Propulsion Flight superintendent. “What we do is very important – and we do everything we can to keep these aircraft flying.”

### One-of-a-kind facility

Walk into one of the flight’s buildings on any given day, and you won’t notice a difference among its 80-plus personnel, consisting of active duty and Georgia Air National Guard members. That’s because all serve wearing the same uniform, learning from one another in support of the same mission.

On active duty for three years, with Robins as his first base, Senior Airman Daniel Spear takes pride in his work where he is able to enjoy the training and certifications as part of his job. His work on the flight line primarily supports E-8C sorties at launch and recovery.

“During launch, we show up and make sure we’re there to tackle any problems that may arise with the engines, and address them so aircraft can go up in a timely fashion,” said the aerospace propulsion journeyman. “In recovery, we’re also available to talk to flight engineers and pilots to get an idea of how the engines ran.”

On the successful maintenance work that occurs here that help warrant a successful mission for the aircraft, he said, “It’s very important because without these engines, the aircraft wouldn’t be able to get up in the air.”

Technical Sgt. Robert Robertson III, with the 116th Air Control Wing, is currently one of the lead technicians in the propulsion flight’s test cell. He helps operate and maintain this one-of-a-kind facility that exists as part of a dynamic environment within the flight.

“If we didn’t do what we do to provide quality engines and a quality product to the flight line, the aircraft couldn’t fly,” he said. “Without the aircraft flying, we’re not making sorties. We’re not making sorties – we’re not making missions. And we’re not providing the overwatch that we can with our capabilities downrange and here at home on our training missions.”

That test cell can get an engine up and running in less than two minutes. Its job is to assess the 1960s-era TF33 engine. A total of four of the Pratt and Whitney engines are installed on a single JSTARS. Robust and reliable, each weighs about 6,500 pounds.

Maintenance on components can occur on the front and back ends of the engine at Robins, which has been a significant savings in depot costs. However, any time internal work is needed in the core engine, it’s shipped



U.S. Air National Guard photo by SENIOR MASTER SGT. ROGER PARSONS

Airmen with the 12th Airborne Command and Control Squadron, perform pre-flight ops checks on an E-8C Joint STARS in preparation for a mission during the Northern Strike 2015 combat exercise, here last year.

and overhauled at Tinker Air Force Base, Oklahoma.

As one engine sits inside the enclosed building waiting to start up, Robertson awaits inside a room. On several monitors he’s carefully observing a check list that includes engine fan speed, idle limits, fuel flow, fuel inlet pressure, vibrate pickups, thrust measurements and fuel leak checks.

“We’ll bring them in here, run them up and set the performance level of the engine so that flight crews have the full range of thrust available to them,” he said.

As the engine is turned to full power, its distinctive high-pitch sound resembles that of an authoritative and powerful rush of collective air – it’s pushing out almost 17,000 pounds of thrust, that while up in the sky, ultimately helps move the aircraft to where it needs to go.

Various testing runs for an engine can last several hours. The full process takes about three days for an engine to be installed, run and taken out of a test cell. Tests such as these can help indicate issues such as fuel or oil leaks, which can spray as they leave an engine.

All are thoroughly inspected before they’re put back into an aircraft, and training and deployments can occur as needed.

“On maintenance, when we’re deployed downrange, we do a lot of thrust reverser system work and throttles.

We’re constantly adjusting our fuel controls and performing evaluation runs,” Robertson added, referring to about 80 percent of what is usually seen by engine maintainers in the field.

### Safety and sacrifice

The 116th and 461st Air Control wings have continuously deployed side by side for the last 15 years, with a reach that’s spanned across the planet supporting various ground, naval and air forces.

The propulsion flight’s guard members work right by their active duty counterparts in the 461st ACW, who are home an average five months before deployed yet again to a new location.

Getting these aircraft through the skies safely and consistently has been no easy task. With an aging fleet of aircraft, it’s never been more important than at the present time to safeguard the lives and equipment on board each JSTARS.

While routine maintenance, testing and inspection goes on round the clock, engine maintenance helps to make sure the mission happens, every time.

“Without propulsion – the aircraft is nothing but a big piece of metal sitting on the ground,” said Robertson.

**ROBINS REV-UP SUBMISSION GUIDELINES**

COMMANDER  
**Col. Jeff King**

**HOW TO CONTACT US**

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They should be e-mailed to [lanorris.askew.ctr@us.af.mil](mailto:lanorris.askew.ctr@us.af.mil) and [vance.janes@us.af.mil](mailto:vance.janes@us.af.mil)  
Submissions should be of broad interest to the base populace. For information, call Lanorris Askew at 472-0806.

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U.S. AIR FORCE

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SUSPICIOUS ACTIVITY

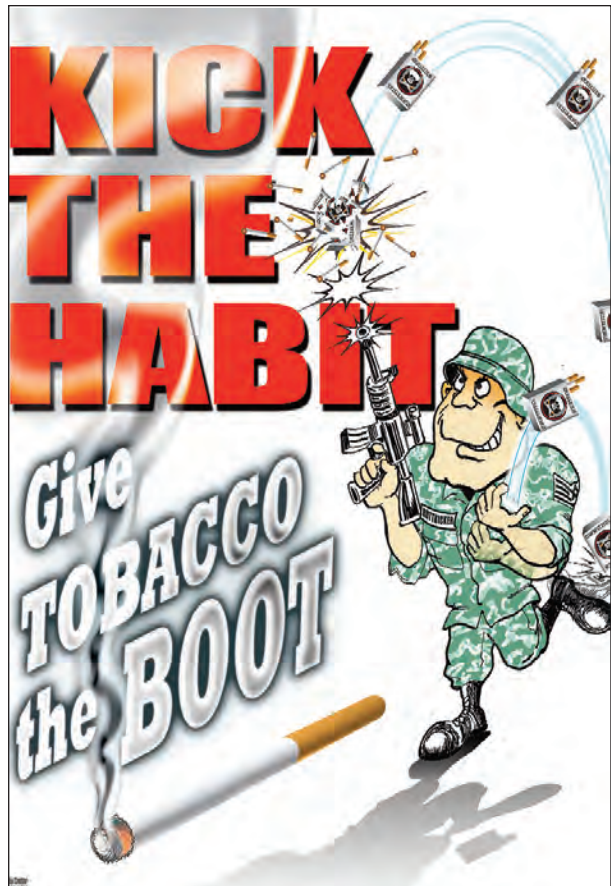
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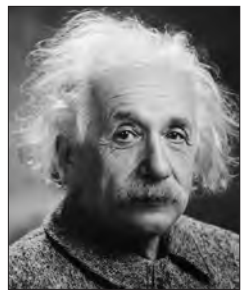
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### Thought for the Day

"Insanity: doing the same thing over and over again and expecting different results."

– Albert Einstein



### What's inside

Supplement Safety, B2

Getting to Know You, B3

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# Lighter Fare

THE ROBINS REV-UP ■ JULY 8, 2016

THE PLACE TO LIVE, LEARN, WORK AND PLAY

## All the world's a stage ...

### Local youth produce 'Gulliver's Travels' in whirlwind week



U.S. Air Force photos by RAY CRAYTON

Dozens of young aspiring thespians from Robins learned that all the world really can be a stage during a recent visit from the Missoula Children's Theater.

A team of two professional tour actor/directors arrived June 27 with scenery, costumes, props, make-up and basic lighting – everything it takes to put on a play ... except a cast.

The week-long residency began with auditions for a production of "Gulliver's Travels" where students in grades 1 through 12 were cast. Rehearsals during the week included learning lines, songs and choreography and culminated in an original, musical production live on stage July 1 at the Base Theater.

The world-renowned children's theatre company based in Missoula, Montana, has been touring for more than 30 years and travels to Robins each summer to put on a different production.



# A BETTER YOU

## OPERATION SUPPLEMENT SAFETY

### Tools for safe use of Dietary and Performance Enhancing Products

BY ROBINS HEALTH AND WELLNESS CENTER

Military personnel and their families are using dietary supplements in increasing numbers, but many know very little about the products.

A recent study conducted by the Natick, Massachusetts-based U.S. Army Research Institute of Environmental Medicine revealed that 53 percent of active military personnel self-report using supplements, but fewer than half understand how the Food and Drug Administration regulates supplements or how to find out how safe and effective they actually are.

A third of those surveyed mistakenly thought the FDA exercises pre-market approval of dietary supplements; however, the FDA only gets involved when it gets noticed that people are having adverse effects from a particular product.

Sixty percent of military physicians included in a study from the Bethesda, Maryland-based Uniformed Services University of the Health Sciences said they had actually observed adverse effects in their patients who use supplements.

“The growing number of reported adverse effects – including death – has prompted DOD to address the gap between usage and knowledge by launching Operation Supplement Safety, an educational and awareness campaign to provide the tools needed to make informed decisions about supplements,” said Stuart Bapties, Health and Wellness Center flight chief.

According to Bapties, OPSS includes free access to the Natural Medicines Comprehensive Database through the Human Performance Resource Center website at <http://hprc-online.org/dietary-supplements>. Anyone with a .mil email address can access the database free, a service that otherwise would cost \$49 a year.

The database includes more than 86,000 entries detailing the origin, mechanisms, research and potential interactions of supplements, pharmaceuticals and foods in an easy-to-search format.

OPSS also includes information and links to help



For more information on supplements, call at the Health and Wellness Center at 478-327-8480.

report adverse events involving supplements and drugs.

After taking some time to explore the OPSS information, people can check out the rest of the Human Performance Resource Center website at <http://hprc-online.org/>.

The website is a free, one-stop clearinghouse for evidence-based information and resources to help Defense Department people and their families in all aspects of performance to achieve total fitness and, ultimately, human performance optimization.

The HPRC has both general and cutting-edge information, resources, strategies, tools, apps and videos organized around the following areas:

► **Family & Relationships** includes topics such as relationship enhancement, family resilience, deployment phases, family nutrition and physical fitness, many geared towards the specific needs of military families.

► **Physical Fitness** covers topics such as physical training and exercise, injury prevention, weight management, fitness tools and resources for women.

► **Dietary Supplements** will help you learn about dietary supplements and how to choose them wisely. It also has a special section about safety.

► **Nutrition** has topics such as nutrition basics, alerts, resources, interactive tools and “Fighting Weight Strategies.”

► **Mind Tactics** addresses topics such as mental focus and toughness, resilience, relaxation, stress management, getting the best sleep and alcohol, tobacco and drugs.

► **Environment** contains information that will help you perform optimally in extreme conditions of heat, altitude, aerospace, water and more.

► **Total Force Fitness** highlights information and resources on total fitness, bringing together all the above domains to help warfighters develop resilience and optimal performance, as well as integrative performance enhancement programs and practices, and detailed strategies for pain management.

“HPRC translates evidence-based materials on various aspects of performance, creates materials on specific topics, and highlights existing resources,” Bapties said. “You can go to any HPRC domain and find pertinent information – anything from brief downloadable recipe/tip cards to longer pieces that address specific topics. Each domain has unique information related to its subject area, many related specifically to the military.”

### 78th MDG back-to-school screening

The 78th Medical Group will host a Newcomer Health Fair on July 23 from 8:30 a.m. to 12:30 p.m. for TRICARE beneficiaries entering Georgia schools for the first time.

Mandatory Georgia school screenings will be given to students from pre-k through 12th grade in Bldg. 700A; no appointments are necessary.

Children will be given vision, hearing and dental exams – all of which are required by the Georgia school system. Georgia school forms 3300 and 3231 will be available and may be completed at the event. Sports physicals will be available for those who need them.

In addition to the screening, the event will feature vendors and activities for the children as well as a bicycle helmet give away for ages 4 to 9.

#### What to bring:

\*Bring a current copy of your child’s immunizations record or call the Immunizations Clinic in advance to obtain a copy at 327-7921.

\*Bring your child’s ID to the appointment.

For more information, call the Central Appointments line at 327-7850 or visit <http://www.gadoe.org>.

### New Cardio PT Test location

During an upcoming track and field renovation project, all cardio portions of the Fitness Test will be performed at a new location.

The 1.5 mile run circuit starts towards the north end of Hawkinsville Street and goes south (counter-clockwise) to Ninth Street to Fort Valley Street to Eighth Street and back to Hawkinsville Street. This circuit is two complete laps plus 253 feet. The finish line sign is about one-third of the way up Hawkinsville Street.

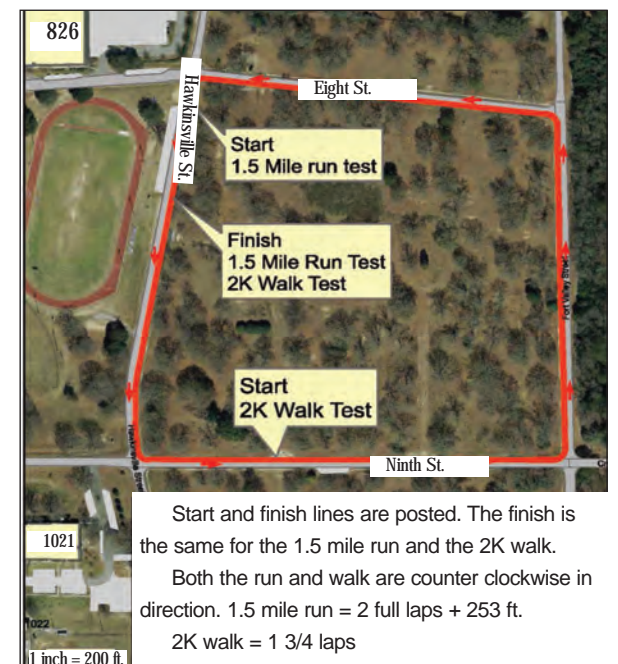
The 2K walk test starts one-third of the way down Ninth Street from Hawkinsville Street and continues east towards Fort Valley Street to Eighth Street to Hawkinsville Street. Members must complete one full lap followed by another three-fourths lap to the signed finish line.

Both the 1.5-mile and 2K-finish lines are the same. See map for more clarification.

Since the walk start is a significant distance from the run start, the walk portion will only be conducted in the afternoons at 1 p.m. during exemption testing. With only six Fitness Assessment Cell members, these sessions will be limited to 25 members; therefore Unit Fitness Program managers should ensure their members test as early in the month as possible to ensure no one is

turned away.

Signs will be posted. The Fitness Assessment Cell will send out further information regarding conducting mock cardio tests to ensure a smooth transition.





## GETTING TO KNOW YOU



U.S. Air Force photo illustration by CLAUDE LAZZARA

**UNIT:** 572nd Commodities Maintenance Squadron

**JOB TITLE:** Aircraft Sheet Metal Mechanic

**TIME IN SERVICE:** 10 years

**HOMETOWN:** Centerville, Georgia

**What does your work involve at Robins?** "At this time I am being trained in the repair and rebuilding of the F-15 wing. I've been installing the plumbing that will supply fuel to the engine, sealing the interior of the wing and learning how to do leak tests. I've worked in F-15 canopies, horizontal stabilizers and ramps, but I've found the wing to be the biggest challenge. The teamwork is amazing in this shop. I am also a point of contact for the Voluntary Protection Program."

**How does your work contribute to the Robins mission?** "I feel that repairing F-15 components is a great way to support the Air Force. They give us their best, so in turn we need to give them ours. Also, VPP works to keep everyone safe and able to return home alive and well."

**What do you enjoy most about your work?** "I really enjoy working with my hands. It's fulfilling to work hard to reach our goals of completing the wing; and people are very motivated and do not mind showing me how to do the tasks required to move forward in each gate. I also enjoy making our workplace safer for us all."

**What prompted your interest in your current career field?** "My hobbies of wood-working, using saws, power tools and hand tools to create projects for my home and yard led me to try sheet metal training that was offered at Middle Georgia Technical College. I really enjoyed the classes, graduated and worked at Northrop Grumman and later Blue Bird."

## Airman & Family Readiness Center

► **Pre-Separation Briefing (retirees)\*** – July 19, from 8 a.m. to noon; (**separatees**)\* – July 26, from 8 a.m. to noon;

► **Transition Goals, Plan, Success (GPS) Workshop\*** – Monday through July 15, from 8 a.m. to 4:30 p.m.

► **Passport to Parenthood** – July 19, from 8:30 a.m. to noon at the HAWC. Call 478-327-8398 to register.

► **First Term Airman Course: Finances\*** – July 19, from 7:30 a.m. to noon.

► **Right Start\*** – July 20, from 7:45 a.m. to 12:30 p.m.

► **Career Technical Training Track\*** – July 20 and 21, from 8 a.m. to 4 p.m. in Bldg. 905 Room 121.

► **Key Leaders' Orientation\*** –

July 21, from 7:30 to 11:45 a.m.

► **VA Benefits Briefing\*** – July 27, from 8 a.m. to 3 p.m. in Bldg. 905 Room 121.

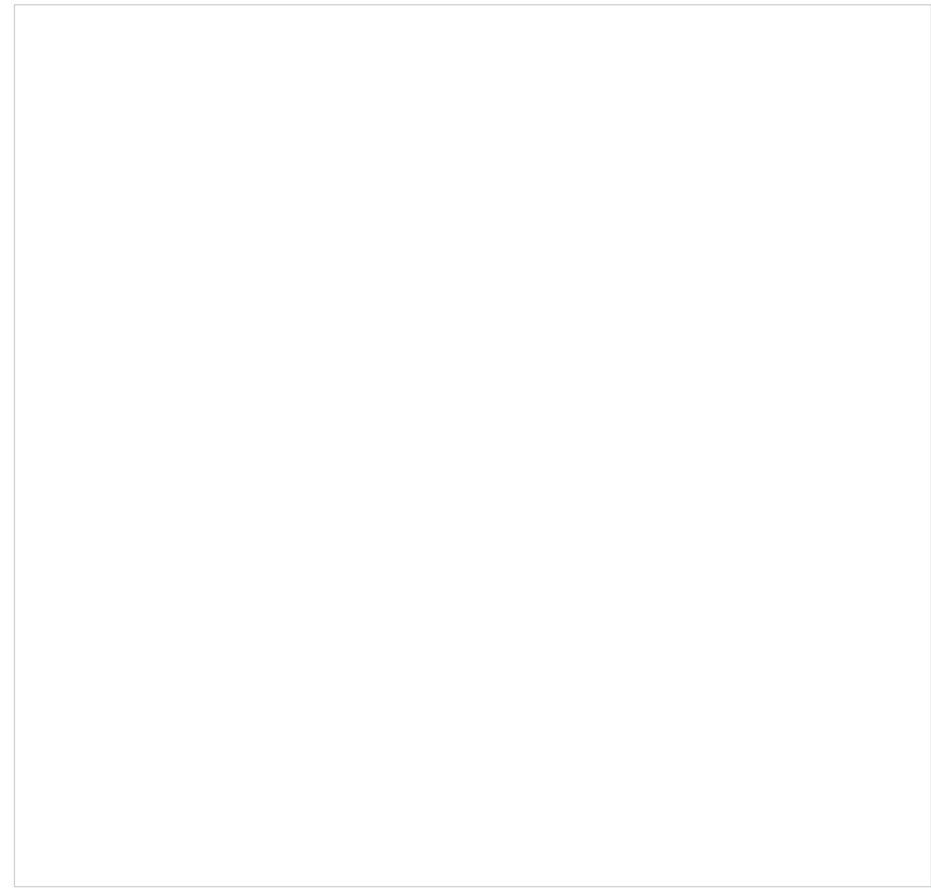
► **Educational Track\*** – July 28 and 29, from 8 a.m. to 4 p.m. (Call Ron Smith 478-327-3410 to register)

► **Survivor's Benefit Plan** – Mondays through Fridays, appointments only from 7:30 a.m. to 4 p.m.

*Editor's Note: All classes require pre-registration.*

*For more information, call DSN 468-1256, commercial 478-926-1256, or visit Bldg. 794 Mondays through Fridays from 7:30 a.m. to 4:30 p.m.*

*\* Denotes Military (spouses welcome)*



# HAPPENINGS/SERVICES

## ON TAP

### Couples Movie Night 'Hail, Caesar!'

Saturday  
6 to 8 p.m.  
Base Theater  
\$4 per person includes popcorn and drink.  
For details, call DSN 468-4001.

### Twilight Rates

Every day  
From 4 to 7 p.m.  
Pine Oaks Golf Course  
Play 18 holes with cart for \$20 per person.  
For details, call DSN 468-4103.

### Summer Reading Program

Now through July 22  
Base Library  
Open to ages 4 and up, showcasing the library as a great place to read, learn and have some fun. There will be prizes and surprises.

For details, call DSN 497-7382.

### Pine Oaks Junior Golf Clinic

Now through Aug. 27  
10 to 11:30 a.m.  
Pine Oaks Golf Course  
Ages 5- to 13-years old  
For details, call DSN 468-4103.

### Bowling Movie Days

Wednesdays  
2 to 4 p.m.  
Bowling Center  
\$6 per person, includes three games, rental shoes, movie and popcorn.  
For details, call DSN 468-2112.

### Beginners Frame Class

Tuesday and Thursday  
6 to 9 p.m.  
Arts & Crafts Center  
\$20 per person

For details, call DSN 468-5282.

### Summer Craft Camp

Tuesday through July 15  
1 to 3 p.m.  
Arts & crafts Center  
\$25 per child ages 6- to 12-years old  
Bring white 100 percent cotton shirt.  
For details, call DSN 468-5282.

### Afterburner July Special

5:30 a.m. to 1 p.m.  
Base Restaurant, Bldg.166  
Frozen Frappuccino  
For details, call DSN 472-7827.

### Kayak Race

July 16  
4 p.m.  
Fitness Center  
For details, call DSN 468-2128.

### Braves vs Rockies Game

July 16

Outdoor Recreation  
\$40 per person  
For details, call DSN 472-1107.

### Give Parents a Break

July 16  
6 to 10 p.m.  
CDC East and School Aged Program  
For details, call DSN 468-5805.

### Membership Dinner

Members only  
July 18  
5:30 to 7 p.m.  
Heritage Club Ballroom  
For details, call DSN 468-2670.

### Lazy Day's Big Bingo!

July 19  
6:15 p.m.  
Heritage Club Bingo Room  
More money games and door prizes  
For details, call DSN 468-4515.