# **INSIDE**

Celebrating SR-71 speed record, Page A2

Military Justice Actions, Page A3

Feds Feed Families, Page A7



Lighter Fare Disc Golf lands at **Robins** 

Page B1



# ROBINS REV-UP

"Team Robins - Performing to Our Potential"

July 22, 2016 Vol. 61 No. 29



# A year at **Robins**

Col. King discusses labor relations, community support, coming air show

> BY JENNY GORDON jenny.gordon.ctr@us.af.mil

When Col. Jeff King assumed command of the 78th Air Base Wing in June 2015, among his top priorities at Robins Air Force Base was to continue ensuring a safe working environment for employees, as well as opening lines of communication between management and union

Topics such as those, as well as October's Thunder Over Georgia Air Show and the 75th anniversary of Robins, ongoing infrastructure needs and publicpublic and public-private, or P4, partnerships were discussed July 13 during a press conference highlighting his first year here.

As wing commander, King commands a workforce that provides a myriad of support, including medical, logistics, civil engineer, communications and security for the base's more than 24,000 employees, and mission support to the Warner Robins Air Logistics Complex and 37 mission partners.

When it comes to the future of Robins and its engineering workload in supporting various Department of Defense

▶ see UPDATE, A5



U.S. Air Force photo by **TOMMIE HORTON** 

Lt. Gen. Maryanne Miller speaks to local media following a change of command ceremony in which she became the first female Citizen Airman to take command of Air Force Reserve Command.

> BY JENNY GORDON jenny.gordon.ctr@us.af.mil

t. Gen. Maryanne Miller has assumed the top role as the first female commander of Air Force Reserve Command.

During ceremonies at Robins Air Force Base on July 15, Lt. Gen. James F. Jackson relinquished command of AFRC. He led the Air Force Reserve since 2012, retiring from the Air Force with more than 38 years of military service.

Just before the passing of the guidon from Jackson to Miller, the 21st Chief of Staff of the Air Force, Gen. David L. Goldfein, spoke briefly on the historic events unfolding at Robins, home of AFRC.

"Today's ceremony marks a very special moment in history for our Air Force, as well as Air Force Reserve Command," said Goldfein, an experienced command pilot who flew combat missions in operations Desert Shield, Desert Storm, Allied Force and Enduring Freedom.

"When it came time to select the best commander of AFRC, the choice was obvious. General Miller brings a combination of applied and intense warrior spirit and a passion for the mission for airmen and their families," he said. "There's no leader who is more fit, focused or ready to lead the Reserve triad of citizens, airmen and families."

"We all have a stake in your success and we will be with you every step of the way," he said.

Since 1948, Citizen Airmen have proudly served on every continent, in every domain, operating in countless locales. In AFRC, citizens are appreciated, airmen are valued and families thrive, said Goldfein, adding that long deployments from service sacrificed by airmen and their families have resulted in a special courage.

"I believe in service before self," he said. "This particular core value applies as much to our families as it does to those who wear the uniform."

Miller, a command pilot with more than 4,800 hours in

see HISTORY. A6

# Unit Effectiveness Inspection – one week down, one week to go

BY JENNY GORDON jenny.gordon.ctr@us.af.mil

ne week down, one more to go. A Unit Ef-

fectiveness Inspection at Robins which began Monday continues until July 29. Next week's inspections will focus on the 78th Air Base Wing, Air Force Sustainment Center operating locations and Air Force Life Cyle Management Center units.

This week they looked at Warner Robins Air Logistics Complex and the 638th Supply Chain Management Group.

Those units have completed their portions of the inspection.

"Air Force Materiel Command teams are on location at Robins to inspect a variety of different

areas, and are ensuring we're sustaining credible and viable commander's inspection programs for all AFMC units," said Matthew Quilliams, 78th Inspector General Inspection System Administra-

"To all who are involved – and even those who aren't – keep doing what you do best by keeping our country safe, and making Robins a great place to work, live and play," he added.

A team of more than 100 AFMC inspectors will have visited by the end of next week to conduct inspections under a newly-implemented Air Force Inspection System.

Base-wide inspections such as those conducted this week are essential functions of command. They evaluate the efficiency, readiness, discipline and resource management of units to ensure the

focus is on mission readiness, as well as building a culture of disciplined compliance in how work is

performed. A cornerstone of AFIS includes a self-assessment component with the use of the online Management Internal Control Tool set. Information contained in MICT provide critical data to leadership about the adequacy of policy, training, manpower, funds, equipment and facilities.

AFIS is built on several pillars, including the unit self-assessment program, and focuses on executing the mission, managing resources, improving units and leading people.

Under AFIS, commanders can receive an independent assessment of a unit's ability to prevent fraud and abuse, minimize waste, as well as to find, report, analyze and fix deficiencies.

# FRIDAY FLYBY: 'Chicken Soup for the Soul' author speaks to Team Robins, Page A3

# **IDS Tip of the Week**

Reba McEntire once said, "To thrive in life you need three bones: A wishbone, a backbone and a funny bone." If your drive to thrive is running on fumes, call upon your wingman or first sergeant for help.



## **Visitor Control Center closure**

Beginning Aug. 19, the 78th Security Forces Squadron Visitor Control Center will close at 2 p.m. on the third Friday of each month for job proficiency and customer service training.

During training hours, the Watson Gate will assume responsibility for vetting and processing visitor passes.



Weekend Weather

Saturday

Avoid the worst. Put safety first.

# SECOND FRONT



Courtesy photo

# RECORD SETTERS HEADED TO MUSEUM OF AVIATION

BY ANGELA WOOLEN angela.woolen.ctr@us.af.mil

orty years ago, the SR-71 flew at a speed of 2,193 mph to set the World Absolute Speed Record.

As a celebration of the July 28, 1976 event, the two who flew the airplane to its milestone will be at the Museum of Aviation July 30.

"People all over are asking about it," said Tyler Bryant, museum public relations and marketing. "They come here to see several planes, and the Blackbird is one of them,"

The free event will take place at the Century of Flight hangar starting at 9:30 a.m. with a proclamation from several area mayors as well as a moderated discussion with the fastest men alive, retired Maj. Gen. Eldon Joersz the pilot, and retired Lt. Col. George Morgan, the reconnaissance systems officer.

Along with hearing the men speak, there will also be time set aside for autographs, a make-and-take model building of an SR-71, and there will be food trucks from 11 a.m. to 2 p.m.

This particular SR-71, which is the airplane that

#### WHAT TO KNOW

For more information on the event, visit www.museumofaviation.org or call the museum at 478-923-6600.

broke the record, arrived in Warner Robins on Feb. 23, 1990. The museum has all of its maintenance records which indicate the craft has nearly 2,800 flying hours.

The RSO and pilot are separated from each other in the cockpit. Their only means of communication was an intercom system. The RSO and pilot needed to be so well-tuned to each other, the pair always tested together in the SR-71.

The high altitude reconnaissance aircraft's record still stands today.

Those who worked on the SR-71 including other pilots and maintenance workers will also be in attendance for the event.

So far, 13 veterans will be in attendance, said Mike Rowland, museum curator.

"Part of what makes this so unique is that all three record holders [two men and the plane] are being reunited," Rowland said.

# **Voting Absentee**

The general election is 108 days away. As a military member, you're likely eligible to vote absentee if you currently live outside your voting jurisdiction. To vote absentee, you need to register and request your absentee ballot.

It's easy to get started. Use the attached form or FVAP.gov provides an online tool to walk you through filling out the Federal Post Card Application – the form that you can use to register and request your ballot – it takes less than 10 minutes to complete. Go to FVAP.gov, select your State from the drop-down and register to vote, request an absentee ballot or update your voter information to start the process of completing a Federal Postcard Application.

Remember, the FPCA is only used for voting absentee. If you live within your voting jurisdiction, register to vote using your State form.

If you would like more information on the Federal Voting Assistance Program or need help with the absentee voting process, please contact FVAP at 1-800-438-8683, DSN 425-1584, or vote@fvap.gov. Your unit or installation voting assistance officers can also help. More info is available at http://www.FVAP.gov.

#### **Tech Expo Wednesday**

The annual Robins Technology Expo hosted by the Armed Forces Communications and Electronics Association Middle Georgia Chapter will be Wednesday from 9:30 a.m. to 1:30 p.m. at the Heritage Club

The event is open and free to all DOD, government and contractor personnel with gate access.

Dozens of exhibitors will be on hand with their latest technological gadgets. Interested parties may pre-register to attend at https://fdaexpo.com/register.php?id=198.

Registering on this link does not give you gate access – you must have your own security clearance to enter the base.

For more information, call 1-877-332-3976.

### **Track and Field construction**

A renovation project on the Outdoor Athletic Field Track and Football Field is set to begin on Aug. 1. The project is expected to last about 180 days but could take longer due to inclement weather or unforeseen conditions.

Your cooperation will be appreciated. If you have any questions, the points of contact are Brett Madison, at 478-327-2984 and Lorrie Simmons at 478-327-3977.

Editor's note: See page B2 for Fitness Test reloca-

# IT Help Desk changes to better serve customers

The implementation of Air Force Network on Robins in 2013 essentially collapsed the standalone computer network and created a single Air Force computer network to improve command and control, standardize training procedures, reduce operational cost and simplify operations.

The AFNET migration made major changes to how computer networks are managed and limited the authority and removed many capabilities and functions the 78th Air Base Wing Communication Directorate could perform at the base level. For example, today there are three ways a customer can submit a computer assistance ticket.

The customer can submit a ticket through the Virtual Enterprise Service Desk, vESD, or the IT Central Blue Star computer desktop icons or simply contact the First Response Service Center Help Desk at 468-HELP for assistance.

Although the implementation of AFNET has improved command and control and simplified operations, over 98 percent of tickets opened by Robins customers through the vESD desktop icon through the 83 Network Operations Center are rerouted to the Robins

FRSC Help Desk for resolution. This "routing" between vESD and the Robins FRSC Help Desk delays ticket resolution and directly impacts customers.

In order to minimize customer delays and provide faster service, 78th SC is requesting customers submit computer assistance tickets using the IT Central Blue Star icon on your desktop or call 468-HELP as opposed to submitting a ticket through vESD. This will allow technicians to quickly assess the issue and route appropriately for resolution, thus eliminating the built in delay created by having the ticket first assessed by vESD.

In order to simplify this process, SC has placed a "Submit a Ticket" icon within IT Central Blue Star for users to open a help desk ticket with our local ticket system. The IT Center Blue Star site also provides other IT services and self-help information. The vESD icon will still be on your desktop and available for your use.

To submit a ticket follow the instructions below:

1.Double click on the IT Central Blue Star icon.
2.Under the ticket assistance section, click on the "submit a ticket" icon. This will display the

"announcements," "popular articles" and "popular requests" sections.

- 3. If your issue is not visible, click the "browse" tab to display a full listing of categories i.e. "accounts and file shares," "applications," "desktop support," etc.
- ►Click on the appropriate category.
- Click on the appropriate category.Click on one of the available requested item.
- Click on the "request now" button.
- 4. Complete all appropriate drop down boxes and provide as much information about your IT issue in any available text boxes.
- 5. Click on the "submit" button to complete the form.
- 6. The customer will receive a computer generated acknowledgement email with the ticket number. A technician will contact the customer or process the request to complete the IT Service.

The mission of SC is to "provide responsive, secure, and mission-ready communications and IT services to enable warfighter success" to Robins customers

As always, your feedback is welcomed, https://org.eis.afmc.af.mil/sites/78SC/scx/scxx.

# Best selling author, motivational speaker visits Robins

BY ANGELA WOOLEN angela.woolen.ctr@us.af.mil

an Clark has made quotes his life's work although that doesn't define who he is.

At one of several speeches at Robins Air Force Base, the "Chicken Soup for the Soul" author spoke about what moves him

"I love stories. I love life," Clark told the audience.

Some of the stories he shared centered on his service to the military. His first overseas trip was in 2005 and he has been eight different times to support the troops who are deployed.

Clark was a walking book of quotes from challenging people about who they associate with to service before self.

"What we've been doing in the past doesn't work," he said.

Believing in change is the first step to changing. The focus is on the why, he said. "Why we should get better."

Clark has been named one of the top 10 speakers in the world by Achievers North America and Achievers Europe.

He has taught public speaking for more than eight years at a university in Utah.

He was a former athlete and overcame a debilitating injury. His team of holistic and medical doctors as well as healing himself mentally and emotionally helped him recover from his injuries, according to his bio on danclark.com.

During his speech, he also engaged with the audience and invited questions.

"No matter what your past has been, you have a spotless future," said Clark.



U.S. Air Force photo by TOMMIE HORTON

Dan Clark, world-renowned motivational speaker and New York Times best-selling author of "Chicken Soup for the Soul" and "The Art of Signifi-cance," speaks at one of three sessions in the Base Theater July 14.

# Robins military justice actions

The following airmen were administratively demoted in accordance with AFI 36-2502 from March through May:

- ► A **78th Security Forces** senior airman was administratively demoted to airman first class for a third PT failure within a 24-month period.
- A 78th Communications Directorate senior airman was administratively demoted to airman first class for a third PT failure within a 24-month period.
- ► A **78th Civil Engineering Group** airman first class was administratively demoted to airman for a third PT failure within a 24-month period.
- ▶ A **78th Communications Directorate** senior airman was administratively demoted to airman first class for a third PT failure within a 24-month period.
- ► A **53rd Air Traffic and Control Squadron** senior airman was administratively demoted to airman first class for a fourth PT failure within a 24-month period.

The following airmen were administratively discharged in accordance with AFI 36-3208:

▶ A **78th Force Support Squadron** airman was discharged for minor disciplinary infractions, including dereliction of duty, making a false official statement,



failing to report to duty on time, being insubordinate to an NCO, and failing to obey an order on two separate occasions. The member received a General service characterization.

▶ A 461st Air Control Networks Squadron airman was discharged for minor disciplinary infractions, including being AWOL, leaving the place of duty without authority, dereliction of duty, failing to report to duty on time on two occasions, being late for duty on three occasions, being delinquent on the member's Government Travel Card payment, failing to take the PT test on time, and failing a dorm inspection. The member received a General service characterization.

► A 51st Combat Communications Squadron senior airman was discharged for possessing and viewing child

pornography. The member received a General service characterization.

▶A 461st Aircraft Maintenance Squadron airman basic was discharged for minor disciplinary infractions, including failing to report to duty on four occasions, underage drinking, being late for duty on two occasions, failing to get a haircut, failing to shave, failing to bring a line badge for duty, failing to comply with training, and using an electronic device on the flight line. The member also failed the fitness test on four occasions. The member received a General service characterization.

▶A 51st Combat Coummunications Squadron airman first class was discharged for minor disciplinary infractions, including failing to obey a regulation, being late for duty on three occasions, failing to get a haircut on two occasions, failing to obey a lawful order, failing to shave, damaging government property, driving a vehicle without a license, violating Quarters, and failing to complete a scheduled bag drag. The member received a General service characterization.

► A **52nd Combat Communications Squadron** senior airman was discharged for failure to meet minimum fitness standards. The member received an Honorable service characterization

- Courtesy 78th Air Base Wing Legal Office

# AROUND THE AIR FORCE DOD experts talk nuclear modernization efforts

WASHINGTON (AFNS) - Modernization and sustainment across the nuclear triad are essential to maintaining national and allied security, three Defense Department experts told Congress on July 14.

DOD witnesses Robert Scher, the assistant secretary of defense for strategy, plans, and capabilities; Navy Adm. Cecil Haney, U.S. Strategic Command commander; and Air Force Gen. Robin Rand, the commander of Air Force Global Strike Command, testified before the House Armed Services Committee's strategic forces subcommittee.

#### Maintaining nuclear deterrence

Scher said President Barack Obama's approach to reducing nuclear dangers "has consistently included two key pillars: working toward a world without nuclear weapons, and maintaining effective deterrence along the way." Because world nuclear disarmament is not assured, Scher said, "We must proceed with modernized replacements to maintain our nuclear deterrent for us and our allies."

The United States' sea-, air- and land-based nuclear

delivery systems make up the "triad," which Scher called the best approach to maintaining nuclear deterrence. The triad and dual-capable aircraft, he said, "provide the credibility, flexibility and survivability to meet and adapt to the challenges of a dynamic security environment."

Scher said the projected cost for the nuclear force's modernization is \$350 billion to \$450 billion over 20 years. "While not a small amount of money, ... the total defense budget in fiscal year 2016 alone was over \$580 billion," he said. "The cost for nuclear modernization is substantial, but it is not unreasonable for what (Defense Secretary Ash Carter) has called the bedrock of our security."

Modernizing will allow the U.S. to shrink its nuclear arsenal while still reassuring allies that they do not need their own nuclear capabilities, Scher explained.

#### Taking a long approach

Haney also emphasized the need for nuclear mod-

"Our capabilities as a whole have lasted well beyond their designed service life," he said. "It is crucial that we modernize our strategic deterrence capabilities, which underpin our national and global security."

Countries such as Russia, China and North Korea have their own nuclear agendas, he said.

"Comprehensive strategic deterrence and assurance and escalation control require a long approach ... and it's far more than just nuclear weapons and platforms," he added.

The president's proposed 2017 defense budget addresses modernization priorities and "supports my mission requirements," Haney said. "But let me be clear," he cautioned, "there are no margins to absorb new risk."

#### 'Already long overdue'

Rand also spoke about "long-overdue" nuclear modernization efforts. Modernization plans are in place, he said, for the Minuteman intercontinental ballistic missile system, the bomber fleet, the air-launch cruise missile, the UH-1N Huey, nuclear weapon storage facilities and more.

"I am prepared to offer my opinion on the consequences to our nation's and our allies' security if these already long-overdue modernization efforts are not carried out according to their scheduled timelines," he said.

## In Air Force News

#### **Career Intermission Program** application window opens

JOINT BASE SAN ANTONIO-RANDOLPH, Texas (AFNS) - Air Force officials are accepting applications for the Career Intermission Program through Sept. 12 from active-duty and career status active Air National Guard and Air Force Reserve Airmen.

CIP provides select Airmen the opportunity for a one-time temporary transition from active duty to the Individual Ready Reserve, for up to three years, to meet personal or professional needs outside the service while also providing a mechanism for a seamless return to active

"The long-term intent of this program is to retain the valuable experience and training of Airmen that might otherwise be lost by permanent separation," said Adriana Bazan, the Air Force Personnel Center CIP military personnel spe-

For more information about Air Force personnel programs, visit myPers.af.mil.

#### **Residency program serves** military, civilian medical personnel

SCOTT AIR FORCE BASE, Ill. (AFNS) – The Family Medicine Residency Program brings together military and civilian medical person-





July 22, 2009, after debating over several days, the U.S. Senate voted 58 to 40 to end the production of the F-22. The program stopped at 187 aircraft, less than a third of what the Air Force sought.

nel while building a partnership of collaboration and a well-rounded learning environment for program participants, which strengthens their abilities to take care of their patients.

"There are six platforms in the Air Force for this residency training," said Lt. Col. Matthew Snyder, the program's military director. "The unique situation we're in is that we are actually combined with St. Louis University. That makes us the only fully integrated combined military and civilian family residency program in the Air Force.

Every year, 42 residents go

through the program, which lasts three years. Each class has 14 participants - eight military members and six civilians. To be accepted into the program, both military and civilian residents must graduate from medical school.

#### **KC-46 completes milestone** by refueling fighter jet, cargo plane

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFNS) -The KC-46A Pegasus connected in flight with an F-16 Fighting Falcon and a C-17 Globemaster III July 8 and July 12, respectively, as part of a testing milestone.

These tests with the F-16 and C-17 were in support of the Milestone C requirements to rendezvous, contact and transfer fuel to several receiver aircraft types.

An initial attempt with the F-16 earlier this year was successful; however, higher than expected axial loads on the boom were detected. These loads were again present during the initial attempt with the C-17 and necessitated installation of hydraulic pressure relief valves in the boom.

The recent successful tests show the boom axial loads hardware fix. designed by Boeing engineers, is performing as expected to alleviate the loads.

"I'm encouraged by these



U.S. Air Force photo by Senior Airman Mozer O. Da Cunha

# Vantage point

Airman 1st Class Nicolas Rose, a 2nd Civil Engineer Squadron firefighter, looks for access points during an accident victim extrication exercise at Barksdale Air Force Base, Louisiana.

results," Air Force Secretary Deborah Lee James said. "The KC-46 program continues to move forward, making important progress that will get this vital capability into the hands of the warfighter."

## **COMMANDERS ACTION LINE**

robins.actionline@us.af.mil

The Commanders Action Line is an open-door program for Team Robins personnel to give kudos, ask questions or suggest ways to make Robins a better place to live, learn, work and play.

the organization a chance to help you, as well as a chance to improve its processes. If you do contact the Commanders Action Line, please fully explain whom it is you want to recognize and why, what you have a

The most efficient and effective way to resolve a problem or complaint is to directly contact the responsible organization. That gives

question about, or your suggestion. Discourteous or disrespectful submissions will not be processed. Commander's Action Line items of general interest to the Robins community will be printed in the Robins Rev-Up.

Col. Jeff King **78th Air Base Wing Commander** 

## **Customer Service Points of Contact**

78th Comm Group First Response Center - 478-926-4357 or DSN 468-4357 78th Civil Engineer Service Call Desk - 478-327-7447 or DSN 497-7447 78th Force Support Squadron CC- 478-926-5023 or DSN 468-5023 78th Medical Group Patient Advocate – 478-327-8475 or DSN 497-8475 78th Security Forces Squadron CC – 478-926-3212 or DSN 468-3212 Civilian Personnel Customer Service - 478-222-0601 or DSN 472-0601 Comptroller Front Office - 478-926-4462 or DNS 468-4462

Family Housing - 478-926-3776 or DSN 468-3776 Equal Opportunity - 478-926-2131 or DSN 468-213 Household Goods - 478-222-0114 or DSN 472-0114 Inspector General Complaints - 478-222-0818 or DSN 472-0818 Inspector General Inspections - 478-327-5523 or DSN 497-5523 Sexual Assault Response Coordinator (SARC) – 478-327-7272 or DSN 497-727 Vehicle Dispatch (Transportation) - 478-926-3493 or DSN 468-3493

COMMANDER Col. Jeff King

### HOW TO **CONTACT US**

Robins Public Affairs 620 Ninth Street, Bldg. 905 Robins AFB, GA 31098 478-926-2137 Fax 478-926-9597

### ROBINS REV-UP SUBMISSION GUIDELINES

Submissions must be received by 4 p.m. Wednesday, the week prior to the requested Friday publication.

They should be e-mailed to lanorris.askew.ctr @us.af.mil and vance.janes@us.af.mil

Submissions should be of broad interest to the base populace. For information, call Lanorris Askew at 472-0806.

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PUBLIC AFFAIRS DEPUTY DIRECTOR Faye Banks-Anderson

COMMAND INFORMATION CHIEF

**Geoff Janes** 

**FDITOR Lanorris Askew** 

PHOTOGRAPHERS Ray Crayton

**Tommie Horton** Misuzu Allen

STAFF WRITERS

Jenny Gordon **Angela Woolen Holly Logan-Arrington** 

# **UPDATE**

weapon systems – whether it's software programming, engineering fixes on the depot line or in Air Force Life Cycle Management program offices – King said invigorating youth about Science, Technology, Engineering and Math (STEM) careers is not only vital to Robins but our country.

"We want to raise them, educate them, employ them and retain them here in Middle Georgia. That's why these partnerships are important," he said. "We are doing great things regarding STEM with our youth at the Museum of Aviation. We are even looking into sponsoring a UAV rodeo and getting youth invigorated about STEM careers."

The Engineering and Technical Management Directorate at Robins is responsible for work force development for over 1,500 civilian and military degreed scientists and engineers, which includes the recruitment and hiring of about 100 civilians each year. That recruitment includes visits to over 30 Accreditation Board for Engineering and Technology engineering-accredited universities across the southeast, as well as national diversity events.

There are currently partnerships with Georgia Tech, Mercer University, Georgia Southern University, Kennesaw State University and the University of Georgia who have engineering degree programs, with more programs being accredited by the Board of Regents of the University System of Georgia.

Referring to a 'team of teams,' King stressed that getting the mission accomplished couldn't be done without union partnerships and the community's support

On labor relations, which have significantly improved over the last several years, there has been an 11 percent decrease and five percent decrease in Step 1 and 2 labor grievances in fiscal 2016 to date over last year, attributed to the union's focus on pre-decisional involvement among employees, supervisors and union stewards.

"We've seen workforce grievances steadily decline as a result of that pre-decisional involvement," said King. "The union has been pushing that very hard and we've got great success."

While he stated union grievances against the government have steadily increased over the last three years, he didn't see that as a bad thing. "It just documents the hard work we are doing on both sides to focus on the tough issues," he said.

He cited the Warner Robins Air Logistics Complex's success in fiscal 2015. The WR-ALC produced a total of 217 aircraft, and was honored with the 2015 Air Force Effectiveness Award in the Depot Category.

"That would not have been possible had we not had good government labor relations and good, solid working relations with our union teams," he said. "Those relations are absolutely essential in maintaining our future viability."

Continuing to be good stewards of base resources,

taking care of people and the mission as effectively and efficiently as possible, and maintaining relations between labor and management and the community are all important should there be another round of the Base Realignment and Closure process.

By addressing ongoing infrastructure needs in the midst of declining budgets, with the reality of aging aircraft fleets and a steady demand for Air Force capabilities, it remains a tough balance, said King. About 250 facilities on base were built from 1941 through 1944, which continuous to present infrastructure challenges as buildings age. "Robins is not unique in our infrastructure challenges, but it's important we continue to address those needs."

King also talked about when a tornado and severe thunderstorm passed through the community earlier this spring that resulted in an estimated \$5.2 million worth of damages to 11 facilities across Robins, in particular the roof of Bldg. 81, a C-17 hangar.

He spoke about the community's incredible support of the base and its mission, in particular ongoing P4 initiatives – over 30 partnerships that include law enforcement, fire services and education entities – that help keep Robins viable.

King highlighted the Robins Ministerial Alliance, formed as a result of a Clergy Day Summit in early 2015, which seeks to offer spiritual care to Civilian Airmen across the base. The alliance is open to all faith groups with a goal of offering a network of spiritual opportunities as needed.

By working with local communities and private enti-



U.S. Air Force photo by ROLAND LEACH

Col. Jeff King, 78th Air Base Wing commander, meets with local media in the Bldg. 905 atrium to discuss the state of the base, the events of the last year and things ahead.

ties, P4 plays a vital role in assisting the Air Force and our community partners in cost-saving opportunities.

This year marks the 75th anniversary of the base, which broke ground on Sept. 1, 1941 – a milestone celebration that shows decades of power projection in support of our nation's interests. The base plans to celebrate this milestone and show our thanks for the community by hosting this fall's Thunder Over Georgia Air Show, set for Oct. 1 and 2.

King said he expected there to be an estimated 200,000 spectators, similar to Robins' last air show in 2012 when the Navy's Blue Angels performed.

Headlining this year's show will be "America's Ambassadors in Blue," the U.S. Air Force Thunderbirds, whose last visit here was in 2009. To date, other acts that will join them include the Commemorative Air Force, who will fly World War II veteran airplanes, the P-51 Mustang, Nakajima B5N and F4U Corsair; U.S. Army Special Operations Command's Black Daggers parachute demonstration team; and Disabled American Veterans Flight Team.

"We're definitely going to celebrate this as our 75th year of power projection, which will be a central theme that you'll see at the air show," said King. "Robins Air Force Base enjoys community support that is not seen anywhere else in the world. It's really easy to come to work when you know that you're wanted and appreciated. There's no doubt that Every Day in Middle Georgia is Armed Forces Appreciation Day."

**Editor's note:** To receive air show updates, visit www.robins.af.mil or the Robins Facebook page.

# Think twice, energy has a price.

## HISTORY

Continued from A1

numerous aircraft, including the C-5 Galaxy and C-17 Globemaster, spoke of commitment and service, and understanding of what a life of service entailed in today's challenging global environment. Her career spans 35 years, 26 of those in Air Force Reserve.

"To the men and women of the Air Force Reserve, today I take the flag of the Air Force Reserve Command, and just like you, continue to answer the call to serve our great nation," she

The strength of the Air Force Reserve is its unique calling, she continued, and as citizens are fully invested within its communities raising families. Yet while immersed in civilian careers, she said there's still a profound calling to do more.

"When you serve, your absence at home, in your neighborhoods, in your offices, speaks volumes about who you are as an Airman," she said.

On the vision of the next four years in command, they include protecting our nation's strengths, building on capabilities for today's fight, and shaping the force for the fight of the future.

With service in Air Force Reserve for over two decades, Miller has served in every status as fulltime and part-time, even as a small business owner.

"I have been in your shoes, and I know how hard it is to balance your life as a citizen and your life as an Airman," she continued.

She spoke of contemplating retirement from service at one time, once enjoying a career as a



U.S. Air Force photo by TOMMIE HORTON

Gen. David L. Goldfein, 21st Chief of Staff of the Air Force, applauds the accomplishments of Lt. Gen. Maryanne Miller during her promotion ceremony at the Museum of Aviation. Miller became the first female Citizen Airman to achieve the rank of lieutenant general and the first female commander of Air Force Reserve Command.

successful restaurateur. But following the Sept. 11 terrorist attacks on American soil, the veteran pilot explained that four months later she began serving full time again.

"I want you to know that I appreciate you and

the challenges that you face. I understand the call to serve and the hardships that go with it. I am honored to know you, I am honored to serve with you, but most importantly, to serve you," she said.

Miller joins a list of women accomplishing major firsts in the Air Force, including Gen. Lori J. Robinson, who in May assumed command of the North American Aerospace Defense Command and U.S. Northern Command.

Another first included the appointment of Gen. Janet Wolfenbarger, who became the service's first female four-star general, who led Air Force Materiel Command at Wright-Patterson Air Force Base, Ohio, before retiring in 2015.



"When it came time to select the best commander of AFRC, the choice was obvious. General Miller brings a combination of applied and intense warrior spirit and a passion for the mission for airmen and their families. There's no leader who is more fit, focused or ready to lead the Reserve triad of citizens, airmen and families."

> Gen. David L. Goldfein Chief of Staff of the Air Force





# Non-perishable food items needed

BY ANGELA WOOLEN angela.woolen.ctr@us.af.mil

he Feds Feed Families campaign is designed to help local food banks. This Department of Defense program started in 2009 to help stock the shelves for needy families in the local communities.

Last year the program donated nearly 17.9 million pounds to food banks across the U.S., according to a USDA press release.

At Robins, there were almost 9,000 pounds of non-perishable food donated to the community, said 2nd Lt. Benjiman P. Jennings, 78th Medical Logistics Flight commander.

Jennings and Master Sgt. Felipe Perez, 78th Communication Directorate governance division supervisor, are the POCs for this event which runs through Aug. 31.

Jennings hopes to break the mark set last year and receive 10,000 pounds of donations.

"This is an outreach for the community. It shows that as much as you care for us, we care for you," Perez said.

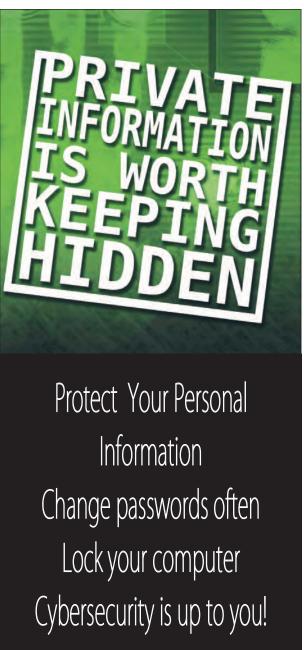
Donations can be dropped off at one of 40-50 collection points throughout the base which include the chapel and medical logistics in Bldg. 701.

Items that will be accepted include canned goods, condiments, hygiene objects, baking goods and prepackaged meals.

For more information on how to help, call Jennings at 478-327-8318 or Perez at 478-327-7281.

READ THE REV-UP ONLINE AT http://www.robins.af.mil/library/rev.asp

# READ THE REV-UP ONLINE AT http://www.robins.af.mil/library/rev.asp









# **Thought for the Day**

"The best preparation for tomorrow is doing your best today."

- H. Jackson Brown, Jr.



## What's inside

Mosquito safety tips, B2
Barbecue safety, B3
Services Events, B4

# Lighter Fare

The Robins Rev-Up ■July 22, 2016

The place to Live, Learn, Work and Play



U.S. Air Force photos by TOMMIE HORTON

Scott Peavy, base recreation assistant, plays a round of disc golf at the Robins course. Peavy is also part of a disc golf league.

Disc Golf has been

approved as part of

the Civilian Wellness

and Fitness Program.

Those wanting to try

out the sport can sim-

ply stop by the fitness

center for equipment.

# Disc Golf lands at Robins

BY ANGELA WOOLEN angela.woolen.ctr@us.af.mil

ust before exiting the Russell Parkway gate, glance to your right and you might see small flying discs sailing around.

Funded by the Single Airmen Initiative, the Gator Park Disc Golf Course was built last fall by Eagle Scout Braden Phillips.

Disc golf is played much like regular golf, with throws counted toward strokes. A player throws a disc toward a metal cage like a golfer would hit a ball toward a hole.

The discs are smaller in diameter than a regular Frisbee. There are three main sizes including a driver, a mid-range and a putter.

There's a creek which runs through the course making hole No. 6 a bit of a challenge, said Scott Peavy, base recreation assistant, who plays at the course regularly and also is part of a league.

He has a bag he uses to carry his many discs in.

"Real mean putt with pink," Peavy said as he tried to get his pink putter disc into the basket.

There are three kinds of throws one can use to putt: a flick, a tomahawk and backhanded.

Discs can be checked out at the fitness center for free or can be bought at various locations around town.

"You can actually do it at lunch," said John Enterman, base fitness and sports manager.

The course is short enough that players can have two rounds of disc golf in 30 minutes. There is a chance to do cardio if one chases after the disc once it is

Enterman has approved disc golf as part of the three day a week civilian fitness program.

To download the disc golf app for iPhone and iPad which includes a free scorecard, GPS and stats, visit https://itunes.apple.com/us/app/disc-golf-scorecard/id937899125?mt=8 and choose Gator Park Disc Course.



Disc golf is played much like traditional golf. Instead of a ball and clubs, however, players use a flying disc, or Frisbee®. The sport was formalized in the 1970s, and shares with golf the object of completing each hole in the fewest strokes (or, in the case of disc golf, the fewest throws). A golf disc is thrown from a tee area to a target which is the hole. The hole can be one of a number of disc golf targets; the most common is called a Pole Hole® – an elevated metal basket. As a player progresses down the fairway, he or she must make each consecutive throw from the spot where the previous throw has landed. The trees, shrubs, and terrain changes located in and around the fairways provide challenging obstacles for the golfer. Finally, the putt lands in the basket and the hole is completed. Disc golf shares the same joys and frustrations of traditional golf, whether it's sinking a long putt or hitting a tree halfway down the fairway. There are few differences, though. Disc golf rarely requires a greens fee; you probably won't need to rent a cart, and you never get stuck with a bad tee time. It's designed to be enjoyed by people of all ages, male or female.







# A BETTER YOU

# TRICARE offers tips to avoid mosquito bites this summer

he American Mosquito Control
Association reports that more than one
million people worldwide die from
mosquito-borne diseases every year.

This summer, TRICARE wants to help people avoid their bites, which are not only irritating, but can also carry diseases that make people and pets very ill.

Mosquito bites can cause severe skin irritation because of an allergic reaction to the mosquito's saliva. It's what causes the red bump and itching. But that's not all.

There are several well-known diseases transmitted by mosquito bites:

- •Malaria
- •Dengue
- •Dog Heartworm
- •Eastern Equine Encephalitis
- •West Nile Virus
- •Zika Virus

That's a shortened list as there are numerous others. You can protect yourself and your family from mosquito bites by taking a few simple precautions.

▶ First, wear long-sleeved shirts and pants clothing when the weather permits. Wear light-colored, loose-fitting clothes.

Studies have shown that some of the 174 mosquito species in the United States are more attracted to dark clothing and most can readily bite through tight-fitting clothing.

► Next, you should wear insect repellent. There are many different kinds of insect repellent, but the Centers for Disease



Control and Prevention recommends products that have at least one of the following active ingredients: DEET, Picaridin, IR 3535, or oil of lemon eucalyptus.

Choose the lowest concentration of DEET that will provide the coverage you need and be sure you read the labels to find out how much product is in the repellent.

▶Get rid of any standing water around your house – mosquitoes lay their eggs near water and they don't need a lot. Check and empty children's toys, clear

roof gutters of debris, avoid water collecting on pool covers and repair leaky outdoor faucets. Be sure to clean pet dishes and bird baths regularly.

For more information, visit the Mosquito-Borne Illnesses page on the Military Health System website.

If you have traveled internationally recently, and develop a fever, headache, rash, muscle or joint pain, visit your healthcare provider immediately and tell them about your travel.

Courtesy TRICARE.mil

# 78th MDG back-to school screening

The 78th Medical Group will host a Newcomer Health Fair on Saturday from 8:30 a.m. to 12:30 p.m. for TRICARE beneficiaries entering Georgia schools for the first time.

Mandatory Georgia school screenings will be given to students from pre-k through 12th grade in Bldg. 700A; no appointments are necessary.

Children will be given vision, hearing and dental exams – all of which are required by the Georgia school system. Georgia school forms 3300 and 3231 will be available and may be completed at the event. Sports physicals will be available for those who need them.

In addition to the screening, the event will feature vendors and activities for the children as well as a bicycle helmet giveaway for ages 4 to 9.

#### What to bring:

\*Bring a current copy of your child's immunizations record or call the Immunizations Clinic in advance to obtain a copy at 327-7921.

\*Bring your child's ID to the appointment.

For more information, call the Central Appointments line at 327-7850 or visit http://www.gadoe.org.

# New Cardio PT Test location

During an upcoming track and

field renovation project, all cardio portions of the Fitness Test will be performed at a new location.

The 1.5-mile run circuit starts towards the north end of Hawkinsville Street and goes south (counter-clockwise) to Ninth Street to Fort Valley Street to Eighth Street and back to Hawkinsville Street.

This circuit is two complete laps plus 253 feet. The finish line sign is about one-third of the way up Hawkinsville Street.

The 2K walk test starts one-third of the way down Ninth Street from Hawkinsville Street and continues east towards Fort Valley Street to Eighth Street to Hawkinsville Street. Members must complete one full lap followed by another three-fourths lap to the signed finish line.

Both the 1.5-mile and 2K-finish lines are the same.

Since the walk start is a significant distance from the run start, the walk portion will only be conducted in the afternoons at 1 p.m. during exemption testing. With only six Fitness Assessment Cell members, these sessions will be limited to 25 members; therefore Unit Fitness Program managers should ensure their members test as early in the month as possible to ensure no one is turned away.

Signs will be posted. The Fitness Assessment Cell will send out further information regarding conducting mock cardio tests to ensure a smooth transition.



# Nature's hazards: Poisonous plants

AIR FORCE MATERIEL COMMAND HEALTH AND WELLNESS TEAM

tate parks and woodlands are favorite places for many people who enjoy outdoor activities. Unfortunately, contact with poisonous plants can make these outings a miserable experience.

Poison ivy, poison oak and poison sumac all contain the plant oil urushiol, which can cause severe skin rash when any part of the leaves, stem or root is touched. Allergic reaction can occur directly by touching the plant, or indirectly by coming into contact with the oil on animals, tools, clothes or other items. Even the smoke from the burning of these poisonous plants contains oil particles that can be inhaled and cause lung irritation.

Interaction with these plants is preventable. This article is designed to help individuals learn how to identify poisonous plants in order to avoid exposure.

#### Plant Identification

POISON IVY – The old saying "Leaves of three, let it be" is a reminder of the consistent leaf characteristic of this plant. Leaflets can be 2 to 6 inches long and may be toothed or have smooth edges. Leaves emerge with a shiny reddish tinge in the spring and turn a dull green as they age, eventually turning shades of red, yellow or orange in the fall before dropping off the plant.

There are different types of poison ivy found throughout the Unites States. Eastern poison ivy is typically a hairy, ropelike vine with three shiny green (or red in the fall) leaves budding from one small stem. Eastern poison ivy is one of the most common poisonous plant species in the United States, and is found throughout the Midwest to the east coast. It can grow as a shrub or as a vine that climbs high on trees, walls and fences or trails along the ground. Western poison ivy is typically a low shrub with three leaves that does not form a climbing vine.

POISON OAK – Similar to poison ivy, poison oak consists of three leaflets. One distinguishing feature of poison oak is its lobed leaves, which gives it the appearance of an oak leaf. Leaflets emerge with a reddish tinge in the spring, turn green and then assume varying shades of yellow and red in the fall. Atlantic poison oak can be found as ground vine and shrub, while Pacific poison oak grows as a ground vine, a

shrub and a climbing vine.

POISON SUMAC - More allergenic than poison ivy and poison oak, poison sumac is a tall shrub or small tree that has a stem that contains seven to 13 leaves arranged in pairs. Distinctive features include leaflets that are elongated, oval and have smooth margins. The leaflets are 2 to 4 inches long, 1 to 2 inches wide, and have a smooth, velvety texture. Leaves are orange in early spring, and later become dark green and glossy. In the early fall, the leaves turn yellow, red or orange. Poison sumac prefers to grow in very wet areas such as bogs or swamps.

#### Symptoms of skin contact

Signs or symptoms associated with dermal contact with poisonous plants may include:

- ▶Red rash within a few days of contact that can last two to three weeks
  - ▶ Itching
  - ▶ Swelling
- ► Possible bumps or weeping blisters
- ▶Difficulty breathing, if you've inhaled the smoke from the burning of these poisonous plants

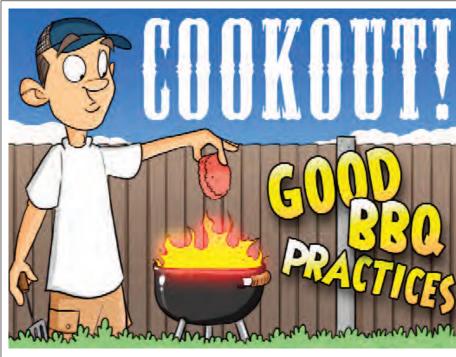
#### First Aid

Individuals who have come in contact with poisonous plants should:

- ▶Immediately rinse with rubbing alcohol, specialized poison plant washes, degreasing soap (such as dishwashing soap) or detergent, and lots of water:
- ▶Apply wet compresses, calamine lotion or over-the-counter hydrocortisone cream to the skin to reduce itching and blistering;
- ► Use an antihistamine such as diphenhydramine (Benadryl) to help relieve itching; and,
- ▶Seek professional medical attention if the rash is widespread, on the face or genitals, does not improve within a few weeks, or if you have difficulty breathing from inhaling the smoke from burning poisonous plants.

Civilian Health Promotion Services will be offering educational briefings on summertime safety during July.

For more information, visit AFMC Wellness or contact the Robins CHPS team at 497-8030. Comprehensive information on poisonous plants can be found on the Centers for Disease Control and Prevention website www.cdc.gov.



# **Barbecue Safety**

Traditionally, outdoor cooking is viewed as a summertime activity. However, cookouts in the south are pretty much a year-around activity.

No matter when you fire up those charcoals or use the propane grill, safety is a must at all times. The proper use and storage of barbecue grills is essential to safe outdoor cooking.

#### **Suggested Safety Tips**

- Never use a grill inside any structure or under any balcony or overhang.
- Never leave the grill unattended while cooking is in progress.
- Special care should be taken not to place these units near air handling vents.
- Barbecue grills that use propane tanks should never be stored as a connected unit unless the unit is located and secured outside and at least 10 feet from any structure.
- Ensure when cooking is completed, the main gas control valve on the tank has been closed and the unit allowed to cool off prior to storage. If storing inside, the tank must be disconnected and stored in a covered, secured area at least 10 feet from the facility.
- Never try to fix a malfunctioning propane gas grill; have an experienced professional check it and certify that it is safe for use.
- Wear proper clothing. Loose clothing, long sleeves, neckties, and the like can very easily catch fire by momentary contact with hot surfaces. It is wise to use short sleeve shirts and tight fitting clothing. The use of an apron will also protect your clothing from splatters of hot grease.
- Do not use ordinary kitchen utensils to cook outdoors. The use of those oversize skewers, spatulas, and other

implements are there for your use to keep a safe distance from the hot grill.

- Be very cautious of small children when outdoor cooking. Barbecue grills will get very hot to the touch and can also be somewhat unstable and can tilt and possibly fall.
- Be very careful when barbecuing on extremely windy days, this can misdirect the charcoal starter causing a potential serious hazard. Also remember, hot embers can be blown about the neighborhood to include fields and wild land areas. Sometimes high winds can also upset the grill's cooking temperature.
- Never use gasoline or any other flammable materials on charcoal grills, this is an extremely dangerous safety violation that can cause serious burns or death. Use approved charcoal lighter fluid designated only for that purpose. Apply the lighter fluid only once, and never reapply lighter fluid once the charcoal has been started. Sometimes a false indication that the charcoal is not lit can lead to other hazards, so never reapply charcoal lighter fluid. Remember, fire can travel along the stream of the fluid and can cause the container to rupture or explode in your hands.
- After cooking and before storage, douse all coals and ashes with water, make sure all the coals and ashes are cold safe and removed prior to storage.

So, bring out the hot dogs and the hamburgers, get out the grill, and remember the safety tips mentioned above. Enjoy your outdoor meals and have a safe fun summer.

If you have any questions, call the Fire Prevention Office at DSN 468-2145 or 478-926-2145.

- Robins Fire Emergency Services

Safety saves lives.
Start your savings account today.



# HAPPENINGS/SERVICES

MON TUE WED THUR FRI SAT SUN

26 23 25 28 24

#### **ON TAP Twilight Rates**

Every day From 4 to 7 p.m. Pine Oaks Golf Course Play 18 holes with cart for \$20 per person.

For details, call DSN 468-4103.

#### **Saturdays are Family Days**

Saturday Pizza Depot 8 to 10 a.m., \$3.95 breakfast buffet 5 to 7 p.m., \$5.95 spaghetti and pizza buffet. For details, call DSN 468-0188.

#### **Trap & Skeet Fun Event** (Single Airman Only)

Saturday Noon Robins Skeet Range \$20 per person For details, call DSN 468-4001.

#### Tips from the Pro

Tuesday 5 to 6 p.m. \$5 for unlimited balls Pine Oaks Golf Course For details, call DSN 468-4103.

#### **Bowling Movie Days**

Wednesday

2 to 4 p.m. **Bowling Center** \$6 per person, includes three games, rental shoes, movie and popcorn. For details, call DSN 468-2112.

#### **Afternoon Thunder Alley**

Thursday 2 to 4 p.m. **Bowling Center** Unlimited games \$6 includes shoe rental For details, call DSN 468-2112.

#### Last Friday

July 29 5 to 7 p.m. Heritage Club \$250 Club Card drawing for members present at 7 p.m. Heavy hors d'oeuvres 4 to 6 p.m. Jazz Band 5 to 8 p.m. DJ 8:30 p.m. to Midnight Soul Sophistication starts at 8:30 p.m. Free taco bar at 9 p.m. For details, call DSN 468-2670.

#### **Pine Oaks Junior Golf Clinic**

Now through Aug. 27 10 to 11:30 a.m. Pine Oaks Golf Course Ages 5- to 13-years old For details, call DSN 468-4103.



Sometimes everyone needs a little help ...

**Chaplain – 926-2821** EAP - 327-7588 Suicide Hotline – 800-273-TALK (8255)

# Airman & Family Readiness Center Classes, workshops & seminars

- ► Pre-Separation Briefing (separatees)\* Tuesday, from 8 a.m. to noon;
- ►VA Benefits Briefing\* Wednesday, from 8 a.m. to 3 p.m. in Bldg. 905 Room 121.
- ▶Educational Track\* Thursday and July 29, from 8 a.m. to 4 p.m. (Call Ron Smith 478-327-3410 to register)
- ►DAV Medical Records Review Appointments only. Call DSN 472-4146.
- ► Department of Labor Wednesdays, from 8 a.m. to 4:30 p.m.
- ► Military and Family Life Counseling Mondays through Fridays, from 8 a.m. to 8 p.m.
  - ▶ **PreDeployment Briefings\*** Tuesdays

- and Thursdays, from 1 to 2 p.m.
- ► Survivor's Benefit Plan Mondays through Fridays, appointments only from 7:30 a.m. to 4 p.m.
- ► CAPSTONE appointments Every Thursday afternoon at 1 p.m., 2 p.m. and 3 p.m.

Editor's Note: All classes require pre-registration.

For more information, call DSN 468-1256, commercial 478-926-1256, or visit Bldg. 794 Mondays through Fridays from 7:30 a.m. to 4:30 p.m.

\* Denotes Military (spouses welcome)



