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# ROBINS REV-UP

'Team Robins - Performing to Our Potential'

'Making Tomorrow Better than Today'

April 22, 2016 Vol. 61 No. 16



Graphic courtesy of the Los Angeles County Sheriff's Department

For information on what to do during a real-world active shooter situation, visit [www.beready.af.mil/disasters&emergencies/activeshooter.asp](http://www.beready.af.mil/disasters&emergencies/activeshooter.asp).

## Robins engineers team up, tackle active shooter challenge

BY JENNY GORDON  
[jenny.gordon.ctr@us.af.mil](mailto:jenny.gordon.ctr@us.af.mil)

Precious minutes can feel as if they last a lifetime when lives are at stake. News of workplace violence involving an active shooter remain prevalent – Fort Hood in 2009, the Washington Navy Yard in 2013, Chattanooga in 2015, and most recently, Joint Base San Antonio-Lackland on April 8.

Giving first responders the quickest opportunity to help victims and apprehend a shooting suspect is critical.

Finding innovative ways to address these ongoing challenges was the focus of a 2015 Air Force Research Laboratory Commander's Challenge calling for submissions on ways to deal with an active shooter scenario.

A team of six officers from Robins Air Force Base, including 1st Lt. Evan Glowiak, Capt. Carlos Horner, 1st Lt. Daniel Gunderson, 1st Lt. Andrew Hyde, 1st Lt. Bruce Vonniederhausern, and Capt. Christopher Perrine from Maxwell-Gunter Air Force Base, Alabama, volunteered for the challenge.

Their particular solution involved sensors built into existing fire alarm systems – an active-shooter detection system that can assist law enforcement when the exact location of a shooter is unknown.

The team spent six months on the project, finishing their efforts before submitting their proposal and meeting with top Air Force officials this past March at the inaugural Defense, Diplomacy and Development Innovation Summit Pitch Challenge in Washington, D.C., where they won "Feasibility" and "Metrics" awards.

They were one of six final teams selected from nearly 500 submissions from across the Department of State, the Department of Defense and U.S. Agency for International Development. The call for these submissions addressed ways the U.S. can leverage new technologies to advance its defense, diplomacy and development goals.

▶ see SHOOTER, A7

## Courts-martial dates set for U.S. vs. Wilson



WILSON

Three separate courts-martial proceedings will take place starting next month in the case against Senior Airman Charles Amos Wilson III at the Houston County Courthouse in Perry, Georgia.

A military judge recently ruled to sever the proceedings against Wilson, who is accused of the premeditated murder of Tameda Ferguson and her unborn child; the death of Demetrius Hardy which occurred during the arson of the accused's rental property; and the assault and subsequent threats against a retired, female technical sergeant.

▶ see WILSON, A7

Success Here = Success There

## Vital Afghan AF support continues

BY JENNY GORDON  
[jenny.gordon.ctr@us.af.mil](mailto:jenny.gordon.ctr@us.af.mil)

When two C-130H aircraft arrived at Robins in the fall of 2013, each would play a significant role nearly two years later in a country over 7,000 miles away.

The nose of one aircraft, scheduled to be retired, served as a donor to a second C-130. The second had experienced a hard landing and suffered

structural damage to its nose, prior to its arrival for unscheduled depot level maintenance at the Warner Robins Air Logistics Complex.

It was that second C-130 that received the most attention – a new nose section that would not only breathe new life into the aircraft, but assist with efforts to provide increased tactical airlift capabilities and mobility operations throughout Afghanistan.

The successful PDM of that C-130 resulted in a successful aircraft delivery supporting operations with the Afghan Air Force.

The C-130 with the donor nose was the fourth aircraft delivered to the country in June 2015. Since its arrival this year, it has continued to serve as a valuable resource to the AAF.

▶ see AFGHAN, A6

## FRIDAY FLYBY: Continuous process improvements through innovation, A4

### IDS Tip of the Week

Don't try to fix it before fixing your ears on the other person's concerns.

Listening with sincere empathy and understanding is the single most important skill for good communication.

For information on building healthy interpersonal communication skills, call Robins Family Advocacy at 478-327-8422.



### Armed Services Blood Program drive today

The Armed Services Blood Program will be conducting a blood drive today at the Base Fitness Center from 10 a.m. to 4 p.m.

The ASBP is a military organization that provides blood to service members and their families worldwide. Blood from the program is sent into theater several times per week to ensure troops downrange make it safely home, and life-saving blood products are also available in military hospitals every day.

For more information, visit [militaryblood.dod.mil](http://militaryblood.dod.mil)



Weekend Weather

Friday 79/57



Saturday 84/55



Sunday 86/58



*"Be Resilient – life's a journey, not a destination."*

## SECOND FRONT

# More acts sign on for Thunder Over Georgia Air Show

BY ROBINS PUBLIC AFFAIRS

The Army Black Daggers, the DAV (Disabled American Veterans), and Randy Ball and his MIG-17F have signed on for the Robins Air Force Base Air Show which is scheduled Oct. 1 and 2.

## → Black Daggers

Descending from the skies at 12,500 feet, traveling nearly 120 miles per hour, free-fall parachuting is the closest humans have ever come to actually flying. For the Black Daggers, the official U.S. Army Special Operations Command Parachute Demonstration Team, that's a typical Monday morning.

Composed of volunteers from throughout Army special operations, the Black Daggers have diverse backgrounds and are skilled in various military specialties including Special Forces, Rangers, civil affairs, psychological operations, and signal and support. With an average age of 33 and an average number of free-fall jumps at 560, the team represents the professionalism and dedication of Army special operations forces. To learn more visit <http://www.army.mil/article/29318/the-black-daggers---global-warriors/>.

## → DAV (Static Display)

The DAV will bring its timely and patriotic message on the wings of "Show Me," a fully restored B-25 Mitchell Bomber. Throughout the airshow, DAV representatives will be on hand to provide information about veteran's benefits and answer questions about DAV programs.

For information about DAV visit [www.dav.org](http://www.dav.org).

## → Randy Ball

Randy Ball has performed over 1,000 performances to date. No other North American Jet Demo pilot even comes close to that number of performances. In fact, Randy is the only Jet Demo pilot – military or civilian – to be granted both a day and night unlimited aerobatic rating in jet fighters by the FAA. He has flown over 40 different



U.S. Navy file photo

A member of the U.S. Army Special Operations Command Parachute Demonstration Team, the "Black Daggers," floats down on his parachute.

## What to know

More information will be released as it becomes available. Information will be posted to the base website at [www.robins.af.mil](http://www.robins.af.mil) and the Robins official Facebook page.

types of aircraft, manufactured in nine countries.

Ball has flown as the enemy aircraft with the USAF F-4 both for air shows and on film. His solo demo is designed to resemble the tactical demo of the F-16 Falcon, the first fighter that could out-turn the Vietnam era MiG-17. During his demo in the MiG-17F, he routinely pulls 8gs, and reaches speeds approaching 700 mph, all while sometimes flying less than 100 feet off the ground.

## → The Thunderbirds

The U.S. Air Force Thunderbirds will be headlining the show.

"We're very excited about this event. This is a great opportunity for the Air Force and Robins Air Force Base to thank Americans across the southeast for their continuous support for the military,"

said Col. Jeff King, 78th Air Base Wing commander.

The flying unit is officially known as the U.S. Air Force Air Demonstration Squadron, and flies the F-16 Fighting Falcon. The team's aerial demonstrations can include 40 maneuvers with formation flying and solo routines, with a squadron of nearly 130 airmen who serve in more than two dozen Air Force job specialties.

A team of 12 officers can include veteran fighter pilots, an operations officer, advance pilot and narrator, as well as support officers who provide medical, administrative, maintenance and public affairs duties.

The last Robins Air Show was in 2012 when the Blue Angels, the U.S. Navy's Flight Demonstration Squadron, headlined the event, which drew a crowd of nearly 200,000 people over a two day-period in April.

## Civilian personnel relocates

Effective May 1, Civilian Personnel Customer Service will relocate from Bldg. 767 (Military Personnel Section) to Bldg. 215, 3rd floor, Room 359. Customer Service handles civilian in-processing, out-processing, dependent ID cards and passports.

For more information, call 78 FSS/FSMC at DSN 472-0601 or 478-222-0601.

## PACE offers free professionalism presentations AFMC wide

The Profession of Arms Center of Excellence will offer its "Professionalism – Enhancing Human Capital" presentation at Air Force Materiel Command bases in April.

As part of PACE's Character and Leadership initiative, the five-hour presentation will be held at Robins May 10 through 12, Aug. 30 through 31 and Sept. 1. The presentations will examine how professionalism drives individual behavior and connects Air Force core values to the Air Force mission.

Though targeted at effective working relationships within the Air Force, attendees are able to extend the lessons to personal relationships as well.

For more information, call Bryan Teel at 478-327-6990 or Rob Powell at 478-327-8589.

## Chapel to host Holocaust Remembrance Day Luncheon

Marsha Vandervort will be the featured speaker at The Holocaust Remembrance Day Luncheon May 4.

The event, hosted by the Robins Chapel, will take place at the Museum of Aviation Hangar One from noon to 1 p.m. Lunch will be provided free of charge and RSVPs are required by April 29. For more details, call DSN 468-2821 or 478-926-2821. To RSVP online, visit: <https://invitations.afit.edu/inv/anim.cfm?i=283743&k=0069410E7F54>.

## RCG Scholarship applications available

Applications are now available for the Robins Chiefs Group academic scholarship program.

Applicants must be an enlisted military member (active duty, Reserve, National Guard or retired), or the dependent of an enlisted military member (active duty, Reserve, National Guard, retired or deceased) assigned to or retired from Robins. Any enlisted rank or branch of service is eligible.

All applications must be postmarked no later than May 31.

For more information or to download an application, visit [www.robinschiefsgroup.org](http://www.robinschiefsgroup.org).

## Nominations open for Camellia Gardens

Nominations are being sought for the annual Camellia Gardens Memorial Service. The service, which pays tribute to deceased members of Team Robins, will take place May 26 at 10 a.m. in the Museum of Aviation Century of Flight Hangar.

The submission deadline is May 13.

The service is a 39-year tradition rooted in a partnership between Robins, the Middle Georgia Camellia Society and the Warner Robins Chamber of Commerce.

The memorial holds the names of more than 1,700 deceased military and civilian Robins members who have been honored.

To submit a family member, friend or coworker who worked at Robins to be honored this year, contact Master Sgt. Stacey Hazewood at 478-327-3772 or [Stacey.hazewood@us.af.mil](mailto:Stacey.hazewood@us.af.mil).

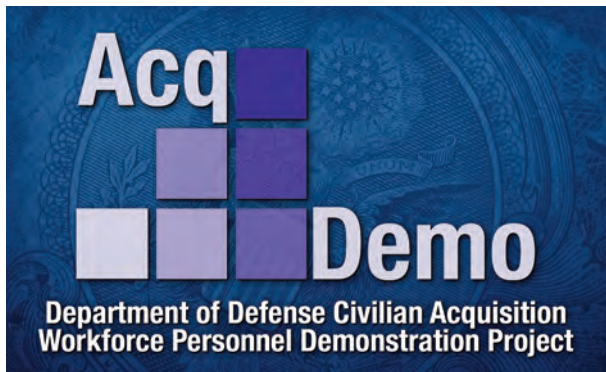
## Are you missing out on business?

Robins Air Force Base and its units spend more than \$4.6 million on Government Purchase Card purchases using homegrown businesses and propelling the local economy.



If you have a local business which could service Robins, and believe you're not given a fair opportunity due to fraudulent activities, we want to help.

To report fraudulent Government Purchase Card activities please contact Air Force Office of Special Investigations, Detachment 105, Robins Air Force Base at 478-926-2141.



## Many AFMC employees to convert to new pay, appraisal system

AIR FORCE MATERIEL COMMAND PUBLIC AFFAIRS

**WRIGHT-PATTERSON AIR FORCE BASE, Ohio** – Some 13,000 Air Force Materiel Command personnel have been notified they will transition to the Department of Defense Civilian Acquisition Workforce Demonstration Project pay system on June 12.

For those converting to AcqDemo, their current GS performance period will end on June 11, and they will enter into the AcqDemo Contribution-Based Compensation and Appraisal System effective June 12, command officials said.

Until June 11, transitioning employees will remain under the current GS civilian performance program. Supervisors will continue to use incentive awards to recognize these employees' significant achievements and are also encouraged to provide performance feedbacks during this timeframe.

The first CCAS cycle for new AcqDemo employees will end on Sept. 30. During this cycle, only the contributions that occurred during this timeframe will be evaluated. Guidance on AcqDemo contribution planning for the first CCAS appraisal cycle will be forthcoming. After the initial cycle into AcqDemo, the standard CCAS period will be Oct. 1 through Sept. 30.

Only employees who have acceptable performance ratings will be eligible for AcqDemo conversion. Those who are on a Performance Improvement Plan at the time of conversion will not convert until a successful PIP has been completed. Supervisors of employees who are assigned to a PIP or who are performing at an unacceptable level will need to work with their servicing Civilian Personnel Section's Employee Relations Office to address these issues and to determine when or if conversion to AcqDemo will occur.

Online CCAS training for employees and supervisors can be found at <http://acqdemo.hci.mil/training.html>. In the training, employees and supervisors are introduced to the CCAS software CAS2NET, which is an online reporting system for CCAS. It is important to note that CAS2NET accounts will automatically be generated after conversion so there is no need to initiate the request for an account, said command officials.

**EDITOR'S NOTE:** This is the fourth feature in a series of Acquisition Demonstration Project articles.

### WHAT TO KNOW:

For additional information on AcqDemo:

► Within AFMC, contact HQ AFMC/A1KA, (937) 257-0112, DSN 787-0112

► Department of Defense Civilian Acquisition Workforce Personnel

Demonstration Project: <http://acqdemo.hci.mil/>

► AFMC AcqDemo Public Affairs Link: [www.afmc.af.mil/library/featuredtopicarchive/acqdemo.asp](http://www.afmc.af.mil/library/featuredtopicarchive/acqdemo.asp)



Protect Your Personal  
Information

Change passwords often

Lock your computer

Cybersecurity is up to you!

## AROUND THE AIR FORCE

**DCMO leading continuous process improvement**BY SECRETARY OF THE AIR FORCE  
COMMAND INFORMATION

**WASHINGTON (AFNS)**— The Air Force Deputy Chief Management Officer is leading continuous process improvement by finding innovative ways to maximize Air Force resources and increase efficiency in areas concerning people, money and time.

The DCMO enables enterprise-wide business transformation initiatives and associated activities, from planning events to measuring results, while overseeing CPI implementation to improve overall effectiveness and efficiency across missions and functions.

"I became a believer in continuous process improvement when I was the wing commander at Spangdahlem Air Base in Germany," said Air Force Vice Chief of Staff Gen. David Goldfein. "I witnessed firsthand how CPI drives ingenuity and innovation, and what happens when those lessons are applied to solve problems and evolve processes across our Air Force."

The propulsion flight at Spangdahlem used various CPI tools and reduced engine repair time by 73 percent, from 41 to 18 days.

One of the first steps in implementing the AF's CPI is publishing guidance.

"The new Air Force instruction codifies our transition

from an Air Force-unique Air Force Smart Operations for the 21st Century to a more generalized CPI approach to improving the effectiveness and efficiency of Air Force processes," said Marilyn Thomas, the deputy under secretary of the Air Force for management. "We can leverage a wider array of training and materials offered by our counterparts in the Department of Defense and industry more easily."

All courses in the CPI portfolio are being updated to reflect this shift in approach and incorporate lessons learned from teaching them over the past eight years.

The office also established the Enterprise Process Improvement Council in January 2015, and followed with a series of business process re-engineering and improvement initiatives to make the Air Force more effective and efficient.

Some of the major initiatives sponsored by the Air Force DCMO and facilitated by EPIC last year include: audit lifecycle improvement initiative, investment funds streamlining, major headquarters activities, and planning and programming process reform and reorganization. These initiatives have improved the quality of products, removed redundancy, and decreased process time.

"Continuous process improvement efforts are occurring throughout all levels of the Air Force enterprise — Headquarters Air Force, (major commands), and wings,"

Thomas said. "We've seen great work from the field — improving patient safety, reducing maintenance down time, and reducing wait time in customer service areas — just to name a few."

Additionally, the DCMO stood up a contract court division and oversaw the secretary of the AF's Make Every Dollar Count program. The contract court establishes more discipline in the acquisition of support services and assesses the governance of associated contracts. The Make Every Dollar Count objective is to reduce cost, increase productivity, and harness efficiencies across the Air Force by challenging every Airman to look for ways to improve existing processes while finding cost-savings measures and efficiencies." This agreement is a framework for collaboration between the Army and the Air Force on policies, procedures and partnerships that support our energy missions," Halverson said. "We are excited to work with the Air Force in this effort. This partnership will identify and expand potential renewable energy opportunities across Army and AF installations."

According to the memo, the partnership provides a framework for cooperation and support in the development of renewable energy projects, establishes the expectations and requirements of each service, and demonstrates both services' focus on achieving energy assurance.

**In Air Force News****Yokota aids Japan with earthquake relief**

**YOKOTA AIR BASE, Japan (AFNS)** — The 374th Airlift Wing sent two C-130 Hercules aircraft and aircrew to the Kyushu region April 18, supporting the government of Japan in its relief efforts for the earthquakes in Kumamoto Prefecture and surrounding areas.

The Yokota aircraft transported heavy vehicles and personnel from Chitose Air Base, Hokkaido, to Kyushu, improving the capabilities of ground relief efforts in the area. Each C-130 can load up to 42,000 pounds of cargo.

"These missions are perfect examples of why we are located where we are and what we train for every day," said Lt. Col. John Kerr, the 36th Airlift Squadron director of operations. "Our airlifters are eager to show their support for their friends and neighbors in Japan following this tragedy."

Robins provides programmed depot maintenance and unscheduled repair activities on the C-130.

**PACAF airmen stand up air contingent in Philippines**

**JOINT BASE PEARL HARBOR-HICKAM, Hawaii (AFNS)** — Airmen assigned to the Pacific Air Forces stood up the first rotation of an air contingent at Clark Air Base,

**This week in Air Force History**

On April 18, 1942, Lt. Col. Jimmy Doolittle leads the "Doolittle Raiders" in B-25s on first U.S. bomb run over Japan in World War II.

Philippines, April 16, following a joint announcement by Secretary of Defense Ash Carter and Philippine Defense Secretary Voltaire Gazmin in Manila that highlighted several initiatives aimed to enhance bilateral relations between the two nations.

The air contingent is comprised of five A-10C Thunderbolt IIs from Osan Air Base, South Korea; three HH-60G Pave Hawks from Kadena AB, Japan; and approximately 200 personnel deployed from multiple PACAF units. The contingent will promote interoperability and provide

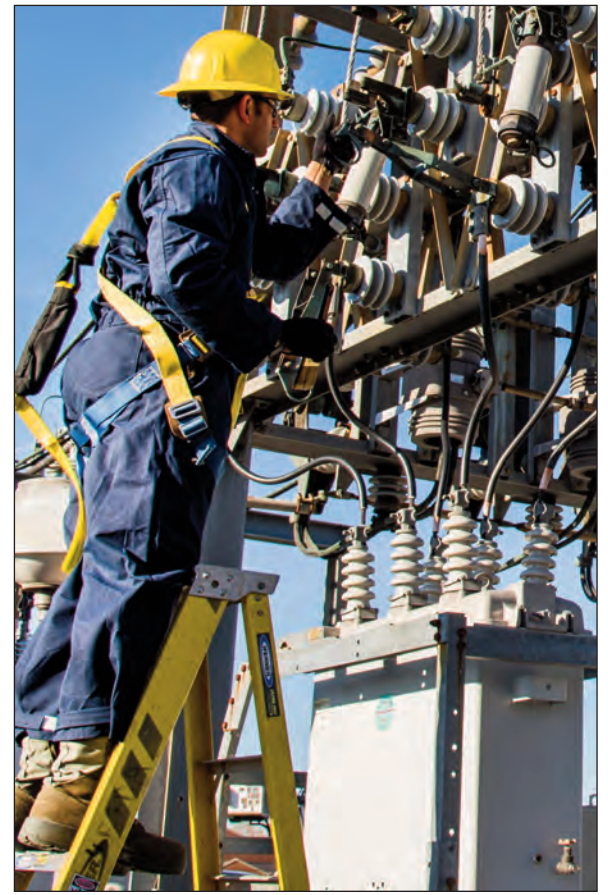
greater and more transparent air and maritime domain awareness to ensure safety for military and civilian activities in international waters and airspace. The flights further enhance ongoing maritime situational awareness missions by U.S. Navy P-8 Poseidon at Clark AB. Missions will include air and maritime domain awareness, personnel recovery, combating piracy, and assuring access to the global commons.

**AF names candidate bases, criteria for next F-35A sites**

**WASHINGTON (AFNS)** — Air Force officials announced April 12 that Davis-Monthan Air Force Base, Arizona; Homestead Air Reserve Base, Florida; Naval Air Station Joint Reserve Base Fort Worth, Texas; and Whiteman AFB, Missouri, are candidate bases for the first Reserve-led F-35A Lightning II location.

The preferred and reasonable alternatives are expected to be selected in the fall and the F-35As are slated to begin arriving at the first Reserve-led F-35A location by the summer of 2023.

The Air Force also released basing criteria that will be used to select candidate bases for two Air National Guard squadrons, which are planned to receive their first aircraft in the summer of 2022.



U.S. Air Force photo by AIRMAN DANIEL GARCIA

**High voltage**

Staff Sgt. Manoj Williams, a 375th Civil Engineering Squadron electrical systems craftsman, greases framework knife blades and tightens loose conductor connections at Scott Air Force Base, Ill. The base required a scheduled power outage to repair critical high-voltage electrical components.

**PERSPECTIVE****One in six; one in 33**

BY LORINDA PIRRIE

Peterson Air Force Base Sexual Assault Response Coordinator

**PETERSON AIR FORCE AIR FORCE BASE, Colo. (AFNS)** — Working in the field of sexual assault prevention and response, it's presumable that I think about the subject more frequently than the average person.

As such, my children have been subjected to a number of discussions regarding risk reduction and effective bystander intervention — far too many lectures if you ask them.

In fact, before my daughter left for college, she and her five closest friends gathered in my living room to discuss dorm room decorating ideas, class schedules, sororities and other important college freshman issues. As I eavesdropped on their conversation and observed their enthusiasm and excitement, it occurred to me that statistically one of them could likely be a victim of sexual assault.

According to the Rape, Abuse and Incest National Network, one out of six American women will be the

victim of an attempted or completed rape. Let's think about that. Picture six women you know: one in six.

Picture your unit's holiday party, a family reunion, or a retirement ceremony: one in six. Your softball team, bowling league, or scrapbooking club: one in six.

As my son prepares to enlist in the Air Force, it also occurs to me that at least one young man in his basic training flight might be the victim of sexual assault. RAINN reports that one in 33 American men will be the victim of an attempted or completed rape at some point in his lifetime.

The media would have me believe that he's at a much higher risk in the military, yet the statistics would suggest otherwise.

Neither of my children is at higher risk than the rest of our society simply because of their career path. This crime doesn't discriminate and knows no boundaries. It can occur regardless of gender, rank, age, race, religion, income, ability, profession, ethnicity or sexual orientation.

There's a good chance that someone you know has

been or may be sexually assaulted in their lifetime, yet 68 percent of victims will not report the crime.

If a survivor trusts you enough to share their experience, how will you respond? Will you believe them? Will you be empathic and supportive? Social norms often direct questions of clothing choices, alcohol consumption or promiscuity. Will you dare to challenge those norms, to hold offenders, not survivors, accountable for their actions?

The objective during Sexual Assault Awareness and Prevention Month (and all year round) is to focus on creating the kind of culture that does not accept sexual assault or any acts of interpersonal violence.

That requires a personal commitment from all service members at every level, our civilian counterparts, as well as our families and friends. Together, we can collectively take action to promote safety, respect and equality. We all have a part in combating sexual assault, and April offers an opportunity to focus attention on our individual roles. You speak with your actions. What are you saying?

Know your part. Do your part. #NotJustApril

**ROBINS REV-UP SUBMISSION GUIDELINES**

Submissions must be received by 4 p.m. Wednesday, the week prior to the requested Friday publication.

They should be e-mailed to [lanorris.askew.ctr@us.af.mil](mailto:lanorris.askew.ctr@us.af.mil) and [vance.janes@us.af.mil](mailto:vance.janes@us.af.mil)

Submissions should be of broad interest to the base populace. For information, call Lanorris Askew at 472-0806.

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COMMAND INFORMATION CHIEF  
**Geoff Janes**EDITOR  
**Lanorris Askew**PHOTOGRAPHERS  
**Ray Crayton  
Tommie Horton  
Misuzu Allen**STAFF WRITERS  
**Jenny Gordon  
Angela Woolen  
Holly Logan-Arrington**COMMANDER  
**Col. Jeff King****HOW TO CONTACT US**

Robins Public Affairs  
620 Ninth Street,  
Bldg. 905  
Robins AFB, GA 31098  
478-926-2137  
Fax 478-926-9597

# SNAPSHOTS

Right, Robins Airman and Family Readiness Center employees fill goodie bags in recognition of Purple Up! For Military Kids April 15. April is Month of the Military Child, and center employees are giving the bags to military children throughout the month as a token of appreciation for their sacrifice and strength.



U.S. Air Force photo by MISUZU ALLEN

Below right, Get it straight from the horses mouth. The weather is heating up in Middle Georgia, so remember to stay hydrated when you're involved in outdoor activities.

Bottom left, Terry Home, 78th Force Support Squadron gym staff member, drags the fitness center ball field for the upcoming intramural softball season.



U.S. Air Force photo by RAY CRAYTON



U.S. Air Force photo by TOMMIE HORTON

# AFGHAN

Continued from A1

“Adding a fourth aircraft to the Afghan Air Force’s C-130 fleet has led to a significant increase in Afghanistan’s strategic airlift capabilities,” said Lt. Col. Michael Morales, 538th Air Expeditionary Advisory Squadron commander, with Train, Advise, Assist Command-Air.

TAAC-Air groups work to support NATO’s Resolute Support mission, which trains, advises and assists Afghan partners to develop a sustainable air force.

“The C-130’s night, all-weather airlift capability provides vital, rapid and agile support to Afghan National Defense Security Force counterinsurgency operations throughout the country,” he said.

Operational impact of the AAF’s C-130 fleet can already be felt with the addition of that fourth C-130, on which employees at Robins installed a new nose section and a new center wing box.

Cargo shipments increased by 249 percent; casualty evacuation movement up 276 percent; and passenger movements increased 142 percent from 2014 to 2015, according to Morales.

From its arrival last June to January of this year, that C-130H has flown over 100 flying hours with more than 80 sorties; supported over 150 medical evacuations; and assisted with flying more than 60,000 cargo pounds.

But as with any weapon system in the Defense Department inventory, ongoing maintenance and sustainment is critical in ensuring future needs will be met.

A Robins team plays a support role in further assisting with the ongoing needs of the four Afghan C-130s. That can include awarding and sustaining contracts to tech order responsibilities.

“Anything that an active duty C-130 unit would normally do, the contractor does that within their capabilities. We provide oversight for them to do that,” said Robert Burleigh,

Afghanistan Security Assistance program manager. “That mindset of a high density/low demand asset really comes into play. They fly them every day, and use them to fly troops in and around the country, as well as move their wounded around. The more they have available and the more crews they have trained to fly, the better off they are in fighting that war. In our program, it’s one day at a time, because something always changes.”

Bill Blunk, a logistician with the program office here, touched on the complex situation that crews face.

“This program is unique in that we have a very small number of assets. With four aircraft, our goal is to train the Afghans – but you’re doing it in a war zone,” he said. “Those same assets training air crews are also dropping off combat troops into hot zones.”

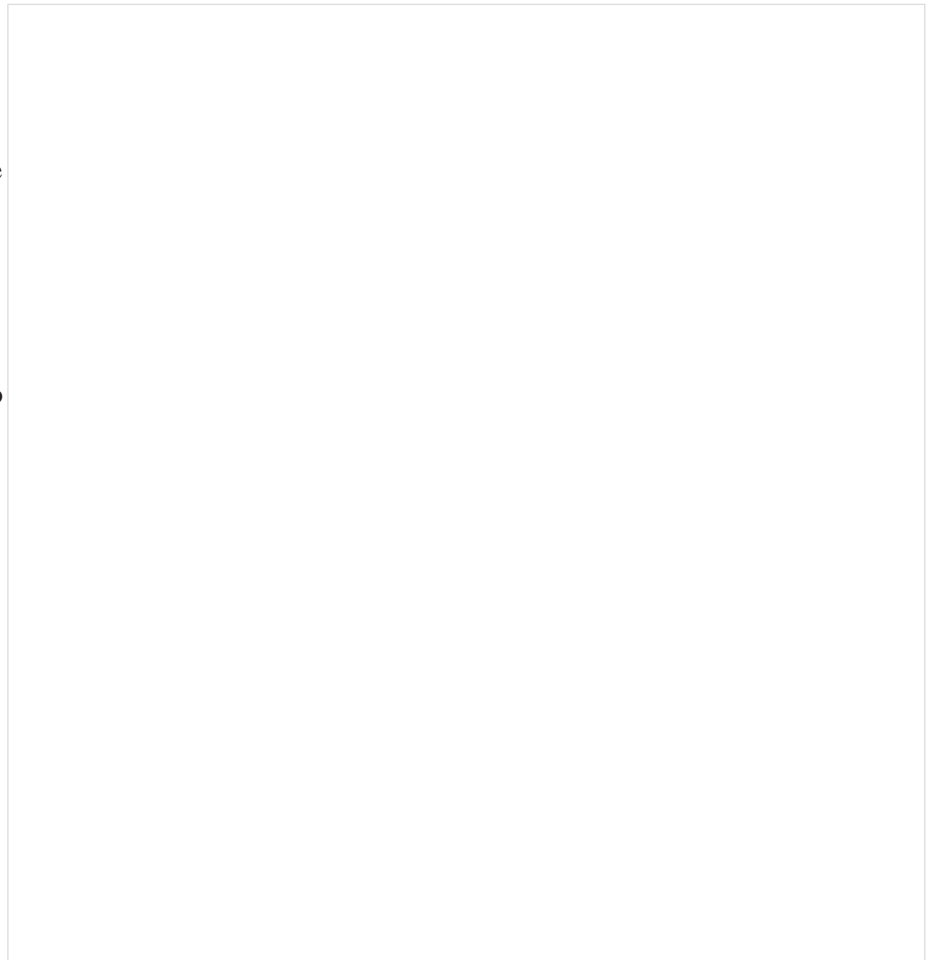
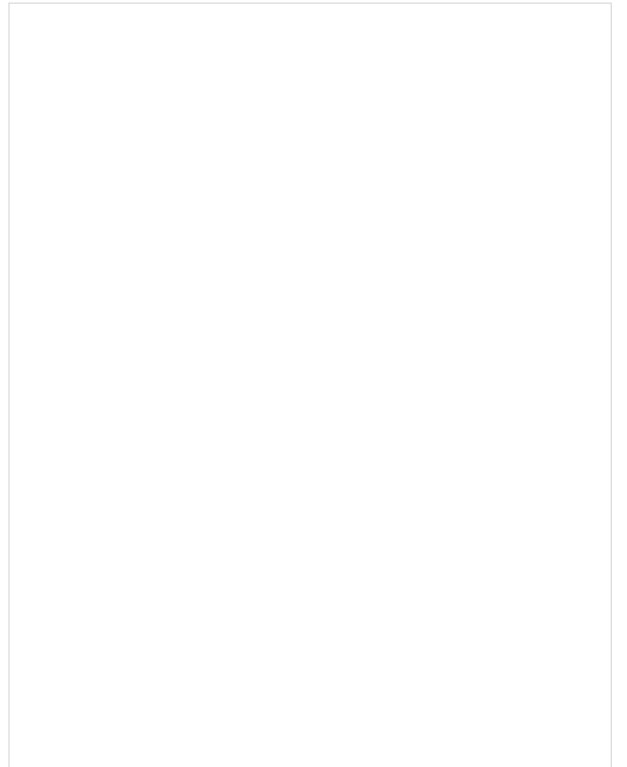
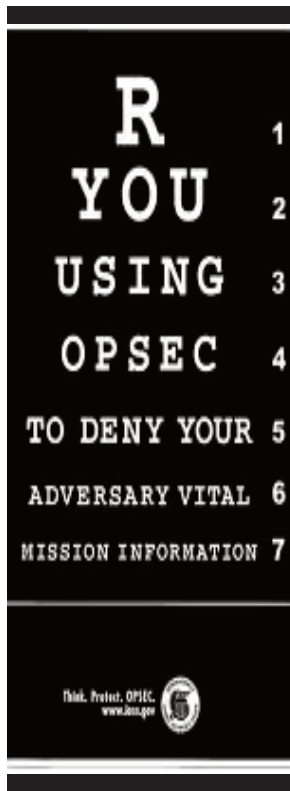
“We’re on the tail end of the logistics trail. Here in the states you can just pick up the phone and get a part. In Kabul, when you don’t have a part, you have to source it from the states, which can take a week or longer.”

Rob Townsend who works in the Robins program office, spends much of his time with his eyes and ears on the ground in Afghanistan – some nine and a half hours away.

Typical days for the aircraft include routine inspections and service to ensure its mission readiness. Its daily flying mission provides the AAF with airlift capability throughout the country, delivering troops and equipment to combat terrorism and support weapon systems throughout the country, according to Townsend.

Coordination is a must, he said, as facilities are few and far between, so support for both AAF training and flying missions is essential.

“TAAC-Air, the Robins Program Management Office and technicians continue to provide the AAF with a reliable medium airlift capability to support Afghan missions, even when faced with the challenges of environment and security,” he said. “The aircraft is vital to the mission – and displayed each time it breaks ground and returns home in Kabul.”



## SHOOTER

Continued from A1

In the beginning, the team brainstormed ideas and researched past events, narrowing down the problem scope given to them by AFRL with a technical means of addressing the active shooter problem.

“We determined there wasn’t any realistic potential to prevent these events from happening,” said Perrine, Air Force Network Centrics Solutions acquisitions chief. “We decided to focus on trying to mitigate the severity of the damage and loss of life when they do occur.”

Because fire alarms already automatically detect smoke, the thought was why not use that technology to develop sensors that can detect the sound of gunshots?

There can be a delay when calling 911, due to callers not knowing exactly where an active shooter is.

“Because we don’t have that automatic detection in a gunshot emergency, there’s a delay until someone calls 911,” said Gunderson, an F-15 systems engineer. “But what we realized with a system like this is that no matter what, it can help. It can assist first responders letting them know where the most recent shot was no matter what someone may say on the phone.”

Glowiak, a Special Operations Forces Personnel Recovery structural engineer, gave a description of how the system would work.

“You have the sensor tied into the fire alarm with microphones in the sen-

sor box. It picks up a short auditory signal, going through a microprocessor which filters out false positives,” said Glowiak.

“From there it relays the information to a fire alarm control panel, with the signal usually going over radio frequency to a fire or police station. They’re automatically notified of the exact building and room number,” he said.

“Another thing that happens simultaneously is the lock down alarm is sounded so everyone is aware and can take defensive measures,” said Horner, a Special Operations Forces weapons engineer.

Added Perrine, “We intentionally created a very simple system so it could be affordable and reliable.”

Assisting with developing the system’s signal processing was the Mercer Engineering Research Center. Testing was conducted at the Guardian Centers in Perry, and Muscatatuck Urban Training Center in Indiana.

Ongoing development on the system is taking place at the AFRL.

“This has been an amazing project,” said Horner. “Innovation can be simple. If you have a dedicated team working on a single goal, great things can happen.”

Gunderson agreed. “Don’t be afraid to bring up a good idea because you never know what it can spark and where it can go.”

**Editor’s Note:** To view a presentation about the team’s active shooter detection system, visit [www.dvidshub.net/video/452416/d3-innovation-summit-part-2](http://www.dvidshub.net/video/452416/d3-innovation-summit-part-2).

## WILSON

Continued from A1

On May 23, Wilson will be tried for the felony murder, arson and related charges that occurred on or about Oct. 2, 2011. The second court martial is set for June 6 which includes the alleged assault

between Wilson and the female technical sergeant, on or about July 20, 2012. The last court martial date has yet to be determined.

However, it will include charges related to the alleged premeditated murder of Ferguson, Wilson’s fiancée, and her unborn child on or about Aug. 29, 2013.

The first two charges carry felony convictions and the third a capital murder charge which could result in the death penalty.

It’s important to note that a charge is merely an accusation. Wilson is presumed innocent until and unless proven guilty beyond a reasonable doubt.



## Thought for the Day

"Quality is never an accident. It is always the result of intelligent effort."

— John Ruskin



## What's inside

HAWC class helps reach goal , B2

Alcohol use in women, B3

Base joins America's PrepareAthon!, B4

# Lighter Fare

THE ROBINS REV-UP ■ APRIL 22, 2016

THE PLACE TO LIVE, LEARN, WORK AND PLAY



Left, John Hyde, 78th Civil Engineer Group environmental community planner, and Esther Lee-Altman, Robins Installation Support Team, bag leaves as part of the Bryant Cemetery cleanup Wednesday.

Below left, Airman 1st Class James Harris, 116th Aviation resource management, picks up trash during the Scout and Luna Lakes clean-up day, April 15.

## CONSERVE TODAY, SAVE TOMORROW

### Robins gives back during Earth Day-related activities

BY ANGELA WOOLEN  
angela.woolen.ctr@us.af.mil

**R**obins has long been a steward of the environment encouraging conservation through annual cleanups, recycling drives and various educational activities.

One of the base's environmental claims to fame is its designation as a Tree City USA for the past 23 years.

Looking around the parade field, trees of all sizes attest to the dedication of that title.

This year a Flowering Dogwood, *Cornus florida*, was planted in recognition of someone who has spent 16 years dedicating herself to the 78th Environmental Management Branch.

Krista Mott, branch geographical information systems specialist, was humbled by the tribute.

"I was very surprised but honored," she said.

Mott was instrumental in organizing many Arbor Day and Earth Day activities in the past.

"She is a genuine tree hugger," said Craig Henry, Air Force Civil

Engineer Center program manager.

In past years, Mott has taken part in bird watching, lake cleanups and team canoe trips.

About two dozen people attended the ceremony at the parade field.

Wendy Burnett, Georgia Forestry Commission public relations director, presented the award to the base to recognize the efforts of those who have taken pride in making sure the trees, not only at the dedication grounds, were well taken care of.

To celebrate both Arbor Day and Earth Day, the ceremony concluded with the planting of the tree.

Mott grabbed a shovel, filled it with dirt and threw the dirt on the tree which will bear her name.

"I've worked in environmental management since 2000," she said. "We were the stewards of the environment, so planting a tree symbolizes everything I worked for."

As part of the Earth Day theme, Team Robins members also recently left their work areas to help clean up the local environment.

The tasks included two local cemetery cleanups as well as Scout and Duck lakes.



U.S. Air Force photos by MISUZU ALLEN AND TOMMIE HORTON  
Jacob Tuttle 78th Civil Engineering Group natural and cultural resources program manager, helps Krista Mott, 78th CEG Geographic Information System specialist, plant the Flowering Dogwood dedicated in her honor Wednesday during the Arbor Day Ceremony.

### UPCOMING EVENTS

► **E-Cycling: Monday from 9 a.m. to 1 p.m. at Bldg. 987.** Bring your old computers and other approved electronics to be recycled. For a full list of accepted items, visit the Earth Day SharePoint site. Non-government items only. For details, contact Casey Lucas, DSN 497-9283, or Darryl Mercer, DSN 497-3976.

► **Earth Day 5K: April 29.** Registration begins at 7 a.m. Race begins at 8 a.m. The Inaugural Earth Day 5K Fun Run will take place at the base 5K Jogging Trail. Prizes will be awarded for 1st, 2nd and 3rd fastest times in the men's and women's divisions. Sign-up will be held the day of the race at the start of the 5K Jogging Trail. For more info, contact John Hyde, DSN 497-4170.



Jacob Tuttle, 78th CEG Natural Cultural Resource manager (left) and Darquelle Gooch, Georgia Southern University Biology pre-medical student, clean up the bank of Scout Lake.



Above, Senior Airman Will Jenkins, 116th Air Control Wing Maintenance Squadron, helps with the Bryant Cemetery cleanup.



## A BETTER YOU

# GETTING WITH THE PROGRAM

Robins program analyst near weight loss goal thanks to HAWC class

BY HOLLY LOGAN-ARRINGTON  
holly.logan-arrington@us.af.mil

Like most people, Timothy Keister doesn't like to admit he made a New Year's resolution.

But, this year is different.

The self-described Air Force brat who is a program analyst in the 448th Supply Chain Management Wing, committed to losing 25 pounds by year's end, and not even halfway through 2016, he's only 9 pounds from his goal.

What's his secret?

Keister armed himself with healthy living skills he learned in the Health and Wellness Center's "Better Body Better Life" class.

The class is designed to give participants the tools to create a healthier lifestyle, in the hopes that they'll use those tools for the rest of their lives.

"My No. 1 goal was to lose weight," he said. "I also wanted to lower my blood pressure and cholesterol."

The 54-year-old credits his success to the help he has received from class instructor and HAWC Registered Dietitian Nutritionist Marita Radloff.

"With Marita's help, I did pretty well," he said. "I lost 16 pounds; I started at 186 and ended at 170, lowered my body fat 5 percent, and lost 4 inches off my waist."

Keister also lowered his cholesterol from 300 to 180.

"My cholesterol hasn't been below 200 in over 20 years even taking medication," he said. "It's true what the experts say; healthy eating and exercising can lower your cholesterol level. Oh, my blood pressure dropped as well. I'm going back to my doctor to see if I can lower or stop taking my blood pressure meds."

Keister said the biggest impact was how and what he ate.

"It was a huge lifestyle change, eating more vegetables and fruits, along

### WHAT TO KNOW

The Health and Wellness Center's "Better Body Better Life" class is a 12-week program that meets three times weekly. It's designed to educate participants on physical activity and a variety of nutrition topics to promote optimal weight loss.

The program provides both an educational and hands-on approach to weight loss which includes one day a week of in-class instruction and two days a week of physical activity.

For more information on the class or other HAWC classes, call 478-327-8480 or visit the HAWC in Bldg. 827.

with drinking a homemade smoothie each day either for breakfast or lunch," he said. "I learned it's OK to have a cheat day when I eat what I want without feeling guilty. That was a big change from how I used to feel. The weight loss and increased health aren't bad either."

Radloff said Keister exemplifies the saying, 'you get what you put into it.'

"Even when he was slammed at work and had things going on in his life, he still made the commitment to come to the workouts and log his food so I would be holding him accountable in his choices," she said.

"He had goals coming into the program, and kept those goals in front of him like a carrot the entire 12 weeks, never giving up on the idea that he could accomplish his goal of losing 25 pounds in 2016."

Radloff said Better Body, Better Life is all about finding the best version of yourself, and she's proud that Keister is well on his way to doing that.

Keister has already begun the Advanced BBL class in his pursuit to shed the remaining pounds standing between him and his goal.



U.S. Air Force photo by MISUZU ALLEN

Timothy Keister, a 448th Supply Chain Management Wing Unit Control Center program analyst, participates in Health and Wellness Center's "Better Body Better Life" class April 14. He credits the class and what he's learned with helping him lose 16 pounds.

## MDG working to mitigate staffing shortage effects, asks for patients' help

The 78th Medical Group is committed to providing the safest and highest quality care to Team Robins.

From now through July, the 78th MDG will experience a shortage of providers. This shortage could impact your care if you're currently assigned to a provider in the Family Health Clinic.

To mitigate staffing shortages, the group has implemented several short-term actions.

Family Health has implemented two teams to cover the care of the current three medical teams. Your care will be covered primarily by one of these two teams during this timeframe.

This will not impact most members who visit the clinic. However, non-active duty patients assigned to Family Health may occasionally be directed to Urgent

Care for acute appointments.

Additionally, the 78th MDG is temporarily closing new patient enrollments for retirees and their family members. The group anticipates reopening full enrollment in June. In the interim, the medical group is actively working to expedite hires to overcome staffing shortfalls.

### Is there something you can do to help?

Appointments are a treasured commodity during staffing shortages. The most helpful thing a patient can do to aid the community is cancel appointments they won't be using as soon as possible.

By doing that, it frees up an appointment that can be used for another patient.

If you know you're going to miss an appointment, call the appointment line at 478-327-7850 within two hours of the scheduled time. That saves about \$363 in off-base referral costs when patients and airmen need to be seen at the 78th MDG.

We apologize for any inconveniences and appreciate your patience.

These temporary measures are the best way to achieve our goal of continuing to provide safe and quality care.

Please note, this does not impact Flight Medicine, Women's Health or Pediatrics.

**Editor's note:** For more information, call DSN 497-8475 or 478-327-8475.

# Alcohol use in women: Is it time to rethink having a drink?

LT. COL. MELISSA SMITH  
78th MDOS Mental Health Flight commander

The repeal of alcohol prohibition on Dec. 5, 1933, ended almost a decade and a half of failure by the temperance movement to end America's "1920's drunkenness problem."

Despite years of effort to curb alcohol use in America, the National Institutes of Health confirm only 35 percent of Americans don't drink alcohol.

While no amount of alcohol is safe, for those who do drink, education about how to best manage alcohol consumption is a more realistic option. Men and women differ in the amount alcohol they're able to consume due to body size, body composition, and genetic differences between genders.

In general, drinking alcohol is more risky for a women's health because alcohol is slower to be eliminated from their body.

Women lack components of the enzyme alcohol dehydrogenase necessary to breakdown alcohol in their stomachs, resulting in a higher alcohol level for liver to process out of the body.

For women the resulting higher alcohol level increases the risk of liver damage, increases a women's susceptibility to heart disease, and has been shown to increase the risk of breast cancer by 10 percent for every drink they have per day.

Additionally, sharing any amount alcohol with an unborn child during pregnancy could affect brain development and lead to learning and behavioral problems.

Higher levels of alcohol circulating in the blood impair coordination increasing the risk of falls,



**If you decide to drink, have a plan and a designated driver. If that plan falls through, call Airmen Against Drunk Driving at DSN 472- 0013 or 478-222-0013 for a ride if your plan fails.**

affecting emotions and impairing thinking. For women, drinking as little as one alcohol drink – two drinks for men – can be too much for driving a car. It can also be too much for women who are prescribed medications that interact with alcohol such as Ambien or Lunesta.

Most people have their own opinion what constitutes a drink of alcohol and are surprised to learn that a single drink is considered to contain 0.6 ounces or 14 grams of "pure" alcohol. Since alcohol content varies with the type of alcohol consumed, so does the fluid amount comprising a single drink.

For example, A 12-ounce can of regular beer (not malt liquor), a 5-ounce glass of table wine, and a drink containing a 1.5-ounce shot of 80-proof whiskey, gin, rum, vodka, or tequila are all considered

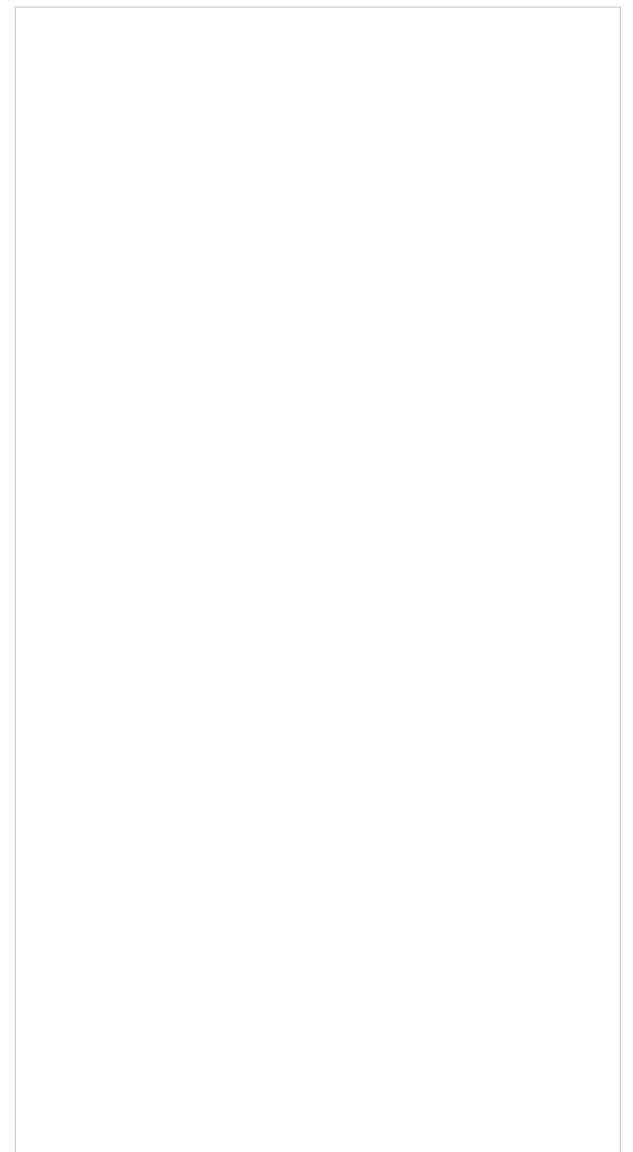
one drink according the NIH.

Similarly, drinking a standard 750-mililiter bottle of wine is considered to be equal to five drinks. A fifth of hard liquor, also 750ml, is equivalent to consuming 17 alcohol drinks.

So what level of alcohol is safe to consume? The answer is that even low-risk drinking doesn't mean no risk.

It's best for women, not to exceed three standard drinks on any day or seven drinks per week. Ultimately the decision to drink alcohol is a decision only you can determine.

**Editor's note:** *If you choose to drink, don't surpass standard limits and don't drink and drive. Have a plan and a designated driver and call Airmen Against Drunk Driving at 478-222-0013 for a ride if your plan fails.*



## GETTING TO KNOW YOU



U.S. Air Force photo illustration by CLAUDE LAZZARA

**UNIT:** 78th Force Support Squadron**JOB TITLE:** Chief, Career Development**TIME IN SERVICE:** 33 years**HOMETOWN:** Livingston, Texas**What does your work involve at Robins?** "Providing personnel support at Robins, specifically officer promotions."**What do you enjoy most about your work?** "Helping our troops. To see the look on their faces when they walk out of our offices knowing that whatever problem they had, we took care of it for them to their satisfaction."**How does your work contribute to the Robins mission?** "Providing support for our active duty members and taking care of their personnel needs allows them to maintain their mission readiness and do their jobs without worry or concern."**What prompted your interest in your current career field?** "I was able to continue what I was doing when I was on active duty. Serving the needs and providing support for the active duty member and my country."**Who has been the biggest influence in your life?** "My grandfather. He was the one to teach me to always give it your best and do the job right – not 100 percent but 200 percent."**What is the best advice you've learned?** "To always give any job you do your best, never less than that, and never settle for anything less than your best."**What is an accomplishment you are most proud of?** "My 33 years of federal service and hopefully the fact that I am not done and that I will be able to do more."AMERICA'S  
*PrepareAthon!*

Be Smart. Take Part. Prepare.



## Robins readies for emergencies

BY RANDY RAY  
778th CES/CEXM Operations

April 30 is America's PrepareAthon! National Day of Action – a grass-roots campaign for action to get families, organizations and whole communities better prepared for emergencies.

The campaign offers easy-to-use guides, checklists and resources to help individuals prepare for natural hazards and to take action, including downloading alerts and warnings, holding a drill or safeguarding critical documents.

You can get more information at: <https://community.fema.gov>.

In support of the event, the 778th Civil Engineering Squadron Emergency Management Flight is hosting an America's Prepareathon event at the Base Exchange April 29 from 10 a.m. to 2 p.m.

We'll be providing emergency pamphlets and helping folks develop family emergency plans.

So come out and let us help your family get prepared!

## WANT TO KNOW MORE?

**What is America's PrepareAthon!?**

America's PrepareAthon! is a national community-based campaign for action to increase emergency preparedness and resilience through hazard-specific drills, group discussions and exercises. Held every spring and fall, America's PrepareAthon! encourages Americans across the country to practice preparedness actions before a disaster or emergency strikes.

**What is the goal of America's PrepareAthon!?**

The goal is simple: Build a more resilient nation by increasing the number of individuals who understand which disasters could happen in their community, know what to do to be safe and mitigate damage, take action to increase their preparedness and participate in community resilience planning.

**For what kinds of disasters will America's PrepareAthon! help me be ready for?**

In the spring, the focus will be on learning protective actions, mitigation measures and community plans for tornadoes, hurricanes, floods and wildfires. In the fall, the emphasis will be on earthquakes, hazardous materials, pandemic flu, and severe winter weather. Resources to prepare for additional hazards will be added to the America's PrepareAthon! campaign in the future.

– Courtesy FEMA.gov



Want to hear a bright idea?

# Conserve Energy



**U.S. AIR FORCE**  
**EagleEyes**

**WATCH.REPORT.PROTECT.**

**REPORT  
 SUSPICIOUS ACTIVITY  
 TO 468-EYES**

# HAPPENINGS/SERVICES

FRI SAT SUN MON TUE WED THUR  
**22 23 24 25 26 27 28**

**Boss-N-Buddy and BFF's Night**

Today  
 4 to 7 p.m.  
 Heritage Club Lounge  
 For details, call DSN 468-2670.

**Thunder Alley**

Today  
 9 to 11 p.m.  
 Bowling Center  
 12 years and younger \$5;  
 13 and older \$10  
 For details, call DSN 468-2112.

**Sunday Funday is back**

Sunday  
 4 to 8 p.m.  
 Bowling Center  
 For details, call DSN 468-2112.

**Membership Dinner**

Monday  
 5:30 to 7 p.m. Heritage Club Ballroom  
 Members only

For details, call DSN 468-2670.

**Power Punch Boxing Class**

Tuesday and Thursday  
 10 a.m.  
 Fitness Center  
 For details, call DSN 468-5805.

**Youth Center Summer Camp**

Parents may now submit requests for summer care. Stop by the Youth Center to complete a request form by April 29. A lottery drawing will be conducted May 6 for open slots. For details, call DSN 497-6834 or 478-327-6834.

**Job Fair**

May 17  
 10 a.m. to 2 p.m.  
 Heritage Club Ballroom  
 All Team Robins members  
 For details, call 478-926-6559.

## Airman & Family Readiness Center Classes, workshops & seminars

► **Transition Goals, Plan, Success (GPS) Workshop\*** – May 2 through 6, from 8 a.m. to 4:30 p.m.

► **Military Spouse Appreciation Day** – May 6, from 7:30 a.m. to 4:30 p.m.

► **Pre-Separation Briefing (retirees)\*** – May 10 and 24 from 8 a.m. to noon. (**separates**)\* – May 17 and 31 from 8 a.m. to noon.

► **Writing A Winning Resume** – May 11 from 9 to 11 a.m.

► **Career Technical Training Track\*** – May 11 and 12, from 8 a.m. to 4 p.m. in Bldg. 905.

► **Entrepreneur Training Track\*** – May 12 and 13 from 9 a.m. to 4 p.m.

► **First Term Airman Course: Finances\*** – May 17 from 7:30 a.m. to noon.

► **Passport to Parenthood** – May 17 from 8:30 a.m. to noon at the HAWC. Call 478-327-8398 to register.

► **Right Start\*** – May 18 from 8 a.m. to 12:30 p.m.

► **VA Benefits Briefing\*** – May 18 from 8 a.m. to 3 p.m. in Bldg. 905.

► **Key Leaders' Orientation** – May 19, from 7:30 to 11 a.m.

► **Heart Link** – May 20 from 8:30

a.m. to 2:30 p.m.

► **Educational Track\*** – May 26 and 27 from 8 a.m. to 4 p.m. Call Ron Smith at 478-327-3410 to register.

► **DAV Medical Records Review** – Appointments only. Call DSN 472-4146.

► **Department of Labor** – Wednesdays from 8 a.m. to 4:30 p.m.

► **Military and Family Life Counseling** – Mondays through Fridays from 8 a.m. to 8 p.m.

► **PreDeployment Briefings\*** – Tuesdays and Thursdays from 1 to 2 p.m.

► **Survivor's Benefit Plan** – Mondays through Fridays, appointments only from 7:30 a.m. to 4 p.m.

► **Capstone** – appointments can be made Thursday afternoons at 1, 2 or 3 p.m.

*Editor's Note: All classes require pre-registration. For more information, call DSN 468-1256, commercial 478-926-1256, or visit Bldg. 794 Mondays through Fridays from 7:30 a.m. to 4:30 p.m.*

*\*Denotes military spouses welcome.*



*Positive workplace relationships  
enable everyone to perform  
at their very best*