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# ROBINS REV-UP

'Team Robins - Performing to Our Potential'

'Making Tomorrow Better than Today'

September 18, 2015 Vol. 60 No. 37

## SUCCESS – it's all about relationships



U.S. Air Force photo by Tommie Horton

Phillip Smith, 559th Aircraft Maintenance Group sheet metal mechanic, works on a C-17 Globemaster III at Warner Robins Air Logistics Complex. The last of 76 of these aircraft modified with a missile threat detection and countermeasures system here departed Sept. 11.

BY JENNY GORDON

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The final C-17 Globemaster III modified with a missile threat detection and countermeasures system at Robins departed Sept. 11.

This latest endeavor closes out another successful chapter in the business of aircraft maintenance and modification at the Warner Robins Air Logistics Complex.

For the last three years, 76 C-17s have arrived at the WR-ALC modified with a large aircraft infrared countermeasures system, or LAIRCM.

The program was the result of two squadrons – the 559th and 562nd Aircraft Maintenance Squadrons - collaborating to form a relationship that has not only reduced cost and improved quality on the line, but also resulted in a 93 percent on-time delivery rate to its customers over that time period.

"The success of the C-17 LAIRCM modification line was due to the positive, can-do mindset of the artisans in both the 559th AMXS and 562nd AMXS that partnered together to implement the processes outlined in the Air Force Sustainment Center's Art of the Possible," said Michael A. Doubleday, 562nd AMXS director.

Though this program has ended, another will take its place this fall, ushering in another era for LAIRCM work to continue here.

Teams will tackle a new project when the 559th AMXS assists the 560th AMXS, with installing LAIRCM on C-130Js from the Navy.

"We look forward to partnering with the 559th as we take on this new workload for Robins," said Jim Russell, 560th AMXS direc-

► see SUCCESS, A6

Behind the scenes in WWII

## TWO MEN RECALL THE WAR AWAY FROM THE FRONT LINES

BY ANGELA WOOLEN

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Although he never saw combat in World War II, Arthur Lee Adams Jr., affectionately known as Red, saw the result.

Adams was a student at the University of Georgia when his father bought him two mules and gave him a small piece of land in Webster County, Georgia, so he wouldn't be eligible to be drafted. After a year of farming, Adams decided he was ready to be in the military and went to talk to the Army Air Corps draft board.

He spent 60 days in basic training in Miami before being shipped to Hendricks Field in Sebring, Florida.

"All we did was pick up cigarette butts and lay in the sun," Adams said of his training days. The field was mostly used as B-17 pilot and co-pilot training. Since Adams was neither, he spent a long time waiting.

After a double hernia surgery, Adams was sent to Laredo, Texas,



Adams

He was in Walla Walla, Washington when the war ended. "About the time we finished training, the war was over," Adams said.

Although Adams couldn't remember the exact amount, he was impressed by the re-enlistment bonus to stay in. Enough so, that he re-enlisted and was sent to Japan. During a 60-day furlough, he met a woman who would 13-days later become his wife.

While he was in Japan, he kept the 50-caliber machine guns cleaned and the ends taped up with masking tape on A-26 aircraft.

"I flew over Nagasaki, the second (atomic) bombing sight. They

had cleaned it up, but you could tell there was nothing there," Adams said. He was in Japan for a little under a year, and after he was sent home, he worked as a rural mail carrier.

William Thames, whose name is pronounced like the river in England, started working as an apprentice carpenter at age 15. Two years later, in 1944, Thames joined the U.S. Navy.

Ironically, he was stationed at the U.S. Naval Training Center in Bainbridge, Maryland, which his father helped build as a carpenter. Halfway through his training, he was shipped to Rhode Island where he was attached to a Marine Corp unit.

"We worked on liberty ships," Thames said.

His unit, the 37th Special Construction Battalion, was sent to California by train. For what seemed like an eternity, Thames outfitted ships with white pine board. He soon asked an officer when he might see some action.

► see WAR, A2



U.S. Air Force photo by TOMMIE HORTON

Staff Sgt. Javaris Warthen, 78th Medical Group physical therapy craftsman conducts manual physical therapy with Master Sgt. Jessica Rivera.

## Med Group adopts new way of doing business

BY JENNY GORDON

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The 78th Medical Group has implemented a style of communication and accountability that has proven successful across the 402nd Aircraft Maintenance Group's production lines.

Known as tier briefings, the communication tool is beginning to gain traction throughout the 78th MDG - particularly in the 78th Medical Operations Squadron's family medicine, pediatrics and women's health, mental health and physical therapy areas.

► see BUSINESS, A3

FRIDAY FLYBY: **Happy 68th birthday U.S. Air Force, Page A4**

### Robins Parkway Extension construction to begin soon

A paving construction project which will mill the asphalt, apply geotextile fabric, and repave Robins Parkway from First Street to Gate 127-48, the parking lot on the east side of the Robins Parkway Extension, and a portion of Eagle Street will begin Oct. 6.

The project will be completed in two phases.

Phase 1 will consist of Robins Parkway extension from First Street to the intersection of Eagle Street. Phase 2 will consist of the remainder of Robins Parkway Extension, Eagle Street and the parking lot east of Robins Parkway Extension.

Work on Phase 2 will not begin until Phase 1 is complete. The parking lot east of Robins Parkway Extension will be kept accessible and open to the greatest

extent possible to minimize the adverse effects of closing about 167 parking spaces. Each phase will be partially or fully closed for roughly 45 days. A detour plan has been established to minimize the impact to the facilities and work areas that will be affected.

The work duration is tentative and could be affected by weather or other unforeseen conditions.

The estimated completion date is Dec. 1. The schedule is tentative and inclement weather and unforeseen conditions can delay the project.

For more information, contact Ricky Davis at 478-319-6714 or Lori Simmons at 478-327-3977.

Weekend  
Weather

Friday  
87/64



Saturday  
89/64



Sunday  
92/67



"Be resilient – when life knocks you down, get back up."



# SECOND FRONT

## WAR

Continued from 1A

“He said, ‘you’ll see something in a few days,’” Thames remembers. And a few days later, 1,500 Marines and 1,500 Seabees were on a ship to Hawaii.

On the second night out, around 1:30 in the morning, the whistle blew signaling to the men that they were to abandon ship.

The engines were turned off and the ship sat idle. The ship had been spotted by a submarine but the enemy obviously determined there was nothing there and continued on its way.

Thames said he still gets nightmares about that run-in with the enemy sub. He woke up one night yelling that he didn’t want to go into the water.

They arrived in Pearl Harbor the next day and Thames was stationed on Red Hill. He loaded and unloaded ships for a week.

“We were making hand grenades out of dynamite, with nails wrapped around it,” he said.

After that, Thames started making Bangalore torpedoes. His hearing was damaged after one exploded too close to him.

The U.S. dropped the atomic bomb shortly after Thames’ accident, and the war ended shortly after.

Thames, now 88, married Doris Youngblood and the pair have been married for 63 years.

Doris had two older brothers who served in the Army during World War II.

“I remember being afraid every time they talked about it,” she said.

Both husband and wife remember German POWs being held at a camp nearby. William



**Thames**



**Thames served in the Navy during World War II.**

Thames said he used to ride past the men picking peanuts and peaches.

According to the New Georgia Encyclopedia, there were POW camps at Fort Oglethorpe, Fort Benning, Camp Wheeler, Camp Stewart and Fort Gordon along with other smaller satellite installations in the state.

William Thames recalled hearing of a POW talk about his work at the prison camp.

“The prisoner said, ‘Hitler said we were going to march on the U.S. I didn’t think we’d be marching to pick peanuts.’”

**Editor’s Note:** *This article is part three in a four-part series.*

## THERE IS HOPE

Help and support are just a phone call away

**It’s normal to occasionally feel “down.” Many people who suffer from depression, however, regularly struggle with prolonged feelings of sadness, discouragement, and worthlessness—even if they appear on the surface to be functioning normally. The good news is that your Employee Assistance Program (EAP) offers many effective ways to get you the help you need for treating depression. If you think you might be depressed, or are feeling down for any reason, give us a call.**

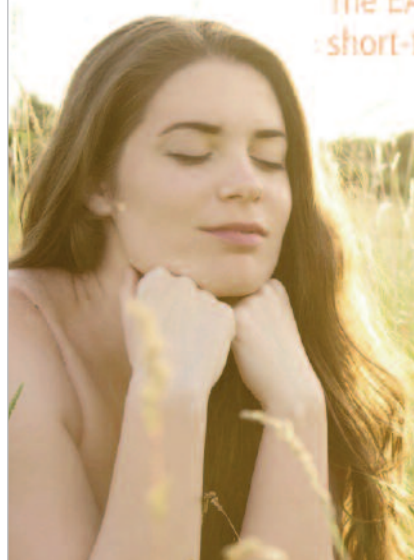
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## BiRD changes

Effective Monday, the Macon / Bibb Transit Authority (MTA) has revised the current BiRD route by updating time changes for the Robins Air Force Base employees who ride BiRD to and from the base every day.



The Route 7 BiRD feeder route and the Ferguson Park bus stop will no longer be available.

The Route 10 Warner Robins BiRD schedule will be reduced from three to two buses and will be making 90-minute round trips. There will be no changes in the on-base route and specific start and stop times cannot be given due to current and future on base construction projects.

For updated schedules please visit our website [www.mta-mac.com](http://www.mta-mac.com) or our Dispatch office in the Transfer Station located at 200 Cherry Street, Macon GA. 31201.

## Bldg. 180 Construction

A construction project in Bldg. 180 has begun.

The project will include construction of a pre-paint sanding room; installing ventilation for a spray booth; building an equipment locker room; relocating a bridge crane; and replacing paint booths to improve the efficiency of the stripping and painting process.

During construction, there will be a fenced off laydown yard in the west portion of the grassy area in front of Bldg. 180. The laydown entrance will be at the southeast corner of the grassy area.

Civil engineering is coordinating with organizations which will be impacted. The estimated completion date is June 23, 2016. Construction dates will be advertised in the Robins Rev-Up, on the Splash page and construction page. Signage will be posted near the parking lot.

For more information, call Pete Peng at 468-8847 or Lorrie Simmons, at 497-3977.



## Energy competition

The Energy Office is offering base organizations a chance to enter into a friendly competition by sharing good news energy stories.

The competition is intended to highlight organizational energy and water conservation achievements.

All base mission partners and organizations at any level are eligible to compete.

Submissions should describe in detail an organization’s good news energy conservation or energy awareness story and how their efforts are positively influencing employee culture and aiding in wise management of energy resources.

Nominations should cover activities during the period Oct. 1, 2014, through Sept. 30.

For full rules and regulations visit the Robins homepage at [www.robins.af.mil](http://www.robins.af.mil).

## Job Fairs

Team Robins will host two job fairs Oct. 2.

A civilian career fair will be in the Heritage Club Ballroom from 10 a.m. to 2 p.m.

The event is open to people with base access only.

All Team Robins members and eligible family members may attend.

Bring resumes and come dressed to interview.

A military career fair will be at the Horizon Event Center from 10 a.m. to 2 p.m. It is open to base-access personnel only.

Forty-five to 60 employers are expected to attend.

## Retiree Appreciation Day

Robins’ annual Military Retiree Appreciation Day is slated for Oct. 3.

The day-long event will kick off with a pay-as-you-go breakfast for retirees at the Wynn Dining Facility from 6:30 to 8 a.m. Registration begins at 8 a.m. with opening ceremonies beginning in the Heritage Club Ballroom at 9 a.m.

Military retirees and active-duty service members, Guardsmen and Reservists nearing retirement are invited to attend.

For more information, email the Retiree Activities Office at [robins.roa@gmail.com](mailto:robins.roa@gmail.com) or call 478-284-9879.



## BUSINESS

Continued from A1

Instead of keeping track of aircraft programmed depot maintenance performance (flow days and aircraft on station), medical squadrons keep track of and measure their own metrics in order to ensure patient care is the clinic's top priority.

Driven by several events earlier this year, including a lean event to further identify and plan continuous process improvements, after observing tier briefings outlining production issues in the 561st Aircraft Maintenance Squadron, it was decided this was a process that medical squadrons could use to track their own processes.

"It was the perfect solution," said Lt. Col. Jennifer Trinkle, 78th MDOS commander. "On speed and quality, that goes right back to Art of the Possible with people, processes and resources. We really embraced CPI in the 78th MDG."

"Tier briefs help because everyone knows what is happening. It sets the beginning of the day," she said. "I have a better idea now of the workload and what is going on in the squadrons, and I can help mitigate constraints on a daily basis."

In the squadron's Physical Therapy flight, although a small office with a handful of technicians and a physical therapist, daily tier briefs discuss administrative details, patient appointments and productivity concerns, giving everyone face time to address current issues.

"It's a chance for us to talk about patients who

may be having issues who we need to keep eyes on and to share information," said Maj. Lee Warlick, flight commander. "It's a time for everyone to speak."

After standing up tier briefings, within 30 days there were results. For example, with a limited staff, one identified constraint was not having someone available to check in patients. Now patients check in with pediatrics downstairs before heading upstairs for physical therapy.

Tier briefings have allowed the flight to keep track and better handle patient cases that miss appointments, which led to an aggressive no-show policy. Squadron commanders are now notified when one of their active duty members does not show up for an appointment. As a result, patient cancellation rates dropped from 6 to 2 percent.

Dependent appointments are also tracked with a reminder system that places calls to patients to remind them of upcoming appointments. This system further reduced no-show rates.

With patient safety a key factor, tier briefings have also kept track of patient scheduling, allowing staff to fill appointment times far enough in advance based on patient needs.

In another example, in mental health, tier briefings have further helped staff follow high-risk patients, making sure they receive the best care possible while at Robins.

The process is slowly spreading. In the dental clinic, while still in the early stages, morning huddles are conducted the

old-fashioned way where issues of the day are discussed, according to Lt. Col. Rene Saenz, 78th DS commander.

However, since visiting aircraft production briefings, their huddles are now based on patient safety, quality and accountability. A GEMBA white board will transition efforts, and a team coordinator (dental assistant) helps keep teams on time and more productive.

After visits to various squadrons which have adopted tier meetings to meet their own needs, Trinkle meets weekly at the group level to further communicate issues and problems that need to be solved.

Visual tier boards also allow anyone at any time to see what's going on in another flight.

"It's a good communication tool and keeps you headed in the right direction," she said.

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## AROUND THE AIR FORCE

## Obama discusses national security at Worldwide Troop Talk

BY AMAANI LYLE

DoD News

**FORT MEADE, Md. (AFNS)** – President Barack Obama addressed several national security topics during his live multimedia Worldwide Troop Talk Sept. 11.

The president's discussion ranged from Russia's effect on the Islamic State of Iraq and the Levant in the Middle East to the future of U.S. cyber efforts. It took place at the Defense Media Activity's television studio.

"Here at Fort Meade, we do some of the most important work in helping to coordinate our efforts to make sure that we are bringing to bear all elements of American power against those who would try to do us harm here in the homeland or overseas" he told the military audience in the studio.

In addition to answering questions from troops in the studio, Obama answered questions and addressed issues brought up by service members who spoke over teleconference lines or submitted them through social media channels.

**'An incredible job'**

"We've done an incredible job in going after and systematically dismantling the core al-Qaida network that was operating primarily in the Fatah region between Afghanistan and Pakistan," Obama said responding to a question from a deployed service member about the situation in Syria.



Department of Defense photo

**President Barack Obama answers questions from service members while hosting a worldwide troop talk from Fort Meade, Md., on the 14th anniversary of the 9/11 attacks.**

Radical violent extremism, Obama said, has metastasized and spread to other areas. He said that ISIL has now settled in Syria as ground zero for violence, which he said calls for U.S. presence and air domination.

"We are pounding [ISIL] every single day," Obama said. "Our airmen are doing extraordinary work with the support of all the other service branches, and we're providing training, assistance and support to the Iraqi security forces on the ground, as they continue to push back

ISIL from the territory that they have taken."

**Leverage air power**

Obama explained that the United States' strategy has consistently been to leverage air power to support the Iraqi security forces' ground efforts and, where when possible, the efforts of opposition groups inside Syria to push back ISIL.

Those push-back efforts, he said, include thwarting their financing, networks, supplies and infrastructure.

However, Obama lamented that Syrian President Bashar al-Assad has brought such destruction upon his people and cities, and created sectarian conflict between Shia and Sunni populations inside Syria, so the country has become "a magnet for jihadists throughout the region."

The president also said if Assad remains in place, he will have alienated so much of the Syrian population that a peaceful ceasefire and political settlement will not be possible.

"You'll continue to have this vacuum that's filled by extremists," he said.

According to the president, the good news is that Russia and the U.S. share concerns about countering violent extremism and concur that ISIL remains a danger.

To read the full story, visit <http://www.af.mil/News/ArticleDisplay/tabid/223/Article/616994/obama-discusses-national-security-during-worldwide-troop-talk.aspx>.

## In Other News

**NCO retraining application window open through Oct. 9**

**JOINT BASE SAN ANTONIO-RANDOLPH, TEXAS (AFNS)** – Eligible NCOs have until Oct. 9 to apply for retraining under phase one of the fiscal 2016 NCO Retraining Program, implemented Aug. 31.

The two-phase program is used to balance and sustain the enlisted force, said Master Sgt. Christine Ward, Air Force Personnel Center Enlisted Skills Management Branch superintendent.

Phase one allows eligible Airmen to volunteer for another career field.

During Phase one, Ward said that hundreds of eligible staff sergeant-selects through master sergeants in identified fields will be able to voluntarily apply for retraining into one of about 24 open fields this year.

The list is available in the myPers enlisted retraining advisory, and is updated in real time. It also identifies fields people can train in and out of.

**This week in Air Force History**

On September 14, 1951, Capt. John Walmsley, Jr., lost his life illuminating an enemy supply train while piloting a searchlight-equipped B-26 Invader in Korea. After stopping the train with bombs, Walmsley repeatedly passed over it to guide other aircraft to the target. His actions earned him the Medal of Honor.

**CSAF sees cyber, ISR as future major command**

**JOINT BASE SAN ANTONIO-LACKLAND, TEXAS (AFNS)** – Air Force Chief of Staff Gen. Mark Welsh III and his wife, Betty, visited the 24th and 25th Air Forces Aug. 25 through 27 to gain a first-hand look at the mission synergy of cyber, and intelligence, surveillance and reconnaissance.

During an all call that included members from both numbered Air Forces and the Air Force Installation and Mission Support Center, Welsh emphasized the future of cyber and ISR.

"In about 10 to 12 years, I think we should have a major command focused on information," he said. "It should be about collecting it, processing it and disseminating it. With 24th and 25th Air Force, we've just stood up the first two building blocks."

He said the number of people and organizations in the cyber and ISR mission areas will continue to expand.



U.S. Air Force photo by TECH. SGT. RYAN CRANE

**Tight Fit**

**A 95th Fighter Squadron F-22 Raptor pilot based out of Tyndall Air Force Base, Fla., gets situated in his aircraft prior to taking off from Amari Air Base, Estonia, Sept. 4. The F-22s have previously deployed to both the Pacific and Southwest Asia for airmen to train in a realistic environment while testing partner nations' ability to host advanced aircraft like the F-22.**

## PERSPECTIVE

**Our Air Force: 68 years of guts, innovation and air superiority**

BY GEN. ELLEN PAWLKOWSKI

Commander, Air Force Materiel Command

**In 1911, a young Henry Arnold learned to fly at the Wright Brothers aviation school on a dusty field in Ohio. A strong advocate of aviation research and development, "Hap" Arnold went on to become a five-star general.**

**He made history.**

In 1918, Capt. Eddie Rickenbacker shot down 26 enemy aircraft over France during World War I. His skill and bravery earned him the Medal of Honor, and he went on to become an innovative aviation industry pioneer.

**He made history.**

In 1942, then-Lt. Col. Jimmy Doolittle led 16 B-25 bombers, the Doolittle Raiders, on a secret mission to bomb the Japanese mainland just five months after the attack on Pearl Harbor. They modified their "land-based" Army Air Corps planes and learned to fly them from a Navy aircraft carrier.

**They made history.**

These pioneer Airmen, like countless others, demonstrated the world-changing effects of aviation technology. They set high standards and relied on innovation and discipline to push the limits of their capabilities. Their guts, determination and skill were recognized on Sept. 18, 1947, when the Air Force became a separate service following



President Harry Truman's signing of the National Security Act earlier that year.

This week, we celebrate the 68th birthday of our Air Force – 68 years of amazing technological advances, courageous human endeavors and an ever-evolving capability that protects our freedoms. From breaking the sound barrier to fielding stealth aircraft that are invisible to our adversaries, the Air Force has always been at the forefront of our national defense.

Our Air Force has evolved since 1947. Today, we patrol the domains of not just the air, but space and cyberspace, too. We are fielding the world's most advanced fighter aircraft, the F-35, while at the same time researching and

developing ways to increase agility, flexibility, precision, lethality and persistence for our missions of the future.

This is what we do in Air Force Materiel Command: deliver and support war-winning capabilities. When America calls on the Air Force, the Air Force turns to AFMC.

But we must become better at what we do, for our world today is a complex mix of rogue states and radical groups bent on destroying basic freedoms we and other nations hold dear. The best technologies don't develop and operate on their own.

It's our people, military and civilian, who have made our Air Force the greatest air power in the world. Today, we rely on 660,000 people who come from diverse experiences, cultures and communities throughout the United States. They truly represent a cross-section of America and it is their diversity that helps fuel our innovation and commitment.

Our Air Force heritage is a proud one, and airpower remains an inherent part of our nation's history. The legacy of our airpower pioneers – imaginative and innovative Airmen harnessing new technologies and strategies – set the course for future air, space and cyberspace capabilities.

As we celebrate the Air Force's 68th birthday, we realize our future is truly limitless. We must, and will, remain a force that provides global vigilance, global reach and global power.

**And we will continue to make history.**

## ROBINS REV-UP

COMMANDER  
**Col. Jeffrey King**

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They should be e-mailed to [lanorris.askew.ctr@us.af.mil](mailto:lanorris.askew.ctr@us.af.mil) and [vance.janes@us.af.mil](mailto:vance.janes@us.af.mil)

Submissions should be of broad interest to the base populace. For information, call Lanorris Askew at 472-0806.

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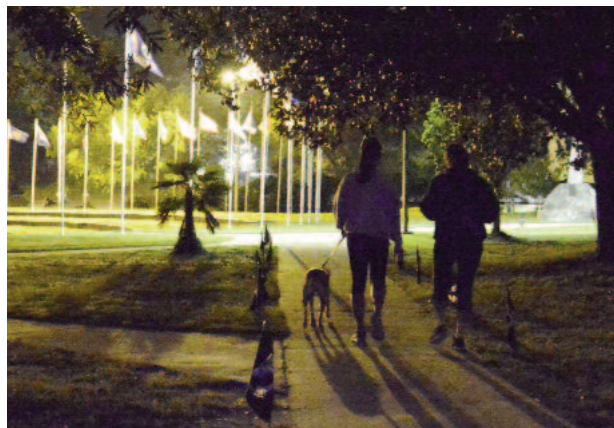


## POW/MIA recognition

## REPORT SUSPICIOUS ACTIVITY TO 468-EYES



# YOU ARE NOT FORGOTTEN



U.S. Air Force photos by ED ASPERA

As part of its annual POW/MIA recognition event, a 24-hour vigil run was conducted beginning at 3 p.m. Wednesday at the Museum of Aviation. The goal of the event was to keep the flag moving during the entire 24-hour period leading up to the recognition ceremony. The ceremony, held Thursday in the Museum of Aviation's Hangar One, allowed Team Robins to gather to remember and honor the sacrifice of America's prisoners of war and those missing in action. The guest speaker was retired Col. Querin "Quin" Herlick, an Army aviator, Vietnam veteran and former prisoner of war.





## SUCCESS

Continued from A1

tor. “There’s no doubt our team of professional technicians will be as successful on the Navy LAIRCM as the 560th has been on the Air Force LAIRCM.”

The first C-130J is scheduled to arrive in mid-November, with the 560th AMXS to induct nine Navy aircraft in fiscal 2016. The squadron will perform pre-dock and induction, as well as functional test flights on the aircraft, while the 559th AMXS will perform modification work.

According to Russell, the first two inducted C-130Js will be validated and verified on the Navy process prior to moving on to a standard production process on the remaining seven aircraft.

Dave Nakayama, 559th AMXS director, added that the team will again bring their expertise to the table when Navy LAIRCM modifications begin in a few months.

“That’s a huge advantage - an advantage to Warner Robins and the customer, because we want to give the customer the best possible product at or below cost,” he said.

### FINAL LAIRCM

Even a sizable cargo aircraft like a C-17 needs to be able to protect itself from enemy missile threats while downrange.

Enter LAIRCM, a missile warning system capable of detecting an infrared (heat seeking) missile launch - deciding if it’s a threat to life and mission onboard - and activating a countermeasure system to track and defeat that incoming missile.

At Robins when a C-17 arrived, it would be inducted by the 562nd AMXS, with a combined LAIRCM team taking over. Mechanics would then prep the newly-arrived aircraft for 19 days of operations.

Structural modifications included drilling holes into the C-17s skin so LAIRCM’s lasers and sensors can be installed at precise locations throughout the aircraft.

“We’ve vastly improved our quality of what we produce for the customer,” said Larry Hamilton, 559th AMXS C-17 transition team lead. “The mechanics have improved their processes over the years, and they continue to do that now.”

By presenting what needed to be done to mechanics in the beginning, hours were reduced from 6,900 hours three years ago, to the final aircraft’s 4,900 hour work package during its one month stay here. That aircraft returned last week to Joint Base Elmendorf in Alaska.

### Mutual support

You know you’ve got a good team of mechanics when - whether it’s working on a C-5 or a C-17 - the same quality products are produced no matter which hangar they happen to be working inside.

Once the C-17 Workload Transition Team was selected in September 2012, work began several weeks later. Jimmy Kelly, 559th AMXS Production Flight chief,



U.S. Air Force photos by TOMMIE HORTON

Above, Demone Duhar, and below right, Travis Price, both sheet metal mechanics, work on the final C-17 Globemaster III modified with a missile threat detection and countermeasures system here. It departed Sept. 11.

explained that while the workload has presented the team with a set of unique challenges and opportunities, the greatest impact of the team arrangement was the special relationship established between both squadrons. There is mutual support between the two squadrons that wouldn’t have existed if not for this collaboration of the last few years.

“At the end of the day it’s transparent to our customers which mechanics are modifying their aircraft,” said Kelly. “What matters is that the WR-ALC is successfully working as a team to produce quality, on-time, LAIRCM-modified C-17s back to the warfighters.”

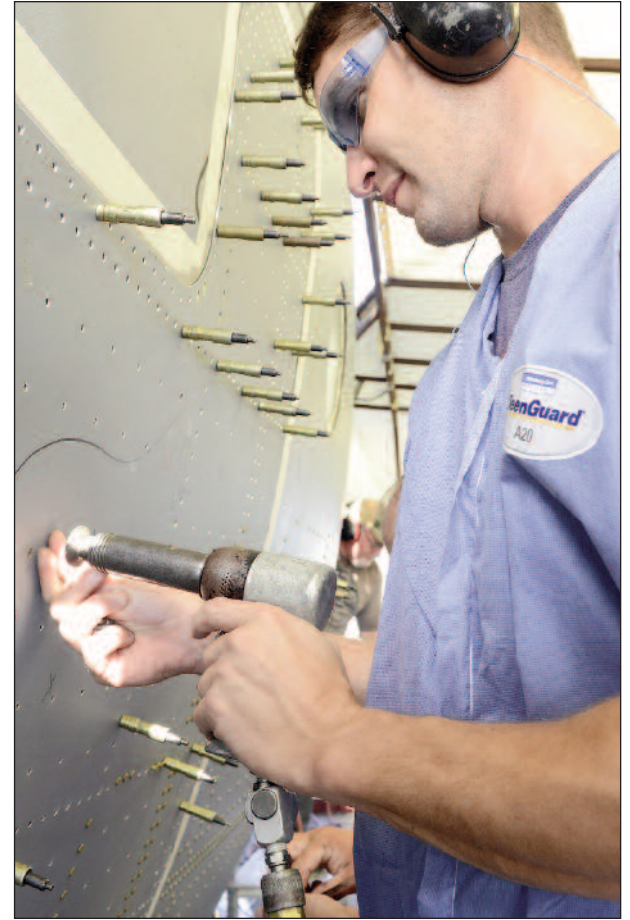
There’s much more behind the scenes than just showing up. C-5 mechanics working C-17 lines must be able to read and apply engineering drawings, according to Kelly, while having an extra level of scrutiny of their work; and once the team delivered a C-17, prior to waiting on the next aircraft, they would return to assist C-5 mechanics with maintenance.

Mechanics working C-5s and C-17s must maintain proficiency on both aircraft, resulting in a “well-trained and disciplined workforce.”

“We’re proud of the LAIRCM team for many accomplishments, but we’re most proud of their ability to slash almost 2000 production hours and 10 flow days from the LAIRCM mod line to save costs,” added Kelly, enabling Robins to stay competitive and continue LAIRCM work through fiscal 2015.

On the team’s successful LAIRCM journey, they now look to the future with new expectations and possibilities.

“The workload has meant retaining jobs,” said Hamilton. “This is about growing Robins Air Force Base. This is about putting your name out there to cus-



tomers that we’re willing and able to take on your workload. We want to do it successfully, on cost and on schedule. We’re really striving for that. I think this team has been more than successful at doing that.”

Please Recycle This Newspaper.



U.S. Air Force photo by RAY CRAYTON

Staff Sgt. Kristine Butler, Air Force Reserve Command recruiter, interviews Jesse Grady at her office in the Galleria Mall in Centerville. Grady is looking to become a member of the United States Air Force Reserve.

## New recruiter sets up shop

BY ANGELA WOOLEN  
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It was the first day at her new office, and Staff Sgt. Kristine Butler was hoping to get her printer working before the first potential recruit of the day came to see her.

Butler, an Air Force Reserve line recruiter, works out of an office in Centerville's Galleria Mall.

On her desk is a notebook filled with hand-written testimonials from those recruits who joined the Reserve.

She's been a recruiter for nearly a year and with the Air Force Reserve Command for almost six.

Part of her job includes visiting Middle Georgia high schools where she talks to ROTC classes.

"My pitch is that they can do both the military and college at the same time, and we help pay for college," Butler said.

The experience a person can gain from joining the Reserves will bolster a civilian resume and could improve the chances of getting hired on a base.

"When you have that training on cus-

### WHAT TO KNOW

For more information on recruiting, contact Staff Sgt. Kristine Butler, Air Force Reserve line recruiter, at 478-971-4222; 478-334-9251 or at kristine.butler.2@us.af.mil, or simply visit the Galleria Mall recruiting office in Centerville Monday through Friday from 8 a.m. to 5 p.m.

toms and courtesies, leadership can really tell a difference," she said.

The average age of her recruits is around 26, and many already have degrees. That means coming into the reserve as an E-3. Butler's territory stretches from Warner Robins south to Albany.

Jesse Grady happens to be from Albany and is a logistics manager at the Marine Corps Logistics Base there. He is also a realtor in Atlanta on the weekends.

After talking with a coworker, Grady decided to talk to Butler about joining the Reserve.

"I want to get more experience and more training. And of course, the military has good benefits," he said.







## Thought for the Day

"Don't watch the clock; do what it does. Keep going."

— Sam Levenson



## What's inside

Proper disposal of medications, B2

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# Lighter Fare

THE ROBINS REV-UP ■ SEPTEMBER 18, 2015

THE PLACE TO LIVE, LEARN, WORK AND PLAY



## OUTREACH

As of Aug. 31, the Base Chapel has accomplished the following:

- ◆ Met 439 or 100 percent of its religious accommodation requests.
- ◆ Spent 835 hours visiting on-base units and directly contacted 17,277 airmen.
- ◆ Conducted 396 counseling sessions, serving 500 clients.
- ◆ Conducted 79 community care and resiliency events, with a total of 3,331 service members in attendance.
- ◆ Hosted 553 faith group and worship events delivered in a total of 940 hours to 33,358 members.

# KEEPING THE FAITH

U.S. Air Force photos by RAY CRAYTON

The Robins Air Force Base Chapel offers various opportunities for worship, religious education, fellowship and other means of spiritual growth through programs designed to meet religious and spiritual needs of military members and their families.

## Base Chapel helps airmen meet spiritual needs, ensures mission readiness

BY HOLLY LOGAN-ARRINGTON

holly.logan-arrington@us.af.mil

Spiritual health is just as important as physical fitness when it comes to an airman's mission readiness.

And the Robins Air Force Base Chapel's staff and programs aim to ensure the spiritual aspect of the Comprehensive Airman Fitness model is met for each airman.

Chaplain (Maj.) Gabriel Rios, deputy wing chaplain, said CAF's targeted programs and activities help enable airmen to make sound choices.

"The program's goal is to build and sustain a thriving and resilient Air Force community that fosters mental, physical, social and spiritual fitness," he said. "The chapel staff are the subject matter experts for spiritual fitness.

"An airman with a healthy spiritual life is a warrior focused on the mission, and certainly more ready to handle the rigors of military service," he added.

Rios said the chapel offers a unique perspective on the common stressors military members and their families face in times of both peace and war.

"The majority of parishioners are either active duty or retired military members, so we understand the rigors of military life," he said. "We offer many opportunities for worship, religious education, fellowship and other means of spiritual growth. Our programs are designed to meet the religious and spiritual needs of all ages."

Chaplains provide commanders and leaders at all levels with advice on religion, morale, morals and ethics.

Rios said the chaplain team also provides personal and spiritual support to keep military members and their families spiritually fit.

Unit-based spiritual resiliency events and retreats for airmen, confidential counseling, and other chapel programs and events keep airmen spiritually strong.

"Each of our chaplains is assigned to serve as a specific unit chaplain, supporting their spiritual care and fitness with particular regard to their personal, spiritual convictions," Rios said. "We like to say we're chaplains to all in support of each member's religious freedom, and we're ministers to some who are of like faith and order."

When a chaplain can't meet a need, he will refer the person to the right resource.

Each chaplain is partnered with a chaplain assistant in what is known as a Religious Support Team.

"Chaplain assistants are vital to the mission of the chapel," Rios said. "They're the supporting arm of the RST, and assist with management and execution of resources to support the RST's mission to provide spiritual care and fitness to the units and their members."

The chapel now has three active-duty Protestant chaplains of various denominations, and a civilian Catholic priest, in addition to three Protestant indi-

### Base Chapel service times

The Protestant community offers an 8 a.m. gospel worship service and 11 a.m. traditional worship service. The Catholic Community celebrates Mass on Saturdays at 5 p.m., Sundays at 9:30 a.m. Daily Mass is held Mondays, Thursdays and Fridays at Noon. Both parishes have many programs and services throughout the week for all ages and groups.

### Refuge Ministry Center hours

- ▶ Mondays through Thursdays from 5:30 to 11 p.m.
  - ▶ Friday from 5:30 p.m. to 3 a.m.
  - ▶ Saturday from 5:30 p.m. to 3 a.m.
  - ▶ Sunday from 5:30 to 11 p.m.
- A free dinner for airmen is served at the Refuge Wednesdays at 6 p.m.

**SEE RELATED STORY,**  
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vidual mobilization augmentee chaplains.

Rios said chaplains maintain a robust relationship with other faith group leaders and points of contact to ensure airmen receive the support they need or desire for their particular faith to include lay leaders or points of contact for members of the Jewish faith, Earth-Centered faith (Wicca), and Church of Jesus Christ of Latter Day Saints.

The chapel offers limited services for civilian members.

Chaplain-led worship services are open to valid base ID cardholders and their authorized dependents.

However, chaplain services, like counseling, are very limited for Defense Department civilians, usually involving a one-time crisis intervention session, followed by a referral to the Employee Assistance Program.

**Editor's note:** Civilian employees can visit <https://21stcenturypartnership.com/c-a-r-e-community-resources/> for info on local services.

### What to know:

For more information on the base chapel, call 478-926-2821, or visit [www.robins.af.mil/library/basechapel.asp](http://www.robins.af.mil/library/basechapel.asp).



Robins airmen enjoy some down time at the Airmen Ministry Center's "Refuge" Monday evening. The facility, located in Bldg. 706 is about 100 yards from the dorms. It provides a safe haven for airmen, allowing them to unwind in a positive environment after work. The facility is run by "Refuge Leaders," volunteer airmen who work in units across the base. The Refuge also acts as a doorway for airmen to network and create relationships which enhance their personal and professional lives.



The Base Chapel staff visited various units Aug. 25 to pass out breakfast burritos. The project was a way to not only reach out to units across base but also to boost morale. The workers began making 400 burritos at 5 a.m. Left, chapel staff members hand out burritos to members of the 78th Medical Group.



# A BETTER YOU

## Modern technology: Chapel, mental health clinic provide input on impact to relationships

BY HOLLY LOGAN-ARRINGTON

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It's happened to most people at one time or another. You're having lunch with a friend and your conversation is interrupted by the repeated sound signaling your friend has received a text message. Suddenly, your interaction has been lost to a text messaging marathon.

Staff Sgt. Jeff Rybold, Robins Air Force Base chaplain's assistant, said he thinks technology should be kept in check.

"When a device becomes more of a priority than the people around you, it's a problem," he said.

Robins Chaplain (Capt.) Matt Spencer, agreed and said people often get so involved with smart phones and other such devices that they disconnect with the people around them, ultimately hurting interpersonal relationships.

People can become so caught up with what's on their phone that they feel the need to continually be on it, he said. "It's almost like, not getting on your phone will make your morning incomplete."

People with such an addiction tend to disconnect with those around them and feel empty unless they're on their phone, Spencer said.

As with marital abuse, and other problems, intervention is often necessary. Rybold said chaplains offer family counseling to active-duty service members that is protected by privileged communication.

"This counseling emphasizes the importance of the family and interpersonal relationships for airmen and their family members," Rybold said.

Lt. Cdr. Sara Pulliam, Robins' Mental Health Clinic psychological health director, said if an airman or dependent wants to reduce time spent on technology but is having difficulty doing so, therapy can be accessed through the Airman & Family Readiness Center's military family life consultants, Military One Source, the 78th Medical Group's Family Health Clinic Behavioral Health Optimization Program and the Mental Health Clinic.

While civilians and contractors aren't eligible for the chapel's counseling services, Spencer said the chapel can provide referrals to off-base resources for help.

Quality time with loved ones can help people avoid problems.

"It's important to set time aside for activities like reading a book, playing sports and other hobbies that can help take our mind off of everyday technology," Spencer said.

The chapel offers opportunities for families to grow together and build unity apart from technology.

### Ways to reconnect

- ▶ Establish healthy connections with your friends and family.
- ▶ Lead with a commitment to do what is right.
- ▶ Get on the media learning curve. Learn what devices do before letting your children use them.
- ▶ Train in proper use of a media tool.
- Determine the proper use and how to use it.
  - ▶ Set ground rules before you get/give the device. An example would be that smart phones and other technology never come to the dinner table.
  - ▶ Set protected borders with guarded entry points. Make passwords for children available to the parents.
  - ▶ Check your borders and gates regularly.
- Establish accountability.
  - ▶ Be involved with the lives around you, especially your children. Lead by example.
  - ▶ Exercise healthy moderation. Just as with eating and drinking, moderation is important with technology use.
  - ▶ Occasionally unplug. Take a break from using technology.

"The Chapel hosts various resiliency events throughout the year for airmen and their authorized dependents," Rybold said. "Often, these events take advantage of the great outdoors, a time away from email, social media and other technology-driven activities. We focus on building unity, emphasizing the importance of family spiritual fitness as well as expressing the importance of having fun."

Rybold said when used the right way, today's technologies can be used to enhance interpersonal relationships.

"They can be used to keep in contact with our children, to keep up with family that is geographically separated, and maintain relationships with loved ones all over the world – whether stateside or deployed," he said. "Safety measures discussed with the family can ensure a safe family environment."

Spencer said balancing one's desire to connect through technology and the need to connect with other people face-to-face is the key.

"What we don't want to see happen is for families to become totally reliant on technology to communicate," he said. "As with anything, a healthy balance is necessary. We need to build strong, articulate leaders who can thrive in any environment."

## 78th Med Group gets new MedSafe

BY CAPT. KEMEJUMAKA N. OPARA

78th Medical Group

Medications play a critical role in treating health conditions. When those medications are no longer needed, it's important to properly dispose of them to reduce accidental exposure or intentional misuse.

The Team Robins Pharmacy has unveiled a MedSafe drug disposal box. This MedSafe collection box is located in the pharmacy lobby and is available to everyone with base access as a "no questions asked" platform to discard unused or unwanted medications.

### Disposing of medications protects you and the Earth by:

- ▶ Preventing the poisoning of children and pets;
- ▶ Deterring misuse by teenagers and adults;
- ▶ Avoiding health problems resulting from accidentally taking the wrong medication;
- ▶ Keeping medications from entering streams and rivers when poured down the drain or flushed down the toilet.

### The following may not be discarded in the MedSafe:

- ▶ Medical sharps and needles – those materials place the collector at risk for transmission of pathogens or viruses;
- ▶ Compressed cylinders and aerosols – such as asthma inhalers. Traditionally many inhalers have contained chlorofluorocarbons, a propellant that damages the protective ozone layer. Inhalers and aerosol products could be dangerous if punctured or thrown into a fire or incinerator.

After medication is disposed of in the MedSafe, it's sealed, transported and promptly incinerated.

### If you don't have access to a medicine disposal receptacle like the MedSafe, follow these steps:

- ▶ Remove medication from containers and (remember to black out any identifying information) mix them with substances such as coffee grounds, dirt or kitty litter. That makes the drug unappealing to children, pets or drug seekers.
- ▶ Place the mixture in a sealable bag, empty can or container then discard.

When in doubt about proper disposal, ask your pharmacist.



# GETTING TO KNOW YOU

PRACTICE OPSEC EVERY DAY, EVERYWHERE.



U.S. Air Force photo illustration by ED ASPERA

**UNIT:** 52nd Combat Communications Squadron

**JOB TITLE:** Radio frequency transmission systems technician

**TIME IN SERVICE:** 4 years

**HOMETOWN:** Columbus, Ga.

**What does your work involve at Robins?** "I train, maintain and deploy with a small team to provide rapid communications support for Joint Task Force, Air Force Air Support Operations Squadron, humanitarian relief operations, and President of the United States support missions."

**What do you enjoy most about your work?** "Being able to travel to different places to do my job. Not a lot of airmen I've met from other career fields and bases have had the opportunity to travel as much as we do here in combat comm."

**What prompted your interest in your current career field?** "Growing up in the backwoods of Georgia, I didn't have a whole lot of experience with electronics, and was honestly never interested in them. But after working with some of the equipment here, I quickly became more interested in electronic theory, and in turn, my job."

**Who has been the biggest influence in your life?** "My father. He taught me how to do everything. He dragged me around for everything."

**What is the best advice you've learned?** "I once heard someone say that the best thing you can do to improve your situation is to work hard and not count on others. Let's say you are riding down the road and see a car broken down in an intersection and you see someone just sitting there looking around. You probably aren't going to pull over, but if you see someone pushing their car towards the gas station, you will probably stop and help."

## STRAIGHT TALK HOT LINE



For up-to-date information about base emergencies call 478-222-0815





U.S. Air Force file photo by TOMMIE HORTON

## Family-friendly fall Bash offers fun

BY HOLLY LOGAN-ARRINGTON

holly.logan-arrington@us.af.mil

Team Robins will host its annual Fall Bash Oct. 3, from 1 to 5 p.m.

The family-friendly event, slated to take place at Robins Park across from the Heritage Club, is a yearly tradition that allows the Robins' community to take a break and have some fun.

JaLynn Hudnall, commercial sponsorship and advertising coordinator for 78th Force Support Squadron, said the event has been part of Robins' history for several years.

"This is a fun, family-oriented event that will provide people an opportunity to relax with their coworkers and families," she said.

The free event – which will include rides, face painting, games, live music, a craft fair and other family-friendly activities – is open to all Robins Air Force Base ID cardholders.

Food and drinks will be available for purchase at the event.

For more information, visit [www.robinsfss.com](http://www.robinsfss.com) or visit the 78th FSS' Facebook page by searching Robins Force Support Squadron.

Safety saves lives. Start your savings account today



# HAPPENINGS/SERVICES

FRI 18 SAT 19 SUN 20 MON 21 TUE 22 WED 23 THUR 24

**ON TAP**  
**Heritage Club Fall Dinner Dance**  
 RSVP by today  
 Event is Sept. 25  
 7 p.m.  
 Heritage Club Ballroom  
 Club Members \$13  
 Guests \$15  
 For details, call 472-7899.

**Boss and Buddy**  
 Today  
 5 p.m.  
 Heritage Club Lounge  
 For details, call DSN 472-7899.

**Thunder Alley Family Night**  
 Today  
 9 to 11 p.m.  
 Bowling Center  
 12 years and under \$5  
 13 years and older \$10  
 Includes shoes and two hours of bowling.

**Horseback Riding Experience**  
 Single Airman Program  
 Saturday  
 Noon. Free but requires a \$25 refundable deposit  
 21 slots available  
 For details, call DSN 468-4001.

**Dog Days of Summer**  
 Saturday and Sept. 26  
 10 a.m. to 1 p.m.  
 Heritage Club pool  
 Bring your doggie

out for a dip in the pool.  
 \$5 includes a free doggie treat.  
 For details, call DSN 472-7899.

**Tips from the Pro**  
 Tuesday  
 5 to 6 p.m.  
 Pine Oaks Golf Course  
 All the balls you can hit for \$5  
 For details, call DSN 468-4103.

**Membership "Italian Cuisine" Dinner**  
 Tuesday  
 5:30 p.m.  
 Heritage Club Ballroom  
 For details, call DSN 472-7899.

**Mug Night at the Heritage**  
 Thursday  
 3:30 to 8 p.m.  
 Heritage Lounge  
 Bring your own mug and enjoy \$2 draft beer.  
 For details, call 472-7899.

**Fall Bash Big Bingo!**  
 Wednesday  
 6:15 p.m.  
 Heritage Club Bingo Room  
 For details, call DSN 468-4515.

**UPCOMING Arts & Crafts fair at the Fall Bash 2015**  
 Reserve your space by Sept. 28.

Tables \$20 each  
 Registration forms available at the Art & Crafts Center.  
 For details, call DSN 468-5282.

**Georgia National Fair tickets**  
 Oct. 8 through 18  
 ITT Office  
 For details, call DSN 468-2945

**Fit 2 Fight**  
 Now through Oct. 30  
 Mondays, Wednesdays and Fridays  
 11 a.m. to noon  
 Fitness Center.  
 For details, call 468-2128.

**ONGOING Karaoke on Thursdays**  
 7 p.m. to closing  
 Heritage Club Lounge  
 For details, call DSN 472-7899.

**Afterburner September Special**  
 Mondays through Fridays  
 5:30 a.m. to 1 p.m.  
 Base Restaurant, Bldg. 166  
 Iced Coffee

**Twilight Rates**  
 Every day  
 After 4 to 7 p.m.  
 Pine Oaks Golf Course  
 Play 18 holes with cart for \$20 per person.  
 For details, call DSN 468-4103.



## KUDOS Kids Understanding Deployment Operations

**Oct. 3 from 9 a.m. to 12 p.m.**  
**Children of military members 5 to 15 years old (must be accompanied by an adult)**  
**Registration ends Sept. 25**  
 For more information call Master Sgt. Avis Smith or Tech. Sgt. Ronald Megginson at DSN 468-1256 or commercial 478-926-1256

