

'Hot' new technology prepares for incoming workload

BY JENNY GORDON jenny.gordon@robins.af.mil

Robins will gain a second High Velocity Oxygen Fuel spray system as part of 573rd Commodities Maintenance Squadron production operations.

The move is in anticipation of incoming workload, as well as demand for HVOF's versatile coating technology

While the new HVOF sprayer stands ready in a second booth in Bldg. 142, there is still much work to be done, including programming, ordering materials and getting computers ready in a

nearby control room by January. A second smaller and older HVOF system has been heavily used in the

plating shop's nearby booth. The technology functions much like a robot, which when combined with hot combustion gases, disperses a powerful flame that coats various aircraft assets. When up and running, it looks similar to a blow torch.

"There's about a 9-inch flame that comes out of the end of it, spraying tungsten carbide cobalt, a powder that coats an aircraft part," explained Courtney McNeill, a mechanical engineer with the 402nd Commodities



U.S. Air Force photo by MISUZU ALLEN A new high velocity oxygen fuel spray system is scheduled to be operational in 2014.

Maintenance Support Squadron. The sprayer's flame is intense at

1,500 degrees. Powder is shot from

within the flame and is liquefied as it coats or sticks to a part. Its flow rate is 45 grams per minute, which is fast, she added.

The new HVOF is a welcome addition to the Warner Robins Air Logistics Complex.

"If we have the capability to do HVOF, then we are matching the other air logistics complexes," said McNeill. "We want to be able to supply parts to any aircraft, and to be able to handle anything that comes through our doors."

A capability demonstration on the new spray system is scheduled for later this fall.



U.S. Air Force photo by ALEX LLOYD

Don't let the uniform fool you

■ 1,000 Guardsmen fill critical civilian positions on base

BY MASTER SGT. **ROGER PARSONS** 116th Air Control Wing Public Affairs

Would you be surprised to know that at Robins the Air National Guard's 116th Air Control Wing employs more than 1,000 Guardsmen and nearly 40 percent of them are employed full-time civil service employees?

While many Guardsmen serve on a part-time basis sometimes known as Weekend Warriors – there are thousands of Guardsmen across the country who put on the uniform every day serving in dual-status positions as civilians tied to a military position.

I joined the Guard as a weekender, but when the opportunity came up to become a fulltime technician I jumped at the chance," said Staff Sgt. Tina Sampson, 116th Civil Engineering Squadron engineering assistant. "It has given me the opportunity to serve in the military full time and stay in my community where I have roots." Those roots run deep in many surrounding communities where the employment of fulltime Georgia Guardsmen has resulted in millions of dollars flowing into the local economy. Aside from the economic impact, 116th ACW technicians provide the continuity and readiness to ensure the wing is prepared at all times to fulfill its federal and state missions.

Joseph "Dusty" Mullis works on removing bolts from the Pork Chop Fitting on a C-130 at Hill AFB, Utah, on Friday. Mullis and 42 other civilian personnel from Robins are currently providing support to the workforce at the Ogden Air Logistics Complex.

Robins supports mission at Ogden ALC

BY JENNY GORDON jenny.gordon@robins.af.mil

A total of 43 civilian personnel from Robins Air Force Base are currently providing support to the workforce at the Ogden Air Logistics Complex in Utah.

"We sent personnel to Hill Air Force Base to be able to assist with their C-130 production machine," said Lt. Col. Jeffrey Martin, 402nd Aircraft Maintenance Group deputy group commander. "This will allow them to produce on their requirement."

The group departed around the beginning June. A request for assistance came from Hill in early May.

They will be assisting programmed depot maintenance work with the

309th Aircraft Maintenance Group's C-130 production line for 120 days.

Specifically, support began immediately on major and minor structural repairs and C-130 component replacements, with work across eight docks.

"I've said to many on my team that this is an unprecedented effort," said David Griffin, 572nd Aircraft Maintenance Squadron production chief. "This demonstrates the flexibility of the Air Force Sustainment Center to be able to reach out from one complex to another."

"They've helped out in a time of need which is where we're basically at right now," he said.

Griffin referred to the forecasted manpower strength the squadron would need, which didn't line up with structure requirements. He noted that personnel had been working mandatory overtime on and off since February.

"The team that came from Robins is helping us to get caught up," he said.

The 572nd AMXS includes about 502 personnel.

Including Robins, Hill is also getting help from Air National Guard members from across the U.S. including Idaho, Missouri, Utah and Delaware over a period of 30 to 60 days.

Including maintenance, repair, overhaul and modification on the C-130 Hercules, Hill performs work on the F-22 Raptor, F-16 Fighting Falcon, A-10 Thunderbolt and ICBM Minuteman missile system.

▶ see UNIFORM, 7

Base distribution center supplies customers at home, around the globe

BY JENNY GORDON jenny.gordon@robins.af.mil

Robins Air Force Base is where the Defense Logistics Agency Distribution Warner Robins calls home.

However, as one of four strategic distribution platforms under DLA Distribution, its reach not only spans across the base, but to all branches of the military at locations all around the world.

More than half the work completed at the distribution center is in support of the Warner Robins Air Logistics Center. The organization stores more than 176,000 items, valued at more than \$11

billion to include parts and equipment for F-15, C-130, C-5 and C-17 aircraft, target acquisition systems and most airborne electronic warfare systems.

One of DLA Distribution's 21 buildings, an initial central receiving area begins in Bldg. 376. Once trucks are unloaded, forklift operators immediately move and stock critical items from one end of the cavernous warehouse to the other. More than 400 personnel work everything from administrative support to operations.

In 2011, DLA Distribution Warner Robins opened its stateof-the-art Consolidation, Containerization Point process-

ing operations in Bldg. 365, which handles and allocates energy dissipating pads. These serve as landing shock items when essential supplies are dropped off to forward-operating locations.

In fiscal 2012, the distribution platform processed more than 985,000 transactions. Overall, DLA Distribution processed 18.4 million transactions, shipped more than 18,800 containers and shipped more than 40,000 air pallets.

Its Warner Robins presence is one within a network of 26 distribution centers worldwide, servicing more than 243,000 customers.



Elenore Howard, a DLA worker, processes incoming materials of all shapes and sizes.

Page Two



All in a Day's Work

U.S. Air Force photo by RAYMOND CRAYTON

Lori Birts, an F-15 Wing Shop sheet metal worker, cleans an inboard wing. The shop is part of the Commodities Maintenance Group which provides depot maintenance support to major weapons systems – primarily F-15, C-5, C-130 and special operations forces aircraft – through major structural repair, manufacturing, modification, component and special process repair.

AFSC Goal No. 3: Nothing less than the best

BY BRANDICE J. O'BRIEN

AIR FORCE SUSTAINMENT CENTER, Okla. – Air Force

Sustainment Center leadership wants the unit to "be a reliable, agile and responsive organization focused on achieving Art of the Possible" and will accept nothing less than the best.

Also known as the third goal of the AFSC Strategic Plan, there are six correlating objectives. They are: 1) Improve order response time by 1 percent by 2015, 2) Integrated workload strategy and plan in place, 3) Improve accuracy and integration of supply chain and maintenance plans, 4) 50 percent of work centers achieve Art of the Possible results, 5) 100 percent first pass quality performance and 6) All platforms to meet existing flow day requirements by fiscal year end and subsequently to meet approved Art of the Possible flow day reductions by Oct. 1, 2017.

"This goal is very much centered around the warfighter and how we make sure from the supply chain and depot maintenance support aspect we support the warfighter," said United Kingdom royal air force Wing Commander Jonathan Durke at Wright-Patterson Air Force Base, Ohio. Assigned to the Logistics Directorate, he is working with the strategic planning team on the development, maturation and socialization of the AFSC Goals and Objectives.

"Our business is to support the warfighter," the commander said. "There are clearly areas here that need to be focused on how to drive greater efficiencies and we were very keen to make

sure you could see both the supply chain and maintenance piece within this goal.

"The targets are challenging and will make for significant accomplishments," the commander said. "Each and every objective has unique challenges, yet they have the same levels of difficulty."

Achieving the first objective, led by Steven Alsup, 448th Supply Chain Management Wing director, will result in the resolution of tens of thousands of demands and backorders. Additionally, it should strengthen the relationship between the supply chain and maintenance teams.

The second and third objectives are allies as they refer to the Repair Requirements and Depot Determination, or R2D2, process which is designed to improve workload planning and execution. Both objectives are overseen by the AFSC Logistics Directorate.

"It's really about maximizing resources and controlling what we can



control," said Janet Johnson, AFSC Logistics Strategic Planning Branch chief and lead at Tinker. "There are changes to inputs such as flying hours that are fed from headquarters that cause us to react. We want to focus on the aspects that we can get our arms around and

gain accuracy within our own supply chain and maintenance planning and execution efforts."

The fourth objective, also managed by the logistics directorate, is all about achieving the "Art of the Possible." The AFSC-coined terminology is about reaching beyond today's limitations to grasp previously unimagined heights of performance. It is about challenging each other to recognize opportunities, eliminate constraints, improve processes and optimize resources to achieve world-record results. It isn't about working harder, cutting corners or jeopardizing workplace safety; but about expanding our vision of what is truly possible and refusing to settle for marginal improvements.

Led by Brig. Gen. Gene Kirkland, Oklahoma City Air Logistics Complex commander, the fifth objective is about quality. Improved quality ensures resources - money and supplies - are not wasted. The sixth objective, reducing the number of production flow days across the aircraft platforms, is overseen by the AFSC vice commander, and will show how well the organization is progressing. If the flow days are reduced, it is a direct reflection of coordination between the supply chain and production efforts, Durke said.

"If we decrease flow days, we get more items through the depot maintenance and will be more cost effective as well," he said.

By working each objective individually and collectively, the center should achieve its goal to "be a reliable, agile and responsive organization focused on achieving Art of the Possible."

To view AFSC Strategic Goals and Objectives, visit:

https://org4.eis.afmc.af.mil/sites/1533/lgx/l gxa/Lists/Announcements/DispForm.aspx ?ID=1&Source=https%3A%2F%2Forg4 %2Eeis%2Eafmc%2Eaf%2Emil%2Fsites %2F1533%2Flgx%2Flgxa%2Fdefault%2 Easpx

To view the AFSC Leadership Model, visit:

https://org4.eis.afmc.af.mil/sites/ 1533/lgx/lgxa/Lists/Announcements/Disp Form.aspx?ID=3&Source=https%3A%2F %2Forg4%2Eeis%2Eafmc%2Eaf%2Emil %2Fsites%2F1533%2Flgx%2Flgxa%2Fd efault%2Easpx

SOUL FOOD: Base Chapel helps Airmen stay spiritually fed, fit to fight

BY HOLLY LOGAN- ARRINGTON holly.logan-arrington@robins.af.mil

The Base Chapel is a place of prayer

Robins Air Force

Force "The Place to Live, Learn, Se Work and Play"

needs to know where they'll draw the inner strength needed to deal with crisis."

The chapel offers a variety of ways to help Airmen care for their spirituality.

weekend twice yearly to help Airmen coming home from deployment reintegrate with their families.

The chapel also has a niche for single,

and spiritual connection for many Airmen.

Its mission of keeping Airmen spiritually fit reaches far beyond the pulpit and sanctuary.

Lt. Col. Kenneth Harp, 78th Air Base Wing chaplain, said the chapel has recently led efforts to help Airmen impacted by natural disasters in the Midwest.

"In the last two years, the chapel parishes have given more than \$200,000 to support local ministries and worldwide relief efforts," he said. "On June 3, the chapel collected more than \$10,800 for tornado relief efforts in Oklahoma."

In January, the chapel partnered with local helping agencies to raise \$25,000 for a local homeless shelter.

Just like physical fitness, spiritual health also requires regular attention.

"Spiritual Health is a vital component



of human wellness," Harp said. "It's that within us which motivates us in life and gives us strength and resiliency. It addresses questions such as meaning, purpose, values, self-worth, dignity and hope.

"It promotes healthy interpersonal relationships, responsible living and the ability to respond effectively to stress, hardship and tragedy."

Harp said while the Air Force is neutral concerning religion, spiritual health is a readiness issue chaplains nurture.

"The mission of the Air Force is to fly, fight and win our nation's wars," he said. "Likewise, the Chaplain Corps mission is to help the Air Force to fly, fight and win our nation's wars. What we bring to the table is Spiritual Fitness ... Everyone "Our Protestant parish is a combined congregation from three distinct worship traditions – traditional, gospel, and contemporary," Harp said.

The same is true for Airmen who are Catholic.

"Our Catholic parish offers everything you would find in a local church to meet the sacramental needs of our Roman Catholic members," Harp said. "Father (Thomas) Fey is a retired Air Force chaplain who understands military life and its stresses."

In addition, 20 pastoral counseling sessions are available for scheduling per week on a first-come, first-served basis.

Catholic and Protestant parishes offer eight worship services per week and two complete religious education programs.

The chapel offers a marriage retreat

junior enlisted Airmen.

The Airmen Ministry Center offers junior enlisted and dormitory activities centered on the four pillars of ministry for AMC : spiritual transformation, authentic community, serving others and leadership development. Programs include: weekly Airmen dinners, community service projects, leadership opportunities and monthly group social outings.

No matter the day, the Base Chapel always has food for the soul.

There are three active duty and five individual mobility augmentee chaplains which come from a diverse group of Protestant churches. A civilian priest serves the Catholic parish. There are three chaplains assistants here. Normally, one chaplain and one chaplain assistant will be deployed at any given time.

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FORCE

Joint strike fighter on track, costs coming down, Kendall says WASHINGTON (AFNS) - Indications are that

the F-35 joint strike fighter program - the most expensive aviation program in Defense Department history - is on track, the undersecretary of defense for acquisition, technology and logistics recently told a Senate panel.

Testifying before the Senate Appropriations Committee's defense subcommittee, Frank Kendall said the F-35 will be the premier strike aircraft for the Air Force, Navy and Marine Corps.

"My focus has been on the efforts to control costs of the program, and to achieve a more stable design so that we could increase the production rate to more economical quantities," Kendall told the senators. "Indications at this time are that these efforts are succeeding."

The program, begun during President George W. Bush's administration, is about 90 percent through the development program and 40 percent through flight testing.

Kendall said he anticipates being able to complete the development effort within the planned cost and schedule.

"However, we may need to make some adjustments as events unfold," he added. "On the whole, however, the F-35 design today is much more stable than it was two or three years ago."

Production of the aircraft was in real jeopardy in 2011 amid uncertainty in how design issues would be solved, the undersecretary said.

"The F-35 is one of the most concurrent programs I have ever seen, meaning that there is a high degree of overlap between the development phase and the production phase of the program," he said.

Kendall said he believes those questions have been answered, and he told the committee he will review the program later this year to decide whether to increase the production rate significantly in 2015, as is currently planned.

To read more, visit www.af.mil.

Israel receives first **C-130J Super Hercules** DOBBINS AIR RESERVE BASE, Ga. -

Representatives from the U.S. Air Force and Lockheed Martin delivered the first C-130J Super Hercules aircraft to the State of Israel June 26. Maj. Gen. Richard Johnston, assistant deputy under secretary of the Air Force, International Affairs, and George Shultz, vice president and general manager of Lockheed Martin's C-130 programs, took part in a ceremony in the company's Marietta production facility. They passed the aircraft's golden key to Aharon Marmarosh, director of Government of Israel Ministry of Defense, Mission to the United States of America.

Site seeing

Senior Airman Ivan Shipp, 455th Expeditionary Security Forces Squadron Fly-Away Security Team member, adjusts his red-dot site with a night vision device for a security mission to Jalalabad, Afghanistan. FAST members are required to fly on specific missions when a location requires an extra measure of security to ensure the aircraft and crew are protected from hostile fire or on-board security breaches.



U.S. Air Force photo by MASTER SGT. BEN BLOKER

The addition of the C-130J to Israel brings them greater airlift capability, during humanitarian as well as combat operations, said Johnston. Israel is slated to receive two more of the advanced transport aircraft.

The aircraft delivery extends the partnership between the U.S. and Israeli air forces, according to Johnston.

Fifteen countries use the C-130J Super Hercules to meet their air mobility needs. C-130Js currently are deployed in two combat theaters.

To read more, visit www.afrc.af.mil.

352nd SOG welcomes Osprey to fleet RAF MILDENHALL, England (AFNS) -

The 352nd Special Operations Group resurrected a key capability when two CV-22B Ospreys touched down June 24.

The Ospreys are the first of 10 slated to arrive as part of the 352nd SOG expansion, which will last through the end of 2014.

The CV-22 fills part of the role previously accomplished by the MH-53 Pave Low helicopter. However, it combines the vertical takeoff, hover and vertical-landing qualities of a helicopter with the longrange, fuel-efficiency and speed of a turboprop aircraft.

This new acquisition to the 7th Special Operations Squadron enhances the unit's ability to rapidly respond across greater distances.

"It brings a new capability to the (European Command) theater that hasn't really been here for a while, and I think that was when the MH-53 (Pave Low) departed, the vertical lift piece of this departed with it," said Lt. Col. Chris Goodyear, the 7th SOS director of operations.

The CV-22's arrival here further solidifies the enduring partnership between U.S. and U.K. forces.



U.S. Air Force photo by SENIOR AIRMAN DENNIS SLOAN

Bring on the bugs

Master Sgt. Steven Feliz, a 910th Airlift Wing spray maintainer from Youngstown Air Reserve Station, Ohio, opens the nozzles of a Modular Aerial Spray System, or MASS, on a C-130 Hercules at Joint Base Charleston, S.C. The C-130 spraved for mosquitoes over the JB Charleston Weapons Station.

Forged out of the need to unite during World War II, U.S. and U.K. forces formed a bond that has stood the test of time.

To read more, visit www.af.mil.

Founding fathers' ideals of independence still preserved

BY GEN. JANET WOLFENBARGER Air Force Materiel Command commander

WRIGHT-PATTERSON AIR FORCE BASE, Ohio – To mark the July 4th holiday – our nation's 237th birthday – many of us will get together for a cookout or to watch fireworks with friends and family. While we certainly look forward to those activities, we should also use the holiday as an opportunity to reflect on exactly why it is we're able to celebrate.

Certainly we owe a great deal to the men who signed the Declaration of Independence; the nation's founders knew their signatures would be their death sentences if the American Revolution failed. Although they perhaps didn't realize it at the time, the bravery of the Continental Congress proved incredibly significant to



future generations.

Since the start of our independence in 1776 through the courageousness of our forefathers, thousands of Americans have given their lives in service to our nation. And millions more have put their lives at risk to preserve our democratic way of life and our individual freedom.

Be proud that – as members of the Air Force Materiel Command team – we are a key part of that service, equipping our nation's warfighters with the resources they need.

Enjoy July 4th festivities, and be safe as you celebrate this special time for remembrance and patriotism.

Latest furlough details

unpaid days.

Team AFSC,

As we near the date that furloughs will actually take place, I wanted to share with you the latest information I have.

Furloughs are set to begin next week. The Air Force Sustainment Center and most tenants have selected to observe the furlough day on Fridays, so July 12 is scheduled to be our first furlough day.

In order to support our warfighters and other customers, there will be some cases where individuals will need to adjust the every Friday schedule: however, July 12 will be the date for the majority of us.

Your supervisors and commanders can provide additional information where a change to that date applies. The current plan still calls for 11 scheduled

There are still discussions taking place at the Congressional and Secretary of Defense levels to try to reduce the number of days. But, to date, no decisions have been made. What we're being told is that if the number of days is reduced, we'll terminate the furlough prior to the end of the fiscal year.

I realize this is a challenging time for all of us.

Again, I ask that we be good wingman and look out for each other. We've got to be vigilant to assure we don't jeopardize the quality of our products or the safety of our people.

Thanks again for all you do day in and day out. Keep up the great work!

> - By Ross Marshall, AFSC executive director

ROBINS REV-UP

COMMANDER Col. Christopher Hill

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SUBMISSION GUIDELINES

Submissions must be received by 4 p.m. Wednesday, the week prior to the requested Friday publication.

They should be e-mailed to

lanorris.askew@ robins.af.mil and

vance.janes@robins.af.mil

Submissions should be of broad interest to the base populace. For information, call Lanorris Askew at 472-0806.

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To report delivery issues, call 472-0802.

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On the Fly



U.S. Air Force photo by MISUZU ALLEN

Listen up

Brittney Stewart, a military family member, has the volume of her portable music player analyzed Friday by Capt. Erin Artz, 78th Medical Group Audiology Flight commander. The testing, which was conducted at the Base Gym, is done simply by attaching a user's headphones to the analyzer. A noise level of more than 85 decibels is dangerous to the ears if listened to for more than eight hours. Ninety-seven decibels can permanently damage a person's hearing in only 30 minutes. To learn more contact the Robins Audiology Flight at 497-7615.



Energy Day set for Friday

An Energy Closure Day is scheduled for Friday in an effort to meet energy reduction requirements. The use of leave is mandatory for energy closure days. When you leave work for the holiday turn off all equipment not needed for your safety, security or mission. Note, civil engineers will shut down all cooling and heating in non-essential facilities starting at 5 p.m. on today and resume them early on July 8.

The following vehicles are located in the 78th Security Forces Abandoned Vehicle lot:

- Navy Blue 2-door 1987 Nissan 200SX
 >Blue 4-door 1993
 Ford Taurus
 >White 2-door 2007
 Saturn
 >Blue 4-door
 1986 Volvo 4S
- These vehicles will be



scheduled for disposal if no one takes ownership of them by July 22. If you're interested in becoming an owner of any of these vehicles call Alexander Scott at DSN: 468-2400, commercial (478) 926-2400.

If you have any questions or concerns about a vehicle identified through this advertisement, contact Scott. Also be aware the owner(s) of these vehicle are responsible for removal of the vehicle from the impound lot if the vehicle cannot be driven.

The following leadership class is scheduled for July:

▶Bob Zwitch and Eric Jones will present "Supervisors Guide to Mentoring on Resumes & Interviewing Prep" July 17 from 2 to 4 p.m. in Bldg. 301, PK conference room.

Please view the Robins Splash Page and click on Team Robins for any changes in class schedules.

The **78th Medical Group will be performing school screenings and sports physicals** on July 20 from 9 a.m. to 3 p.m. for enrolled beneficiary students.

School screenings will be open to all ages for children requiring the Georgia form 3300 for registration. Sports physical appointments will be open to ages 12 to 18 and scheduled in hourly windows. Physicals will be conducted at the Medical Group in the Family Health and Pediatrics Clinics. Children with special needs are recommended to be evaluated by their primary care provider.

To schedule an appointment for a sports physical, call the Central Appointments Line at 327-7850 or DSN 497-7850. Prior to your child's sports physical appointment, fill out the "Preparticipation Physical Evaluation" form at the Medical Group's webpage: http://www.robins.af.mil/units/78thairbase wing/78thmedicalgroup/index.asp or Facebook page:

https://www.facebook.com/78MDG. You may also find a copy of the Georgia Department of Human Resources form 3300; certificate of Ear, Eye and Dental Examinations, for your child's school.

For all other sports physicals (e.g. Spring Sports), we ask that you request an appointment after Aug. 1 through your PCM. Fall sports begin Aug. 1.

The Middle Georgia Chapter of the Armed Forces Communications and Electronics Association will host a free Technology Expo Aug. 1 from 9 a.m. to 1 p.m. at the Heritage Club. Come see the latest in information technology from various vendors.

The expo is free and open to all DoD, government and contractor personnel

with gate access to Robins AFB. Continental Breakfast and light lunch will be served.

For more information contact David Grosche at commercial 478-222-8537 or DSN 472-8537.

The following leave recipient has been approved through the Voluntary Leave Transfer Program:

Dorothy Haines of AFRC. Contact Jan Brister at 497-1323.

To have a Voluntary Leave Transfer Program recipient listed here, email Lanorris Askew at lanorris.askew@ robins.af.mil.

This is a reminder about gate closures which allow CE to safely perform maintenance on vehicle barriers. Schedule: First Tuesday of the month – Russell Parkway Gate closed 9 a.m. to 3 p.m.; Second Tuesday of the month – Watson Boulevard Gate closed 9 a.m. to 3 p.m.; and Third Tuesday of the month – Green Street Gate closed 9 a.m. to 3 p.m.

Note: In case of inclement weather, work will occur on the following Wednesday 9 a.m. to 3 p.m.

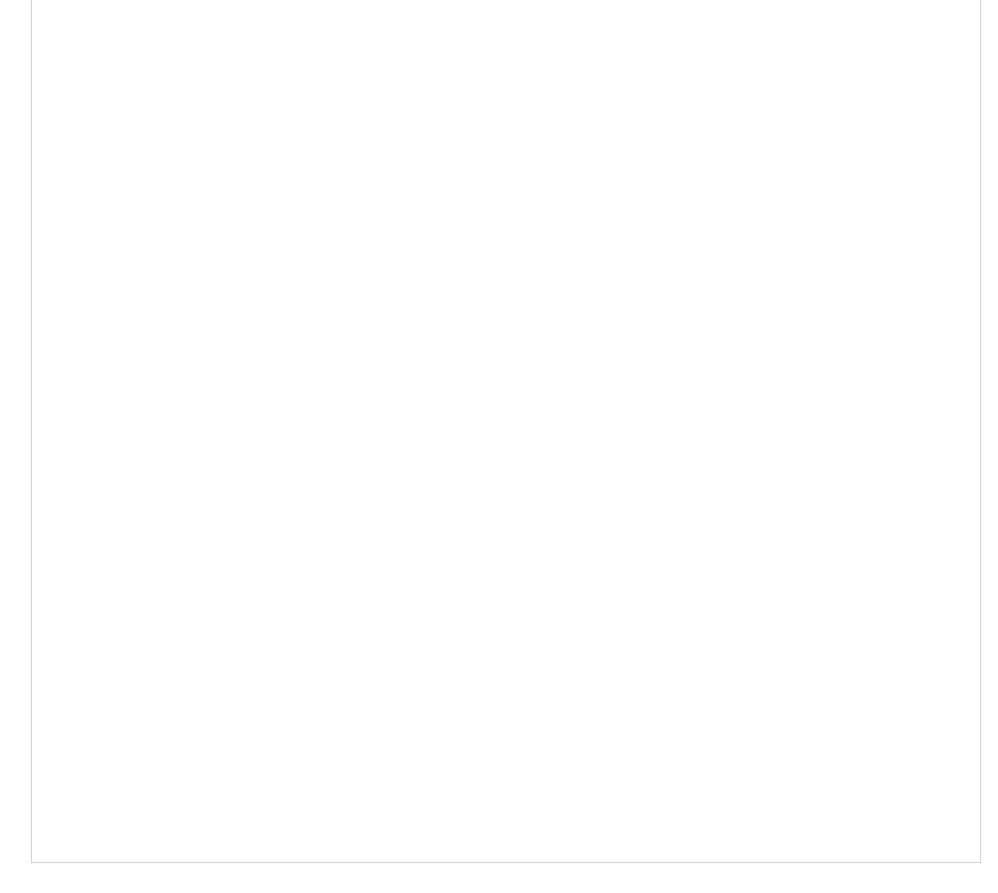
Legal Assistance will now conduct walk-ins on Tuesdays from 8 to 8:30 a.m. Starting this month the legal office will be closed every Friday until further notice.

Please be sure to visit the link provided at work or at home to complete your will/power of attorney worksheet and bring in your ticket number to the office for a speedy service.

The 78th Security Forces Squadron Crime Prevention Program is available to organizations for various unit events.

To schedule an appearance or to request additional information, contact Staff Sgt. Santina Simpson at 472-1997 or Staff Sgt. Michael Garza at 472-1980.

Robins continues to partner with **The Clean Air Campaign** to help reduce local traffic and air pollution. To participate, visit *www.logyourcommute.com/TeamRobins.*



101 Critical Days: Hot fun in the summer

BY STEVE SERRETTE 72nd Air Base Wing Safety Office

The weather is really starting to heat up for most of us and that means all our outdoor activities can get into full swing. Being outdoors in the summer is relaxing, fun and revitalizing if you plan well and are always prepared. Applying risk management techniques to all situations can save a lot of pain in the long run.

Sunburn, heatstroke and other heatrelated illnesses may not cause a fatality but can certainly cause lost work days and hours of pain. A simple, effective way to prepare is by having a list of necessities for all your activities. You wouldn't go to play tennis without a racket; it would be the same if you went to the beach without sunscreen. Is hiking your passion? You'll need sunscreen for this also, not to mention extra water and proper foot gear.

There are websites available for all imaginable activities, so be sure to check these out before you set out on your next adventure:

►www.mayoclinic.com/health/ firstaid-heatstroke/FA00019

►www.nlm.nih.gov/medlineplus/ ency/article/000056.htm

►www.nlm.nih.gov/medlineplus/ ency/article/003227.htm

►www.webmd.com/skin-problemsand-treatments/tc/sunburn-prevention

►www.active.com/fitness/Articles/8_ Tips_for_Exercising_in_Summer_Heat ►www.mayoclinic.com/health/ exercise/HQ00316

Another hot time for everyone during



the summer season is barbecuing. Who doesn't love the smell and taste of food from a grill? When you're getting ready to grill for the first time, start with grill maintenance.

Check your owner's manual and the manufacturer's website for the specifics

on your equipment, but for general guidelines, you can visit the websites listed below.

►www.nfpa.org/itemDetail.asp? categoryID=298&itemID=18346&URL =Research%20&%20Reports/Fact%20sh eets/Seasonal%20safety/Grilling&cookie %5Ftest=1

►www.usfa.fema.gov/citizens/home _fire_prev/holiday-season-

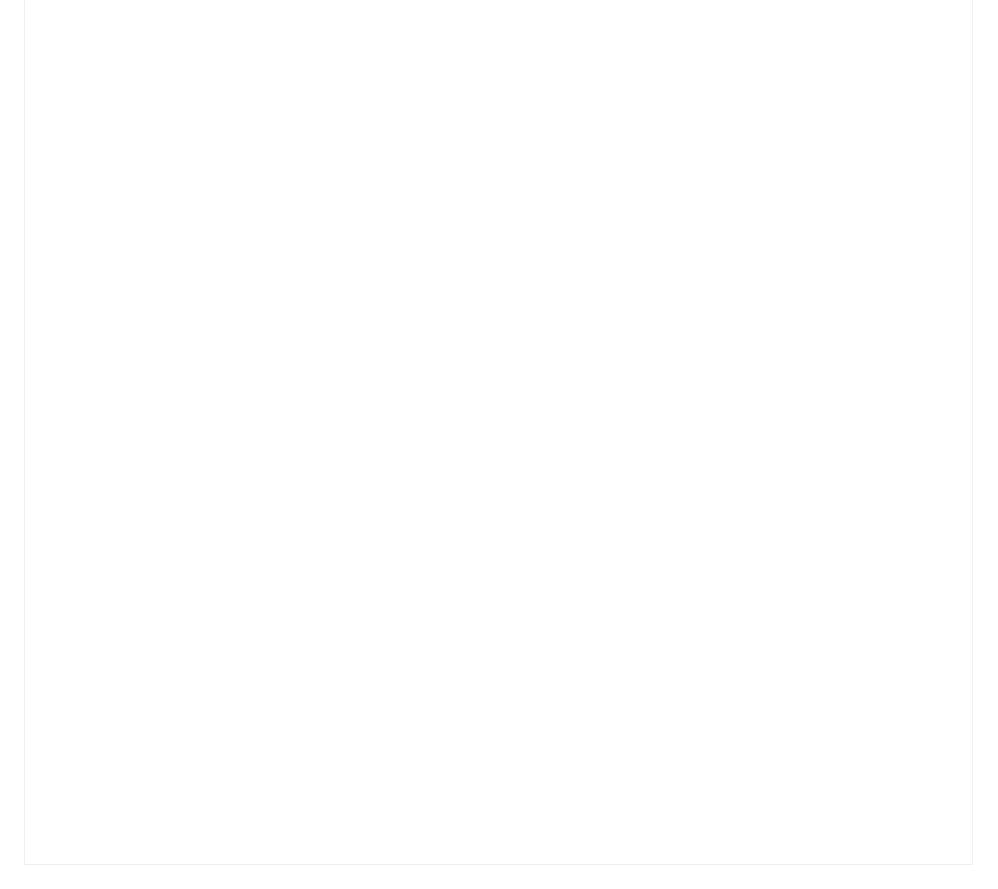
al/summer.shtm

► http://bbq.about.com/od/gasgrills/ a/Gas-Grill-Maintenance.htm

▶www.cbsnews.com/2100-3480_162-20062896.html

►www.nfpa.org/itemDetail.asp? categoryID=1714&itemID=41221&UR L=Safety%20Information/For%20consu mers/Outdoors/Grilling/Grilling%20safet y%20tips.





UNIFORM Continued from 1

The men and women tasked with this responsibility are your neighbors, fellow church members, parents of your children's friends and people you see every day in local businesses.

They're the same people who helped save lives and provide support when the blizzard of 1993 hit Atlanta and floods devastated parts of Georgia in 1994. They've stood ready during numerous hurricanes – including deploying for Hurricane Katrina efforts – and continually train to meet disaster when it strikes.

"While serving in the Air Guard full time, I not only serve my country as an E-8C Joint STARS surveillance radar supervisor, but I've had several opportunities in my career to respond to state emergencies," said Master Sgt. Tracy Fort, with the 116th Aircraft Maintenance Squadron. "During the blizzard

in '93, we were patrolling Interstate 75 and came upon a stranded motorist who was in



U.S. Air Force photo by MASTER SGT. ROGER PARSONS Staff Sgt. Kimberly, a communications system technician with the 128th Airborne Command and Control Squadron, works at an operator work station aboard the E-8C Joint STARS. Kimberly is a full-time, civil service employee ensuring communication equipment aboard the aircraft is running optimally during flight. (Full name withheld for security purposes.)

dire need of his dialysis treatment. We transported him to the hospital and back to his vehicle after his treatment was complete," said Fort. The 116th ACW pro-

vides joint airborne command and control, intelligence, surveillance, reconnaissance and combat support forces to meet state and national objectives.

Counselor Connection Lessons learned from EEO

BY ROBINS OFFICE OF EQUAL OPPORTUNITY

Dayton Superior Corporation, a nationwide provider of concrete and masonry construction products, violated federal law by firing an employee because of her disability, the U.S. Equal Employment Opportunity Commission charged in a lawsuit it filed in U.S. District Court for the Northern District of Georgia.

According to the EEOC's lawsuit, the employee worked for Dayton Superior as a quality control lab technician in its Braselton, Ga, facility. One day in August 2011, while at work, she suffered an adverse reaction to medication that had been prescribed by her doctor for her bipolar disorder. After the employer required her to submit to a drug test, the only substances found in her system were the medications prescribed to treat her disability. Nevertheless, the employee, who had been suspended pending the outcome of the drug test, was terminated immediately after the test results were revealed. Employment discrimination based on

a disability is prohibited by the Americans with Disabilities Act. The EEOC filed suit after first attempting to reach a voluntary settlement. As part of the suit, the EEOC is seeking back pay and compensatory and punitive damages, as well as injunctive relief prohibiting the company from engaging in any further employment practices that discriminate on the basis of disability.

"When employers administer drug tests, they must be mindful that the use of legitimate medications to treat recognized disabilities must not be held against employees or job candidates," said EEOC Regional Attorney Robert K. Dawkins.

The EEOC is responsible for enforcing federal laws prohibiting employment discrimination. Further information about the EEOC is available on its web site at www.eeoc.gov.

> 78th ABW/EO 706 Ninth Street Bldg. 936 Robins AFB GA. 31098 926-2131 DSN: 468-2131



Positive workplace relationships enable everyone to perform at their very best



call 926-1795. **Golf Tips from the Pro** Tuesday

For details,

5 to 6 p.m. Pine Oaks Golf Course Pay \$5 for all the range balls you can hit and get free tips from the PGA head golf professional. For details, call 468-4103.

<u>UPCOMING</u>

DoL/TAP/VA Workshop July 10 -14 A&FRC, Bldg. 794 For members and spouses who are within 12-months of leaving the military. For details, call 468-1256.

Mug Night at the Heritage July 11

Healthy Hero's

July 11 5 to 6 p.m. Youth Center Youth interact in physical games and learn healthy eating habits and how to make healthy choices and decisions in life. For details, call 468-2110.

First Friday

July 12 5 to 6 pm Heritage Lounge Food, fun, entertainment and prizes. For details, call 472-7864.

Give Parents a Break

(Deployed Military) July 12 6:30 to 10:30 p.m. CDC East (Bldg. 943) and Youth Center (Bldg. 1021) July 12 9 to 11 p.m. Bowling Center \$10 for two hours of bowling with shoe rental. For details, call 468-2112.

Money and Credit

Management July 15 1 to 3 p.m. A&FRC, Bldg. 794 Information on credit management, debt reduction, and consumer rights. Assistance on budget and savings plan development. For details, call 468-1256.

<u>ONGOING</u>

All-day Robins Lanes Summer Strike Force Through Aug. 3 Weekly prize drawings to include \$250 cash. Grand prize is \$500. Visit the Bowling Center for a complete listing of prizes.

HOLIDAY HOURS

Services activities

All FSS facilities will be closed on Thursday with the exception of:
▶Golf Course 7 a.m. to 7 p.m.
▶Main Fitness Center 8 a.m. to 4 p.m.
▶Pools normal hours

All FSS facilities will be closed on Friday with the exception of:

- Bowling Center normal hours
- ► Main Fitness Center 8 a.m. to 4 p.m.
- ►ITT 8 a.m. to 5 p.m.
- ►Outdoor Rec 8 a.m. to 5 p.m.
- Fam Camp 10 a.m. to 2 p.m.
- ► Golf Course 7 a.m. to 7 p.m.

<u>Commissary</u>

- ► Open Thursday from 9 a.m. to 4 p.m.
- ► Open Friday from 9 a.m. to 8 p.m.
- ► Open Saturday from 9 a.m. to 6 p.m.

Exchange Main Store

Open Thursday from 10 a.m. to 5 p.m.Open Friday from 9 a.m. to 5 p.m.

Service Station

Aero Club 7 a.m. to 1 p.m. Resource Management 7:30 a.m. to 12:30 p.m. Pools normal hours

All FSS facilities will be closed on Saturday with the exception of: Bowling Center normal hours Fitness Center 7 a.m. to 4 p.m. Golf Course 7 a.m. to 7 p.m. ITT 8 a.m. to noon Outdoor Rec 8 a.m. to 2 p.m.

►Pools normal hours

* For a complete list of FSS hours, visit http://www.robinsfss.com

▶ Open Friday from 9 a.m. to 6 p.m.

Shoppette/Class Six

Open Thursday from 9 a.m. to 6 p.m.Open Friday from 9 a.m. to 6 p.m.

Military Clothing Store

Closed Thursday and Friday

*For more Robins Exchange holiday hours