BREAKING NEWS Pentagon delays sending furlough notices

American Forces Press Service - Pentagon officials have put off sending furlough notices to civilian employees until they've had a chance to analyze how pending legislation that would fund the federal government for the rest of the fiscal year will affect the Defense Department.

Officials now estimate that furlough notices will go

out on or about April 5, Navy Cmdr. Leslie Hull-Ryde, a Pentagon spokeswoman, said.

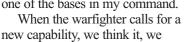
"The legislation could have some impact on the overall number of furlough days, but no decisions have been reached, especially since the legislation hasn't been signed into law," Hull-Ryde said. "The number of furlough days at this point remains at 22."

Pentagon Press Secretary George Little said the delay makes sense. "We believe the delay is a responsible step to take in order to assure our civilian employees that we do not take lightly the prospect of furloughs and the resulting decrease in employee pay," he said.



Sequestration impacts our mission, people and bases

As commander of Air Force Materiel Command, headquartered at Wright-Patterson Air Force Base, Ohio, I lead an organization of some 80,000 military members and civilian employees whose work touches every aspect of the Air Force. Robins Air Force Base is one of the bases in my command.



build it, we break it, we make it better, we deliver it to the fight and we keep it there as long as it's needed. My people research, develop, buy, test and maintain systems and capabilities the Air Force needs to carry out its mission – from uniforms to fighter aircraft.

Wolfenbarger

The ongoing sequestration impacts every piece of the AFMC mission and, as a result, the entire Air Force in a multitude of ways. The cuts levied by sequestration will

hit AFMC hard on three fronts – our mission, our people, and our bases such as Robins.

I do not yet know the precise reductions AFMC will take under sequestration, but, for planning purposes, cuts for the remainder of this fiscal year ending Sept. 30 are about \$300 million, or 29 percent of our remaining operating account, and \$1.4 billion, or 40 percent of the remaining readiness account we operate on behalf of the Air Force.

It is impossible at this point to estimate AFMC cuts beyond fiscal 2013 over the 10-year life of sequestration. But we do know that sequestration impacts will be farreaching across AFMC.

Impacts to Our Mission

Recapitalization and modernization of the aging Air Force fleet, primary missions of the Air Force Life Cycle Management Center, headquartered at Wright-Patterson will be slowed. Acquisition programs will be delayed or canceled, some costs will rise and much-needed capabilities will take longer to get into the hands of our warfighters.

At the Air Force Test Center, headquartered at Edwards Air Force Base, Calif., the developmental test mission will be significantly impacted as we reduce operations at AFMC test ranges, stop all flight testing (except for the F-35) and test support toward the end of the fiscal year, and determine the status of upcoming Summer Test Pilot School classes at Edwards.

Within the Air Force Sustainment Center, headquartered at Tinker AFB, Okla., we'll have to reduce sustainment operations at our three depots by as much as 40 percent for the remainder of fiscal 2013. Rough estimates include deferment of 297 aircraft and 197 engines for depot maintenance and major modifications. Depot operations will slow down, aircraft availability and mission

▶ see IMPACT, 8





U.S. Air Force photo by SUE SAPP

L-R, Tech. Sgt. Michael Canterbury, Staff Sgt. Darius Shirts, Airman 1st Class Tyler Jarvis and Maj. Laura Kirby work during a focus group meeting at the base's Caring for People Forum. The annual event brings Robins' leaders, service and support providers, family members and volunteers together to improve service and support programs for Airmen and their extended families.

Caring for People forum yields ideas for change BY JENNY GORDON jenny.gordon@robins.af.mil

The 3rd Annual Robins Caring for People Forum concluded March 15 with close to 130 participants this year. "The Caring for People Forum is a critical thing for us to look at in how we're taking care of each other at the installation level," said Col. Mitchel Butikofer, Installation commander, during the event's kickoff. "It gives us an opportunity to feed these ideas up to the Air Force level. The work you do here is valuable, is looked at and is meaningful." Diverse focus groups of 12 to 15 people represented issues on deployment support, military child education, family support, health and wellness, guard support, single airman support, special needs family members, housing support and spouse communication. Among the issues discussed from last year's forum were providing families part of the Exceptional Family Member Program reimbursement for medical appointments in a 50-mile radius; developing a partnership between the Department of Defense and Immigration and Naturalization Services to help reduce out-of-pocket expenses for foreign-born dependents and their spouses; and allowing single Airmen without local family ties postdeployment leave so they could return home on temporary duty. There was also a recommendation for states to be audited when complying with the Military Interstate Children's Compact Commission, which addresses key educational transition issues among military children. On this year's forum, the top issues that will be further discussed in the next year include more ease of transferring college credits among higher education institutions; awareness and resources of programs with family support; cost of rent with housing; having a full-time sergeant as

U.S. Air Force photo by **ED ASPERA**

Tallie Daniel, Water Treatment Plant operator, explains the Chlortec onsite chlorine generation system.

BEHIND THE SCENES

Certified operators work to provide high-quality water for Robins' public water system

BY JENNY GORDON

jenny.gordon@robins.af.mil

here are forces at work deep underground and within the 78th Civil Engineer Squadron which allow us to enjoy a simple, clean drink of water.

Known as the Cretaceous Sands aquifer system, about 400 to 500 feet below us, it is the underground layer of sand where much of middle Georgia's water rests and from where it is extracted.

At Robins, the base water plant employees operate the public water treatment system, providing water for irrigation, industrial purposes and drinking to a workforce of more than 20,000 people.

No less than six water wells are located across

Robins, pushing needed water to four water towers with a total holding capacity of about to 2.25 million gallons.

The wells, which pump water from the aquifer, are all roughly the same size, producing from 900 to 1,100 gallons per minute. The average water usage per month this time of year is 45 million gallons. In 2012, 556 million gallons of water was distributed to Robins consumers.

Maintaining those wells and ensuring the water treatment and distribution system operates properly is the responsibility of a handful of water treatment plant operators from the 78th Civil Engineer Group. The operators are certified by the state of Georgia and are required to keep up to date with continuing education.

▶ see WATER, 2

▶ see FORUM, 7

78th MDG Airman selected to AF panel

TECH. SGT. NICHOLE WHITE 78th Medical Group

Airman 1st Class Amanda Van Speybroeck, a Wichita Falls, Texas, native has been selected to serve on a 10-member panel as part of the Airman-to-Airman Safety Advisory Council Charter.

"If I can get one person not to make a bad decision which will affect them, their friends and family for the rest of their lives, then I've done something good to make people realize how important safety really is," said Van Speybroeck, 78th Medical Group Flight Medicine Personnel Reliability Program monitor.

She joined the service more than two years ago at the age of 22 to care for her mother who was suffering from alcohol and drug dependence.

Thirty days after she joined, her mother died from an alcohol-related incident.

Her desire to touch the lives of others sparked her to write an essay

concerning safety which was forwarded to the major command. Her message afforded her the opportunity to serve as a panel member.

The council is designed to promote safety amongst Airmen between the ages of 17 and 26, and Airmen who can deliver a powerful message to a peer audience are selected.

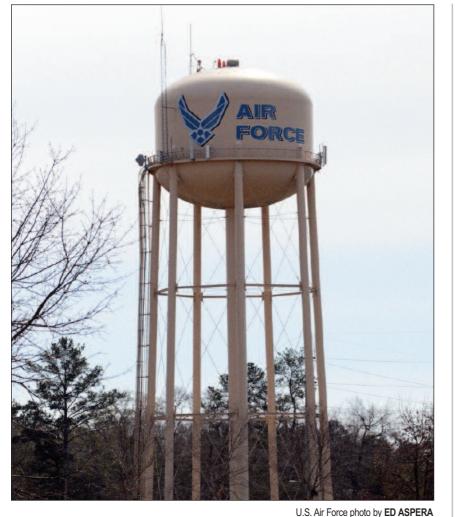
Duties include working with the base safety office, engaging in public speaking throughout the Air Force and communities, and making public safety announcements.



Courtesy photo

Airman 1st Class Amanda Van Speybroeck, 78th Medical Group Flight Medicine's Personnel Reliability Program monitor, has been chosen as one of 10 to serve on the Airman-to-Airman Safety Advisory Council.

Page Two



This water tower, located on 12th Street, has a capacity of 500,000 gallons.

WATER Continued from 1

Along with daily monitoring of the water for chlorine, and pH levels, the treated water is tested by Georgia's laboratory on a routine schedule to ensure federal drinking water standards are met.

Operators make daily visits to each of the wells to ensure all is running smoothly.

"The wells are continuously monitored," said Tallie Daniel, 78th CES water plant operator. Twice per day, every day, operators analyze the treated water being produced. We adjust the treatment process as needed at each well house, ensuring great quality water is being introduced into the distribution system."

The operators monitor well capacity monthly by physically measuring the water at each well.

"When 'drawdowns' are performed, we gain crucial information on the aquifer itself, and a general knowledge of the water seeping into the well," said Lee Glover, 78th CES water treatment sumed is stored in the water towers on base. As water is used, and pressure drops in the system, a well begins extracting water from the aquifer to restore system pressure by refilling one of the four water towers.

Any changes in monitoring or problems which crop up can be immediately detected through an automation system known as a supervisory control and data acquisition system.

For instance, a water tower's level can be remotely monitored, and if a particular area or building needs more water, the system can immediately react and adjust levels.

"We have so much redundancy built into the system that we can actually function on as little as two to three wells," said Wilson Jones, 78th CES civil engineer.

Interestingly, the water's color has the same appearance whether its treated or untreated once it immediately comes up from the ground.

So what happens to ensure good, quality-tasting tap water ends up in base buildings? Each well has its own treatment system where water is

Money-saving tips to survive budget cuts

BY HOLLY J. LOGAN-ARRINGTON holly.logan-arrington@robins.af.mil

With furlough days staring federal civilian employees in the face, the Department of Defense is not the only one looking at forced cutbacks.

Some employees may have already begun thinking of ways to trim costs as they try to imagine what life will be like walking the "money's tight rope" when many don't have a big financial safety net – if they have one at all.

Just the anticipation of living on less money may have some people scurrying for ways to spend less and save more.

The "Robins Rev-Up" is offering readers tips on how to craft a new way of living that can help people beyond the federal budget crunch.

Furloughs will no doubt take their toll, but with the following tips, people could have a better financial mindset on the other side.

Save Money

Evaluate future large purchases (tires, Christmas, etc) and establish a monetary goal. Divide by number of months until the cash is needed and set aside that amount each pay period until goal is reached.

Write down each goal and include the date needed to help prevent you from raiding it later when you see it grow.

Automatic deductions work best so start an allotment and start saving today.

Shop Wisely

When items are needed, do some research and look for sales and discount racks. Consider markets, superstores, farmer's markets, local shops, marts and stores. Drugstores sometimes have good sales on a few items, but typically that's just to get you in the door. Other items maybe more expensive.

Save power

Turn the thermostat up a few degrees in the summer and use a fan, or turn it down in the winter and put on extra clothes. Make it a habit to turn off anything electrical when not in use. Adjust water heater temperature to 125 degrees.

Editor's Note: The accompanying tips are provided by the Robins Airman & Family Readiness Center. See more helpful info at www.robins.af.mil under the sequestration tab.

Smart power strips assist with conserving energy

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

Nearly 9,000 smart power strips are in the process of being distributed to as many offices as possible across Robins as part of ongoing efforts to reduce energy consumption and cost.

As of last week, fewer than 500 power strips were left since distribution began March 1.

The response has been positive and quick, according to Dave Bury, 78th Civil Engineer Group base energy manager.

Air Force Materiel Command Headquarters purchased more than 77,000 power strips, designed to reduce energy consumption through automation. The quantity was spread throughout 11 AFMC bases. Although the power strips won't be distributed to every computer work station here, many administrative areas will be able to take advantage of the savings.



Working with Terry Stewart from the 78th Communications Directorate, instructions were drawn to assist personnel with installing and using the new strips. Basically a strip, which comes with a 12-foot cord, will assist with automatically shutting down a second computer monitor, any cubicle task lighting and computer speakers once the strip senses no computer activity is taking place. The strip can be manually operated by using the power switch on the monitor selected to be the control for the strip, for

example, if someone has stepped away from their desk for 10 minutes, gone to a meeting or lunch.

Devices with heating elements, such as space heaters or coffee pots, are not to be plugged into the power strip.

New smart strips must be plugged into a wall outlet, not another power strip.

Bury said by using the new power strips the base could experience an estimated-energy cost savings of \$50,000 yearly.

"We don't need computers, fans and lights on when we're not here. These strips were relatively inexpensive and can help change the culture," he said. "That's our biggest opportunity to save energy." "All you have to do is push a button and go home," he added. "You've done your part which is really important. While individuals don't control a lot of energy - collectively it adds up."

plant supervisor. "In drought periods, we may have less filtration from the water seeping into the wells. During this time of the year, there's more flow into the well and the water table is replenished and maintained by rainfall."

Once water is treated and pumped out of a well house to the distribution system, any which is not concontinuously treated with additives to ensure the safety and quality of the water supply. Treatment includes adding a chemical to raise the pH level so it's not corrosive to piping and disinfection of the water by chlorination. fluoride is added to protect teeth; and the water is softened to prevent mineral buildup and protect pipes.

Safety saves lives. Start your savings account today.



WS FROM AROUND THE

Hometown of first female AF 4-star dedicates new high school in her honor WRIGHT-PATTERSON AIR FORCE BASE, Ohio –

Beavercreek City Schools dedicated its high school campus during a ceremony to Air Force Materiel Command Commander Gen. Janet Wolfenbarger, a 1976 Beavercreek graduate, March 15.

The campus was renamed the "General Janet C. (Libby) Wolfenbarger Campus at Beavercreek High School."

"It is our sincere hope that by naming this campus in your honor, our youth will be inspired by your example," Peg Arnold, Beavercreek Board of Education member, told Wolfenbarger during the ceremony. "We hope they will learn about your legacy, and see that hard work, responsibility, determination and love of country are ideals worth pursuing in their own lives."

Wolfenbarger has long-credited her education at Beavercreek High School for the providing her the foundation for her success, at the U.S. Air Force Academy, from which she graduated in 1980 in the first class with women cadets, and throughout her career.

To read more, visit www.af.mil.

'Rodeo' competition canceled

SCOTT AIR FORCE BASE, III. – This year's gathering of the Mobility Air Force's biennial Rodeo readiness competition has been canceled.

Gen. Paul Selva, Air Mobility Command commander, decided this week not to conduct the competition due to budget shortfalls.

"Given the fiscal uncertainty and current budget cuts, this was the right thing to do," he said. "It's very unfortunate we have to cancel. This is an important and uniquely useful event for mobility air forces and our international partners. We'll get back to holding Rodeo as soon as we can."

It is not the first time Rodeo hasn't been conducted for budgetary or operational tempo reasons, officials said. Rodeo 2003 was called off because of worldwide commitments for the Global War on Terror and humanitarian efforts; in 1988, it was canceled because of budget shortfalls. Rodeo competitions are held to train and improve the abilities of U.S. and international partners' air mobility operations skills while building international relationships.

To read more, visit www.amc.af.mil.

Nellis AMU receives Lightning IIs

NELLIS AIR FORCE BASE, Nev. – The day the Lightning aircraft maintenance unit members have been working towards for more than three years has arrived.

The Airmen's work to improve their skills and prepare for the arrival of the F-35 Lightning II came to fruition March 6 with the arrival of two F-35 Lightning IIs.

The 57th Aircraft Maintenance Squadron's Lightning AMU has devoted its time and resources to ensure their Airmen are up-to-date with fundamental training and tactics with the Department of Defense's newest fifth generation airframe.

"We're doing all kinds of prep," said Tech. Sgt. Brian Sarafin, Lightning AMU F-35 dedicated crew chief. "We've sent [service members] out to Patuxent River, Md., Eglin Air Force Base, Fla., and Edwards Air Force Base in California to get hands-on training because we didn't have the jets here yet."

Stunt double

Maj. Aaron Lawson, a Special **Operations Command, Pacific** special tactics officer, jumps from a C-17 Globemaster III near Joint Base Pearl Harbor Hickam-Hawaii. The jump was filmed by veteran freefall cameraman and skydiver cinematographer, Tom Sanders, and will be used in a scene on an upcoming episode of the television show "Hawaii Five-0." Lawson was given the opportunity to serve as a stunt double for actor Alex O'Loughlin, who plays Steve McGarrett on the show. The episode will air April 15 on CBS at 10 p.m. EST.



Photo by TOM SANDERS

DoD Examines UCMJ Changes to Combat Sexual Assaults

WASHINGTON DC. – Defense Department officials will do what it takes to end sexual assault in the military, the Pentagon's top acting general counsel told Congress March 13.

Robert Taylor told the Senate Armed Services Committee's personnel subcommittee that DoD is building a structure to address sexual assault in the military, and that changes in the legal arena are in the works.

The General Counsel Office is working with the service judge advocates general "to make our judicial, investigative and support structures more efficient, effective and responsive to the rights and needs of victims, while preserving the rights of the accused," he said.

Taylor was part of a full day of testimony before the committee. Earlier in the day, victims of sexual abuse testified about their experiences and spoke of a lack of interest exhibited by commanders and a lack of justice in the system.

To read more, visit www.af.mil.

Air Force retains additional intratheater airlift aircraft through fiscal 2014

WASHINGTON DC. – The Air Force announced it will retain additional airlift aircraft through fiscal 2014 in response to a congressional mandate to retain an inventory of 358 intratheater airlift aircraft.

The fiscal 2013 National Defense Authorization Act included language directing the retention of additional intratheater airlift aircraft above what was brought back in a previous proposal submitted in November of 2012.

"Although we were required to retain aircraft only through the end of this fiscal year, we extended the aircraft through fiscal 2014 to allow time to complete additional analysis and to coordinate with our stakeholders," said Secretary of the Air



U.S. Air Force photo by STAFF SGT. STEPHANIE MANCHA

Take a look

Senior Airman Annette Bieniek trains Airmen on the proper safety wiring in a central gear box of an F-15E Strike Eagle at Royal Air Force Lakenheath, England. Bieniek is a 48th Equipment Maintenance Squadron inspection section journeyman.

tary of the Air Force with recommendations for the locations, numbers, primary or backup status and duration of the aircraft we retained," said Col. James Jacobson, Intratheater Airlift Working Group chairman. "The Air Force evaluated numerous criteria. Among the criteria, the Air Force focused its attention on intratheater airlift locations still affected by force structure reductions taken as part of the fiscal 2013 president's budget and locations that didn't receive a backfill mission as part of the Air Force Total Force Proposal."

N N N

The AMU Airmen used the training opportunity to familiarize themselves with new maintenance procedures and software for the aircraft.

To learn more, visit www.acc.af.mil.

Force Michael Donley.

To develop options to comply with the guidance in the fiscal 2013 NDAA, Air Force officials established an Intratheater Airlift Working Group comprised of members from the Air National Guard, Air Force Reserve, Air Mobility Command and Headquarters Air Force.

"The task of the IAWG was to provide the secre-

Good Samaritan

Security Forces Airman lends helping hand

78th Security Forces Squadron,

I just wanted to send you my written observation of an activity one of your Airmen was involved in on the evening of March 11.

My wife, Evelyn, and I were beginning to enjoy our dinner at (a local restaurant) on Watson Boulevard. Airman 1st Class William Stewart came in the diner with his family and friends. As he passed our table an elderly lady nearby began chocking severely.

Steward immediately moved in to help. He was professional, efficient, and showed no lack of confidence nor indecision. His application of the Heimlich maneuver was successful, and the lady recovered quickly.

Without the actions of Stewart, the medical

emergency could have been very serious, and he may very well have saved her life that evening.

His quick decisive actions demonstrate once again the benefits of having Robins Air Force Base and its trained personnel in our town.

> – Phillip Wyatt, F-15 System Safety Officer

ROBINS REV-UP

COMMANDER Col. Mitchel Butikofer

HOW TO CONTACT US

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SUBMISSION GUIDELINES

Submissions must be received by 4 p.m. Wednesday, the week prior to the requested Friday publication.

They should be e-mailed to lanorris.askew@ robins.af.mil and

vance.janes@robins.af.mil

Submissions should be of broad interest to the base populace. For information, call Lanorris Askew at 472-0806.

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To report delivery issues, call 472-0802.

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STAFF WRITERS Jenny Gordon Holly Logan-Arrington

On the Fly

AFAF campaign going strong

The Robins 2013 Air Force Assistance project officers include:

- ►Tech Sgt. Jehu Forte, 461st ACW
- ►2nd Lt. Diana Hall, 78th ABW
- Master Sgt. Thomas Williams, 689th CCWSenior Master Sgt. Lisa McCarthy,
- AFRC
 - ► Staff Sgt. Vernon Pifer, WR-ALC
 - ►1st Lt. Greg Cappuzzo, AFLCMC ►Master Sgt. Thomas Sorken, 339th FLTS
 - ►1st Lt. Yvonne Johnston, 638th SCMG

Those interested in applying for aid must meet eligibility guidelines, and complete an application at http://www.afas.org.

Five JSTARS members win ANG Information Dominance and Functional Award

BY TECH. SGT. REGINA YOUNG 116th Air Control Wing Public Affairs

Fund campaign has completed its second

week with donations of \$23,740. The six-

week campaign ends April 12. The theme

The AFAF raises money for charitable

affiliates which provide support within the

Force Villages Charitable Foundation, the

To donate to the AFAF, primary unit

Air Force family. They include the Air

LeMay Foundation, Air Force Enlisted

Village and the Air Force Aid Society, which is housed at Robins in the Airman

and Family Readiness Center.

is "Commitment to Caring," with this

year's goal of \$78,833.

The 116th Air Control Wing Communication Squadron has continued its record of success capturing five of 10 national-level 2012 Air National Guard Information Dominance and Functional Awards.

The ANG Information Dominance Awards recognize military and civilian members for sustained superior performance while providing information dominance and cyberspace operations to Air Force and Department of Defense missions and operations.

Led by Lt. Col. Hugh Goss, 116th Communications Squadron commander, the Base Communication Cyberspace Operations award recipients included: Goss, Master Sgt. Lawrence

The Robins Chiefs

Group is currently accepting applications for its academic scholarship program. An applicant must be an enlisted military member (Active Duty, Reserve, National Guard or retired) or the dependent of an enlisted military member (Active Duty, Reserve, National Guard, retired, or deceased) assigned to, or retired from Robins. Any enlisted rank or branch of service is eligible. In the case of retired or deceased sponsors, the applicant must have remained in the Robins area. Applicants must have applied to, or been accepted at, or currently attend an accredited institution of higher learning (university, college, technical college, etc.) on a full-time basis.



U.S. Air Force photo by MASTER SGT. ROGER PARSONS L-R, Master Sgt. Lawrence Larine, Tech. Sgt Derek Woodard, Staff Sgt. Ivy Huff and Senior Airmen Kenneth Gellins – members of the 116th Air Control Wing Communications Squadron – are winners of Air National Guard Information Dominance and Functional Awards. Lt. Col. Hugh Goff, who also won, is not pictured.

Laurine, Tech. Sgt. Derek Woodard, Staff Sgt. Ivey Huff and Senior Airman Kenneth Gellins.

"These awards are reflective of the outstanding and sustained performance of all personnel in the 116th Communications Squadron who have been responsible for maintaining unparalleled communications support

from 2 to 3:30 p.m. in the Contracting Directorate's Executive Conference Room in Bldg. 301 East Wing.

Please view the Robins Splash Page and click on Team Robins for any changes in class schedules. for more than 3,000 people in two wings and five geographically separated units," said Goss.

Winning the awards capped off a banner year for the squadron.

They also contributed to an overall rating of excellent during the Team JSTARS operational readiness inspection with multiple superior performers.

For more information, visit the Robins Chiefs Group's website at www.robinschiefsgroup.org, or send an email to info@robinschiefsgroup.org.

The following leadership class is scheduled for March:

►Karan Fowler will present "Five Languages of Appreciation in the Workplace" Wednesday Management Office in Bldg. 914 will close Thursday at 10 a.m. for an official function. The office will reopen March 29 at 8:30 a.m.

The Travel

For more information, call Hope Johnson at 472-0131.

EAP Management Coaching is now available for managers and supervisors. The program focuses on maximizing a manager's strengths to improve performance and enhance his or her quality of life.

For more information, call 497-7577 or 497-7683.

To have a leave recipient listed here, email Lanorris Askew at lanorris.askew@ robins.af.mil. Space permitting, sub-

missions will run for two weeks.

FORUM Continued from 1

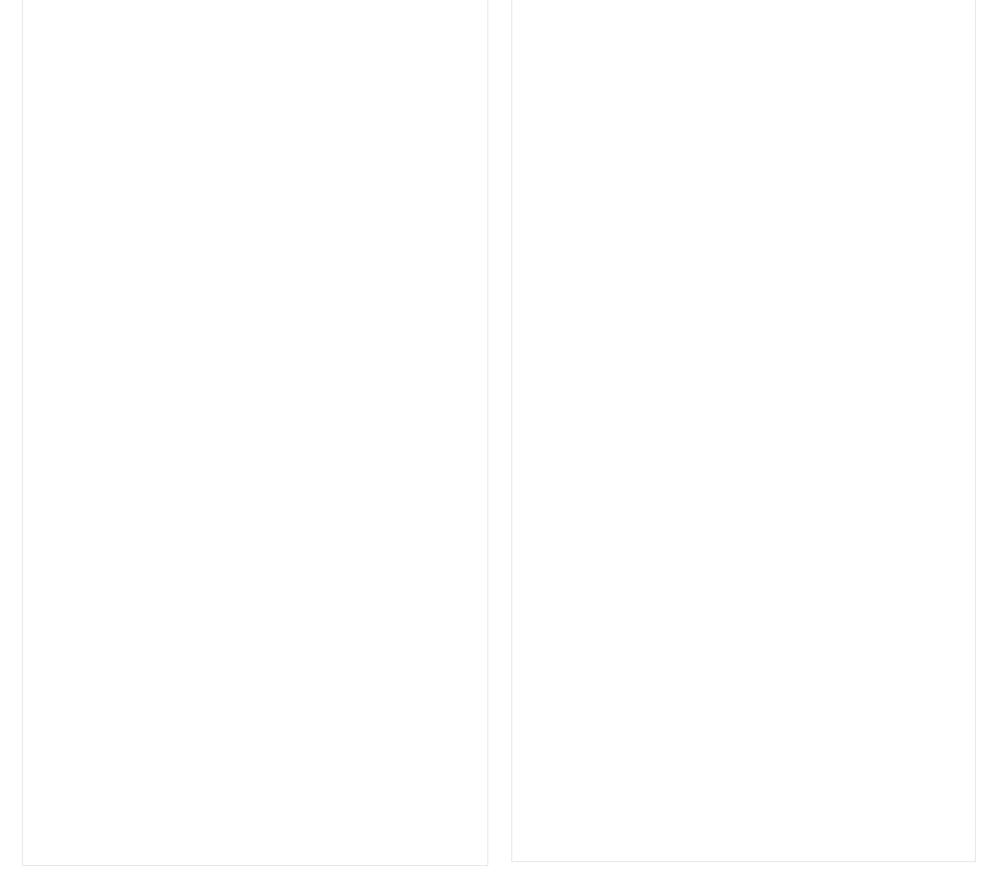
an additional role for Guard support; alternate daycare; expanded gym time; leadership support with single Airmen; sponsorship programs with EFMP; deployment support; pre-K before and after care; and climate change under resiliency.

As a result of last year's forum, two new focus groups were added this year – the higher education and resiliency focus groups. Resiliency group participant Senior Airman Sean Perry said his group held a long, beneficial discussion during their morning meeting.

"I wanted to be part of this group because I see what the culture is, and I always feel like it could be better," said Perry, a 5th Combat Communications Support Squadron client systems technician. "If there is anything I could do – even in a supporting role – that can help make the culture of resiliency better, then that's what I want to do."

Col. Patricia Ross, 78th Air Base Wing vice commander, said that from an installation perspective, the annual forum's feedback is an invaluable resource.

"These issues aren't always brought to our level," she said. "While not all the issues can be worked out locally at Robins, we can certainly forward them to the appropriate place so our voices collectively can be heard."





capable rates will drop, and some aircraft will simply be grounded. It could take up to five years for depot operations to "catch up" once fully funded.

In the Air Force Research Lab, with locations across AFMC, sequestration cuts will force our labs to slow research; new technology transitions will be delayed to the warfighter for both their immediate needs and their longer term requirements to execute critical Air Force missions in the years to come.

Impacts to Our People

AFMC's workforce is 77 percent civilian (about 60,000 of some 80,000 people). Like no other Major Command in the Air Force, the majority of AFMC will be hit hard by the planned civilian furloughs that will cut workers' pay by 20 percent through September 30. The impacts on my people will be significant. I don't know anyone who can take a 20 percent cut to their income, with minimal notice, and not feel it.

Many of my employees live paycheck to paycheck. A 20 percent pay cut is driving the majority of my workforce to face fears of how to pay their household bills. Many have expressed the need to work a part-time job to help cover the impact or withdraw from their retirement accounts to make ends meet. This will be devastating; we are breaking faith with our civilian Airmen.

The following are some specific quotes from some of my people:

"I will have to cancel my life insurance policy and reduce health care insurance coverage to cover the 20 percent loss of salary."

"I will be tapping into my 401K Retirement Plans for hardship loans, which will impact future retirement plans and cause me to incur new debts to pay off old debts. I may need to resort to "pay-day loan" stations to pay bills."

This also impacts the communities surrounding our bases. Less money in the pockets of our civilians means less money to spend at the local grocery store, restaurant or movie theater. Less money will go to local taxes that pay for roads, schools and infrastructure.

Impacts to Our Bases

I am responsible for nine bases in my command, in nine different states across the country. The budget reductions will cut into my ability to maintain these bases where my people live and work, forcing my air base wing commanders to make tough calls on what to repair. Only true emergency repairs will be accomplished. Preventative maintenance on everything from buildings to communication networks will essentially halt. My people will come

to work at bases where streets, buildings and housing will see all but emergency upkeep delayed.

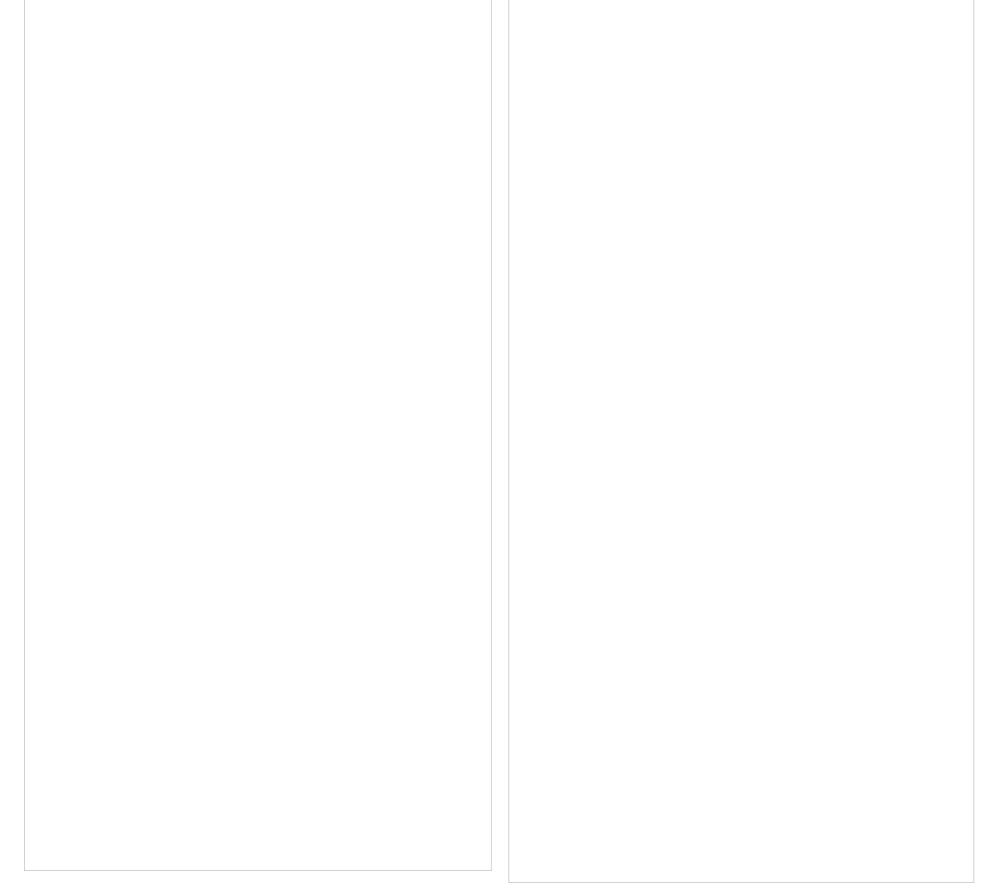
The potential impacts on defense contractors will also be felt. Thousands of contractors provide goods and services to AFMC and the Air Force. Sequestration will cause some contracts to be modified. Small contractors, who provide everything from office supplies to bomb fuses, will be hit especially hard since they do not have the financial depth of larger defense contractors.

If the House of Representatives fiscal 2013 budget bill becomes law, its impact on sequestration translates into taking a step toward more regular order and removes uncertainty associated with the budget environment to date for this fiscal year. It will end the continuing resolution and finally give us a fiscal 2013 budget.

While not all that we requested, we hope the bill, when eventually reconciled with a Senate version, will give the Department of Defense more clarity and more flexibility as it carries out sequestration reductions.

Simply put, the impacts of sequestration are severe – to our mission, our people, and our bases and local communities.

WE SUPPORT AFSO21



Base events to target family fun, healthy activities

BY JENNY GORDON jenny.gordon.ctr@robins.af.mil

It's all about celebrating the family. To kick off activities as part of April's Month of the Military Child, A Fit and Healthy Family Fair and Picnic will be from 10 a.m. to 2 p.m. March 30 at the Robins Youth Center.

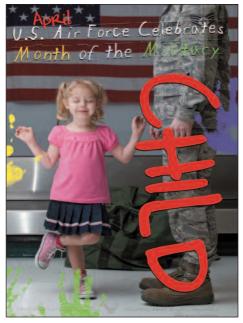
The day's festivities are free to everyone with base access, including civilians, retirees and their families. No registration is required.

"The whole event is about being active and having a great time as a family," said Dani Lebovitz, health and fitness specialist and registered dietitian.

Everyone is encouraged to not only pack their own healthy picnic lunch and basket, but bring their own camera for tons of photo opportunities.

Look forward to an Easter egg hunt at 1 p.m., along with surprises such as a free-throw contest, freeze dance, zumba, karate, vehicle demonstrations, inflatables, games, a health and wellness education fair, face painting and more.

There will also be several 20-minute



mini workshops throughout the day, including healthy snacking with a mini parfait demonstration; 'home alone' workshops to increase awareness of home-alone guidelines, presented by Family Advocacy; and "Don't be a dummy when it comes to your money," presented by the Airman & Family Readiness Center.

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Planning a picnic

BY ARIELLE "DANI" LEBOVITZ

Health and Fitness Specialist and Registered Dietitian

Spring has finally sprung! The weather is warming, cherry blossoms are blooming and it's time to revel in the great outdoors with the Fit and Healthy Family Fair and Picnic from 10 a.m. to 2 p.m. March 30 at the Robins Youth Center.

What better way to celebrate this beautiful season than to make a family picnic and play outside?

Family picnics are fun and can be healthy too. Try these simple tips to get you started:

Food Safety

It's very important to keep hot foods hot and cold foods cold to prevent any food borne illnesses. Be sure to add enough ice to coolers or place hot food in an insulated carrying bag to maintain the proper food temperatures and keep food safe to eat.

Finger Foods

Choose finger foods which are easy to eat and don't require utensils. Including items that you can eat with your hands limits how much you carry and decreases the amount of trash when you're done.

Staying Hydrated

When playing outside – especially in the Georgia heat – it's important to stay hydrated. Water is always your No.1 source of hydration, but bringing 100 percent juice boxes can be a nice treat while playing outside. Try placing beverages in the freezer a few hours before the picnic to help keep food cold and create a slushylike consistency while you drink them.

Main Dish Ideas

- ►Turkey and cheese roll ups with spinach
- Hummus and pita bread
- ► Ham slices, cheese and crackers
- ►A good old-fashioned sandwich

Side Item Ideas

 Fresh veggies like baby carrots, sweet peppers, sugar snap peas, mini cucumbers, or grape tomatoes
 Baked chips, pretzels or graham crackers

► Fresh fruit like apples, oranges, pears, or berries.

Transportation for Before and After School Program

The Robins Youth Center is conducting a survey to help determine which schools it will provide service to for the 2013-2014 school year. It may, based on the level of interest, expand its after school transportation to include select middle schools for after-school service only.

To take the survey visit robinsfss.com and find the link or go directly to http://questionpro.com/t/AJNAoZPOLe. Those interested can also pick up a paper copy at the Youth Center.

This current school year (2012-2013) the center provides before and after service to the following schools:

- ▶Bonaire Elementary
- ► Hilltop Elementary
- ► Lake Joy Elementary and Primary
- ►Linwood Elementary
- ▶ Perdue Elementary and Primary

The center is looking for feedback so that "the voice of the customer" can direct it to target its services in the most efficient and productive manner.

For more information, contact Mandie Holovach at DSN 468-1426 or Commercial 478-327-6833.

ALL ABOARD

PARENTING WORKSHOP Do you know the rules for leaving your child home alone

The Family Advocacy Program will be collaborating with the 78th Air Base Wing Safety Office, Security Forces, Weather Flight and the Youth Center to host the Home Alone Workshop, Thursday from 5:30 to 7 p.m. at the Robins Youth Center, Bldg. 1021.

The Home Alone Workshop is designed to help families safely prepare their children, ages 9 and older, to be home alone. The program will enhance family communication, help parents decide if they are comfortable leaving their children home alone, guide parents and their children in developing a contract/agreement for home alone rules, and increase the family's safety awareness.

The Georgia Department of Family and Children Services provides supervision guidelines which apply on and off base. Their policy recommends that children 8 years old, or younger, should not be left alone. Children between the ages of 9 and 12 years old, based on maturity, may be left alone for brief – less than two hours – periods of time. Children 13 and older, who are at an adequate level of maturity, may be left alone and may perform the role of babysitter as authorized by the parent, for up to 12 hours. This guideline is based on the child's ability to demonstrate responsible, age-appropriate behavior.

For more information, or to register, call the Family Advocacy Program at 327-8398.

SUSPICIOUS ACTIVITY? CALL 468-EYES



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EVENTS AND ACTIVITIES

<u>ON TAP</u>

Atlanta Zoo Sign up by today April 20 \$70 to \$74 per person Outdoor Recreation Bldg. 914 For details, call 468-4001.

Pee Wee League Bowling

Saturday Noon to 2 p.m. Bowling Center Runs every Saturday for 10 weeks For details, call 468-1256.

March Madness

Third Round Saturday and Sunday 3:30 to 9 p.m. Heritage Bar Come by and watch the game with us. For details, call 472-7864.

9 Pin No-Tap Tournament Saturday

6 to 8:30 p.m. Bowling Center \$15 per person, men and women's divisions. All games are scratch. For details, call 468-2112.

Writing a Winning Resume Monday 9 to 11 a.m.

A&FRC For details, call 468-1256.

IM Softball Letter of Intent Deadline Wednesday,

4 to 5 p.m. Fitness Center For details, call Kenny Porter at 468-2128.

Financial Beginnings

(First Term Officers) Wednesday 9 to 11a.m. A&FRC For details, call 468-1256.

March Madness

Regionals Thursday 3:30 to 9 p.m. Heritage Bar Come by and watch the game with us. For details, call 472-7864.

Home Alone Workshop Thursday 5:30 to 7 p.m. Youth Center For details, call 468-2110.

<u>UPCOMING</u> Pizza Depot Buffet

Special March 29 11 a.m. to 1 p.m. Heritage Lounge Catfish, hush puppies, coleslaw and dirty rice Members \$6.95 Guests \$7.95 For details, call 468-0188.

<u>ONGOING</u>

Air Force HOOPS Now through April 8 Win up to \$5,00 in cash. Pick up a game piece at Robins Lanes or the Pine Oaks Golf Course For details, call 468-2112 or 468-4103.

Quick Turn

now serves breakfast Mondays through Fridays 7 to 9:30 a.m. Open to all Team Robins members For details, call 468-6972.

QuickShot Bingo

Mondays through Fridays at all Base Restaurant snack bars 6 a.m. to close For details, call 468-6972.

Golf Annual

Legoland Florida Tickets 1 day \$54 per person 2 days \$62 per person For details, call 468-2945.

Robins Lady Hawks take home honors

BY JENNY GORDON jenny.gordon@robins.af.mil

The Robins Air Force Base Lady Hawks women's varsity basketball team took top honors at this year's South East Military Athletic Conference women's championship earlier this month.

The game was played at Maxwell Air Force Base, Ala., against a team from Keesler Air Force Base, Miss., with Robins winning 70-61.

"Determination, heart and togetherness has made this team a pleasure to coach. Our ladies program is strong and here to stay," said Tech Sgt. Juan Vasquez, team coach, who works in the 461st Air Control Wing Support Training Squadron. "Winning the championship has also locked us in next year to host the 2014 Women's SEMAC tournament."

Along with assistant coach Justin Sheldon and team manager Angel Outler, team members include: Shalanda Clark, Felecia Davis, Kyshia Fullwood, Jonisha Gibson, Samantha Keeby, Amber Kennedy, Alisha Leonard, Aisha Maddox, Denita Massey, Celeste Morrison, Nakisha Reaves, Jazmine Riley, Monica Stanford, Brittany Vines and Erica Whiteside.

Anyone is welcome to play on the team, including military, Department of Defense personnel and family members with a military ID.

Robins AFB Chapel Protestant and Catholic *Easter Worship Schedules*

Our Lady of the Skies

Daily Mass - Noon

Thursdays Stations - 6 p.m.

Sunday - Palm Sunday – 9:30 a.m.

Thursday - Holy Thursday Mass – 7 p.m. Adoration 1 hour

Friday - Good Friday Liturgy – 7 p.m. Designated Offering for Peter's Pence

March 30 - Holy Saturday Mass – 8 p.m. Reception to follow in the annex

March 31 - Easter Sunday Mass - 9:30 a.m.

Protestant Worship Services

Sunday - Palm Sunday-Easter Cantata – 11a.m. in the Chapel Sanctuary

March 31 - Easter Sunrise Service – 6:30 a.m. Robins Chapel lawn - bring lawn chairs or blankets. Breakfast will follow in the Annex.

March 31 - Easter Celebration Service – 11 a.m. in the Chapel Sanctuary



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