



The C-17 Globemaster III can take off and land on runways as short as 3,500 feet and only 90 feet wide. Even on such narrow runways, the C-17 can turn around using a three-point star turn and its backing capability.



Runway repairs



PAGE 5

An Air Force first



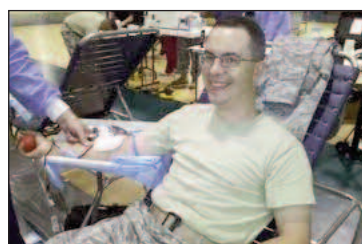
PAGE 2

ROBINS REV-UP

June 8, 2012 Vol. 57 No.23

NEWS

YOU CAN USE



Upcoming blood drives

The Armed Services Blood Program will conduct a blood drive today from 8:30 a.m. to 4 p.m. at the Fitness Center Annex basketball courts in Bldg. 301.

The American Red Cross will also conduct a blood drive today from 8:30 a.m. to 2:30 p.m. in Bldg. 210 and from 7:30 a.m. to 1:30 p.m. in Bldg. 640. The American Red Cross will conduct a second blood drive Tuesday from 11 a.m. to 3 p.m. at the Museum of Aviation's Hangar One.

To schedule an appointment or for more information about the ARC blood drives, call Jackie Connors at 501-0739 or the ARC at 405-0195.

To schedule an appointment online visit redcrossblood.org. Walk-ins are welcome.

Individuals who donate will automatically be entered into an award drawing.

The American Red Cross collects blood in support of civilian agencies and for national disasters.

The ASBP plays a key role in providing quality blood products for service members and their families in both peace and war.

For more information, call 1st Lt. Kristen Crean at 497-5262. Register to donate to the ASBP at www.militarydonor.com.

Special Duty Opportunities

The Air Education and Training Command Special Duty Assignment Team will brief special duty opportunities June 26 at noon in the Robins Conference Center, Bldg. 560.

A Special Duty assignment is another step toward promotion and career progression.

Senior airmen with at least 35 months time in service through master sergeants with less than 16 years Total Active Federal Military Service may be eligible to apply and are encouraged to attend the briefing. Since each specialty has some varied rank needs and requirements, the briefing is open to everyone at the installation. Spouses are highly encouraged to attend.

For more information about these opportunities contact your Wing Career Assistance advisor, or Master Sgt. Antonio Knowlton at 472-0168.

Traffic changes

Eleventh Street from Macon Street to Warner Robins Street will be closed for several days in mid June while new paint and signage is installed. The street is being designated as a one-way street to the east and, weather permitting, will reopen to traffic before the end of June. The change in designation is needed to improve pedestrian and traffic safety in the areas of buildings 660 and 988, both of which have had recent major changes in use.

For more information, call Bill Deaver, base traffic engineer, at 497-2930 or Wilson Jones at 497-8932.



U.S. Air Force photos by SUE SAPP

Sgt. Charles Ridgeway, Marine Light Attack Helicopter Squadron 773, talks about being an airframes mechanic. Below, The AH-1W Super Cobra attack helicopter is one of the airframes maintained by the unit.

Red Dogs get it done

HMLA-773 maintainers make Robins home

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

Marine Light Attack Helicopter Squadron 773, the Marine Corps Reserves' only attack helicopter squadron, includes 350 Marines stationed here.

The Robins unit is one of three in HMLA-773; the others are located in Louisiana and New Jersey. The "Red Dogs" squadron includes AH-1W Super Cobra attack helicopters and UH-1N Huey utility helicopters, which perform close support functions both overseas and state-side.

Its fleet is maintained by a host of airframes and avionics technicians throughout the Corps, as well as a team here dedicated to making sure the aircraft are ready to fly anytime, anywhere.



Whether it's repairing holes or cracks, or fixing anything that could malfunction on the outside or inside of a Cobra or Huey, such as flight controls, landing gear and hydraulics, can be left in the hands of Sgt. C.R. Ridgeway, airframes mechanic, and Sgt. Will Farrell, avionics mechanic.

Both men are proud of the daily role they play as part of their squadron's mission in fulfilling any assigned task required by the Corps.

A Wisconsin native, Farrell had previously

► see RED DOGS, 11

Eagles are landing

■ Robins plays host to F-15s for training exercise

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

Due to a runway closure at Seymour Johnson Air Force Base in North Carolina, members of the 335th and 336th Fighter Squadrons will be hosted by Robins during a large force engagement training exercise Monday through June 15.

About 172 maintainers, pilots, administrative and intelligence personnel began arriving Wednesday. A total of 13 F-15s will arrive here during the week to undergo training with E-8C Joint Surveillance Target Attack Radar System crews, as well as several other squadrons from across the southeast, according to Capt. Frank Fryar, 335th FS assistant director of operations and S3 flight commander.

Both operational fighter squadrons are part of Seymour Johnson's 4th Operations Group, 4th Fighter Wing. The wing is home to the F-15E Strike Eagle, and provides worldwide deployable aircraft and personnel who are capable of executing combat missions in support of the Aerospace Expeditionary Force.

Agreement a boon to maintenance, repairs

BY KENDAHL JOHNSON

kendahl.johnson@robins.af.mil

In an effort to gain significant maintenance and repair capabilities, Warner Robins Air Logistics Center has signed a business partnership agreement with Elbit Systems of America.

Maj. Gen. Robert McMahon, center commander, and Paul McBride, Elbit's vice president of business development, signed the agreement June 30.

"The WR-ALC is a leader in maintenance, so we are honored to have this outstanding opportunity to support the base and ultimately help save lives," said McBride.

Initial work under the partnership includes a video display unit for the HC-130; a night vision imaging system used for aircrew navigation and mission duties; and an A-10 ARC-210 high power amplifier, a multi-mode radio providing secure high frequency amplitude modulation and airborne radio system communications.

New base recycling center set to open in July

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

A new recycling center at Robins will open for business in July.

Everyone will be welcome to drop off recyclable items such as aluminum and metal cans, glass and plastic bottles, newspapers, office paper and cardboard.

There will be 16 windows along one side of the 2,700-square-foot facility, located behind the Base Exchange and Auto Hobby Shop, where you can drive up, slide a window open and drop recyclables inside.



U.S. Air Force photo by SUE SAPP

L-R, Michael Dean and Mike Brady, local contractors, install gutters on the new recycling center.

All windows will be labeled to indicate the type of item to be dropped off. There will also be a dedicated handi-

capped-accessible window where all designated types of recyclables can be dropped off.

Construction on the project began in January and is near completion. Currently, there are recycling trailers and collection containers at the site where recycling takes place.

"This will become a one-stop shop when it comes to recycling everyday materials," said Darryl Mercer, 78th Civil Engineer Group Qualified Recycling Program operations manager. "We are trying to make it convenient for everyone to recycle."

Once the center is up and running, consumers from Happy Hour Service Center in Warner Robins will pick up

► see CENTER, 11

THINK SAFETY

Days without a DUI: 19
Last DUI: 330th CTS

— courtesy 78th Security Forces

AADD

To request a ride, call 222-0013.



Safety slogan: "Safety – everyone's full-time job."

Workers are also subject to falls or to the dangers of falling objects if sides and edges, floor holes, and wall openings are not protected.

TWO-MINUTEREV



Robins Air Force Base on Facebook

Check out Robins on Facebook
Get regular news updates and other base information.
Visit www.robins.af.mil
and click on the Facebook link.

Page Two

Gen. Wolfenbarger receives fourth star, takes command of AFMC

BY KIM DAWLEY

Air Force Materiel Command
Public Affairs

WRIGHT-PATTERSON AIR FORCE BASE, Ohio – Gen. Janet Wolfenbarger became the Air Force’s first female four-star general and took the reins of Air Force Materiel Command from Gen. Donald Hoffman during a change of command ceremony Tuesday at the National Museum of the United States Air Force.

Prior to the change of command, Wolfenbarger received her fourth star during a promotion ceremony.

Air Force Chief of Staff Gen. Norton Schwartz presided over the ceremony.

“We honor Janet Wolfenbarger, an extraordinary public servant and a model Air Force officer,” Schwartz said. “Based on her record, Secretary of the Air Force Michael Donley and I are entirely confident she is up to the task of commanding this great organization.”

Wolfenbarger said she was looking forward to once again being part of the AFMC team.

“This opportunity only really exists because the Air Force has embraced a culture of diversity,” she said. “I promise I will serve in my role as AFMC commander with my absolute best effort.

“What’s more, I have total confidence in the men and women of this command,” she added. “We will always rise to



U.S. Air Force photo by MICHELLE GIGANTE

In the time-honored military tradition signifying the passing of command, Air Force Chief of Staff Gen. Norton Schwartz hands the Air Force Materiel Command guidon to Gen. Janet Wolfenbarger. Wolfenbarger took command of AFMC Tuesday in a ceremony at the National Museum of the U.S. Air Force.

the occasion and accomplish our difficult mission with determination and enthusiasm.”

Schwartz highlighted Hoffman’s dedication to both AFMC’s mission and its workforce.

“Don, thank you for presiding over an impressive effort here at AFMC,” Schwartz said. “During your tenure, AFMC continued its longstanding excellence in research and development, test and evaluation, acquisition management, and logistics support.

“During some of the most challenging and turbulent times for our Air Force, General Hoffman has inspired mission success.”

Hoffman said he would most miss the quality of the people in

the Air Force, and the unquestioned level of trust that Airmen exude.

“When you meet someone in the Air Force, you know they’ve taken an oath to defend the constitution and a pledge to live by core values of integrity, service and excellence,” he said. “Thanks to all of our Airmen, it has been my good fortune to be part of the best Air Force in the world. It was the best when I joined it. It’s smaller now, its missions have changed, but it’s still the best. And I have total confidence that those who follow me will keep it the best Air Force in the world.”

Hoffman, who served as the commander of AFMC since November 2008, is retiring after 42 years of service.

Doing one’s best remains guiding principle of Air Force’s first female 4-star general

BY MONICA MORALES

Air Force Materiel Command
Public Affairs

WRIGHT-PATTERSON AIR FORCE BASE, OHIO –

Through more than three decades, Gen. Janet Wolfenbarger maintains that one constant has guided her career and will continue to as she transitions into her post as the service’s first female four-star general.

“I approach my Air Force service now the same way I have throughout my career, with the aim of doing the best job I can to accomplish the mission,” the Air Force Materiel Command commander said.

This tenet undoubtedly led her through her time at the U.S. Air Force Academy, where in 1980 she graduated as a member of the first class with female cadets. Inspired to apply for the service academy after her father – then an Air Force major – arrived home from work announcing that women were eligible to do so, Wolfenbarger submitted an application and got accepted.

Armed with her father’s advice that life as a cadet would entail being “stripped of your rights and having them handed back to you one at a time,” she also found her time there was one of profound growth.

Encountering new challenges and pressures daily brought Wolfenbarger the opportunity to gain more knowledge about herself.

“The Academy put me in situations that stretched me – mentally, physically, emotionally and academically,” she said. “I came out on the other side of those experiences knowing I am far more capable than I ever thought I could be.”

She began her career in acquisitions as an engineer and held a variety of assignments at headquarters Electronic Security Command and Air Force Systems Command – one of the prede-



U.S. Air Force photo by MICHELLE GIGANTE

Gen. Janet Wolfenbarger is pinned with her fourth star by her daughter, Callie, and her husband, retired Air Force Col. Craig Wolfenbarger, during a promotion ceremony Tuesday at the National Museum of the United States Air Force. The promotion makes Wolfenbarger the first female four-star general in the Air Force.

cessor commands to AFMC.

The general held several positions in the F-22 System Program Office, served as the F-22 lead program element monitor, and was the B-2 system program director.

She also commanded ASC’s C-17 Systems Group, Mobility Systems Wing, and was the service’s director of the Air Force Acquisition Center of Excellence at the Pentagon, then served as director of the headquarters AFMC Intelligence and Requirements Directorate here.

Wolfenbarger received her third star in December 2009 and became the Air Force’s highest-ranking woman in January 2010.

She served as AFMC vice commander from December 2009 to September 2011.

“Spending the bulk of my career in AFMC – and its predecessor Air Force Systems Command – has given me a clear understanding of the mission and an appreciation for the caliber of the workforce,” she said. “It’s also reinforced for me just how critical AFMC support is to the overall Air Force mission.”

And, she is grateful for the opportunities the Air Force has given her.

“I give the Air Force great credit for embracing diversity and allowing me and so many others to be part of a great team, not only at the Academy, but throughout my career,” she said.

Think twice,
energy has a price.

ViewPoints

“A discovery is said to be an accident meeting a prepared mind.”
 – **Albert Szent-Gyorgyi**

WR-ALC VISION

A “World-Class” Center of Acquisition and Sustainment Excellence

WR-ALC FOCUS

- ▶ Exceed Warfighter and Customer Expectations
- ▶ Lead DoD in Cost Management
- ▶ Re-energize and Sustain Continuous Process Improvement

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Note: Unless otherwise noted, numbers listed in the Rev-Up are DSN numbers. If calling from a commercial or off-base phone, dial prefix 222 if listed as 472; 327 if listed as 497; or 926 if listed as 468.

SUBMISSION GUIDELINES

Submissions must be received by 4 p.m. Wednesday, the week prior to the requested Friday publication.

They should be e-mailed to lanorris.askew@robins.af.mil and vance.janes@robins.af.mil

Submissions should be of broad interest to the base populace. If there are further questions, call Lanorris Askew at 472-0806 or Geoff Janes at 472-0802.

Lack of discipline

AFMC Warriors,
 Back in November, I sent out a Commander’s Log regarding USB violations. The situation has not improved. I see more than 500 violations command-wide each quarter, representing a lack of corporate discipline that is completely unacceptable.

Plugging in an unauthorized USB device is just like leaving the door open on a safe. It removes the Air Force’s first line of defense for our networks and provides adversaries an opportunity to penetrate our systems.

At the root cause of the majority of these violations is a simple lack of situational awareness. More than 60 percent of the time, the individual violators didn’t know or understand the policy, or they didn’t think twice before they plugged in a device. For the majority of you, a mouse, a key-

board, and a CAC reader will be the only USB devices plugged in to your computer. Written authorization is required for all other USB devices. Bottom line, if you don’t have written authorization for a device, do not connect it.

Detailed information on each violation, including the individual, unit, date and time, device, and corrective actions taken are reported every month to AFMC center commanders. This information is then reported to me. Unit commanders are responsible for ensuring their personnel are aware of and comply with the current policy. Unit commanders will use all



Hoffman

What to know

Anyone with questions about what devices may or may not be plugged into a USB port on a government-owned computer should contact their Information Assurance Officer or the 78th Air Base Wing Information Assurance Office at 468-8143.

appropriate means to enforce this policy to include administrative and disciplinary actions, as required.

The following are examples of violations I continue to see:

- ▶ Thumb drives connected via USB to transfer files without written authorization.
- ▶ Smartphones, cell phones, MP3 players, and e-Readers connected via USB to recharge – even if they are powered-off, they cannot be plugged in.
- ▶ Cameras connected via USB

to download photos without written authorization.

I challenge commanders and supervisors to engage the workforce to ensure everyone is aware of and compliant with USB policy and directives. I also challenge wing commanders to engage tenant units to ensure the same.

The risk to our networks and the Air Force’s information security is real. Do not give our adversaries direct access by plugging in unauthorized USB devices – they only need to find one open door to get in.

– *Gen. Donald Hoffman handed over the reins of Air Force Materiel Command to Gen. Janet Wolfenbarger during a change of command ceremony Tuesday at the National Museum of the United States Air Force. See page 2 for coverage.*

Memories, lessons learned

With an abundance of memories and lessons learned, I bid you a fond farewell

Since 2008 I have had the privilege to be your commander and the honor to work alongside you, the Citizen Airmen of the Air Force Reserve. I have learned a lot during my 39 years of service to our country, and it humbles me.

I have learned that the American Airman can do anything. Whether it’s the maintainer working in the driving snow, the airlifter landing on a dirt strip in a hostile land, the cyber troop who ushers in the latest generation of warfare or any one of the Air Force missions that the Reserve conducts, we adapt and excel faster than the adversary.

I have learned that people, not equipment, are most important. Our tenacious Reservists



Stenner

work hard at their civilian occupations and devote their off time to protecting our nation, while our full-time Reservists ensure all the essential resources are in place to maximize our effectiveness and efficiencies.

And I have learned that success takes a team, a team built on trusting relationships. A professional officer and enlisted force – educated in the preservation of peace and trained in the conduct of war – is at the core of this success. Just as important is our close relationship with our civilian workforce and the civilian leadership of the nation. It takes a team, and each of you is an essential part of it.

As I take leave of my final command, I do so with great hope and optimism. I have hope that we as a nation will continue to realize and appreciate the essential capability that our

Reservists provide in defense of our country. I have optimism that the mid-level leaders of our Reserve are well prepared for the challenges that lie ahead and that the junior members of our command, the backbone of the Reserve, are in the care of competent and well-prepared leaders.

It is with these memories and life lessons that I bid you all a fond farewell. Your loyalty to my command will never fade from memory, and I thank you for your tremendous sacrifice and patriotism that knows no limit. Safe journeys as you continue to protect our great nation, and know I am forever grateful for your service. Godspeed.

– *This commentary was written by Lt. Gen. Charles Stenner, Air Force Reserve Command commander and chief of Air Force Reserve.*

Commander’s Action Line

The action line is an open-door program for Team Robins personnel to give kudos, ask questions or suggest ways to make Robins a better place to live, learn, work and play.

The most efficient and effective way to resolve a problem or complaint is to directly contact the responsible organization. This gives the organization a chance to help you, as well as a chance to improve its processes.

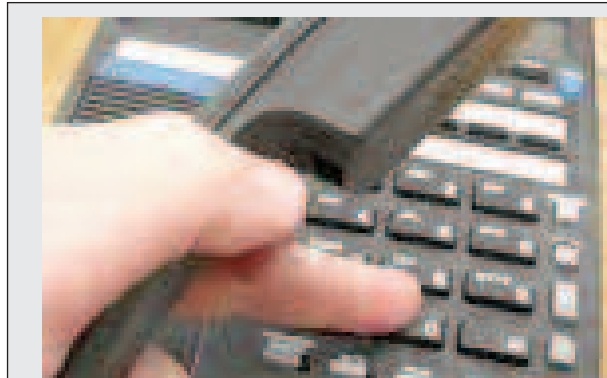
Please include your name and a way of reaching

you, so we can provide a direct response. Anonymous action lines will not be processed. Discourteous or disrespectful submissions will also not be processed.

Commander’s Action Line items of general interest to the Robins community will be printed in the Robins Rev-Up.

For more information, visit <https://wwwmil.robins.af.mil/actionline.htm>. To contact the Commander’s Action Line, call 468-2886 or e-mail action.line@robins.af.mil.

▶ Security Forces	468-2187
▶ FSS (Services)	468-5491
▶ Equal Opportunity	468-2131
▶ Employee Relations	497-8253
▶ Military Pay	468-4022
▶ Civil Engineers	468-5657
▶ Public Affairs	468-2137
▶ Safety Office	468-6271
▶ Fraud, Waste & Abuse	468-2393
▶ Housing Office	468-3776
▶ Chaplain	468-2821
▶ IDEA	497-7281



**STRAIGHT TALK
 HOT LINE**
 Up-to-date information
 during base emergencies
222-0815

Upgrades set for runway, aircraft barrier arresting system

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

The longest runway in Georgia will undergo repairs beginning June 23, and will experience a flurry of activity as workers and materials are brought in over a two-week period ending July 8.

Robins' 12,001-foot-long runway will be temporarily reduced to 8,000 feet of operational length. With a displaced threshold in place, aircraft will continue to operate while construction is done on the Runway 33 touchdown zone area, a critical part on the runway's south end where an aircraft's final phase of flight takes place.

Robins maintains an active flying schedule, with an average of 21,775 aircraft operations annually.

Construction on the runway was first performed in 1955 through 1956, with periodic slab replacements made in the 1960s. The last repairs were made in 2007.

Runways require periodic maintenance to prevent deterioration due to cracks and chipping in the pavement. In the repaired area, concrete with the worst deterioration and failed patches of concrete which are now cropping up from past temporary repairs will be replaced.

In all, 50 concrete slabs along the runway's center will be involved.

Each slab measures 25-by-25 square feet, and is 18 inches deep of Portland concrete cement.

"Concrete will continue to harden, until it just crumbles," said Clyde Byrd, 78th Operations Support Squadron airfield manager. "We have performed repairs in this area, so what we are doing now is a programmed repair action to sustain our runway operations," he added.

Concrete age has its variables, and



U.S. Air Force photos by SUE SAPP

Clyde Byrd, airfield manager, shows some of the deteriorated concrete in the section of runway that will be replaced.

Below, in addition to concrete slab replacement, improvements will be made to the hook line system on the runway.

can last anywhere from 25 to 30 years.

Also taking place during this time will be an upgrade of the South Aircraft Barrier Arresting System. This is a system that includes cables that, when raised, extend across each end of the 300-foot-wide runway.

Basically, it works as a safety net for tailhook-equipped fighter aircraft that may need emergency assistance when landing.

During the runway closure, the 78th Civil Engineer Squadron will work alongside civilian contractors,



to perform in-house maintenance to fully utilize the closed portion of the runway.



U.S. Air Force photo by TOMMIE HORTON

Robert Zwitch, 402nd Software Maintenance Group director, demonstrates the business process modeling tool which will streamline the work of several offices that track base employee injuries and illness.

New office provides care for injured

BY JENNY GORDON

jenny.gordon.ctr@robins.af.mil

A Restricted Duty Administration Office has opened in Bldg. 255. The office will serve as a centralized location where the process of taking care of Robins workers injured on the job can be managed; It will be to assist workers with claims processing, providing reasonable accommodations for work, and tracking and monitoring.

Currently, the office – which will be part of the Directorate of Personnel – has three specialists who assist with cases involving occupational and non-occupational injuries. A fourth administrative position will be added.

The team includes Dawn Morgan, 402nd Aircraft Maintenance Support Squadron operations research analyst, who served on Robins' Workplace Safety and Health and Safety Management System Implementation teams; and Charlene Hallman and Debra Foy, 402nd Maintenance Wing and DP human resources specialists.

The office's first day of business was May 29, and it welcomed 18 visitors the first week.

Maj. Gen. Robert McMahon, Warner Robins Air Logistics Center commander, visited the new office Monday. The 402nd Software Maintenance Group made a presentation for a new tool that will be used to show general injury and illness reporting.

Robert Tidwell, member of American Federation of Government Employees Local 987, attended the tour.

"I like the fact that employees will have a central place where they can come for services," he said.

The RDA office will be open from 7 a.m. to 4:30 p.m. Monday through Friday.

On the Fly

Upcoming

The **Middle Georgia Chapter of the Military Officers Association of America** will meet today at 6 p.m. at Horizons.

The guest speaker will be from Habitat for Humanity. It's an excellent opportunity to meet fellow officers and swap "war stories."

The cost is \$18 per person, including dinner.

For reservations, contact Bill Goodwin at 929-3362 or wsgoodwin@cox.net. RSVP by today at 6 p.m.

Motorists are reminded to take extra care and slow down Monday

through Friday. The Junior ROTC Summer Leadership Encampment is taking place, and participants will be marching in formation.

Et cetera

To have a **Voluntary Leave Transfer Program** leave recipient listed here, email Lanorris Askew at lanorris.askew@robins.af.mil.

The **U.S. Postal Service Contract Unit** in Bldg. 910 is open Mondays through Fridays from 10 a.m. to 2 p.m.

For more information, call Roy Williams at 229-332-0098.

Robins continues to partner with **The Clean Air Campaign** to help reduce local traffic and air pollution.

To participate, visit www.logyourcommute.com/TeamRobins.

To assist in **reducing alcohol-related incidents**, the 78th Force Support Squadron is offering a designated driver program at the Heritage Club, Horizons and Pizza Depot.

For groups of two or more, designated drivers will receive free fountain soft drinks, fruit juices or non-alcoholic frozen drinks.

To learn more, call 468-2670.

Also, Airmen Against

Air Force workers can find help here

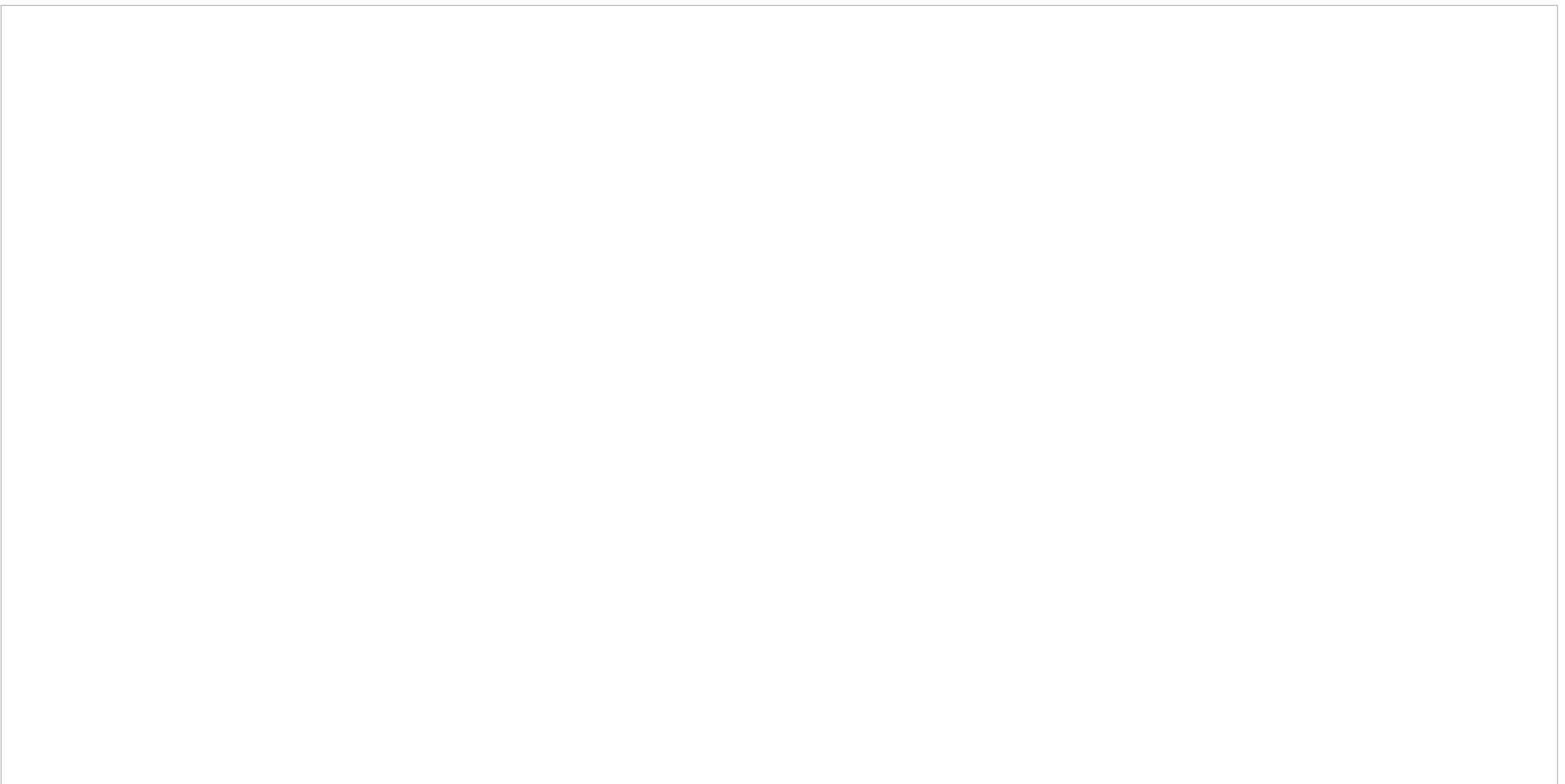
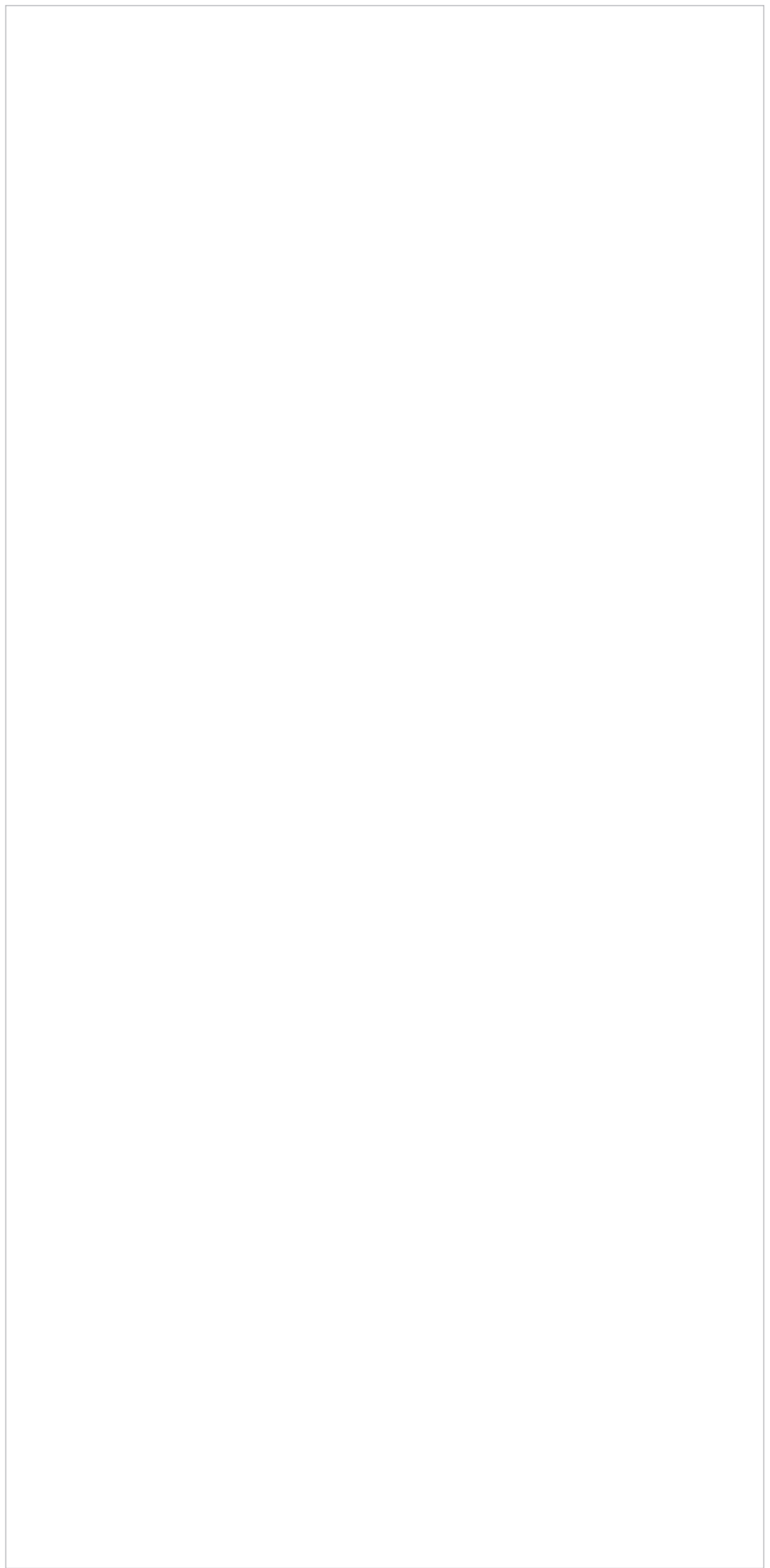
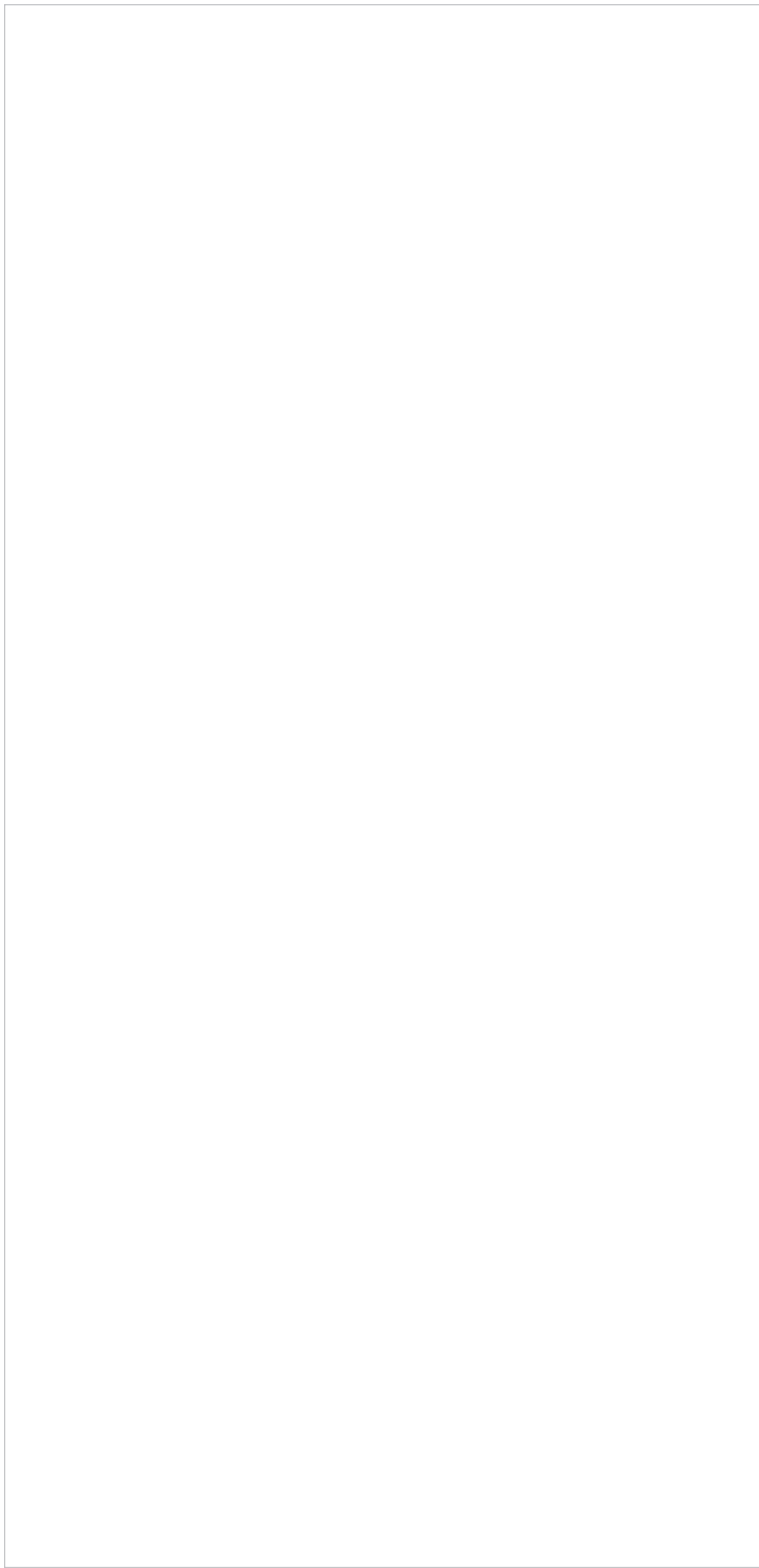
Finances & Work-Life Balance	Airman & Family Readiness Center	926-1256
Health and Wellness Education	Health and Wellness Center	327-8480
Health Screenings	Civilian Health Promotion Services	327-8030
Work, Personal or Family Issues	Employee Assistance Program	(800) 222-0364
Work Stress, Psychological Issues	Organizational Consulting Office	327-9803
Mental Health & Substance Abuse	Houston Healthcare	922-4281
Unplanned Pregnancy	Houston Healthcare	922-4281
Suicide Prevention	National Suicide Prevention Lifeline	(800) 273-8255
Sexual Assault & Victim Advocacy	Sexual Assault Response Coordinator	926-2946
Crime Victim Advocacy	Victim Witness Assistance Program	327-4584

AFMC Wellness Support Center — www.afmcwellness.com

Drunk Driving provides rides free of charge to any Robins DoD identification card holder. Coverage is from

Perry to Macon.

For a free, anonymous ride, call 472-0013.





U.S. Air Force photos by MISUZU ALLEN
 Toafa Tuionu'u, State of Ga. Department of Defense, and Staff. Sgt. Mele Goings, 5th Combat Communications Support Squadron, perform the Samoan Princess Dance May 30 during the Asian Pacific Celebration Dinner.



From left, Anita Smith and Esther Neeley try out some of the dishes served during the celebration at the Heritage Club.



Gerard Guillet, Richard Nester, Andrew Bentley and Steven Bentley demonstrate Philippine martial arts.

WR-ALC Leadership Academy

Former WR-ALC Executive Director Deryl Israel developed a unique Leadership and Lean Thinking Framework which serves as the basis for the WR-ALC Leadership Academy. The academy develops leaders to make Robins a "world class" center of excellence. The framework consists of competencies, skills and tools a leader should possess to drive uniform and consistent leadership across the center. Instructed by center senior leaders, the classes are conducted twice a week and are open to all AFMC military leaders and civilian supervisors. Attendance is voluntary but highly encouraged.

The following leadership class is scheduled for next week:

►Max Wyche will present "External Awareness & Partnering" Thursday from 2 to 4 p.m. in Bldg. 905, Room 141.

Common dental myths

BY STAFF SGT. MANDY WILLIAMS
 78th Dental Squadron

The 78th Dental Squadron tends to hear a lot of myths regarding oral hygiene. Not all questions are able to be answered in an hour appointment; therefore, we've decided to take this opportunity to put some myths to bed.

Common Myth 1

Consuming one soda throughout the day is better than consuming five in a shorter amount of time.

Many patients believe that because they cut down on sugar intake by slowly sipping on one carbonated beverage daily it will decrease their chances for a cavity. That is False. If you are "babying" your soda throughout the hour or day the PH balance in your mouth drops, allowing the acid from the soda to dissolve the hard enamel on your teeth. Every sip of soda is an exposure and lasts up to 20 minutes. If you're sipping your soda all day, the PH balance in your mouth will constant-

ly remain low enough to cause cavities. Drinking one soda is better than drinking five however, you want to be cautious not to take all day drinking it.

Common Myth 2

Using mouthwash daily will take the place of flossing.

Although mouthwash is a valuable aid in cavity prevention it shouldn't be used primarily to replace floss.

Flossing is a tool that is used to remove the harmful plaque built up in between your teeth.

Flossing actually removes the bacteria left from foods that brushing fails to remove. Mouthwash can be an addition to your oral hygiene routine to prevent tooth decay and prevent gum disease such as gingivitis. Studies show that using mouthwash as well as flossing will directly decrease your chances of a cavity.

Common Myth 3

Brushing harder and using a hard bristle tooth

Medic's message

AFMS - Robins - 78th Medical Group
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brush will do a better job cleaning than a soft bristle.

Using a hard bristle tooth brush abrasively to try and scrub away the plaque can actually cause damage to your gums and the teeth themselves.

Take into consideration it's not so much the material as it is the method. Using a soft bristle tooth brush is just as effective as a hard bristle and easier on your gums and teeth.

The proper way to brush is using a circular motion, positioning the tooth brush head slightly at 45-degree angle, and brushing two to three teeth at a time. This method of brushing will help to prevent gum recession, which causes sensitivity. If you are concerned about brushing too hard, take the two-finger approach, grasping the

tooth brush handle with only two fingers.

Hopefully, this article has helped clarify some common misconceptions about oral hygiene. Visit your local dental clinic for answers to further questions you might have.

HAPPENINGS

ON TAP

British Soccer Camp
Sign-up ends Monday
Camp runs June 18
through 22.
For details, call 497-6831.

Reading is so Delicious at your Library
For kids, youths and adults
Monday through July 23
10 a.m.
Please register
For details, call 497-8761.

School's Out Bowling
Every Monday, Tuesday
and Thursday
2 to 5 p.m.
Bowling Center
Three games including shoes
\$5 per person
12 years and younger
\$6 per person
13 years and older
For details, call 468-2112.

Afternoon Thunder Alley
Wednesday and June 27
2 to 4 p.m.
Bowling Center
\$6 per person unlimited play
For details, call 468-2112.

USAJobs Resume Writing
Thursday
9 to 11 a.m.
Bldg. 794
For details, call 468-1256.

UPCOMING Boss N' Buddy
June 15
4 to 5 p.m.
Heritage Club Lounge
Members free
Guests \$5
For details, call 472-7864.

Home Buying Seminar
June 18
9 to 11 a.m.
Bldg. 794

SERVICES DIRECTORY

- ▶ FSS Admin468-3193
- ▶ HAWC497-8480
- ▶ Community Center . 468-2105
- ▶ Fitness Center . . .468-2128
- ▶ Outdoor Rec468-4001
- ▶ Fitness Annex472-5350
- ▶ Base Chapel468-2821
- ▶ Youth Center468-2110
- ▶ Arts & Crafts468-5282
- ▶ Tickets, Travel . . .468-2945
- ▶ Horizons468-2670
- ▶ Bowling Center . . .468-2112
- ▶ Heritage Club468-2670
- ▶ Pine Oaks G.C. . .468-4103
- ▶ Library497-8761
- ▶ Pizza Depot468-0188

Note: Unless otherwise noted, numbers listed in the Rev-Up are DSN numbers. If calling from a commercial or off-base phone, dial prefix 222 if listed as 472; 327 if listed as 497; or 926 if listed as 468.

For details, call 468-1256.

Bundles for Babies/Passport to Parenthood
June 19
8 a.m. to noon
Bldg. 794
For details, call 468-1256.

Financial Beginnings First Term Officers
June 20
9 to 11 a.m.
Bldg. 794
For details, call 468-1256.

Bowling Movie Days
June 20
2 to 4 p.m.
Bowling Center
\$3 per person
For details, call 468-2112.

Writing a Winning Resume
June 25
9 to 11 a.m.
Bldg. 794
For details, call 468-1256.

Debt Reduction
June 26
1 to 3 p.m.
Bldg. 794
For details, call 468-1256.

Navigating USAJobs
June 28
9 to 10 a.m.
Bldg. 794
For details, call 468-1256.

Club Scholarships
Due July 2
Essay title: "What do the words 'America the Beautiful' mean to me?"
For details, call 468-5492.

ONGOING Join Your Club Drive
Now through July 13
Win up to \$100 instantly
For details, go to www.afclubs.net.

Pools Open
Noon to 7 p.m.
Heritage Club
and Horizons Pools
Free
For details, call 468-4001.

ITT
▶ Wild Adventure Tickets
▶ Nascar Tickets;
Daytona July race
Bldg. 956
For details, call 468-2945.



U.S. Air Force photos by MISUZU ALLEN

Happy 24th Birthday Pizza Depot



Above, Airman 1st Class Arturo De Gongora, 78th Force Support Squadron, samples some of the treats on display at Pizza Depot's 24th Birthday Celebration Tuesday.

Left, Diane Lawson, 78th Logistics Readiness Squadron, was one of nearly 1,000 attendees at the Pizza Depot Birthday Party. In addition to free samples from various food vendors, there were also drawings for prizes and giveaways of gift cards, a digital camera, a Blue Ray DVD player, a 42-inch TV, T shirts, and more.



U.S. Air Force photo by SUE SAPP
Darryl Mercer, 78th Civil Engineer Squadron, positions a sign for cardboard collection on the side of the new recycling center. The center is set to open in July.

CENTER

Continued from 1

items three times per week.

The recycling effort on base has produced more than 595 tons of material so far this year, and has

generated nearly \$100,000 in revenue from various commodities.

Plastics are the most popular items recycled. Scrap metal recycling also takes place behind Bldg. 1555 for unusable non-Capital Fund commodities.

Mercer added that

educating the community on recycling will be a priority, and everyone is invited to use the new center.

A grand opening will be conducted in July. The center will be open 24 hours a day, seven days a week.

RED DOGS

Continued from 1

served with Ridgeway in another part of the country. Both men, who joined the Marines after September 11, 2001, enjoy the camaraderie, local community and the workload.

“I enjoy the tempo here,” said Ridgeway, a Fitzgerald, Ga., native who joined the service two months after graduating high school.

“Coming from an active duty unit, you tend to deploy much more. Being here, you have a lot more down

time.”

Like every experienced troubleshooter, there are challenges to the job. Repairing starters, generators, GPS indicators and torque issues are a few challenges seen lately by Farrell, who has deployed three times to Iraq during his service.

“A lot of what we do goes hand-in-hand with each other,” said Farrell of his coworker. “Our components talk to each other quite a bit, so many times we troubleshoot together.”

These helicopters have recently provided escort to convoys and

Medivac flights, as well as support for other aircraft vulnerable to attack overseas. Major differences between the two helicopters include the faster two-seater Cobras are equipped with more firepower. Meanwhile, the UH-1N Huey was first used during the late 1960s and can be configured for more passenger space.

HMLA-773 falls under the command of Marine Aircraft Group 49, also at Robins, and is part of the 4th Marine Aircraft Wing. Both units relocated to Warner Robins in June of 2010, from Dobbins Air Reserve Base in Marietta. The commanding officer of the unit is Lt. Col. Kyle Burrell.



**SUSPICIOUS ACTIVITY?
 CALL 468-EYES**

