Round Robins Express to end

BY 1ST LT. PAMELA STAUFFER

78th Air Base Wing Public Affairs

Following a three-month trial period, the Round Robins Express will no longer be going around Robins.

The on-base shuttle service, which first started carrying workers to locations on base in November, will end on Wednesday.

"This trial period has provided valuable data which will help our future transportation initiatives," said Col. Lee-Ann Perkins, 78th Mission Support Group commander. In addition, Gate 12, the HOV gate at North Davis Drive, has been closed. The Air National Guard gate, Gate 15, will now open at 5:15 a.m. *(For all gate hours, see page 3.)*

Robins will continue to offer other mass transit initiatives, such as Buses into Robins Daily, the Clean Air Campaign and the Transportation Incentive Program.

"These programs have shown great

▶ see TRANSPORT, 3

Chief recognition

Fifteen Airmen will be recognized today for reaching the highest enlisted rank.

The 2011 Chief's Recognition Ceremony and Dinner will be at 6 p.m. in the Museum of Aviation, Century of Flight Hangar. Chief Master Sergeant Eric Jaren, command chief of Air Force Materiel Command, will be the keynote speaker. Dress for military members is mess dress or semi-formal uniform. Civilian attire is formal coat and tie.



For a list of honorees, see page 3

Team concept contributes to speedy C-5 repair, return

BY CAPT. GLENN WRIGHT 402nd Aircraft Maintenance Group

The 559th Aircraft Maintenance Squadron, with a big assist from the 78th Civil Engineer Group, worked hard to rapidly get a C-5 Galaxy back in action recently after it arrived here for significant unscheduled maintenance.

As is the case with other C-5 work, numerous other organizations on base also came together to help return aircraft 86-0025 to the warfighter.

"Our workers did a phenomenal job with a short-notice, short turn-around tasking," said David Nakayama, 559th AMXS director. "The performance wasn't by accident. It was the result of teamwork."

Aircraft 86-0025 is one of only four M-model C-5s in the Air Force inventory. An M-model is a "modernized" C-5 aircraft which includes approximately 70 differ-



U.S. Air Force photo

OBINS REV-UP

A C-5M, like the one delivered by the Robins team, flies over the Mojave Desert during flight testing.

ent upgrades, including improved engines. The Air Force plans to upgrade all of its B-models to Mmodels over the next five years. Due to their improved performance, the few Ms currently in the fleet are in high demand. Aircraft 86-0025 required repairs of multiple wing cracks near the aileron hinge fittings on both wings.

The aircraft arrived at Robins on Dec. 17, less than two weeks after Air Mobility Command's request for help. The plan was to aggressively work on the aircraft

▶ see C-5, 6

AF 'Don't Ask, Don't Tell' repeal training detailed

BY MAJ. JOEL HARPER Secretary of the Air Force Public Affairs

Air Force officials will soon begin training Airmen in anticipation of the repeal of the law and policy commonly known as "Don't Ask, Don't Tell."

This training will help Airmen understand what is expected in a post-repeal environment, said Air Force Chief of Staff Gen. Norton Schwartz.

"I know our Airmen will approach this issue professionally, and will continue to adhere faithfully to our core values of integrity, service before self, and excellence in all we do," General Schwartz said. "Implementing this change while fighting a war is challenging, but I have no doubt that the Air Force will do this in a way that mini-

Mental health visits don't hurt careers

mizes operational impact and successfully accomplishes the important task of training our force."

February 25, 2011 Vol. 56 No.8

The first tier of training will focus on Air Force experts responsible for implementing policy changes and personnel providing repeal-related services to Airmen. This group includes several functional communities including chaplains, judge advocates and benefit counselors. This training explains guidance for implementing policy changes, and includes tools and information to help these experts answer Airmens' questions about the repeal.

The second tier will focus on Air Force leaders, and will assist commanders, senior NCOs, and civilian supervisors in preparing for and

▶ see DADT, 7

New DLA warehouse set to open, add jobs

BY WAYNE CRENSHAW wayne.crenshaw.ctr@robins.af.mil

The Defense Logistics Agency is a rapidly growing presence at Robins and today it is taking an especially big step forward.

Navy Vice Admiral Alan S.

Afghanistan and other foreign locations, said Robert King, DLA Distribution Warner Robins director.

The opening of the building will bring about 60 new jobs to Robins. The DLA presence here started in 2007 with about 100 people who primarily dealt with supplies for the Robins flightline, but it has since grown to nearly 900 people shipping items to Marine, Army, Air Force and Navy installations throughout the Southeast, and around the world. DLA has approximately 3 million square feet of warehouse space at Robins, which is the equivalent of nearly 70 acres. The new building, at the corner of Robins Parkway and Martin Luther King Drive, adds another 167,575 square feet.

King said there is no time to waste in getting the operation in full swing. He already has commitments to pack 36 air pallets per day and 140 40-foot shipping containers per month, starting Tuesday.

"We are going to get in there and get to work right away," King said.



Thompson, DLA director, is at Robins to cut the ribbon on a new \$24.6 million consolidation and containerization point warehouse. The ceremony begins at 2 p.m.

The building is the end result of a decision by the 2005 Base Realignment Closure Commission to make Robins one of the four Strategic Distribution Platforms in the massive DLA network. The focus of the new warehouse will be to containerize and ship supplies to

The air pallets are designed to be dropped by parachute to combat troops in austere locations.

The operation will mean approximately 25-30 additional big rigs per day coming onto the base, bringing in items from hundreds of manufacturers around the country. The items will be prepared for shipping here and then trucked to the port of Savannah, and aerial ports in Charleston, S.C., and Dover, Del., among other locations.

U.S. Air Force photo by TOMMIE HORTON

Defense Logistics Agency has finished construction on its new \$24.6 million consolidation and containerization point warehouse.

Energy Ideas

Editor's note: The Robins Energy Office solicited ideas from employees on how the base can conserve energy. The Rev-Up regularly publishes some of the submissions, along with responses.

SUBMISSION:

We have many buildings with large rooms or areas which have only one light switch for all the lights – even in areas which are not use.

Where you have areas which are not being used and cannot turn off the lights, I suggest removing all or at least half the light bulbs, or maybe using the smallest wattage bulbs available. The lighting in parking lots should also be reduced during non-working hours. — Kirt Ryberg, 577th SMXS

RESPONSE:

Thank you for taking the initiative to contact us on this issue. We're indebted to members of Team Robins, like you, who help us know what's going on – energy-wise – across the installation. There are relatively-simple answers to your questions.

The lighting in work centers like the one you describe can be improved by contacting your facility manager. If you aren't sure who your facility manager is, call the Robins Energy Office at 497-8663.

Our Energy Miser Team will work with the facility manager and suggest ways to de-lamp lights, or re-work temperature, lighting and other switches to make the most-efficient use of electricity throughout the building.

Meanwhile, a high-mast lighting control project was awarded at the end of FY10 to help improve the lighting in parking lots here. Digital controls will now limit when and the number of lights which are lit.

These and other efforts will help Robins move closer to its federally-mandated energy goals.

If you are interested in joining the Energy Miser Team for your organization, contact Judy Middlebrooks at judith.middlebrooks@robins.af.mil, or Jeane Paris at jeane.paris@robins. af.mil.

BY WAYNE CRENSHAW wayne.crenshaw.ctr@robins.af.mil

The Air Force is continuously stressing to Airmen the importance of seeking help if they are having a mental-health issue, yet many have a mistaken notion doing so

could impact their careers. Going to the mental health clinic, in and of itself, does not impact an Airman's career or security clearance, said Maj. Colin Burchfield, director of psychological health at Robins.

In rare cases – he estimated one percent at best – a security clearance can been temporarily withdrawn if an Airman's judgment and reliability is in question. However, in those instances, the Airman has probably already demonstrated negative behavior.

It is more likely that not seeking help, and letting the problem become unmanaged to the extent it is affecting one's ability to perform in a functional manner, is



what will lead to a temporary security clearance suspension, Burchfield said.

If they seek treatment early on, in most cases such things as a temporary security clearance suspension can be prevented, he said.

"If someone comes into mental health on his own, it's always better," Burchfield said. "It looks better to leadership if they are being proactive about it. In most cases, leadership doesn't even know about it."

"The lore that seeking mental health

see HEALTH, 6

THINK SAFETY



Days without a DUI: **12** Last DUI: **WR-ALC/GR**

courtesy 78th Security Forces

AADD To request a ride, call **222-0013** or DSN 472-0013.

Road closure

The north end of Milledgeville Street will be closed Tuesday to April 5. The closure will allow a 78th Civil Engineer Group contractor to replace four-inch chilled water pipes between Bldg. 169 and Bldg. 180 with eight-inch pipes. The additional chilled water supply will provide environmentally-controlled space for aircraft work in Bldg. 180.

CALLING ROBINS

Unless otherwise noted, numbers listed in the Rev-Up are DSN numbers. If calling from a commercial or off-base phone, dial prefix 222 if listed as 472; 327 if listed as 497; or 926 if listed as 468.

TWO-MINUTEREV

Page Two

116th ACW receives 15th Air Force Outstanding Unit Award

The 116th Air Control Wing has been awarded the Air Force Outstanding Unit Award for performance during the period Oct. 1, 2008 through Oct. 20, 2010.

This is the 15th Outstanding Unit Award for the wing, the fourth since the wing blended in October 2002.

The unit is responsible for operations, maintenance, logistics, training and combat support of E-8C Joint Surveillance Target Attack Radar System Command and Control aircraft supporting combatant commanders in forward operating locations.

"Team JSTARS' amazing performance has provided critical C2ISR capability supporting Combatant Commander objectives from its first operational mission in 1991 through today's current operations," said Col. Jeffrey Herd, 116th Air Control Wing commander.



In October 2010, the wing reached a milestone logging more than 62,000 combat flying hours during its eight years of deployments in Operations Enduring and Iraqi Freedom, and Operation New Dawn. During one of these operations, JSTARS was lauded as "guardians," reporting 91 enemies killed in action and the safe ex-filtration of 90 Special Operations Forces

members.

During the same timeframe, the 116th Security Forces Squadron sent 39 members to provide perimeter security for Kirkuk AB, Iraq, and the 116th Medical Group deployed seven medics to the Republic of Georgia, seeing more than 1,000 patients during a nine-day period. The wing has been consistently deployed above surge rates.

The wing also continued to perform at an outstanding level by receiving an "Excellent" rating during an Operational Readiness Inspection from Air Combat Command in November 2010. The unit also participated in 75 local and deployed exercises, showcasing the aircraft's capabilities to other services while supporting Air Combat Command and National Guard Bureau joint initiatives.

"In the Air Force, only a handful of

ANG organizations nationwide receive this honor. I congratulate the men and woman in the 116th for earning this distinctive award." said Maj. Gen. Tom Moore, Georgia Air National Guard commander.

The 116th also gives back to the local community and family members. During the two-year span the Family-to-Family program gave back to more than 300 families with more than 1,000 children by providing more than 11 tons of food, toys and clothing items during the holiday season.

"I am proud to be the commander of such a dedicated unit. The members of the 116th Air Control Wing continue to amaze me with their dedication to the mission, the Air Force and their families," said Col. William Welsh, 116th Air Control Wing commander, Air National Guard element.

– Courtesy 116th Air Control Wing

Curbside recycling possibility for base housing residents

BY WAYNE CRENSHAW wayne.crenshaw.ctr@robins.af.mil

After an overwhelming show of support by residents at a recent town hall meeting, base officials and Hunt Military Housing are more aggressively exploring the idea of curbside recycling here.

Hunt manages the privatized military housing which includes Turner Park, Crestview and Forest Park. About 100 residents attended the town hall meeting, in which they were asked if they would support a curbside recycling program. Nearly all raised their hands.

Bob Sharples, capital assets manager for the base housing office, said curbside recycling makes sense because it diverts material otherwise headed to the landfill into a valuable resource.

"Collecting used bottles, cans and newspapers, and

taking them to the curb or to a collection facility is just the first in a chain of events that generates a host of financial, environmental, and social returns," Sharples said. "Some of these benefits accrue locally, but also globally. When all the pieces of recycling are put together, the overwhelming conclusion is that recycling reduces solid waste, conserves natural resources and boosts the economy."

He said the residents' collective voice on recycling has "been heard loud and clear by Hunt."

Danny Queen, community director for Hunt, said the organization is in discussions with Happy Hour to collect the recyclables. Happy Hour, a non-profit which provides jobs to the developmentally disabled, has a contract to collect recyclables from central bins at locations around Robins.

However, Queen said for

a curbside recycling program to be cost effective, Happy Hour would need to be able to collect a minimum amount of recyclables.

"We are trying to put some options together to see what is doable," he said.

Happy Hour already has a central collection point in the housing area, but the hope is curbside recycling would lead to more participation.

Sharples said curbside recycling has been tried previously and participation was somewhat low, but the current residents seem eager to give it another try.

He didn't have an estimate on how much can be diverted from the landfill through curbside recycling, but said the bins would likely be 13 gallons and picked up once or twice a month.

Sharples also said Hunt is also looking at other potential recyclers. He expected it would be a few more weeks before a decision is a made.



Joshua Olen

TITLE: Program manager, Aerospace Sustainment Directorate

BACKGROUND: Olen served four years in the Army as a paratrooper and started work at Robins January 2010 as a co-op student. He became a full-time employee in December after earning a bachlor's degree from Macon State College. He is the ASD's 2010 Employee of the Year in Category 1.

HOMETOWN: Sacramento, Calif.

"My job provides an opportunity for growth, which Robins gave me while I was still a student."

"I like working here because we have a lot of team cohesion. There's a sense of family in the office. I feel like I have ready access to leadership and they genuinely care about my career development."

"I am working on getting my master's degree in business administration from Georgia State College & University. I would like to do some career broadening and possibly some overseas assignments."

"On my first parachute jump I was standing at the door but the pilot missed the drop zone. The jumpmaster kicked me in the chest and knocked me and five other people backward. After I jumped, I remember praying that dang chute would open, and when it did I prayed I wouldn't crash when I landed. The second time was not nearly as terrifying. But the biggest thing I remember is getting kicked in the chest."



February 25, 2011 The Robins Rev-Up 3

Congrats Team **Robins** chief selects



Senior Master Sgt. Scott Clark 689th CCW



Senior Master Sgt. Greg Israel Jr. 116th ACW



Senior Master Sgt. Walter Sheehan HQ AFRC



Senior Master Sgt. **Clark Billingsley Thomas Africano** HQ AFRC

Senior Master Sgt.

James Conley

116th ACW

Senior Master Sgt.

Laurie Klausutis

HQ AFRC

HQ AFRC

David Fite

116th ACW

Chief Master Sgt.

Russell LaBelle

HQ AFRC



Senior Master Sgt. Harold Bynum HQ AFRC



Senior Master Sgt. Jason Hawthorne HQ AFRC

TRANSPORT Continued from 1

promise in our efforts to reduce congestion and air emissions from the high number of vehicles on base," Perkins said. "The growing success of these programs helps Team Robins remain a good community partner in efforts for cleaner air."

BiRD was developed in partnership with the Macon-Bibb Transit Authority as a ticketed service running to and from Macon. It runs several buses and picks up passengers beginning at 4:45 a.m., and costs passengers \$6 a day round trip, but the cost is 100-percent reimbursable for military members and civilian employees enrolled in the TIP. Those interested in the program can sign up by calling 468-7199.

As more than 1,000 new employees are expected to be hired in 2011, the

GATE **GATE HOURS — NOW EFFECTIVE** GATE 3 **OPEN 24/7** Watson Blvd. GATE 5 Mon-Fri (except holidays): MLK Jr. Blvd. Inbound: Outbound: 5 a.m to 6 p.m. noon to 6 p.m. GATE 14 Sat-Sun, Holiday: Mon-Fri: Russell 4:30 a.m. to midnight 5 a.m. to midnight Parkway GATE 1 Mon-Fri (except holidays): Green Street 5 a.m. to 6 p.m. **GATE 15** Mon-Fri: Outbound: Inbound: Air National 5:15 to 9:15 a.m. 2 to 5 p.m. Guard GATE 12 **CLOSED** HOV

need becomes greater for participation in the base's mass transportation initiatives.

"These future growth factors influence the need to begin planning actions to address the increased traffic flow," said Otis Hicks, 78th Civil Engineer Group director. "We've

partnered with county and state officials to identify conceptual opportunities which will support base accessibility from the east side."

For general information on the Robins transportation initiatives, visit www.robins.af.mil/library/ transportation/index.asp.

Chief Master Sgt.



Chief Master Sgt. Scotty McKenzie 402nd MXW





Senior Master Sgt. Keith Stineman



Chief Master Sgt. **Charley Toole** 52nd CBCS



Senior Master Sgt. Larry Wilcox 116th ACW









ViewPoints

"Peace is when time doesn't matter as it passes by." - Maria Schell

WR-ALC VISION STATEMENT A "World-Class" Center of Acquisition and Sustainment Excellence

WR-ALC MISSION STATEMENT Deliver and sustain combat-ready air power ... anytime, anywhere.

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SUBMISSION GUIDELINES

Submissions must be received by 4 p.m. Wednesday, the week prior to the requested Friday publication

They should be e-mailed to lanorris.askew@ robins.af.mil.

Submissions should be of broad interest to the base populace. If there are further questions, call Lanorris Askew at 472-0806.

DELIVERY

To report delivery issues, call

Reveille and Retreat: Proper observance

BY CHIEF MASTER SGT. PATRICK BOWEN 78th Air Base Wing Command Chief

As the command chief, I receive a lot of questions about Retreat, and I witness a fair amount of instances where people

don't observe or exercise the prop-

er customs and courtesies. If people know what they're supposed to do and understand why we do it as well as how important it is to us, they'll willingly follow suit. If they're still not so inclined to do so, I would respectfully remind them we work on a military installation; therefore we are required to adhere. For me, it's no different than being a guest in someone else's home. While I'm there, I'm going to be mindful and respectful of the rules of their house. Consequently, all Team Robins members are reminded to exercise certain protocols during Reveille and Retreat; see below for helpful information.

When Reveille plays in the morning, no action is required.

However, if the flag is being raised or lowered, or "To the Colors" or national anthem is being played. military members who are outside and in uniform should face the flag (if visible) or face the music, stand at attention, and salute on the first note of the music (or if no music, when you see the flag first being raised or lowered). You should drop your salute after the flag has been fully raised or lowered, or the last note has played.

During the playing of Sound Retreat, which precedes the lowering of the flag and the national anthem or To the Colors, military members should stand at parade rest. Civilians who are outside should face the flag (if visible) or face the music, stand, and place their right hand over their heart on the first note of the music (or if no music, when you see the flag first being raised or lowered).

If in a vehicle during Reveille

(if the flag is being raised) or Retreat, pull the car to the side of the road and stop until the last note of the music has played or the flag is fully raised or lowered.

All sporting or physical training activities will stop during Reveille (if the flag is being raised) and Retreat with proper honors to flag being shown.

If a base flies the flag a continuous 24 hours and Reveille or Retreat is played with no action with the flag, you are not required to stop and salute during the playing of the national anthem or "To the Colors."

For more on proper flag protocol, consult AFI 34-1201.

COMMUNITY COLLEGE OF THE AIR FORCE From foster care to the forefront

BY MASTER SGT. ALAN BRADEN 88th Force Support Squadron

2011 is Air Force Materiel Command's "Year of the Community College of the Air Force." This is the first of a 12-part series of educational journeys which include CCAF.

Growing up in foster homes left me with few educational opportunities and options. Struggling to find work, I enlisted in the Air Force in February 1996 and began my career at Seymour Johnson Air Force Base, N.C.

I was eager to learn and get in school, but I found that many noncommissioned officers said, "You don't need a degree" and "Be an Airman, not a full-time college student." Listening to the advice of those NCOs, I did little studying and put education on the back burner. However, after moving to Colorado Springs, I quickly changed my perspective.

I began working with cadets at the Air Force Academy, and I saw what an impact education made on their lives and how important it was to the bigger Air Force. So, as a senior airman, I enrolled in school and began taking classes.

I had recently married and was working 12-15-hour night shifts. That made school difficult, but I managed to knock out three classes.



However, with one class left for my Community College of the Air Force degree in Allied Health Science, I was tasked for a four-month deployment to Saudi Arabia with follow-on orders to Scott AFB, Ill.

Scott was a great assignment; however, my wife flew aero-vac and was deployed non-stop, and we had a brand new baby boy. I tried scheduling classes, but it was difficult. So I just stopped going.

Fortunately, I got lucky and was selected for instructor duty and forced to complete my last CCAF class in order to stay in the Air Force and move to Sheppard AFB, Texas. It was tough, but I made it work. I had to juggle coordinating baby sitters and working long shifts, but I finally finished the last algebra class to earn my CCAF degree.

After attending my first college graduation, I felt like I had accomplished something. That day

something happened — I became hungry for education.

Once I was assigned to Sheppard, I earned my second CCAF degree in Instructor Technology and Military Science and continued working on my bachelor's degree. It was no easy task, but my efforts paid off, and in 2007 I earned my bachelor's degree in education, graduating with honors. Immediately after receiving my BA, I decided to continue my education, and in 2008, I completed my master's degree in education, graduating summa cum laude.

I credit my educational success to that first CCAF degree. I'm eager to promote education, and I've applied for and was accepted into a doctoral program. I began taking classes while deployed to Kuwait. People think I'm crazy, and I've been called an Air Force student; however, all of my school work has been done after hours and never to the detriment of the Air Force. These comments only increase my motivation to mentor our great Airmen on the importance of CCAF and advanced education. I tell them, if a foster kid from Detroit can be a doctoral candidate, they can do anything. And it all started with my CCAF.

Air Force Assistance Fund



WR-ALC/GR 2nd Lt. Randy Rogers, 497-9493 1st Lt. Kyle Larson, 472-3151 2nd Lt. Philip Closson, 472-7639

Kendahl Johnson at 472-0804.

ONLINE

To read articles online, visit www.robins.af.mil.

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The appearance of advertising, including inserts or supplements, does not constitute endorsement by the Department of Defense, Department of the Air Force, or The Telegraph. The Air Force Assistance Fund campaign supports four organizations: The Air Force Enlisted Village Indigent Widows' Fund, Air Force Village Indigent Widows Fund, Air Force Aid Society, and the General and Mrs. Curtis E. LeMay Foundation.

The Air Force Aid Society is the official charity of the Air Force. It assists active-duty personnel and their families in financial emergencies, as well as Reserve and Guard personnel in certain circumstances. Air Force retirees and widows may also be considered for help on a case-by-case basis.

Air Force retirees are also encouraged to donate. Those who work on base may contact their unit representative. If not they may contact Maj. Demetrius Brown, installation project officer, at DSN 472-1036 or 222-1036 or Tech. Sgt. Denise Alvarez at DSN 468-1036 or 926-1036. Unit POCs are listed below.

402nd MXW

Tech. Sgt. Michael Reid, 468-9906 Staff Sgt. Bryce Schubert, 468-1810 WR-ALC

Maj. Demetrius Brown, 472-1036 Tech. Sgt. Denise Alvarez, 468-1913 **78th ABW**

Master Sgt. Ericka Hoskin, 479-7555 2nd Lt. Suzanne Kelley, 497-3427 HQ AFRC Senior Master Sgt. Chris Mozingo, 497-1094 Master Sgt. Leroy Jackson, 497-1670 Senior Master Sgt. Celia Henderson, 497-2003 638th SCMG Master Sgt. Jackie Horsley, 497-3756 689th CCW Staff Sgt. Timothy Gordon, 472-1454

Senior Master Sgt. Terrence Jones, 468-1452 116th ACW

1st Lt. Jacob Parr, 201-1875 Capt. Christopher Horsfall, 241-2611 Staff Sgt. Demond Bush, 241-4369

Commander's Action Line

The action line is an open-door program for Team Robins personnel to give kudos, ask questions or suggest ways to make Robins a better place to work and live.

The most efficient and effective way to resolve a problem or complaint is to directly contact the responsible organization. This gives the organization a chance to help you, as well as a chance to improve its processes.

Please include your name and a way of reaching

you, so we can provide a direct response. Anonymous action lines will not be processed. Discourteous or disrespectful submissions will also not be processed.

Commander's Action Line items of general interest to the Robins community will be printed in the Robins Rev-Up.

For more information, visit

https://wwwmil.robins.af.mil/actionline.htm. To contact the Commander's Action Line, call 468-2886 or e-mail action.line@robins.af.mil.

(
Security Forces	468-2187
FSS (Services)	468-5491
Equal Opportunity	468-2131
Employee Relations	497-8253
Military Pay	468-4022
Civil Engineering	468-5657
Public Affairs	468-2137
Safety Office	468-6271
Fraud, Waste & Abuse	468-2393
Housing Office	468-3776
► Chaplain	468-2821
▶ IDEA	497-7281

On the Fly

Single staffing tool

While most Air Force bases are using a streamlined employee recruitment process called the Air Force Single Staffing Tool, Robins is among 12 bases which have not made the change. That will soon change.

Robins will be implementing SST in late April 2011. Current civilian employees will then apply for internal openings at *www.usajobs.gov.* Previously, all civilians applied for jobs at their current base through the Candidate Announcement Notification System.

The application process for USAJobs requires a resume and other attachments to be submitted electronically by applicants. Employees are encouraged to begin developing a resume to apply for future career opportunities. The resume should highlight knowledge, skills, and abilities based on previous and current employment.

The Airman and Family Readiness Center in Bldg. 794 (located on Ninth Street across from the Heritage Club) provides free resume writing classes as a service. For more information on dates and how to sign up for the classes, call 468-1256.

Other bases which have continued recruitment under the self-nomination process via the AFPC Civilian Employment website are Luke, Hurlburt Field, Arnold, Eglin, Brooks City-Base, Hill, Hanscom, Tinker, Edwards, Kirtland, and Wright-Patterson. Eventually those bases will also move to the Single Staffing tool.

Academy graduates

Congratulations to the following Robins Airmen for graduating from Airey NCO Academy at Tyndall Air Force Base:

Tech. Sgt. Jason Capazzi Tech. Sgt. Jessica Colunga Tech. Sgt. Shane Cummins Tech. Sgt. Marcus Davis Tech. Sgt. Thomas Ferguson Tech. Sgt. A'Keela Fitch Tech. Sgt. A'Keela Fitch Tech. Sgt. Nicholas Folds Tech. Sgt. Eric Frank Tech. Sgt. Michael Gabryszewski

Tech. Sgt. Leah Heegard Tech. Sgt. Donnie McGinnis Tech. Sgt. Andre Mickens Tech. Sgt. Steven Moore Tech. Sgt. Starr Nystrom Tech. Sgt. Dustin Odom Tech. Sgt. Yosheta Rea Tech. Sgt. Alex Richardson Tech. Sgt. Derrick Taylor Tech. Sgt. Matthew Wilson

Upcoming

The Sexual Assault Prevention and Response office will sponsor a 40hour training course for volunteer Victim Advocates March 7-11 from 8 a.m. to 4:30 p.m. in Bldg. 941, the Professional Development Center.

Active duty military personnel, Reserve or National Guard personnel on active duty, and DoD civilian employees may serve as VAs. Applications and other information may be found at *https://workspace.robins.af.mil/78abw/ sarc/default.aspx.*

For more information or to schedule a VA interview, please contact the SARC office at 497-7272.

Etcetera

The **Robins Tax Center is open** for the 2010 filing season.

The center is open Monday through Thursday from 8 to 11 a.m. and 1 to 4 p.m. on the second floor of the library in Bldg. 905. It will remain open until April 21.

Due to an official inspection, the Tax Center, as well as the Legal Assistance Office, will close at noon Monday and Wednesday, and will be closed all day Thursday and Friday.

For more information, call 497-7390 or 468-9276.

The following leave recipient has been approved through the **Voluntary Leave Trans**fer Program:

Kiesha Braswell of 577th SMXS. POC is Dave McClure at 241-5127.

To have the name of an approved leave recipient printed in the Rev-Up, e-mail Lanorris Askew at *lanorris.askew@robins.af.mil.*

The **Federal Voting** Assistance **Program** is opening its biennial voting poster and slogan contests to all U.S. citizens world-



U.S. Air Force photo by TOMMIE HORTON

Discussing sustainment

Maj. Gen. Kathleen Close, Air Force Materiel Command director of logistics and sustainment, and Alan Eckbreth, chair of the Air Force Scientific Advisory Board's Sustaining Aging Aircraft Study, met at Robins with other members of the board to discuss the Air Force operating legacy aircraft beyond their originally-projected service lives. Findings from the study will be reported to the Secretary of the Air Force in June and published in December.

Air Force workers can find help here

Finances & Work-Life Balance	Airman & Family Readiness Center	468-1256
Health and Wellness Education	Health and Wellness Center	497-8480
Health Screenings	Civilian Health Promotion Services	497-8030
Work, Personal or Family Issues	Employee Assistance Program	(800) 222-0364
Work Stress, Psychological Issues	Organizational Consulting Office	497-9803
Mental Health & Substance Abuse	Houston Healthcare	922-4281
Unplanned Pregnancy	Houston Healthcare	922-4281
Suicide Prevention	National Suicide Prevention Lifeline	(800) 273-8255
Sexual Assault & Victim Advocacy	Sexual Assault Response Coordinator	468-2946

AFMC Wellness Support Center — www.afmcwellness.com

ceived by April 8 and

must include your full

wide. Creative minds can go to *www.challenge.gov* to enter.

enter. name, branch of service (if Entries must be re- military), mailing address,

daytime telephone number, and e-mail address. There is no limit on entry submissions.



C-5 Continued from 1

through the holidays and have the repairs completed as soon as possible. However, there was only one aircraft maintenance dock where the aircraft could be worked on and, as luck would have it, a hard freeze had damaged one section of its overhead sprinkler system, severely impacting what work could be performed. However, the 78th Civil Engineer Group worked around the clock to repair the sprinkler system, finishing the day before the New Year's weekend.

"With no other C-5 maintenance docks available, civil engineering team members played a major supporting role in

86-0025's repairs," Nakayama said.

Other units from around base also worked to get the aircraft back to the warfighter: structural engineers from the C-5 Galaxy System Program Office in the Aerospace Sustainment Directorate finalized repair procedures; workload planners from the 402nd **Commodities Maintenance** Group planned how to manufacture 76 different parts from raw stock; supply technicians from the Defense Logistics Agency ordered and tracked the raw material until delivery; and CMXG craftsmen fabricated each part to exacting standards.

While all of this was going on, structural repair craftsmen from the 559th AMXS dismantled the aircraft and removed the sec-



U.S. Air Force file photo by SUE SAPP A C-5 undergoes PDM at Robins.

tions of the aircraft which years to come.

had to be replaced.

The System Program

Office decided on repairs

which would not only fix

the safety-of-flight issue

which brought the aircraft

here for repairs, but came

up with procedures to

ensure the wings would not

have any more issues for

With final parts delivery from CMXG on Jan. 8, 559th AMXS structural repair craftsmen started replacing the damaged parts and were finished a week later.

The aircraft is now home at Dover Air Force Base, Del. HEALTH Continued from 1

treatment impacts your career is largely created by people doing something wrong and ending up in the mental health clinic," Burchfield said. "They are mandated for evaluation because they were involved in an alcohol-related misconduct, a domestic violence situation, or the commander is concerned they're experiencing mental healthrelated problems which may be affecting their job performance."

He said the affect on one's career has nothing to do with seeking mental health treatment, in and of itself. The career impact, if present, is a result of problematic actions an Airman has taken or preventive actions an Airman has not taken.

"Mental health treatment is a means of helping Airmen deal with the problem or problems which could affect or did affect their career," Burchfield said.

Airmen in need of counseling can contact the Mental Health Clinic at 497-8398.

Editor's note: Any member of Team Robins who feels they may need help should see box on page 5 for a complete list of helping agencies.



DADT Continued from 1

implementing repeal. The final tier will train and prepare the broader force while reinforcing expectations of professional and personal conduct through engagement by experts and leaders at all levels. The training for all tiers will begin on the same date, and training will occur concurrently.

"We need to ensure our changes in policy happen in a professional, deliberate manner," said Chief Master Sgt. of the Air Force James A. Roy. "This training is an important part of making the transition, and it should answer many questions Airmen at all levels have been asking."

Airmen will have ample training opportunities, said Col. Jeff White, the leader of the education and training working group for the Air Force repeal implementation team. The training is a standardized program developed by armed services officials working in conjunction with the Office of the Secretary of Defense repeal implementation team.

"This training explains the new policies and provides information about specific behaviors, statements and actions to our Airmen, ensuring a consistent understanding grounded in an organizational climate of dignity and respect," White said. "When local conditions or mission requirements demand additional training, commanders may supplement accordingly. However, they must include, at a minimum, the information in the Air Forceapproved briefings."

Face-to-face training is the Air Force-preferred training method, but in the event this is not possible, computer-based training is authorized.

Additionally, a 'Don't Ask,

Don't Tell' repeal site on the Air Force Portal will include informational resources for leaders at all levels to include lesson plans and slide presentations, frequently asked questions, vignettes, guiding principles, and the "Top 10 Things You Need to Know," White said.

"The Air Force will accomplish this training expeditiously, in the disciplined, professional manner our nation expects from its Airmen," White said.

Repeal of the policy was set into motion Dec. 22, 2010, when the president signed legislation which set conditions which must be met prior to the repeal of title 10, United States Code, section 654, "Policy Concerning Homosexuality in the Armed Forces." The current law and policy remains in effect until 60 days after certification by the president, the secretary of defense, and the chairman of the Joint Chiefs of Staff.

"By following our core values, we will successfully implement this change with the same unparalleled professionalism we have demonstrated with every transformation we have undertaken, in both peace and war," Schwartz said.

PROTECT VITAL INFORMATION



FRI SAT Get Out 25 26

8 The Robins Rev-Up February 25, 2011

78th FSS BRIEFS

ON TAP

Texas Hold 'Em Saturday 2 p.m. Heritage Club Lounge Members \$10, guests \$15 For details, call 472-7864.

Demo Day

Saturday 10 a.m. to 2 p.m. Pine Oaks Golf Course For details, call 468-4103.

60-mile Walk/Run Tuesday to March 31 11 a.m.

For details, call 468-2128

3-Man Jam Tuesday 11 a.m. For details, call 468-2840.

UPCOMING

Pre-Separation Briefings March 3, 10, 17, 24 & 31 1 to 2 p.m. A&FRC, Bldg. 794 For details, call 468-1256.

First Friday Nutrition Celebration March 4 5 to 6 p.m. Horizons, Bldg. 542 For details, call 468-2670.

Sunday Brunch March 6 10 a.m. to 1 p.m.

Horizons, Bldg. 542

For details, call 468-2670.

Teen Tech Week March 8-14 Base Library, Bldg. 905 For details, call 497-8761

Karaoke

March 10 8 to 11 p.m. Heritage Club Lounge For details, call 472-7864.

Dog Obedience Class

Begins March 17 6:30 to 7:30 p.m. Youth Center \$50 for 10 weeks For details, call 468-2110.

Travel Show March 17 10 a.m. to 1 p.m. Heritage Club For details, call 468-2945.

3rd Friday Boss N' Buddy March 18

4 to 5 p.m. Heritage Club For details, call 472-7864.

9-Pin No-Tap March 19 6 p.m. **Bowling Center**

Cost \$15 For details, call 468-2112.

Federal Job Seminar March 21 9 to 11 a.m.

A&FRC, Bldg. 794 For details, call 468-1256.

Music & Sports Hall of Fame and Museum of Arts & Sciences Trip March 21 Cost \$25 Children under 16 years, \$20 For details, call 468-4001.

AFMC Family FunDaze March 25 4 to 6 p.m.

Horizons For details, call 468-2670.

ONGOING

Baseball/Softball/T-Ball Registration Through March 5 Youth Center Ages 3-4 years old, \$30 Ages 5-17 years, \$50 For details, call 468-2110.

Mongolian BBQ

Through March 4 Fairways Grille Cost 70 cents per ounce For details, call 923-1717.

Frequent Flyer Challenge Through April 30 Aero Club, Bldg. 186

For details, call 468-4867.

Ballroom Dancing Thursdays 6 to 7 p.m. and 7 to 8 p.m. Heritage Club Ballroom For details, call 468-2105.



MON

28

SUN

27

Mmmm... pizza

During a visit to Pizza Depot by children from the Child **Development Center**, **Connor Nelson** watches as a pizza is removed from the oven.

The restaurant is located in Bldg. 956 and is open 11 a.m. to 9 p.m. Monday through Saturday and noon to 6:30 p.m. Sunday.

78th FSS

U.S. Air Force file photo by SUE SAPP

TUES

NOW PLAYING

For details, call 468-2919.



TODAY

7 P.M.

TRUE GRIT

PG-13

DIRECTORY
► FSS Administration468-3193
Community Center468-2105
▶ Outdoor Rec
► Base Chapel
► Arts & Crafts468-5282
► Horizons
► Heritage Club
► Library
► HAWC
Fitness Center468-2128
Fitness Center Annex472-5350
► Youth Center
► ITT
Bowling Center
▶ Pine Oaks G.C468-4103
► Pizza Depot

Tickets - \$4 adult; \$2 children (up to 11 yrs) PALTROW MCGRAW HEDLEND MEESTER



SATURDAY 6:30 P.M. PG-13

COUNTRY STRONG

WED THUR 2



Robins duo ace fitness tests, head to weightlifting competitions

BY WAYNE CRENSHAW

wayne.crenshaw.ctr@robins.af.mil

Two Robins Airmen are avid weightlifters but they do it for very different reasons and soon each will be competing in very different events.

Master Sgt. Tina Robinson, an Air Force Reserve Command recruiter, is a powerlifter capable of bench pressing 275 pounds. On March 19, she will compete as a member of the Air Force team in the USA Powerlifting Military National Meet at Brooks City Base in San Antonio, Texas.

She figures to have a good shot of bringing home at least one gold medal in the individual category. Last year, she won gold in the bench press by lifting 250 pounds. She would have benched 275 on a subsequent try, but was disqualified after a judge ruled she did not touch the bar to her chest.

This year she expects to press 275, so unless some other female in the military has really pumped up in the past year, the gold should be hers. She has benched as much as 315, and while deployed in 2008 was named Strongest Female in the Central Command Area of Responsibility.

Also on March 19, by coincidence, 1st Lt. Franklin "Allen" Elliott will compete in the International Body Building & Fitness Iron Eagle Body Building Show in Savannah. In body building, contestants pose and display their muscles for judges rather than lift weights.

Elliott, an engineer in the 402nd Electronics Maintenance Squadron, said he prefers body building because it is more similar to what he did as a wrestler in college. Because wrestlers want to stay in a particular weight class, they don't usually want to bulk up.

"It's the best way I can use the gifts I have and hopefully inspire others to better fitness," Elliott said.

An average person has a body fat percentage of 18-24 percent. Elliott's is 6-7 percent, and he wants to get it down to 4-5 percent for the contest.

The primary training difference between their regimens is Elliott works lighter weights with more repetitions to create definition while Robinson uses heavier weights with fewer



U.S. Air Force photo by SUE SAPP

1st Lt. Franklin "Allen" Elliott and Master Sgt. Tina Robinson train at the Robins Fitness Center.

repetitions to create strength. But they each demonstrate Airmen can take a different path to a high level of fitness.

Because Elliott is judged on looks, he also follows a strict diet of healthy eating. Robinson, on the other hand, is a fan of fast food.

"For powerlifters it's all about how I can get

stronger," she said. "Let's go to McDonald's... maybe eat some cookies."

On their last fitness tests, Robinson scored a 98 and Elliott had a perfect 100, as he has in every fitness test he has taken.

Elliott also holds the fourth lowest time at Robins in the 1.5-mile run with an 8:12.

PLAY HARD, PLAY SAFE The importance of using mouth guards

Teens and adult weekend warriors experience thousands of injuries each year on the playing field, basketball court, while biking or skating, and during other activities. Injuries to the face in nearly every sport can harm teeth, lips, cheeks and the tongue.

A properly-fitted mouth guard can protect teeth and your smile. Mouth guards, which typically cover the upper teeth, can cushion a blow to the face, minimizing the risk of broken teeth and injuries to soft tissues of the mouth. Many experts recommend a mouth guard be worn for recreational activities which pose a risk of injury to the mouth.

Facts from the National Youth Sports Foundation for Safety:

•Dental injuries are the most common type of orofacial injury sustained during participation in sports; the majority of these dental injuries are preventable.

•An athlete is 60 times more likely to sustain damage to the teeth when not wearing a protective

American Dental Association

•Mouth guards should be worn at all times during competition-in practice as well as during games.

•A properly-fitted mouth guard reduces the chances of sustaining a concussion from a blow to the jaw.

If you or your child participates in sports, consult your dentist.

mouth guard.

•The cost of a fractured tooth is many times greater than the cost of a dentist-diagnosed and designed professional mouth guard.

•Victims of knocked out teeth who do not have a tooth properly preserved or replanted may face lifetime dental costs of as much as \$20,000 per tooth, hours in the dental chair, and the possible development of other dental problems such as periodontal disease.

For more information on mouth guards, contact the Robins Dental Clinic at 497-8056.

— Submitted by the 78th Dental Squadron

Think twice, energy has a price.