

ROBINS REV-UP

MAY 25, 2017

SUCCESS HERE = SUCCESS THERE!



It's Here!

Global Hawk makes historic unmanned flight to Robins

ROBINS REV-UP

SUCCESS HERE = SUCCESS THERE!



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ON THE COVER

An RQ-4 Global Hawk lands at Robins Air Force Base May 24, 2017. It is historic in that it is the first time an unmanned aerial vehicle has flown into the base. See more on Pages 3 & 4. (U.S. Air Force photo/TOMMIE HORTON)

COMMANDER'S ACTION LINE

ROBINS.ACTIONLINE@US.AF.MIL DSN 468-2886

The Commanders Action Line is an open-door program for Team Robins personnel to give kudos, ask questions or suggest ways to make Robins a better place to live, learn, work and play. The most efficient and effective way to resolve a problem or complaint is to directly contact the responsible organization.

That gives the organization a chance to help you, as well as a chance to improve its processes. If you do contact the Commanders Action Line, please fully explain whom it is you want to recognize and why, what you have a question about, or your suggestion. Discourteous or disrespectful **submissions will not be processed. Commander's Action Line items of general interest to the Robins community will be printed in the Robins Rev-Up.**

78th Comm Group First Response Center – 478-926-4357 or DSN 468-4357

78th Civil Engineer Service Call Desk – 478-327-7447 or DSN 497-7447

78th Force Support Squadron CC– 478-926-5023 or DSN 468-5023

78th Medical Group Patient Advocate – 478-327-8475 or DSN 497-8475

78th ABW Safety Office — 478-926-6271 or DSN 468-6271

78th Security Forces Squadron CC – 478-926-3212 or DSN 468-3212

Civilian Personnel Customer Service – 478-222-0601 or DSN 472-0601

Comptroller Front Office – 478-926-4462 or DNS 468-4462

Family Housing – 478-926-3776 or DSN 468-3776

Equal Opportunity – 478-926-2131 or DSN 468-2131

Household Goods – 478-222-0114 or DSN 472-0114

Inspector General Complaints – 478-222-0818 or DSN 472-0818

Inspector General Inspections – 478-327-5523 or DSN 497-5523

Sexual Assault Response Coordinator (SARC) – 478-327-7272 or DSN 497-7272

Vehicle Dispatch (Transportation) – 478-926-3493 or DSN 468-3493

SUBMISSION GUIDELINES

Submissions must be received by 4 p.m. Wednesday, the week prior to the requested Friday publication. They should be emailed to 78abw.pa.office@us.af.mil

Submissions should be of broad interest to the base populace. For information, call 478-926-2137.

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The appearance of hyperlinks, does not constitute endorsement by the Department of Defense, Department of the Air Force.

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It's Here!

Global Hawk makes historic first landing at Robins

By **ROLAND LEACH**

Robins Public Affairs

The RO-4 Global Hawk has landed at Robins. The arrival of this unmanned aerial vehicle marks the first time an aircraft of this type has flown to an Air Force Air Logistics Complex.

Robins will provide an organic paint capability. This work is necessary to prevent corrosion and deterioration of the aircraft to keep it operating at full mission performance. Plus, the establishment of a Building Based Launch and Recovery Element will allow for launch, landing and ground recovery operations of the aircraft.

While there are no plans to alter the current PDM structure, the Air Force recognizes that having an organic maintenance capability for Global Hawk enhances our ability to manage the fleet and keep this resource flying.

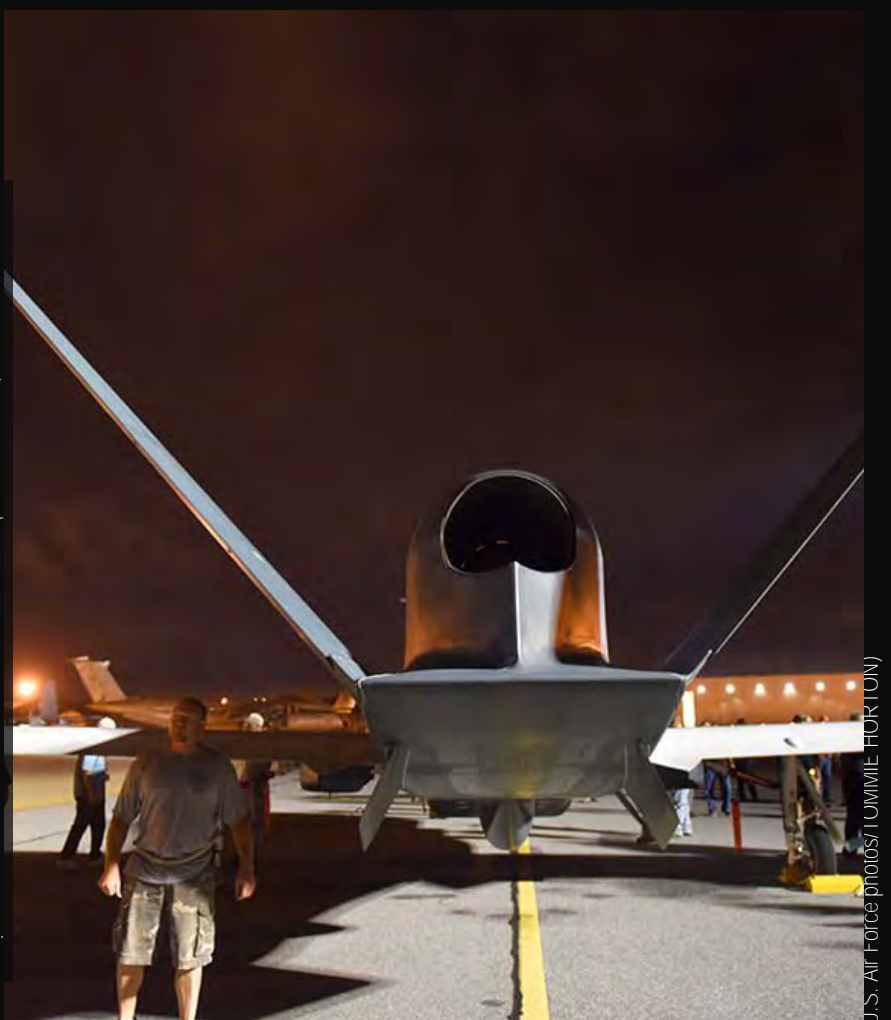
Images and video of the arrival are available at:

<https://www.dvidshub.net/unit/78ABWPAO-VI>

www.robins.af.mil

<https://www.facebook.com/RobinsPublicAffairs/>

— See photos on next page.







S&E Round Robins Symposium

By LAURIE A. BEEBE
Robins Engineering

The Robins Engineering home office recently hosted its first Scientists and Engineering Symposium, an event designed to educate scientists, engineers and technicians about the workloads of the various organizations at Robins.

Twenty one organizations participated in the event coined S&E 'Round Robins Symposium. A large number of scientists, engineers and technicians dropped in to take advantage of this very unique opportunity to network with both Air Force Sustainment Center and Air Force Life Cycle Management Center Engineering leadership and scope out possible career broadening prospects.

It was the first time AFSC and AFLCMC engineering leadership sanctioned, planned, organized and executed an internal event of this type. The overall response exceeded expectations. Many echoed requests for an annual repeat of the event. One leader noted, **"We should have done this years ago. I didn't even know there was a System Engineering Safety Office on base that could assist us."**

In addition to the display booths, Jill Burgess of EN presented a brief overview of Robins Engineering. The presentation focused on how the Air Force and specifically Air Force Materiel Command reorganized from the 12-center construct to the five-center construct and how it affected Robins Engineering.



Police Week



(U.S. Air Force photos/RAYMOND CRAYTON, JR.)

By Holly Logan-Arrington
Robins Public Affairs

Team Robins honored defenders with numerous events across the installation in observance of National Police Week May 15 through 19.

The 78th Security Forces Squadron events included a golf tournament, a motorcycle charity ride, a car show and police expo at the Museum of Aviation.

At the expo, the 78th Security Forces Squadron, Warner Robins Police Department, Houston County Sheriff, Georgia State Patrol and Byron Police Department had had informational booths, tactical vehicles, weapons displays, Military Working Dog demonstrations, Taser demonstrations and much more for spectators to take advantage of.

Robins Security Forces performed a reveille ceremony to officially start Police Week, and immediately after conducted a ribbon cutting ceremony on the third floor of the museum for the new security forces display exhibit showcasing the history of security forces and honoring defenders that have lost their lives.

Other events included a Defenders Decathlon, a lantern memorial at Duck Lake, and to wrap things up, the unit conducted a Police Ruck March and closing retreat ceremony on May 19.





Memorial Day Message



AFSC Airmen,

On Armed Forces Day, we thank those who are serving. On Veterans Day, we say thank you to those who served. On Memorial Day, we honor and remember those who served in the Armed Forces and gave all of their tomorrows for our todays.

We only have to look around us to see what we have, but Memorial Day is when we remember why. Amazing men and women from the beginning of our history as a nation to present day have laid down their own futures for us to have a better one.

They have purchased and maintained so much of our freedom and preserved so many of our choices that we even have the freedom to not remember their sacrifice.

Let's choose to remember.

Remember that we are at war, and enemies want to take our freedoms away.

The history of Memorial Day began three years after the Civil War ended; on May 5, 1868, the head of an organization of Union veterans – the Grand Army of the Republic – established Decoration Day as a time for the nation to decorate the graves of the war dead with flowers. By the end of the 19th century, Memorial Day ceremonies were being held on May 30 throughout the nation. Memorial Day was first observed as a national holiday in 1971 by an act of Congress that made the official federal observance the last Monday of May.

This year some will place flowers, a wreath, or an American flag at a gravestone, and some will visit memorials and monuments. However you choose to personally observe the day, take a moment, pause, and reflect on the high cost of our freedoms, and remember those who served and gave their lives for us.

While it may be a heavy day for many of us mourning the absence of friends, parents, children, and comrades, it is also a day of gratitude. It is a day to be thankful for the freedoms we have, and the reasons why we have them.

Thank you for serving in your critical role in the Air Force Sustainment Center. Your effort in delivering combat power for America protects our country, saves lives, serves our warfighter, and guarantees our freedoms.

To the spouses, mothers, fathers, sisters, brothers, friends and comrades of those who made the ultimate sacrifice, thank you. **We remember ... and we always will.**

Your fellow Airman,

LEE K. LEVY II
Lieutenant General, USAF
AFSC commander

PILOTS WANTED

Air Force Chief of Staff meets with airline executives to discuss pilot shortage

WASHINGTON (AFNS) -- Air Force Chief of Staff Gen. David L. Goldfein hosted a National Pilot Sourcing Meeting with airline executives to discuss the national pilot shortage in Alexandria, Virginia, May 18, 2017.

Air Force and sister-service aviation leaders, airline executives, associations and educators identified and discussed opportunities to improve collaboration between airlines and the military to ensure high-quality pilots for the needs of the nation.

RAND, the University of North Dakota, the National Air Carrier Association, Airlines for America, Civil Air Patrol, the Regional Airline Association and the Air Force briefed participants on manning, challenges and opportunities for industry, aviation educators and the military.

“Flying is a national treasure and national investment,” Goldfein said. “A challenge I have as the chief of staff of the Air Force is to ensure we can continue the long term: protect this nation and protect our critical infrastructure.”

At the end of fiscal year 2016, the Air Force’s total force -- made up of active duty, Reserve and Guard -- was short 1,544 pilots. The Air Force is addressing this shortage through numerous lines of effort; working to increase retention of trained pilots, increase pilot production through the training pipeline and reduce pilot requirements inside the force, to name a few. **The airline executive meeting was one of the service’s many efforts to address the shortage.**

“This meeting was valuable to bring us all together to discuss the challenges we’re each facing,” said Faye Malarkey Black, the Regional Airline Association president. “Just starting the dialogue between all of the participants in the room was an important step forward.”

“A4A and its members have a longstanding and unwavering support for our nation’s military services and we express our sincere gratitude to General Goldfein and his senior staff for hosting the meeting,” said Billy Nolen, Airlines for America senior vice president of security, safety and operation. “We look forward to our mutually beneficial partnership as we continue exploring areas of common interest.”

Participants decided to work together to provide more accessible pathways for students to realize their dream of becoming career aviators. In addition to creating new pathways to becoming a pilot, participants also agreed existing pathways should be improved and expanded to take advantage of available technology and safety research to ensure pilot training and qualification are focused on quality performance measures.

In addition, the group agreed to explore improving the effectiveness of the **“shared resource” of pilots who fly for both the military and commercial airlines.**

“We’re not going to fix the numbers anytime soon, so we have to get after how we use those pilots in both uniforms,” said Lt. Gen. Maryanne Miller, the Air Force Reserve Command commander.

She noted 80 percent of Reserve pilots were part-time reservists and of those: 96 percent also fly for commercial airlines.

With pilots being a national asset, the Air Force is dedicated to finding long-term solutions by continuing a relationship with commercial and educational partners to address the national pilot supply.

“Today’s aviation enterprise doesn’t adequately meet the needs for national defense and national commerce,” Goldfein said. “This is the beginning of something I think will have big payoffs if we’re disciplined in the way we approach it.”

Celebrating Diversity

The Asian American Pacific Islander Heritage Month Barbecue has been postponed until May 31. It will be held at Luna Lodge from 11 a.m. to 2 p.m. For more information, contact Master Sgt. Charletia Johnson at 478-201-4111.



ASIAN AMERICAN PACIFIC ISLANDER HERITAGE MONTH
"Unite Our Voices by Speaking Together"



Put Your Hands Together ...

The "Put your hands together ..." feature is a recurring installment to the Robins Rev-Up.

Due to the overwhelming number of awards people at Robins receive, we just aren't able to cover them all. This feature is our way of ensuring we give credit where we can.

PYHT will run in the last issue each month.

SUBMISSIONS

To have an award included in the feature, submit a brief write up of the award and the people who have earned it. Photos may be submitted, but space is limited. Submissions should be sent as a word document; photos should be .jpgs to 78ABW.pa.office@us.af.mil.

For more information, contact Geoff Janes at vance.janes@us.af.mil or by phone at 468-6386.



MOA garners AF Heritage Award for work on SR-71 Blackbird

The Museum of Aviation was recognized with an Air Force Heritage Award for the work they did for the SR-71 Blackbird 40th anniversary during a three day span that began July 28, 2016.

Forty years ago, in 1976, Capt. Eldon Joersz, pilot, and Maj. George Morgan, reconnaissance systems officer, set the World Absolute Speed Record of 2,193 miles per hour. This record still stands and is officially recognized by the World Air Sports Federation, the international body headquartered in Switzerland that governs world aviation records, as the fastest that humans have ever flown in an aircraft. Other aircraft have gone faster but not in a sanctioned world record flight.

The record of 2,193 mph is actually

an average speed. SR-71A #958 was flown on a straight course through timing gates two times in opposite directions to account for wind. The SR-71's World Absolute Speed Record is one of the greatest achievements in aviation history and came less than 73 years after the very first flight of a powered, heavier-than-air aircraft.

To commemorate the 40th anniversary of the World Absolute Speed Record, the Museum of Aviation reunited Maj. Gen. Eldon Joersz, USAF retired, and Lt. Col. George Morgan, USAF retired, with their record-setting aircraft. The commemoration began with a media event that included Joersz and Morgan climbing back into the cockpits of their aircraft 40-years to the day after they set the record.

The commemoration culminated with "Blackbird Day," a public event that brought together 14 veterans of the SR-71 program (pilots, RSOs, and maintainers) including Joersz and Morgan for moderated discussions, autograph signing, and other activities.

Approximately 300 people attended the discussion with Joersz and Morgan boasting enthusiasts from surrounding states and from as far away as Texas.

Upon arriving back home, Morgan said that "Everybody has agreed that the program you set up was by a large margin the best ever!" The Museum of Aviation is proud to have represented the USAF, AFMC, and the USAF Heritage Program in developing and executing this highly successful commemorative event.



PYHT

Put Your Hands Together ...

Airman Leadership School

The Staff Sgt. Felicia R. Rivers Airman Leadership School graduated Class 17-D on May 9, 2017, at the Robins Heritage Club. The guest speaker was Chief Master Sergeant Michael P. Bugay, chief enlisted manager of the 116th Mission Support Group.

Senior Airman Christopher A. Anderson, 5th Combat Communications Support Squadron
 Senior Airman Desmon L. Anderson, 52nd Combat Communications Squadron
 Senior Airman Matthew J. Bernard, 461st Maintenance Squadron
 Staff Sergeant Bennie T. Crawford, 128th Airbone Command & Control Squadron
 Senior Airman Phillip A. DeGryse, 12th Airbone Command & Control Squadron
 Senior Airman Joseph E. Dinger, 52nd Combat Communications Squadron
 Senior Airman Sean E. Fearing, 17th Special Tactics Squadron
 Senior Airman Jeshua R. Gates, 51st Combat Communications Squadron
 Staff Sergeant Lisa N. Hernandez, 568th Electronics Maintenance Squadron
 Senior Airman Jordan A. Jungman, 52nd Combat Communications Squadron
 Senior Airman John J. Lenk, 51st Combat Communications Squadron
 Senior Airman Artemus D. Macayan, 78th Air Base Wing
 Senior Airman Cameron D. Gomula, 52nd Combat Communications Squadron
 Senior Airman Jacob A. McVay, 461st Aircraft Maintenance Squadron
 Senior Airman Jesse Anselmo F. Mena, 16th Airbone Command & Control Squadron
 Senior Airman LeAndrew C. Miller, 78th Force Support Squadron
 Senior Airman Wesley T. Murray, 51st Combat Communications Squadron
 Senior Airman Aleksandra J. Osdborne, 12th Airbone Command & Control Squadron
 Senior Airman Fontana T. Palmer, Air Force Sustainment Center
 Senior Airman Carol A. Pascoe, 910th Logistics Readiness Squadron

Senior Airman Aum B. Patel, 202nd Engineering Installation Squadron
 Senior Airman William M. Poppe, 461st Aircraft Maintenance Squadron
 Senior Airman Avery D. Porter, 52nd Combat Communications Squadron
 Senior Airman Craig A. Rainey, 78th Security Forces Squadron
 Senior Airman Jessica A. St. Cyr, 78th Medical Operations Squadron
 Senior Airman Jonathan A. Tesny, 78th Security Forces Squadron
 Senior Airman Danielle A. Thomas, 910th Operations Group
 Senior Airman Guy-Raphael Toussaint, 16th Airbone Command & Control Squadron
 Senior Airman Samantha K. Turner, 78th Security Forces Squadron
 Senior Airman Jeremy D. Whipkey, 461st Maintenance Squadron
 Senior Airman Justin B. Whitehead, 51st Combat Communications Squadron
 Senior Airman Michael L. Williams, 910th Operations Group

Community College of the Air Force Graduates

Staff Sergeant Wilson Adkins
 Senior Airman Dominique Alphin
 Technical Sergeant Philip Arras
 Senior Airman Brianeee Avant
 Staff Sergeant Kenneth Berry
 Technical Sergeant Stacy Beverly
 Staff Sergeant Daniel Brewer
 Staff Sergeant Cory Bridwell
 Staff Sergeant Amanda Cardoza
 Staff Sergeant Scott Chance
 Staff Sergeant Davon Charity
 Senior Airman Britney Christy
 Senior Airman Samuel Cleary
 Staff Sergeant Kiefer Colmer
 Technical Sergeant Johnny Cruz
 Technical Michael Dawson
 Staff Sergeant Charles Deal
 Technical Sergeant Erin Debourg
 Technical Sergeant Angela Dewberry
 Senior Airman John Flatley
 Senior Airman Derek Gonzalez

Senior Airman Matthew Gonzalez
 Staff Sergeant Desmond Gray
 Staff Sergeant Rhonda Greenidge
 Senior Airman Kyle Gruve
 Staff Sergeant Anaya Harris
 Staff Sergeant Alacia Hatten
 Staff Sergeant Jaric Henson
 Technical Sergeant Phillip Herndon
 Staff Sergeant Jasmon Houston
 Master Sergeant James Hudson
 Technical Sergeant Bianca Johnson
 Staff Sergeant Nicholas Johnson
 Technical Sergeant Tyler Johnson
 Technical Sergeant Matthew Kelly
 Staff Sergeant Jonathan King
 Staff Sergeant Daniel Lewis
 Senior Master Sergeant Thomas Lohsandt
 Staff Sergeant Morgan Mack
 Staff Sergeant Scott Martin
 Technical Sergeant Christopher Maxwell
 Senior Airman Tiffany McKinnon
 Technical Sergeant Todd Michaud
 Technical Sergeant Matthew Miller
 Staff Sergeant Nicholas Miller
 Senior Airman Zachery Miller
 Staff Sergeant Alan Mixson
 Master Sergeant Mark Moore
 Senior Airman Kaylyn Nelson
 Staff Sergeant Clinton North
 Master Sergeant William Parker
 Technical Sergeant Aaron Powell
 Staff Sergeant Ivan Ramos
 Senior Master Sergeant Bruce Reno
 Staff Sergeant Andrew Richardson
 Senior Airman Justin Robinson
 Staff Sergeant Jeffrey Rybold
 Staff Sergeant Deshun Scott
 Technical Sergeant Jeffrey Smith
 Senior Airman Tiffanie Smith
 Senior Master Sergeant Neil Stokley
 Technical Sergeant Cephas Stokling
 Master Sergeant Scott Sturtz
 Staff Sergeant Dennis Taylor
 Technical Sergeant Joshua Tetreault
 Technical Sergeant Cory Thompson
 Master Sergeant Ruben Torres Senior Airman Tu Tran
 Staff Sergeant Olivia Venson
 Technical Sergeant Justin Wagner
 Staff Sergeant Anthony Walker
 Technical Sergeant Leon Wilkes
 Staff Sergeant Christopher Williams

PERSPECTIVE

Developing Tomorrow's Leaders



I have long suspected that men who possess the capacity for leadership are always among us - waiting in the wings - but it sometimes takes a great crisis to bring them to prominence.

– General Dwight D. Eisenhower



‘Critically, we must collectively promote a culture that values calculated risk as the means to generate opportunity.’

– General Martin Dempsey

By MAJ. ERIN RUNDBERGET

12th Airborne Command & Control Squadron

Leaders in our Air Force tend to come from all walks of life. Some of them are considered to be natural born leaders, others, ascribe themselves to General Eisenhower's quote in that they've grown into their roles, often times forced by some circumstance to assume a leadership role.

As such, leadership is a quality which must be nurtured even in the most unlikely, fledgling leader. Specifically, in the ever changing face of society, current and future leaders must be capable of dealing with the challenges that will arise.

To handle these future challenges, we must develop leaders possessing the quality of responsible initiative.

We must develop leaders who have the ability and obligation to take action when the need arises. We must be willing to develop leaders who are capable of making decisions in the absence of orders — especially in rapidly changing, complex, and chaotic circumstances.

Developing leaders who demonstrate responsible initiative requires leaders who are willing to take calculated risks.

Too often, we are plagued by leaders and followers who are interested in

maintaining the status quo. The problems of tomorrow cannot be solved by preserving the status quo.

For leaders to effectively demonstrate responsible initiative, they must possess a certain degree of imagination, creativity, an understanding of the risks involved.

They must be willing to accept responsibility for their actions, regardless of the outcome.

Consequently, this style of leadership requires supervisors to accept a certain degree of risk by allowing their subordinates the opportunities to take calculated risks. It is by no means comfortable, but necessary, otherwise we end up with a generation of leaders who are afraid to take a risk and make a mistake.

Ultimately, the future of warfare will require leaders who, in the absence of their immediate commanders, are capable of making a decision and taking actions based on the information they have at hand.

In order to develop this ability, we must develop leaders and followers who are not afraid to take risks or make mistakes.

Ideally, if leaders are properly mentored in the skill of responsible initiative, they will be better prepared to take the lead regardless of the circumstances at hand. These are the leaders who will be better prepared to lead units into an uncertain future.



Time to Quit!

May 31 is World No-Tobacco Day

By STUART BAPTIES

Robins Health Promotions Office

Most people know what a tobacco habit does to your health, but do you know how much it's hurting your bank account?

An average pack cost about \$6 on military installations, meaning a pack-a-day smoker spends more than \$2,000 a year just for cigarettes.

Plus, there's the cost of lighters, gas to make emergency runs to the store, and extra cleaning and repair bills for their home, car, clothing and teeth.

Smokeless tobacco products put a similar dent in **tobacco user's wallets. When you add up the true cost and figure out how much you are spending on tobacco, it can be a great motivator and provide a positive incentive for setting a quit date and doing something else with that money.**

Every year the World Health Organization and partners across the globe mark May 31 as World No Tobacco Day.

It's a day to highlight the health risks associated with tobacco use and advocate for effective policies

to reduce tobacco exposure.

It's also an opportunity to show support to those who are trying to quit and to support the efforts of those who are trying to make sure that this is the last generation that use tobacco products.

The intent is to encourage people to stop using tobacco products for 24 hours around the globe.

The day is further intended to draw attention to the widespread prevalence of tobacco use and to negative health effects, which currently lead to nearly 6 million worldwide deaths yearly, that includes 600,000 deaths that are the result of second-hand smoke.

What are some reasons to support World No Tobacco Day?

Well for one thing, tobacco use is the single most preventable cause of disease, disability and death in the United States.

The Centers for Disease Control and Prevention informs us that more than 400,000 Americans die prematurely from smoking or exposure to

secondhand smoke every year, and another 8.6 million people have a serious illness caused by smoking.

Notice that those numbers don't just include tobacco users because the harmful effects of smoking do not end with the smoker. More than 126 million nonsmoking Americans are regularly exposed to secondhand smoke, and it has been proven that even brief exposure can be dangerous because nonsmokers inhale the same carcinogens and toxins in cigarette smoke as smokers.

Secondhand smoke exposure causes serious disease and death, including heart disease and lung cancer in nonsmoking adults and sudden infant death syndrome, acute respiratory infections, ear problems, and more frequent and severe asthma attacks.

The CDC states that "each year, primarily because of exposure to secondhand smoke, an estimated 3,000 nonsmoking Americans die of lung cancer,

— *Continued on next page.*

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more than 46,000 die of heart disease, and 150,000 to 300,000 children younger than 18 months have lower respiratory tract infections. Coupled with this enormous health toll is the significant economic burden of tobacco use — more than \$193 billion per year in medical expenditures and lost productivity.”

Employees and dependents at Robins Air Force Base, using either TRICARE or any of the existing Federal Employee Health Benefits Plans are 100 percent covered for tobacco cessation programs to include use of medications at no cost.

Federal Employees simply let their insurance company know they're engaging in a tobacco cessation program, and they'll be able to obtain the prescription from their doctor and present it to their retail pharmacy.

There is no co-payment, no deductible and no dollar limit.

For more information on the FEHB visit www.opm.gov/quitsmoking or call the Health Promotions at 478-222-6907.

So, what are the options?

TRICARE beneficiaries have a variety of options: * You can call the Health Promotions Office at 478-222-6907 and speak to Stuart Bapties, the base Tobacco Cessation counselor, who will schedule you for class or a one-on-one appointment and facilitate having medications ordered through the 78th Medical Group Pharmacy. Or, you can simply speak with your provider during your next medical appointment.

If you're seeing a civilian provider in town and obtain a prescription, you can have it delivered free of charge through the TRICARE Pharmacy Home Delivery Service. You can also call the base Health Promotions between 8 a.m. and 3:30 p.m., and ask for Stuart Bapties who will assist you with obtaining the medications through the 78th MDG Tobacco Cessation Program.

For more information on your Tri-care benefit visit <https://www.tricare.mil/HealthWellness/Tobacco/Products> or call Health Promotions at 478-222-6907.

One thing to keep in mind is that Nicotine addiction is extremely powerful and the World Health Organization sometimes refers to it as a brain “wanting” disease, which can never be cured but can be fully controlled and arrested.



Nicotine binds the brain dopamine pathways just like other drugs, such as methamphetamines, alcohol and heroin. cent more likely to be successful when they combine it with Tobacco Cessation Counseling.

It causes the brain to send a false message about the need of nicotine to the body as being as necessary to the body as other survival activities like eating and drinking.

That's one reason that evidence shows those using medications in their quit attempts are 44 per-

Editor's note: *Tobacco Cessation Counseling is free of charge to all with access to the base and available every Wednesday from 11 a.m. to noon at the Health Promotions Office in Bldg. 827.*

To register or find out more simply call us at 478-222-6907.



Training Wheels

By TOMMIE HORTON
Robins Public Affairs



Rodney White, motorcycle riding coach, instructs students practicing riding maneuvers during a Basic Rider Course session.



U.S. Air Force photos/TOMMIE HORTON

Staff Sgt. Christopher Pirtle adjusts his rear view mirror during a class break.

Certified motorcycle riding coaches volunteer their time to help ensure riders at Robins are adequately trained for safe cycling on base. The Motorcycle Safety Program offers courses for beginning, experienced and advanced riders.

“What we do is lay a foundation to help people understand potentially life-saving skills for safe biking,” said Master Sgt. Daniel Lee, certified rider coach. “Nothing can be more fun yet more dangerous than getting out for a ride,” he said.

The Motorcycle Safety Training Range located at the Pave Paws parking lot near Bldg. 1400 offers an excellent learning environment for conducting classes.

The Basic Rider Course is a two-day class designed to improve the riding techniques of novice riders. Prior to completing the BRC, students are tested in their ability to perform basic maneuvers such as U-turns, quick stops, swerves and cornering.

“Motorcycle riders don’t have seatbelts, airbags or structural protection,” said Lee. “We want everyone who attends these classes to have the skills needed to enjoy riding and to make it home to their families safely.”

Lee also said that a very important consideration for new bikers is choosing the right bike for their skill level.

The Experienced Rider Course and Advanced Rider Course are both one-day classes.

Motorcycle Safety Training is mandatory for active duty military bikers. There is no base requirement for civilians and contractors; however, the free training is highly recommended. There are only eight certified coaches currently conducting classes. The program can always use more volunteers to accommodate the high course demand.

Experienced riders interested in volunteering to become certified coaches should visit the 78th Air Base Wing Safety Office located in Bldg. 215. Coaches must complete a course requirement to obtain certification.

Riders interested in taking motorcycle training on base may sign up through the Robins home page or by visiting the 78th Air Base Wing Safety Office in Bldg. 215.

See Me ... Save Me Motorcycle Ride May 31, 2017



Event begins at the Base Theater at 8 a.m.

AGENDA

- 8 a.m. Opening Comments*
- 8:10 a.m. Motorcycle Safety Briefing*
- 8:30 a.m. Guest Speakers*
- 8:45 a.m. Questions*
- 9 a.m. Safety Awareness Ride (On-Base)*
- 9:20 a.m. Safety Awareness Ride (Off-Base)*
- 11 a.m. Conclude at the Museum of Aviation*

Note: All times are approximate, base upon traffic conditions and speed. Also, the Off-base Awareness Ride is subject to change.

POINTS OF CONTACT

- Rodney Whitaker DSN 468-4663*
- Brandon Mitchell DSN 472-2059*
- 78th ABW Safety Office*
- DSN 468-6271*



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"I was anxious to find a new nursing home for my father. WorkLife4You allowed me to focus on the nursing homes that met his needs. The program helped alleviate my anxiety, plus it saved me a lot of time." – Federal Employee

What's Happening

78th FSS

Swim Lesson Registration
Call Outdoor Rec - 478- 926-4001
or DSN 468-4001

Saturday Brunch
10 a.m. to 12 p.m.
Pancakes, Waffles, Scrambled Eggs,
Sausage, Hash Browns, Chicken Ten-
ders, Mac 'N Cheese, Roast Beef &
Vegetable
Members & Family \$5 per person
Non-Members \$7 per person
5 to 7 p.m.
Spaghetti & Meatballs and Pizza Buf-
fet
Members & Family \$5 per person
Non-Members \$7 per person
Pizza Depot - Comm. 478-926-0188
or DSN 468-0188

2017 Air Force Photo Contest
Theme: Travel Destinations
Categories for adults and youth
Prizes: awarded in each category
For more information go to
MyAirForceLife.com/photo-Contest

Sunday Fun Day
Bowl till you drop
Sundays, 4 to 8 p.m.
Bowling Center - 478-926-2112 or
DSN 468-2112

Friday Special at the Pizza Depot
Two Fried Catfish Filets, Hush Pup-
pies, Vegetable & Mac 'N Cheese
\$6.95
11 a.m. to 1 p.m.
Pizza Depot - Comm. 478-926-0188
or DSN 468-0188

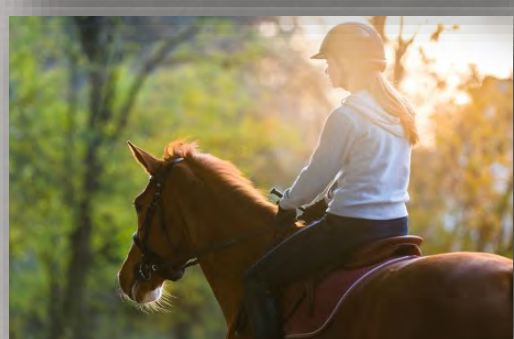
Daily Special at the Pizza Depot
Soup of the Day, Salad &
Breadstick Combo \$6.25
Pizza Depot - 478-926-0188 or
DSN 468-0188

On-Spot Café Special
Spicy Chicken Sandwich, Fries
with Medium Drink, \$6
Bowling Center - 478-926-2112
or DSN 468-2112

Twilight Special Rates
Every day
4 to 7 p.m.
Play 18 holes with cart for \$20 per
person
Play 18 holes walking for \$12 per
person
Pine Oaks Golf Course - 478-926-
4103 or DSN 468-4103

DEERS/ID Card Appointments
If you need: A New ID Card, PIN Re-
set, DEERS Update, and Designated
Agent Letter
Save time – Schedule an appointment
<https://rapids-appointments.dmdc.osd.mil/> on any
computer or mobile device

Base Library Hours
Tuesdays through Fridays,
10:30 a.m. to 7 p.m.
Saturdays, 11 a.m. to 5 p.m.
Closed Sundays, Mondays
& Federal Holidays, 478-327-8761



Memorial Day Holiday Hours

	Family Day Fri., May 26	Sat., May 27	Sun., May 28	Holiday Mon., May 29	Tue., May 30
Fairways Grille	0700-1330	0700-1030	0700-1030	0700-1030	0700-1330
Golf Course	0700-1900	0700-1900	0700-1900	0700-1900	0700-1900
Bowling Center	1100-2300	1100-2300	1300-2000	1300-1800	Normal
Library	0900-1600	0900-1200	Closed	Closed	0900-0900 sks
CDC West	CLOSED	CLOSED	CLOSED	CLOSED	NORMAL
CDC East	CLOSED	CLOSED	CLOSED	CLOSED	NORMAL
Youth Center	CLOSED	CLOSED	CLOSED	CLOSED	NORMAL
Main Fitness Center	0800-1600	0800-1600	0800-1600	0800-1600	
Annex Fitness center	(24 Hr Access)	(24 Hr Access)	(24 Hr Access)	(24 Hr Access)	
MPS					
Heritage Club	Family Day Fri., May 26	Sat., May 27	Sun., May 28	Holiday Mon., May 29	Tue., May 30
Lounge	1530-2100	CLOSED	CLOSED	CLOSED	NORMAL
Bingo	NORMAL	CLOSED	CLOSED	CLOSED	NORMAL
Pizza Depot	1100-1400	CLOSED	CLOSED	CLOSED	NORMAL
Pool Snack Bar	CLOSED	1100-1700	1100-1700	1100-1700	1300-1700
Heritage Pool	1300 - 1800	1100 - 1800	1100 - 1800	1100 - 1800	1300 - 1800
Outdoor Rec/Equipment Rental	0800-1200	0800-1200	Closed	Closed	Normal
FamCamp	0800-1200	Closed	Closed	Closed	Normal
Skeet Range	Closed	1200-1800	1200-1800	1200-1800	Normal
ITT	0800-1200	Closed	Closed	Closed	Normal
Arts & Crafts	0800-1200	Closed	Closed	Closed	Normal
Aero Club	Normal	Closed	Closed	Closed	Normal
NAF AO	Open	Closed	Closed	Closed	Open
Marketing	Closed	Closed	Closed	Closed	Open
NAF HRO	Closed	Closed	Closed	Closed	Normal
A&FRC	CLOSED	CLOSED	CLOSED	CLOSED	NORMAL
Civilian Personnel Customer Service	Closed	Closed	Closed	Closed	Open
Education and training	Normal	Closed	Closed	Closed	Normal
Wynn Dining Facility	Family Day Fri., May 26	Sat., May 27	Sun., May 28	Holiday Mon., May 29	Tue., May 30
Breakfast	0530 - 0800	0530 - 0800	0530 - 0800	0530 - 0800	0530 - 0800
Lunch	1100 - 1300	1100 - 1300	1100 - 1300	1100 - 1300	1100 - 1300
Dinner	1630 - 1900	1630 - 1900	1630 - 1900	1630 - 1900	1630 - 1900
Flight Kitchen	24/7	24/7	24/7	24/7	24/7



Memorial Day Holiday Hours

	Family Day Fri., May 26	Sat., May 27	Sun., May 28	Holiday Mon., May 29	Tue., Feb. 21
After Burner	Closing @ 1000	Closed	Closed	Closed	Normal
After Burner					
Cafeteria	Closed	Closed	Closed	Closed	Normal
Fast Food (Limited)		Closed	Closed	Closed	Normal
Mobile	Closed	Closed	Closed	Closed	Normal
2	Closed	Closed	Closed	Closed	Normal
3	Normal	Closed	Closed	Closed	Normal
4	Normal	Closed	Closed	Closed	Normal
5	Normal	Closed	Closed	Closed	Normal
6	Normal	Closed	Closed	Closed	Normal
91	0630-1100	Closed	Closed	Closed	Normal
91 Nights	Closed	Closed	Closed	Closed	Normal
645	Closed	Closed	Closed	Closed	Normal
640	Closing 1300	Closed	Closed	Closed	Normal
376	Closed	Closed	Closed	Closed	Normal
125	Closing 1300	Closed	Closed	Closed	Normal
125 Nights	Closed	Closed	Closed	Closed	Normal
300 Hallway	Closed	Closed	Closed	Closed	Normal
301	Closing 1300	Closed	Closed	Closed	Normal
140	Closing 1300	Closed	Closed	Closed	Normal
300 Foyer	Closing 1300	Closed	Closed	Closed	Normal
210	Closed	Closed	Closed	Closed	Normal
QUICK TURN	Closed	Closed	Closed	Closed	Normal

Memorial Day - Holiday Hours

	May 26	May 27	May 28	May 29
78TH SECURITY FORCES SQUADRON HOLIDAY HOURS				
Gate 1: Green Street	Normal	Closed	Closed	Closed
Gate 3: Watson Street	Normal	Normal	Normal	Normal
Gate 4: Commercial	Closed	Closed	Closed	Closed
Gate 5: MLK Blvd	Closed	Closed	Closed	Closed
Gate 14: Russell Parkway	0500-0000	0500-0000	0500-0000	0500-0000
Police Services	Closed	Closed	Closed	Closed
Visitor Control Center	Closed	Closed	Closed	Closed
DECA HOLIDAY HOURS				
May 26	May 27	May 28	May 29	
0900-1900	0900-1900	0900-1900	Closed	

ROBINS AFB EXCHANGE

	FRIDAY May 26	SATURDAY May 27	Sunday May 28	Memorial DAY May 29
Main Store	0900-2000	0900-1900	1000-1800	1000-1700
Main Store Firearms Counter	1000-1800	1000-1800	CLOSED	CLOSED
Dunkin Donuts	0600-1700	0800-1400	CLOSED	CLOSED
Anthony's	1030-1600	CLOSED	CLOSED	CLOSED
Burger King	0530-1800	0800-1530	CLOSED	CLOSED
Subway	0700-2000	1030-1630	1100-1500	1100-1500
Popeye's	1030-1900	1030-1800	1100-1700	CLOSED
Charley's	1030-1900	1100-1700	1100-1600	1100-1500
Military Clothing	0900-1800	1000-1400	CLOSED	CLOSED
Service Station	0630-2100	0800-2000	0800-1800	1000-1700
Express	0630-2100	0900-2000	0900-1800	1000-1700
CONCESSIONS:				
Wireless Phone Kiosk	0900-2000	0900-1900	1100-1700	1000-1700
Optical Center	0900-1800	0900-1800	CLOSED	CLOSED
Alterations	0900-1800	0900-1600	CLOSED	CLOSED
Laundry/Dry Cleaners	0900-1800	0900-1600	CLOSED	CLOSED
Firestone	0700-1800	0700-1800	0900-1600	0700-1800
Barber Shop	0800-1800	0900-1800	1100-1700	1000-1700
Beauty Shop	0900-1800	0900-1800	CLOSED	CLOSED
Gift Shop	0900-1800	0900-1800	CLOSED	CLOSED
GNC	0900-2000	0900-1900	1100-1700	1000-1700

Current Chase Club Card Members



Things You Should Know

May 15th

Credit Card payment ability from Club-Works will stop. Chase card members will need to go to Chase.com to make credit card payments or they can go to any Chase Branch to pay in person.

June 12th-June 23rd

Chase will communicate to card holders explaining the end of the Chase Air Force partnership and the benefits of their new card (it will include their new Visa benefits and Rewards brochure).

August 15th

Will start to send out new credit cards to Chase card holders.

Private Label card holders accounts will close and they will be responsible for their balance.

Free two-hour Diabetes Nutrition Education class

June 14, 1 to 3 p.m.



This class is open to all with access to Robins AFB and provides education and training concerning the nutritional management of diabetes through healthy food choices. It enables newly diagnosed and those who need a refresher with the basic nutritional goals of diabetes and understanding diabetes and its health implications. It will also help you identify healthy behaviors that can improve your blood sugar control, lose weight, and give you more energy! You will leave this class with a new understanding of how nutrition plays a vital role in controlling your diabetes.

Contact Health Promotions to sign up for this FREE class! Call 478-327-8480
or DSN 472-6904

No matter how hard the winds blow ...
No matter how tough the challenge ...

Like steel, I rise.

If you need help, it's only a phone call away

Finances & Work-Life Balance — 478-926-1256

Work, personal or Family Issues — 800-222-0364

Work Stress, Psychological Issues — 478-327-9803

Mental Health & Substance Abuse (Houston Healthcare) — 478-922-4281

78th MDG Mental Health Clinic — 478-327-8398

Suicide Prevention Lifeline — 800-273-8255

Sexual Assault & Victim Advocacy — 478-926-2946

Crime Victim Advocacy — 478-327-4584

Chapel — 478-926-2821

(U.S. Air Force graphic/GEOFF JANES)

Parting Shot

Now that's a big plane! The tail of a C-5 Galaxy can be seen from the open bay doors of a hangar at Robins. The Galaxy is 65 feet tall at the top of the tail. The cargo hold is 121 feet long, excluding ramps, 19 feet wide and 13 feet, 6 inches high. The aircraft is 247 feet, 10 inches long, and its wingspan is 222 feet, 9 inches. (U.S. Air Force photo/TECH. SGT KELLY GOONAN)

