ROBINS REV-UP

APRIL 21, 2017

Double Victory

Team Robins Airman finds new outlook through faith

ROBINS REV-UP



SUCCESS HERE = SUCCESS THERE!

COMMANDER'S MESSAGE

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ON THE COVER

Second Lt. D'Anthony Harris, 413th Aeromedical Staging Squadron medical readiness officer, poses for a photo at his church April 18, 2017, in Warner Robins, Georgia. Harris is also a master resiliency trainer with the Air Force Reserve Yellow Ribbon Program. See pages 10 & 11 for full story. (U.S. Air Force photo/JAMAL D. SUTTER)

COMMANDER'S ACTION LINE

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Submissions should be of broad interest to the base populace. For information, call 478-926-2137.

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MESSAGE FROM AFSC COMMANDER: THE DOODLITTLE RAID



Crew No. 1 (Plane #40-2344, target Tokyo): 34th Bombardment Squadron, Lt. Col. James H. Doolittle, pilot; Lt. Richard E. Cole, copilot; Lt. Henry A. Potter, navigator; Staff Sgt. Fred A. Braemer, bombardier; Staff Sgt. Paul J. Leonard, flight engineer/ gunner. After running low on fuel, all five members bailed out of the airplane over Haotian Guan, China, where they were assisted by the local Chinese to the Western Zhejiang Administration. All five crew members survived the mission.

Fellow Airmen,

April 18th marks the 75th anniversary of the Doolittle Raid.

Sixteen B-25B Mitchell bombers, led by Lt. Col. James H. "Jimmy" Doolittle, took off from the USS Hornet in the early morning daylight on an assignment to strike the heart of Tokyo just five months after the devastating attack on Pearl Harbor.

Although the raid inflicted a rather minor level of physical damage on Japan, it gave a much-need boost to morale in the U.S. and to the warfighters.

pated in the raid, and all but three crew members initially survived the mission.

Eight airmen were captured by the Japanese in China, and three were later executed. Fourteen full crews,

except for one crewman who was killed in action, returned either to the United States or to American forces.

The raid played a major role in developing America's perception of airpower and aviation. But it will also be remembered for its daring, and for the courage of the crewmembers who volunteered to risk their lives for the country they loved.

The dangerous raid earned Doolittle have gone before us. the Medal of Honor and all of the other Raiders the Distinguished Flying Cross.

Each year we have an opportunity Eighty men volunteered and partici- to remember and celebrate the achievements of Jimmy Doolittle and the Raiders so that they are long remembered.

> April 18, at the National Museum of the U.S. Air Force, at Wright Patterson Air Force Base, Ohio, retired Lt. Col.

Richard Cole, Doolittle's co-pilot and sole surviving Doolittle Raider, conducted the traditional "Goblet Ceremony" honoring those Raiders who died the previous year by overturning the Goblet belonging to retired Staff Sgt. David Thatcher.

As we celebrate our Air Force's 70th Birthday, let us never forget those amazing and courageous Airmen that



Lt. Gen. LEE K. LEVY II **AFSC Commander**

PERSPECTIVE:

If it's not you, it's the person next to you

By TECH. SGT. KELLY GOONAN

Robins Public Affairs

ey sexy... you single?

I turned to see a fellow Airman in training standing about 5 foot 8 inches tall, dark hair and eyes. Over the next four months, I heard this fellow classmate repeat the same line more than a couple dozen times.

It wasn't just me he had an eye for; it was a handful of my new girlfriends as well. We laughed it off. All of us had just completed basic training and were beginning another chapter in our brand-new military careers at technical school. Why make enemies at the start?

About a month in, I grew tired of the cheesy pick-up lines and over-used sexual innuendos. I asked one of our ropes (student leader) to step in to have a chat with the guy regarding how uncomfortable he made me.

Unfortunately, that chat didn't have much of an effect on the Airman and as "luck" would have it, I sat next to him during class.

Lucky me, right?

I was pretty good at letting his suggestive comments flow in one ear and out the other, careful not to show it bothered me (as that only added fuel to his fire). Up to this point, his words were the only offensive thing he had been doing. But then I dropped my pencil. As I stooped over to pick it up I heard a loud voice boom throughout the classroom.

"Are you serious, Airman?"

Startled, I nearly smacked my head off the table trying to sit back up. With our entire class now looking back toward us, our two class leaders, Marines, shrugged them away and stated "We'll talk about this at break — carry on."

Unbeknownst to me, this guy had just executed one of the foulest and sexually suggestive hand gestures behind my head. The class leaders luckily sat behind us and saw what he had just done.

That was the final straw. The class leaders already knew how annoyed I was by his behavior and asked if I wanted to take this latest development "up the chain." I had no intention of getting anyone in trouble since we were all brandnew to the military. I'd hoped that the class leaders had scared him enough by this point and decided against it — asking only to move seats to get away from him.

With my new location in the classroom, I felt a bit more at ease. Although the Airman now had one of his male friends start to jeer me because I had gotten him in trouble. I felt beaten and angry. I had no control over the situation, it wasn't "my" fault he did what he did.

He was lucky I didn't take it up the chain of command.

About a week after the hand gesture incident, I'd had it with the remarks from him and his friend. That's when I asked one of our former ropes in our dormitory to have a talk with these two guys. This former rope commanded the respect of all the guys in the Airman dormitory; certainly he would be able to have an impact on this guy. Shortly after the discussion this time, the jokes and rude remarks stopped all together. The Airman and his friend now completely avoided me — victory at last!

Three months later, two weeks before our class graduation date, a female instructor came up to me as I was on my way back from a class assignment.



.S. Air Force graphic/TECH. SGT. KELLY GOONAI

"Airman Galloway follow me, please," she said. (Galloway is my maiden name, this all happened before I got married.)

I proceeded down the hallway and into a small room with a handful of computers and two girls from my class already in place.

Confusion and a spark of panic overcame me when the door was shut behind me and I realized something serious was going on. One of the female Airmen had been crying and her eyes were still puffy and red.

"Galloway, as I understand, you had a harassment issue with a particular Airman?" my instructor asked.

I acknowledged her question and explained my experience with the group and asked why this was just coming to light as the incident happened nearly three months prior.

Her response shook me to the core as she explained that the two female Airmen, fellow classmates, had just had the same type of harassment, only it had gone above what this man had done to me.

The Airman allegedly grabbed one of the girls and cornered her in an area where we kept our equipment. He put his hand over her mouth and pushed her back against the lockers — pressing his body against hers and proceeded to kiss his hand in a suggestive way.

This was why I was being called into the room, the other girl was witness to what happened and they both wanted to open an investigation after speaking with the sexual assault response coordinator on base.

They knew I had been in a situation and wanted to know if I also wanted to open an investigation.

I realized that what was thought to be simple but annoying joking was turning into something much more serious.

How much more would his behavior deteriorate? What if I had reported this incident when it happened to me? Would this still have happened to this girl?

The thoughts in my mind raced. I agreed to speak to the SARC.

The concept of an entire office committed to sexual assault boggled me. I had no idea what was in store as the three of us walked into the SARC office to again explain what happened.

We were only two weeks from graduating. Because of this incident, the Airman jeopardized his marriage, his security clearance — and his military career.

Continued from previous page

To my relief, the officer was approachable and sincere; she made every effort to ease our minds and explained what was going to happen.

All three of us had to give her our written statements separately and without prejudice.

After reviewing our statements, she concluded that there was a definite issue and asked us individually if we wanted to proceed with a restricted or unrestricted report.

A restricted report requires the member to be in status and can only report the incident to medical personnel, SARC or a victim advocate, but an unrestricted report means the member can report the incident to investigative agencies such as the Air Force Office of Special Investigation or security forces, as well as to members in their chain of command such as the first sergeant, supervisor or commander.

All three of us wanted the unrestricted report.

We were sent back to the dormitory after meeting with the SARC to speak with our military training leaders. Upon arrival, the captain was already waiting for us. As we entered her office, at attention and visibly shaken, she asked us to sit down. Up until this point, we had not had any personal interaction with this busy officer and had grown to fear having to report to her.

"Ladies, first of all I want you to know that you are not alone," she said. "Secondly, I want to assure you that this Airman will be dealt with, and I will do everything to ensure your safety and confidentiality of this situation, but you need to ensure the confidentiality on your end as well."

"Yes, Ma'am," we simultaneously squeaked out.

We had already signed confidentiality agreements and were ordered not to talk about the situation to any of our classmates.

After an hour of conversing with the captain, she released us to go back to our rooms to deal with what had just occurred in our own manner. What had started as a normal day had taken such a dramatic turn of events. Our minds were warped. We were mentally exhausted.

A team of OSI agents came to our dormitory as well as military police, who went through the Airman's room seeking incriminating evidence. They pulled him from class and brought him back to the dorms so that he could pack his belongings.

He was being isolated from the rest of the dorm, moving onto the first floor near our MTL's offices.

We were only two weeks from graduating. Because of this incident, the Airman jeopardized his marriage, his security clearance — and his military career.

Beginning in basic training, all of the advice from my military training instructor had prepared me for something like this, though I never thought I would be involved in a **"SARC" case. It was something we had joked and laughed** about in training. Yet my MTI knew better. Before we left his watchful eye he warned us that an alarming number of technical school SARC cases do happen and will happen and that we should prepare ourselves. His words still rang in my ear like reveille in the morning.

"If it isn't you, it's the person next to you."



By CHIEF MASTER SGT. OF THE AIR FORCE KALETH WRIGHT

WASHINGTON (AFNS) -- The truth is, the vast majority of Airmen we serve alongside have never – and will never – sexually assault another person in their lifetime. Let me say it again for the people in the back – the vast majority of our Airmen HAVE NEVER and WILL NEVER harm another person. Hard stop.

But the ability and the responsibility to stop sexual assault does not begin and end here. Every survivor, and every Airman who has ever served in a unit impacted by these acts, can tell you first hand it has the same effects as a natural disaster. It's very real, very devastating and leaves a trail of total destruction in its wake.

Airmen are the heart of our Air Force. With Airmen, the mission will never fail; without them, the mission will not succeed. And sexual assault deeply and severely impacts our ability to perform the mission.

Every Airman, on their own or together in a group, has the ability to stop this behavior in its tracks. April is Sexual Assault Awareness and Prevention Month, but putting an end to this devastation within our ranks requires each of us to be engaged, every day, all year round.

Every Airman who demands professionalism in their workplace and in their unit, who insists their fellow Airmen treat each other with dignity and respect, and who enforces professionalism through their words and their deeds is taking action to eliminate assault. Every Airman who embodies our core values every day, on and off duty, in and out of uniform, is supporting a survivor, whether they realize it or not. Our Airmen are the best the world has ever seen. They're the best at what they do – from fighting fires to calling in air strikes to defending our bases. Our Airmen are also our best asset for stopping a sexual assault before it happens. Their professionalism and dedication is what generates airpower and allows us to fly, flight and win. That same dedication, when applied to taking care of their fellow Airmen, is what will eliminate these damaging behaviors from our ranks.

People sometimes define integrity as "doing what's right when no one is looking." Integrity is also doing what's right when EVERYONE is looking. Understanding how to recognize opportunities for intervention is what stops unsafe or unacceptable behaviors. That can be learned, and it's fairly easy. Speaking up when no one else has – that's the hard part.

But I promise you, when a situation arises that just doesn't "feel right" or when someone isn't doing what's right, there are other Airmen hoping someone will speak up. That someone is you. Your fellow Airmen are looking to you to have the courage to speak up, to do the right thing when no one else will.

The vast majority of Airmen will never sexually assault another person. But EVERY Airman can be the one to make sure it never happens within our ranks. Today, tomorrow and every day.

I'm counting on you – and the Airmen to your left and right are counting on you – to be the one who puts an end to sexual assault in OUR Air Force.

I have your back in this fight and I'm asking you to have mine ... not just in April.

Sexual Assault Awareness & Prevention Month Events (2017) SARC Office

Bldg 707 For more information please call: Comm 478-327-7272; DSN 497-7272

Events by Date:

- 1-30 April Traveling Clothesline of Courage Various Locations Around the Base
- 1-30 April Macon Crisis Line & Safe House Donations
- 7 April Super Hero Run, 0715, Starts at Warrior Field (Base Track)
- · 10 April Line Dancing Class, 9-11 AM, Main Gym, email Darlene Mannings for sign-up
- · 11 April Self Defense Class, 1200 or 1600, Bldg 301 Annex Gym, email Capt Chapov for sign-up
- 12 April Courage Walk, meet at 1000 between buildings 300-301, walk at 1030
- 13 April Survivor T-Shirt Painting, 1430-1630, Bldg 707, email Anera Harrell for sign-up
- 17, 18, & 22 April WRPD Firing Range (Open to Civ) 6-8:30 PM Mon. & Tues./8 AM-Noon Sat.
- · 21 April Shoot for the Cause Basketball Tournament, 1030, Base Main Gym
- · 26 April Meet SAPR Team (Open to All Supvr's), 10:30-2 PM, email Felicia Clark-Reid for sign-up
- TBA April Parking Lot Blitz Various Locations Around the Base





Celebrating half century of the CMSAF

WASHINGTON (AFNS) -- In April 1967, Chief Master Sgt. Paul Airey set on a path untraveled by any other Airman in the U.S. Air Force.

"It was 50 years ago that [Airey] became the first Airman bestowed the honor of being called chief master sergeant of the Air Force," said Air Force Chief of Staff Gen. David L. Goldfein during the recent CMSAF transition ceremony. "This position would shape how the Air Force grew as the newest service."

In the early 1960s, Congressman Mendel Rivers issued a bill that mandated the appointment of senior enlisted advisers for all services. Though the bill wasn't passed, Air Force senior leaders decided to create the CMSAF position.

Then-CSAF Gen. John P. McConnell announced the position in 1967 and explained its criteria and duties, "The man selected to fill this job will be used as a representative of the Airman force when and where this is appropriate, and will serve as a sounding board for ideas and proposals affecting Airman matters."

According to the Airmen Memorial Museum, Airey knew the position was not to be taken lightly.

"I ran into a lot of people who said it was going to be a phony position -

there were people who thought that," Airey said. "There were people who said it was something to placate the enlisted force. There were people who said they wouldn't have it because it wasn't going to do what they advertised it as. I couldn't believe this. I had enough faith in the system ... it was going to be set up in all good faith to do something for the enlisted force, to make it an avenue of communication, to try and make it a better Air Force, which I, to this day, believe the job has accomplished." 7

Since then, only 17 other men have followed in Airey's esteemed path, yet the impact of these Airmen continuously ricocheted across the force. Over the last five decades, CMSAFs have tackled low retention rates, enhanced professional military education, improved the enlisted promotion system, advocated quality of life initiatives, reinforced the importance of higher education, fought for budget increases and supported joint and coalition operations.

Those improvements may not have been made without Airey taking that first step 50 years ago.

"He was absolutely the right choice to become our first chief master sergeant of the Air Force," Goldfein said. "He fought for a standardized promotion system and laid the foundation for what would become the professional military education that we know today ... creating American Airmen – our most powerful weapon."

HOLDAUST DAVIS

OF REMEMBERANCE

ike many of the special observances we partake in each year, the Holocaust remembrance exemplifies a significant time of human suffering. This time has become a reminder for us to take a moment of silence and reflect on the impact of the slaughter that nearly wiped out an entire community.

The Days of Remembrance falls on April 23 through 30 this year and is one of the most significant commemorative events allowing us to remember the effects of the Holocaust. Most importantly, it reminds us that this all began by simply allowing an attitude of indifference to the suffering of others to evolve into genocide.

How could we ever forget the Nazi persecution of at least six million Jewish people and the additional millions of non-Jewish victims? From imprisonment, to isolation, and forced emigration to deportation, the timeline from 1933-1945 shows us how the Nazi Party gradually increased momentum.

They preyed upon the diminishing population of the German Jews and others, while proclaiming themselves as superior beings. This eventually led to the implementation of concentration camps and killing centers.

While many will stay quiet and humble during this time of remembrance, some opt to share their tragic experiences and memories with us.

George Rishfield

Born in 1939 in Warsaw, Poland, his parents owned a fur business and led a comfortable life. Shortly after he was born, Germany invaded Poland and the family fled to Vilna. The Germans soon came to Vilna and forced all the Jews into a ghetto. The Rishfields lived in constant fear.



Food was hard to find and, in 1940, the Nazis started deporting ghetto residents to concentration camps. Because of the danger they faced, George's parents came up with a plan to save their baby.

The Fronckvics, who had worked for George's father, offered to take care of the young boy. They would raise him until after the war. Although it was hard to let go of their only child, George's parents knew it would keep him safe.

The ghetto was guarded and surrounded by barbed-wire fences. It was difficult to get George out. The Rishfelds and Halinka Fronckvics found a spot to meet and George's parents quickly tossed him over the wall.

Halinka took George back to her family. He was given strict instructions not to speak to anyone. If it were discovered that George was a Jew, he and the Fronckvics would be killed.

One day, a German officer stopped Halinka and George and asked where George's mother was. He said she was in the ghetto. Fortunately, the Polish word for "ghetto" is very similar to the word for "mud". The officer thought George said his mother was lying in the mud and laughed as he walked away.

George attended church with the Fronckvics. During church, some Germans came in looking for families hiding Jewish children. Halinka made George pretend he was sick and walked him right past the Germans. George faced many such experiences while in hiding.

George's real parents faced their own challenges, as well. His father escaped the ghetto and joined a resistance group rescuing Jews from the ghetto. He would secretly visit George during the war. George's mother moved from one ghetto to another and managed to survive. When the war ended in 1945, the three were united.

In 1949, the Rishfelds moved to New York. George was just ten years old and had a difficult time adjusting to his new life. He was often teased because he was a foreigner and was called the "refugee kid". George just wanted to fit in, but eventually realized he should be proud of who he was.

George joined the US Army after high school. He wanted to defend the country that had given him and his family freedom. After serving, George went to college and began a successful career in the electronics industry. He married Pamela, whom he lives with in Atlanta. They have two daughters and several grandchildren.

Rishfield shares his story of survival in the hopes that each time he speaks, at least one person will be touched. This year, he will be speaking at the Museum of Aviation, in Hangar One, Monday at 11 a.m.

Double Victory

Team Robins airman finds new outlook through faith

By CAPT. CHRISSY MINER AFRC Public Affairs



U.S. AIR

howing off his freshly-pinned gold bars that reflected a smile of quiet pride, 2nd Lt. D 'Anthony Harris stood before family, friends and coworkers on this very special day. Fighting to hold back the tidal wave of emotions rushing his psyche, he paused

to acknowledge the long, storied journey that led him to this defining moment. "My life has been a series of divine interventions," Harris said. "When things appeared that they weren't going my way, something always happened ---people intervened."

Harris was born in the city of Perry, Georgia, a small community just south of Warner Robins. His family relocated to Warner Robins before he started school.

"I grew up in the projects," said Harris. "My dad wasn't really in my life, and I never really bonded with my mom. She had her own issues going on."

Playing football became an outlet for Harris. And, after four years of high school as a wide receiver, he hoped earning a scholarship would help him start fresh and get a new outlook on life.

"I was actually approached by a few schools," he explained. "But I received my Scholastic Aptitude Test or SAT scores too late to make the cut. It was really disappointing, because my scores were exactly what I needed to make it."

With a college football scholarship off the table, Harris didn't want to be left behind when all his peers headed to college. He enrolled into Savannah State University, but he wasn't adjusting to college life well, and his grades reflected it. During that time, Harris also enlisted in the Georgia National Guard.

"I enlisted in 2005, and they didn't send me to basic training until 2007," he said with an ounce of contempt in his voice. "When I got back, everyone else was going to technical school, and they told me to go home because they didn't have a slot for me."

His poor grades at school, coupled with the uncertainty of his military career, led Harris to a crossroad of despair. He went home during Christmas break and reached out to his older sister, Khammica, for guidance.

"I used to make fun of her for going to church like three times a week," Harris admitted. "She asked me to meet with her pastor, Carlton Stephens, which I did."

"I wouldn't be where I am today, without the constant intervention of others. I hope I can use my leadership position to pay-it-forward and continue to help others in the future."

– 2nd Lt. D 'Anthony Harris

Continued from previous page.

Harris unpacked his restrained issues with his newfound mentor and pastor. He felt so relieved; he even decided to take things a step further.

"I was baptized over Christmas break, and I felt I had a new purpose," he said.

It wasn't long after Harris returned to school that he realized he wasn't in the right place. He wanted to move home and be near his new-found family. In 2009, he packed up his belongings and came home to Warner Robins. Due to the fact he had yet to be sent to technical school, his Guard unit agreed to release him to the Air Force Reserve.

Harris interviewed and was hired as a security forces Airman at Dobbins Air Reserve Base, Georgia, and went to technical school immediately. After completing his training, he returned home and went to work for Non-Appropriated Funds at Robins Air Force Base.

"I worked as a janitor, cut grass, worked banquets at the Museum of Aviation ... you name it," he said.

He did that for three years until he completed his **bachelor's degree at Macon State College, with a degree** in Business and Information Technology.

"I'm the first in my family to get any kind of degree," said Harris with a proud humility.

As Harris's bond fortified with his pastor, he knew that he was being called to help others in the way he had been helped. He cautiously began referring to his mentor as "Dad," not knowing a better way to articulate the love and admiration he felt for the man who had become such a stalwart in his life.

"Growing up, I had no frame of reference, no standard for what I wanted it all to look like," Harris said. "Dad, always made me feel like it was all within reach. He kept me focused on accomplishing my goals."

Pastor Stephens was a Mercer graduate and began to encourage Harris to consider Mercer University for his

graduate degree in Clinical Mental Health. "It seemed completely out of reach for me ... I didn't

think I was smart enough to go to Mercer," said Harris.

His poor performance at Savannah State University resurfaced as an impediment to admissions. However, due to his perseverance in taking the entrance exam multiple times to achieve an acceptable score, and according to Harris, "wearing a nice suit that day," he was given a conditional admission to Mercer University.

While pursuing his graduate degree, he wanted to explore a military job more aligned with his passion for helping people and counseling.

"I talked to a recruiter, and he told me there were no opportunities. It seemed like a dead end," he said.

Just as he was departing the recruiter's office, someone overheard the conversation and mentioned that they had an opening for a mental health technician in their unit, the 413th Aeromedical Staging Squadron.

The following year, Harris graduated from Mercer University with a graduate degree in Clinical Mental Health and a 3.9 grade point average. He began working man-days at Headquarters Air Force Reserve Command in the Yellow Ribbon program, an event-driven program designed to help service members and their families prepare for, see-through and reintegrate after deployments. He enjoyed what he was doing.

For the first time, Harris considered the possibility of becoming an officer in the Air Force. He worked to put a package together for commissioning and submitted it. His confidence was quickly dashed when the package came back disapproved.

"They said my undergraduate grades didn't meet the standard, and that my recommendations were not good enough." said Harris.

His new commander didn't like the answer they were given and pushed Harris to resubmit a second package, which he did.

"I was told that if you get disapproved twice, that's it!

They won't consider you again," said Harris. It wasn't long after that a Surgeon General's office colonel came to his desk with discouraging news.

"She told me I needed to take back my package, because they are never going to approve me," he said.

According to Harris, she instructed him to go back to school to obtain a master's degree in a business concentration so his undergraduate grades wouldn't be a factor.

"It really knocked the wind out of me," he said. "The chaplain was near me when the conversation took place; he put his hand on my shoulder and comforted me in silence."

Harris didn't pull back his package; he waited patiently for the outcome, although pessimistic about the results. During that time, he went on to be named NCO of the quarter, and subsequently, NCO of the year for A1 - Manpower and Personnel at the Air Force Reserve Command Headquarters – a reflection of his stellar work in the Yellow Ribbon program. Little did Harris know, there were more favorable interventions going on in the background.

Months later, after completing a fitness test, Harris was called to his commander's office. There he was read a memorandum from the Surgeon General's office that the decision was reversed, and he had been granted permission to be commissioned as a Medical Service Corps officer.

"It was a Sunday, and I was in shock," he said. "I took the letter and went straight to my church. Dad was practicing his sermon to deliver later that morning. I ran in, switched on all the lights and ran to him with the letter. We both sat there crying while I read it to him."

Now three months later, the 29-year-old is standing before family and friends at the Heritage Club at Robins, where he was administered the oath of office, and is now, officially, an Air Force Reserve commissioned officer.

"I wouldn't be where I am today, without the constant intervention of others," said Harris. "I hope I can use my leadership position to pay-it-forward and continue to help others in the future."

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ROBINS AIR FORCE BASE EMERGENCY MANAGEMENT

Emergency Management Flight¹ 775 Macon Street, Bldg. 1555, Robins AFB, GA

April-June 2017

DSN: 497-8885 COMM: 478-327-8885

For more information pertaining to preparing for Tornadoes, check out these websites!



Be Ready



Ready.Gov







Tornado Season

Tornado Season is upon us and it is very important for you to know how to be prepared. In the past year Houston County alone has had 3 confirmed Tornados, which caused a substantial amount of damage. Below you will find vital information on how to prepare for a Tornado and how/where to shelter during a Tornado. Remember, this information can possibly save your life in the future, so it is important for you to use what you learn to help keep your family safe.

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How To Prepare

- Secure all loose items outside that could potentially become airborne projectiles
- Listen to NOAA Weather Radio or to commercial radio or television newscasts for the latest information
 - If you do not have a NOAA Weather Radio and you are a Houston County resident, then you are able to receive a \$15 voucher located <u>here</u>.
- Know where you shelter locations are at work and at home
- Practice Tornado drills with your family, so that they know what to do during a Tornado
- Inventory your Emergency Kit to make sure everything is in order and not expired
- Keep in mind, Tornados happen with little to no warning at all so it is always

Tornado Sheltering

- Report to your Tornado Shelter Area
- Robins AFB Tornado Shelter Areas are designated by the sign on the bottom
- Ensure the entire building knows to seek shelter immediately
- If outdoors, get inside a building or shelter if possible
- If shelter is not available or there is not time to get indoors, lie in a ditch or low lying area using your arms to protect your head and neck
- Remain in the shelter location until "ALL CLEAR" is announced
- Once "ALL CLEAR" announced,
 - Conduct a survey of your building
 - Report damage to your Facility Manager
 - Account for personnel
 - Provide First Aid if needed





Help Wanted: 78th ABW IG Vacancy Announcement

Attention Team Robins Colonels

The 78 Air Base Wing's O-5 Inspector General active duty position will become vacant this summer.

In lieu of a formal Air Force Personnel Command fill request, we would first like to solicit your organization's recommendations and nominations for a local fill. Should your unit have an 0-5 that's interested, please submit your nominee's name, unit, contact info and nomination documents to: 78abw.ig.workflow@us.af.mil.

NOMINATION REQUIREMENTS:

CC's nomination letter, SURF, last 5 OPRs. SUSPENSE: 28 April 2017

DUTY DESCRIPTION:

Serves as the commander's principal advisor on AF Complaints Resolution and Fraud, Waste and Abuse programs. Performs other duties as defined in AFI 90-201, Chapter 5 and AFI 90-301.

DESIRED:

Candidates previously serving as squadron level commanders that have at least 18 months retainability.

Report No Later Than July 30, 2017

Nominees must meet the criteria established in AFI 90-201, paras 9.1 - 9.1.6.

For more information or questions concerning this request, send them to: 78abw.ig.workflow@us.af.mil.

78th Safety Break



Everyone should think risk management.





Check Three is a tool that can help. check3gps.com



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Visit from CHPS

Civilian Health Promotion Services comes to your worksite

InBady 230

CHPS is coming to your worksite to provide InBody body composition screenings! AFMC DoD Civilians and Active Duty can receive one body composition screening per quarter per fiscal year.

Date	April 26
Time	8 to 10 a.m.
Location	Building 376

Preparing for the screening

Please follow these instructions for an accurate body composition measurement:

- Do not eat or drink for 4 hours prior to testing.
- Do not exercise or take a shower right before testing (an increase in body temperature can affect the test).
- Use the restroom before measurement.
- Hydrate well the day before.
- Do not drink caffeine on the day of your test.
- Remove all jewelry and heavy clothing prior to testing.
- Ensure access to both feet with removable footwear (no socks or pantyhose).
- Do not put lotion on your hands and feet.
- Do not test if you have a pacemaker. For females, do not test during pregnancy and avoid measurement during menstrual period.

Remember to bring your up-to-date HRA Wellness Profile Certificate with you to receive your screening. You can take your HRA or print the certificate at <u>AFMCwellness.com</u>. Everyone who completes a screening will receive an incentive item.

We ask that you please notify your POC or CHPS staff if you plan to attend the screening.

For more information, contact the CHPS staff.

Robins CHPS Staff 100 Page Road, Bldg. 207, Room C-119 Robins Air Force Base, Ga., 31098 (478) 327-8030 CHPSRobins@foh.hhs.gov

We look forward to seeing you!



One FREE Game Per Day

Month of April **All Military Dependent Children** Ages 17 And Under Bowl One FREE Game Per Day With Rental Shoes Included! *Hosted by Robins Lane Bowling Center

Half Price Golf for Kids

Month of April Military Children Can Play For Half Price Monday - Sunday *Hosted by Pine Oaks Golf Course



Family Night at the Club

April 22 Saturday Brunch, 10 a.m. - 12 p.m. Spaghetti & Meatballs and Pizza, 5 - p.m. *Hosted by Heritage Club

Golf Cart Drive-In Movie

April 28, 7:15 p.m. Movie: Zootopia **Pine Oaks Golf Course** We Encourage Everyone To Wear Purple *Hosted by Outdoor Recreation

Purple Up!

April 21, All Day

And Publically Recognize Military Kids! *Hosted by FSS

Blue Plate Specials

Every Mondays in April Purchase one get the second 1/2 Off **All Military With Their Spouses Kids 12 and Under Eat FREE** *Hosted by Base Restaurant

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WORKLIFE4YOU

Civilians - Simplify Your Life

Call Toll-Free for Expert Guidance

No matter what life brings, our experts can help you understand your options.

Get Personalized Matches

Specialists will help you find child care, senior care, fitness centers, schools, adoption resources, home improvement, pet care and much more – all with confirmed availability.

Request Free Educational Materials

Read up-to-date info on child care, parenting, pregnancy, adoption, elder care, fitness, weight loss, budgeting, relocation, college, pet care, balancing home/work life, and much more.

me to focus on the nursing homes that met his needs. The program helped alleviate my anxiety, plus it saved me a

Online Tools and Info

lot of time." - Federal Employee

Access online tips and tools including articles, webinars, moderated discussion groups, educational guides and more.

1-800-222-0364 Worklife4You.com

Click on "Start Now" and enter the Registration Code: AFMC

"I was anxious to find a new nursing home for my father. WorkLife4You allowed



What's Happening

78th FSS

2017 Air Force Club Scholarship Program Now through May 12 Visit MyAirForceLife.com/Clubs for eligibility, essay or video topic, instructions and rules. Good Luck!

Purple Up! Today, All Day We Encourage Everyone To Wear Purple and Publically Recognize Military Kids!

Arts & Crafts Experience (Single Airman Only) April 22 9 a.m. to 3 p.m. \$15 per person Arts & crafts - 478-926-5282 or DSN 468-5282

Membership Dinner Members Only April 24 5 to 7 p.m. Carved Roast Beef & Ham Buffet Heritage Club Ballroom - 478-926-2670 or DSN 468-2670

Tips from the Pro Tuesdays, April 25 4 to 5 p.m. All the balls you can hit for \$5 Pine Oaks Golf Course - 478-926-4103or DSN 468-4103

Bridgestone Demo Day & Ball Fitting April 25 3 to 6 p.m. Open to everyone! Pine Oaks Golf Course - 478-926-4103 or DSN 468-4103

Ultimate Thunder Alley April 28 7 to 11 p.m. 4 Hours of Cosmic Bowling Adults \$15 / Child 12 & Under \$10 Bowling Center - Comm. 478-926-2112 or DSN 468-211

Saturdays Brunch 10 a.m. - 12 p.m. Pancakes, Waffles, Scrambled Eggs, Sausage, **Hash Browns, Chicken Tenders, Mac 'N Cheese,** Roast Beef & Vegetable Members & Family \$5 per person Non-Members \$7 per person 5 to 7 p.m. Spaghetti & Meatballs and Pizza Buffet Members & Family \$5 per person



Golf Cart Drive-In Movie (Pine Oaks Golf Course) "Zootopia" April 28 at 7:15 p.m. "Zootopia" Cost \$5 Adults, \$3 Kids 5 & up Includes 1 Golf cart per family & Refreshments. For details, call Outdoor Recreation - 478-222-1107.

Non-Members \$7 per person Pizza Depot - Comm. 478-926-0188 or DSN 468-0188

Blue Plate Specials Every Monday in April Purchase one Get the second at half price All Military with their spouses, Kids 12 and under eat free At the Base Restaurant Bldg. 166 - 478-222-7827 or DSN 472-7827

2017 Air Force Photo Contest Theme: Travel Destinations Categories for adults and youth Prizes: awarded in each category For more information go to MyAirForceLife.com/ photo-Contest

Month of the Military Child! All military dependent children ages 17 and under may bowl one FREE game per day in the month of April, rental shoes included! Bowling Center - Comm. 478-926-2112 or DSN 468-2112

Sunday Fun Day Bowl till you drop Sundays 4 to 8 p.m. Bowling Center - 478-926-2112 or DSN 468-2112

Afterburner April Specials Assorted Tazo Tea Base Restaurant Bldg. 166



TEAM ROBINS LIP SYNC

Are you ready to battle? Join us for our first Lip Sync Wars!! Teams of two to five people

Friday May 18, 2017

2 to 4 p.m. Location: Base Theater



EVERYONE IS WELCOME! Airman, Civilians, Dependents!

For more information contact: Staff Sgt. DeMIca McIntosh/ Staff Sgt. Jonisha Gibson

Demica.mcintosh@us.af.mil or jonisha.gibson@us.af.mil

Airmen HELPING Airmen



Unit Project Officers are:

78th CEG James Hanchett

78th ABW/SC Master Sgt. Clinton Everling Tech. Sgt. Kellie Roberts

> 78th ABW/WSA Staff Sgt. Joshua Jones A1C Pamela Ridley

78th MDG

Capt Winnie Odhiambo Staff Sgt. Louise Sargent Master Sgt. Ellis Coley

461st ACW

Master Sgt. Jeffery Grenfell Tech. Sgt. Dustin Pennington Master Sgt. Nicholas Billow

638th SCMG

Master Sgt. Aquincy Robertts Lt. Ashley Houser

5th CCG

Lt. John Brautigam Lt. Jennings Fairchild Staff Sgt. Alacia Hatten

AFLCMC

Teresa Summers Tech. Sgt. Joe Treece

he Robins Air Force Base 2016 Air Force Assistance Fund campaign is in full swing and runs through May 5.

This year's six-week campaign includes an installation goal of \$75,522, with the theme of "Airmen Helping Airmen."

The annual effort raises funds to provide support throughout the Air Force family, to include assistance with emergency needs, education, or to secure a retirement home for widows or widowers of Air Force members in need tance, such as interest-free loans, of financial aid.

"This is one of the rare opportunities to directly help our members. You can see your donations at work in your unit," said Master Sgt. Jason Clark, AFAF installation project officer. "It's a great program, and one I believe in."

As a flight chief with the 78th Security Forces Squadron, Clark is all about looking out for those around him, to include a team of over 150 military and civilian members.

"Our job is about taking care of people: people always," he said. "It's what we've got to do for our deployed and those put in difficult spots. We are going to need everyone's help to reach our goal... and our goal is to help people."

During the next several weeks, unit project officers will be making 100 per-

cent contact throughout the installation, to include nearly 5,000 Reserve, Guard and active duty personnel at Robins. They will be available to answer additional information about the charities, answer questions and offer the opportunity to contribute to this year's campaign.

AFAF affiliate charities, which support active duty, retirees, Reserve, Guard and dependents, include the Air Force Aid Society, which provides millions of dollars in direct assistance to Air Force members and their families.

That includes emergency assisgrants and other means of assistance; millions in education programs, such as merit scholarships, education grants for children and spouses, and loans and youth employment skills.

It also provides money to community programs, including child care, readiness and spouse and parenting programs.

The General and Mrs. Curtis E. LeMay Foundation awards grants to enlisted and officer retirees' surviving spouses; the Air Force Enlisted Village provides assistance in the form of a home in a safe, dignified and caring community; and the Air Force Villages Charitable Foundation/Blue Skies of Texas, cares for widowed spouses.

Retirees or civilians who would like to contribute may contact your organization's unit project officers for info.



Camellia Gardens Memorial Ceremony



ase officials will pay tribute to the living and deceased Team Robins members (military and civilian) at the annual Camellia Gardens Memorial Service in the Museum of Aviation Century of Flight Hangar on May 25, at 10 a.m.

A guest speaker will provide the memorial address and the Robins Honor Guard will deliver a 21-gun salute followed by taps.

Nominated individuals are eligible if Robins Air Force Base was their last duty station.

If you would like to submit a family member, friend or coworker to be recognized (Nomination Deadline: May 12), Use the following link:

https://www.surveymonkey.com/r/S38H8HV

For more information, contact the Chaplains office via email at <u>78abw.hcworkflow@us.af.mil</u> or by phone at 478-926-2821.

An individual has not started living until he can rise above the narrow confines of his individualistic concerns to the broader concerns of all humanity.

Martin Luther King Jr.



(U.S. Air Force graphic/TOMMIE HORTON)



Parting Shot

Doggone it, that's all folks. Team Robins protocol offices from across the installation received training at the Heritage Club on April 14, 2017. As part of the training, one of the teams performed a mock Military Working Dog retirement ceremony. (U.S. Air Force photo/RAYMOND CRAYTON, JR.)